Madrasah in Just Five Minutes

Muharram

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	1

(1) Islaamic History	**Allaah created everything**
Allaah has been there from forever and shall remain forever. Allaah has created everything small and large with His immense power. He required no help and needs nothing. He has created everything as He pleased.	
(2) Rasulullaah ρ's Miracle	**Splitting the moon**
To prove to them that he really was Allaah's messenger, the Kuffaar of Makkah demanded that Rasulullaah ρ splits the moon for them. Rasulullaah ρ then pointed to the moon and it split into two. [Bukhaari 3637, Muslim 7076 from Hadhrat Anas τ]	
(3) A Fardh	**To believe in Only One Allaah**
Allaah says in the Qur'aan, "O people of Imaan! Believe in Allaah." [Surah Nisaa, verse 136] For any person to be a Muslim, it is Fardh and necessary to believe that Allaah is One, that He created everything and is controlling everything even though we cannot see it.	
(4) A Sunnah	**The virtue of reviving a Sunnah**
Rasulullaah ρ said, "The person who revives a Sunnah that had died after me shall gain the reward of carrying out the act as well as the rewards of all those people who will carry out the act afterwards without their rewards being diminished in the least. On the other hand, the person who initiates an act that displeases Allaah and His Rasool ρ shall earn the sins of all those who perpetrate the same sin afterwards without their sin being diminished in the least." [Ibn Maajah 209 from Hadhrat Amr bin Auf Muzani τ]	
(5) A Nafl	**The virtue of the Tahajjud salaah**
Rasulullaah ρ said, "The most virtuous of salaahs after the Fardh salaahs is the salaah performed after half the night has passed (the	

Tahajjud salaah)." [Ahmed 8302 from Hadhrat Abu Hurayrah τ]	
(6) A Sin	**Deprivation of sustenance because of sin**
Rasulullaah ρ said, "A person is certainly deprived of sustenance because of his sins." [Ahmed 2188 from Hadhrat Thowbaan τ]	
(7) This World	**Wealth and children are a test**
Allaah says, "Know that verily your wealth and your children are a test" [Surah Anfaal, verse 28] Allaah tests people in different ways by granting them wealth and children. Allaah gives more to some people to test whether they are grateful or not and gives less to others to test whether they exercise patience or not. Allaah has prepared great rewards for those who successfully pass their tests.	
(8) The Aakhirah	**The Day of Qiyaamah**
Allaah says in the Qur'aan, "(On the Day of Qiyaamah,) You will see every nation kneeling (to plead for mercy) and every nation will be called towards their Book (the records of their actions). (They will then be told,) 'Today you will be recompensed for what you did (in the world). This (record of your actions) is Our Book which speaks against you with the truth. Verily We used to have everything you did (meticulously) recorded.'" [Surah Jaathiya, verses 28-29]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**There is a cure for every ailment**
Rasulullaah ρ said, "Allaah has sent a cure for every ailment. When it is given to the ailing person, he is cured by the command of Allaah." [Muslim 5741, from Hadhrat Jaabir τ]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "When any adversity (such as poverty or illness) afflicts man, he supplicates to Us (for assistance). Thereafter, when We confer a bounty upon him (by granting him wealth or by restoring his good health), he says, "I have been granted this because of (my) resourcefulness (my ability and wisdom)." Rather (than being a favour to him), it (the bounty We give him) is a test (to examine whether he will thank Allaah), but most of them do not know (and therefore fail the test by attributing the bounty to themselves, thereby succumbing to Shirk)". [Surah Zumar, verse 49]	

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

2

(1) Islaamic History	Allaah created the heavens and the earth in six days

Allaah states in the Qur'aan that he had created the earth in two days. Thereafter, Allaah raised up the mountains and filled the earth with food. All of this was completed in four days, after which Allaah created the seven heavens in two days. Allaah inspired each of the heavens with their respective directives and decorated the skies with lanterns (stars) to be a means of protection.

[Adapted from Surah HaaMeem Sajdah, verses 9-12]

(2) Allaah's Power	Stemming the rising of the oceans

If you go to the seaside, you cannot help noticing that although the water level constantly rises and falls, it never exceeds a certain level. Should it ever cross the level, it would cause tremendous damage to both life and property because two-thirds of the earth comprises of water. It is only the great might and power of Allaah that stems the rise of the ocean's.

(3) A Fardh	Returning a borrowed item

If someone has in his possession an item that belongs to another person, it is Fardh for him to return the item to the owner. Allaah says in the Qur'aan, "Verily Allaah instructs you to (amicably) return trusts (that others place in your care) to their rightful owners".

[Surah Nisaa, verse 58]

(4) A Sunnah	Making du'aa is an act of Ibaadah

Allaah says, "Supplicate (make du'aa) to Me, I shall respond (in a manner that is most beneficial for you)"

[Surah Mu'min, verse 60]

Rasulullaah ρ said, "Du'aa is Ibaadah in itself."

[Tirmidhi 3372, from Hadhrat Nu'maan bin Basheer τ]

(5) A Nafl	The virtues of acquiring the knowledge of Deen

Rasulullaah ρ said, "Allaah will ease the path to Jannah for the person who treads the path in search of the knowledge of Deen."

[Mustadrak 299, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Killing your children

Allaah says, "do not kill your children for fear of poverty (fearing that you will become poor by providing for them). We provide for you and for them as well (even though you may be poor)."

[Surah An'aam, verse 152]

It is Allaah's responsibility to provide for people. It is therefore a grave sin and Haraam to kill children because of poverty or to abort a child for this reason, as people do in today's times.

(7) This World	A long life is both good and ill fortune

Someone once asked Rasulullaah ρ, "Who is the best person?" "The person whose life is longest and whose deeds are best," Rasulullaah ρ replied. When the person then asked who the worst of people are, Rasulullaah ρ replied, "The person whose life is longest and whose deeds are the worst."

[Tirmidhi 2330, from Hadhrat Abdur Rahmaan bin Abu Bakrah τ]

(8) The Aakhirah	The first to be resurrected on the Day of Qiyaamah

Rasulullaah ρ once said, "We are the last of people to come to this world, but will be the first to be resurrected on the day of *Hashar* (when all people will be gathered together for reckoning)."

[Bukhaari 876, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Protecting the home from Jinn and Shayaateen

Rasulullaah ρ said, "Recite Surah Baqarah in your homes because the Jinn and sorcery cannot enter the home in which Surah Baqarah is recited."

[Mustadrak 2062, from Hadhrat Abdullaah bin Mas'ood τ]

Note: If Surah Baqarah is recited for forty days in succession, all Jinn and Shayaateen will flee from the house

(10) Advice from Rasulullaah ρ	

Hadhrat Aa'isha رضي الله عنها reports that Rasulullaah ρ said, "O Aa'isha! Abstain even from those sins that are regarded to be trivial because Allaah will question you about them as well."

[Ibn Maajah 4243]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

3

(1) Islaamic History — The creation of the angels

A narration of Muslim states that Allaah has created the angels from (*Noor*) celestial light. Allaah has created countless angels. Amongst them are those who carry Allaah's *Arsh* and those who are close to Allaah such as Hadhrat Jibra'eel υ, Hadhrat Mikaa'eel υ, Hadhrat Israafeel υ, Hadhrat Israa'eel υ and others. The Qur'aan mentions that Allaah deploys the angels to run the affairs of the universe. The Ahadeeth state that the name of the angel at the gate of Jannah is Ridwaan and the angel at the gate of Jahannam is called Maalik.

Allaah says, "All praise be to Allaah, the Creator of the heavens and the earth, Who made (some of) the angels messengers (carrying His messages to the Ambiyaa), possessing two, three and four wings. Allaah increases in His creation as He pleases (making some larger and more powerful than others). Verily Allaah has power over all things. "

[Surah Faatir, verse 1]

(2) Rasulullaah ρ's Miracle — Blessings in food

Hadhrat Anas τ reports that when Rasulullaah ρ married Hadhrat Zaynab bint Jahash رضي الله عنهما, Hadhrat Ummu Sulaym رضي الله عنهما sent Hadhrat Anas τ with some food to Rasulullaah ρ. She also send him with a message to convey Salaams and to say that this little food is for Rasulullaah ρ. When Rasulullaah ρ received the food, he placed it in a corner of the room and sent Hadhrat Anas τ to invite the Sahabah ψ for a meal. This occurred during a time of difficulty and three hundred Sahabah ψ turned up for the meal. Rasulullaah ρ called them in to eat in groups of ten until they were all filled. When Hadhrat Anas τ looked into the dish after all had eaten, he noted that there was as much food left over as there had been when the food was sent.

[*Al Bidaayah wan Nihaayah* Vol.4 Pg.135]

(3) A Fardh — The daughter's share of inheritance

It is Fardh to give a daughter one part of the father's estate, whereas the son received two parts. Allaah says, "Allaah instructs you concerning your children. For a male is the share of two females"

[Surah Nisaa, verse 11]

(4) A Sunnah — Shaking hands when seeing someone off

Whenever Rasulullaah ρ saw someone off, he took the person's hand in his own and would not withdraw his hand until the person himself did so.

[Tirmidhi 3442, from Hadhrat Abdullaah bin Umar τ]

(5) A Nafl — The virtue of the Ishraaq salaah

Rasulullaah ρ said, "Allaah says, 'O son of Aadam! Perform two Rakaahs salaah for me at the beginning of the day (the Ishraaq salaah) and I shall see to all your tasks for the rest of the day.'"

[Tirmidhi 475]

(6) A Sin — Three major sins and the harm they cause

Rasulullaah ρ said, "When three sins are committed, Imaan departs from the body; when the adulterer commits the sin of adultery, when the drunkard commits the sin of drinking (intoxicants) and when the thief commits the sin of theft. Imaan leaves their bodies when engage in these acts and returns only after they have completed."

[Bukhaari 2475, from Hadhrat Abu Hurayrah τ]

(7) This World — Man's rights in this world

Rasulullaah ρ said that apart from three things, a man is not entitled to any other rights in this world. These are (1) that amount of food which is sufficient to keep his back straight, (2) that amount of clothing that covers his body and (3) a house in which to live. He will be required to account for everything more than this.

[Tirmidhi 2341]

(8) The Aakhirah — The condition of people on the Day of Qiyaamah

Allaah says in the Qur'aan, "**On that day people will return** (to the Plain of Resurrection) **in different groups to witness** (the consequences of) **their actions.** (They will therefore proceed either to Jannah or to Jahannam, depending on the group they are with.) **Whoever** (sincerely) **does an atom's weight of good will see it** (its consequences when he is rewarded for it) **and whoever does an atom's weight of evil** (without securing Allaah's forgiveness for it) **will see it** (its consequences when he is punished for it)".

[Surah Zilzaal, verses 6-8]

(9) Cures from the Qur'aan and Rasulullaah ρ — Thareed is a strengthening meal

Rasulullaah ρ once said, "The status that Aa'isha occupies amongst women is like the status that Thareed enjoys amongst all foods."

[Bukhaari 5428]

Thareed is made of bread, which is the best of all gravies, and from bread, which is the best of all foods. Thareed is then prepared when the two are mixed, a meal that is most nutritious.

[Tibbun Nabawi ρ]

(10) Qur'aanic Advice

Allaah says, "O people, eat of the lawful (that which has been declared lawful by Allaah and that which is lawfully acquired) and pure (and wholesome) things of the earth, and do not follow in the footsteps of Shaytaan (by making a Halaal thing Haraam or a Haraam thing Halaal). Indeed, he is your open enemy. He (Shaytaan) instructs you only to commit evil acts, acts of immodesty and to attribute to Allaah such things about which you have no knowledge (no knowledge that these matters are from Allaah, such as the things that people declare Haraam by themselves or when they change the text of what Allaah has revealed)."

[Surah Baqarah, verses 168-169]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

4

(1) Islaamic History — The duties of the four famous angels

Angels are the creation of Allaah who have been created from light and are not visible to us. Only Allaah knows exactly how many they are, but there are four amongst them who are more well known. The first is Hadhrat Jibra'eel υ, who is the Chief of all the angels. He conveys the books and commands of Allaah to the Ambiyaa عليهم السلام. The second is Hadhrat Israafeel υ, who will below the horn on the Day of Qiyaamah. The third is Hadhrat Mikaa'eel υ who, by the command of Allaah, causes the rains to fall, winds to blow and sustenance to reach the creation. The fourth is Hadhrat Israa'eel υ, who removes the souls of the creation by the command of Allaah.

(2) Allaah's Power — Allaah's mercy and generosity towards the creation

Allaah has arranged for the safety and protection of all His creation wherever He has created them. In hot climates, Allaah has created the animals of the region with little hair and has made them with more hair in colder climates. Had this been the opposite, these animals would have died from exposure.

(3) A Fardh — It is Fardh to obey one's parents

Rasulullaah ρ said, "Two doors of Jannah remain open for the person who is obedient towards his parents, while two doors of Jahannam remain open for the person who is disobedient towards his parents. If the person has only one parent, then it is just one door (either of Jannah or Jahannam) that remains open for him."

[Bayhaqi in his *Shu'ab*, from Hadhrat Abdullaah bin Abbaas τ]

(4) A du'aa from the Qur'aan and Rasulullaah ρ — When someone is depressed

Rasulullaah ρ said, "When you are depressed or in difficulty, then recite, 'حَسْبِيَ اللهُ وَنِعْمَ الْوَكِيلُ' (Allaah is Sufficient for me and He is the Best of Helpers)."

[Abu Dawood 3627, from Hadhrat Auf bin Maalik τ]

(5) A Nafl — Meeting each other in a friendly manner

Rasulullaah ρ said, "When to Muslims meet each other and greet with

Salaam, the one who is closest to Allaah is the one who greets in a friendlier fashion. When they meet, a hundred mercies from Allaah descends upon them; ninety mercies for the one who initiates the handshake and the other ten for the other person."

[*Kanzul Ummaal* 2524, from Hadhrat Umar τ]

(6) A Sin	**The worst sin is Shirk**

Allaah says, "Verily Allaah does not forgive that Shirk *(and kufr)* be committed, but may forgive all *(sins)* besides this for whom He wills. Whoever commits Shirk has indeed invented a terrible sin."

[Surah Nisaa, verse 48]

(7) This World	**Every single action is recorded**

Allaah says, "*(Do not forget each time)* When the two receivers *(angels)* receive *(record the good and bad acts of a person)*, sitting on his right and left hand sides. Whenever a word escapes *(a person's mouth)*, there is a watcher ready by him *(an angel ready to record whether the word was good or bad)*".

[Surah Qaaf, verses 17-18]

(8) The Aakhirah	**Punishment in the grave**

Rasulullaah ρ once visited the graveyard of the Banu Najjaar, when his mule suddenly bolted. Explaining the reason, Rasulullaah ρ said, "The animal bolted because some people are being punished in their graves. Had it not been for the fear that you would stop burying your dead, I would pray to Allaah to allow you to hear the sounds."

[Muslim 7213, from Hadhrat Zaid bin Thaabit τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Bodily pain**

Hadhrat Uthmaan bin Abul Aas τ once came to Rasulullaah ρ and complained of bodily pain he was suffering. Rasulullaah ρ told him to place his hand over the painful portion and to then recite بِسْمِ اللهِ (*Bismillaah*) three times, followed by seven times أَعُوْذُ بِاللّٰهِ وَ قُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ وَ أُحَاذِرُ (I seek protection with Allaah and his power from the evil of what I am experiencing and what I fear). The Sahabi τ was cured after reciting this and then taught the prescription to his family.

[Muslim 5737, from Hadhrat Uthmaan bin Abul Aas τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Actions are based upon their intentions." (The fruits of the action will be according to the intention).

[Bukhaari 1, from Hadhrat Umar τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

5

(1) Islaamic History	**Allaah created the Jinn**

Allaah says in the Qur'aan, "And He created the Jinn from pure leaping fire."

[Surah Rahmaan, verse 15]

Allaah says in Surah Hijr, "And the Jinn We created before (man) out of Fire derived from a scorching wind (a smokeless type of fire)." The Jinn inhabited the earth (before mankind), but when they started to cause too much anarchy, the angels dispelled them to the bowels of the earth. Some angels took Iblees to the heavens, where he grew up and then excelled in Ibaadah.

[*Al Bidaayah wan Nihaayah*]

(2) Rasulullaah ρ's Miracle	**Acceptance of Du'aa**

Hadhrat Abu Hurayrah τ reports that he used to forget many of the Ahadeeth that he heard from Rasulullaah ρ. (When he informed Rasulullaah ρ of this) Rasulullaah ρ told him to spread his shawl out on the ground. When he had done so, Rasulullaah ρ placed his hands together and then told Hadhrat Abu Hurayrah τ to place the shawl upon his chest. After he had done so, he never forgot anything he heard from Rasulullaah ρ.

[Bukhaari 3648]

(3) A Fardh	**It is Fardh to ensure that one's character is good**

It is Fardh (obligatory) for every Muslim to ensure that his character is good. After Imaan, one of the things that the Shari'ah has placed great emphasis upon is for people to ensure that their character is sterling. It is for this reason that Rasulullaah ρ said, "Those with the most perfect Imaan are those who have the best character."

[Tirmidhi 1898, from Hadhrat Abdullaah bin Umar τ]

(4) A Sunnah	**The Sunnahs of Eating**

Hadhrat Umar bin Abu Salamah τ reports that Rasulullaah ρ said to him, "Dear son! Recite *Bismillaah*, eat with the right hand and eat from that which is in front of you."

[Bukhaari 5376, from Hadhrat Umar bin Abu Salamah τ]

The three Sunnah acts learnt from this Hadith is to recite *Bismillaah* before eating, to eat with the right hand and to eat from the food which is in front of you.

(5) A Nafl	**Fasting during Muharram**

Rasulullaah ρ said, "After the fasts of Ramadhaan, the best fasts are the fasts of Muharram"

[Muslim 2755, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Eavesdropping**

Rasulullaah ρ said, "When a person secretly listens to something that was intended to be secret, he will have molten lead poured into his ears on the Day of Qiyaamah."

[Tirmidhi 1781, Hadhrat Abdullaah bin Abbaas τ]

(7) This World	**The Harms of Holding this world in high esteem**

Rasulullaah ρ said, "Recitation of *Laa Ilaaha Illallaah* will protect a person against Allaah's wrath as long as he regards the Deen to be more important than this world. However, when he starts to regard the world as more important than Deen, then even his recitation of *Laa Ilaaha Illallaah* will be cats back at him and he will be told, 'You are a liar'."

[*Kanzul Ummaal* 217, from Hadhrat Anas τ]

(8) The Aakhirah	**A Tremendous Earthquake**

Allaah says in the Qur'aan, "When the earth shall quake most violently, when the earth will remove her loads (dead bodies and treasures) and man will ask, "What is the matter with her?" On that day she (the earth) will narrate her stories (by giving evidence against people because she would have seen everything done on her and she will do all of this) because your Rabb will command her to do so.".

[Surah Zilzaal, verses 1-5]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating wounds with the ashes of burnt date fronds**

When Rasulullaah ρ's face was injured during the Battle of Uhud, his daughter Hadhrat Faatima رضي الله عنهما wiped off the blood while Hadhrat Ali τ poured water over it. However, when Hadhrat Faatima رضي الله عنهما saw that the blood was flowing even more, she burnt a portion of a mat (made of palm fronds) and then applied the ashes to the wound. The bleeding then stopped.

[Bukhaari 2903, from Hadhrat Sahl τ]

When the ashes are sprinkled over the open wound, the bleeding stops very soon.

[Zaadul Ma'aad]

(10) Qur'aanic Advice	

Allaah says, "The fact is that whoever adopts Taqwa and exercises *Sabr*, then Allaah surely does not put to waste (destroy) the reward of those who do good (Allaah rewards them even in this world)."

[Surah Yusuf, verse 90]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

6

(1) Islaamic History	**Allaah's Messengers and Books**

Allaah sent approximately 124000 Ambiyaa عليهم السلام for the guidance of mankind, amongst whom many were *Rusul*. Hadhrat Aadam υ was the very first of them and Rasulullaah ρ was the last. There shall be no other Nabi to come after Rasulullaah ρ until the Day of Qiyaamah. Allaah had also revealed many *Sahifahs* (smaller books) and *Kitaabs* (scriptures) to the Ambiyaa عليهم السلام. There were 100 *Sahifas* and 4 *Kitaabs* that are more well known. 50 of these *Sahifas* were revealed to Hadhrat Sheeth υ, 30 to Hadhrat Idrees υ, 10 to Hadhrat Ibraheem υ and another 10 to Hadhrat Moosa υ. From the *Kitaabs*, the Torah was revealed to Hadhrat Moosa υ, the Zaboor was revealed to Hadhrat Dawood υ, the Injeel was revealed to Hadhrat Isa υ and the Qur'aan was revealed to our Nabi ρ. Revealtion of the Qur'aan started 13 years before the Hijrah and was completed over a period of 23 years.

[Fadhaa'ile A'maal Pg.516]

(2) Allaah's Power	**The Joints of the body**

Allaah has created our bodies so well. We have many joints in our bodies that facilitate easy movement so that we may complete our tasks with ease. We know very well what tremendous difficulty we experience when any of these joints do not function. Allaah truly is the Most Wise.

(3) A Fardh	**Believing in the Attributes of Allaah**

Just as a person cannot be a Muslim without believing in the being of Allaah, he cannot be a Muslim without believing in all the attributes of Allaah, since this is Fardh (obligatory). Allaah sustains us all, Allaah sees and hears everything, He has been in existence from forever, He will remain in existence forever, He never sleeps and possesses many other attributes. Allaah says in the Qur'aan, "Verily He is Worthy of all praise, The Exalted".

[Surah Hood, verse 73]

In brief: it is Fardh (obligatory) to believe in all of Allaah's attributes.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**The du'aa to be safeguarded against oppressors**

The following du'aa is to be recited regularly when one is being harassed and put through difficulty by one's enemies:

رَبِّ نَجِّنِي مِنَ الْقَوْمِ الظَّالِمِينَ

TRANSLATION: Oh My Rabb! Rescue me from the oppressive nation.

[Surah Qasas, verse 21]

(5) A Nafl	**Reward for fasting on the day of Aashura (10th of Muharram)**

When asked about the fast on the day of Aashura, Rasulullaah ρ replied, "This fast serves as expiation for all the sins of the previous year."

[Muslim 2747, from Hadhrat Abu Qataadah τ]

(6) A Sin	**Immodesty and Immorality**

Allaah says, "And *(Allaah commands)* that you do not draw near to immoral acts that may be open and secret"
[Surah An'aam, verse 151]
It is because of immoral behaviour that major sins are committed. May Allaah save us all from them.

(7) This World	**The home and wealth of this world**

Rasulullaah ρ said, "This world is the home of the one who has no home in the Aakhirah and it is the wealth of the one who has no wealth in the Aakhirah. It is only a person without understanding who amasses the wealth of this world."

[Ahmad 23898, from Hadhrat Aa'isha رضي الله عنهما]

(8) The Aakhirah	**The first to enter Jannah**

Rasulullaah ρ said, "The first people to enter Jannah will have faces shining like the fourteenth full moon. They will be pure, will have utensils and combs of gold and silver and theirs breaths will be fragrant like musk. Each one will have two such damsels whose marrow in the bones of her feet will be clearly visible due to her beauty. Both these damsels will think so alike that it would be as if they share one heart. They will also be glorifying and praising Allaah all day and night."

[Bukhaari 3245, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Incurable diseases**

There are times when people lose hope in the treatment of their diseases. It is then that they should recite the following verse in abundance:

رَبِّ أَنِّي مَسَّنِيَ الضُّرُّ وَأَنتَ أَرْحَمُ الرَّاحِمِينَ

TRANSLATION: O my Rabb! Difficulty has certainly afflicted me and You are the Most Merciful of those who show mercy.

[Surah Ambiyaa, verse 83]

By reciting this, a person will be cured, Inshaa Allaah.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "When any of you sees evil being perpetrated, he

should stop it with his hand. If he is unable to do this, then he should do so with his tongue and if he is unable to do even this, then he should at least regard it as an evil. This is the weakest form of Imaan."

[Muslim]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

7

(1) Islaamic History — Hadhrat Aadam υ

Human history begins with Hadhrat Aadam υ. He was the first human created and was also the first Nabi and Rasool. Because every human on earth are from his progeny, he is referred to as *Abul Bashar* (the father of mankind). Allaah created him from sand and then blew his spirit into him, making him a living being. When he had been created, Allaah commanded him to greet the angels with the words "*As Salaamu Alaykum*" to which they replied "*As Salaamu Alaykum wa Rahmatullaah*". This is thus the greeting of the Muslims.

[Tadhkiratul Ambiyaa عليهم السلام]

(2) Rasulullaah ρ's Miracle — Calming a shaking mountain

Rasulullaah ρ was once on Mount Uhud with Hadhrat Abu Bakr τ, Hadhrat Umar τ and Hadhrat Uthmaan τ when the mountain started to quake. Rasulullaah ρ then struck his foot on the ground and said, "Do be still. There is a Nabi, a Siddeeq and two martyrs upon you." (The mountain then stopped quaking)

[Bukhaari 3675]

It then happened just as Rasulullaah ρ said and both Hadhrat Umar τ and Hadhrat Uthmaan τ were martyred.

(3) A Fardh — It is Fardh (obligatory) to pay the dowry

While it is Fardh (obligatory) to pay the *Mahr* (dowry), the wife may waive a part or all of it if she is happily willing to do so. This is because Allaah says in the Qur'aan, "Give women *(your wives)* their dowries with a good heart *(in good faith)*. If they *(your wives)* give you a part of it *(if they reduce the amount)* of their own accord, then partake of it *(you may accept the reduction)* with welcome and happiness *(you will not be sinning by accepting it)*".

[Surah Nisaa, verse 4]

(4) A Sunnah — Eating from a cloth spread on the ground

Hadhrat Anas τ reports that Rasulullaah ρ never ate from a table. When someone asked him what it was that Rasulullaah ρ ate from, he replied that Rasulullaah ρ ate from a cloth spread on the ground.

[Bukhaari 5415]

(5) A Nafl — The virtue of fasting on the day of *Aashura*

Rasulullaah ρ said that apart from the fasts of Ramadhaan and the fast of *Aashura*, no fasts have any superiority over any others.

[Tabraani in his Kabeer 11091, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin — Abortion is the worst sin after Shirk

Someone once asked Rasulullaah ρ, "What is the worst sin in the sight of Allaah?" Rasulullaah ρ replied, "That you should ascribe any as partner to Allaah whereas it is He Who created you." "What sin comes next?" the question was then asked. Rasulullaah ρ replied, "That you kill your children for fear of poverty."

[Bukhaari 6001, from Hadhrat Abdullaah bin Mas'ood τ]

Many people practice abortion nowadays in the interests of family planning or to avoid having female offspring. This is a grave sin.

(7) This World — This world in Allaah's sight

Rasulullaah ρ said, "There is nothing more contemptible than this world in the sight of Allaah. Since creating it, He has never looked at it with mercy."

[*Kanzul Ummaal* 6099, from Hadhrat Abu Hurayrah τ]

(8) The Aakhirah — The bounties of Jannah for the people of Taqwa

Allaah says in the Qur'aan, "(Allaah will say to the people of Taqwa on the Day of Qiyaamah,) "O My bondsmen! You shall have no fear (of the future) today, neither will you grieve (about the past). (In the world you were) Those who believed in Our Aayaat and were obedient (to Our commands). You and your spouses should enter into Jannah happily. Bowls (filled with delicious foods) and cups of gold (filled with delicious drinks) will be passed around between them and in Jannah there shall be whatever the heart desires and whatever pleases the eye (the greatest bounty being the ability to see Allaah). You will live there forever".

[Surah Zukhruf, verse 68-71]

(9) Cures from the Qur'aan and Rasulullaah ρ — Cure for wounds

When he got cut or pricked by a thorn, Rasulullaah ρ used to dress the wound with henna.

[Ibn Maajah 3502]

(10) Qur'aanic Advice

Allaah says, "When you claim retribution *(for a wrong done to you)*, then avenge yourself in proportion to the aggression *(wrong)* done against you *(and not any more)*. But if you exercise patience *(without taking revenge)*, then this is definitely best for the patient ones *(because this will soften the heart of your opponent and attract him towards you)*".

[Surah Nahl, verse 126]

(1) Islaamic History	The angels commanded to prostrate to Hadhrat Aadam υ and Iblees's pride

To display the status of Hadhrat Aadam υ, Allaah commanded the angels to prostrate before him. Allaah says, "Undoubtedly We created you *(your father Aadam υ)*, then fashioned you and then We told the angels, "Make Sajdah to Aadam!" They *(all)* made Sajdah except Iblees *(Shaytaan, who then lived with the angels)*. He was not from those who made Sajdah. He *(Allaah)* said *(to Iblees)*, "What stopped you that you could not make Sajdah when I commanded you?" He replied, "I am better than him *(Aadam υ)*! You have created me from fire and created him from clay." *(While Iblees argued that fire is better than sand because fire burns upwards and sand falls down, he failed to realise that sand extinguishes fire and that it is constructive whereas fire is destructive.)* He *(Allaah)* said *(to Iblees)*, "Go down from here *(from the heavens)* ! It is not for you *(it is wrong for you)* to be arrogant here! Go away, for you are surely from the disgraced *(mean)* ones!" He *(Iblees)* asked, "Give me time *(to live)* until the day when they *(creation)* will be resurrected *(raised form their graves)*." He *(Allaah granted the request and)* replied, "Indeed you are of those who have been given time." He *(Iblees)* said, "I swear that because You have sent me astray I will definitely waylay *(wait in ambush for)* them *(mankind)* on Your straight path *(Islaam)*." *(I shall do everything to stop them from Islaam.) (To mislead them,)* I will then approach them from the front, from their backs, from their right and their left *(in every possible manner)* and You will not find most of them to be grateful *(most of them will follow me and not Your Deen of Islaam)*." He *(Allaah)* said *(to Iblees)*, "Get away from here disgraced *(wretched)* and banished *(rejected)*. Whoever of them will follow you, I shall fill Jahannam with all of you."

[Surah A'raaf, verses 11-18]

(2) Allaah's Power	The saltiness of the sea

Our earth comprises of a third of land and two thirds of ocean. The oceans contain countless creation of Allaah and only He knows how many are being born each day and how many die each day. In addition to this, the people of the world dump their waste in the ocean.

However, Allaah has made the sea salty and it is because of this saltiness that the sea manages to reduce all this waste and dead creatures. Had it not been for this, all the water would have spoiled and given off a terrible stench, causing untold harm to all within and outside the oceans. It is through Allaah's immense power that He has created the oceans as He did.

(3) A Fardh	**Abstaining from bribery**

It is Fardh (obligatory) for a Muslim to note that all the dealings he transacts have to be Halaal. He may therefore not engage in giving or taking bribes. Such dealings attract severe punishment and Rasulullaah ρ has cursed both the person giving the bribe as well as the person accepting the bribe.

[Tirmidhi 1256, from Hadhrat Abu Hurayrah τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**A comprehensive du'aa for this world as well as for the Aakhirah**

Rasulullaah ρ very often recited the du'aa:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

TRANSLATION: "O our Rabb, grant us *(all that which is)* good in this world, *(all that which is)* good in the Aakhirah and save us from the punishment of the fire *(of Jahannam)*."

[Surah Baqara, verse 201; Bukhaari 4522, from Hadhrat Anas τ]

(5) A Nafl	**The reward for rearing daughters**

Rasulullaah ρ said, "When a Muslim has two daughters and he cares for them well, these daughters will have him admitted into Jannah."

[Ibn Maajah, 3670]

Other Ahadeeth mention the virtues of caring for one daughter as well as more than two.

(6) A Sin	**Imitating the opposite gender**

Rasulullaah ρ said, "Allaah curses the woman who dresses like a man and the man who dresses like a woman."

[Ibn Maajah 1903, from Hadhrat Abu Hurayrah τ]

(7) This World	**Spreading the knowledge of Deen in this world**

Rasulullaah ρ said that if envy was permissible, it would be permissible for two reasons. It would be permissible to be envious of a person who has been given much wealth and he then spends it in the path of Allaah. It would also be permissible to be envious of a person who has been granted much knowledge and wisdom and he then uses it to take proper decisions and he also imparts it.

[Muslim, 1896]

(8) The Aakhirah	**The width of the four doors of Jahannam**

Rasulullaah ρ said that Jahannam has four doors, the width of each door being as long as the distance covered in forty days.

[Tirmidhi 2584, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Palpitations of the heart**

Hadhrat Sa'd bin Abi Waqqaas τ reports that Rasulullaah ρ once came to visit him when he fell ill. Rasulullaah ρ placed his hand on Hadhrat Sa'd τ's chest, because of which he felt a cool feeling spread through his chest. Rasulullaah ρ said, "His heart is palpitating. Take him to Haarith bin Kaldah, who is a very good physician. He needs to grind a seven *Ajwa* dates with their pits and administer it."

[Abu Dawood 3875]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Do not be jealous of each other, do not harbour enmity for each other, do not ignore each other, but be brothers unto each other by the command of Allaah, O servants of Allaah!"

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

9

(1) Islaamic History — Hadhrat Aadam υ and Hadhrat Hawwa رضي الله عنهما leave Jannah

Hadhrat Aadam υ lived in Jannah for a long while, but was restless because of the loneliness he felt. Allaah then created Hadhrat Hawwa رضي الله عنهما from his rib and then instructed them saying, "You both are free to eat and drink as much as you please, but do not go near that tree because you will then fall into error." Shaytaan took advantage of the restriction and through his evil whisperings, he caused Hadhrat Aadam υ to forget the prohibition and to err. Hadhrat Aadam υ then ate from the tree in error, causing Allaah to be displeased. Allaah then ordered that the two of them leave Jannah and start their lives on earth.

(2) Rasulullaah ρ's Miracle — A Light shining from between Rasulullaah ρ's teeth

Rasulullaah ρ's front teeth were wide and whenever he spoke, a light shone from between his teeth.

[Shamaa'il Tirmidhi Pg3, from Hadhrat Abdullaah bin Abbaas τ]

The light emerging from between his teeth was also amongst the miracles of Rasulullaah ρ

(3) A Fardh — Not obeying parents when their command opposes Deen

While it is Fardh (obligatory) for children to obey every instruction that their parents issue, it will not be permissible to obey them when their commands conflict with the Shari'ah. The Qur'aan states, "If they *(your parents)* force you to ascribe such partners to Me, about which you have no knowledge, then do not obey them".

[Surah Luqmaan, verse 15]

(4) A Sunnah — Eating with three fingers

Hadhrat Ka'b bin Maalik τ reports that Rasulullaah ρ ate with three fingers and always licked them after eating.

[Muslim 5298]

While it is Sunnah to lick the fingers after eating, it must not be done in a manner that offends others.

(5) A Nafl — The reward of fasting during the month of Muharram

Rasulullaah ρ said that the person who observes one fast during the moth of Muharram will receive the reward of fasting for three days.

[Tabraani in his Sagheer 960, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin — Major sins

Rasulullaah ρ said, "The major sins are that you ascribe partners to Allaah, that you disobey your parents, that you commit murder and that you take a false oath."

[Bukhaari 6675, from Hadhrat Abdullaah bin Amr τ]

(7) This World — The world as a means to attain the Aakhirah

Rasulullaah ρ said, "This world is an excellent home for the person who makes it a means to attain the Aakhirah and to please Allaah. It is also a terrible home indeed home for the person whom it prevents from the Aakhirah and displeases Allaah."

[Mustadrak 7870]

(8) The Aakhirah — A tree in Jannah

Rasulullaah ρ said, "There is not a single tree in Jannah that does not have a golden trunk."

[Tirmidhi 2716]

(9) Cures from the Qur'aan and Rasulullaah ρ — A fundamental principle for good health

Rasulullaah ρ said, "The worst utensil to fill to the brim as the empty stomach. It is sufficient for a person to eat only that much which can straighten his back. If one has no alternative other than filling one's stomach, then a portion of the stomach should have food, another portion should have water and the remaining portion should have air."

[Tirmidhi 2380, from Hadhrat Miqdaad bin Ma'dikarib τ]

This teaches us to eat only as much as dispels hunger and not any more.

(10) Qur'aanic Advice

Allaah says, "O you who have Imaan! Seek help *(from Allaah)* by means of sabr and salaah. Verily Allaah is with those who exercise *sabr (and will readily assist them)*".

[Surah Baqarah, verse 153]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

10

(1) Islaamic History	Hadhrat Aadam υ repents and Shaytaan loses hope

After Hadhrat Aadam υ had committed the error of eating from the tree, he was very remorseful and admitted to his mistake. He continued weeping and repenting for an entire year. Allaah forgave him and expressed His pleasure for him, which made Shaytaan despondent and he then started to shake and burn with jealousy. He then swore to take revenge from the progeny of Hadhrat Aadam υ since he had failed with Hadhrat Aadam υ himself.

[Adapted from Surah A'raaf verses 18-23 and Surah Saad, verse 82]

(2) Allaah's Power	The firefly is a spectacle of Allaah's power

Allaah has created a wide variety of creatures and each of them has their own special characteristics. If we need to light a small bulb, we are unable to do so without electricity. Allaah has created the firefly, which is capable of glowing without any apparent means, but purely by the power of Allaah. A true spectacle of Allaah's power.

(3) A Fardh	It is Fardh to remain pure

Allaah says in the Qur'aan, "If you are impure *(in need of Ghusl)*, then purify yourselves well".

[Surah Maa'idah, verse 6]

In order to attain this level of purity, it is Fardh (obligatory) to rinse the mouth and the nostrils and to pour water over the entire body, ensuring that even a hair's breadth is not left dry.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	Du'aa for victory over the enemy

It is necessary to recite the following du'aa with regularity to ensure victory over the enemy:

رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا وَثَبِّتْ أَقْدَامَنَا وَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

TRANSLATION: "O our Rabb, pour patience down on us, make our feet firm and help us against the nation of Kaafiroon."

[Surah Baqara, verse 250]

(5) A Nafl	The virtue of Surah Baqara

Rasulullaah ρ said, "Do not make your homes graveyards (enliven them with the remembrance of Allaah), for Shaytaan flees from the house in which Surah Baqara is recited."

[Muslim 2755, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Mocking at people

Allaah says in the Qur'aan, "**O you who have Imaan! Men should not mock other men for perchance they** *(those mocked)* **may be better than them** *(those who mock)***. Neither should any women mock other women, perchance they** *(the mocked ones)* **may be better than them** *(those who mock)*".

[Surah Hujuraat, verse 11]

It is a grave sin to look down on people, to mock and to laugh at them.

(7) This World	Being content with a little

Rasulullaah ρ once said, "O Aa'isha! If you wish to meet with me (in the Aakhirah), then be content with so much in this world as the provisions that a traveller would take along with him on a journey. Never discard a garment until you have patched it and keep away from the company of the wealthy."

[Tirmidhi 1780]

(8) The Aakhirah	A garden of Jannah handmade by Allaah

Rasulullaah ρ said, "Allaah has created the garden of Jannah called *Adan* with His own hand. It has bricks of white pearls, red rubies and green emeralds. The mortar is musk, the grass is saffron and the pebbles are pearls. Allaah then instructed this garden of Jannah to speak and it said, 'Verily the successful ones are the people of Imaan'."

[Ahmad 7983, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	The health benefits of bananas

Allaah says in the Qur'aan, "**...and laden banana trees**".

[Surah Waaqi'ah, verse 29]

Allaama Ibn Qayyim رحمه الله writes that injuries to the chest, lungs, kidneys and bladder may be healed with bananas.

[*Tibbun Nabawi*]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "When a person alleviates the difficulty of a Mu'min, Allaah will alleviate his difficulties in the Aakhirah and when a person conceals the faults of a Mu'min in this world, Allaah will conceal his faults in the Aakhirah."

[Muslim]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	11

(1) Islaamic History	The Shari'ah of Hadhrat Aadam υ

Because Hadhrat Aadam υ was the first man, the first Nabi and the first Rasool, the Shari'ah revealed to him was the very first for mankind. When Hadhrat Aadam υ and Hadhrat Hawwa رضي الله عنهما descended on earth, a set of twins would be born to them, one boy and one girl. To ensure that man survives on earth, Allaah permitted the man from each set of twins to marry the woman from the next set of twins and vice versa. The law concerning sacrifices at the time was that people were to place their sacrifices upon a hill, where a fire would come from the heavens to consume it to show that it has been accepted. If the fire does not consume the sacrifice, it would be a sign that the sacrifice was not accepted.

(2) Rasulullaah ρ's Miracle	Healing Hadhrat Ali τ's eye

When Hadhrat Ali τ was suffering from a painful eye condition during the Battle of Khaybar, Rasulullaah ρ applied some of his blessed saliva to it, causing it to be healed instantly.

[Bukhaari 2942, from Hadhrat Sahl bin Sa'd τ]

(3) A Fardh	Allaah has no partner

It is only Allaah Who maintains and runs the system of the universe. He has no partner and no equal, the proof of which is evident in the universe itself. Allaah says in the Qur'aan, "If there were other Aaliha besides Allaah in the heavens and the earth, the *(system of the)* two would be in chaos".

[Surah Ambiyaa, verse 72]

It is Fardh (obligatory) to believe that Allaah is One and that He alone controls the system of the universe.

(4) A Sunnah	Picking up a fallen morsel of food

Rasulullaah ρ said, "When a morsel of food falls from your hand, then clean it off and eat it, but do not leave it for Shaytaan."

[Muslim 5301, from Hadhrat Jaabir τ]

(5) A Nafl	The virtue of the Ishraaq salaah

Rasulullaah ρ said, "The person who remains seated after performing the Fajr salaah and then (after sunrise) performs two Rakaahs Ishraaq salaah without talking anything but good in between, then all his sins

will be forgiven even though they may be as many as the foam on the oceans."

[Abu Dawood 1227, from Hadhrat Mu'aadh bin Jabal τ]

(6) A Sin	Seven major sins

Rasulullaah ρ said, "Abstain from the seven destructive acts." When the Sahabah ψ asked what these were, Rasulullaah ρ said, "Shirk, black magic, murder, interest, devouring the wealth of orphans, fleeing from Jihaad and slandering a chaste woman."

[Bukhaari 2766 and Muslim 262, from Hadhrat Abu Hurayrah τ]

(7) This World	The value of this world

The Sahabah ψ were once passing by the carcass of a dead goat, when Rasulullaah ρ asked them, "Why do you think the owner has discarded this in this manner?" "Because it has no value at all," the Sahabah ψ replied. Rasulullaah ρ then remarked, "This world holds less value in the eyes of Allaah than the value that the owner has for this goat."

[Tirmidhi 1232]

(8) The Aakhirah	The bedding of the people in Jahannam

Allaah says, "They will have the fire of Jahannam for a bed and a canopy *(of Jahannam)* on top of them *(as well)*".

[Surah A'raaf, 41]

(9) Cures from the Qur'aan and Rasulullaah ρ	*Talbina* is a cure for grief, fatigue and weakness

Hadhrat Aa'isha رضي الله عنها used to advise people to prepare *Talbina* to treat the ill, saying, "It is extremely beneficial for them, even though they may not like to eat it."

[Bukhaari 5689]

Talbina is made by mixing crushed barley, mixing it with milk and then adding honey to sweeten it.

[*Tibbun Nabawi* and Modern Science]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "Instead of Allaah, you merely worship idols and fabricate lies *(about Allaah by saying that your idols are His partners)*. Those *(idols)* that you worship instead of Allaah do not have control of your sustenance, so seek your sustenance from Allaah, worship Him and show gratitude to Him. To Him shall you be returned".

[Surah Ankaboot, verse 17]

(1) Islaamic History	Qaabeel's problem and the end result

Two of the sons of Hadhrat Aadam υ called Haabeel and Qaabeel were once embroiled in an argument. The result was that Qaabeel murdered Haabeel. Since this was the first time that any human had been killed on earth, Qaabeel did not know what to do with the corpse. Allaah then sent to him a crow, which buried another dead crow in the ground, thereby showing Qaabeel what had to be done.

[Adapted from Surah Maa'idah, verses 30-31]

(2) Allaah's Power	Allaah's power evident in the coconut

Through His power, Allaah has placed inside the coconut such water that one will not find in the ground that it grows from, nor in the tree on which it grows. It is by His power that He has placed this water inside, which can be used to treat so many illnesses.

(3) A Fardh	The Fardh Rakaahs in the five daily salaahs

Two Rakaahs are Fardh in the Fajr salaah, four Rakaahs are Fardh in the Zuhr salaah, four Rakaahs are Fardh in the Asr salaah, three Rakaahs are Fardh in the Maghrib salaah and four Rakaahs are Fardh in the Isha salaah.

[*Al Bidaa'i*]

Apart from these Fardh Rakaahs, there are Sunnah Rakaahs also in the daily salaah, which are necessary to perform.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for deeds to be accepted

The following du'aa should be recited for good deeds to be accepted by Allaah:

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنتَ السَّمِيعُ الْعَلِيمُ

TRANSLATION: "O our Rabb! Accept from us. Indeed You are the All Hearing, the All Knowing."

[Surah Baqara, verse 127]

(5) A Nafl	Giving clothing to someone

Rasulullaah ρ said that when a person gives clothing to another person, he (the giver) will remain in Allaah's protection for as long as the clothing remains on the (recipient's) body.

[Mustadrak 7422, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin	The punishment for the one who consumes interest

Rasulullaah ρ said that when he was taken on the Mi'raaj journey, he saw people with bellies the size of houses. From the outside, serpents and scorpions could be seen inside their bellies. When Rasulullaah ρ asked Hadhrat Jibra'eel υ who these people were, he was told that they were those who consumed interest.

[Ibn Maajah 2273, from Hadhrat Abu Hurayrah τ]

(7) This World	The value of this world in Allaah's eyes

Rasulullaah ρ said, "If the world had the value of even a mosquito's wing in the sight of Allaah, He would not have given the Kuffaar even a drop of water to drink."

[Tirmidhi 2320, from Hadhrat Sahl bin Sa'd τ]

(8) The Aakhirah	People of Imaan who will be removed from Jahannam

Rasulullaah ρ said that when the decision is passed for the people of Imaan to be released from Jahannam (after receiving some punishment for their sins), they will cross over the bridge of Siraat, which is situated between Jannah and Jahannam. There, the wrongs that they did to each other will be settled before they are given permission to enter Jannah. Rasulullaah ρ then added, "I swear by the Being Who controls the life of Muhammad! Each one of them will recognise their abodes in Jannah just as any of you recognises his own house in this world."

[Bukhaari 2440, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	The cure for stuttering

If a person suffers from stuttering or cannot speak clearly, he should recite the following du'aa eleven times after very Fardh salaah:

رَبِّ اشْرَحْ لِي صَدْرِي * وَيَسِّرْ لِي أَمْرِي * وَاحْلُلْ عُقْدَةً مِّن لِّسَانِي * يَفْقَهُوا قَوْلِي

TRANSLATION: **"O my Rabb! Expand my chest**, **make my task** (of propagation) **easy and untie the knot** (unclear speech that may come) **on my tongue so that they** (the people I speak to) **may understand my speech."**

[Surah TaaHaa, verse 25-28]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "If you trust in Allaah as you ought to trust in Him, He will sustain you just as He sustains the birds, who leave with empty bellies in the morning, but return in the evenings with their bellies full."

[Tirmidhi]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

13

(1) Islaamic History — The Nabuwaat of Hadhrat Sheeth υ

The Ahadeeth state that Hadhrat Sheeth υ was the next person after Hadhrat Aadam υ to become a Nabi. A narration of Hadhrat Abu Dharr τ states that Allaah revealed four *Kitaabs* and a hundred *Sahifahs*, fifty of which were revealed to Hadhrat Sheeth υ. In these *Sahifahs*, he was taught the manner in which to carry out various acts of Ibaadah throughout the day and night and he was also informed of the coming floods. When he was about to pass away, he handed them over to his son Anoosh, instructing him to ensure that Allaah's laws are carried out after him.

(2) Rasulullaah ρ's Miracle — Giving information about matters happening far away

While the Battle of Mauta was taking place in Syria, Rasulullaah ρ informed the Sahabah ψ of the martyrdom of three of the Muslim commanders on the field. Rasulullaah ρ then informed them that the sword of Allaah had then assumed command of the Muslim forces and that Allaah would give victory at his hands. Rasulullaah ρ was informing the Sahabah ψ of these events as the battle was raging and no news could have come from the battlefield.

[Bukhaari 6242, from Hadhrat Anas τ]

"The sword of Allaah" was the title of Hadhrat Khaalid bin Waleed τ.

(3) A Fardh — It Is Fardh to choose a profession that is Halaal

Before engaging in any profession or trade, it is Fardh (obligatory) for a Muslim to investigate whether the profession or trade is permissible according to the Shari'ah. Rasulullaah ρ himself said that it is Fardh (obligatory) for every Muslim to adopt a manner of earning that is Halaal.

[Tabraani in his *Kabeer* 9851, from Hadhrat Sahl bin Sa'd τ]

(4) A Sunnah — It is Sunnah to eat after the Jumu'ah salaah and to have an afternoon nap

Hadhrat Sahl bin Sa'd τ reports that they (the Sahabah ψ) used to eat after the Jumu'ah salaah and to have an afternoon nap.

[Bukhaari 5403]

The afternoon nap is called *Qayloola*.

(5) A Nafl — Showing love to children

When Rasulullaah ρ once kissed his grandchildren Hadhrat Hasan τ and Hadhrat Husayn τ out of love, someone remarked, "I have ten children and I never kiss any of them." Rasulullaah ρ looked at him and said, "No mercy is shown to those who themselves do not show mercy".

[Bukhaari 5997, Muslim 6028, from Hadhrat Abu Hurayrah τ]

(6) A Sin — The signs of a hypocrite

Rasulullaah ρ said, "There are three signs of a hypocrite; when he speaks, he lies, when he makes a promise, he breaks it and when entrusted with something he breaches the trust."

[Bukhaari 33, Muslim 211, from Hadhrat Abu Hurayrah τ]

(7) This World — The life of this world is mere play and sport

Allaah says, "The life of the world *(besides those things done to please Allaah)* is but play *(pastime)* and sport and most certainly the home of the Aakhirah is best for those with Taqwa *(those who realise that the Aakhirah is their true home)*. Do you not understand?"

[Surah An'aam, verse 32]

(8) The Aakhirah — The three questions in the grave

Rasulullaah ρ once said that when a Mu'min enters the grave, two angels come to him, make him sit up and then ask, "Who is your Rabb?" When he tells them that his Rabb is Allaah, they ask further, "What is your Deen?" "My Deen is Islaam," he will reply. They will then ask, "Who is your Nabi?" To this, he will reply, "He is Muhammad Rasulullaah ρ."

[Abu Dawood 4753, from Hadhrat Baraa bin Aazib τ]

(9) Cures from the Qur'aan and Rasulullaah ρ — Worms in the stomach

Rasulullaah ρ said that *Kulunji* (the black seed) is a cure for all ailments besides death."

[Bukhaari 5688, from Hadhrat Abu Hurayrah τ]

Allaama Ibn Qayyim رحمه الله writes that *Kulunji* strengthens the stomach, and when mixed with vinegar, it kills abdominal worms. It also helps to eradicate colds when warmed and then inhaled.

[*Tibbun Nabawi* And Modern Science]

(10) Qur'aanic Advice

Allaah says, "O you who have Imaan! Be firm in establishing justice and be witness *(to the truth)* for Allaah even if it *(the evidence you deliver)* is against yourselves, your parents and relatives *(you should expose the truth under all circumstances)*".

[Surah Nisaa, verse 135]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

14

(1) Islaamic History | **Hadhrat Idrees υ**

Hadhrat Idrees υ was the third Nabi who came after Hadhrat Aadam υ and Hadhrat Sheeth υ. Hadhrat Idrees υ did not pass away on earth, but was taken to the fourth heaven by an angel. Rasulullaah ρ met him there when he travelled on the Mi'raaj journey. Allaah says about him in the Qur'aan, "We elevated him to a high rank".

[Surah Maryam, verse 57]

(2) Allaah's Power | **Fruits and flowers from one type of water**

Allaah is that extremely Powerful Being Who has created a variety of trees, fruits and flowers from one type of water. Furthermore, despite being grown in the same soil and with the same water, each variety has different colours and different flavours.

(3) A Fardh | **It is Fardh to treat your parents kindly**

It is Fardh (obligatory) to treat one's parents well in every condition. The Qur'aan has emphasised this in various verses and has even commanded this together with the command to worship Him. Allaah says, "Your Rabb has commanded that you worship only Him and that you treat your parents kindly".

[Surah Bani Israa'eel, verse 23]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ | **The du'aa for safety against ignorance**

To protect oneself from ignorance, the following du'aa should be recited:

أَعُوذُ بِاللّهِ أَنْ أَكُونَ مِنَ الْجَاهِلِينَ

TRANSLATION: I ask Allaah to protect me from becoming one of the ignorant ones.

[Surah Baqara, verse 67]

(5) A Nafl

Rasulullaah ρ said, "When a person performs wudhu like me and then performs two Rakaahs salaah without allowing any worldly thoughts into his mind, all his past sins will be forgiven".

[Bukhaari 157]

(6) A Sin | **Speaking of worldly matters in the Masjid**

Rasulullaah ρOnce Said, "There Will Come A Time When People Will Discuss Worldly Matters In The Masjid. Never sit with such people because Allaah has nothing to do with them."

[Mustadrak 7916]

(7) This World | **The enjoyment of this world is short-lived**

Allaah says in the Qur'aan, "The comfort *(enjoyment)* of this world is short. The Aakhirah is best for those who have Taqwa. You shall not be oppressed even to the extent of the string of a date seed".

[Surah Nisaa, verse 77]

(8) The Aakhirah | **The people of Jannah**

Rasulullaah ρ said that the people of Jannah will eat and drink, but will not need to relieve themselves. Instead, their food will digest when they break wind with the fragrance of musk. They will be inspired to engage in Tasbeeh and Takbeer which will be so easy for them as it is easy for people of this world to breathe.

[Muslim 7154, from Hadhrat Jaabir bin Abdullaah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ | **The cure for kidney stones**

When Rasulullaah ρ once instructed that no vegetation of Makkah be cut, Hadhrat Abdullaah bin Abbaas τ requested him to exempt the *Idhkhir* grass because it is used for the domestic needs of the people of Makkah. Rasulullaah ρ then exempted it from the instruction.

[Bukhaari 1834, from Hadhrat Abdullaah bin Abbaas τ]

Idhkhir is a fragrant grass. Allaama ibn Qayyim رحمه الله writes that this grass breaks down kidney stones, causing them to be then flushed out. It is also effective in reducing swelling in stomach, liver and kidneys.

[Zaadul Ma'aad]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "The worst of people is the one whom people show respect to only to safeguard themselves from his tongue."

[Abu Dawood]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

15

(1) Islaamic History	The efforts of Hadhrat Idrees υ

Hadhrat Idrees υ was born in Babylon, where he grew up and acquired knowledge from Hadhrat Sheeth υ, the son of Hadhrat Aadam υ. When he grew up and was given the status of a Nabi, he started to call people to Allaah. However, most people refused to listen and opposed him. Hadhrat Idrees υ therefore took his followers with him and migrated to Egypt. Allaah had given him the ability to speak all the languages prevalent at the time and he was therefore able to communicate with all people in their own language.

[*Qasasul Qur'aan* Pgs94-95]

(2) Rasulullaah ρ's Miracle	The branch of a date palm walks up to Rasulullaah ρ

A Bedouin once approached Rasulullaah ρ and asked, "How will I know for certain that you are the messenger of Allaah?" "Will you accept it if I call that branch of the palm to come to me?" Rasulullaah ρ asked. "Certainly," the man replied. Rasulullaah ρ then called the branch and it immediately detached itself from the palm, came up to Rasulullaah ρ and then returned when he instructed it to return. When he saw this miracle, the man accepted Islaam immediately.

[Tirmidhi 3628, from Hadhrat Abdullaah bin Abbaas τ]

(3) A Fardh	Purity of the body

For salaah to be valid, it is necessary for the body to be free from any impurities. Rasulullaah ρ mentioned that salaah is not accepted without purity.

[Tirmidhi, from Hadhrat Abdullaah bin Umar τ]

(4) A Sunnah	The du'aa for sleeping

Hadhrat Abu Dharr τ reports that whenever Rasulullaah ρ retired to bed, he would recite:

اللهم باسْمِكَ أمُوتُ وَ أحْيَا

[Bukhaari 6335]

(5) A Nafl	The reward for visiting the ill

Rasulullaah ρ said, "When a Muslim visits his ailing Muslim brother with the intention of being rewarded, he will be separated a distance of seventy years from Jahannam."

[Abu Dawood 3097, from Hadhrat Ali τ]

(6) A Sin	Using one's own opinion to comment on the Qur'aan

Rasulullaah ρ said that the person who comments on the Qur'aan using his own opinion is really preparing his abode in Jahannam.

[Tirmidhi 2950, from Hadhrat Abdullaah bin Abbaas τ]

(7) This World	The example of this world

Rasulullaah ρ said, "I have no attachment with this world. The example of myself and this world is like a traveller taking shade beneath a tree and then continuing further."

[Tirmidhi 2377]

(8) The Aakhirah	The clothing of Jahannam

Allaah says, "As for those who commit kufr, garments of fire shall be cut out for them and boiling water will be poured over their heads (they will be surrounded by fire, as if they are wearing it like clothing)".

[Surah Hajj, verse 19]

(9) Cures from the Qur'aan and Rasulullaah ρ	Onions

When Hadhrat Aa'isha رضي الله عنها was asked about onions, she remarked that the last food Rasulullaah ρ ate contained onions.

Abu Dawood 3829]

Allaama ibn Qayyim رحمه الله writes that onions dispel toxic winds, lift the complexion, eradicate phlegm and strengthen the stomach.

NOTE: Raw onions should never be eaten before entering the Masjid.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "Turn to your Rabb and surrender to Him before punishment afflicts you, after which you will not be assisted".

[Surah Zumar, verse 54]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

16

(1) Islaamic History	Hadhrat Nooh υ

After Hadhrat Aadam υ, Hadhrat Nooh υ was the first Nabi who was also a Rasool. A Rasool is a Nabi who was given a divine book or a new Shari'ah. The people of his time worshipped and assortment of idols and *Shirk* was their religion. Although Hadhrat Nooh υ preached to him people for 950 years, only a few of them accepted his message. In fact, the others even mocked and jeered at him. Because they denied Imaan, Allaah destroyed them all with a great flood. Hadhrat Nooh υ and those who followed him were saved when they boarded his ark and it was from them that the generations of mankind were born thereafter.

(2) Allaah's Power	The bee

Allaah has taught the bee the art of sucking nectar from flowers and then using it to make honey, which is of tremendous benefit to man. This is something that man is unable to make even though he may try all he wants. It is certainly only through the power of Allaah that such a feat is accomplished through a tiny creature like the bee.

(3) A Fardh	It is Fardh to believe that Allaah is One

It is a grave sin to believe that Allaah has any parents or children because He is One. Allaah clearly states in the Qur'aan, "He Allaah is One. Allaah is Independent *(while He needs no one and nothing, everyone and everything needs Him)*. He has no children and is not anyone's child. There is none equal to Him *(neither in His Being nor in His qualities)*".

[Surah Ikhlaas, verses 1-4]

It is Fardh (obligatory) to believe with conviction that Allaah is One.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for steadfastness and mercy

The following du'aa should be recited if one wants to remain steadfast on any good deed and if one wants to attract Allaah's mercy:

رَبَّنَا لاَ تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِن لَّدُنكَ رَحْمَةً إِنَّكَ أَنتَ الْوَهَّابُ

TRANSLATION: "Our Rabb, do not cause our hearts to stray after You have guided us. Grant us Your mercy for verily You are the Great Giver."

[Surah Aal Imraan, verse 8]

(5) A Nafl	The promise of Jannah for pleasing the husband

Rasulullaah ρ said, "The woman who passes away when her husband is pleased with her shall enter Jannah."

[Tirmidhi 1161, from Hadhrat Ummu Salamah رضي الله عنها]

(6) A Sin	The punishment for committing suicide

Rasulullaah ρ said that the person who commits suicide by falling off a mountain will continue falling off a mountain in Jahannam forever. Similarly, the person who commits suicide by stabbing himself with an iron object will have the iron object in his hand in Jahannam and will continue stabbing himself forever. In a like manner, the person who commits suicide by swallowing poison will have poison in his hand in Jahannam and will continue swallowing it forever.

[Bukhaari 5778, from Hadhrat Abu Hurayrah τ]

(7) This World	Leaving this world all alone

Allaah says in the Qur'aan, "Undoubtedly you have come to Us alone *(without your wealth and families)* as We created you the first time *(at birth)* and you have left behind your backs *(in the world)* what *(bounties and luxuries)* We had blessed you with".

[Surah An'aam, verse 94]

(8) The Aakhirah	The punishment for backbiting and dishonouring a Muslim

Rasulullaah ρ said that the one who backbites about a Muslim and receives even a morsel of food in exchange, he will be made to eat a morsel of fire from Jahannam. Similarly, the one who dishonours a Muslim and receives a garment of clothing in exchange, he will be made to wear a garment of fire from Jahannam.

[Abu Dawood]

(9) Cures from the Qur'aan and Rasulullaah ρ	The fig

Allaah speaks about the fig in the Qur'aan when He says, "By the fig and the olive".

[Surah Teen, verse 1]

By taking an oath on the fig, Allaah is highlighting its importance. Allaama Ibn Qayyim رحمه الله writes that it contains more nutrition than fruits and is beneficial for conditions relating to the chest, the throat and breathing. It is also effective in eradicating phlegm.

[Zaadul Ma'aad]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Do not laugh too much because excessive laughter deadens the heart."

[Tirmidhi 2305, from Hadhrat Abu Hurayrah τ]

Rasulullaah ρ also said, "I swear by the Being Who controls my life that if you knew what I know, you would laugh less and cry more."
[Bukhaari 6637, from Hadhrat Abu Hurayrah τ]

(1) Islaamic History	The flood of Hadhrat Nooh υ

The Qur'aan tells us that Hadhrat Nooh υ preached to his people for 950 years, but only a few of them believed him. When he eventually lost hope in them, he made du'aa to Allaah to send such a punishment to them that would destroy them all without leaving any of them alive. Allaah accepted the du'aa and caused water to gush profusely from the ground and torrential rain to come pouring down. According to the command of Allaah, Hadhrat Nooh υ made all the Mu'mineen board his ark that Allaah instructed him to build, together with a pair from every species of animals. When all the Kuffaar were drowned, the water started to subside and Hadhrat Nooh υ's ark stopped on Mount Judi. It then took a month before all the water had disappeared and on the day they disembarked from the ark, it was the day of Aashura (10th of Muharram). The people started to fast in commemoration of this day and this is how the fast of the day of Aashura started.
[*Al Bidaayah wan Nihaayah*]

(2) Rasulullaah ρ's Miracle	Rasulullaah ρ informs the people of the safety they would experience on their roads

Rasulullaah ρ once said to Hadhrat Adi bin Haatimτ, "O Adi! If you live long enough, you will see that a woman will be able to travel all alone from Heera and make Tawaaf of the Kuffaar without having to fear anyone other than Allaah." Hadhrat Adi τ reported afterwards that he really did witness that time arrive.
[Bukhaari 3468]

(3) A Fardh	The Janaazah salaah is Fardh Kifaayah

Amongst the seven things that Rasulullaah ρ commanded was that people participate in the Janaazah salaah.
[Bukhaari 1339, from Hadhrat Baraa bin Aazib τ]

The Janaazah salaah is Fardh Kifaayah, meaning that while it is Fardh (obligatory) for everyone, the obligation will be waived if some people carry it out.

(4) A Sunnah	Dusting off the bed before sleeping

Hadhrat Abu Hurayrah τ reports that Rasulullaah ρ said, "When any of

you goes to bed, he should dust it off with a cloth because he does not know what may be in it."

[Abu Dawood 5050]

(5) A Nafl	**The intention to carry out a good deed also earns rewards**

Rasulullaah ρ said, "When a person makes the intention to carry out a good deed but is unable to carry it out, the reward of a good deed will be recorded in his favour."

[Bukhaari 6491 and Muslim 338, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin	**The punishment for falsely reporting Ahadeeth**

Rasulullaah ρ said, "Be careful when reporting from me and report only that which you are certain about. The person who falsely attributes something to me should prepare his abode in Jahannam."

[Tirmidhi 2951]

(7) This World	**The signs of a bad person**

Rasulullaah ρ mentioned that there are four signs of a bad person; dry eyes (that do not weep out of fear of Allaah), a hard heart (that neither softens for the Aakhirah nor for anyone at any other time), long hopes and greed for this world.

[*Targheeb wat Tarheeb* 4741]

(8) The Aakhirah	**The most honoured person in Jannah**

Rasulullaah ρ stated that the most honoured person in Jannah shall be the one who will see Allaah every morning and evening.

[Tirmidhi 3649]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Avoid direct sunlight**

Rasulullaah ρ advised people to avoid sitting in direct sunlight because it spoils the clothing, causes a person to smell with perspiration and also causes suppressed illness to surface.

[Mustadrak 8264]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "The Mu'mineen are all brothers (because they all belong to the same Deen), so reconcile (create harmony) between your brothers (whenever a dispute arises). Fear Allaah so that mercy may be shown to you".

[Surah Hujuraat, verse 10]

(1) Islaamic History	**Hadhrat Nooh υ's disobedient son**

Hadhrat Nooh υ had a son names Kan'aan who lived amongst the Kuffaar. When the Mu'mineen were in the ark as the flood was raging, Hadhrat Nooh υ called to his son to join them on the ark, but he told his father that he would save himself by climbing the highest mountain. Hadhrat Nooh υ said to him, "It is only those upon whom Allaah has mercy who will be saved today." As they were speaking, a huge wave came between then and swept the son to his death. Hadhrat Nooh υ was very distressed by this and asked Allaah why his son had drowned when Allaah had promised to safeguard his family. Allaah then informed him that his son was really not from his family because his beliefs and actions were those of the Kuffaar.

[Adapted from Surah Hood]

(2) Allaah's Power	**Teeth are a great bounty from Allaah**

Children do not have teeth when they are born because their only food is the milk they suckle from their mothers. As they grow and start to eat soft foods, Allaah gives them a few small teeth. As they then approach the ages of seven and eight and start to eat foods that are tougher and bigger, Allaah causes the small milk teeth to fall out and be replaced by new permanent teeth that are stronger and larger, allowing them to be able to bite and chew much better. One needs to just ponder about how Allaah sees to it that man's needs are fulfilled thought his life.

(3) A Fardh	**It is Fardh to abstain from interest**

In the Qur'aan, Allaah instructs the people of Imaan not to consume interest.

[Surah Aal Imraan, verse 130]

It is a grave sin to consume interest, pay it and to use the proceeds in any way because the Qur'aan and the Ahadeeth have sounded grave warnings of punishment for all of this. It is therefore Fardh (obligatory) for every Muslim to abstain from interest in every way.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**The du'aa for waking up**

Hadhrat Hudhayfah τ reports that whenever Rasulullaah ρ awakened from his sleep, he would recite the following du'aa:

TRANSLATION: All praise belongs to Allaah Who has brought us back to life after causing us to die and it is to Him that we will be resurrected.

[Bukhaari 6312]

(5) A Nafl	**Loving others for the pleasure of Allaah**

Rasulullaah ρ mentioned that amongst the people to be shaded beneath the shade of Allaah's throne on the Day of Qiyaamah will be those who loved each other solely for the pleasure of Allaah.

[Bukhaari 660, Muslim 2389, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Accusing people**

Allaah says in the Qur'aan, "Whoever commits a minor sin or a major sin and then casts the blame on *(accuses)* an innocent person, he has indeed burdened himself with a great slander and clear sin *(for which he will suffer terrible punishment)*".

[Surah Nisaa, verse 112]

(7) This World	**Things of this world cause people to neglect Allaah's remembrance**

Allaah says in the Qur'aan, "O you who have Imaan! Let not your wealth and your children (the things of this world) make you neglect Allaah's remembrance (the duties that you owe to Allaah). Those who do this are certainly losers (who will lose the bounties of the Aakhirah)".

[Surah Munaafiqoon, verse 9]

(8) The Aakhirah	**The rivers of Jannah**

Rasulullaah ρ mentioned that there shall be rivers of water, rivers of milk, rivers of honey and rivers of wine in Jannah.

[Tirmidhi 2771]

The wine of Jannah will not be intoxicating and will have a most pleasant fragrance.

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of pomegranates**

Rasulullaah ρ advised that pomegranates be eaten with their seeds bring new life to a person's stomach.
[Ahmad 22726, from Hadhrat Ali τ]
Allaama Ibn Qayyim رحمه الله writes that together with strengthening the stomach, pomegranates are also beneficial in curing people from coughs that they have been suffering from for a long time.

(10) Advice from Rasulullaah ρ	

Hadhrat Abu Hurayrah τ reports that Rasulullaah ρ once took hold of his hand and said, "Abstain from Haraam and you will become the greatest

worshipper. Be content with the distribution of Allaah and you will become the wealthiest of people. Be good to your neighbours and you will attain the most perfect Imaan. Like for others what you like for yourself and you will become a true Muslim. Do not laugh excessively because excessive laughter kills the heart.

[Tirmidhi 2305]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	19

(1) Islaamic History	The obedient sons of Hadhrat Nooh υ

Because all of mankind were the offspring of the remaining sons of Hadhrat Nooh υ, he is referred to as the second Aadam υ. These sons were names Saam, Haam and Yaafith. Rasulullaah ρ mentioned that Saam was the father of the Arabs, Haam was the father of the Abyssinians and Yaafith was the father of the Romans.

(2) Rasulullaah ρ's Miracle	Splitting a boulder

As the Sahabah ψ were busy digging a trench to safeguard Madinah from the attacking Mushrikeen, they encountered a large boulder which they were unable to break despite trying very hard. When they reported it to Rasulullaah ρ, he went up to the boulder and struck it just once with his spade, which caused it to shatter.

[Bukhaari 1014, from Hadhrat Jaabir τ]

(3) A Fardh	Serving parents

It is Fardh (obligatory) for a person to serve his parents when they grow old and become dependent on him. Failure to do this will attract the curse of Rasulullaah ρ, as reported in a Hadith in which Rasulullaah ρ once said, "May he be destroyed!" After Rasulullaah ρ had repeated it thrice, the Sahabah ψ who it was that Rasulullaah ρ was referring to. Rasulullaah ρ replied, "The person who finds one of his parents in old age and fails to serve them."

[Muslim 4628, from Hadhrat Abu Hurayrah τ]

(4) A Sunnah	Do not blow into food

Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ prohibited them from blowing into their food and drinks.

[Muslim 1888]

(5) A Nafl	Making du'aa for a Muslim

Rasulullaah ρ said that when a person makes du'aa for his Muslim brother in his absence, the angels pray, "May Allaah grant you the same."

[Abu Dawood 1535, from Hadhrat Abdullaah bin Amr bin Al Aas τ]

(6) A Sin	Issuing Fataawaa without knowledge

Rasulullaah ρ said, "When there will be no Ulema left in this world, the people will make their ignorant people their leaders. They will then ask

Fataawaa from them and they will issue Fataawaa without any knowledge. In this manner, they themselves will be astray and they will also be leading others astray."

[Bukhaari 100, from Hadhrat Abdullaah bin Amr bin Al Aas τ]

(7) This World	Greed for this world

Rasulullaah ρ said, "If a person has two valleys full of gold, he will wish for a third and it will only be the sand of the grave which will eventually fill his belly. Allaah will always accept the repentance of those who turn to Him."

[Bukhaari 6436, from Hadhrat Abdullaah bin Abbaas τ]

(8) The Aakhirah	Chains around the necks of the people of Jahannam

Allaah says in the Qur'aan, "When yokes will be placed around their necks, as well as chains. They will be dragged into the boiling water, after which they will be cast as fuel for the Fire".

[Surah Mu'min, verses 71-72]

(9) Cures from the Qur'aan and Rasulullaah ρ	The cure for poison and black magic

Rasulullaah ρ said that neither poison nor black magic can affect the person who eats seven dates from Madinah every morning.

[Bukhaari 5769, from Hadhrat Sa'd τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "Who is more unjust than he who is reminded of the Aayaat of his Rabb and then turns away from them *(without taking heed)* ? We will certainly take revenge from *(punish)* the criminals *(the Mushrikeen)*".

[Surah Sajdah, verse 22]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	20

(1) Islaamic History	The disobedience of the people of Aad and the Nabuwaat of Hadhrat Hood υ

The Qur'aan speaks of a nation called the Aad who lived in a place called Ahqaaf in Yemen. They worshipped idols and together with enjoying all the bounties of a good life, Allaah had also blessed them with tremendous physical strength. They boasted about their strength and would say, "Who can be more powerful than us?" Together with this and their pride in their wealth, they forgot about Allaah, oppressed the weak, opposed the truth and Allaah's messengers. They also constructed huge mansions from the mountains. Allaah made Hadhrat Hood υ a Nabi and sent him to them, but they refused to believe in him. they were eventually destroyed on this account.

(2) Allaah's Power	Protection of the eyes

Amongst the many bounties that Allaah has blessed us with are out eyes. As precious as they are, they are just as delicate. Allaah has therefore seen to its protection. Should any little object threaten to enter the eye, the eyelids close immediately to protect them and if any large object should threaten them, Allaah has constructed the protruding bones around them, which ensure their protection. Allaah is undoubtedly the Most Powerful Creator.

(3) A Fardh	It is Fardh to remain chaste

A Muslim needs to adopt modesty at all times and has to shun all forms of immodesty and immorality. Allaah has forbidden immodesty in the Qur'aan and Rasulullaah ρ has stated, "Modesty is a branch of Imaan and leads to Jannah, whereas immodesty is a part of immorality and leads to Jahannam."

[Surah Nahl, verse 90 and Tirmidhi 1923, from Hadhrat Abu Hurayrah τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for success in every venture

The following du'aa should be recited to attain success in any venture of Deen or any worldly venture:

رَبَّنَا آتِنَا مِن لَّدُنكَ رَحْمَةً وَهَيِّئْ لَنَا مِنْ أَمْرِنَا رَشَدًا

TRANSLATION: **"O our Rabb! Bestow on us** *(special)* **mercy from Yourself and make** *(it)* **easy for us** *(to find)* **a suitable solution to our plight."**

[Surah Kahaf, verse 10]

(5) A Nafl	The promise of Jannah for performing the *Tahiyyatul Wudhu* salaah

Rasulullaah ρ said that the person who performs his wudhu well and then performs two Rakaahs salaah with proper concentration has made Jannah compulsory for himself.

[Muslim 553, from Hadhrat Uqba bin Aamir τ]

The two Rakaahs salaah performed after wudhu is referred to as *Tahiyyatul Wudhu*.

(6) A Sin	Ignoring the Aayaat of Allaah

Allaah says in the Qur'aan, "**Who can be more unjust** *(wrong)* **than he who has been advised with the Aayaat of his Rabb, but** *(instead of heeding the advice contained in the Aayaat, he)* **ignores them and has** *(even)* **forgotten what** *(sins)* **he has sent forth** *(to the Aakhirah)* **?"**.

[Surah Kahaf, verse 57]

(7) This World	The wealth of this is but a test

Rasulullaah ρ said, "There had been a test for every nation and the test of my Ummah shall be wealth."

[Tirmidhi 2336, from Hadhrat Ka'b bin Ayaadh τ]

(8) The Aakhirah	The grave is the first stage of the Aakhirah

Whenever he passed by a graveyard, Hadhrat Uthmaan τ always wept so bitterly that his beard would get wet. Someone asked, "Why is it that you do not weep as much when mention is made of Jannah and Jahannam?" He replied, "I have heard Rasulullaah ρ say that the grave is the first of the many stages of the Aakhirah. Whoever fails to succeed in the grave will find the staged thereafter to be even more difficult."

[Tirmidhi 2308]

(9) Cures from the Qur'aan and Rasulullaah ρ	A cure for every illness in the Black Seed (*Kulunji*)

Rasulullaah ρ advised the use of the black seed, saying, "It is a cure for everything except death."

[Bukhaari 5687, from Hadhrat Aa'isha رضي الله عنها]

Allaama Ibn Qayyim رحمه الله has written that use of the black seed is effective in curing flatulence, phlegm and fever. If mixed with honey and taken with hot water, it is effective in removing stones from the kidney and bladder.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "The person who believes in Allaah and the Last Day ought to maintain family ties because the person who fails to do this will not enter Jannah."

[Bukhaari]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

21

(1) Islaamic History	When Allaah's punishment afflicted the nation of Aad

Hadhrat Hood υ called on the people to believe in One Allaah and to worship Him alone. He also called on them not to oppress the weak, not to boast about their strength and to be grateful to Allaah, but his pleas fell on deaf ears. Instead, they started to commit even more evil as the days went by. Allaah then afflicted them with such a terrible drought that they craved for every drop of water. However, they still refused to desist from their evil ways. Allaah then set upon them a punishment that perhaps no other nation has suffered. And extremely powerful wind ravaged them for seven days and eight nights, each gust being stronger than the previous one. Eventually, their dead corpses were strewn across the land like felled palm trunks and their magnificent homes became wrecks and ruins for people after them to take a lesson from.

(2) Rasulullaah ρ's Miracle	Curing insanity

When someone complained to Rasulullaah ρ that his brother was ill and suffering from insanity, Rasulullaah ρ called for his brother. When the man was brought, Rasulullaah ρ recited some verses of the Qur'aan and blew on him. the man was immediately cured and no sign of insanity remained with him.

[Ibn Maajah 523]

(3) A Fardh	The husband's share in his wife's estate

Allaah says, "**You** *(husbands)* **shall inherit half of what your wives leave if they do not have children.** *(However)* **If they** *(your wives)* **have children, then you shall inherit a quarter of what they leave after the bequests they made and** *(after settling their)* **debts.**".

[Surah Nisaa, verse 12]

(4) A Sunnah	Greeting with Salaam when entering

Whenever he wished to enter a home, Rasulullaah ρ never stood directly in front of the door, but to the right or the left. He then greeted by calling out, "As Salaamu Alaykum".

[Abu Dawood 5186, from Hadhrat Abdullaah bin Yusr τ]

(5) A Nafl	The best deeds in Islaam

Someone once asked Rasulullaah ρ what the best of deeds were in Islaam. Rasulullaah ρ replied, "Feeding people and greeting (Muslims) with the words of Salaam regardless of whether you know the person

or not."

[Bukhaari 6236, from Hadhrat Abdullaah bin Amr τ]

(6) A Sin	Concealing knowledge

Rasulullaah ρ stated that when a person fails to reveal knowledge he had when asked, he will be bridled with a bridle of fire on the Day of Qiyaamah.

[Tirmidhi 2649, from Hadhrat Abu Hurayrah τ]

(7) This World	Preparing for the Aakhirah in this world

Allaah says in the Qur'aan, "**You desire the things** *(wealth)* **of this world** *(and make an effort to acquire it)* **while Allaah desires** *(that you rather make an effort to acquire)* **the Aakhirah. Allaah is Mighty, the Wise** *(what He desires for you is best)*".

[Surah Anfaal, verse 67]

(8) The Aakhirah	Punishment of the people of Jahannam

Allaah says in the Qur'aan, "**On that day you will see the criminals** *(Kuffaar)* **shackled together in chains. Their garments will be of tar** *(which smells terribly and burns easily)* **and the Fire will cover their faces.** *(They will present themselves before Allaah)* **So that Allaah may repay every soul for what** *(good or evil)* **it had earned. Indeed Allaah is swift in reckoning**".

[Surah Ibraheem, verse 49-51]

(9) Cures from the Qur'aan and Rasulullaah ρ	The cure for blisters and sores

One of the wives of Rasulullaah ρ reports that she was once suffering from a blister on her finger when Rasulullaah ρ came to see her. "Do you have any *Dhareera*?" Rasulullaah ρ asked. When she replied that she did have some, Rasulullaah ρ advised her to apply some of it to the blister and to them recite the du'aa:

TRANSLATION: O Allaah The One Who makes small matters big and big matter small! Do remove this from me."

[Mustadrak 7463]

Muhadditheen have stated that *Dhareera* is a fragrant plant originating from India, referred to as *Buchh* in Urdu. It is especially effective in treating blisters that develop after burns

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**It has already been revealed to you in the Book that when you hear the Aayaat of Allaah being rejected** *(by the Kuffaar)* **and ridiculed, you should not sit with them until they engage in other talks. Without doubt, in that case** *(if you remain with them when they ridicule Allaah's Aayaat)***, you will be just like them. Surely Allaah will gather the Munaafiqeen and the Kaafiroon all together in Jahannam**".

[Surah Nisaa, verse 140]

(1) Islaamic History	The nation of Thamud and the Nabi Saalih υ

After the destruction of the nation of *First Aad*, those who were left from them were known as the *Second Aad*, and later became known as the Thamud. Even today the ruins of Madaa'in Saalih exists between Madinah and Tabook, which was where the people of the Thamud lived. These people mastered the art of carving homes from the mountains and, like their predecessors the Aad, the Thamud also worshipped idols and suffered from the disease of pride because of their strength. Allaah sent Hadhrat Saalih υ as a Nabi to them. Since childhood, Hadhrat Saalih υ displayed great intelligence and the people always entertained great hopes in him. However, Allaah had other greater plans for him and made him a Nabi.

(2) Allaah's Power	The camel

Amongst the many animals that Allaah had created on earth, one of the most striking is the camel. Allaah has created such a capacity within it that it can store a week's supply of water and use it when it needs it most in the desert. Its feet are wide and soft because of which it does not sink into the softy desert sand and is able to walk with ease and speed. Through His power, Allaah has perfectly adapted every animal to its surroundings.

(3) A Fardh	The wife's share from her husband's estate

Allaah says in the Qur'aan, "**They** *(your wives)* **shall inherit a quarter of what you** *(husbands)* **leave if you have no children.** *(However)* **If you have children, then they shall inherit an eighth of what you leave after the bequests you make and** *(after settling your)* **debts**".

[Surah Nisaa, verse 12]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa of *Istikhaarah*

Hadhrat Jaabir τ reports that Rasulullaah ρ taught them the method of *Istikhaara* whenever any matter arose just as he would teach them the Surahs of the Qur'aan. The du'aa is:

اللَّهُمَّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ، وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ، وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ، فَإِنَّكَ تَقْدِرُ وَلا أَقْدِرُ، وَتَعْلَمُ وَلا أَعْلَمُ، وَأَنْتَ عَلاَّمُ الْغُيُوبِ، اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الأَمْرَ خَيْرٌ لِي فِي دِينِي وَمَعِيشَتِي وَعَاقِبَةِ أَمْرِي فَيَسِّرْهُ لِي، ثُمَّ بَارِكْ لِي فِيهِ، وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الأَمْرَ شَرٌّ لِي فِي دِينِي وَمَعِيشَتِي وَعَاقِبَةِ أَمْرِي، فَاصْرِفْهُ عَنِّي وَاصْرِفْنِي عَنْهُ وَاقْدِرْ لِيَ الْخَيْرَ حَيْثُ كَانَ ثُمَّ أَرْضِنِي بِهِ

Note that one needs to think of the matter at hand when reciting the words "هَذَا الأَمْرَ".

[Bukhaari 1162]

(5) A Nafl	*Istikhaara*

Hadhrat Jaabir τ reports that Rasulullaah ρ taught them the method of *Istikhaara* whenever any matter arose just as he would teach them the Surahs of the Qur'aan.

[Bukhaari 1162]

The method of performing *Istikhaara* is to perform two Rakaahs Nafl salaah, followed by the du'aa of *Istikhaara* with sincerity and concentration. Think of the matter at hand when reciting the words " هَذَا الأَمْرَ" and then go to bed, sleeping on the right side and facing the Qibla. One may then see the matter at hand in a dream, he may come to a decision in his heart or something arise that will either assist or pose an obstacle to the matter at hand. Whatever it is, one should act on the decision that comes to heart when one wakes up.

[*Durrul Mukhtaar*]

(6) A Sin	Allaah's wrath when a person takes a false oath

Allaah says in the Qur'aan, "**Verily those who purchase a small gain** *(of this world)* **at the cost of** *(breaking)* **Allaah's covenant and** *(at the cost of breaking)* **their oaths** *(that they make with others)***, such people have no portion** *(of good)* **in the Aakhirah. Allaah will neither speak to them** *(with compassion)* **nor look at them** *(with mercy)* **on the Day of Qiyaamah, and will not purify** *(forgive)* **them. They shall have a painful punishment**".

[Surah Aal Imraan, verse 77]

(7) This World	The life of this world is nothing

Allaah says, "**Do you prefer the life of this world to the Aakhirah? The pleasure of this worldly life is but little** *(insignificant)* **compared to the** *(comfort and pleasures of the)* **Aakhirah**".

[Surah Towbah, verse 38]

(8) The Aakhirah	Where people will be on the Day of Qiyaamah

Hadhrat Aa'isha رضي الله عنها once asked Rasulullaah ρ, "Where will people be on the day when the earth and heavens will be destroyed and then recreated when the trumpet is blown for the first time?" Rasulullaah ρ replied, "On the bridge of Siraat".

[Muslim, 7056]

(9) Cures from the Qur'aan and Rasulullaah ρ	Medical science

Rasulullaah ρ stated that a person will be held responsible on the Day of Qiyaamah if he treated anyone without the relevant knowledge.

[Abu Dawood 4586, from Hadhrat Abdullaah bin Amr τ]

This Hadith makes it evident that an experienced doctor or Hakeem should be consulted when ill.

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "When a person is in need of food or anything else and he conceals his need from people, Allaah will undertake the responsibility to provide for him a year's sustenance from Halaal sources."

[*Mishkaatul Masaabeeh* 5264, from Hadhrat Abdullaah bin Abbaas τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

23

(1) Islaamic History — **Allaah causes the birth of the miraculous camel**

Although Hadhrat Saalih υ called the people tirelessly towards Allaah's Deen, they refused to accept. They then told him that to prove he really was Allaah's Nabi, he should cause a camel to emerge from the mountain, which will then give birth. They thought that this would embarrass Hadhrat Saalih υ because such a feat was impossible. However, when Hadhrat Saalih υ made du'aa to Allaah, the people were shocked to see in front of their very eyes that the mountain split open and there emerged from it a pregnant camel that gave birth right there. Despite witnessing this, the people still refused to believe this camel was a sign from Allaah, which the Qur'aan refers to as "*Naqatullaah*" (Allaah's camel).

(2) Rasulullaah ρ's Miracle — **Blessings in butter**

It was the habit of Hadhrat Umm Maalik رضي الله عنها to always send a container of butter as a gift to Rasulullaah ρ. Whenever her children wanted some gravy and she did not have any to give them, she would always find butter in the container that she used to give to Rasulullaah ρ and then take out as much as she needed. However, she once emptied all the contents of the container, after which she did not have butter from the container any more. When she reported this to Rasulullaah ρ, he remarked, "Had you not emptied it completely, you would have been able to get butter from it forever."

[Muslim 6084]

(3) A Fardh — **Weighing and measuring justly**

It is Fardh (obligatory) when trading that a person weighs and measures goods fairly. One must never give the customer less weight or measure because severe warnings have been sounded in this regard. Allaah says, "**Destruction be to the cheaters who, when they take measure from mankind** *(when they are buying from others)*, **demand** *(that their purchase be given to them)* **in full.** *(However,)* **If they measure or weigh for people** *(when they are the sellers)*, **they reduce** *(the weight or measurement of the commodity so that the buyer gets less than he pays for)*".

[Surah Mutaffifeen, verses 1-3]

(4) A Sunnah — **Greeting with Salaam before requesting permission to enter**

Rasulullaah ρ said, "Do not permit a person to enter if he does not

greet with Salaam before seeking permission to enter."

[Shu'abul Imaan 8546, from Hadhrat Jaabir τ]

It is therefore necessary to greet with Salaam and to then ask permission to enter.

(5) A Nafl	Setting aright mutual relations

Rasulullaah ρ once asked the Sahabah ψ, "Should I not tell you of something that it better than salaah, fasting and Sadaqah?" "Certainly, O Rasulullaah ρ," the Sahabah ψ responded. Rasulullaah ρ replied, "That you set right your mutual relations".

[Abu Dawood]

(6) A Sin	Salaah without wudhu and Sadaqah with Haraam wealth

Rasulullaah ρ said, "Salaah without wudhu is not accepted and Sadaqah from Haraam earnings is also not accepted."

[Tirmidhi, from Hadhrat Abdullaah bin Umar τ]

(7) This World	The evil consequences of being boastful

Rasulullaah ρ said, "The person who dresses to impress people in this world will be given clothing of disgrace on the Day of Qiyaamah and fed to the fire of Jahannam."

[Ibn Maajah 3607, from Hadhrat Abdullaah bin Umar τ]

(8) The Aakhirah	The people of Jannah will see Allaah

Looking at the 14th full moon, Rasulullaah ρ once commented, "You will be able to see your Rabb (in Jannah) just as you are looking at this moon."

[Bukhaari 554, from Hadhrat Jareer τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treating sores and pimples with vinegar

Hadhrat Ummu Haani رضي الله عنهما reports that Rasulullaah ρ once came to their house and asked, "Do you have any gravy?" "No," she replied, "We have only dry bread and some vinegar." "Then bring it," Rasulullaah ρ said, "The house that has vinegar is never without gravy."

[Tirmidhi 1841]

Allaama Ibn Qayyim رحمه الله writes that vinegar is effective in treating sores and pimples and also cleans wounds.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Those who spend in the path** *(obedience)* **of Allaah and then do not follow it up with reminders of their generosity** *(to make the recipient feel indebted to them)* **nor with** *(causing)* **hurt** *(to the recipient, such as making others know about it, taunting him or by taking work from him)***, their reward is** *(guaranteed and waiting for them)* **with their Rabb. No fear shall come upon them, nor shall they grieve** *(in the Aakhirah)*".

[Surah Baqarah, verse 262]

(1) Islaamic History	Allaah's punishment to the Thamud

When the camel emerged from the mountain by the request of the Thamud, Hadhrat Saalih υ told the people not to cause any harm to Allaah's camel, otherwise they would be afflicted by a severe punishment. However, the stubborn nation failed to heed the warning and secretly killed the camel. When Hadhrat Saalih υ learnt about this, he told them that they now had only three days respite before Allaah's punishment came to them. On the fourth day, they were shaken by a powerful earthquake, followed by a piercing scream, which caused their hearts to shatter and their homes to fall to bits. However, Allaah rescued Hadhrat Saalih υ and those who believed in him. They then left and proceeded to Palestine.

(2) Allaah's Power	Protection of every morsel of food

When we take up any morsel of food to eat, our fingers first test the temperature, after which it passes by the eyes, which see whether it has anything harmful on it. It then passes by the nose, which smells whether it has gone bad. When it enters the mouth, the tongue again tests the temperature and again tastes whether it has gone bad. It is after all these tests that the morsel proceeds to the belly in a sound state. All of this protection has been arranged by Allaah.

(3) A Fardh	It is Fardh for women to keep themselves concealed

Just as Allaah has made certain matters Fardh (obligatory) for men, He has also made some Fardh for women. Amongst these is that she conceals herself from strange men. Addressing women, Allaah says in the Qur'aan, "**Remain in your homes and** *(when it is absolutely necessary to leave your homes, leave properly clothed and)* **do not make a display of yourselves as was the practice of** *(women during)* **the former period of ignorance** *(during the period before Islaam came to people, when women walked about without adequately covering their bodies)*".

[Surah Ahzaab, verse]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa to save oneself from disgrace on the Day of Qiyaamah

To safeguard oneself from being humiliated on the Day of Qiyaamah, one should recite the following du'aa:

رَبَّنَا وَآتِنَا مَا وَعَدتَّنَا عَلَى رُسُلِكَ وَلاَ تُخْزِنَا يَوْمَ الْقِيَامَةِ إِنَّكَ لاَ تُخْلِفُ الْمِيعَادَ

TRANSLATION: **Our Rabb, grant us what** *(mercy and rewards)* **You have promised us through Your Rusul and do not disgrace us on the Day of Judgement. Verily You do not break Your promise.**

[Surah Aal Imraan, verse 194]

(5) A Nafl	**Salaatul Haajah**

It was the practice of Rasulullaah ρ that whenever he was worried about something or was faced with some important matter, he performed to have the matter resolved.

[Ibn Maajah 1384, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Kufr and Shirk both lead to Jahannam**

Allaah says in the Qur'aan, "**Allaah has definitely forbidden Jannah for the one who attributes a partner to Allaah** *(commits Shirk)* **and his abode shall be the Fire** *(of Jahannam)***. The oppressors** *(Mushrikeen)* **will have no helpers** *(to save them from Allaah's punishment)***.".**

[Surah Maa'idah, verse 72]

(7) This World	**The consequences of making this world your objective**

Allaah says in the Qur'aan, "**Whoever desires the life of this world and its splendour** *(without a concern for the Aakhirah which they do not believe in)***, We shall grant them the full rewards for their** *(good)* **deeds in this very world and they will not be wronged** *(they will not be given less than they deserve)***. They are the ones who shall have only the Fire for themselves in the Aakhirah. Whatever** *(good actions)* **they did in the world will be lost to them** *(in the Aakhirah)* **and all their** *(good)* **deeds will be in vain** *(because they will see no rewards for these in the Aakhirah where they will require them most. This is because they acted only for worldly objectives)***".**

[Surah Hood, verse 15-16]

(8) The Aakhirah	**A scene of the Day of Qiyaamah**

Rasulullaah ρ said, "I swear by the Being Who controls my life! If you knew what I know about the scenes of the Aakhirah, you would laugh less and weep more."

[Bukhaari 6421, from Hadhrat Anas τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Using vinegar to treat phlegm**

Rasulullaah ρ said, "Vinegar makes an excellent gravy. O Allaah! Bless vinegar because it had been the gravy of all the Ambiyaa عليهم السلام before me. The house that has vinegar is never without gravy."

[Ibn Maajah 3318, from Hadhrat Ummu Sa'd رضي الله عنهما]

Allaama Ibn Qayyim رحمه الله writes that vinegar neutralises the harmful effects of medicines, it aids digestion and is an enemy of phlegm.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "When you see a servant of Allaah who is disinclined from this world and who speaks little (worldly talks), then remain in the

company of this person because good is inspired into his heart from Allaah."

[Bayhaqi 6774, from Hadhrat Abu Hurayrah τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

25

(1) Islaamic History — Hadhrat Ibraheem υ

Hadhrat Ibraheem υ was born in Babylon in the southern part of Iraq. His father was Aazar bin Naahoor and his nation worshipped idols. In fact, his father Aazar also sold idols to the people for worshipping. Hadhrat Ibraheem υ therefore started to propagate his message to the people at home and then extended it to the king Nimrood and to all the people in the city. When his people opposed him, he went to Palestine and then to Egypt. Hadhrat Ibraheem υ had three wives names Sarah, Haajira and Qatoorah. Hadhrat Ismaa'eel υ was born of Hadhrat Haajira رضي الله عنهما, Hadhrat Is'haaq υ was born of Hadhrat Sarah رضي الله عنهما and Hadhrat Madyan υ was born of Hadhrat Qatoorah رضي الله عنهما. Hadhrat Ibraheem υ is referred to as Abu Ambiyaa عليهم السلام (the father of the Ambiyaa عليهم السلام) because all the Ambiyaa عليهم السلام that came after him were all from his progeny. It was with Hadhrat Ismaa'eel υ that Hadhrat Ibraheem υ built the Kabah in Makkah. The Qur'aan refers to Hadhrat Ibraheem υ as the father of the creed of Islaam and also refers to all Muslims as being from the creed of Hadhrat Ibraheem υ.

(2) Rasulullaah ρ's Miracle — Rain stops by the du'aa of Rasulullaah ρ

It once happened during the time of Rasulullaah ρ that it rained so heavily that people's homes were destroyed, their animals killed and the roads became inaccessible. When the people complained about it to Rasulullaah ρ, he made du'aa and gestured to the skies. The clouds then immediately swerved away from Madinah and rained upon the surrounding valleys and mountains.

[Bukhaari 1033 and 1019]

(3) A Fardh — It is Fardh (obligatory) to wear clean clothing

For salaah to be valid, it is Fardh (obligatory) for the body as well as the clothing to be free from impurities.

[*Badaai'us Sanaa'i* Vol.1 Pg.103]

Addressing Rasulullaah ρ in the Qur'aan, Allaah instructs that clothing be kept pure of impurities.

[Surah Mudathir, verse 4]

(4) A Sunnah — Sweets and honey

Hadhrat Aa'isha رضي الله عنها reports that Rasulullaah ρ loved sweets and honey.

[Bukhaari 5431]

(5) A Nafl — Assisting one's Muslim brother

Rasulullaah ρ said that the person who leaves his Muslim brother unassisted when he is being humiliated, Allaah will also leave him without assistance when he is being humiliated. On the other hand, the person who assists his Muslim brother when he is being humiliated, Allaah will also assist him when he is being humiliated (especially on the Day of Qiyaamah).

[Abu Dawood]

(6) A Sin — The punishment for not guarding against urine splashing on the body

Rasulullaah ρ said, "Guard yourselves against the droplets of urine (splashing on the body and clothing) because the punishment in the grave will be on account of not being cautious in this regard."

[Daar Qutni 469, from Hadhrat Anas τ]

It is therefore improper for a Muslim to urinate in any place where there is a danger of urine splashing on his body or clothing.

(7) This World — The various modes of transport of this world

Allaah says in the Qur'aan, "*(Allaah has created)* **Horses, mules and donkeys for riding and adornment. And** *(in addition to all of this)* **He creates such things about which you have no knowledge** *(such as modern means of transport which the people of earlier times did not know of)*".

[Surah Nahl, verse 8]

This verse foretells the modern mechanical means of transport such as cars, planes, trains, etc.

(8) The Aakhirah — The wide eyed damsels of Jannah

Allaah says in the Qur'aan, "**With them** *(the people of Jannah)*, **there will be wide-eyed damsels, whose gazes are ever lowered** *(out of modesty)*".

[Surah Saaffaat, verse 48]

(9) Cures from the Qur'aan and Rasulullaah ρ — Treating the eyes with Kohl

Rasulullaah ρ said that the best of all kohl is the *Ithmid*, which improves vision and lengthens the eyelashes.

[Ibn Maajah 349, from Hadhrat Abdullaah bin Abbaas τ]

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**O you who have Imaan! Do not forbid** *(declare as unlawful)* **the pure things that Allaah has permitted** *(made lawful)* **for you** *(by regarding something Halaal as Haraam)* **and do not overstep** *(do not exceed the limits of the Shari'ah)*. **Surely Allaah does not like those who overstep** *(exceed limits)*".

[Surah Maa'idah, verse 87]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	26

(1) Islaamic History	The plan to punish Hadhrat Ibraheem υ

Hadhrat Ibraheem υ continued to invite his father, his people and the king to believe in One Allaah and attempted to make them see the wrong in worshipping their idols. However, the people could not tolerate anything bad said or done against their idols. The king and the people therefore decided to burn Hadhrat Ibraheem υ. They therefore made a huge fire and threw Hadhrat Ibraheem υ into it. However, Allaah made His power manifest and commanded the fire to become cool and peaceful for Hadhrat Ibraheem υ. When the people saw that the fire had no effect on Hadhrat Ibraheem υ, the good ones amongst them believed him to be a Nabi, but the majority of them adamantly remained on their religion.

(2) Allaah's Power	Allaah's blessings

How great is the system of Allaah in that He has made those things most easily available that are required the most, such as air and water. If we think about the animals that we eat such as goats and sheep, we see that thousands are slaughtered each day and millions just on the day of Eidul Adhaa. However, we never have a situation where there is a shortage of these animals because Allaah has placed tremendous blessings in them.

(3) A Fardh	It is Fardh to fulfil an oath

When a person takes an oath to carry out something that is permissible, it will be Fardh (obligatory) to fulfil the oath because Allaah has stated in the Qur'aan, "*(Allaah)* **will call you to account for** *(breaking)* **those oaths that you take deliberately** *(resolve firmly)*.".

[Surah Maa'idah, verse 89]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for forgiveness

One should seek Allaah's forgiveness by reciting the following du'aa:

رَبِّ إِنِّي ظَلَمْتُ نَفْسِي فَاغْفِرْ لِي

TRANSLATION: **O my Rabb! I have oppressed** *(wronged)* **myself, so forgive me.**

[Surah Qasas, verse 16]

(5) A Nafl	Two Rakaahs Nafl salaah after the Witr

Hadhrat Ummu Salamah رضي الله عنها reports that Rasulullaah ρ performed

two Rakaahs salaah after the Witr salaah.

[Tirmidhi 471]

(6) A Sin	Declaration of war against those who consume interest

Allaah says in the Qur'aan, "**If you do not** *(avoid interest)*, **then be warned of war from Allaah and His Rasool** ρ".

[Surah Baqara, verse 279]

It is therefore necessary for every Muslim to avoid interest.

(7) This World	Never boast about prosperity in this world

Allaah says in the Qur'aan, "**Allaah increases sustenance for whoever He pleases and reduces** *(sustenance for whoever He pleases)*. **They** *(the Kuffaar)* **rejoice** *(boast)* **about** *(their wealth and positions in)* **the life of this world whereas the life of this world is a worthless article in comparison with the Aakhirah** *(therefore, despite their boasting, they have nothing if they do not earn the pleasures of the Aakhirah)*".

[Surah Ra'd, verse 26]

(8) The Aakhirah	The daily announcement of the grave

Rasulullaah ρ stated that the grave makes an announcement every day saying, "I am the home of solitude! I am the home of insects!"

[Tirmidhi 2460, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treating the skin and hair with oil

Rasulullaah ρ regularly oiled his hair and his beard. He wore a light cloth beneath his turban that would be so drenched by the oil that it seemed to be the cloth of an oil merchant.

[*Shamaa'il Tirmidhi*, pg.4, by Hadhrat Anas τ]

Allaama Ibn Qayyim رحمه الله writes that it is extremely beneficial to oil the body and the hair since it protects the skin and makes it supple and improves the lustre and growth of the hair.

[*Tibbun Nabawi* ρ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "The best of you is the one with the best character, while the worst of you in the sight of Allaah on the Day of Qiyaamah will be the one whom people have shunned out of fear for his abusive language and evil."

[Bukhaari 6029, 6032, from Hadhrat Aa'isha رضي الله عنها]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

27

(1) Islaamic History — Hadhrat Ibraheem υ's migration

Hadhrat Ibraheem υ was extremely concerned about his people, but despite all his efforts, it was only his wife Hadhrat Sarah رضي الله عنها and his nephew Hadhrat Loot υ who accepted Imaan. After he had emerged from the fire that Nimrood and the people had flung him into, Hadhrat Ibraheem υ decided to migrated from Babylon. He therefore left in the company of his wife and nephew and spent a few days in a town on the banks of the Euphrates River called Orkuldaniyyah. From there he left for the town of Harraan, now situated in Eastern Turkey. Throughout the journey, he continued his duty of propagating the message of Towheed.

(2) Rasulullaah ρ's Miracle — A slow horse becomes speedy steed

Hadhrat Abu Talha τ has a horse that was very slow and lazy. When Rasulullaah ρ used the horse once to patrol Madinah when there was some noises about the city, the horse suddenly became very fast by the blessings of Rasulullaah ρ. When he returned from the patrol, Rasulullaah ρ commented, "This horse is (as swift as) a river." Thereafter, there was no horse that could match it for speed.

[Bukhaari 2969, from Hadhrat Anas τ]

(3) A Fardh — It if Fardh for the place of salaah to be pure

It is Fardh (obligatory) for the place where salaah is performed to be free from any impurities. Allaah says in the Qur'aan, "*)*. **We commanded Ibraheem υ and Ismaa'eel υ** *(saying)*, **'Clean** *(remove idols from)* **My house** *(the Kabah)* **for those who perform Tawaaf, those who stay in it, those who bow** *(in Ruku)* **and those who prostrate** *(referring to those who perform salaah there)*.'".

[Surah Baqara, verse 125]

(4) A Sunnah — Drinking milk

Rasulullaah ρ said, "On this night of Mi'raaj, I was offered two goblets, one containing milk and the other containing wine. I drank from the one containing milk."

[Bukhaari 3394, from Hadhrat Abu Hurayrah τ]

(5) A Nafl — The reward of reciting Surah Yaaseen

Rasulullaah ρ said, "Everything has a heart and the heart of the Qur'aan is Surah Yaaseen. Whoever recites Surah Yaaseen will receive the reward of reciting the entire Qur'aan ten times."

[Tirmidhi 2887, from Hadhrat Anas τ]

(6) A Sin — The punishment for not forbidding evil

Rasulullaah ρ stated that when people see others act in conflict with the injunctions of the Shari'ah and do nothing to forbid them, the danger is that they will all soon be afflicted by punishment.

[Ibn Maajah 4009]

(7) This World — Do not grieve over the things of this world

Allaah says in the Qur'aan, "**Never focus your eyes on the enjoyment that We have granted to the various groups of the Kuffaar, do not grieve over them**".

[Surah Hijr, verse 88]

(8) The Aakhirah — The Munaafiqeen shall be on the lowest level of Jahannam

Allaah says in the Qur'aan, "**Most assuredly, the hypocrites shall be in the lowest depth of the Fire** *(of Jahannam)* **and you will never find a helper for them** *(to save them from punishment)*".

[Surah Nisaa, verse 145]

The Munaafiqeen are people who pretend to be Muslims but are really opposed to Islaam.

(9) Cures from the Qur'aan and Rasulullaah ρ — Fresh dates as a treatment for the liver

Hadhrat Abdullaah bin Ja'far τ reports that he saw Rasulullaah ρ eating fresh wet dates with cucumber.

[Bukhaari 5440]

Allaama Ibn Qayyim رحمه الله writes that fresh wet dates are extremely nutritious for the liver and the body and gives it great strength.

(10) Qur'aanic Advice

Allaah says in the Qur'aan, " **Hold fast to what** *(commands)* **the Rasool** ρ **gives you and refrain from what** *(actions)* **He prevents you** *(because whatever he instructs you is from Allaah)*".

[Surah Hashar, verse 7]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	28

(1) Islaamic History	Hadhrat Sarah رضي الله عنهما and Hadhrat Haajirah رضي الله عنهما

At the time when Hadhrat Ibraheem υ reached Egypt, the king was Sinaan bin Alwaan. When he saw Hadhrat Sarah رضي الله عنهما, he had evil intentions, but Allaah saved her from him. When this happened, he was repentant. He apologised and made up to her by giving her many gifts. In addition to this, he also gave his daughter to Hadhrat Sarah رضي الله عنهما to be wedded to Hadhrat Ibraheem υ. Her name was Haajirah and was from her that Hadhrat Ismaa'eel υ was born, while Hadhrat Is'haaq υ was born to Hadhrat Saarah رضي الله عنهما.

(2) Allaah's Power	The changing of the day and night

From the time that the earth was created, the night arrives at its appointed time, as does the day. It has never happened that the sun rises in the middle of the night to bring the day and never does the sun set at midday to bring on the night. Never does the day arrive a second earlier, nor does the night ever arrive a second later. It is only Allaah Who ensures that this system runs perfectly.

(3) A Fardh	It is Fardh to abandon all worldly activities upon hearing the Jumu'ah Adhaan

When hearing the Adhaan for the Jumu'ah salaah, it is Fardh (obligatory) to start preparing for the salaah and to abandon all worldly activities. Allaah says in the Qur'aan, "**O you who have Imaan! When the call (Adhaan) is made for (the Jumu'ah) salaah on the day of Jumu'ah (Friday), then hasten towards Allaah's remembrance (towards the Jumu'ah salaah to take place in the Masjid) and leave trading. This is best for you (in both worlds) if you but knew. When the salaah has been completed then (you are free to) disperse in the land, seek from Allaah's bounty (earn your living) and remember Allaah abundantly (engage in Dhikr wherever you may be) so that you may be successful.**".

[Surah Jumu'ah, verses 9-10]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	Du'aa for one's parents

The following du'aa should be made for one's parents:

رَّبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا

TRANSLATION: "**O my Rabb! Show mercy to them** *(my parents)* **as they had** *(been merciful towards me when they)* **raised me when I was young.**"

[Surah Bani Israa'eel, verse 24]

(5) A Nafl	Meeting a Muslim brother with a smiling face

Rasulullaah ρ said that a person earns the reward of Sadaqah by meeting his Muslim brother with a smiling face.

[Muslim 1956, from Hadhrat Abu Dharr τ]

(6) A Sin	Forgiveness from sins though two Rakaahs of salaah

Rasulullaah ρ advised that when a person happens to commit a sin, he should make wudhu, perform two Rakaahs and then beg Allaah for forgiveness. By doing this, he will be forgiven.

[Tirmidhi 604, from Hadhrat Abu Bakr τ]

(7) This World	The evil of a morsel of Haraam food

Rasulullaah ρ said, "Jahannam is best suited to the body that is nourished on Haraam food."

[Bayhaqi 5518, from Hadhrat Abu Bakr τ]

It is not permissible to earn and eat from Haraam wealth. This causes the goodness and blessings of a household to be lost.

(8) The Aakhirah	The four questions on the Day of Qiyaamah

Rasulullaah ρ stated that no person's feet shall be able to move on the Day of Qiyaamah until he has answered four questions; (1) In what did you spend his life? (2) How much did you practise upon your knowledge? (3) How did you earn his wealth and how did you spend it? (4) In what did you use your physical strength?

[Tirmidhi, from Hadhrat Abu Barzah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of the pomegranate

Allaah says in the Qur'aan, "**In the two gardens of Jannah there shall be fruits, date palms and pomegranates**".

[Surah Rahmaan, verse 68]

Allaama Ibn Qayyim رحمه الله writes that pomegranates is excellent for the stomach, gives it strength but may constipate a bit. It is also very beneficial for the throat, chest and lungs.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said that if a person has the following traits, he will never need to grieve about not having the possessions of this world; (1) looking after trusts, (2) truth in speech, (3) good character and (4) caution and abstinence in food.

[Ahmad 6614 from Hadhrat Abdullaah bin Amr τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	29

(1) Islaamic History	Hadhrat Ismaa'eel υ

Hadhrat Ismaa'eel υ was the first son of Hadhrat Ibraheem υ. He was named Ismaa'eel because of the good news of his birth that Hadhrat Jibra'eel υ gave to Hadhrat Ibraheem υ. By the command of Allaah, Hadhrat Ibraheem υ left Hadhrat Ismaa'eel υ and his mother Hadhrat Haajirah رضي الله عنهما in a barren desert where there was no water to be found. Through His power. Allaah the caused water to gush forth from the ground and the Jurhum tribe then arrived there to settle. Hadhrat Ismaa'eel υ grew up amongst them and married a woman from them. He had thirteen children and was eventually buried in the Haram close to the Kabah and beside his mother.

(2) Allaah's Power	Rain falls by the du'aa of Rasulullaah ρ

When the people suffered a drought during the time of Rasulullaah ρ, a Bedouin approached Rasulullaah ρ to make du'aa for rain. Hadhrat Anas τ reports that when Rasulullaah ρ raised his hands to make du'aa, the sky was clear. However, clouds as large as mountains started to gather almost immediately and the rain started to fall. Rasulullaah ρ had not yet alighted from the Mimbar when his beard could be seen dripping with water from the rain.

[Bukhaari 1033]

(3) A Fardh	The obligation for children to spend on their poor parents

If a person's parents are poor and have no means of supporting themselves, it is Fardh (obligatory) for the son to support them if he has the means. He will be sinful if he fails to support them.

[*Shaami* Vol.5 Pg.315]

(4) A Sunnah	Breathing in a container

Rasulullaah ρ prohibited breathing in a container while drinking from it.

[Bukhaari 5630, from Hadhrat Abu Qataadah τ]

(5) A Nafl	Encouraging good and prohibiting evil

Rasulullaah ρ mentioned that the act of Encouraging good and prohibiting evil earns the reward of Sadaqah.

[Tirmidhi 1956, from Hadhrat Abu Dharr τ]

(6) A Sin	Severing ties for more than three days

Rasulullaah ρ said, "It is not permissible for a Muslim to sever ties with his Muslim brother for more than three days. Whoever does this and then passes away shall enter Jahannam."

[Ahmad 8848, from Hadhrat Abu Hurayrah τ]

(7) This World	The example of this world

Allaah says in the Qur'aan, "**Relate to them the example of this worldly life which is like the rain that We send from the sky, with which the plants of the earth mingle** *(causing them to flourish)*. **Thereafter** *(the time comes when)* **they** *(the once flourishing plants dry up or are destroyed in some way, only to)* **become debris** *(broken bits and pieces)*, **to be carried** *(dispersed)* **by the winds** *(after which there is no sign that they ever existed)*. **Allaah always has control over everything** *(He can create and destroy as and when He pleases)*".

[Surah Kahaf, verse 45]

(8) The Aakhirah	Every living creature will be taken to task

Allaah says in the Qur'aan, "**When** *(even)* **wild animals are gathered** *(together on the Plains of Reckoning so that they be taken to task)*".

[Surah Takweer, verse 5]

Hadhrat Abdullaah bin Abbaas τ has mentioned that everything including even the mosquitoes will be brought back to life on the Day of Qiyaamah (how will man then be excluded).

[*Durrul Manthoor*]

(9) Cures from the Qur'aan and Rasulullaah ρ	Using the Miswaak

Rasulullaah ρ said, "The Miswaak cleanses the mouth and pleases Allaah."

[Nasa'ee 5, from Hadhrat Aa'isha رضي الله عنها]

Allaama Ibn Qayyim رحمه الله writes that the Miswaak gives shine to the teeth, strengthens the gums, expels bad breath, clears the mind, purges phlegm, strengthens the eyesight and clears the voice.

[*Tibbun Nabawi*]

(10) Advice from the Qur'aan	

Allaah says in the Qur'aan, "**Never** *(ever)* **say about** *(doing)* **anything, "I will certainly do so tomorrow unless you add, "Inshaa Allaah"** *("By Allaah's will". You should therefore say, "I will do this tomorrow Inshaa Allaah.")*. **Remember your Rabb when you forget** *(to remember Him. You should therefore add "Inshaa Allaah" as soon as you remember to do so)*".

[Surah Kahaf, verse 23-24]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

30

(1) Islaamic History — The good news of the birth of Hadhrat Is'haaq υ

The birth of Hadhrat Is'haaq υ was a sign of the power of Allaah, demonstrating that Allaah can give people children even in their old age. When Hadhrat Ibraheem υ was in the final stages of his life, Allaah gave him the good news of a son to be born to Hadhrat Saarah رضي الله عنهما, whose name will be Is'haaq. She also heard the news from the angel and started to laugh in wonder. The Qur'aan reports the incident in the following words, "**She said** *(in astonishment)*, **"Oh dear! Shall I bear a child when I am an old woman** *(of over 80 years)* **and my husband here is an old man** *(of over 100 years)*? **This is indeed a strange event!' They** *(the angels)* **said, 'Are you surprised at the command** *(and power)* **of Allaah** *(Who can do anything)* **? May Allaah's mercy and blessings be on you, O members of the household** *(of Ibraheem υ)*. **Verily He is Worthy of all praise, The Exalted'".**

[Surah Hood, verses 72-73]

As promised by Allaah, Hadhrat Is'haaq υ was then born to her. He was thirteen years younger than his brother Hadhrat Ismaa'eel υ.

(2) Allaah's Power — The miraculous stars

Apart from the sun and moon that we see, we also see countless stars that appear as small shining objects in the sky. They are really not small, but are several times larger than the sun and the moon. They appear so small because they are so far away. It is only Allaah Who keeps them shining and stationed where they are.

(3) A Fardh — The rights of a Muslim upon another

Rasulullaah ρ stated that every Muslim owes five rights to his Muslim brother. These are (1) to reply to his Salaam, (2) to visit him when he falls ill, (3) to attend his funeral when he passes away, (4) to accept his invitation and (5) to say "*Yarhamu Kallaah*" when he sneezes.

[Bukhaari 1240, from Hadhrat Abu Hurayrah τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ — The du'aa for an increase in knowledge

The following du'aa should be recited for one's knowledge to be increased:

رَّبِّ زِدْنِي عِلْمًا

TRANSLATION: **O my Rabb! Increase me in knowledge.**"

[Surah TaaHaa, verse 114]

(5) A Nafl — Directing a lost person

Rasulullaah ρ said that a person receives the reward of Sadaqah for giving directions to a lost person.

[Tirmidhi 1956, from Hadhrat Abu Dharr τ]

(6) A Sin — The consequences of reminding people of your favours to them

Rasulullaah ρ mentioned that amongst the three people who will not enter Jannah will be the one who disobeys his parents, the drunkard and the one who reminds people of his favours to them.

[Nasa'ee 2563, from Hadhrat Abdullaah bin Umar τ]

(7) This World — This world is a place of carrying out good deeds

Allaah says in the Qur'aan, "**Wealth and sons are merely adornments of this worldly life** *(that will not last forever)*. **The lasting good deeds** *(all good actions that one does in this world, the rewards of which are everlasting)* **are best in the sight of your Rabb in terms of reward and best in terms of expectations** *(because the expected rewards in the Aakhirah are guaranteed by Allaah)*".

[Surah Kahaf, verse 46]

(8) The Aakhirah — Even the greatest of good deeds will seem too little on the Day of Qiyaamah

Rasulullaah ρ said, "If a person remains constantly in the Masjid from the day he is born until he dies, he will regard even this to be too little on the Day of Qiyaamah."

[Ahmad 17198, from Hadhrat Muhammad bin Abi Umayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ — Cow's milk

Rasulullaah ρ said, "Allaah has sent down a cure for every illness and you will fine in cow's milk a sure for every illness."

[Mustadrak 7423, from Hadhrat Abdullaah bin Mas'ood τ]

Allaama Ibn Qayyim رحمه الله writes that if butter is rubbed on the gums of little children, it will cause their teeth to grow quickly. However, butter is harmful for a person suffering from an excess of phlegm.

[*Tibbun Nabawi*]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "If one of you sees a person who has more wealth and better looks than himself, he should them look at someone who has less then him (so that he may be grateful to Allaah)."

[Bukhaari 6490, from Hadhrat Abu Hurayrah τ]

Madrasah in Just Five Minutes

Safar

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	1
(1) Islaamic History	**Hadhrat Is'haaq υ**
Hadhrat Is'haaq υ lived in Shaam, from where he called the people to Allaah. It is in this region of Shaam that the Masjid of Baytul Muqaddas is situated, which Hadhrat Is'haaq υ himself built. This Masjid was the centre for his efforts. He had a pair of twin sons called Eesu and Ya'qoob. It was the progeny of Hadhrat Ya'qoob υ who are referred to as the Bani Israa'eel, meaning that all the Ambiyaa عليهم السلام of the Bani Israa'eel were from his offspring. They numbered approximately 3500. Hadhrat Is'haaq υ lived to the age of 180 and is buried in Madinatul Khaleel, which is presently called Hebron. There he is buried with his father Hadhrat Ibraheem υ.	
(2) Rasulullaah ρ's Miracle	**The sun is a sign of Allaah**
Allaah has created the sun, which we perceive as a ball of fire and has been shining for thousands of years. It is from this sun that we receive heat and light and it rises every day from the east and sets each day in the west. Now think for awhile who it is that provides fuel for the sun for all these years? Where is all the fuel coming from that allows us to have heat and light each day? Who is it that causes it to rise and set with such precision each day? Without doubt, it is only Allaah, Who has created us and everything else.	
(3) A Fardh	**Everything is created by the command of Allaah**
Allaah says in the Qur'aan, "**When He wills anything, His only command is to say, "Be!" and it comes into being. Pure is that Being in Whose hand lies the reins (control) of everything, and to Whom you will all be returned (after death)**". [Surah Yaaseen, verses 82-83] Allaah has created everything in the heavens and the earth by His sheer power. It is Fardh (obligatory) for us to believe this.	
(4) A Sunnah	**Bathing on a Friday**
Rasulullaah ρ said that although it is in order to perform wudhu on	

Fridays (for the Jumu'ah salaah), it is best to take a bath.
[Abu Dawood]

(5) A Nafl	**Going out in the path of Allaah**

Rasulullaah ρ said, "Standing for a brief while in the path of Allaah is better than performing salaah for sixty years at home. Do you not want your sins to be forgiven and to enter Jannah?"
[Mustadrak]

(6) A Sin	**The warning against showing dislike for the Sunnah**

Rasulullaah ρ said, "The person who shows dislike for my Sunnah is not from me (I have nothing to do with him)."
[Bukhaari]

(7) This World	**The example of this world**

Allaah says in the Qur'aan, "**Relate to them the example of this worldly life which is like the rain that We send from the sky, with which the plants of the earth mingle** *(causing them to flourish)***. Thereafter** *(the time comes when)* **they** *(the once flourishing plants dry up or are destroyed in some way, only to)* **become debris** *(broken bits and pieces)***, to be carried** *(dispersed)* **by the winds** *(after which there is no sign that they ever existed)***. Allaah always has control over everything** *(He can create and destroy as and when He pleases)*".
[Surah Kahaf, verse 45]

The things of this world are such that while they appear to be lush and green now, they will soon be left without trace.

(8) The Aakhirah	**Questioning about bounties on the Day of Qiyaamah**

When the verse "**Thereafter, on that day** *(of Qiyaamah)* **you will definitely be questioned about the bounties**" was revealed, the Sahabah ψ asked, "O Rasulullaah ρ! What are these bounties when all that we eat is half a belly of barley bread?" Allaah then revealed to Rasulullaah ρ that he should ask, "Do you then not wear shoes and drink cold water?"
[*Durrul Manthoor*]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of beetroot**

Rasulullaah ρ was once with Hadhrat Ali τ at Hadhrat Ummu Mundhir رضي الله عنهما's house when they were served some dates. When he had some, Rasulullaah ρ said to Hadhrat Ali τ, "Enough now Ali! You are still weak (recovering from your illness)." When Hadhrat Ummu Mundhir رضي الله عنهما then served them a dish with beetroot with barley, Rasulullaah ρ said to Hadhrat Ali τ, "O Ali! Eat this because it is good for you."
[Abu Dawood]

This dish consisting of beetroot with barley is extremely beneficial for people who are recovering from their illnesses and need to gain strength.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O children of Aadam! Adopt your** *(clothing of)* **beauty**

(dress well) **at every place of salaah** *(whenever you perform salaah)***. Eat, drink** *(what is Halaal without being greedy)* **but do not waste for indeed He** *(Allaah)* **does not like those who waste".**
[Surah A'raaf, verse 31]

(1) Islaamic History	Dhul Qarnayn and Ya'jooj Ma'jooj

The Qur'aan discusses the story of Dhul Qarnayn, who was a pious man from the Himyar tribe. Although there are several opinion about what his real name was, he is commonly known as Dhul Qarnayn. Allaah gave him kingship of the entire world and peace reigned throughout his kingdom. He was once passing by an area where the people complained to him about two very hostile tribes called the Ya'jooj and Ma'jooj, who were causing them great harm. Dhul Qarnayn then had a fortified wall constructed between two mountains to separate these people from the Ya'jooj and Ma'jooj so that they could be safe from their harm. The Ya'jooj and Ma'jooj will eventually break the wall down just before Qiyaamah during the period when Hadhrat Isa υ is on earth. They will eventually be destroyed when they will all fall ill after being bitten by poisonous insects.

(2) Allaah's Power	Healing a sword wound

When Hadhrat Salamah bin Akwa τ suffered a sword wound during the Battle of Khaybar, he approached Rasulullaah ρ for help. Rasulullaah ρ blew thrice on the wound, causing it to heal instantly.
[Bukhaari]

(3) A Fardh	It is necessary for salaah to be performed properly

Rasulullaah ρ said that the first thing that people will be questioned about on the Day of Qiyaamah will be their salaah. If the salaah is in order, so too will all the other deeds. However, if the salaah is found lacking, so too will all the other deeds.
[*Targheeb wat Tarheeb*]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for pious children

The following du'aa should be recited for pious children:
رَبِّ هَبْ لِي مِن لَّدُنْكَ ذُرِّيَّةً طَيِّبَةً إِنَّكَ سَمِيعُ الدُّعَاءِ
TRANSLATION: **My Rabb, grant me pure** *(pious)* **children from Yourself** *(by Your grace)*. **Without doubt You hear all prayers** *(and accept them)*.
[Surah Aal Imraan, verse 38]

(5) A Nafl	The virtues of Salaatud Duha

Rasulullaah ρ said, "The person who performs the *Duha* (*Chaast*) salaah regularly will have all his sins forgiven even though they may be

as many as the foam in the oceans."
[Tirmidhi]
The Duha salaah, also known as the Chaast salaah is performed after the Ishraaq salaah, when the sun has risen high. A minimum of two Rakaahs and maximum of twelve Rakaahs may be performed.

(6) A Sin	**Backbiting**
When the Sahabah ψ once asked Rasulullaah ρ what backbiting was, he replied that it entailed saying something about a person in his absence that he would not like. "But what if it is present within the person?" the Sahabah ψ asked. "Then this is backbiting," Rasulullaah ρ replied, "and if it is not, then it would be slander." [Tirmidhi] The sin of slander is worse than that of backbiting, so both need to be avoided.	
(7) This World	**The consequences of attaching oneself to this world**
Rasulullaah ρ said that the person who turns his attention to Allaah will have Allaah fulfil his every need and he will receive sustenance from avenues that he would never think of. As for the person who attaches himself to this world, Allaah then hands him over to the world (to secure his needs without Allaah's unseen assistance). [*Kanzul Ummaal*]	
(8) The Aakhirah	**Salvation is only through the mercy of Allaah**
Rasulullaah ρ said, "No person's actions can take him to Jannah or save him from Jahannam. Even I need Allaah's mercy to enter Jannah." [Muslim]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating the heart with barley**
Whenever someone in the household of Rasulullaah ρ suffered from fever, Rasulullaah ρ would tell them to eat barley *Hareera*, saying, "It strengthens the heart of the grieving person and washed the heart of a sick person just as any of you washes his face with water." [Ibn Maajah] Barley strengthens both the heart and the body. The barley *Hareerah* is made from roasted barley flour mixed with butter and sugar.	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "There is no Imaan in the one who is not trustworthy and no Deen in the one who does not keep his promise." [Ahmad]	

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	3

(1) Islaamic History	**Hadhrat Loot υ**

Hadhrat Loot υ was the nephew of Hadhrat Ibraheem υ. He believed in the Nabuwaat of Hadhrat Ibraheem υ from the time he was a child and was educated and nurtured by Hadhrat Ibraheem υ. When they returned from Egypt, Hadhrat Ibraheem υ settled in Palestine, while Hadhrat Loot υ settled in Sodom (in present day Jordan). The people of Sodom were disobedient people who practised the following three evils: (1) men fulfilled their lust with other men, (2) they robbed travellers and (3) they openly committed sins in their gatherings. Allaah sent Hadhrat Loot υ as a Nabi to the people of Sodom. Despite his tireless efforts in trying to convince them to change their ways, they refused to do so and threatened to stone him and expel him from the town. Allaah then sent some angels to inform Hadhrat Loot υ of the pending punishment, because of which he left the town late at night together with his followers. Early the next morning, a frightening scream killed the people of the town, after which Hadhrat Jibra'eel υ lifted the town into the sky and then flung it down with the upside down. Thereafter, a shower of stones rained down upon them. Thus, every one of them perished.

(2) Allaah's power	**The egg**

The egg has a fragile shell within which is a little bird. When Allaah decides that the bird emerges, He creates a beak on the little weak bird, which it uses to gradually break through the shell. It then eventually breaks through and starts to run about. Such is Allaah's power that He creates a running bird from an egg that contains only white and yellow liquid.

(3) A Fardh	**A branch of Imaan**

Rasulullaah ρ said, "Imaan has more than seventy branches, the greatest of which is to say '*Laa Ilaaha Illallaah'* and the least of which is to remove an obstacle from the road."
[Muslim]
It is Fardh (obligatory) to testify to the oneness of Allaah and to believe in it.

(4) A Sunnah	**Reminding a dying person of the Kalimah**

Rasulullaah ρ instructed people to remind the dying person to recite the Kalimah.
[Muslim]
Reminding the person refers to reciting the Kalimah aloud by the dying person so that he would also recite it.

(5) A Nafl	**Fasting for three days every month**

Rasulullaah ρ said that the equivalent reward of fasting for a year will be received when a person fasts three days every month during the days of *Beedh*.
[Nasa'ee]
The days of *Beedh* refers to 13th, 14th and 15th of the month.

(6) A Sin	**Refrain from relieving oneself on the road**

Rasulullaah ρ said, "Refrain from the two acts that attract curses." When the Sahabah ψ asked what these two acts were, Rasulullaah ρ replied, "To relieve oneself on a road and to do so at a place where people take shade."
[Muslim]

(7) This World	**The splendour of this world**

Rasulullaah ρ said, "What I fear most for you is that the world will reveal all her splendour to you."
[Bukhaari]

(8) The Aakhirah	**The scales of justice**

Allaah says in the Qur'aan, "**On the Day of Qiyaamah, We will erect the scales of justice** *(to weigh the good and bad actions of people)* **and no soul will be oppressed** *(wronged)* **in the least. Even if a deed** *(good or bad)* **is equal to the weight of a mustard seed, We shall bring it** *(to be weighed on the scales)***. We suffice as Reckoners** *(and need no one else for the task)*".
[Surah Ambiyaa, verse 47]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The therapeutic benefits of salaah**

Allaah says in the Qur'aan, "**Seek assistance with sabr and salaah**".
[Surah Baqara, verse 45]
Allaama Ibn Qayyim رحمه الله writes that salaah has the ability to pull sustenance, to repel laziness, to make the soul happy, to lend energy to the limbs, to feed the soul and to illuminate the heart. The gist is that salaah has the power to safeguard the good health of both body and soul.
[Zaadul Ma'aad]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Hold fast to Allaah** *(rely only on Him and only ask Him for assistance)***. He is your Protecting Friend.** *(He is)* **The Best Protecting Friend and the Best Helper** *(with Allaah as your Protecting Friend and Helper, you need no one else)*".
[Surah Hajj, verse 78]

(1) Islaamic History	Hadhrat Ya'qoob υ

Hadhrat Ya'qoob υ was the son of Hadhrat Is'haaq υ and therefore the grandson of Hadhrat Ibraheem υ. When he grew up, he left for the city Faddaan Araam in the north of Iraq upon consultation with his parents. He had twelve sons, the progeny of whom were the Bani Israa'eel, also known as the Jews. Hadhrat Ya'qoob υ's son Hadhrat Yusuf υ was also a Nabi. Hadhrat Ya'qoob υ moved to Kan'aan in Palestine after twenty years, where Allaah made him the Nabi for the guidance of the people there. He continuously called the people and the king to Allaah until he eventually moved to Egypt where his son Hadhrat Yusuf υ was. He then passed away in Egypt at the age of 147.

(2) Rasulullaah ρ's Miracle	Naming the Kuffaar to be killed at Badr

It was amongst the miracles of Rasulullaah ρ that the day before the Battle of Badr, he named all the Kuffaar who were to be killed in the battle together with the places where they would be killed. It then happened exactly as Rasulullaah ρ had stated and each one of them fell exactly where Rasulullaah ρ had pointed out.
[Muslim]

(3) A Fardh	The final bequest of Rasulullaah ρ

The final bequest that Rasulullaah ρ made was for people to guard their salaah and to fulfil the rights of their slaves.
[Abu Dawood]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa to pass away with patience and as Muslims

The following du'aa should be recited for death with Imaan:
رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا وَتَوَفَّنَا مُسْلِمِينَ
TRANSLATION: **O our Rabb! Grant us fortitude** *(patience)* **and give us death as Muslims** *(as people who submit themselves to You)***.**
[Surah A'raaf, verse 126]

(5) A Nafl	The reward of setting a slave free

Rasulullaah ρ stated that the reward of setting a slave free can be had by giving someone a goat that gives milk, by giving someone a loan or by directing someone on a road.
[Tirmidhi]

(6) A Sin	**The person who regards the verses of the Qur'aan to be false shall enter Jahannam**
Allaah says in the Qur'aan, "**Verily those who deviate from Our Aayaat are not hidden from Us** *(We are Aware of what they do and will punish them for it)***. Is the one whom We cast into the Fire better than the one who will arrive safely on the Day of Qiyaamah? Do as you please. Allaah is definitely Watching what you do.** *(Remember that you will be punished for your misdeeds in the Aakhirah)*". [Surah HaaMeem Sajdah, verse 40] The term "*deviate from our Aayaat*" means that such people regard the Aayaat to be false because of their enmity and then whistle and clap hands.	
(7) This World	**Three things a person is entitled to in this world**
Rasulullaah ρ stated that apart from three things, a person is not entitled to anything else in this world. These are (1) that amount of food by which his back can be kept straight, (2) that amount of clothing by which his body is covered and (3) a house to live in. A person will be questioned about everything apart from this. [Tirmidhi]	
(8) The Aakhirah	**The fragrance of Jannah**
Rasulullaah ρ said, "The fragrance of Jannah can be smelt from the distance of a journey of five hundred years." [*Targheeb wat Tarheeb*]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**The health benefits of bananas**
Allaah says in the Qur'aan, "**...and laden banana trees**". [Surah Waaqi'ah, verse 29] Allaama Ibn Qayyim رحمه الله writes that injuries to the chest, lungs, kidneys and bladder may be healed with bananas. [*Tibbun Nabawi*]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Complete the first row and then the rows thereafter. If there is any deficiency, then let it be in the last row (the front rows all need to be filled first)." [Nasa'ee]	

(1) Islaamic History	Hadhrat Yusuf υ

Hadhrat Yusuf υ was the son of Hadhrat Ya'qoob υ, the grandson of Hadhrat Is'haaq υ and the great grandson of Hadhrat Ibraheem υ. He was born in Faddaan Araam in Iraq and then moved with his parents to Palestine. He was one of the twelve sons of Hadhrat Ya'qoob υ, but only Bin Yaameen was his real brother. The other brothers had a different mother. His half brothers once threw him into a well, from where he was taken to Egypt by a group of travellers from Jordan. There he was sold as a slave to one of the king's ministers. After living in a palace for a while, he spent approximately 9 years in prison due to the conniving of the minister's wife. After being released from prison, he ascended to the throne and ruled with justice for approximately 80 years. He later passed away at the age of 110 years. His detailed story is found in the Qur'aan and full of lessons, wisdom and advices.

(2) Allaah's Power	Allaah's mercy and benevolence upon His creation

Allaah is extremely merciful and generous towards His creation and protects them in every way, whether they be on land or at sea. It is through His power that when the severe winter sets in and the danger exists of the waters freezing in some areas, Allaah protects the lives of the creatures in the sea by allowing a layer of ice to float above the water so that the water below does not freeze. As a result, the creatures underwater can live normally. By this power Allaah protects His creation wherever they may be.

(3) A Fardh	Believing in the divine books

Allaah says in the Qur'aan, "**Those (with Taqwa are they) who believe in what has been revealed to you (in the Qur'aan) and what has been revealed before you (in the Torah, the Injeel and other divine scriptures) and they are convinced about (the reality of) the Aakhirah**".

[Surah Baqara, verse 4]

This verse tells us that it is Fardh (obligatory) to believe in all the books Allaah has revealed and to regard them all as true.

(4) A Sunnah	Taking a bath after accepting Islaam

When Hadhrat Thumaamah bin Uthaal τ accepted Islaam, Rasulullaah ρ instructed him to take a bath and to then perform salaah.

[*Kanzul Ummaal*]

(5) A Nafl	**Teaching manners to your children**
Rasulullaah ρ mentioned that to teach some aspect of good manners to your child is better than spending a *Saa* (approximately 3.5kg) of grain in Sadaqah. [Tirmidhi]	

(6) A Sin	**The warning against begging merely to increase one's wealth**
Rasulullaah ρ said, "The person who begs from people merely to increase his wealth is really begging for a coal of Jahannam. He may therefore beg for more or for less." [Muslim]	
(7) This World	**The punishment for forgetting the Day of Qiyaamah**
Allaah says in the Qur'aan, "**Verily there shall be a severe punishment for those who deviate from Allaah's path because they forgot the Day of Reckoning**". [Surah Saad, verse 26]	
(8) The Aakhirah	**There shall be no death in Jahannam**
Allaah says in the Qur'aan, **"(In Jahannam,) They will call out (to the keeper of Jahannam saying,), 'O Maalik! Your Rabb should settle our matter (allow us to die instead of suffering here eternally).' He (Maalik) will reply, 'You people will certainly have to remain (here forever).".** [Surah Zukhruf, verse 77]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Cure for coughs**
When a person suffers from a cough, he should write the following verse of the Qur'aan 21 times on black salt: **وَشَدَدْنَا مُلْكَهُ وَآتَيْنَاهُ الْحِكْمَةَ وَفَصْلَ الْخِطَابِ** [Surah Saad, verse 20]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Call** *(people)* **to the path of your Rabb** *(Islaam)* **with wisdom and beautiful counsel** *(providing encouragement instead of causing resentment)* **and debate with them** *(the Kuffaar)* **in a manner that is best** *(without driving them further away from Islaam)*". [Surah Nahl, verse 125]	

(1) Islaamic History	Hadhrat Shu'ayb υ

Hadhrat Shu'ayb υ was from the progeny of Hadhrat Ibraheem υ's third son Madyan, who was born of his wife Qatoora. Allaah sent Hadhrat Shu'ayb υ as the Nabi to the people of Madyan and Ayka. The people of Madyan were urbanised people while the people of Ayka were rural people. Because Hadhrat Shu'ayb υ was capable of giving lectures in an extremely effective manner, Rasulullaah ρ referred to him as *Khateebul Ambiyaa* عليهم السلام (the orator of the Ambiyaa عليهم السلام). Apart from being idol worshippers, the people of Madyan also engaged in many other evils on an ongoing basis such as highway robbery, cheating in weight and measure, forcefully preventing people from the truth and causing general corruption and anarchy. The Qur'aan tells us how Hadhrat Shu'ayb υ tried to get the people to change their ways, but they only became his enemies and refused to listen to him. when Hadhrat Shu'ayb υ eventually lost hope in convincing them. He then told them to wait for three days before the punishment was to arrive. When the punishment did arrive, Allaah saved Hadhrat Shu'ayb υ and those with him and afflicted the Kuffaar with an earthquake and fire that rained down from the skies. By the morning, they were all lying face down in the ruins of their homes.

(2) Rasulullaah ρ's Miracle	Rasulullaah ρ foretells the fate of Hadhrat Ammaar τ

Rasulullaah ρ had told Hadhrat Ammaar τ that he will be martyred by a group of rebellious people, which is exactly what happened.
[Muslim]

(3) A Fardh	Paying zakaah on crops

Rasulullaah ρ mentioned that when crops are watered by natural means such as the rain, rivers and springs, a tenth of the produce should be paid as zakaah. However, if the crops are watered by other (mechanical) means such as boreholes, wells, etc, then it is Fardh (obligatory) for a twentieth of the crops to be paid as zakaah.
[Bukhaari]
Paying zakaah on crops is Fardh (obligatory) just as it is Fardh to be paid on merchandise.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	

Rasulullaah ρ recited the following du'aa whenever he was afflicted by pain and discomfort:
(PUT ARABIC)
[Bukhaari]

(5) A Nafl	**Not to complain about one's illness**

A Hadith states that Allaah says, "When I afflict my servant with any illness and he does not complain about Me to the people visiting him, then I shall deliver him from his illness, replace his flesh with better flesh and his blood with better blood so that he may start his deeds afresh."
[Mustadrak]

(6) A Sin	**The punishment for not paying zakaah**

Allaah says in the Qur'aan, "**Verily those who hoard** *(amass)* **gold and silver and do not spend it in the way of** *(for the pleasure of)* **Allaah** *(in zakaah)***, then give them the good news of a painful punishment** *(for hankering after worldly desires). (This punishment shall be meted to them on)* **The day when it** *(their gold and silver)* **will be heated in the fire of Jahannam and their foreheads, their sides and their backs will be branded** *(burnt)* **with it** *(because you turned your backs and your sides when you were asked to spend your wealth for Allaah's pleasure)***.** *(It will then be told to them)* **'This is what you used to hoard for yourselves, so taste** *(the punishment for)* **what you hoarded.'".**
[Surah Towbah, verses 34-35]

(7) This World	**Understand what is Halaal and what is Haraam**

Rasulullaah ρ said that a time will soon arrive when people will nor care whether their wealth is Halaal or Haraam.
[Bukhaari]
The truth of this statement of Rasulullaah ρ can be clearly seen in today's times when people have no concern about whether their wealth is acquired from Haraam or Halaal sources. This is regrettable because it is Fardh (obligatory) for a Muslim to abstain from Haraam.

(8) The Aakhirah	**Addressing the people of Jannah**

Rasulullaah ρ said, "An announcement will be made to the people of Jannah, saying, 'You will now always remain in good health and never fall ill. You will live forever and never die. You will always remain young and never grow old. You will always be rejoicing and never suffer sadness."
[Muslim]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Milk**

Rasulullaah ρ said, "Milk Thareed lends strength to the hearts of the ill

and expels grief." (This is made when bread or something else is mixed in milk and eaten) [*Zaadul Ma'aad*]
(10) Advice from Rasulullaah ρ
Rasulullaah ρ said, "Never drink wine because it is the root of all evil." [Ahmad]

(1) Islaamic History	Hadhrat Ayyoob υ

Hadhrat Ayyoob υ was amongst the Ambiyaa عليهم السلام of the Bani Israa'eel and therefore from the progeny of Hadhrat Ya'qoob υ. His mother also happened to be Hadhrat Loot υ's daughter. Hadhrat Ayyoob υ is regarded to be amongst the Arab Ambiyaa عليهم السلام since his hometown was a place near Damascus in the Bathaniyyah area. He was an extremely perseverant person, steadfast on his Deen, always pleased with Allaah's decree and always relying on Allaah. He was very wealthy and had many children. Allaah tested him by causing him to lose all his wealth, all his children and he was afflicted by a debilitating disease. However, Hadhrat Ayyoob υ exercised great patience and always remained grateful to Allaah. The only du'aa he made was to say, "O my Rabb! Affliction has ravaged me, but You are the Most Merciful of those who show mercy." Allaah accepted his du'aa and replaced his wealth and doubled his children. He eventually passed away at the age of 140 years.

(2) Allaah's Power	The colour, taste and fragrance of fruit

There are so many different types of fruit, each with its individual colour, taste and fragrance. Where do these colours, tastes and fragrances come from? If you cut the trees at their roots, you will find only sand and no colour, taste or fragrance. Where do the colours of the apples, the redness of the watermelon and the sweetness of the mango come from? These are only from the treasures of Allaah, about which the Qur'aan states, "**To Allaah belongs the treasures of the heavens and the earth but the hypocrites do not understand** *(this)*".
[Surah Munaafiqoon, verse 7]

(3) A Fardh	Accepting what Rasulullaah ρ said

Allaah says in the Qur'aan, "**Obey Allaah and the Rasool ρ so that mercy** *(salvation)* **is shown to you.** *(To obey Rasulullaah ρ is to obey Allaah because Allaah commands that Rasulullaah ρ be obeyed)*".
[Surah Aal Imraan, verse 132]
It is necessary for Muslims to obey Rasulullaah ρ in everything.

(4) A Sunnah	Going to bed soon after Isha

Rasulullaah ρ never went to be before the Isha salaah and never engaged in conversation after Isha, but went to bed.

[Ahmad]

(5) A Nafl	**Filling the gaps between the rows of salaah**
Rasulullaah ρ said that when a person fills a gap in a row of salaah, Allaah elevate a stage of his in Jannah and build him a mansion there. [*Targheeb wat Tarheeb*]	
(6) A Sin	**Vying in the construction of Masaajid is a sign of Qiyaamah**
Rasulullaah ρ said, "One of the signs of Qiyaamah is that people will boast as they vie to construct Masaajid (each one trying to build a more elaborate Masjid to show that he is superior than the other)." [Abu Dawood]	
(7) This World	**Carrying out the deeds of the Aakhirah with the intention of acquiring the world**
Rasulullaah ρ said, "Whoever carries out a deed of the Aakhirah with the intention of acquiring the world, his face will be disgraced, he will receive no accolade and his name will be written on the gate of Jahannam." [*Targheeb wat Tarheeb*]	
(8) The Aakhirah	**The wrath of Jahannam for the sinful ones**
Allaah says in the Qur'aan, "**When it** *(Jahannam)* **will see them from a distance** *(on the Day of Qiyaamah)***,** *(it will be so intense that)* **they will hear the roar of its fury and it's crackling** *(flames)***. When they are flung into a narrow place** *(in Jahannam)* **with their hands and feet in shackles, they will cry out for destruction** *(they will plead for death to come to them)*". [Surah Furqaan, verses 12-13]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Using *Neel***
Rasulullaah ρ said that the best substances with which white hair may be dyed is henna and *Neel*. [Tirmidhi] What is *Neel*? Allaama Ibn Qayyim رحمه الله writes that *Neel* is a plant that grows in fields. Its leaves resemble those of the olive tree and the plant itself grows as high as the height of people. It grows something that looks like black chillies, but which have a seed in the centre. It is very effective as a hair dye. [*Tibbun Nabawi*]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**The likeness of those who spend in the way** *(obedience)* **of Allaah is like a grain which grows seven ears, in every ear** *(there are)* **a hundred grains** *(like this, whatever a person spends will be multiplied seven hundred times)***. Allaah increases** *(more then seven hundred times)* **for those whom He wills. Allaah is All Embracing** *(His grace surrounds all)***, All Knowing** *(He knows who deserves more)*". [Surah Baqara, verse 261]	

(1) Islaamic History	Hadhrat Luqmaan υ the Wise

Approximately 3000 years before Hadhrat Isa υ, there lived a very pious man in Arabia called Hadhrat Luqmaan υ. He was the nephew of Hadhrat Ayyoob υ (sister's son) and his origins are traced to the Nubians of Sudan. He arrived in Arabia as a slave and was a very pious, abstinent, wise and intelligent man and his words of wisdom have been preserved as *Sahifa Luqmaan* by the Arabs. His wise words are also quoted in the Qur'aan in Surah Luqmaan. The Qur'aan quotes the following words that were his parting advices to his son, "**"O my beloved son! Do not ascribe partners to Allaah. Without doubt, Shirk is the worst injustice".**
[Surah Luqmaan, verse 13]
He also said, "**O my beloved son! Establish salaah, instruct** *(others to do)* **good, forbid** *(them from)* **evil and patiently endure whatever** *(difficulty)* **afflicts you. Verily, this** *(ability to bear difficulties with patience)* **is from among the most resolute of matters** *(demanding the most courage and determination)***." Do not** *(out of pride)* **turn your face away from people** *(refusing to listen to them)* **and do not walk arrogantly on earth. Verily Allaah detests every arrogant boaster".**
[Surah Luqmaan, verse 17-18]

(2) Rasulullaah ρ's Miracle	Rasulullaah ρ foretells of a time when prosperity will be widespread

Hadhrat Adi τ reports that Rasulullaah ρ once said to him, "If you live long enough, you will see that a man will bring a handful of gold and silver to spend in charity but will not be able to find any poor person to give it to."
[Bukhaari]
Ulema write that Hadhrat Adi τ lived to the age of 120 years and experienced the period when this really happened during the Khilaafah of Hadhrat Umar bin Abdul Aziz رحمه الله.

(3) A Fardh	True testimony

Rasulullaah ρ said that giving false testimony is akin to committing Shirk. Rasulullaah ρ repeated this three times.
[Abu Dawood]
Note that just as it is Fardh (obligatory) to abstain from Shirk, so too is it Fardh to abstain from false testimony.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa to be safeguarded against Jahannam

The following du'aa should be recited to be saved from Jahannam:

رَبَّنَا مَا خَلَقْتَ هَذَا بَاطِلاً سُبْحَانَكَ فَقِنَا عَذَابَ النَّارِ

TRANSLATION: **Our Rabb You have not created all this without a purpose!** *(These things certainly display Your power and greatness and have not been created in vain).* **We glorify Your purity** *(none can ever be equal to You)* **so save us from the punishment of the Fire** *(of Jahannam)***."**
[Surah Aal Imraan, verse 191]

(5) A Nafl	**Preparing someone to go out in the path of Allaah**
Rasulullaah ρ said that the person who prepares another to go out in the path of Allaah will also get the reward of going out in the path of Allaah. [Muslim]	

(6) A Sin	**Lying to entertain people**
Rasulullaah ρ said, "Destruction be for the person who speaks lies merely to make people laugh. Destruction be for him! Destruction be for him!" [Abu Dawood]	
(7) This World	**Halaal Earnings**
Rasulullaah ρ said, "Never think that your sustenance is far off because a person will never die until he has not received his allotted sustenance. You should therefore choose the best manner of earning your sustenance. Earn Halaal sustenance and forsake Haraam." [Mustadrak]	
(8) The Aakhirah	**The people of Jannah will see Allaah**
Looking at the full moon one night, Rasulullaah ρ said, "You will be able to see your Rabb (in Jannah) just as you can see the moon without any difficulty." [Bukhaari]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Salt**
Rasulullaah ρ said, "Salt is the best of gravies." [Ibn Maajah] This means that even if there is no gravy, salt can be eaten with bread. Allaama Ibn Qayyim رحمه الله writes that salt improves the food as well as the body. He writes also that white salt is best and that salt cleans the teeth, removes dirt from them and even strengthen the gums. Even today's dentists recommend salt to treat gum diseases. [*Tibbun Nabawi*]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "The generous person is close to Allaah, close to Jannah, close to the people and far from Jahannam. On the other hand, the miserly person is far from Allaah, far from Jannah, far from people and close to Jahannam. The ignorant person who is generous is more	

beloved to Allaah than the learner scholar who is miserly.”
[Tirmidhi]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	9

(1) Islaamic History	**Hadhrat Moosa υ**
Hadhrat Moosa υ was one of the most prominent of the Ambiyaa عليهم السلام amongst the Bani Israa'eel and Allaah has spoken much about him in the Qur'aan. His father's name was Imraan and his mother's name was Yukabid. Because he had the honour of speaking directly to Allaah, he received the title of *Kaleemullaah*. He was born in Egypt during a time when Fir'oun was ruling. Together with all the oppression he committed against the Bani Israa'eel, Fir'oun also killed all their male children and claimed to be Allaah. It was through Hadhrat Moosa υ that Allaah rescued the Bani Israa'eel from the oppression of Fir'oun and caused him to drown in the sea together with his army.	
(2) Allaah's Power	**The heart**
Allaah has given us all a heart, which serves an extremely important function. It is a piece of flesh that beats all the time without tiring. It pumps blood to all the organs of the body throughout the day and night, regardless of whether a person is awake, asleep or doing anything else. A person's life would come to an end if the heart had to stop out of exhaustion, but Allaah keeps it beating all the time through His immense power.	
(3) A Fardh	**Performing Tayammum when no water is available**
Rasulullaah ρ said, "Clean sand is a means of purification for the Muslim even if he does not find water for ten years. Should he then find water, he should pour it over his body (perform wudhu and ghusl)." [Abu Dawood]	
(4) A Sunnah	**Greeting the family at home**
Rasulullaah ρ said, "Greet the family when you enter the home and greet them also when you leave." [Bayhaqi]	
(5) A Nafl	**Istighfaar in abundance**
Rasulullaah ρ said, "The person who desires to receive his record of deeds happily should engage in *Istighfaar* in abundance." [Tabraani]	

(6) A Sin	**Salaah is not accepted when the parents are unhappy**
Rasulullaah ρ said that a person's salaah will not be accepted when his parents are unhappy with him for good reason. [*Kanzul Ummaal*] This warning applies to the person who angers his parents for a reason that is not valid in the Shari'ah.	
(7) This World	**The things of this world are temporary**
Allaah says in the Qur'aan, "**What** *(pleasures and wealth)* **is with you** *(in this world)* **shall come to an end and what is with Allaah** *(the pleasures of the Aakhirah)* **will last forever. We shall most definitely reward those who are exercise sabr for the good deeds that they do".** [Surah Nahl, verse 96]	
(8) The Aakhirah	**Upon which people will Qiyaamah come**
Rasulullaah ρ said that Qiyaamah will take place upon the worst of people. [Muslim] The system of the world will continue for as long as a single person remains alive who takes the name of Allaah. When such people are no more, only the worst of people will be left on earth and then Qiyaamah will take place.	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Henna**
When people complained to Rasulullaah ρ about headaches, he advised them to resort to cupping and when they complained about pains in the feet, he advised them to use henna. [Abu Dawood]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**O you who have Imaan! When you contract a debt for a fixed period** *(of time)* **then write it down".** [Surah Baqara, verse 282]	

(1) Islaamic History	Hadhrat Haaroon υ

Hadhrat Haaroon υ was the real brother of Hadhrat Moosa υ. He was born three years before Hadhrat Moosa υ and passed away three years earlier. His life is therefore linked to the life of Hadhrat Moosa υ. When Allaah instructed Hadhrat Moosa υ to call Fir'oun to believe in Allaah, he asked Allaah to make his brother Hadhrat Haaroon υ a Nabi as well so that he could join him in the duty. Allaah accepted his du'aa and the two brothers therefore went together to address Fir'uon and to secure safety for the Bani Israa'eel from Fir'oun's tyranny. When Hadhrat Moosa υ went to Mount Toor to speak to Allaah, he left Hadhrat Haaroon υ with the Bani Israa'eel. It was during this period of time that the magician Saamiri deceived the Bani Israa'eel into worshipping the calf. Hadhrat Moosa υ was furious when he returned, but Hadhrat Haaroon υ explained to him that the Bani Israa'eel had threatened to kill him when he tried to prevent them from worshipping the calf. Hadhrat Moosa υ then calmed down, since Hadhrat Haaroon υ was involved with him from the very beginning in the effort to guide the Bani Israa'eel to the staright path.

(2) Rasulullaah ρ's Miracle	Hadhrat Muhammad bin Haatib τ is cured

As a child, Hadhrat Muhammad bin Haatib τ was brought to Rasulullaah ρ by his mother at a time when he had burnt his hand. "O Rasulullaah ρ!" his mother said, "This is Muhammad bin Haatib, who is the first child to be named after you. Rasulullaah ρ passed his hand over the child's head and prayed for him to be blessed. Rasulullaah ρ then also applied some of his blessed saliva on the child's face and on his hand, as he recited the du'aa:

أَذْهِبِ الْبَأْسَ رَبَّ النَّاسِ وَ اشْفِ أَنْتَ الشَّافِي لا شِفَاءَ إِلاَّ شِفَاءُكَ شِفَاءً لاَ يُغَادِرُ سَقَماً

The mother relates that they had not yet even left the presence of Rasulullaah ρ when her son's hand had been completely cured.

[*Mustadrak* of Haakim]

(3) A Fardh	Allaah will bring everyone back to life

Allaah says in the Qur'aan, "**It is Allaah Who has created you, then sustains you, will then give you death and again give you life** *(on the Day of Qiyaamah)*".
[Surah Room, verse 40]

It is Fardh (obligatory) to believe that everyone will be brought back to life after death, which is referred to as "*Ba'th ba'dal Maut* (بعث بعد الموت)".	
(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**The du'aa for everything to be taken care of**
Rasulullaah ρ said that when a person recites the following du'aa when leaving the house, everything will be taken care of, he will be protected and saved from Shaytaan: PUT ARABIC [Tirmidhi]	
(5) A Nafl	**Reciting Surah Kaafiroon before sleeping**
Rasulullaah ρ said that the person who recites the entire Surah Kaafiroon before going to bed will be saved from Shirk. [Tirmidhi]	

(6) A Sin	**It is Haraam to regard something as Haraam when it is Halaal**
Allaah says, "**O you who have Imaan! Do not forbid** *(declare as unlawful)* **the pure things that Allaah has permitted** *(made lawful)* **for you** *(by regarding something Halaal as Haraam)* **and do not overstep** *(do not exceed the limits of the Shari'ah)***. Surely Allaah does not like those who overstep** *(exceed limits)*". [Surah Maa'idah, verse 97]	
(7) This World	**Forsake the beauty of this world**
Rasulullaah ρ said that the person whose desires the Aakhirah should forsake the glitter and glamour of this world. [Ahmad]	
(8) The Aakhirah	**Seeing Allaah in Jannah**
Rasulullaah ρ said that the most fortunate person in Jannah shall be the one who will be able to see Allaah day and night. [Tirmidhi]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Marrow**
Hadhrat Anas τ reports that he was eating with Rasulullaah ρ when he noticed that Rasulullaah ρ was searching in the plate for the pieces of marrow (*Dodhi*) to eat. Hadhrat Anas τ says that it was from that day on that he began to love eating marrows. [Bukhaari] Allaama Ibn Qayyim رحمه الله writes that the cool and wet nature of marrows make them beneficial in treating fever and its water effectively treats *Istisqaa* (an illness that causes the patient to suffer extreme thirst). When the marrow is cooked and the juices mixed with honey, the resultant mixture effectively dispels yellow bile and phlegm. [*Tibbun Nabawi*]	

(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Greed, miserliness and Imaan can never be found together in the same heart." [Nasa'ee] A Muslim can never be greedy and miserly and must always save himself from these evil traits.	

(1) Islaamic History	The birth of Hadhrat Moosa υ

The birth, the upbringing, the migration, the marriage and the Nabuwaat of Hadhrat Moosa υ are all signs of the power of Allaah. Hadhrat Moosa υ was born amongst the Bani Israa'eel and, according to the narrative in the Qur'aan, his mother placed him in a box after he was born and then placed the box in the river to be carried away. When the box floated past the palace of Fir'oun, his wife saw it and asked for it to be brought to her. When she saw the child in the box, Allaah filled her heart with love for the child and she convinced her husband to allow her to adopt him. Hadhrat Moosa υ was therefore brought up as a prince in the palace of Fir'oun. Such is the power of Allaah! Whereas it was out of fear of Hadhrat Moosa υ himself that Fir'oun killed so many little boys of the Bani Israa'eel, the same Hadhrat Moosa υ was brought up right in front of Fir'oun's own eyes in his palace. When he was a young man, Hadhrat Moosa υ was assisting someone from the Bani Israa'eel against a man from Fir'oun's people. When Hadhrat Moosa υ punched the man, the man happened to die. This incident, although unintentional, angered Fir'oun and his people and they decided to have Hadhrat Moosa υ killed in retaliation. Fearing for his safety, Hadhrat Moosa υ left from Egypt and went to Madyan, where he met Hadhrat Shu'ayb υ. He served Hadhrat Shu'ayb υ for ten years, during which time, Hadhrat Shu'ayb υ handed his daughter Safoora رضي الله عنها in marriage to Hadhrat Moosa υ. Hadhrat Moosa υ was then on a journey out of Madyan and passing through the valley of Tuwa when Allaah informed him that he was a Nabi and had to go and invite Fir'oun towards the oneness of Allaah. He then left for Egypt, where, together with his brother Hadhrat Haaroon υ, he engaged himself in the effort to reform the Bani Israa'eel and invite Fir'oun and his people to the oneness of Allaah.

(2) Allaah's Power	Fingerprints

Allaah says in the Qur'aan, "**We have the power to perfect even his fingertips**". [Surah Qiyaamah, verse 4]

In this verse, Allaah points towards His tremendous power in that the fingertips of every person is unique and unlike those of any other person. If we combine the fingerprints of millions of people, we will be surprised to note that each one of them is different from the other. You

will not find any pair of people whose fingerprints match. How great is the power of Allaah that He has created every person's fingerprints different and will even recreate them to the exact match when people were resurrected on the Day of Qiyaamah!	
(3) A Fardh	**For the husband to spend on the wife**
Rasulullaah ρ said, "It is obligatory for you to provide food and clothing for your women according to your means." [Muslim]	
(4) A Sunnah	**Miswaak is a means of securing the pleasure of Allaah**
Rasulullaah ρ said, "The Miswaak is a means of cleansing the mouth and of attaining Allaah's pleasure." [Ibn Maajah]	
(5) A Nafl	**The virtues of Dhikr**
Rasulullaah ρ said that a date palm will be planted in Jannah for the person who recites, "سُبْحَانَ اللهِ وَ بِحَمْدِهِ (*'Subhaanallaah was Bihamdihi'*)". [*Targheeb wat Tarheeb*]	

(6) A Sin	**Causing harm to the neighbour**
Rasulullaah ρ said that the person who believes in Allaah and the Last Day should never cause any harm to his neighbour. [Bukhaari]	
(7) This World	**The system of this world**
Allaah says in the Qur'aan, "**We distribute their livelihood among them in this worldly life and** *(thereby)* **elevate the ranks of some of them above others so that they may derive benefit from each other** *(by being interdependent)*". [Surah Zukhruf, verse 32] If every person on earth had the same amount of wealth as the other, none would be prepared to do anything for the other, thereby making life very difficult for everyone.	
(8) The Aakhirah	**The fruit of Jannah**
Allaah says in the Qur'aan, "**Its shade** *(the shade of the trees)* **will be close above them and its bunches of fruit will hang low** *(from the trees, making it within easy reach)*". [Surah Dahar, verse 14]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating weakness in the mind with marrow**
Rasulullaah ρ said, "Keep eating marrows because it sharpens the intellect and strengthens the mind." [*Kanzul Ummaal*]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**So ignore him who turns away from Our advice and who desires only the life of this world**". [Surah Najm, verse 29]	

(1) Islaamic History	The miracles of Hadhrat Moosa υ

When Fir'oun refused to accept the Da'wah, Hadhrat Moosa υ had to resort to miracles. The Qur'aan states that when Hadhrat Moosa υ threw his staff to the ground, it turned into a snake by the command of Allaah. When he placed his hand under his armpit and then removed it, it shone so brightly that it dazzled the people's eyes. However, rather than accept these as signs that Hadhrat Moosa υ was Allaah's Nabi, Fir'oun and his people called Hadhrat Moosa υ a magician. Fir'oun's advisors told him to arrange a competition so that all the magicians of Egypt could compete against Hadhrat Moosa υ. Fir'oun approved of the idea and arrived to challenge Hadhrat Moosa υ. They were the first to throw down their staffs, all of which appeared to be snakes that filled the area. This startled Hadhrat Moosa υ but Allaah assured him that he had nothing to fear because Allaah's help was with him. When Hadhrat Moosa υ then threw down his staff, Allaah made it turn into a large serpent, which ate up all the "little snakes" of the magicians. When they saw this, all the magicians accepted Imaan, thus destroying the hopes that Fir'oun entertained. Such does the truth always prevails and overcomes falsehood.

(2) Rasulullaah ρ ρ's Miracle	A stick becomes a sword

During the Battle of Badr, Rasulullaah ρ gave Hadhrat Ukaasha τ a dry twig, which then became a sword in his hand. He used it to fight in the Battle of Badr and it remained with him throughout his life.
[Usudul Ghaabah]

(3) A Fardh	Rasulullaah ρ was the final Nabi

Allaah states in the Qur'aan, "**He (Rasulullaah ρ) is Allaah's Rasool and the seal of all Ambiyaa (after whom there shall never come another Nabi)**".
[Surah Ahzaab, verse 40]
It is Fardh (obligatory) to believe that Rasulullaah ρ was the final Nabi, after which no other will come to this world.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for forgiveness and mercy

The following du'aa should be recited for forgiveness and mercy:

TRANSLATION: **O our Rabb! We have Imaan, so forgive us and have mercy on us. Indeed You are the Best of those who show mercy.**
[Surah Mu'minoon, verse 109]

(5) A Nafl	**Raising an orphan**
Rasulullaah ρ once held his index and middle fingers together and said, "The one who raises an orphan and myself will be like this on the Day of Qiyaamah." [Tirmidhi]	

(6) A Sin	**Following the Deen to acquire the world**
Allaah says in the Qur'aan, "**Among man is one who worships Allaah like a person on edge** *(unsure and unstable, capable of being diverted from Allaah's worship by the smallest doubt)*. **If any good** *(of this world)* **comes to him, he is content with it** *(following the Deen)*. **However, if any trial overtakes him, his face turns** *(direction and he reverts to kufr)*. *(By doing this,)* **He is at a loss in this world and in the Aakhirah** *(because he will suffer in both worlds)*. **This is the manifest loss**". [Surah Hajj, verse 11]	
(7) This World	**Fearing death and a loss in wealth**
Rasulullaah ρ said that people fear two things although these are really good for them. They fear death, whereas death saves them from all trials and they fear loss in wealth whereas the less they have, the less they will be required to account for. [Ahmad]	
(8) The Aakhirah	**The pond of Kowthar**
Rasulullaah ρ said, "The distance across my pond is a month's journey. The water is whiter than water, its fragrance better than musk and its cups more sparkling than the stars. Whoever drinks from there shall never again be thirsty." [Bukhaari]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Goat's milk**
Hadhrat Anas τ reports that that a goat was milked and its milk mixed with water from the well of Hadhrat Anas τ. When this was then presented to Rasulullaah ρ, he drank it. [Bukhaari] Allaama Ibn Qayyim رحمه الله writes that goat's milk is the best of all milk, followed by cow's milk and then camel's milk. Goat's milk is light and moderate and especially effective for tuberculosis. [*Mu'aalajaatun Nabawi*]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "The person who desires that his sustenance and lifespan be increased should join family ties." [Bukhaari]	

(1) Islaamic History	Allaah punished Fir'oun

When the Da'wah and miracles of Hadhrat Moosa υ had no effect on Fir'oun and he continued intensifying his oppression of the Bani Israa'eel, a series of punishments started to come to him and his people. First there was a drought, followed by a plague of locusts, an infestation of lice, an invasion of frogs and then the punishment of blood. However, the hearts of Fir'oun and his people had become so hard that nothing had an effect on them any more and they continued their aggression against the Bani Israa'eel. Hadhrat Moosa υ eventually instructed the Bani Israa'eel to leave for Baytul Muqaddas under cover of the night. They, however, lost their way in the darkness and were confronted by the Red Sea when Fir'oun and his army caught up with them. Allaah instructed Hadhrat Moosa υ to strike the sea with his staff and when he did so, roads opened up for them across the sea and they crossed over. When Fir'oun and his army followed them across, the sea closed up and they were all drowned.

(2) Allaah's Power	Mother's milk

Allaah says in the Qur'aan, "**Mothers should breastfeed their children for two whole years**".
[Surah Baqara, verse 233]

Mother's milk is a most nutritious feed with benefits that are too numerous to mention. It cannot be adequately substituted by any formula or milk of any animal. If a mother does breastfeed her child for two full years, the child will develop an effective resistance against diseases and the mother will also not have to worry about suffering from breast cancer. Medical science has discovered this only now whereas Islaam has encouraged it for over 1400 years. There is certainly tremendous good in everything that Allaah has commanded us to do.

(3) A Fardh	Being happy with the Deen of Islaam

Rasulullaah ρ said, "The sweetness of Imaan has been tasted by the person who is happy with Allaah as His Rabb, Muhammad ρ as his Nabi and Islaam as his Deen."
[Muslim]

(4) A Sunnah	Using the Miswaak

Rasulullaah ρ said, "The mouth is an avenue for the recitation of the Qur'aan, so keep it clean with the Miswaak."
[Ibn Maajah]

(5) A Nafl	**Shaking Hands**

Rasulullaah ρ said, "When two Muslims meet and shake hands, they will both be forgiven even before they part."
[Tirmidhi]

(6) A Sin	**Giving Sadaqah with Haraam wealth**

Rasulullaah ρ said that when a person amasses Haraam wealth and then uses it to give Sadaqah, then rather than receiving any rewards, he will receive the exact opposite.
[*Mustadrak* of Haakim]

(7) This World	**The things of this world are temporary**

Allaah says in the Qur'aan, "**Tell them, "The comfort** *(enjoyment)* **of this world is short. The Aakhirah is best for those who have Taqwa**".
[Surah Nisaa, verse 77]

(8) The Aakhirah	**The sky will split**

Allaah says in the Qur'aan, **"The sky will be split and become absolutely weak** *(unable to remain standing)* **that day with the angels** *(who live there)* **at its ends** *(because the sky will collapse at the centre,, the angels living there will move to the sides)***. That day eight angels shall carry the throne of your Rabb above them** *(and bring it to the Plains of Reckoning)***. On that day, you will all be presented and nothing** *(no action or word)* **of yours shall be remain hidden."**
[Surah Haaqa, verses 16-18]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Camphor**

Allaah says in the Qur'aan, "*(On the other hand)* **The righteous** *(Mu'mineen)* **shall certainly drink from a cup which contains a** *(drink made from a)* **mixture of camphor**"
[Surah Dahar, verse 5]

Allaama Ibn Qayyim رحمه الله writes that a bleeding nose can be treated by inhaling the vapours from camphor. This also makes the mind alert and strengthens the memory. Camphor is also used in modern medicine to treat phlegm, tuberculosis, poisoning, mouth ulcers, mental weakness, headaches and burning within the kidneys and liver.
[*Mu'aalajaatun Nabawi*]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Indeed those who reject our Aayaat and behave arrogantly towards them** *(refusing to believe them)***, the doors of the heavens will not be opened for them** *(their souls will not be allowed into the heavens after death)* **and they will not enter Jannah until a camel enters through the eye of a needle** *(it will be impossible for them to enter Jannah)***. Thus do We punish the criminals** *(who are guilty of kufr)*".
[Surah A'raaf, verse 40]

(1) Islaamic History	The bounties showered on the Bani Israa'eel and their rebelliousness

The second phase of the history of the Bani Israa'eel starts after the destruction of Fir'oun and his people. After crossing over the Red Sea, they then entered Arabia into what is known as the Valley of Sinah and Teeh, where water and plant life is very scarce. Allaah's bounties were then showered upon them since they did have two of Allaah's honoured Ambiyaa عليهم السلام amongst them. Allaah sent clouds to shade them from the harsh sun, he caused twelve springs to gush forth for them from a rock and Allaah sent *Manna* and *Salwa* from the heavens for them to eat. Allaah also gave them a new Shari'ah when he revealed the Torah to Hadhrat Moosa υ. However, they did not take proper benefit from these bounties and started to disobey Hadhrat Moosa υ. A large group from them started to worship the calf with Saamiri, thus deserving Allaah's punishment. It was also as a form of punishment for their insolence that they were forced to wander lost in the Valley of Teeh for forty years, because of which they never had the privilege of entering Baytul Muqaddas. May Allaah save us from people who are disobedient to their Nabi υ.

(2) Rasulullaah ρ's Miracle	Rasulullaah ρ's ability to see behind him

Rasulullaah ρ once said to the Sahabah ψ, "Do you people think that I can see only in front of me? By Allaah! Your concentration, humility and Ruku (in salaah) is not hidden from me and I can see you behind me as well."
[Bukhaari]

(3) A Fardh	The wealth of orphans

Allaah says in the Qur'aan, "**If** *(after training and testing the orphans)* **you notice that they understand, then hand over their wealth to them**".
[Surah Nisaa, verse 6]
If any Muslim has the wealth of an orphan in his trust, it is Fardh (obligatory) for him to hand it over to the orphan when s/he comes of age.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa to have children

The following du'aa should be recited when a person wants to have children:

ARABIC

TRANSLATION: **O my Rabb! Do not leave me childless when You are the Best** *(and only One)* **of** *(those who provide)* **Successors.**

[Surah Ambiyaa عليهم السلام, verse 89]

(5) A Nafl	**The Tasbeeh Faatimi**

Rasulullaah ρ said that a person will never be at a loss if he recites سُبْحَانَ اللهِ ('Subhaanallaah') 33 times, الْحَمْدُ لِلَّهِ ('Al Hamdulillaah') 33 times and اللهُ أَكْبَر ('Allaahu Akbar') 34 times.

[Muslim]

(6) A Sin	**Dressing to impress people**

Rasulullaah ρ said that when a person dresses to impress in this world, he will be given the clothing of disgrace on the Day of Qiyaamah, which will be filled with fire.

[Ibn Maajah]

(7) This World	**Turning away from this world**

Rasulullaah ρ said that when a person does not have any desire for this world, it gives comfort to his body and mind, whereas hopes and desires for this world only increases grief and worry.

[*Kanzul Ummaal*]

(8) The Aakhirah	**The buildings of Jannah**

Rasulullaah ρ said that the buildings of Jannah will have bricks of gold and silver with the mortar in between made of pure musk. The pebbles will be pearls and rubies, while the sand will be saffron.

[Tirmidhi]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Drinking in three sips**

Rasulullaah ρ drank in three sips and said that this promotes calm, protects against diseases and difficulties and also allows proper digestion.

[Muslim]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Guard against suspicion because it is the greatest of lies."

[Bukhaari]

(1) Islaamic History	The Torah

One of the four books that Allaah revealed was the Torah, which was given to Hadhrat Moosa υ. The Qur'aan relates that when Hadhrat Moosa υ went to Mount Toor for forty days, he appointed Hadhrat Haaroon υ as his deputy while he was away. Seizing the opportunity, a hypocrite by the name of Saamiri made a calf out of gold and then deceived the Bani Israa'eel into worshipping it. When Hadhrat Haaroon υ tried to stop the people, they threatened to kill him. When the 40 days were over, Hadhrat Moosa υ returned with the Torah inscribed on stone tablets. He was extremely angry when he saw what the Bani Israa'eel were doing. After Hadhrat Haaroon υ had explained to him what had transpired, Hadhrat Moosa υ cursed Saamiri, who became insane. When Hadhrat Moosa υ asked Allaah what was to be the plight of those who worshipped the calf, Allaah told him that their repentance would be accepted if they executed their relatives who had perpetrated the crime. In this manner, thousands of them were executed. Hadhrat Moosa υ then pleaded to Allaah to forgive them regardless, which Allaah did and the executions were stopped. The Torah present today is not the original Torah that was revealed to Hadhrat Moosa υ because many changes have been made to it.

(2) Allaah's Power	The Human Body

Allaah has created the human body with great wisdom, which contains many testimonies to Allaah's tremendous power. Amongst these are the many blood vessels that run throughout the body to carry blood to the various parts of the body. They are so numerous in number that if they have to be removed and placed end to end, they would circle the earth three times.

(3) A Fardh	The status of salaah

Rasulullaah ρ said, "The one who has no wudhu has no salaah and whoever has no salaah has no Deen. The status of salaah in Islaam is like the head in the body. Just as a body cannot live without the head, so too can Deen not live without salaah."
[*Targheeb wat Tarheeb*]

(4) A Sunnah	Refunding people for returned goods

Rasulullaah ρ said, "When someone cancels the transaction of a

regretful person (refunds him for returned goods), Allaah will cancel his sins on the Day of Qiyaamah."
[Abu Dawood]

(5) A Nafl	**Assisting widows and the poor**

Rasulullaah ρ said, "The person who assists the widow and the poor is like the person who is engaged in Jihaad in the path of Allaah, who is fasting all day and performing salaah all night."
[Bukhaari]

(6) A Sin	**Two major sins**

Rasulullaah ρ once asked, "Should I not inform you of the worst of all sins?" Rasulullaah ρ repeated this thrice as the Sahabah ψ begged to be informed. Rasulullaah ρ replied, "Committing Shirk and disobeying your parents."
[Bukhaari]

(7) This World	**The life of this world is a deception**

Allaah says in the Qur'aan, "**The life of this world is merely an enjoyment of deception** *(because after a limited period of enjoyment, it will come to an end)*".
[Surah Aal Imraan, verse 185]

(8) The Aakhirah	**The screams of the people in Jahannam**

Allaah says in the Qur'aan, "**As for those who will be unfortunate, they will certainly be in the Fire, where they will scream and shout** *(with sounds resembling the braying of a donkey)*".
[Surah Hood, verse 106]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Honey as treatment for stomach ailments**

A man once came to Rasulullaah ρ saying, "My brother is suffering from diarrhoea." "Give him honey to drink," Rasulullaah ρ said. The man went, gave honey to his brother and then returned saying, "O Rasulullaah ρ! I gave him honey but it only made his diarrhoea worse." "Go and give him honey to drink," Rasulullaah ρ repeated. The man went, again gave his brother honey and then returned yet again saying, "His diarrhoea is now even worse." Rasulullaah ρ said, "Allaah speaks the truth and it is your brother's belly that is lying. Go and give him honey." This time when the man gave honey to his brother, he was completely cured.
[Bukhaari]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Do not make a joke of** *(do not treat lightly)* **Allaah's Aayaat** *(by mocking them and by disobeying Allaah's commands)***. Remember the favour of Allaah to you and the Book** *(Qur'aan)* **and wisdom** *(laws of the Qur'aan and Ahaadeeth)* **which He has revealed to you, giving you advice through them** *(show your gratitude by obeying all His commands)***. Fear Allaah** *(in all matters)* **and know that surely Allaah is Aware of**

everything *(and will call you to account for all your actions)*" **.**
[Surah Baqara, verse 231]

(1) Islaamic History	Qaaroon

Amongst the most prominent people to oppose Hadhrat Moosa υ was his very own cousin Qaaroon. Allaah had given Qaaroon so much wealth that just the keys to his treasures would tire a group of strong men. Qaaroon was intoxicated with the love of his wealth and forgot about Allaah. Hadhrat Moosa υ advised him not be boastful and to use his wealth to earn his Aakhirah by spending in avenues that please Allaah. However, Qaaroon maintained that he had earned his wealth and that none had a share in it. When he grew very haughty, he even made efforts to disgrace Hadhrat Moosa υ. However, the day came when Allaah caused the ground to swallow him up together with his palace and all his wealth. The people who witnessed this punishment took a lesson from this and turned closer to Allaah.

(2) Rasulullaah ρ's Miracle	Restoring speech

A boy who had been unable to speak since birth was brought to Rasulullaah ρ. "At least tell me who I am?" Rasulullaah ρ asked him. The boy immediately replied, "You are the Rasool of Allaah." From that day onwards, he was always able to speak.

(3) A Fardh	Believing in the power of Allaah

Allaah says in the Qur'aan, "**Allaah is not such that anything in the heavens and the earth can defeat him. He is the All Knowing, Powerful**".
[Surah Faatir, verse 44]
Nothing is beyond the power and control of Allaah. It is Fardh (obligatory) to believe that Allaah has this tremendous power.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for pious children

The following du'aa should be recited for pious children:
ARABIC
TRANSLATION: O my Rabb! Grant me pious children.
[Surah Saafaat, verse 100]

(5) A Nafl	Memorising 40 Ahadeeth

Rasulullaah ρ said, "Whoever from my Ummah memorises 40 Ahadeeth through which Allaah grants him benefit will be told to enter Jannah from whichever gate he desires."
[*Durrul Mukhtaar*]

(6) A Sin	**Miserliness**
Allaah says in the Qur'aan, "**Those who are miserly, who instruct others to be miserly and who conceal what** *(knowledge about the truthfulness of Rasulullaah ρ and wealth)* **Allaah had given them through His bounty** *(such people shall suffer terribly)***. We have prepared for the Kaafiroon a disgracing punishment**". [Surah Nisaa, verse 37]	
(7) This World	**Allaah loves those who do good**
Allaah says in the Qur'aan, "**Spend in the path** *(obedience)* **of Allaah** *(in worship and Jihaad)* **and do not throw your own hands** *(do not lead yourselves)* **into destruction. Do good, for Allaah certainly loves those who do good**". [Surah Baqara, verse 195]	
(8) The Aakhirah	**The severity of the fire of Jahannam**
Rasulullaah ρ said that if a person from the fire of Jahannam has to be placed in the fire of this world, he would fall asleep. [*Targheeb wat Tarheeb*]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**The Nabeedh of dates**
Rasulullaah ρ was once invited to the *Waleemah* of Hadhrat Abu Usayd Saa'idi τ. His wife later said that she had soaked some dates in an earthen pot overnight and then given Rasulullaah ρ the water to drink. [Bukhaari] The water in which dates are soaked overnight is called *Nabeedh*. It strengthens the stomach and is also effective in treating gum ulcers. [*Mu'aalajaatun Nabawi*]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "The Most Merciful has mercy on those who show mercy. Have mercy on those on earth and Him in the heavens shall have mercy on you." [Abu Dawood]	

(1) Islaamic History	Hadhrat Yusha bin Noon υ

Hadhrat Yusha υ was amongst the Ambiyaa عليهم السلام of the Bani Israa'eel and from the progeny of Hadhrat Yusuf υ. He spent his youth in the service of Hadhrat Moosa υ and Hadhrat Haaroon υ. The Qur'aan speaks of a youth who accompanied Hadhrat Moosa υ when he set off to meet Hadhrat Khidhr υ. This youth was Hadhrat Yusha υ. He was made the Nabi of the Bani Israa'eel after the demise of Hadhrat Moosa υ and Hadhrat Haaroon υ and he ultimately led them out of the Valley of Teeh and into Baytul Muqaddas. The special advice that Hadhrat Yusha υ always gave to the Bani Israa'eel was not to become too proud about the bounties that Allaah had blessed them with.

(2) Allaah's Power	Who makes water reach the ends of trees through their roots?

We need some machine or pump if we want water to reach a place that is higher up and cannot do so in any other manner. Allaah has allowed many trees of all sizes to grow on earth, some reaching heights of over 200 feet. However, Allaah makes the water from the depths of the ground reach the roots of these trees and then move further up to reach every leaf growing on the tree. This is all done without any machinery or pumps. In fact, the water then even reaches further to the fruits and flowers that may grow upon these leaves. Such is the great power of Allaah, which indicates that He is the Rabb of all.

(3) A Fardh	Masah on leather socks

Hadhrat Ali τ reports that he saw Rasulullaah ρ make *Masah* on the top of his leather socks.
[Abu Dawood]
When a person wears leather socks after performing wudhu and the wudhu breaks afterwards, it will be Fardh (obligatory) for him to make Masah on the top of the socks (if he intends keeping them on).

(4) A Sunnah	The two Rakaahs before Fajr

Rasulullaah ρ said that the two Rakaahs salaah before the Fajr salaah is better than the world and all that it contains.
[Muslim]
This Hadith is referring to the two Rakaahs Sunnah performed before the Fardh of Fajr.

(5) A Nafl	**Spending in the path of Allaah**
Rasulullaah ρ said, "The person who spends in the path of Allaah will receive a reward that is multiplies seven hundred times." [*Mustadrak* of Haakim]	

(6) A Sin	**Usurping the right of a Muslim**
Rasulullaah ρ said, "Allaah has forbidden Jannah and made Jahannam compulsory for the person who usurps the right of a Muslim through a false oath." "Even if it is something insignificant, O Rasulullaah ρ?" someone asked. "Even if it is a twig of a tree," Rasulullaah ρ replied. [Muslim]	
(7) This World	**Following the desires will lead one astray**
Rasulullaah ρ said, "I fear that you will follow such desires that will lead you astray, which concern your stomachs and private parts. You will then fall into such desires that will lead you astray." [Ahmad]	
(8) The Aakhirah	**Glad tidings to the people of Jannah**
Allaah says in the Qur'aan, "**No difficulty shall afflict them there** *(in Jannah)*, **neither will they be removed from there** *(they will live in Jannah forever)*". [Surah Hijr, verse 48]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Cure for insomnia**
When someone complained of his insomnia, Rasulullaah ρ advised him to recite the following du'aa: ARABIC [Tabraani in his Kabeer]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Be patient! Your patience is only from Allaah** *(only Allaah can give you the ability to exercise patience)*. **Do not grieve over them** *(the Kuffaar when they refuse to accept Islaam)* **and do not be saddened by their plotting** *(against you because Allaah will see to them)*. **Undoubtedly Allaah is with those who adopt Taqwa and with those who adopt the path of good** *(Allaah shall assist them against all their enemies)*". [Surah Nahl, verses 127,128]	

(1) Islaamic History	Hadhrat Hizqeel υ

Hadhrat Hizqeel υ was also from amongst the Bani Israa'eel. When he stood up to fight for the Deen of Allaah, thousands of people who were with him fled the battlefield out of fear. This incident is stated in Surah Baqara. When his people's faith in resurrection grew weak, Allaah made a large number of them die and they lay dead for a week. They were then resurrected after Hadhrat Hizqeel υ made du'aa for them so that they could be convinced about life after death.

(2) Rasulullaah ρ's Miracle	The stars lower themselves

The mother of Hadhrat Uthmaan bin Abul Aas τ reports that she was present when Rasulullaah ρ was born. She says that the room was filled with light and the stars came so close that it appeared as if they would drop down on her lap.
[Bayhaqi]

(3) A Fardh	Enjoining good and forbidding evil

Rasulullaah ρ said, "I swear by the Being Who controls my life that you people must enjoin good and forbid evil, otherwise Allaah will punish you along with the sinners and then you will make du'aa and it will not be accepted."
[Tirmidhi]
It is Fardh (obligatory) for every member of the Ummah to enjoin good and to forbid from evil according to their capabilities.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for wisdom and Taqwa

The following du'aa should be recited to attain wisdom and Taqwa:
ARABIC
TRANSLATION: O my Rabb! Grant me wisdom and include me amongst the righteous ones.
[Surah Shu'araa, verse 83]

(5) A Nafl	Memorising the names of Allaah

Rasulullaah ρ said, "Allaah has 99 beautiful names. Whoever memorises them will enter Jannah."
[Bukhaari]

(6) A Sin	Introducing something new in

	Deen
Rasulullaah ρ said, "Rejected is the one who introduces in our Deen something that is not a part of it." [Bukhaari]	
(7) This World	**The example of this world**
Rasulullaah ρ said, "What have I to do with this world? The example of this world and myself is just like the traveller who stops beneath a tree to rest in the shade and then leaves to travel on." [Tirmidhi]	
(8) The Aakhirah	**The birds of Jannah**
Rasulullaah ρ said, "When a person in Jannah wants a bird (to eat), it will appear before him just as he prefers it prepared." [*Targheeb wat Tarheeb*]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Onions as a cure**
Rasulullaah ρ instructed that if one has to eat garlic or onions, it should first be cooked. [Abu Dawood] Allaama Ibn Qayyim رحمه الله writes that onions are hot in nature and beneficial in strengthening the stomach and hearing. Smelling it, eating it and keeping it handy is an effective treatment against many diseases. [*Mu'aalajaatun Nabawi*]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Do not search for the faults of others and do not spy on others." [Bukhaari]	

(1) Islaamic History	Hadhrat Ilyaas υ
Hadhrat Ilyaas υ was born in the Jal'aad area of Jordan. The Qur'aan refers to him as Ilyaas as well as Ilyaaseen. Allaah sent him as a Nabi to the people of Shaam and the area in which he worked was known as Ba'labakka, which is located approximately 100 km from Damascus. The city housed an idol of gold called Ba'l, which the people worshipped. Hadhrat Ilyaas υ invited the people and the king to worship Allaah, but they refused to accept and threatened to kill him. Hadhrat Ilyaas υ was forced to leave the area and he remained in hiding until the king died. When the new king ascended the throne, Hadhrat Ilyaas υ returned to invite him to Allaah and he accepted. The people then also accepted his message.	
(2) Allaah's Power	**The miracle of water**
The beauty, colour and taste of the fruits are all signs of the power of Allaah. While Allaah has made some bitter, He has made others sweet. He has also made some sour and others bland. Some have thorns on their stems, while others have flowers. When the water of a flower is sucked by a bee, it is made into honey. When fallen inside an oyster, it becomes a pearl and when drunk by a silkworm, it becomes silk.	
(3) A Fardh	**Love for Rasulullaah ρ**
Rasulullaah ρ said, "None of you can ever be a true Mu'min until he loves me more than his parents, his children and all of mankind." [Bukhaari]	
(4) A Sunnah	**On the day of Jumu'ah**
Rasulullaah ρ said that because the day of Jumu'ah is like Eid to the Muslims, people need to take a bath, apply fragrance if possible and bush their teeth with a Miswaak. [Ibn Maajah]	
(5) A Nafl	**Reciting Surah Waaqi'ah**
Rasulullaah ρ said that a person who recites Surah Waaqi'ah will not suffer poverty. [Bayhaqi]	

(6) A Sin	For a woman to apply perfume when leaving home
Rasool ρ said that when a woman applies perfume and then passes by	

people so that they may smell it, she will be guilty of adultery. [Nasa'ee]	
(7) This World	**The pleasures of this world for the Kuffaar**
Allaah says in the Qur'aan, "**The life of this world has been beautified for the Kaafiroon who mock those who have Imaan** *(because the Kaafiroon feel that they have more wealth)***. But those with Taqwa will be above them** *(the Kaafiroon)* **on the Day of Qiyaamah. Allaah provides for whom He desires without limits."** [Surah Baqara, verse 212]	
(8) The Aakhirah	**The good are destined for Jannah**
Allaah says, "**As for the fortunate ones, they will certainly be in Jannah, where they will live forever, as long as the skies and the earth exist**". [Surah Hood, verse 108]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of the Miswaak**
Rasulullaah ρ said that the Miswaak is a means of purifying the mouth and of securing the pleasure of Allaah. [Nasa'ee] The ten benefits of using the Miswaak are: (1) it cleanses the mouth, (2) it pleases Allaah, (3) it makes the mouth fragrant, (4) it cleans the teeth, (5) it strengthens the gums, (6) it strengthens the stomach, (7) it eliminates phlegm, (8) it cleans the tongue, (9) it illuminates the face, (10) it pleases the angels. [Mujarrabaat Suyuti]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Tell My bondsmen that they should speak what is good** *(to Muslim and Kaafir alike)***. Undoubtedly Shaytaan will** *(make every attempt to)* **create friction** *(trouble)* **between them** *(especially by way of the things they will say to each other)***. Indeed Shaytaan is an open enemy to man** *(and will spare no effort to lead man to Jahannam by causing them to fight each other)*". [Surah Bani Israa'eel, verse 53]	

(1) Islaamic History	Hadhrat Yasa υ

Hadhrat Yasa υ was from the progeny of Hadhrat Yusuf υ and his name appears twice in the Qur'aan, in Surah An'aam and in Surah Saad. He initially served Hadhrat Ilyaas υ and then became the Nabi of the Bani Israa'eel after Hadhrat Ilyaas υ passed away. He gave Da'wah just as his predecessor did and propagated the same Shari'ah. When he grew very old, he then appointed Hadhrat Dhul Kifl υ as his successor.

(2) Rasulullaah ρ's Miracle	Mending a broken leg

As he was returning from assassinating Abu Raafi, Hadhrat Abdullaah bin Ateek τ broke his leg while descending a flight of stairs. However, it was immediately healed as soon as Rasulullaah ρ passed his hand over the leg. It then appeared as if it had never been broken.
[Bukhaari]

(3) A Fardh	Believing in the kingship of Allaah

Allaah says, "**To Allaah belongs the kingdom of the heavens and the earth and whatever is within them. He has power over all things**".
[Surah Maa'idah, verse 120]
Everything falls under the kingship of Allaah and nothing is excluded. It is Fardh (obligatory) to maintain this belief.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	Du'aa to die as a Muslim

The following du'aa should be recited for death on Imaan and to be with the righteous ones:
ARABIC
TRANSLATION: **O Creator of the heavens and the earth! You are my Protecting Friend in this world and in the Aakhirah. Grant me death in a state of obedience** *(to Your commands)* **and include me among Your pious bondsmen** *(the Ambiyaa in the Aakhirah)***."**
[Surah Yusuf, verse 101]

(5) A Nafl	A day's optional fast

Rasulullaah ρ said that giving the world full of gold as Sadaqah every day until Qiyaamah will not earn as much rewards as fasting a single day's optional fast.
[*Kanzul Ummaal*]

(6) A Sin	Pride

Rasulullaah ρ said that a person with even a mustard seed of rpide will

not enter Jannah. Someone then asked Rasulullaah ρ about the person who likes to have good clothing and good shoes (whether he is regarded to be a proud person). Rasulullaah ρ replied, "Allaah also likes cleanliness and neatness. Pride is to reject the truth and to look down upon others." [Muslim]	
(7) This World	**The world is accursed**
Rasulullaah ρ said, "The world and all within it is accursed save for the Dhikr of Allaah, all that helps towards it, the Aalim and the student of Deen." [Ibn Maajah]	
(8) The Aakhirah	**The expanse of Jannah**
Rasulullaah ρ said, "I swear by the Being Who controls the life of Muhammad! The distance between two gates of Jannah are as far as Makkah is from Hajar (or as far as Makkah is from Busra)." [Muslim]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Bodily pain**
Hadhrat Uthmaan bin Abul Aas τ reports that he once told Rasulullaah ρ about the pain he suffered in his body since he had accepted Islaam. Rasulullaah ρ advised that any person suffering bodily pain should first recite *Bismillaah* three times and then seven times the du'aa: ARABIC TRANSLATION: I seek the protection of Allaah and His power from the evil of what I am experiencing." [Muslim]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Be particular about reciting the Qur'aan and Dhikr because they will grant you acclaim in the heavens and are a source of guidance on earth." [Bayhaqi]	

(1) Islaamic History	Hadhrat Shamweel υ

Hadhrat Shamweel υ was from the progeny of Hadhrat Haaroon υ. When the Bani Israa'eel entered Palestine, they had no Nabi and no ruler. Because of this, hostile nations continued plundering them until Allaah sent Hadhrat Shamweel υ as their Nabi to guide and to lead them. Although his name is not mentioned in the Qur'aan, Surah Baqara states the story of when Hadhrat Shamweel υ appointed Taaloot as the king of the Bani Israa'eel. When the people objected, he told them that this was the command of Allaah and that the sign of his kingship will be that angels will bring back to them a trunk containing the legacy of the Ambiyaa عليهم السلام, which was seized by the Amaliqa tribe. This was then done and Taaloot became their king.

(2) Allaah's Power	Who causes the rain to fall?

Water is a great blessing from Allaah, which is the foundation of all life on earth. Without water, mankind and animals as well as all plants and vegetation will perish. Allaah has therefore stored a large reserve of water in the oceans, from which clouds gather moisture and then rain down upon the dry lands. Plants then have water to allow them to flourish and people then have water to drink and water their fields. Allaah states in the Qur'aan, "**We send the winds that fill the clouds with water, then send water from the sky which We give you to drink. You do not have the ability to store it** *(man cannot store rain water in as great a quantity as Allaah does when He stores water in lakes, dams, rivers and in underground reservoirs of groundwater where massive quantities of water are stored for people to use whenever they need to)*".
[Surah Hijr, verse 22]

(3) A Fardh	Performing Ruku and Sajdah properly

Rasulullaah ρ said that the worst thief was the one who stole from his salaah. When the Sahabah ψ asked how this was possible, Rasulullaah ρ replied, "When he does not perform his Ruku and Sajdah properly."
[Ahmad]
The Ruku and Sajdah therefore have to be performed with calm and composure.

(4) A Sunnah	Using perfume

When Hadhrat Aa'isha رضي الله عنها was asked whether Rasulullaah ρ used perfume, she replied that he used perfumes such as musk and others.
[Nasa'ee]

(5) A Nafl	The four Rakaahs before Asr
Rasulullaah ρ said that when a person perform the four Rakaahs Sunnah salaah before the Fardh of Asr, Allaah will make his body forbidden to the fire of Jahannam. [Tabraani in his Kabeer]	

(6) A Sin	Murdering a Muslim
Allaah says, "**Whoever purposely murders a Mu'min** *(regarding his act as a permissible act)*, **his punishment shall be Jahannam where he shall live forever. Allaah shall be angry with him, curse him and prepare for him a dreadful punishment**". [Surah Nisaa, verse 93]	
(7) This World	**The perseverance of the family of Rasulullaah ρ**
Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ's family members often remained hungry for many nights without any supper. Their meals (when they did eat) usually consisted of barley bread. [Tirmidhi]	
(8) The Aakhirah	**Boiling water**
Allaah says, "**You shall** *(then)* **drink boiling water upon it**". [Surah Waaqi'ah, verse 54] Hadhrat Dahaak رحمه الله has stated that this water to be given to the people of Jahannam, it has been boiling from the time that Allaah created the heavens and the earth. [*Targheeb wat Tarheeb*]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Honey**
Allaah says, "**in it** *(honey)* **lies a cure for man**". [Surah Nahl, verse 69] Allaama Ibn Qayyim رحمه الله writes that honey eliminates phlegm, softens the stomach and also effectively treats rabies.	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Do not kill your children out of fear of poverty** *(by aborting unborn children fearing that you will be unable to support them)*. **We shall provide for them and for you** *(you therefore need not fear for their provisions)*. **Killing them is indeed a grave sin**". [Surah Bani Israa'eel, verse 31] Carrying out abortions out of fear of poverty and even family planning for this reason is not permissible and Haraam.	

(1) Islaamic History	Taaloot and Jaaloot (Goliath)

When the habits and actions of the Bani Israa'eel started become corrupted, Allaah gave the tyrannical king Goliath power over them. He oppressed them greatly and made them his slaves. Hadhrat Shamweel υ was the Nabi of the Bani Israa'eel at the time, but he had then grown extremely old. The Bani Israa'eel then approached him with the request to appoint a king over them so that they could wage Jihaad against Goliath. However, when Hadhrat Shamweel υ appointed Taaloot as their king by the command of Allaah, the Bani Israa'eel very reluctantly accepted the decision. When the armies of the Bani Israa'eel and Goliath clashed, it was a young Hadhrat Dawood υ who killed Goliath, thereby securing safety for the Bani Israa'eel from the tyrant. Because of his great feat, Hadhrat Dawood υ was appointed king of the Bani Israa'eel.

(2) Rasulullaah ρ's Miracle	His fragrant perspiration

Hadhrat Anas τ reports, "When Rasulullaah ρ once had his siesta at our place, my mother started to collect some of his perspiration in a little glass container. This woke Rasulullaah ρ up and he asked, 'What are you doing, O Ummu Sulaym?' She replied, 'I am collecting some of your perspiration so that we may use it as perfume.'"
[Muslim]

(3) A Fardh	Women also need to pay zakaah

Addressing Muslim women, Allaah says in the Qur'aan, "**Establish salaah, pay zakaah and obey Allaah and His Rasool** ρ".
[Surah Ahzaab, verse 33]
If a woman possesses wealth or gold or silver to the value of Nisaab, it will be Fardh (obligatory) for her to pay zakaah on it once it is in her possession for a complete year.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa to remain steadfast on Deen

The following du'aa should be recited for one to remain steadfast upon the actions of Deen:

ARABIC

TRANSLATION: **O our Rabb, forgive us our sins and our transgressions** *(shortcomings)* **in our affairs** *(because of which we are suffering)*. **Keep our feet firm** *(so that we remain committed to our Creator)* **and help us against the nation of Kaafiroon.**

[Surah Aal Imraan, verse 147]

(5) A Nafl	The virtue of Aayatul Kursi
Rasulullaah ρ said, "When a person recites Aayatul Kursi after every Fardh salaah, it will only be death separating him from Jannah." [Tabraani]	

(6) A Sin	Failure to act upon one's knowledge
Rasulullaah ρ said, "The person to suffer the worst punishment on the Day of Qiyaamah will be the Aalim who fails to benefit from his knowledge." [*Kanzul Ummaal*] It is necessary for each person to practise upon that amount of the Shari'ah that he knows. This severe warning has been sounded for people who fail to do this.	
(7) This World	**Adopting simplicity in this world**
Rasulullaah ρ once said, "O Aa'isha! If you wish to meet me on the Day of Qiyaamah, then you should suffice with only that much of possessions as a traveller has. Keep away from the company of the wealthy ones and patch your old clothing and wear them." [Tirmidhi]	
(8) The Aakhirah	**The appearance of the people of Jannah**
Rasulullaah ρ said that the appearance of the first group to enter Jannah will be as resplendent as the 14th full moon and those after them will appear like the shining stars in the sky. They will all have the heart of a single person; free of malice and enmity. Each of them will have a pair of damsels of Jannah with such clear complexions that the marrow of their legs will be visible from outside. [Bukhaari]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating fever with cool water**
Rasulullaah ρ advised that when a person is suffering from fever, cool water should be placed over the body for three nights. [*Mustadrak* of Haakim] Even doctors today advise the use of a cloth dipped in cold water and placed over the forehead.	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "When any of you gets angry, he should sit down and if this does not cool his anger, he should lie down." [Abu Dawood]	

(1) Islaamic History	Hadhrat Dawood υ

Hadhrat Dawood υ was made the Nabi of the Bani Israa'eel approximately 1000 years before the coming of Hadhrat Isa υ. He was granted both the honour of being a Nabi as well as being a king and was the first Nabi after Hadhrat Aadam υ to be given the title of the Khalifah of Allaah. Approximately 480 years after the revelation of the Torah to Hadhrat Moosa υ, Allaah revealed the Zaboor to Hadhrat Dawood υ on the 12th of Ramadhaan. Although it included injunctions that are similar to those in the Torah, a large portion of the Zaboor comprised of praises of Allaah. Hadhrat Dawood υ had a voice that was a miracle in itself. Whenever he recited the Zaboor, humans, Jinn, birds, wild animals and even the mountains swayed in chorus to his recitation. He understood the language of the birds and could converse with them. Allaah also made metal become like wax in his hand so that he could mould and shape it as he pleased. He therefore earned his living by making coats of armour and selling them.

(2) Allaah's Power	The honey factory

By His supreme power, Allaah has created the little bee which collects nectar from flowers and then stores it in hives. Allaah has granted the bee the craftsmanship to construct the hive out of a series of hexagonal cavities, each exactly the same size as the other. It is in these cavities that the bee stores the honey. What a great system has Allaah not created for the manufacturing of this nutritious drink for mankind.

(3) A Fardh	Distribution of the estate

Rasulullaah ρ instructed, "Distribute the estate amongst the rightful heirs in accordance with the Book of Allaah."
[Muslim]
When a deceased person leaves behind any wealth, it is Fardh (obligatory) to distribute it amongst the heirs. It is Haraam to deprive any heir of his/her share or to give them less than is due without an excuse valid in the Shari'ah.

(4) A Sunnah	The importance of the Miswaak

Rasulullaah ρ said, "Had I not feared that it may be too difficult for my Ummah, I would have commanded them (made it obligatory for them)

to use the Miswaak whenever they performed wudhu." [Bukhaari]	
(5) A Nafl	**Fulfilling the need of a Muslim**
Rasulullaah ρ said, "When a person alleviates the difficulty of another Muslim, Allaah will alleviate his difficulties on the Day of Qiyaamah." [Muslim]	

(6) A Sin	**Consuming the wealth of orphans**
Allaah says, "**Indeed those who unjustly eat** *(use)* **the wealth of orphans, they eat only fire in their bellies** *(because the end result of this will be their entry into Jahannam)***. Very soon they shall enter the Blaze** *(Jahannam)*". [Surah Nisaa, verse 10]	
(7) This World	**Only Allaah increases and limits sustenance**
Allaah says in the Qur'aan, "**Allaah increases sustenance for whoever He pleases and reduces** *(sustenance for whoever He pleases)***. They** *(the Kuffaar)* **rejoice** *(boast)* **about** *(their wealth and positions in)* **the life of this world whereas the life of this world is a worthless article in comparison with the Aakhirah** *(therefore, despite their boasting, they have nothing if they do not earn the pleasures of the Aakhirah)*". [Surah Ra'd, verse 26]	
(8) The Aakhirah	**The food of the people of Jahannam**
Allaah says in the Qur'aan, "**There shall neither be any friend for him today** *(to assist him)* **nor any food except the filth remaining after washing** *(the puss and blood oozing from the wounds of the people of Jahannam)***.** *(It is a food that)* **Only the sinners shall eat it** *(in Jahannam)*". [Surah Haaqa, verses 35-37]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Healing a scorpion's sting**
Hadhrat Ali τ reports that Rasulullaah ρ was once performing salaah when a scorpion stung him. He killed the scorpion and once the salaah was over, he said, "May Allaah curse the scorpion! It leaves neither the person in salaah nor the one out of salaah." Rasulullaah ρ then asked for some water and salt and mixed them in a dish. Therefore, Rasulullaah ρ continued pouring the water over the injured finger and rubbing it as he recited Surah Falaq and Surah Naas and blew on the wound. [Bayhaqi]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Give the orphans** *(in your care)* **their wealth** *(when they reach the age of maturity and understanding)* **and do not exchange the bad for the good** *(do not take what is valuable from their wealth and replace it with something inferior)***. Do not devour their wealth** *(by including it)* **with your own. It is indeed a serious sin to do so**". [Surah Nisaa, verse 2]	

(1) Islaamic History	Hadhrat Sulaymaan υ

Hadhrat Sulaymaan υ was a famous Nabi and son of Hadhrat Dawood υ. He was born in Baytul Muqaddas and displayed immense wisdom and intelligence even as a young boy. As he grew into a youth, he assisted his father in the affairs of the state and his father would even take his advice on many matters. When Hadhrat Dawood υ passed away, Hadhrat Sulaymaan υ succeeded him as king and also as Allaah's Nabi. Allaah granted him such a magnificent kingdom the likes of which have never been seen previously and will never be seen until Qiyaamah. Apart from knowing the languages of all people, Hadhrat Sulaymaan υ also knew the languages of the animals and insects and he was given control over all of creation. He also had control over the winds, which, in just half a day, transported him over distances that would usually be covered in a month. Even the Jinn were subservient to him and it was with their labour that Baytul Muqaddas and the Masjidul Aqsa was built. The Qur'aan speaks about the time when Hadhrat Sulaymaan υ passed away while he was watching over the Jinn. They, however, had no idea that he had passed away because his body was supported by his staff. It was only when termites ate his staff that his body fell down and they learnt about his demise.

(2) Rasulullaah ρ's Miracle	News about the demise of Najaashi (the king of Abyssinia)

It was on the very day that Najaashi passed away in Abyssinia that Rasulullaah ρ informed the Sahabah ψ about his demise, even though Abyssinia was thousands of kilometres away from Madinah.

(3) A Fardh	Instructing the family at home to perform salaah

Allaah says in the Qur'aan, "**Instruct** *(encourage)* **your family to perform salaah and** *(you)* **yourself** *(must)* **remain steadfast on it. We do not ask provision** *(sustenance)* **from you, but We provide for you** *(your duty is to perform your salaah and not to forsake it in search of sustenance because We shall provide that for you)***. The best** *(most excellent)* **result** *(reward in the Aakhirah)* **is for** *(adopting)* **Taqwa**".
[Surah TaaHaa, verse 132]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	Du'aa to prevail over those who spread corruption

The following du'aa should be recited to prevail over those who spread

corruption:
ARABIC
TRANSLATION: **O my Rabb! Assist me against those who cause corruption**
[Surah Ankaboot, verse 30]

(5) A Nafl	**The importance of the Adhaan**

Rasulullaah ρ said, "If people knew the value of calling out the Adhaan, they would draw swords to fight over it."
[Ahmad]

(6) A Sin	**Backbiting and dishonouring people**

Rasulullaah ρ related that when he went on Mi'raaj, he saw people with nails made of red copper, which they were using to scratch at their faces and chests, causing deep wounds in them. "Who are these people?" Rasulullaah ρ asked Hadhrat Jibra'eel υ. Hadhrat Jibra'eel υ informed Rasulullaah ρ that these were the people who ate the flesh of others in the world, meaning that they used to backbite and dishonour others.
[Abu Dawood]

(7) This World	**How to live in this world**

Rasulullaah ρ said, "Live in this world as if you are a stranger or a traveller."
[Bukhaari]
Just as travellers never regard any place to be their home and carry along only what is essential, so too should every person lead his life.

(8) The Aakhirah	**The people of Jannah will never die**

A person once asked Rasulullaah ρ whether the people of Jannah ever slept. "Sleep is the sister of death," Rasulullaah ρ replied, "and death will never affect the people of Jannah. They will therefore never sleep."
[Bayhaqi]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Safety from difficulties**

Hadhrat Abu Hurayrah τ reports that they were once sitting with Rasulullaah ρ when someone arrived and informed Rasulullaah ρ that he had been bitten by a scorpion the previous night and was unable to sleep. Rasulullaah ρ then advised him that had he recited the following du'aa, nothing would have harmed him:

TRANSLATION: I seek Allaah's complete protection from the evil of all that He has created.
[Muslim]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "When you receive a marriage proposal from a

person whose Deen and character satisfy you, then get him married. Should you fail to do this, widespread corruption shall occur on earth." [Tirmidhi]

(1) Islaamic History	The queen of Saba

During the time of Hadhrat Sulaymaan υ, the people of Saba in Yemen were ruled by a queen named Bilqis, who had a elaborate throne that was widely spoken about. The incident as mentioned in the Qur'aan states that when Hadhrat Sulaymaan υ once asked a bird Hudhud where he had been, Hudhud replied that he had been to Saba. He explained that the people of Saba worship the sun and that they are ruled by a queen. Hadhrat Sulaymaan υ sent a letter to the queen with Hudhud, inviting her and her people to accept Islaam. When the queen consulted with her ministers, they advised her to wage war against Hadhrat Sulaymaan υ. She, however, sent expensive gifts to Hadhrat Sulaymaan υ in an effort to delay the matter, but he returned the gifts with the message that they either come to him in submission or face a war. She then accepted his invitation and proceeded with her army. In the meantime, Hadhrat Sulaymaan υ had one of his ministers by the name of Aasif bin Barkhiyyah bring her throne to him. Because he possessed some special knowledge from Allaah, he brought it to Hadhrat Sulaymaan υ in the time it takes to blink an eyelid. When the queen saw her throne with Hadhrat Sulaymaan υ, she was astonished and then accepted Imaan.

(2) Allaah's Power	The spider's web

Allaah has created a little insect called the spider. Whereas it looks like something insignificant, Allaah has instilled within it the amazing ability to spin a web. Together with serving the purpose of being a home to the spider, the web is also an effective trap for prey. The threads of the web are so strong that despite great efforts, an insect caught inside cannot escape. Such is the power of Allaah that He has instilled such great capabilities within a creature as tiny as the spider.

(3) A Fardh	Believing in all the facets of Deen

Rasulullaah ρ said that none can be a true Mu'min unless all his desires are subservient to the Deen that he has brought.
[*Mishkaatul Masaabeeh*]
This means that whatever we do should be within the limitations of the Shari'ah and not beyond them.

(4) A Sunnah	Starting all good works from

	the right side
Hadhrat Aa'isha رضي الله عنها reports that whenever Rasulullaah ρ did anything good, he always started from the right side, such as when he wore his shoes, combed his hair and purified himself. [Bukhaari]	
(5) A Nafl	**Saying *Aameen* in salaah**
Rasulullaah ρ said, "Say *Aameen* when the Imaam recites 'وَلاَ الضَّالِّينَ' because when the *Aameen* of a person coincides with the *Aameen* of the angels, all his sins are forgiven." [Bukhaari]	

(6) A Sin	**Opposing Rasulullaah ρ**
Allaah says in the Qur'aan, "**Whoever opposes the Rasool after the guidance** *(the truth of Islaam)* **has become manifest** *(clear)* **to him and follows a path other than that of the Mu'mineen, We shall allow him to do that which he is doing and then enter him into Jahannam. It is the worst of abodes**". [Surah Nisaa, verse 115]	
(7) This World	**The consequences of making the world one's objective**
Rasulullaah ρ said that when a person bows down completely to this world, Allaah hands him over to the world. [Bayhaqi]	
(8) The Aakhirah	**The bounties of Jannah**
Allaah says, "**Those with Taqwa shall certainly have success** *(attain their objective and will have)* **Jannaat, grapes, youthful maidens of equal age** *(as their wives)* **and brimming glasses** *(of the most delicious drinks)".* [Surah Naba, verse 31-34]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Unconsciousness**
Hadhrat Abdullaah bin Mas'ood τ once recited something in the ears of an unconscious person, causing him to regain consciousness. When Rasulullaah ρ asked him what it was that he recited, he replied that it was the following verses: **أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ * فَتَعَالَى اللَّهُ الْمَلِكُ الْحَقُّ لَا إِلَهَ إِلَّا هُوَ رَبُّ الْعَرْشِ الْكَرِيمِ * وَمَنْ يَدْعُ مَعَ اللَّهِ إِلَهًا آخَرَ لَا بُرْهَانَ لَهُ بِهِ فَإِنَّمَا حِسَابُهُ عِنْدَ رَبِّهِ إِنَّهُ لَا يُفْلِحُ الْكَافِرُونَ * وَقُلْ رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّاحِمِينَ** [Surah Mu'minoon, verses 115-118]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**If you dispute regarding any matter, then refer it to Allaah** *(find the solution in the Qur'aan)* **and the Rasool** ρ *(or find the solution in the Ahaadeeth)* **if you believe in Allaah and the Last Day. This is best** *(for all)* **and gives the best result** *(because you will then not be basing your decisions on your personal opinions)*". [Surah Nisaa, verse 59]	

(1) Islaamic History	Hadhrat Yunus υ

Hadhrat Yunus υ was one of Allaah's chosen Ambiyaa عليهم السلام from amongst the Bani Israa'eel. He was born in the famous city of Nineveh in Iraq and it was to the people of this city that Allaah sent Hadhrat Yunus υ as a Nabi because they were steeped in Kufr. He called them toward the worship of One Allaah for a long period of time, but they refused to listen and mocked at him. When they all started to treat him in this manner, Hadhrat Yunus υ cursed them and left the city. After he had left, the people started to see the signs of pending punishment from Allaah and were convinced that Hadhrat Yunus υ really was the Nabi of Allaah. Together with their leaders, they all then went out into an open plain and wept as they repented to Allaah. Allaah then accepted their repentance and did not punish them.

(2) Rasulullaah ρ's Miracle	The Qur'aan is the greatest miracle

The Qur'aan is the greatest miracle of Rasulullaah ρ that was not granted to any other Nabi υ. Rasulullaah ρ said, "Every Nabi had been granted such miracles that people accepted Imaan buy witnessing. The miracle that Allaah granted me is the Qur'aan that Allaah has revealed to me. I therefore have great hope that I shall have the most followers on the Day of Qiyaamah."

[Bukhaari]

This miracle of Rasulullaah ρ shall be present until the Day of Qiyaamah. The ease with which it is memorised and the millions of Huffaadh are miracles by themselves because books even a quarter of its size cannot be memorised by people. Even until today, the people of other religions are at a loss tom produce anything like it.

(3) A Fardh	Allaah grants children

Allaah says in the Qur'aan, "**To Allaah belongs the kingdom of the heavens and the earth. He creates whatever he wills. He confers females *(offspring)* to whoever He wills, confers males to whoever he wills or He pairs them as male and female *(offspring to those parents whom He wills)*. Allaah also makes whoever He wills barren *(so that they do not have any children)*. Indeed, He is the All Knowing *(knows who deserves what)*, All Powerful *(He does as He pleases)***".

[Surah Shura, verse 49-50]

It is necessary for all Muslims to believe that only Allaah grant children.

(4) A Du'aa from the Qur'aan	Du'aa for parents and all

and Rasulullaah ρ	**Muslims**
The following du'aa should be recited for one's parents and for all Muslims in general: ARABIC TRANSLATION: **O my Rabb! Forgive me, my parents, whoever enters my home as a Mu'min and all the Mu'mineen and Mu'minaat.** [Surah Nooh, verse 28]	
(5) A Nafl	**Building a Masjid**
Rasulullaah ρ said, "When a person builds a house for Allaah (a Masjid), Allaah will build for him a house just like it in Jannah." [Muslim]	

(6) A Sin	**Failure to control the tongue**
Hadhrat Mu'aadh τ once asked, "O Rasulullaah ρ! Will we be called to account for the things we say?" "O Mu'aadh!" Rasulullaah ρ replied, "It is because of the heedless things that the tongue says that people will be thrown headlong into Jahannam." [Tirmidhi]	
(7) This World	**The reality of this worldly life**
Allaah says, "**The life of the world** *(besides those things done to please Allaah)* **is but play** *(pastime)* **and sport and most certainly the home of the Aakhirah is best for those with Taqwa** *(those who realise that the Aakhirah is their true home)***. Do you not understand?**". [Surah An'aam, verse 32]	
(8) The Aakhirah	**The hammers in Jahannam**
Rasulullaah ρ said that if a mountain was to be struck by a hammer from Jahannam, it would be reduced to smithereens. [Ahmad]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Honey as treatment for the intestines**
Rasulullaah ρ said that the person who takes honey for three mornings every month will not be afflicted by any diseases. [Ibn Maajah] Allaama Ibn Qayyim رحمه الله writes that honey cleanses out all toxins that may have collected in the intestines and stomach. It also cleanses the liver and chest and is effective in treating wet coughs. Honey mixed in water is also effective in treating people who have been bitten by rabid dogs. [*Tibbun Nabawi*]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Beware of the curse of an oppressed person because there is no obstacle between Allaah and his curse." [Tirmidhi]	

(1) Islaamic History	Hadhrat Yunus υ in the belly of the fish

After Hadhrat Yunus υ had cursed his people and left the town, he reached the shores of the Euphrates River, where he boarded a ship. The ship was later caught in stormy waters and in danger of sinking. According to their custom, the people decided to throw someone overboard to save themselves from sinking. They therefore drew lots to determine who the person would be. When the name of Hadhrat Yunus υ was drawn three times, he was cast overboard and immediately swallowed by a gigantic fish. Trapped inside the belly of the fish, Hadhrat Yunus υ realised that he had been wrong to leave the people before the command came from Allaah. He therefore repented to Allaah with the words, "O Allaah! There is none worthy of worship but You. You are Pure. I have certainly been amongst the wrongdoers." Allaah accepted his repentance and commanded the fish to spit him out on the shore. When he had recovered from his ordeal, Hadhrat Yunus υ returned to his people by Allaah's command. The people were overjoyed to receive him and accepted Islaam at his hand.

(2) Allaah's Power	The eyes

The eyes are a great bounty from Allaah that allow us to see. However, our eyes can see only in the light and are unable to see anything in the darkness. Allaah has created the eyes of the owl with the ability to see as well at night as we see during daylight. However, the owl is unable to see during the day. Such is the power of Allaah that He can create within us the ability to see in light and not in darkness, whereas a creature like the owl can see in darkness and not in light.

(3) A Fardh	Protection for the person who performs the Fajr salaah

Rasulullaah ρ said, "The person who performs his Fajr salaah will be in the protection of Allaah."

[Muslim]

(4) A Sunnah	Showing love to children

The children of the Sahabah ψ used to run to Rasulullaah ρ and jump upon his back and his chest as he hugged them and kissed them.

[Tabraani]

(5) A Nafl	Acquiring knowledge

Rasulullaah ρ said, "Allaah will make the road to Jannah easy for the person who treads the path towards acquiring knowledge."

[Muslim]

(6) A Sin	**Consuming Haraam**
Rasulullaah ρ said, "The body nourished on Haraam will never enter Jannah." [Tirmidhi]	
(7) This World	**Not making this world an objective of life**
Rasulullaah ρ said that when a person makes this world the objective of his life and only travels and thinks about it all the time, Allaah will place poverty and hunger before his eyes (he fears it all the time and worries what will happen to him). He will thus spend all his time in this worry even though he will receive only that much of this world as is decreed for him. [*Targheeb wat Tarheeb*]	
(8) The Aakhirah	**Their limbs will testify against people on the Day of Qiyaamah**
Allaah says in the Qur'aan, "**On this day We shall seal their mouths. Their hands will speak to Us and their legs will testify to what they earned** *(to the sins they carried out)*. *(In this manner, they will be unable to lie.)*". [Surah Yaaseen, verse 65]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating the gums with honey**
Rasulullaah ρ said, "Treat yourselves with honey in which there is cure and with the Qur'aan." [Ibn Maajah] Allaama Ibn Qayyim رحمه الله writes that honey is food when required, it is medicine when required and a drink when required. It strengthens the gums and make the teeth shiny and white if rubbed on them. [*Tibbun Nabawi*]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**O you who have Imaan, do not unjustly consume the wealth of each other *(by stealing or by other unacceptable means)*, but *(you may exchange wealth with each other)* by way of trade *(conducted)* with your mutual consent**". [Surah Nisaa, verse 29]	

(1) Islaamic History	Hadhrat Dhul Kifl υ

Hadhrat Dhul Kifl υ was also a Nabi from amongst the Bani Israa'eel. In mentioning his virtues, it is sufficient to state that his name is taken twice in the Qur'aan; in Surah Ambiyaa عليهم السلام and in Surah Saad. He was the son of Hadhrat Ayyoob υ and, like his father, he very patient, grateful and pious. Hadhrat Dhul Kifl υ had been an ordinary man, but when Hadhrat Yasa υ grew old and needed to appoint a successor, he stipulated that the successor should be someone who fulfilled three conditions. The conditions were that (1) the man fasts during the day, (2) he worships Allaah all night and (3) he never loses his temper. Since all these qualities were found in Hadhrat Dhul Kifl υ, he was appointed as successor. Although Shaytaan tried his utmost to sway Hadhrat Dhul Kifl υ from these traits, he did not succeed.

(2) Rasulullaah ρ's Miracle	Foretelling the reign of the righteous Khilaafah

Rasulullaah ρ said, "There shall reign after me the *Khilafaa Raashidah* (righteous Khilaafah) for thirty years, after which monarchy will reign."

[Tirmidhi]

According to this prophesy, the reign of the Khulafaa Raashideen lasted until the reign of Hadhrat Ali τ - thirty years.

(3) A Fardh	Joining family ties

Allaah says in the Qur'aan, "*(The evil-doers are)* **Those who break the promise** *(pact)* **they made to Allaah after agreeing to it, who cut off those things that Allaah has ordered that they join** *(such as family ties)***, and who spread corruption** *(mischief)* **on earth. These are certainly the losers** *(because they are headed for Jahannam)*".

[Surah Baqara, verse 27]

It is imperative that Muslims join ties with their families and ensure that these ties are never severed.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	Du'aa is the essence of Ibaadah

Rasulullaah ρ said, "Du'aa is the essence of Ibaadah."

[Tirmidhi]

(5) A Nafl	Sustenance and age are increased through serving one's parents

Rasulullaah ρ said, "The person who desires that Allaah increases his age and his sustenance should treat his parents well."

[Bukhaari]

(6) A Sin	**Performing salaah for show is belittling Allaah**
Rasulullaah ρ said that a person will be guilty of actually belittling Allaah when he performs salaah properly when in front of people and then performs it badly when alone. [*Targheeb wat Tarheeb*]	
(7) This World	**The consequences of corruption and rebellion**
Allaah says in the Qur'aan, "**O people! Your corruption** *(Shirk, sin and oppression)* **is to your own detriment** *(because you will suffer the consequences in this world and especially in the Aakhirah)***. You enjoy the pleasures of this world** *(for a short while)***, then** *(when you die)* **you shall return to Us and We will inform you of what you used to do** *(and punish you for your sins)*". [Surah Yunus, verse 23]	
(8) The Aakhirah	**The lightest punishment to be suffered by the people of Jahannam**
Rasulullaah ρ said that the lightest punishment to be suffered by the people of Jahannam will be a person who will be made to wear shoes of fire, which will cause his brains to boil like a pot. He will be suffering the lightest punishment, but will think that his punishment is the worst. [Muslim]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Curing fever**
Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ taught the Sahabah ψ to recite the following du'aa when suffering from fever: ARABIC ARABIC TRANSLATION: I begin in the name of Allaah The Great. I seek the protection of the Glorious Allaah from the evil of every boiling vein and from the evil of the heat of the fire. [*Tirmidhi*]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "The person who believes in Allaah and the Last Day should entertain his guest." [Bukhaari]	

(1) Islaamic History	Hadhrat Uzayr ʊ

Hadhrat Uzayr ʊ was sent as a Nabi to the Bani Israa'eel approximately 450 years before Hadhrat Isa ʊ. He had memorised the entire Torah. Although the Bani Israa'eel initially refused to accept that he was a Nabi, they later became so convinced about him and began to love him so much that they regarded him to be Allaah. It was during the time of Hadhrat Uzayr ʊ that the tyrant Bukht Nasser demolished Baytul Muqaddas. Allaah then gave Hadhrat Uzayr ʊ the command to reinhabit Baytul Muqaddas, but when Hadhrat Uzayr ʊ got there and saw everything destroyed, he wondered how it was possible for the place to be inhabited again. Allaah then put him to sleep for a hundred years and then woke him up. When he awoke, Allaah asked him how long he thought he had slept. He guessed that it was a day or even less. Allaah then informed him that a hundred years had passed since he had fallen asleep and that he should look at how Allaah preserved his food for all that while, but that his donkey had died and decomposed. Thereafter, Allaah gave life back to his donkey before his eyes and he saw that Baytul Muqaddas was again inhabited and back to life.

(2) Allaah's Power	Three thousand taste buds on the tongue

Allaah has given us the great boon of our tongues, which we need to speak and to taste. For this, Allaah has created three thousand taste buds on our tongues that are microscopic, but which will tell us whether the food we are eating is sweet, salty or otherwise. Without these, we would be unable to tell the differences between tastes and lack enjoyment in so many things.

(3) A Fardh	Believing in all the Ambiyaa عليهم السلام of Allaah

Allaah says in the Qur'aan, "**Those** *(Muslims)* **who believe in Allaah and His Rusul and do not draw a distinction between any of them** *(they believe in all Allaah's prophets without exception)*, **they are the ones to whom We shall soon give their rewards. Allaah is ever Most Forgiving, Most Merciful**".

[Surah Nisaa, verse 152]

It is Fardh (obligatory) to believe in all the Ambiyaa عليهم السلام that Allaah sent to guide mankind.

(4) A Sunnah	Do not find fault in food

Hadhrat Abu Hurayrah τ reports that Rasulullaah ρ never found fault with any food. If he liked it, he would eat it and if not, he would not eat.

[Bukhaari]

(5) A Nafl	**Treating the friends of one's father well**

Rasulullaah ρ mentioned that amongst the best of all deeds is to treat the friends of one's father well.

[Tirmidhi]

(6) A Sin	**Allaah does not like wastage**

Allaah says in the Qur'aan, "**Eat, drink** *(what is Halaal without being greedy)* **but do not waste for indeed He** *(Allaah)* **does not like those who waste**".

[Surah A'raaf, verse 31]

(7) This World	**The consequences of chasing after this world**

Rasulullaah ρ said, "The person who chases after this world has nothing to do with Allaah and the person who allows himself to be humiliated (for worldly gains) has nothing to do with us."

[*Targheeb wat Tarheeb*]

(8) The Aakhirah	**The everlasting punishment of Jahannam**

Allaah says in the Qur'aan, "**Indeed those who reject our Aayaat, We shall soon enter them into the** *(blazing)* **Fire. Whenever their skins melt** *(in Jahannam)***, We shall exchange them for** *(replace them with)* **fresh skins so that they may taste the** *(full extent of the continuous)* **punishment. Undoubtedly Allaah is Mighty** *(He has no difficulty in meting out such punishment)***, The Wise** *(He knows why every person should receive what punishment)*".

[Surah Nisaa, verse 56]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The du'aa for good eyesight**

To improve the eyesight, recite the following verse three times after every salaah, blow on the thumbs and pass them over the eyes:

ARABIC

TRANSLATION: **We have removed your veils from you and your vision is ever sharp today.**

[Surah Qaaf, verse 22]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "*(The Mu'mineen who are not like the rest of mankind are)* **Those who give due regard to** *(fulfilling)* **their trusts** *(things placed in their trust)* **and their promises, who stand firm by their testimony** *(they do not allow anything to change their testimony)* **and who guard their salaah** *(ensure that the time and method of performing salaah are correct and they never allow any salaah to pass by unperformed)***. These people shall be honoured in the gardens of Jannah**".

[Surah Ma'aarij, verses 32-35]

(1) Islaamic History	Hadhrat Zakariyya υ

Allaah sent Hadhrat Zakariyya υ to guide the Bani Israa'eel. Hadhrat Zakariyya υ enjoyed an honoured position amongst the Bani Israa'eel and his life was a sign of the great power of Allaah. The Qur'aan relates that the wife of Hadhrat Zakariyya υ could not bear any children and he had grown to be a very old man without any children. He was concerned about the fact that if he died, there would be none from amongst his family to guide the Bani Israa'eel. He once went to Hadhrat Maryam رضي الله عنها, where he found that Allaah had provided her with fruit that were out of season. It occurred to him that the same Allaah can also grant children to an old man. He therefore made du'aa to Allaah to grant him children, which Allaah did. He thus had the son Hadhrat Yahya υ.

(2) Rasulullaah ρ's Miracle	Blessings in food and water

Rasulullaah ρ was once on a journey with the Sahabah ψ when they ran short of provisions and became very hungry. Rasulullaah ρ had them spread out a cloth and instructed that all remaining provisions be placed on it. Although the provisions were very little and the Sahabah ψ numbered 1400, they all managed to eat to their fill and even filled their satchels with supplies. Rasulullaah ρ then asked for water and one of the Sahabah ψ brought a container with only a little water in it. Rasulullaah ρ then poured this into a large container and all of them drank until they were satiated and made wudhu with the water.

[Muslim]

(3) A Fardh	Worship Allaah Alone

Allaah says in the Qur'aan, "**Your Ilaah is but One Ilaah. There is no other Ilaah but Him, The Compassionate, The Most Merciful.** *(His decision is final)*".

[Surah Baqara, verse 163]

This verse tells us that Only One Allaah is worthy of worship and we should therefore worship Him Alone.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for light in the grave

The following du'aa should be recited for light in one's grave:

ARABIC

TRANSLATION: O Allaah! Grant me light in my grave.

[Tirmidhi]

(5) A Nafl	**Reciting a Surah of the Qur'aan before going to bed**
Rasulullaah ρ said, "When a person recites any Surah of the Qur'aan when going to bed, Allaah will appoint an angel to guard him and nothing harmful can even approach him until he wakes up." [Tirmidhi]	

(6) A Sin	**Spending in Sadaqah to show people**
Allaah says in the Qur'aan, "**We have prepared for the Kaafiroon a disgracing punishment.** *(Such people are)* **Those who spend their wealth to show people and who neither believe in Allaah nor in the Last Day. The one whose friend is Shaytaan,** *(should bear in mind that)* **he is the worst** *(most evil)* **of friends indeed** *(because he leads people only to Jahannam)*". [Surah Nisaa, verse 37, 38]	
(7) This World	**The example of worshipping others besides Allaah**
Allaah says in the Qur'aan, "**The example of those who adopt defenders** *(gods)* **besides Allaah is like the example of a spider who spins a web. Without doubt, the weakest of homes is the home** *(web)* **of the spider, if only they would understand.** *(Just as the spider thinks that its web is the strongest home in the world, the Mushrikeen think that their gods are the most powerful. However, just as the spider's web can offer the spider no protection from even a gust of wind, the gods of the Mushrikeen also cannot give them any protection)*". [Surah Ankaboot, verse 41]	
(8) The Aakhirah	**What will happen to the sun and the moon on the Day of Qiyaamah**
Rasulullaah ρ stated that both the sun and the moon will be folded over on the Day of Qiyaamah. [Bukhaari]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**The cure for many diseases**
Hadhrat Aa'isha رضي الله عنها reports that whenever Rasulullaah ρ fell ill, he would recite the *Mu'awwadhatayn* (Surah Falaq and Surah Naas) and then blow over his body. [*Tafseer Tabari*]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "The person who believes in Allaah and the Last Day must either speak good or remain silent." [Bukhaari]	

Madrasah in Just Five Minutes

Rajab

Foreword

The Deen of Islaam is a complete way of life in which there is guidance for every human being at every turn in his life. However, Deen is very simple and leading one's life according to the Deen is just as simple. In this lies the secret to our success in both worlds and without it, neither success in this world is possible nor success in the Aakhirah. We must therefore adhere firmly to the Deen because this will safeguard us from deviation and from treading the pathways of Shaytaan and will keep us stationed upon good and virtue.

This is the guidance Rasulullaah ρ has given us when he stated, "I am leaving behind me two things amongst you that will ensure that you do not stray for as long as you adhere strictly to them. They are the Book of Allaah (the Qur'aan) and my Sunnah."[1]

This series of booklets titled "Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth" has been compiled with the intention of bringing the Muslim Ummah closer to the Qur'aan and the Sunnah of Rasulullaah ρ. It addresses the five primary branches of Deen, which are *Imaaniyaat* (Beliefs), *Ibaadaat* (Acts of worship), *Mu'aamalaat* (business dealings), *Mu'aasharaat* (social interaction), and *Akhlaaqiyaat* (good character) under ten headings according to the Qur'aan and the Sunnah.

In this compilation, the focus has been to present the important facets of the Deen to Ummah in as little time as possible so that they may be conscious of their Deen and thereby develop the fervour to learn and practise the Deen. They may thereby have an escape from the intoxication of this world and be blessed with the knowledge of Deen. Their hearts will then be turned towards the deeds of the Aakhirah and away from the love and negligence of this world.

[1] *Mishkaatul Masaabeeh*.

Hereunder follows a brief description of the ten headings to be discussed in the booklets:

1. **Islaamic History:** Here the lives of the Ambiyaa عليهم السلام, the Sahabah عليهم السلام and the Awliyaa دامت بركاتهم are discussed so that people may know about the efforts and sacrifices that the Ambiyaa عليهم السلام made to propagate the Deen, about the efforts and sacrifices that the Sahabah ψ and Taabi'een رحمهم الله made to protect the Deen and the efforts and sacrifices that the Fuqahaa, Muhadditheen and other bearers of knowledge made in their respective fields.
2. **The Power of Allaah:** The Miracles of Rasulullaah ρ: Imaan is refreshed by pondering and reflecting upon the awesome power of Allaah as found in His matchless doings leading to His recognition which He has placed in the various forms of creation. The miracles that Rasulullaah ρ performed are also mentioned so that his lofty status may be realised and our Imaan increased thereby.
3. **A Fardh:** It is with the importance of the Faraa'idh (obligatory) acts in mind that these have been mentioned together with the Waajibaat (compulsory) and other related acts. These are mentioned because it is necessary for every Muslim to act upon them.
4. **A Sunnah:** This section mentions the actions that Rasulullaah ρ carried out throughout his life as well as du'aas mentioned in the Qur'aan and the Ahadeeth so that people may lead every moment of their lives according to the life of Rasulullaah ρ.
5. **An Important Act and its Virtue:** Here virtues are mentioned of various actions of Deen so as to create the fervour within the Ummah to act on them.
6. **A Sin:** Here such actions are mentions which the Shari'ah has prohibited and the punishments related to them are also mentioned so that people may refrain from them and thereby remain safe from humiliation in the Aakhirah.
7. **This world:** In the light of the Qur'aan and the Ahadeeth, the transitory nature of this world is mentioned here so that people do not become so preoccupied in this world that they forget about the Aakhirah.
8. **The Aakhirah:** This section describes the life after death and the rewards and punishments of actions carried out in this world so that people may prepare for the Aakhirah.
9. **Cures from the Qur'aan and from Rasulullaah ρ:** Under this heading, the cures for several illnesses are mentioned as prescribed in the Qur'aan and the Ahadeeth. From the other benefits that are

noted in these cures, one may be convinced of the fact that Islaam really is a complete way of life.

10. **Advices from the Qur'aan and from Rasulullaah ρ:** Comprehensive advices from the Qur'aan and from the Ahadeeth are mentioned since Deen is well-wishing and advice through and through.

One of the features of these booklets is that they are prepared according to the Islaamic months. Everything relevant to the specific month is therefore mentioned first so that people may practise accordingly. For this reason, we request that the booklets be read during the relevant months for maximum benefit. They may be read collectively after a Fardh salaah in the Masjid, between the Taraaweeh and Witr salaahs during Ramadhaan, during the assemblies in schools and colleges and also in Madrasahs and at home.

We make du'aa to Allaah to bless every person with the inspiration to lead their lives in conformity with the Deen. May Allaah accept this effort and make these booklets beneficial to the Ummah and a treasure for us in the Aakhirah. Aameen.

Rajab

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	1

(1) Islaamic History	**Hadhrat Abu Bakr Siddeeq τ**

Hadhrat Abu Bakr τ was born amongst the Quraysh tribe. His name was Abdullaah, his father's name was Uthmaan and his mother's name was Salma. He was simple and righteous from childhood and only 2 ½ years younger than Rasulullaah ρ. The two were bosom friends and sincerely loved each other. He had the opportunity to observe Rasulullaah ρ's habits from close up and was therefore the first man to accept Islaam. He accepted the Risalaat of Rasulullaah ρ and engaged in the propagation of Islaam with his wealth and his soul. He endured thirteen years of hardship from the Mushrikeen in Makkah and was always there to offer counsel when Rasulullaah ρ needed it. It was with him that Rasulullaah ρ shared his secrets and he was therefore the person who accompanied Rasulullaah ρ on the Hijrah and spend three days with Rasulullaah ρ in the cave of Thowr. Even after he reached Madinah, he missed no opportunity to spend his wealth for the protection of Islaam. He displayed great valour in the defence of Islaam and participated in every expedition that Rasulullaah ρ took part in.

(2) Allaah's Power	**Musk is from the treasures of Allaah**

Musk is an expensive fragrance that is formed in an extremely strange manner. As blood gradually accumulates in the navel of a deer, it forms into a gland. Allaah then fills this gland with a fragrance, which we call musk. This gland eventually starts to irritate the deer and it then rubs it against a tree, causing the gland to fall off in the forest, to be picked up by hunters in the area. It is only the power of Allaah that can cause the blood of an animal to be converted into something as fragrant as musk.

(3) A Fardh	**The foundation of Islaam**

Rasulullaah ρ said that five things form the foundation of Islaam; (1) to testify that there is none worthy of worship but Allaah and to testify that Muhammad ρ is the Rasul (Messenger) of Allaah, (2) to establish salaah, (3) to pay zakaah, (4) to perform Hajj and (5) to fast during

Ramadhaan.

[Bukhaari, 8 from Hadhrat Abdullaah bin Umar τ]

(4) A Sunnah	**The Virtue of reviving a Sunnah**

Rasulullaah ρ said, "The person who revives a Sunnah after me that has disappeared shall receive the reward of all those who practise upon it afterwards without the rewards of the others being depleted in the least. On the other hand, the person who initiates something that displeases Allaah and His Rasool ρ, then such a person will earn the sin of all those who practise upon it afterwards without the sins of the others being depleted in the least."

[Ibn Maajah 210, from Hadhrat Amr bin Auf τ]

(5) An Important Act and its Virtue	**The Ishraaq salaah**

Rasulullaah ρ stated that when a person remains seated after completing the Fardh of the Fajr salaah and, without speaking anything but good, he then performs two Rakaahs (*Ishraaq*) salaah, all his sins will be forgiven even though they may be as much as the foam in the oceans.

[Abu Dawood 1287, from Hadhrat Mu'aadh bin Anas τ]

(6) A Sin	**Interest**

Rasulullaah ρ cursed the person who consumes interest, the one who pays interest, the one who writes the interest transaction and the witnesses to the interest transaction.

[Muslim 4093, from Hadhrat Jaabir τ]

(7) This World	**The home and wealth of this world**

Rasulullaah ρ said, "This world is home to him who has no home (in the Aakhirah) and this world is wealth to him who has no wealth (in the Aakhirah). It is only a person without understanding who amasses the wealth of this world."

[Ahmad 23898, from Hadhrat Aa'isha رضي الله عنهما]

(8) The Aakhirah	**The jewellery of Jannah**

Allaah says in the Qur'aan, "**Allaah will surely admit those who have Imaan and who do good acts into Jannaat beneath which rivers flow. There they will be adorned with bangles of gold and pearls** *(which will look beautiful on males and females alike)* **and their clothes in Jannah shall be** *(made)* **of silk**".

[Surah Hajj, verse 23]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Seeking treatment does not conflict with belief in Taqdeer**

Hadhrat Abu Khuzaama τ reports that someone once said to Rasulullaah ρ, "O Rasulullaah ρ! Does the recitation and blowing of invocations, the taking of medicines and preventative measures we

take conflict with predestination (*Taqdeer*)?" Rasulullaah ρ replied by saying, "In fact, these are all part of Allaah's predestination (Taqdeer)."

[Tirmidhi 2148]

Just as illnesses are from Allaah, so too are the measures taken to prevent and treat these illnesses. Therefore, adopting these measures will not conflict with the belief in predestination (*Taqdeer*).

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O people! Indeed an Advice** *(the Qur'aan)* **has come to you from your Rabb, a Cure for what** *(evil qualities, doubt and wrong beliefs)* **is in the breasts** *(hearts)*, *(it is also a means of)* **Guidance and Mercy to the Mu'mineen**".

[Surah Yunus, verse 57]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	2

(1) Islaamic History	The Khilaafah and achievements of Hadhrat Abu Bakr τ

Hadhrat Abu Bakr τ became the Khalifah of the Muslims after the demise of Rasulullaah ρ and remained in this position for approximately 2¼ years. During his brief reign as the Khalifah, he achieved great milestones such as dispatching several successful expeditions against those opposing the Muslims as well as against those people who posed as prophets. He put an effective end to opposition from those people who turned away from Islaam and those who refused to pay their zakaah. He also managed to crush the plots of the Munaafiqeen. One of his greatest accomplishments was the armies he dispatched to defeat the might of the Roman Emperor Heraclius. Personally, Hadhrat Abu Bakr τ was an extremely simple man who mingled freely with the common Muslims. He cared for the poor, entertained guests and assisted those in difficulty. He lived by trading in cloth, but when he was appointed as Khalifah, the Muslims decided that he should receive an allowance from the state treasury. This amount was no more than that given to the average Muslim and was so meagre that despite her desire to prepare a single sweet dish, his wife was unable to afford it. This great Khalifah of Islaam passed away on Monday 13 Jumaadal Ukhra 13 A.H. at the age of 63.

(2) Rasulullaah ρ's Miracle	The Moon bows before Rasulullaah ρ

Hadhrat Abbaas τ reports that the factor that led him to accept Islaam was that he once saw Rasulullaah ρ point to the moon when he was still a small child reclining in a crib. This caused the moon to bow down before him.

[Bayhaqi in his *Dalaa'il* 374]

(3) A Fardh	Pouring water over the entire body in Ghusl

Rasulullaah ρ said that because impurity gets beneath every hair of the body, it is necessary to wash every hair, thereby cleansing the body thoroughly.

[Tirmidhi 106, from Hadhrat Abu Hurayrah τ]

It is Fardh (obligatory) during Ghusl for every part of the body to be

washed. Water needs to reach the roots of the hairs of the head and beard, because of which women should loosen their hair.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for Rajab and Sha'baan

The following du'aa should be recited during Rajab and Sha'baan:

TRANSLATION: O Allaah! Bless us during Rajab and Sha'baan and allow us to reach Ramadhaan.

[*Mishkaatul Masaabeeh* (Hadith 1369), from Hadhrat Abdullaah bin Abbaas τ]

(5) An Important Act and its Virtue	The Tahiyyatul Wudhu salaah

Rasulullaah ρ said, "The person who performs wudhu as I do and then performs two Rakaahs salaah with proper concentration, all his previous sins will be forgiven."

[Bukhaari 159, from Hadhrat Uthmaan τ]

(6) A Sin	Ascribing partners to Allaah (Shirk)

Allaah says in the Qur'aan, "**Verily Allaah does not forgive that Shirk** *(and kufr)* **be committed, but may forgive all** *(sins)* **besides this for whom He wills. Whoever commits Shirk has indeed invented a terrible sin**".

[Surah Nisaa, verse 48]

(7) This World	This world has been beautified for the Kuffaar

Allaah says in the Qur'aan, "**The life of this world has been beautified for the Kaafiroon who mock those who have Imaan** *(because the Kaafiroon feel that they have more wealth)*. **But those with Taqwa will be above them** *(the Kaafiroon)* **on the Day of Qiyaamah. Allaah provides for whom He desires without limits** *(Allaah will grant the Mu'mineen the best in the Aakhirah and can easily grant them more than the Kaafiroon in this world as well)*".

[Surah Baqara, verse 212]

(8) The Aakhirah	The state of the deceased person

Rasulullaah ρ said, "When people carry the deceased person (to the grave) and he is a good person, he says, 'Please take me quickly!' However, if he is a bad person, he cries out, 'Oh Dear! Where are you taking me to?' All of creation with the exception of man and Jinn hear this cry. Had they been able to hear it, they would have fallen unconscious."

[Bukhaari 1314, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	A cure for every illness

Hadhrat Uthmaan τ reports that he was once ill when Rasulullaah ρ paid him a visit. Rasulullaah ρ then advised him to recite the following du'aa and to then blow over himself:

[Ibn Sunni 553]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "O people! Make Salaam common amongst you, feed people, engage in salaah when people are fast asleep at night and you will then enter Jannah in peace."

[Tirmidhi 2485, from Hadhrat Abdullaah bin Salaam τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

3

(1) Islaamic History — **Hadhrat Umar τ accepts Islaam**

Before accepting Islaam, Hadhrat Umar τ was an ardent opponent of the Muslims and excelled in causing hardship to them. He was once on his way to assassinate Rasulullaah ρ when he met Hadhrat Sa'd bin Abi Waqqaas τ on the way. "Where are you off too, O Umar?" he asked. When Hadhrat Umar τ expressed his intention, Hadhrat Sa'd τ remarked, "You had better first set your own home in order because both your sister and your brother-in-law have accepted Islaam." When he heard this, Hadhrat Umar τ was overcome with rage and stormed off to his sister's house. When Hadhrat Umar τ arrived there, he beat the husband and wife so badly that they started to bleed. When he had worn off his rage with the assault and was embarrassed to see the bleeding he had caused his sister, he said, "Show me what this is that you had been reading." "You are unclean," his sister remarked, "and only people who are clean may touch these." So Hadhrat Umar τ was forced to bath and started to read the pages of the Qur'aan. He was a changed man by the time he had completed and then went to Rasulullaah ρ to accept Islaam. When this happened, the Muslims were so overjoyed that their cries of "Allaahu Akbar!" echoed throughout Makkah.

(2) Allaah's Power — **The tremendous bounty of hair**

Hair is one of the greatest bounties that Allaah has bestowed upon man. It is a shiny beauty that protects the head from heat and cold as well as from various forms of harm. Together with this, it adds beauty to the face. Allaah has also caused hair to grow in other parts of the body and this too, in parts where it is appropriate. Imagine the inconvenience if hair was to grow on the lips, for example. One will then be unable to speak properly, eat or drink properly. Imagine also the inconvenience if hair was to grow on the palms of the hand! It is by the power and wisdom of Allaah that hair is allowed to grow only where necessary and not anywhere else. Allaah says, "**Undoubtedly, We created man in the best form**".

[Surah Teen, verse 4]

(3) A Fardh — **The warning against missing salaah**

Rasulullaah ρ said, "Missing salaah attaches a person to kufr."

[Muslim 246, from Hadhrat Jaabir τ]

Another Hadith states that Rasulullaah ρ said, "The difference between Imaan and Kufr lies in missing salaah."

[Ibn Maajah 1078, from Hadhrat Jaabir τ]

(4) A Sunnah	**Drinking in three sips**

Whenever Hadhrat Anas τ used to drink, he drank in three sips and said that this was how Rasulullaah ρ drank.

[Bukhaari 5361]

(5) An Important Act and its Virtue	**The reward for visiting the ill**

Rasulullaah ρ said, "When a Muslim performs wudhu properly and then proceeds to visit his Muslim brother with the intention of earning rewards, he will be placed a distance of seventy years from Jahannam."

[Abu Dawood 3097, from Hadhrat Anas τ]

(6) A Sin	**Failure to perform Hajj when it becomes Fardh (obligatory)**

Rasulullaah ρ said that when a person fails to perform Hajj despite having the means and the transport available, it matters not whether he dies as a Jew or a Christian.

[Tirmidhi 812, from Hadhrat Ali τ]

(7) This World	**Earning the Aakhirah through this world**

Rasulullaah ρ said, "This world is a fine home indeed for the person who makes it a means to earn the Aakhirah and to please Allaah. On the other hand, it is a terrible home indeed for the person whom it prevents from earning the Aakhirah and causes him to displease Allaah."

[*Mustadrak* of Haakim 7870, from Hadhrat Taariq τ]

(8) The Aakhirah	**The cries of the people of Jahannam**

Allaah says in the Qur'aan, "**As for those who will be unfortunate, they will certainly be in the Fire, where they will scream and shout**".

[Surah Hood, verse 106]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Cure in three things**

Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ said, "Cure lies in three things; honey, cupping and branding (with fire)." However, Rasulullaah ρ also said, "I have forbidden my Ummah from branding, so avoid it when seeking treatment."

[Bukhaari 5680]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O people! Worship** *(only)* **your Rabb Who has created you and Who has created those before you, so that** *(by worshipping Him)* **you may develop Taqwa**".

[Surah Baqara, verse 21]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	4

(1) Islaamic History	The valour of Hadhrat Umar τ

All of the world is aware of and admits to the valour of Hadhrat Umar τ. During the early days of Islaam, the Muslims were unable to perform salaah near the Kabah, but as soon as Hadhrat Umar τ converted to Islaam, the Muslims openly started performing salaah there. Hadhrat Ali τ said, "As far as I know, every person who migrated did so in secret, except for Umar τ. When he intended to migrate (to Madinah) he hung his sword around his neck, strapped his bow over his shoulders and proceeded to calmly perform Tawaaf with several arrows in his hand. Thereafter, he performed two Rakaahs salaah behind the *Maqaam Ibraheem* and then approached very assembly of the Quraysh there to say to them, "Whoever wishes that his mother grieves over his death, that his wife becomes a widow and that his children become orphans, he should come out of Makkah and attempt to contest me." He then left Makkah without a single soul daring to stop him. Hadhrat Abdullaah bin Mas'ood τ said, "The acceptance of Islaam by Hadhrat Umar τ was a great triumph for the Muslims, his Hijrah a fantastic reinforcement and his ascension to the Khilaafah a tremendous mercy."

(2) Rasulullaah ρ's Miracle	Curing Hadhrat Ali τ's eye

When Rasulullaah ρ called for Hadhrat Ali τ during the Battle of Khaybar, he was informed that Hadhrat Ali τ was suffering from tremendous pain in his eye. When Hadhrat Ali τ arrived, Rasulullaah ρ applied some of his blessed saliva to the eye, after which it was completely cured and it appeared as if nothing had ever been wrong with it.

[Bukhaari 2942, from Hadhrat Sahl bin Sa'd τ]

(3) A Fardh	Zakaah

When he dispatched Hadhrat Mu'aadh bin Jabal τ to Yemen, Rasulullaah ρ instructed him saying, "Inform them (the people of Yemen) that Allaah has made it Fardh (obligatory) for them to pay zakaah on their wealth."
[Bukhaari 1496, from Hadhrat Abdullaah bin Abbaas τ]
Zakaah becomes Fardh (obligatory) for a person when he possesses wealth equal to Nisaab.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for the best of this world and the Aakhirah

The following du'aa should be recited abundantly for attaining the best of this world and the Aakhirah. Rasulullaah ρ recited it very often.

TRANSLATION: **"O our Rabb, grant us** *(all that which is)* **good in this world,** *(all that which is)* **good in the Aakhirah and save us from the punishment of the fire** *(of Jahannam)***."**

[Surah Baqara, verse 201]

(5) An Important Act and its Virtue	Jannah in pleasing the husband

Rasulullaah ρ said that a woman will enter Jannah if her husband was pleased with her when she passed away.

[Tirmidhi 1161, from Hadhrat Ummu Salamah رضي الله عنها]

(6) A Sin	Concealing testimony

Allaah says in the Qur'aan, "**Do not hide testimony** *(when you are called to deliver it)* **for whoever hides it has a sinful heart. Allaah knows well whatever you do**".

[Surah Baqara, verse 283]

(7) This World	The life of this world is deceiving

Allaah says in the Qur'aan, "**The life of this world is merely an enjoyment of deception** *(because after a limited period of enjoyment, it will come to an end)*".

[Surah Aal Imraan, verse 185]

Just as buyers are deceived by the appearance of some goods, so too are people deluded by the apparent attraction of this world.

(8) The Aakhirah	Destiny is decided already in the grave

Rasulullaah ρ said that when a person dies, his abode is shown to him day and night. If he is headed for Jannah, Jannah is shown to him and if he is headed for Jahannam, Jahannam is shown to him. Then until the Day of Qiyaamah, he is then constantly reminded that this shall be his abode in the Aakhirah.

[Bukhaari 1379, from Hadhrat Abdullaah bin Umar τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Dates

Rasulullaah ρ advised that fresh (wet) dates be fed to women in labour and if this is not available, then dry dates may be given.
[Abu Ya'la 434, from Hadhrat Ali τ]
Dates effectively expel harmful blood from a woman's body after birth and also strengthen her.

(10) Advice from Rasulullaah ρ	

Addressing some women, Rasulullaah ρ once advised them to continuously recite *Tasbeeh (Subhaanallaah), Tahleel (Alhamdu Lillaah)* and *Taqdees (Subhaana Malikil Quddoos)* and to count these on their fingers because the fingers may then testify on their behalf on the Day

of Qiyaamah. He then urged them not to deprive themselves of the tremendous rewards of reciting these words.

[Tirmidhi 3583, from Hadhrat Yaseera رضي الله عنهما]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

5

(1) Islaamic History	The Khilaafah of Hadhrat Umar τ

Hadhrat Umar τ became the second Khalifah of Islaam after the demise of Hadhrat Abu Bakr τ. He occupied the post for 10½ years, during which period Islaam spread far and wide. Powerful nations were conquered by the Muslims during this period, including the Roman and Persian empires. The Muslims even reached the borders of India, China and Europe. A total of 500 fortresses and 1036 towns were conquered and the Muslim empire covered an area of 22500 square miles. Acknowledging the intuition, courage and conquests of Hadhrat Umar τ, even the reknowned Orientalist Mr. Jeewan stated, "Had the mighty Farooq τ (Hadhrat Umar τ) reigned for ten more years, there would not have been another religion on earth besides Islaam. The period of Hadhrat Umar τ's Khilaafah was used as an example to all the rulers after him. It was on the 26th of Dhul Hijjah during the Fajr salaah that a Christian by the name of Firoz attacked Hadhrat Umar τ and fatally wounded him. He then passed away three days later and was buried on the 1st of Muharram. His Janaazah salaah was led by Hadhrat Suhayb τ.

(2) Allaah's Power	The beauty of the peacock

In this very world, Allaah has given mankind glimpses of Jannah. Amongst these is a beautiful bird we know as the peacock, which leaves the observer stunned with its magnificent beauty. When the peacock spreads out its tail, it displays a myriad of amazing colours, which then sparkle in the sunshine, as if they are a thousand flowers. This is just a simple example of the great creative powers of Allaah.

(3) A Fardh	Guarantee of protection for performing the Fajr salaah

Rasulullaah ρ said that the person who performs the Fajr salaah will be safe in the protection of Allaah.

[Muslim 1493, from Hadhrat Jundub bin Abdullaah τ]

(4) A Sunnah	Making Khilaal of the fingers and toes

When Rasulullaah ρ once made wudhu, he rubbed his heels and said, "Pass the fingers through each other and Allaah will not allow the fire of Jahannam to pass through them."

[Daar Qutni 326, from Hadhrat Aa'isha رضي الله عنها]

(5) An Important Act and its Virtue	Loving people for the pleasure of Allaah

Rasulullaah ρ said that amongst the seven categories of people to be shaded beneath the shade of Allaah's throne on the Day of Qiyaamah will be those people who meet each other for the pleasure of Allaah.

[Bukhaari 660, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Failure to settle debts

Rasulullaah ρ said that after the major sins, the worst sin that a person can take back to Allaah is for him to leave behind debts without sufficient funds to settle them.

[Abu Dawood 3342, from Hadhrat Abu Moosa Ash'ari τ]

If a person has sufficient wealth, he should make a bequest to his heirs to settle his debts when he passes away. If he does not have the means to settle the debts, he must secure forgiveness in this world rather than having to pay for them with his good deeds on the Day of Qiyaamah.

(7) This World	The wealth of this world

Rasulullaah ρ said, "Qiyaamah will not come until you people will have so much wealth at your disposal that a wealthy person will be grieved because he will not be able to find anyone to take his Sadaqah. When he will ask someone to accept the Sadaqah, the person will tell him that he had no need for it."

[Muslim 2340, from Hadhrat Abu Hurayrah τ]

(8) The Aakhirah	The reception in Jannah

Allaah says in the Qur'aan, "**As for those who have Imaan and who do good acts, Jannaatul Firdous** *(the highest levels of Jannah)* **shall definitely be their reception** *(where they shall be entertained)*. **They will live there** *(in Jannah)* **forever and will never want to leave it**".

[Surah Kahaf, verse 107-108]

(9) Cures from the Qur'aan and Rasulullaah ρ	Avoiding illnesses

Rasulullaah ρ said, "When a fly falls into your utensil, then immerse it in completely because while one of its wings contains disease, the other contains the cure."

[Bukhaari 5782, from Hadhrat Abu Hurayrah τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Do you command people to adopt piety and forget** *(to do so)* **yourselves, whereas you are the ones who recite the Book? Have you no understanding** *(of your wrongdoing)*?"

[Surah Baqara, verse 44]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

6

(1) Islaamic History	Achievements during the reign of Hadhrat Umar τ

Before the coming of Islaam, it was the belief of the people of Egypt that whenever the River Nile dried up annually, it would not flow until a young virgin is sacrificed for it. When Islaam came to Egypt, the governor of Egypt Hadhrat Amr bin Al Aas τ prohibited this and then wrote to Hadhrat Umar τ for further instructions. Hadhrat Umar τ sent back a letter addressed to the Nile, stating, "If you flow by your own accord, then you need not flow. However, if it is the One and All Powerful that makes you flow, then we ask the One and All Powerful to make you flow." When the letter was thrown into the river, it started to flow in strength the very next day and has never stopped flowing ever since. Hadhrat Umar τ developed the accounting system to govern the state treasury, which is still used today. He also initiated a common system of weights and measures as well as the census system. He was the first to build prisons and instate a police force. It was also during his reign of Khilaafah that the Taraaweeh salaah was given due importance amongst society.

(2) Rasulullaah ρ's Miracle	Blessings in butter

It was the habit of Hadhrat Umm Maalik رضي الله عنها to always send a container of butter as a gift to Rasulullaah ρ. Whenever her children wanted some gravy and she did not have any to give them, she would always find butter in the container that she used to give to Rasulullaah ρ and then take out as much as she needed. However, she once emptied all the contents of the container, after which she did not have butter from the container any more. When she reported this to Rasulullaah ρ, he remarked, "Had you not emptied it completely, you would have been able to get butter from it forever."

[Muslim 5945]

(3) A Fardh	Hajj

Rasulullaah ρ said, "O people! Allaah has made Hajj Fardh for you so ensure that you perform it."

[Muslim 3257 from Hadhrat Abu Hurayrah τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa when leaving a gathering

The following du'aa should be recited when getting up from a

gathering:

TRANSLATION: We glorify and praise You, O Allaah! I testify that there is none worthy of worship but You. I seek your forgiveness and turn to You in repentance."

[Abu Dawood 4859, from Hadhrat Abu Barzah Aslami τ]

(5) An Important Act and its Virtue	**Making du'aa for one's Muslim brother**

Rasulullaah ρ stated that when someone makes du'aa for his Muslim brother in his absence, the angels respond to his du'aa by saying, "Aameen! May Allaah grant you the same."

[Abu Dawood 1534, from Hadhrat Abu Dardaa τ]

(6) A Sin	**The punishment for kufr is Jahannam**

Allaah says in the Qur'aan, "**Verily the riches and the progeny of the Kaafiroon shall not help them at all against** *(the punishment of)* **Allaah** *(as was seen in the Battle of Badr when the Mushrikeen were killed despite their wealth and numbers)***. These people will be the fuel of the fire**".

[Surah Aal Imraan, verse 10]

(7) This World	**This enjoyment of this world is brief**

Allaah says in the Qur'aan, "**The comfort** *(enjoyment)* **of this world is short. The Aakhirah is best for those who have Taqwa. You shall not be oppressed even to the extent of the string of a date seed** *(you will not be punished even to the extent of the thread on a date seed for a sin you did not commit nor will you be deprived of any rewards for a good act that equals this small amount)*.".

[Surah Nisaa, verse 77]

(8) The Aakhirah	**The first people to enter Jannah**

Rasulullaah ρ said that the first people to enter Jannah shall have faces as radiant as the 14th full moon. They will neither need to spit, will not have mucus in their noses, will never need to relieve themselves and their mouths will smell of musk. Their utensils shall be made of gold and silver and the scent of Oud will emanate from their stoves. Each of them will receive two damsels of Jannah who will be so beautiful that the marrow of their shin bones will be visible from outside. These two damsels will also think so alike that it would appear that they shared the same heart. They will also be engrossed in the remembrance of Allaah all day and night.

[Bukhaari 3245, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Cure for the evil eye**

Hadhrat Aa'isha رضي الله عنها reports that the person whose gaze caused the ill

effect needs to perform wudhu and the affected person is to bath with the water used for wudhu.

[Abu Dawood 3880]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Give gifts to each other because it eliminates hurt from the heart. Let no neighbour look down upon the gift of her neighbour even though it may be the hoof of an animal."

[Tirmidhi 2130, from Hadhrat Abu Hurayrah τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	7

(1) Islaamic History	Hadhrat Uthmaan τ

His name was Uthmaan, his nickname was Abu Abdullaah and his father's name was Affaan. He was the son of Rasulullaah ρ's aunt (father sister) and was six months younger than Rasulullaah ρ. Hadhrat Uthmaan τ was the fourth person to accept Islaam and it was before announcing his prophethood that Rasulullaah ρ gave his daughter Hadhrat Ruqayya رضي الله عنهما in marriage to Hadhrat Uthmaan τ. When she passed away, Rasulullaah ρ gave his daughter Hadhrat Ummu Kulthoom رضي الله عنهما in marriage to Hadhrat Uthmaan τ, because of which he was known as *Dhun Noorain* (the one who possesses two lights). Hadhrat Uthmaan τ migrated to both Abyssinia as well as Madinah and although he was extremely wealthy, he was also extremely generous and spend greatly in the path of Allaah. After Hadhrat Umar τ passed away on the first of Muharram 24 A.H., a council of Sahabah ψ selected Hadhrat Uthmaan τ as his successor, thus making him the third Khalifah in Islaam.

(2) Allaah's Power	Who created the towering mountains?

After spreading the land over water, Allaah entrenched mountains into it. A larger proportion of the mountain's size lies beneath the ground than is visible on the top. The purpose of these mountains is to lend stability and balance to the earth, without which the earth will be constantly rocked with earthquakes. Allaah says in the Qur'aan, "**Have We not made the earth a bedding** *(a place where they may live in comfort and have We not made)* **the mountains pegs** *(to lend stability to the earth, having their bulk underground like tent pegs)*".

[Surah Naba, verses 6-7]

(3) A Fardh	The importance of salaah in Deen

A person once asked, "O Rasulullaah ρ! What is the most beloved action to Allaah?" Rasulullaah ρ replied, "Performing salaah on time. The person who (intentionally) forgoes a salaah has no Deen in him since salaah is a pillar of Deen."

[Bayhaqi 2683, from Hadhrat Umar τ]

(4) A Sunnah	Making a fresh wudhu for every salaah

Hadhrat Anas τ reports that while they performed several salaahs with

the same wudhu, it was always the practice of Rasulullaah ρ to perform wudhu for every salaah.

[Abu Dawood 171]

(5) An Important Act and its Virtue	Reconciliation

Rasulullaah ρ said, "Should I not show you such a thing that is greater in status than even salaah and Sadaqah?" "Please do, O Rasulullaah ρ," the Sahabah ψ replied. Rasulullaah ρ then said, "It is to reconcile between two persons because mutual conflict destroys Deen."

[Abu Dawood 4919, from Hadhrat Abu Dardaa τ]

(6) A Sin	Using one's knowledge of Deen to earn a living

Rasulullaah ρ mentioned, "When someone acquires the knowledge that pleases Allaah to earn the things of this world, he will not even smell the fragrance of Jannah on the Day of Qiyaamah."

[Abu Dawood 3664, from Hadhrat Abu Hurayrah τ]

(7) This World	Love for this world and destruction of one's Aakhirah

Rasulullaah ρ said, "The person who loves this world shall harm his Aakhirah and the person who loves the Aakhirah shall harm his worldly life. You should therefore choose that which is everlasting over that which shall come to an end."

[Ahmad 19199, from Hadhrat Abu Moosa Ash'ari τ]

(8) The Aakhirah	The frightful scene of the Day of Qiyaamah

Allaah says in the Qur'aan, "**87.** *(Do not forget)* **The day** *(of Qiyaamah)* **when the trumpet will be blown and all within the heavens and the earth will be terrified, except those whom Allaah wills** *(those whom Allaah wishes to save from fear will have no fear)***.** *(When people rise from the graves,)* **They will all come to Allaah in humility.** *(On the Day of Qiyaamah,)* **You will look at the mountains, thinking** *(expecting)* **them to be solid** *(firmly entrenched in the ground)* **but they will be passing by like clouds** *(flying about as they are thrown into the air and eventually reduced to dust)***.** *(This is all)* **The doing of Allaah Who perfects everything** *(just as Allaah grants strength to weak things, so too can He weaken strong things like the mountains)***. Indeed He is Informed** *(fully aware)* **of what you do** *(and will take you to task for the wrong you do)*".

[Surah Naml, verses 87-88]

(9) Cures from the Qur'aan and Rasulullaah ρ	The cure for being underweight

Hadhrat Aa'isha رضي الله عنها reports that before her mother sent her to live with Rasulullaah ρ, she started to treat her for being underweight, but was unsuccessful. It was only when she started to eat fresh wet dates with cucumbers that she managed to put on some weight.

[Ibn Maajah 3324]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Do not make a joke of** *(do not treat lightly)* **Allaah's Aayaat** *(by mocking them and by disobeying Allaah's commands)*. **Remember the favour of Allaah to you and the Book** *(Qur'aan)* **and wisdom** *(laws of the Qur'aan and Ahaadeeth)* **which He has revealed to you, giving you advice through them** *(show your gratitude by obeying all His commands)*. **Fear Allaah** *(in all matters)* **and know that surely Allaah is Aware of everything** *(and will call you to account for all your actions)*".

[Surah Baqara, verse 231]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	8

(1) Islaamic History	**The achievements and martyrdom of Hadhrat Uthmaan τ**

Amongst the great achievements to the credit of Hadhrat Uthmaan τ was uniting the Ummah on a single copy of the Qur'aan, substantially extending the Masjidun Nabawi and expanding the borders of the Muslim empire. He was actively engrossed in serving the interests of the Muslim public when the Muslims fell prey to the plotting of the Munaafiqeen, which caused great anarchy to spread. The person who played a major role in the rebellion was a Jew named Abdullaah bin Saba who posed to be a Muslim. Apart from his enmity for Islaam, he hated Hadhrat Uthmaan τ and travelled to Kufa, Basra, Damascus and Egypt to muster support for his rebellion. He then dispatched a large group of his supporters from Egypt and other areas to Madinah. Most of them were Munaafiqeen, but they also managed to deceive many simple Muslims into joining their ranks. The reached Madinah during a time when most of the Sahabah ψ were in Makkah to perform Hajj. They surrounded the Khalifah's house and did not even allow food and water to reach him. It was on the 18th of Dhul Hijjah 35 A.H. that they martyred Hadhrat Uthmaan τ as he was reciting the Qur'aan.

(2) Rasulullaah ρ's Miracle	**Healing a wound**

Hadhrat Yazed bin Abu Ubayd τ reports that he once noticed a wound on the leg of Hadhrat Salamah bin Akwa τ. When he asked Hadhrat Salamah τ what had happened, he replied, "When I received this wound during the Battle of Khaybar, everyone thought that I would die. When I was brought before Rasulullaah ρ, he (recited something and) blew on the wound, causing it to heal so well that I have never had any complaints since."

[Bukhaari 4206]

(3) A Fardh	**Taking benefit of something pawned**

Someone once asked Hadhrat Abdullaah bin Mas'ood τ about a horse that was pawned with him and which he rode on. He wanted to know whether this was permissible. Hadhrat Abdullaah bin Mas'ood τ replied, "The benefit you derived from the horse is interest."

[*Kanzul Ummaal* 15749]

It is not permissible to use anything pawned with one. This needs to be avoided.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa before sleeping

The following du'aa should be recited before going to bed:

TRANSLATION: O Allaah! It is without Your name that I die and come back to life again.

[Bukhaari 6314, from Hadhrat Hudhayfah τ]

(5) An Important Act and its Virtue	The reward of reciting Surah Yaaseen

Rasulullaah ρ said that everything has a heart and the heart of the Qur'aan is Surah Yaaseen. Whoever recites it will receive the reward of reciting the Qur'aan ten times."

[Tirmidhi 2887, from Hadhrat Anas τ]

(6) A Sin	Miserliness

Allaah says in the Qur'aan, "**Those who are miserly with what Allaah has given them from His bounty** *(especially miserly in spending for Jihaad)* **should never think that this** *(miserliness)* **is best for them. Indeed it is worse for them. That** *(wealth, etc)* **with which they are miserly shall soon be tied to their necks** *(like a yoke)* **on the Day of Judgement. To Allaah belongs the inheritance of the heavens and the earth** *(because everything will be left entirely to Him when Qiyaamah takes place)* **and Allaah is Informed of what you do** *(and will compensate you for whatever you spend for His pleasure)*".

[Surah Aal Imraan, verse 180]

(7) This World	Death is inevitable

Allaah says in the Qur'aan, "**Wherever you may be** *(whether fighting in Jihaad or sitting at home)*, **death** *(is definite and)* **will find you even though you are in high** *(reinforced)* **towers** *(forts)*".

[Surah Nisaa, verse 78]

(8) The Aakhirah	The trees of Jannah

Rasulullaah ρ said that there is not a tree in Jannah that is without branches of gold.

[Tirmidhi 2525, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Protection from serious diseases

Rasulullaah ρ said that when a person licks on honey for three mornings a month, no serious disease can afflict him.

[Ibn Maajah 3450, from Hadhrat Abu Hurayrah τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "When any of you becomes angry and he is standing, he should sit down and if his anger still does not abate, he should then lie down."

[Abu Dawood 4782, from Hadhrat Abu Dharr τ]

(1) Islaamic History	Hadhrat Ali τ

Hadhrat Ali bin Abi Taalib τ was Rasulullaah ρ's cousin (father's brother's son) and he also happened to be Rasulullaah ρ's son-in-law. He was the husband of Rasulullaah ρ's beloved daughter Hadhrat Faatima رضي الله عنها and the father of Hadhrat Hasan τ and Hadhrat Husayn τ. He was the youngest person to accept Islaam at the age of 9 and never worshipped an idol all his life. He also had the honour of being brought up by Rasulullaah ρ himself. Hadhrat Ali τ was extremely courageous and powerful, as he displayed during the Battle of the Trench when he fought Amr bin Abd Wudd, a warrior who was thought to be equal to a thousand swordsmen. When Amr challenged the Muslims to take him on in a dual, it was Hadhrat Ali τ who volunteered to take the challenge. Allaah then allowed Hadhrat Ali τ to be the victor. During the Battle of Khaybar, the Muslims were able to conquer all the fortresses one after the other with the exception of a fortress called Al Qamoos, which was the largest of them all. Rasulullaah ρ then announced, "Tomorrow I shall give the flag to a person whom Allaah and His Rasool ρ love and it is at his hand that Allaah shall conquer the fortress." Rasulullaah ρ then gave the flag to Hadhrat Ali τ. Although the gate of the fortress was so large that it took forty men to move it, Allaah gave Hadhrat Ali τ the strength to tear it off its hinges single-handedly, after which he led the army in to conquer the fortress.

(2) Allaah's Power	The solar and lunar eclipses

Allaah has placed the sun and the moon in this world to give light, but has given the sun a light that is hot and the moon a light that is cool. However, Allaah sometimes displays His tremendous power by making the light of the sun to disappear for while, because of which the earth is left in darkness. This we refer to as a solar eclipse. When Allaah causes the light of the moon also to be temporarily lost, we refer to it as a lunar eclipse. This also displays the might that Allaah wields over His creation.

(3) A Fardh	The virtue of performing the five daily salaahs

Rasulullaah ρ reports that Allaah says, "I have made the five salaahs Fardh (obligatory) upon your Ummah and have pledged to enter that person into Jannah who will perform these five salaahs regularly. As for

the person who does not perform them regularly, there shall be no pledge for him."

[Abu Dawood 430, from Hadhrat Abu Qataadah τ]

(4) A Sunnah	**Greeting with Salaam at the door**

When approaching the house of any person, Rasulullaah ρ never stood in front of the door, but stood to the right or left side before greeting with the words, "*As Salaamu Alaykum*".

[Abu Dawood 5186, from Hadhrat Abdullaah bin Busr τ]

(5) An Important Act and its Virtue	**Greeting a Muslim brother with a smile**

Rasulullaah ρ said, "Meeting a Muslim brother with a smile, enjoining good and forbidding evil all attract the reward of Sadaqah."

[Tirmidhi 1956, from Hadhrat Abu Dharr τ]

(6) A Sin	**Failure to prevent evil**

Rasulullaah ρ said that when people fail to prevent evil that is happening before them, it is feared that Allaah's punishment will afflict them all.

[Ibn Maajah 4009, from Hadhrat Jareer τ]

(7) This World	**The example of this world**

Rasulullaah ρ said, "The example of this world is like a person walking in water. Is it possible that his foot does not get wet?"
[Bayhaqi 10187, from Hadhrat Hasan τ]
Just as a person walking in water must get his feet wet, so too must a person be afflicted by adversities when he is engrossed in this world.

(8) The Aakhirah	**None will be of any help to another on the Day of Qiyaamah**

Allaah says in the Qur'aan, "**O people! Fear Allaah and beware of the day** *(of Qiyaamah)* **when a father will be of no benefit to his son, nor will a child be of any benefit to his father** *(because each one will be concerned only about himself)***. Verily Allaah's promise** *(of Qiyaamah)* **is true. So let not the life of this world deceive you** *(into believing that Qiyaamah will never come)***, and do not allow the great deceiver** *(Shaytaan)* **to deceive you about Allaah** *(by making you think that it is all right to continue sinning because Allaah is Merciful and will always forgive you. Do not also allow him to deceive you into thinking that Allaah is pleased with you because He grants you many favours and you therefore have no reason to change your evil ways)*".

[Surah Luqmaan, verse 33]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The cure for stomach pains**

Hadhrat Abu Hurayrah τ reports that he had once completed his salaah and went to sit with Rasulullaah ρ. Turning to him, Rasulullaah ρ asked, "Do you have pain in your stomach?" When Hadhrat Abu Hurayrah τ confirmed that he did, Rasulullaah ρ said, "Then stand up and perform salaah because the cure lies in salaah."

[Ibn Maajah 3458]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! When you contract a debt for a fixed period** *(of time)* **then write it down**".

[Surah Baqara, verse 282]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

10

(1) Islaamic History — The Khilaafah of Hadhrat Ali τ

Hadhrat Ali τ became the Khalifah of the Muslims after the martyrdom of Hadhrat Uthmaan τ. It was then that the people came to his house and requested to pledge allegiance on his hand. He said, "It is the prerogative of the veterans of the Battle of Badr to select the Khalifah." When all the veterans of Badr arrived and selected Hadhrat Ali τ as the Khalifah, he mounted the pulpit to accept the pledge of allegiance from the people. This took place on the Friday the 18th of Dhul Hijjah. During the Khilaafah of Hadhrat Ali τ, the Muslims split into two warring factions, which caused much harm to them. Despite this, the size of the Muslim empire still expanded and many new regions fell within its borders. As the Muslims continued their efforts in propagating Islaam, large numbers of people saw the truth of Islaam and entered its fold.

(2) Rasulullaah ρ's Miracle — Hadhrat Muhammad bin Haatib τ is cured

As a child, Hadhrat Muhammad bin Haatib τ was brought to Rasulullaah ρ by his mother at a time when he had burnt his hand. "O Rasulullaah ρ!" his mother said, "This is Muhammad bin Haatib, who is the first child to be named after you. Rasulullaah ρ passed his hand over the child's head and prayed for him to be blessed. Rasulullaah ρ then also applied some of his blessed saliva on the child's face and on his hand, as he recited the du'aa:

أَذْهِبِ الْبَأْسَ رَبَّ النَّاسِ وَ اشْفِ أَنْتَ الشَّافِي لا شِفَاءَ إِلاَّ شِفَاءُكَ شِفَاءً لاَ يُغَادِرُ سَقَماً

The mother relates that they had not yet even left the presence of Rasulullaah ρ when her son's hand had been completely cured.

[*Mustadrak* of Haakim 6909 from Hadhrat Ummu Jameel رضي الله عنهما]

(3) A Fardh — It is Fardh (obligatory) for a woman to conceal herself

Allaah says in the Qur'aan, "**Remain in your homes and** *(when it is absolutely necessary to leave your homes, leave properly clothed and)* **do not make a display of yourselves as was the practice of** *(women during)* **the former period of ignorance** *(during the period before Islaam came to people, when women walked about without adequately covering their bodies)*".

[Surah Ahzaab, verse 33]

It is necessary for all Muslim women to conceal herself completely when she needs to leave her home for any necessity. This is because it is Fardh (obligatory) for her to do so.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ — The du'aa when awakening

The following du'aa should be recited when awakening from one's sleep:

TRANSLATION: All praise belongs to Allaah Who has given us life after death and it is to Him that we shall return.

[Bukhaari 6312]

(5) An Important Act and its Virtue — Travelling to acquire the knowledge of Deen

Rasulullaah ρ said, "Allaah shall ease the path to Jannah for the person who travels in search of the knowledge of Deen."

[*Mustadrak* of Haakim 299, from Hadhrat Abu Hurayrah τ]

(6) A Sin — Devouring the wealth of orphans

Allaah says in the Qur'aan, "**Give the orphans** *(in your care)* **their wealth** *(when they reach the age of maturity and understanding)* **and do not exchange the bad for the good** *(do not take what is valuable from their wealth and replace it with something inferior)*. **Do not devour their wealth** *(by including it)* **with your own. It is indeed a serious sin to do so**".

[Surah Nisaa, verse 2]

(7) This World — Do not desire the wealth given to the sinful ones

Allaah says in the Qur'aan, "**Never strain your eyes towards** *(do not long for)* **the splendour of the worldly life that We have granted groups of them** *(the Kuffaar and sinful ones)* **to enjoy as a test for them** *(to see which of them will use these bounties for Allaah's obedience and which of them will use it to anger Allaah)*. **The provision of your Rabb** *(in the Aakhirah)* **is best and more lasting** *(than anything of this world)*".

[Surah TaaHaa, verse 131]

Never look with envy at the wealth Allaah has given the sinful ones because this is a test for them.

(8) The Aakhirah — The people with Imaan will eventually be removed from Jahannam

Rasulullaah ρ said that when the decision is passed for the people of Imaan to be released from Jahannam (after receiving some punishment for their sins), they will cross over the bridge of Siraat, which is situated between Jannah and Jahannam. There, the wrongs that they did to each other will be settled before they are given permission to enter Jannah. Rasulullaah ρ then added, "I swear by the Being Who controls the life of Muhammad! Each one of them will recognise their abodes in Jannah just as any of you recognises his own house in this world."

[Bukhaari 2440, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treatment for sciatica
Hadhrat Anas τ reports that he heard from Rasulullaah ρ that the treatment for sciatica is to melt the rounded, protruding lump of fat from the tail of an Arab sheep, which is then to be made into three parts. Each part is then to be taken for three mornings thereafter.	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "When a child is born, he is to be given a good name. He must then be given a good upbringing and then married when he comes of age. If he is not married after coming of age and then falls into sin, the sin will fall on the father." [Bayhaqi 8413, from Hadhrat Abu Sa'eed Khudri τ and Hadhrat Abdullaah bin Abbaas τ]	

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	11
(1) Islaamic History	**Hadhrat Talha bin Ubaydullaah τ**
Hadhrat Talha bin Ubaydullaah τ is one of those ten fortunate people whom Rasulullaah ρ had named to be inhabitants of Jannah. He was amongst the early Muslims and participated in all the expeditions with Rasulullaah ρ apart from the Battle of Badr. He was also present when the Pledge of Ridwaan took place. When the Mushrikeen were targeting Rasulullaah ρ during the Battle of Uhud, Hadhrat Talha τ used his body to shield Rasulullaah ρ against the arrows, because of which his arm was paralysed. Rasulullaah ρ once said, "If anyone desired to see a walking martyr on earth, he should take a look at Talha bin Ubaydullaah." Hadhrat Talha τ passed away as a martyr in the Battle of Jamal in the year 36A.H., approximately 25 years after the demise of Rasulullaah ρ.	
(2) Allaah's Power	**Fruits and flowers from one type of water**
Allaah is that extremely Powerful Being Who has created a variety of trees, fruits and flowers from one type of water. Furthermore, despite being grown in the same soil and with the same water, each variety has different colours and different flavours.	
(3) A Fardh	**The husband's share in his wife's estate**
Allaah says, "**You** *(husbands)* **shall inherit half of what your wives leave if they do not have children.** *(However)* **If they** *(your wives)* **have children, then you shall inherit a quarter of what they leave after the bequests they made and** *(after settling their)* **debts".** [Surah Nisaa, verse 12]	
(4) A Sunnah	**Meeting with a smile**
Hadhrat Jareer τ reports that after he had accepted Islaam, Rasulullaah ρ never prohibited him from being with him at any place and Rasulullaah ρ always smiled with him when he saw him. [Bukhaari 3035]	
(5) An Important Act and its Virtue	**Fasting for three days every month**
Rasulullaah ρ stated that fasting for three days every month is like fasting throughout one's life. [Nasa'ee 2410, from Hadhrat Abu Hurayrah τ]	
(6) A Sin	**Falsely accusing a Muslim**

Rasulullaah ρ said, "When a person saves his Muslim brother from the evil of a hypocrite, Allaah will delegate an angle to him on the Day of Qiyaamah who will save him from Jahannam. When a person falsely accuses his Muslim brother of something so as to humiliate him, Allaah will stop him on the bridge of Siraat until retribution is taken for what he had spoken."

[Abu Dawood 4883, from Hadhrat Mu'aadh bin Anas τ]

(7) This World	**The buildings of this world**

When he once passed a domed building, Rasulullaah ρ asked, "Who built this?" When he was informed who had built it, Rasulullaah ρ remarked, "With the exception of a Masjid, every building will be a liability for its owner on the Day of Qiyaamah."

[Bayhaqi 10303, from Hadhrat Anas τ]

(8) The Aakhirah	**The bounties of the people of Jannah**

Allaah says in the Qur'aan, **"In the eternal Jannaat that they (the Mu'mineen) will enter, they will be adorned with bracelets of gold and pearls. Their garments there will be (made) of silk***".*

[Surah Faatir, verse 33]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Safeguarding oneself against diseases**

Hadhrat Jaabir τ reports that he heard Rasulullaah ρ say, "Keep your utensils covered and waterbags closed because there is a night in the year during which diseases descend and enter the utensils and waterbags that have not been covered."

[Muslim 5255]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Give women** *(your wives)* **their dowries with a good heart** *(in good faith)***. If they** *(your wives)* **give you a part of it** *(if they reduce the amount)* **of their own accord, then partake of it** *(you may accept the reduction)* **with welcome and happiness** *(you will not be sinning by accepting it)*".

[Surah Nisaa, verse 4]

(1) Islaamic History	**Hadhrat Zubayr bin Awwaam τ**

Hadhrat Zubayr τ was also one of those ten fortunate people whom Rasulullaah ρ had named to be inhabitants of Jannah. He was the fourth or fifth person to accept Islaam when he was only 15 years of age. He participated in all the expeditions with Rasulullaah ρ and also migrated to both Abyssinia and Madinah. When Rasulullaah ρ asked for a volunteer to spy on the Mushrikeen army during the Battle of the Trench, Hadhrat Zubayr τ volunteered. It was then that Rasulullaah ρ said, "Every Nabi has a *Hawaariy* (close ally) and mine is Zubayr." Hadhrat Ali τ reports that he heard Rasulullaah ρ say, "Talha and Zubayr shall be my neighbours in Jannah." Hadhrat Zubayr τ was martyred during the Battle of Jamal by Ibn Hurmuz in the year 36 A.H.

(2) Rasulullaah ρ's Miracle	**A stick becomes a sword**

During the Battle of Badr, Rasulullaah ρ gave Hadhrat Ukaasha τ a dry twig, which then became a sword in his hand. He used it to fight in the Battle of Badr and it remained with him throughout his life.

[Usudul Ghaabah]

(3) A Fardh	**Jahannam is forbidden to the one who performs his salaah**

Rasulullaah ρ said, "The fire of Jahannam is forbidden to the person who performs his five daily salaahs with proper wudhu, in its proper times together with proper Ruku and Sajdah and regarding it as a right owed to Allaah."

[Ahmad 17882, from Hadhrat Handhala Usaydi τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**When seeing a bad dream**

Rasulullaah ρ said, "When any of you sees a bad dream, he should thrice make the action of spitting to the left, seek Allaah's protection from Shaytaan (recite *Ta'awwudh*) and then change the side he had been sleeping on."

[Muslim 5904, from Hadhrat Jaabir τ]

TRANSLATION:

[Surah , verse]

(5) An Important Act and its Virtue	**Do not complain of your illness**

Rasulullaah ρ reports that Allaah says, "When I give illness to any of My

bondsmen and he does not complain about me to those who visit him, I then free him from his shackles (illness) and then replace his flesh with better flesh and his blood with better blood so that he may start his actions anew."

[*Mustadrak* of Haakim 1290, from Hadhrat Abu Hurayrah τ]

When a person falls ill, he should be patient and not complain of his illness to anyone. This will earn him tremendous rewards from Allaah.

(6) A Sin	**Disobeying Allaah and His Rasool ρ**

Allaah says in the Qur'aan, "**Whoever disobeys Allaah and His Rasool ρ and oversteps His limits** *(later dying as a Kaafir)*, **Allaah shall enter him into the Fire** *(of Jahannam)* **where he shall live forever. He shall suffer a disgracing punishment**".

[Surah Nisaa, verse 14]

(7) This World	**Do not ask only for the bounties of this world**

Allaah says in the Qur'aan, "**Whoever** *(by the actions he carries out)* **desires the reward of this world,** *(should remember that)* **with Allaah is the reward of this world and** *(the rewards of)* **the Aakhirah** *(one should therefore not be foolish to choose only the rewards of this world and deprive oneself of those of the Aakhirah)*. **Allaah is All Hearing, All Seeing**".

[Surah Nisaa, verse 134]

(8) The Aakhirah	**The people of Jannah**

Rasulullaah ρ said that the people of Jannah will eat and drink, but will not need to relieve themselves. Instead, their food will digest when they break wind with the fragrance of musk. They will be inspired to engage in Tasbeeh and Takbeer which will be so easy for them as it is easy for people of this world to breathe.

[Muslim 7154, from Hadhrat Jaabir bin Abdullaah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of using the Miswaak**

Rasulullaah ρ said, "Do use the Miswaak because it pleases Allaah and sharpens the eyesight."

[Tabraani in his *Awsat* 7709, from Hadhrat Abdullaah bin Abbaas τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "O Aa'isha! Stay away even from those sins that appear to be insignificant because Allaah has appointed angels who write even these down."

[Ibn Maajah 4243, from Hadhrat Aa'isha رضي الله عنها]

(1) Islaamic History	**Hadhrat Abdur Rahmaan bin Auf τ**

Hadhrat Abdur Rahmaan bin Auf τ was amongst the five first people to accept Islaam upon the invitation from Hadhrat Abu Bakr τ. He was ten years younger than Rasulullaah ρ and accepted Islaam when he was 30 years of age. He was also one of those ten fortunate people whom Rasulullaah ρ had named to be inhabitants of Jannah. He participated in all the expeditions with Rasulullaah ρ and also migrated to both Abyssinia and Madinah. When he migrated to Madinah, he possessed no wealth at all and Rasulullaah ρ paired him as brother to Hadhrat Sa'd bin Rabee Ansaari τ. Hadhrat Abdur Rahmaan τ then engaged in business and Allaah blessed his wealth so much that he was soon one of the wealthiest people in Madinah. He donated generously to causes in the path of Allaah, sometimes donating half of his wealth, sometimes giving forty thousand gold coins and sometimes donating 500 horses together with their supplies. He once set thirty slaves free all at once. He passed away in Madinah during the year 31 A.H. at the age of 75.

(2) Allaah's Power	**From a baby with little understanding to an intelligent adult**

Intellect is a tremendous bounty from Allaah. When a child is born, he does not have the capability of understanding anything. To him there is no difference between water and fire and a snake and a rope. He cannot clothe himself and has no way of protecting himself from the heat and the cold. However, Allaah gradually bestows the child with intellect until he eventually has the ability to completely understanding things around him. He then realises that he needs to guard against fire and snakes, that he has to cover his body and he perceives the difference between right and wrong. It is really by the power of Allaah that a child who had been completely unaware of anything develops into a person with complete sense and intelligence.

(3) A Fardh	**Upon whom is Hajj Fardh**

Allaah says in the Qur'aan, "**Hajj** *(pilgrimage to show love for Allaah)* **to the House** *(the Kabah)* **is a duty that people who are able to find a way there owe to Allaah** *(therefore, Muslims who can afford to go to Makkah to perform Hajj have to do so)*".

[Surah Aal Imraan, verse 97]

(4) A Sunnah	**Welcoming a guest**

Hadhrat Abdullaah bin Abbaas τ reports that when a delegation from the Banu Abdul Qais came to Rasulullaah ρ, he welcomed them with the word, "*Marhaba* (Welcome)!"
[Bukhaari 53]
This Hadith tells us that when we receive guests, it is Sunnah to do so with words of welcome.

(5) An Important Act and its Virtue	**Filling in the gaps of the rows of salaah**

Rasulullaah ρ said, "When a person fills a gap in a row of people performing salaah, Allaah will elevate him a rank in Jannah and build him a palace there."

[*Targheeb wat Tarheeb* 678, from Hadhrat Aa'isha رضي الله عنها]

(6) A Sin	**The consequences of not abstaining from evil**

Rasulullaah ρ mentioned that a person will be brought forward on the Day of Qiyaamah and as he is thrown into Jahannam, his intestines will emerge from his body and he will be made to turn around them just as a donkey is made to turn around a grinding wheel. The people in Jahannam will gather around him and ask, "What has happened to you? Was it not you who used to enjoin us to do good and forbid us from evil?" He will reply, "It was I indeed. However, although I instructed you to do good, I never practised the good myself and although I forbade you from evil, I never abstained from it myself."

[Bukhaari 3267, from Hadhrat Usaama τ]

(7) This World	**Building more than is necessary**

Rasulullaah ρ said that any building that is more than a person requires will be a liability for the person on the Day of Qiyaamah.

[Bayhaqi 10306, from Hadhrat Anas τ]

(8) The Aakhirah	**The plea of the people of Jahannam**

Allaah says in the Qur'aan, "**They** *(the Kuffaar)* **will be screaming** *(for help)* **in Jahannam saying, "O our Rabb! Remove us from here and** *(send us back to the world where)* **we will do deeds unlike those** *(evil deeds)* **that we used to carry out."** *(They will be denied this request and it will be said to them,)* **"Did We not grant you sufficient age** *(time)* **in which the one who takes heed may take heed? And did a warner not come to you?** *(You had enough time in the world to do good deeds and the Ambiyaa and others were there to warn you about the consequences of your kufr, yet you failed to take heed,)* **So taste** *(the punishment for your wrong-doing)* **! The oppressors** *(Kuffaar and sinners)* **will not have a helper** *(against Allaah's punishment)***."".**

[Surah Faatir, verse 37]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treatment for leprosy**

Rasulullaah ρ said, "Eat olive oil and apply it to the body because it is a

cure for seventy diseases, leprosy being one of them."

[*Kanzul Ummaal* 28295, from Hadhrat Abu Hurayrah τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Live with them** *(your wives)* **in kindness** *(treating them well)***. If you dislike** *(anything in)* **them, then** *(be tolerant because)* **perhaps you dislike something whereas Allaah places abundant good in it.** *(A spouse's bad habits should not prompt one to behave harshly)*".

[Surah Nisaa, verse 19]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	14

(1) Islaamic History	Hadhrat Sa'd bin Abi Waqqaas τ

Hadhrat Sa'd bin Abi Waqqaas τ was also one of the fortunate people who received glad tidings of Jannah in this very world. His real name was Sa'd bin Maalik Qurashi and he was the 7th person to accept Islaam when he was only 17 years of age. He was the first person to fire an arrow in the path of Allaah and his du'aas were always accepted. Together with participating in the Battle of Badr and the Battle of Uhud, he also took part in all the expeditions that Rasulullaah ρ led. He also endured great hardship in the path of Allaah. He relates that they endured such conditions in the path of Allaah that they had nothing to eat on military expedition apart from the leaves of trees.

(2) Rasulullaah ρ's Miracle	Restoring speech

A boy who had been unable to speak since birth was brought to Rasulullaah ρ. "At least tell me who I am?" Rasulullaah ρ asked him. The boy immediately replied, "You are the Rasool of Allaah." From that day onwards, he was always able to speak.

[Bayhaqi 2311]

(3) A Fardh	The wife's share from her husband's estate

Allaah says in the Qur'aan, "**They** *(your wives)* **shall inherit a quarter of what you** *(husbands)* **leave if you have no children.** *(However)* **If you have children, then they shall inherit an eighth of what you leave after the bequests you make and** *(after settling your)* **debts**".

[Surah Nisaa, verse 12]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for eating

The following du'aa should be recited before eating:

TRANSLATION: I begin in the name of Allaah.

[Bukhaari 5376]

If one forgets to recite this before eating, then he should recite the du'aa"

TRANSLATION: I take the name of Allaah at the beginning and at the end.

[Abu Dawood 3767, from Hadhrat Aa'isha رضي الله عنها]

(5) An Important Act and its Virtue	Reciting Surah Kaafiroon before sleeping

Rasulullaah ρ said that the person who recites Surah Kaafiroon before going to bed shall be free of Shirk.

[Tirmidhi 3403, from Hadhrat Farwa bin Naufal τ]

(6) A Sin	Declaration of war against those who consume interest

Allaah says in the Qur'aan, "**If you do not** *(avoid interest)***, then be warned of war from Allaah and His Rasool** ρ".

[Surah Baqara, verse 279]

(7) This World	The Aakhirah is better than this world

Allaah says, **"The life of the world (besides those things done to please Allaah) is but play (pastime) and sport and most certainly the home of the Aakhirah is best for those with Taqwa (those who realise that the Aakhirah is their true home). Do you not understand?"**

[Surah An'aam, verse 32]

(8) The Aakhirah	The most honoured person in Jannah

Rasulullaah ρ said that the most honoured person in Jannah shall be the one who will be able to see Allaah all day and night.

[Tirmidhi 2553, from Hadhrat Abdullaah bin Umar τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treating joint pains with figs

Rasulullaah ρ advised the use of figs to treat piles and joint pains.

[*Kanzul Ummaal* 28276, from Hadhrat Abu Dharr τ]

(10) Advice from Rasulullaah ρ	

When Rasulullaah ρ once advised the Sahabah ψ not to sit by the roadsides, they submitted that they had no other place to sit together. Rasulullaah ρ then allowed them to do so on condition that they fulfilled the rights of the road. When they asked what these rights were, Rasulullaah ρ explained, "Lower your gazes, remove harmful objects from the path, reply to the greetings of people, enjoin good and forbid from evil."

[Abu Dawood 4815, from Hadhrat Abu Sa'eed Khudri τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	15

(1) Islaamic History	A miracle from Hadhrat Sa'd bin Abi Waqqaas τ

During his reign of Khilaafah, Hadhrat Umar τ dispatched an army under the command of Hadhrat Sa'd bin Abi Waqqaas τ to fight the Persian army. When the Muslim army reached the Tigris River, there were no means of crossing over. Despite the fact that the river was deep and flowing strongly, Hadhrat Sa'd τ asked for a group of volunteers to ride with their horses across the river. After this group had successfully crossed over, Hadhrat Sa'd τ ordered the rest of the army in and they all rode upon their conveyances upon the water just as they would do on land, engaging in conversation as they did so. When the Persians witnessed this scene, they left everything behind them and fled, because of which the Muslims attained victory with ease. Hadhrat Sa'd bin Abi Waqqaas τ passed away in the year 55 A.H. during the reign of Hadhrat Mu'aawiya τ.

(2) Allaah's Power	Springs gushing forth from the mountains

Allaah has placed massive mountains on earth, which are made of solid rock and which tower thousands of metres above the surface of the earth. While the mind will be unable to conceive the presence of any water there, Allaah causes springs of crystal clear water to gush forth from these mountains high up. These springs then grow as they trickle down the slopes of the mountains and gradually become streams and rivers. It is only the great power of Allaah that can cause water to flow from hard rock.

(3) A Fardh	The importance of the Asr salaah

Rasulullaah ρ said that the person who misses his Asr salaah has destroyed all his good deeds.

[Bukhaari 553, from Hadhrat Buraydah τ]

Although all five daily salaahs are Fardh (obligatory) for Muslims, Rasulullaah ρ has emphasised the warnings against people who forsake the Asr salaah to highlight its extra importance. We should therefore ensure that we always perform our Asr salaah on time and never perform it as Qadha.

(4) A Sunnah	Giving full attention to the person addressing you

Whenever someone was speaking to Rasulullaah ρ, he never diverted his attention from the person until the person did so himself.

[Ibn Maajah 3716, from Hadhrat Anas τ]

(5) An Important Act and its Virtue	The virtue of shaking hands

Rasulullaah ρ said, "When two Muslims meet and shake hands, Allaah forgives them even before their hands part."

[Tirmidhi 2727, from Hadhrat Baraa bin Aazib τ]

(6) A Sin	Making the Sahabah ψ a target of abuse

Rasulullaah ρ said, "Fear Allaah when it comes to my Sahabah ψ and never make them targets of abuse after me. Whoever loves them loves them because of his love for me and whoever has enmity for them has enmity for them because of his enmity for me. Whoever causes harm to them, causes harm to me and whoever causes harm to me, causes harm to Allaah. The one who causes harm to Allaah will soon be gripped by Allaah's punishment."

[Tirmidhi 3862, from Hadhrat Abdullaah bin Mughaffal τ]

(7) This World	Abstaining from unnecessary decoration

Rasulullaah ρ said, "It is not appropriate for a person to enter a house that had been decorated."

[Bayhaqi 10326, from Hadhrat Ummu Salamah رضي الله عنها]

(8) The Aakhirah	Everyone will be resurrected on the Day of Qiyaamah

Allaah says in the Qur'aan, **"The trumpet will be blown *(to signal the advent of Qiyaamah)* and they will scurry *(rush)* to their Rabb *(for reckoning)* from their graves. *(Overcome with grief and worry,)* They will say, "Alas to our destruction! Who has raised us from our graves? This is what Ar Rahmaan has promised and the messengers spoke the truth." It *(the arrival of Qiyaamah)* will be *(signalled by)* only a single scream, after which they will all instantly appear before Us *(to account for their actions in the world)*".**

[Surah Yaaseen, verses 51-53]

(9) Cures from the Qur'aan and Rasulullaah ρ	Using henna

Rasulullaah ρ advised the use of henna as a dye stating that it promotes youth, beauty and virility.

[*Kanzul Ummaal* 17300, from Hadhrat Anas τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Worship Allaah** *(and do good solely for His pleasure)*, **ascribe none as partner to Him and show kindness to parents, relatives, orphans, the destitute, near** *(related)* **neighbours, distant** *(unrelated)* **neighbours, the companion by your side** *(spouses and close associates)*, **travellers and those** *(slaves)* **in your possession. Verily Allaah does not like the one who is proud and boastful** *(Therefore, one should stay away from such people)*".

[Surah Nisaa, verse 36]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

16

(1) Islaamic History	Hadhrat Sa'eed bin Zaid τ

Hadhrat Sa'ed bin Zaid τ was also one of the ten fortunate people who received glad tidings of Jannah in this very world. He was married to Hadhrat Umar τ's sister and had accepted Islaam before Hadhrat Umar τ. Him and his wife Hadhrat Faatima bint Khattaab رضي الله عنهما were the means by which Hadhrat Umar τ accepted Islaam. A woman once made a claim in court that Hadhrat Sa'eed τ had usurped her land. This disturbed him greatly and he said to the judge, "How can I usurp her land when I had heard Rasulullaah ρ say, 'The one who usurps even a hand's span of land, will have a hand's span of all seven earths placed as a yoke around his neck on the Day of Qiyaamah.'" Hadhrat Sa'eed τ then prayed, "O Allaah! You know that she is lying, so let her turn blind and make the same land her grave." It then happened that the woman turned blind and one day as she left her house, she fell into a ditch and died in it. Hadhrat Sa'eed τ passed away in the year 50A.H. or a while afterwards at the age of approximately 70.

(2) Rasulullaah ρ's Miracle	Healing a broken leg

After he had killed the evil Abu Raafi, Hadhrat Abdullaah bin Ateek τ fractured his leg as he descended a staircase. The leg was then completely healed after Rasulullaah ρ passed his blessed hand over it. It then appeared as if it had never been hurt at all.

[Bukhaari 4039, from Hadhrat Baraa bin Aazib τ]

(3) A Fardh	Facing the Qibla while performing salaah

Allaah says in the Qur'aan, "**Wherever you may be** *(whether at home or travelling over land or sea)*, **turn your faces towards it** *(towards the Kabah when performing salaah)*".

[Surah Baqara, verse 144]

It is Fardh (obligatory) to face towards the Kabah when performing salaah.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa after eating

The following du'aa should be recited after eating:

TRANSLATION: All praise belongs to Allaah Who has given us to eat and to drink and has made us amongst the Muslims.

[Abu Dawood 3850, from Hadhrat Abu Sa'eed Khudri τ]

(5) An Important Act and its Virtue	The virtue of Tasbeeh Faatimi

Rasulullaah ρ said that the person who recites *Subhaanallaah* 33 times, *Alhamdu Lillaah* 33 times and *Allaahu Akbar* 34 times after every Fardh salaah will never be at a loss.

[Muslim 1349, from Hadhrat Ka'b bin Ujrah τ]

(6) A Sin	Slander

Allaah says in the Qur'aan, "**Whoever commits a minor sin or a major sin and then casts the blame on** *(accuses)* **an innocent person, he has indeed burdened himself with a great slander and clear sin** *(for which he will suffer terrible punishment)*".

[Surah Nisaa, verse 112]

(7) This World	Seeking the life of this world

Allaah says in the Qur'aan, "**Whoever desires the life of this world and its splendour** *(without a concern for the Aakhirah which they do not believe in)*, **We shall grant them the full rewards for their** *(good)* **deeds in this very world and they will not be wronged** *(they will not be given less than they deserve)*. **They are the ones who shall have only the Fire for themselves in the Aakhirah. Whatever** *(good actions)* **they did in the world will be lost to them** *(in the Aakhirah)* **and all their** *(good)* **deeds will be in vain** *(because they will see no rewards for these in the Aakhirah where they will require them most. This is because they acted only for worldly objectives)*".

[Surah Hood, verse 15-16]

(8) The Aakhirah	Good news for the people of Jannah

Rasulullaah ρ said, "A caller will call to the people of Jannah saying, 'You will now remain healthy forever without illness ever afflicting you. You will now remain young forever without old age ever afflicting you. You will now remain wealthy forever without poverty ever afflicting you."

[Muslim 7157, from Hadhrat Abu Sa'eed Khudri τ and Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treatment with *Methi* (fenugreek)

Rasulullaah ρ said, "Seek a cure in *Methi* (fenugreek)."

[Zaadul Ma'aad (Vol.4 Pg.269), from Hadhrat Qaasin bin Adbur Rahmaan]

Methi (fenugreek) is effective in treating colds, stubborn coughs, ulcers and lung diseases. It is also very effective in eradicating phlegm.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Never fight with your Muslim brother and never joke with him in a manner that leads to a fight. Do not also make any promises that you will be unable to keep."

[Tirmidhi 1995, from Hadhrat Abdullaah bin Abbaas τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	17

(1) Islaamic History	Hadhrat Abu Ubaydah bin Jarraah τ

His real name was Aamir bin Abdullaah τ and he was also amongst the fortunate ten men to whom Rasulullaah ρ gave the glad tidings of Jannah. When the pins of Rasulullaah ρ's helmet pierced his blessed face during the Battle of Uhud, it was Hadhrat Abu Ubaydah bin Jarraah τ who used his teeth to remove them, because of which he lost two teeth. It was concerning him that Rasulullaah ρ said, "Every Ummah has someone who is most trustworthy of them all. In my Ummah it is Abu Ubaydah bin Jarraah τ." When Hadhrat Umar τ once visited him, he found him lying on shawl generally used beneath the carriage of a camel and using as a pillow the bag used to feed grain to horses. "Why have you not built yourself a house like your companions and possessed more goods like they have?" He replied, "The goods I have are sufficient to take me to the grave." Hadhrat Abu Ubaydah bin Jarraah τ passed away in Syria in the year 55 A.H.

(2) Allaah's Power	The Strange seas of Bermuda

There is a strange area of the ocean referred to as the Bermuda Triangle where every plane or boat travelling through the area mysteriously goes missing. It has happened too often that aircraft flying over the area suddenly burst into flames and are destroyed. To date, approximately 521 aircraft have been lost there. Aircraft now do not even pass by there. Scientists have been unable to determine what really is the cause of all this and even with all their technological advancements, they are often forced to bow before the awesome might of Allaah's creation.

(3) A Fardh	Acquiring the knowledge of Deen

Rasulullaah ρ said, "It is Fardh (obligatory) for a Muslim to acquire the knowledge (of Deen)."

[Ibn Maajah 224, from Hadhrat Anas τ]

(4) A Sunnah	Shaking hands when departing

Whenever Rasulullaah ρ saw someone off, he took the person's hand in his own and would not take them away until the person himself did so.

[Tirmidhi 3442, from Hadhrat Abdullaah bin Umar τ]

(5) An Important Act and its Virtue	Assisting widows and the poor

Rasulullaah ρ said, "The person who fulfils the needs of widows and the poor is like the Mujaahid in the path of Allaah or the person who fasts all day and performs salaah all night."

[Bukhaari 6006, from Hadhrat Safwaan bin Sulaym τ]

(6) A Sin	Causing harm to the neighbour

Rasulullaah ρ said, "That person will not enter Jannah whose neighbour is not safe from his harm" (this is because it is Haraam to cause any harm to one's neighbour)

[Muslim 172, from Hadhrat Abu Hurayrah τ]

(7) This World	Avoiding a life of luxury

When Rasulullaah ρ dispatched Hadhrat Mu'aadh bin Jabal τ to Yemen, he advised him avoid leading a life of luxury because this is not becoming of a true servant of Allaah.

[Ahmad 21613]

(8) The Aakhirah	When his limbs will testify against a person

Allaah says in the Qur'aan, "*(As a result, you shall now be subjected to the punishment of Jahannam.)* **"This is the Jahannam about which you were warned** *(but which you denied)***. Enter it** *(Jahannam)* **today because you used to commit kufr." On this day We shall seal their mouths. Their hands will speak to Us and their legs will testify to what they earned** *(to the sins they carried out)***.** *(In this manner, they will be unable to lie)* ".

[Surah Yaaseen, verses 63-65]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of Blackcurrants

Hadhrat Abu Hind Daari τ reports that some blackcurrants were once presented as a gift to Rasulullaah ρ. When Rasulullaah ρ opened the package and saw them, he remarked, "Recite *Bismillaah* and eat these. Blackcurrants are en excellent food, which strengthen the nerves, alleviates old pains, cools the temper, removes bad breath and phlegm and also improves the complexion."

[*Tareekh Dimishq* by Ibn Asaakir]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Verily Allaah instructs you to** *(amicably)* **return trusts** *(that others place in your care)* **to their rightful owners and that you judge between people with justice** *(without bribery or unjust leniency)***. Indeed Allaah offers you the best of advice. Surely Allaah is All Hearing, All Seeing** *(He knows what you keep secret and what you make public)*".

[Surah Nisaa, verse 58]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

18

(1) Islaamic History — Hadhrat Hamzah τ

Hadhrat Hamzah τ was a well known companion of Rasulullaah ρ who also happened top be Rasulullaah ρ's uncle (father's brother), foster brother (nursed by the same woman) and cousin (son of his mother's sister). He suffered the ostracism in the Valley of Abu Taalib together with Rasulullaah ρ and the Muslims and eventually migrated to Madinah. He participated with great valour in the Battle of Badr and also fought courageously in the Battle of Uhud, where he killed thirty enemy soldiers. He was then martyred in the very same battle and his body was mutilated. A woman by the name of Hinda asked for his liver so that she could chew on it out of vengeance. Rasulullaah ρ was extremely grieved by his death and referred to him with the titles of *Sayyidush Shuhadaa* (the leader of all martyrs) and *Asadullaah* (Allaah's lion). He was survived only by his wife and a little daughter.

(2) Rasulullaah ρ's Miracle — His fragrant perspiration

Hadhrat Anas τ reports, "When Rasulullaah ρ once had his siesta at our place, my mother started to collect some of his perspiration in a little glass container. This woke Rasulullaah ρ up and he asked, 'What are you doing, O Ummu Sulaym?' She replied, 'I am collecting some of your perspiration so that we may use it as perfume.'"

[Muslim 6055]

(3) A Fardh — Performing salaah with Jamaa'ah

Rasulullaah ρ said, "When a person performs wudhu properly and then takes a walk to perform his Fardh salaah with the people (in Jamaa'ah in the Masjid), then Allaah will forgive all his sins."

[Muslim 546, from Hadhrat Uthmaan τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ — A special du'aa after eating

Rasulullaah ρ said that the person who recites the following du'aa after eating will be forgiven for all his past and future sins:

TRANSLATION: All praise belongs to Allaah Who has granted me this food to eat without any effort or exertion from us.

[Abu Dawood 4032, from Hadhrat Mu'aadh bin Anas τ]

(5) An Important Act and its Virtue — Reciting Surah Waaqi'ah

Rasulullaah ρ stated that the person who recites Surah Waaqi'ah shall never be afflicted with poverty.

[Bayhaqi 2395, from Hadhrat Abdullaah bin Mas'ood τ]

(6) A Sin — Killing one's children

Allaah says in the Qur'aan, "*(Allaah has also commanded)* **That you do not kill** *(abort)* **your children for fear of poverty** *(fearing that you will become poor by providing for them)***. We provide for you and for them as well** *(even though you may be poor)*".

[Surah An'aam, verse 151]

Allaah has taken upon Himself the responsibility of providing for people. It is Haraam and a grave sin to have an abortion done or to take adopt birth control measures merely for fear of poverty.

(7) This World — The world is a test

Allaah says in the Qur'aan, "**Verily We have placed everything on earth as an adornment to test which of them** *(after seeing all these beautiful things)* **will carry out the best actions** *(instead of hankering after the things of the world)*".

[Surah Kahaf, verse 7]

(8) The Aakhirah — The crown of the people of Jannah

Rasulullaah ρ said, "The crown that will be given to the people of Jannah to wear shall have pearls, the least of which will illuminate whatever is between the east and the west."

[Tirmidhi 2562, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ — The benefits of barley

Rasulullaah ρ was once with Hadhrat Ali τ at Hadhrat Ummu Mundhir رضي الله عنهما's house when they were served some dates. When he had some, Rasulullaah ρ said to Hadhrat Ali τ, "Enough now Ali! You are still weak (recovering from your illness)." When Hadhrat Ummu Mundhir رضي الله عنهما then served them a dish with beetroot with barley, Rasulullaah ρ said to Hadhrat Ali τ, "O Ali! Eat this because it is good for you."

[Abu Dawood 3856]

This dish consisting of beetroot with barley is extremely beneficial for people who are recovering from their illnesses and need to gain strength.

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "When any of you relieves himself, let him not touch his private part with his right hand and not clean his posterior with his right hand. When he drinks water, let him not drink in one gulp."

[Abu Dawood 31, from Hadhrat Abu Qataadah τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	19

(1) Islaamic History	Hadhrat Hamzah τ's wife and his daughter Ammaara رضي الله عنهما

Hadhrat Hamzah τ's wife was Hadhrat Salma bint Umays رضي الله عنهما, whose sister Hadhrat Asmaa bint Umays رضي الله عنهما was married to the Hadhrat Ali τ's elder brother Hadhrat Ja'far bin Abi Taalib τ. Rasulullaah ρ commented about these sisters saying, "These are two true Mu'min sisters." They were amongst the earliest people to accept Islaam. While Hadhrat Asmaa رضي الله عنهما migrated with her husband to Abyssinia, Hadhrat Salma رضي الله عنهما remained in Makkah with her husband. A daughter by the name of Hadhrat Ammaara رضي الله عنهما was born to her. After Hadhrat Hamzah τ was martyred at Uhud and the Muslims returned to Madinah, the young Hadhrat Ammaara رضي الله عنهما came running to meet her father. As she asked every passing Muslim where her father was, they could no help crying when they recalled his mutilated body. When she eventually came to Hadhrat Ali τ, she asked, "Dear brother! Where is father?" As Hadhrat Ali τ took her into his lap, all the Sahabah ψ started to weep. Hadhrat Hassaan τ then recited to her some couplets to console her.

(2) Allaah's Power	The weaverbird

Allaah has created a little bird known as the weaver that builds nests high up in the tree. These nests are sealed on all sides except for the entrance and thus not a drop of water can enter them. The weaver has taken care of everything necessary in its nest. In fact, it even captures a glow worm every day, which becomes trapped inside the nest and provides the lighting for the night. Think awhile! Who is it that has given such a small bird the intellect to do as humans would? This is all the miracle of Allaah's creative power.

(3) A Fardh	Belief in the Qur'aan

Allaah says in the Qur'aan, "**O you who have Imaan! Believe** *(keep your belief steadfast)* **in Allaah, His Rasool ρ, the Book** *(the Qur'aan)* **that He revealed to His Rasool ρ** *(Muhammad ε)* **and the Book** *(all the Books)* **that was revealed before** *(to other Rusul)***. Whoever disbelieves in Allaah, His angels, His Books, His Rusul and the Last Day, then he has indeed wandered far astray** *(regardless of the claims he makes)***.** *(Belief in all of the above constitute the pillars of Imaan)*".

[Surah Nisaa, verse 136]

It is Fardh (obligatory) to believe that the Qur'aan is the scripture revealed by Allaah and to believe that every letter is true.

(4) A Sunnah	The Sunnah method of returning from a journey

Whenever Rasulullaah ρ returned from a journey, he would first go to the Masjid and perform two Rakaahs salaah and meet the people there (thereafter would proceed home).

[Abu Dawood 2773, from Hadhrat Ka'b bin Maalik τ]

(5) An Important Act and its Virtue	Fulfilling the needs of a Muslim

Rasulullaah ρ said, "When a person alleviates the difficulty of another Muslim, Allaah will alleviate his difficulties on the Day of Qiyaamah. When a person hides the faults of another Muslim, Allaah will hide his faults on the Day of Qiyaamah."

[Muslim 6578, from Hadhrat Abdullaah bin Umar τ]

(6) A Sin	Being happy with a sin is a sin in itself

Rasulullaah ρ said, "When a sin is perpetrated on earth and the people present are displeased with it, they will fall into the category of people who had never been present there. On the other hand, those who are not present, but are pleased with it, they will fall into the category of people who had been present there (and part of the perpetrators)."

[Abu Dawood 4345, from Hadhrat Urs bin Umayrah τ]

(7) This World	The conflicting tastes of this world and the Aakhirah

When Hadhrat Abu Maalik Ash'ari τ was on his deathbed, he said to the people, "O people! Convey the message to others that I had heard Rasulullaah ρ say, 'The sweetness of this world is the bitterness of the Aakhirah and the bitterness of this world is the sweetness of the Aakhirah.'"

[Ahmad 22392]

(8) The Aakhirah	Allaah's selected servants

Allaah says in the Qur'aan, "**Of course, the situation of Allaah's selected bondsmen** *(the Mu'mineen)* **will be different. For these people there will be a familiar provision of fruit** *(fruit that they will recognise but which will be far superior to the fruit of this world)***. They will be honourably treated in Jannaat of eternity** *(where they will be)* **sitting on thrones, facing each other** *(and holding friendly conversations)***. They will be presented with goblets filled with flowing** *(pure)* **wine** *(which will be)* **white and delicious for the drinkers and will neither produce headaches, nor will they be intoxicated by it**".

[Surah Saaffaat, verses 40-47]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of the *Ghikwar* and mustard seeds

Rasulullaah ρ said, "How great are the healing powers of two bitter things; *Ghikwar* and mustard seed."

[Sunan Kubra (Vol.9 Pg.346), from Hadhrat Qais bin Raafi Ashja'ee τ]

Applying *Ghikwar* to the face improves the complexion and allows it to retain moisture for longer. Applying it to the head improves hair growth

and applying it to scars eliminate the marks. Mustard seed oil is effective in strengthening the brain and rubbing it on the body gives elasticity to the limbs.

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**O you who have Imaan! Obey Allaah, obey the Rasool ρ and those in command among you** *(your leaders and authorities in all fields, such as the Imaams of Jurisprudence in Fiqh)*. ".

[Surah Nisaa, verse 59]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

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(1) Islaamic History — **Hadhrat Abbaas bin Abdul Muttalib τ**

Hadhrat Abbaas τ was Rasulullaah ρ's paternal uncle, but only two elder than Rasulullaah ρ. He loved Rasulullaah ρ dearly and assisted Rasulullaah ρ greatly even before he accepted Islaam. It was him who saved the life of Hadhrat Abu Dharr τ when the Kuffaar were beating him to death. Some say that he accepted Islaam immediately after the Battle of Badr, while other claim that he had been a Muslim even before the Hijrah but remained in Makkah to keep Rasulullaah ρ informed of what the Mushrikeen were doing. Rasulullaah ρ respected him greatly and once said about him, "Whoever causes harm to my uncle has caused me harm because every person's paternal uncle is like his father." Hadhrat Abbaas τ passed away on a Friday 12th of Rajab 32 A.H. during the Khilaafah of Hadhrat Uthmaan τ, when he was 82 years of age. He is buried in *Jannatul Baqee* in Madinah and his Janaazah salaah was led by Hadhrat Uthmaan τ.

(2) Rasulullaah ρ's Miracle — **Foretelling the reign of the righteous Khilaafah**

Rasulullaah ρ said, "There shall reign after me the *Khilafaa Raashidah* (righteous Khilaafah) for thirty years, after which monarchy will reign."

[Tirmidhi 2226]

According to this prophesy, the reign of the Khulafaa Raashideen lasted until the reign of Hadhrat Ali τ after thirty years.

(3) A Fardh — **Instructing the family at home to perform salaah**

Allaah says in the Qur'aan, "**Instruct** *(encourage)* **your family to perform salaah and** *(you)* **yourself** *(must)* **remain steadfast on it. We do not ask provision** *(sustenance)* **from you, but We provide for you** *(your duty is to perform your salaah and not to forsake it in search of sustenance because We shall provide that for you)*. **The best** *(most excellent)* **result** *(reward in the Aakhirah)* **is for** *(adopting)* **Taqwa**".

[Surah TaaHaa, verse 132]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ — **After eating as someone's guest**

The following du'aa should be recited after eating as someone's guest:

TRANSLATION: O Allaah! Feed the one who has fed me and give him to drink who has given me to drink.

[Muslim 5362, from Hadhrat Miqdaad τ]

(5) An Important Act and its Virtue	The virtue of calling out the Adhaan and standing in the first row of salaah

Rasulullaah ρ said, "If you people knew the rewards for calling out the Adhaan and for standing in the first row of salaah, you would draw swords in vying for the opportunity."

[Bukhaari 615, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Breaking Allaah's promise

Allaah says in the Qur'aan, "*(On the other hand,)* **Those who break Allaah's pledge** *(the Pledge of Alist to worship Allaah Alone)* **after confirming it, who sever that** *(family ties)* **which Allaah commanded to be joined and spread corruption on earth, for them shall be a curse** *(they will be distanced from Allaah's mercy)* **and for them shall be a terrible outcome** *(Jahannam)*.".

[Surah Ra'd, verse 25]

(7) This World	The example of this world

Allaah says in the Qur'aan, "**Relate to them the example of this worldly life which is like the rain that We send from the sky, with which the plants of the earth mingle** *(causing them to flourish)***. Thereafter** *(the time comes when)* **they** *(the once flourishing plants dry up or are destroyed in some way, only to)* **become debris** *(broken bits and pieces)***, to be carried** *(dispersed)* **by the winds** *(after which there is no sign that they ever existed)***. Allaah always has control over everything** *(He can create and destroy as and when He pleases)*".

[Surah Kahaf, verse 45]

The things of this world are such that while they appear to be lush and green now, they will soon be left without trace.

(8) The Aakhirah	The lips of the people of Jahannam

Hadhrat Abu Sa'eed Khudri τ reports that explaining the a verse of the Qur'aan, Rasulullaah ρ said, "The fire of Jahannam will scorch the faces of people there so fiercely that their upper lips will rise up to their heads and their lower lips will drop right down to their navels."

[Tirmidhi 2587]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of pears

Hadhrat Talha τ reports that he once met Rasulullaah ρ as Rasulullaah ρ held a pear in his hand. "Take this, O Talha," Rasulullaah ρ said, "Because it gives peace of heart."

[Ibn Maajah 3369]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Take my good counsel with regard to women because they have been created from a delicate and crooked rib. If you try to straighten it, you will break it and if you leave it to be, it will get even more crooked. You must therefore take my good counsel with regard to women."

[Muslim 3644, from Hadhrat Abu Hurayrah τ]

(1) Islaamic History	Hadhrat Abdullaah bin Abbaas τ

Hadhrat Abdullaah bin Abbaas τ was Rasulullaah ρ's cousin. He was born in Makkah only three years before the Hijrah. He migrated to Madinah just before the conquest of Makkah with his father Hadhrat Abbaas τ and his mother Hadhrat Ummu Fadhl رضي الله عنهما. He was only 13 when Rasulullaah ρ passed away and therefore did not have much time to benefit from Rasulullaah ρ's company. However, because of the du'aa of Rasulullaah ρ and his tremendous zeal to acquire knowledge, he soon compensated for this. Rasulullaah ρ prayed for him saying, "O Allaah! Grant him the understanding of the Deen." It was as a result of this du'aa that even the senior Sahabah ψ referred to him with titles such as *Hibrul Ummah, Tarjumaanul Qur'aan, Bahrul Ilm* and *Imaamut Tafseer*. Even Hadhrat Umar τ referred to him when discussing crucial matters. He passed away in Taa'if in the year 86 A.H.

(2) Allaah's Power	The bat

Amongst the many creatures that Allaah has created is the flying animal called a bat, which can see better at night that it does during the day. Unlike birds, its mother gives birth to live young and even more strangely, she suckles them with milk even while she is in flight. Such is the creation of Allaah that never fails to surprise people.

(3) A Fardh	Treating parents well

Allaah says in the Qur'aan, "**We enjoined** *(commanded)* **man to treat his parents kindly. His mother bore him with hardship** *(pain and discomfort)* **and delivered him with hardship and his bearing and weaning are** *(completed)* **in** *(a maximum period of)* **thirty months**".

[Surah Ahqaaf, verse 15]

It is necessary for children to obey their parents in all matters unless it involves disobeying Allaah.

(4) A Sunnah	Starting all good works from the right

Hadhrat Aa'isha رضي الله عنها reports that Rasulullaah ρ always started from the right when he wore his shoes, combed his hair, washed and whenever he did anything good.

[Bukhaari 168]

(5) An Important Act and its Virtue	Exerting oneself to recite the Qur'aan

Rasulullaah ρ stated that when a person has to struggle in reciting the Qur'aan, he will receive a twofold reward.

[Muslim 1862, from Hadhrat Aa'isha رضي الله عنها]

(6) A Sin	**Allowing the lower garment to reach below the ankles**

Rasulullaah ρ said, "When a person allows his lower garment to hang below the ankles out of pride (or fashion), Allaah will not eve look at him with mercy on the Day of Qiyaamah."

[Bukhaari 5788, from Hadhrat Abu Hurayrah τ]

(7) This World	**The wealth of this world opening up to the Muslims**

Rasulullaah ρ said, "This world will soon open up to you so much that you will start to decorate your homes as the Kabah is decorated."

[Tabraani in his Kabeer 17730, from Hadhrat Abu Juhfa τ]

(8) The Aakhirah	**How will Qiyaamah come?**

Allaah says in the Qur'aan, "**The trumpet will be blown** *(the first time to sound the advent of the Day of Qiyaamah)*, **and everyone in the heavens and the earth will fall unconscious, except those whom Allaah chooses. Thereafter, it will be blown a second time, when they** *(the dead)* **will all suddenly stand up, watching** *(everything happen around them)*".

[Surah Zumar, verse 68]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The cure for colds**

Rasulullaah ρ started that *Marzanjosh* is effective in treating colds.

[*Kanzul Ummaal* 17341]

Allaama Ibn Qayyim رحمه الله has written that the vapours of *Marzanjosh* are effective in relieving the congestion of a cold and thins the mucus, causing it to run out. It also eliminates the phlegm in the chest and has many other benefits.

[*Tibbun Nabawi*]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Be firm in establishing justice and be witness** *(to the truth)* **for Allaah even if it** *(the evidence you deliver)* **is against yourselves, your parents and relatives** *(you should expose the truth under all circumstances)*".

[Surah Nisaa, verse 135]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

22

(1) Islaamic History	**The zeal Hadhrat Abdullaah bin Abbaas τ had for learning**

Hadhrat Abdullaah bin Abbaas τ was overflowing with the fervour to acquire the knowledge of Deen. Relating his story, he says that after Rasulullaah ρ had passed away, he said to one of his friends from the Ansaar, "There are many senior Sahabah ψ still present. Let us go to them and acquire knowledge by asking from them." While the friend did to think it necessary, Hadhrat Abdullaah bin Abbaas τ set out on his purpose and went to the many Sahabah ψ. If he found any of them resting, he would lie down at their doorsteps to wait from them. When they came out to find him waiting there, they would say, "You are the cousin of Rasulullaah ρ! Why did you not call for me and I would have come to you." "No," he would reply, "I am the student and it is I who needs to come to you." In this manner, he acquired a large treasure of knowledge of the Qur'aan and Ahadeeth and people started to come to him to seek knowledge.

(2) Rasulullaah ρ's Miracle	**Blessings in food and water**

Rasulullaah ρ was once on a journey (to Tabook) with the Sahabah ψ when they ran short of provisions. Rasulullaah ρ had them spread out a leather tablecloth and instructed that all remaining provisions be placed on it. Some brought a handful of grains, others a handful of dates and others brought some pieces of bread. When some food had accumulated on the tablecloth, Rasulullaah ρ made du'aa for blessings and then instructed the Sahabah ψ to fill their utensils. They did this and they all ate to their fill, with some of the food still remaining over.

[Muslim 139]

(3) A Fardh	**Keeping a beard**

Rasulullaah ρ said, "Trim your moustaches and allow your beards to grow."

[Bukhaari 5893, from Hadhrat Abdullaah bin Umar τ]

The beard is a hallmark of Islaam and is Waajib (compulsory) in the Shari'ah.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**When in difficulty**

The following du'aa should be recited when one is in difficulty:

TRANSLATION: I hand my affairs over to Allaah for verily Allaah is Ever Watchful over His bondsmen.

[Surah Mu'min, verse 44]

(5) An Important Act and its Virtue	**The four Rakaahs salaah before the Fardh of Asr**

Rasulullaah ρ said, "The person who performs four Rakaahs (Sunnah) salaah before Asr, Allaah will forbid his body from Jahannam."

[Tabraani in his *Kabeer* 19105, from Hadhrat Ummu Salamah رضي الله عنهما]

(6) A Sin	**Leading one's life away from the path of Allaah**

Allaah says in the Qur'aan, "**Verily there shall be a severe punishment for those who deviate from Allaah's path because they forgot the Day of Reckoning**".

[Surah Saad, verse 26]

(7) This World	**Why previous nations were destroyed**

Allaah says in the Qur'aan, "**Many were the towns that We have destroyed** *(because of their kufr)*, **who boasted about their affluence** *(their wealth which was of no help to them against Allaah's punishment)*. **There lie** *(the ruins of)* **their homes, which were occupied only a short while after them** *(for a few days or hours by passing travellers)*. **We have always been the successors** *(of all nations because We remain after them)*".

[Surah Qasas, verse 58]

This verse makes it clear that people must never boast about their wealth because Allaah can snatch it away from them just as He had done to so many nations whose palaces have been destroyed without trace.

(8) The Aakhirah	**The lowest ranking person in Jannah**

Rasulullaah ρ said that the person with the lowest rank in Jannah shall have a thousand servants, 72 wives and tents made of pearls and gems so large that (in terms of this world) it would stretch from Jaabiya to San'aa.

[Tirmidhi 2562, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of honey**

Allaah says in the Qur'aan, "**A drink** *(honey)* **of varying colours** *(sometimes dark in colour, sometimes light)* **emerges from its belly, in which lies a cure for man** *(from many illnesses)*. **Indeed in this is an Aayah** *(a sign of Allaah's great power)* **for those who** *(sincerely)* **ponder**".

[Surah Nahl, verse 69]

Honey is a fantastic substance that serves as a medication as well as a food and is beneficial to all people of all ages. When taken orally in the mornings, it serves as protection against many major diseases.

(10) Advice from Rasulullaah ρ	

When someone once asked Rasulullaah ρ how often was he expected to

overlook his slave's faults, Rasulullaah ρ did not reply. When he repeated the question, Rasulullaah ρ replied, "Seventy times a day."

[Tirmidhi 1949, from Hadhrat Abdullaah bin Umar τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

23

(1) Islaamic History — Hadhrat Ja'far bin Abi Taalib τ

Hadhrat Ja'far τ was the real and elder brother of Hadhrat Ali τ and therefore the cousin of Rasulullaah ρ. He resembled Rasulullaah ρ in appearance and him and Hadhrat Hamzah τ were married to sisters. Because is father Abu Taalib had financial difficulties, Hadhrat Ja'far τ was brought up by Hadhrat Abbaas τ. Hadhrat Ja'far τ and his wife Hadhrat Asmaa bint Umays τ were amongst the first to accept Islaam at the hand of Hadhrat Abu Bakr τ during the time when Rasulullaah ρ had not even started teaching the Muslims in the house of Arqam. Him and his wife both migrated to Abyssinia as well as to Madinah. He was the leader of the delegation that migrated to Abyssinia and it was him who addressed Najaashi the king of Abyssinia in such a convincing manner that the truth of Islaam settled in his heart and he treated the Muslims with great honour and respect. A few days later, the king accepted Islaam at the hand of Hadhrat Ja'far τ.

(2) Allaah's Power — The water of Zamzam

Close to the House of Allaah in Makkah lies the well of Zamzam that has been giving water for thousands of years and from which millions of people have drunk. Every year approximately three million people perform Hajj, each of them drinking many litres of Zamzam and carrying many more home. This is besides the many millions who perform Umrah throughout the year. The water is also transported to many cities in Arabia. It is only by the great power of Allaah that this water has never depleted, a true sign that it comes from the treasures of Allaah, which itself can never be depleted.

(3) A Fardh — The importance of the Isha salaah

Rasulullaah ρ said, "When a person performs his Isha salaah in Jamaa'ah, it is as if he has spend half the night in Ibaadah and when he performs the Fajr salaah in Jamaa'ah, it is as if he has spend the entire night in Ibaadah."

[Muslim 1491, from Hadhrat Uthmaan τ]

(4) A Sunnah — Never find faults in food

Hadhrat Abu Hurayrah τ reports that Rasulullaah ρ never found faukt in food, if he liked it, he ate it and if not, he would not eat it."

[Bukhaari 5409]

(5) An Important Act and its Virtue — The fruit of assisting a Mu'min

Rasulullaah ρ stated that when a person feeds a hungry Mu'min, Allaah will feed him the fruit of Jannah on the Day of Qiyaamah. Similarly, when a person gives a thirsty Mu'min a drink, Allaah will give him the drinks of Jannah and when he clothes a Mu'min who has no clothing, Allaah will clothe him in the robes of Jannah.

[Tirmidhi 2449, from Hadhrat Abu Sa'eed Khudri τ]

(6) A Sin — Believing the words of a fortune teller

Rasulullaah ρ said, "Whoever goes to a fortune teller and believes what he says, such a person has left the Shari'ah of Muhammad ρ."

[Abu Dawood 3904, from Hadhrat Abu Hurayrah τ]

It is Haraamto consult fortune tellers and to believe what they say.

(7) This World — Preoccupation with this world

Rasulullaah ρ said that towards the end of time there shall come in this world such people who will sit in the Masaajid, but will have the world as their focus. "Never sit with them," Rasulullaah ρ warned, "because Allaah has no need for them."

[Tabraani in his *Kabeer* 10300, from Hadhrat Abdullaah bin Mas'ood τ]

(8) The Aakhirah — Entertainment of the people of Jannah

Allaah says in the Qur'aan, **"Bowls (filled with delicious foods) and cups of gold (filled with delicious drinks) will be passed around between them and in Jannah there shall be whatever the heart desires and whatever pleases the eye (the greatest bounty being the ability to see Allaah). You will live there forever".**

[Surah Zukhruf, verse 71]

(9) Cures from the Qur'aan and Rasulullaah ρ — Treating a weak heart

Rasulullaah ρ said, "Use oranges because it strengthens the heart."

[*Kanzul Ummaal* 28253]

Muhadditheen state that orange juice cleanses the stomach, effectively stops nausea and vomiting and increases the appetite.

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**And approach** *(use or invest)* **the wealth of the orphan** *(who is in your care)* **only in a favourable** *(fair or profitable)* **manner until he reaches maturity. And** *(in addition to all these commands)* **give full measure and weight in fairness** *(when you trade with people)***. We do not place on a soul a responsibility unless it is within its capability** *(all these commands are therefore within the capability of every person)***".**

[Surah An'aam, verse 152]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

24

(1) Islaamic History — Hadhrat Ja'far τ arrives in Madinah

Hadhrat Ja'far τ and his wife lived for approximately 14 years in Abyssinia and then migrated to Madinah in the year 7 A.H. when Rasulullaah ρ was returning from the expedition to Khaybar. Rasulullaah ρ was overjoyed to see him. Rasulullaah ρ hugged him and kissed his forehead saying, "I cannot tell whether I am happier with the arrival of Ja'far or with the conquest of Khaybar!" Hadhrat Ja'far τ had hardly stayed long in Madinah, when he was sent on the expedition to Mu'ta as part of an army of three thousand. Before the battle began, he recited the following words of poetry, "*O how delightful is Jannah and drawing close to it, With its pure and cool waters. Their punishment has drawn close to the Romans, Who are non-believers without any mutual relations. When I meet them on the battlefield, I shall have to strike at them with my sword.*" Hadhrat Ja'far τ was then martyred in this battle. This took place in the year 8 A.H.

(2) Rasulullaah ρ's Miracle — Foretelling the destruction of Kisra's reign

Hadhrat Abdullaah bin Abbaas τ reports that when Kisra (the Persian Emperor) tore up the letter Rasulullaah ρ sent to him, Rasulullaah ρ foretold that his rule will also be torn up as he had torn the letter up. Although Persia was a superpower of the time, what Rasulullaah ρ said proved true and it was not long thereafter that his empire came crumbling down.

[Bukhaari 64]

(3) A Fardh — Performing Tayammum in place of Ghusl

Allaah says in the Qur'aan, "**If you are ill, on journey, returning from the toilet or from touching** *(engaging in sexual relations with)* **your wives, and you do not find any water** *(or you are unable to use water for Wudhu or for Ghusl)*, **then use clean soil to perform Tayammum, wiping your faces and arms** *(including elbows)* **with it** *(with the soil)*".

[Surah Maa'idah, verse 6]

When one is unable to use water at a time when Ghusl is compulsory, Tayammum may be performed and salaah then completed. The Tayammum made for Ghusl is just like the Tayammum made for wudhu.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ — The du'aa for lifting up the tablecloth

The following du'aa should be recited when lifting the tablecloth off from the ground:

TRANSLATION: All pure, abundant and blessed praises belongs to Allaah. These praises can never suffice, can never be ignored and, O our Rabb, we can never do without them.

[Bukhaari 5458, from Hadhrat Abu Umaamah τ]

(5) An Important Act and its Virtue — Treating the daughter and sister well

Rasulullaah ρ said, "When a person has three daughters, three sisters, two daughters or two sisters and he treats them well and fears Allaah with regard to them, then he shall surely enter Jannah."

[Tirmidhi 1916, from Hadhrat Abu Sa'eed Khudri τ]

(6) A Sin — The punishment for spreading evil

Allaah says in the Qur'aan, "**There shall be an excruciating punishment in this world and in the Aakhirah for those who love immorality** *(and who love the news of immoral behaviour)* **to spread among the Mu'mineen. Allaah knows** *(the gravity of every sin)* **and you do not know** *(you should therefore abstain from everything that Allaah forbids without question)*".

[Surah Noor, verse 19]

(7) This World — The superficial knowledge of this world

Allaah says in the Qur'aan, "**They** *(the Kuffaar)* **have superficial** *(shallow)* **knowledge of** *(matters related to)* **the life of this world whereas they are negligent of** *(matters related to)* **the Aakhirah** *(as a result, they will be unsuccessful in the Aakhirah)*".

[Surah Room, verse 7]

(8) The Aakhirah — The snakes of Jahannam

Rasulullaah ρ said that the snakes of Jahannam are as thick as the necks of camels and when they bite a person in Jahannam, the pain of the bite will last for forty years.

[Ahmad 17260, from Hadhrat Abdullaah bin Haarith τ]

(9) Cures from the Qur'aan and Rasulullaah ρ — The benefits of mustard seeds

Rasulullaah ρ said, "Use mustard seeds because Allaah has placed the cure for all diseases in it."

[Jaami'us Sagheer 262, from Hadhrat Abu Hurayrah τ]

Mustard seed oil strengthens the hair, retards whitening of the hair and softens the hair.

(10) Advice from Rasulullaah ρ

Rasulullaah ρ informed us that Allaah says, "O son of Aadam! Free yourself for worshipping Me and I shall free your hearts from the worries of this world and shut the doors of poverty from you. Otherwise, I shall keep you every occupied and never shut the doors of

poverty to you."

[Tirmidhi 2466, from Hadhrat Abu Hurayrah τ]

(1) Islaamic History	Hadhrat Zaid bin Haaritha τ

Hadhrat Zaid bin Haaritha τ was the adopted son of Rasulullaah ρ. He was once travelling in a caravan with his mother when some robbers plundered the caravan and later sold him as a slave in Makkah. Hadhrat Hakeem bin Hizaam τ bought him and gave him to his aunt Hadhrat Khadeeja رضي الله عنها, who, in turn, gave him as a gift to Rasulullaah ρ. Hadhrat Zaid τ was only eight at the time. When Hadhrat Zaid τ's father and uncle came in search of him, they approached Rasulullaah ρ. Rasulullaah ρ said to them, "If Zaid wishes to come with you, you may take him along. However, if he wishes to stay with me, I cannot force him against his wishes." Hadhrat Zaid τ then preferred to stay with Rasulullaah ρ rather than return with his father. He passed away as a martyr during the Battle of Mu'ta in the year 8 A.H.

(2) Allaah's Power	The chameleon

Allaah has created the chameleon in such a manner that it lies all day in the sun to absorb energy from it and then hunts for insects by night. It has the ability to assume the colour of its surroundings, sometimes turning red, sometimes black and sometimes green according to the colour of the tree it is perched upon. It eyes are also able to see in four directions. Such wondrous capabilities have Allaah placed in such a small creature!

(3) A Fardh	Performing the Ruku and Sajdah properly

Rasulullaah ρ once said, "The worst of thieves is the one who steals from his salaah." "How does a person steal from his salaah, O Rasulullaah ρ?" the Sahabah ψ asked. "When he does not perform his Ruku and Sajdah properly," Rasulullaah ρ replied.

[Ahmad 11138, from Hadhrat Abu Sa'eed Khudri τ]

Since Rasulullaah ρ has described improper Ruku and Sajdah as stealing from salaah, it is necessary to perform the Ruku and Sajdah properly.

(4) A Sunnah	Accepting gifts

Hadhrat Aa'isha رضي الله عنها reports that Rasulullaah ρ accepted gifts and always gave something in return.

[Bukhaari 2585]

(5) An Important Act and its	The du'aa after Fjr and

Virtue	Maghrib salaah

Rasulullaah ρ stated that if the following du'aa is recited seven times after every Fajr and Asr salaah, then a person will be freed from Jahannam if he dies that night or morning.

[Abu Dawood 5079, from Hadhrat Muslim bin Haarith τ]

(6) A Sin	Stockpiling staple foods

Rasulullaah ρ stated that when a person stockpiles staple foods from the Muslims, Allaah will afflict him with leprosy and poverty.

[Ibn Maajah 2155, from Hadhrat Umar τ]

It is not permissible to stockpile foods that people require with the hope that the price will rise.

(7) This World	This world as a means of attracting enmity

Hadhrat Umar τ reports that he heard Rasulullaah ρ say, "I fear that when the wealth of this world is opened up to you, enmity and hatred will be cast between you until the Day of Qiyaamah."

[Ahmad 94]

When a person has a lot of wealth, it attracts jealousy and enmity from others.

(8) The Aakhirah	Death will never come to the people of Jahannam

Allaah says in the Qur'aan, **"(In Jahannam,) They will call out (to the keeper of Jahannam saying,), "O Maalik! Your Rabb should settle our matter (allow us to die instead of suffering here eternally)." He (Maalik) will reply, "You people will certainly have to remain (here forever without every dying)."**

[Surah Zukhruf, verse 77]

(9) Cures from the Qur'aan and Rasulullaah ρ	Cow's milk

Rasulullaah ρ said, "Allaah has sent down a cure for every illness and you will fine in cow's milk a sure for every illness."

[Mustadrak 7423, from Hadhrat Abdullaah bin Mas'ood τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, **"O you who have Imaan! Fear Allaah and speak what is right (speak the truth, speak with justice, speak of matters related to Deen and speak everything good, especially the Dhikr of Allaah). (If you do this,) Allaah will correct (accept) your (good) deeds and forgive you your sins. Whoever obeys Allaah has succeeded tremendously".**

[Surah Ahzaab, verses 70-71]

(1) Islaamic History	Hadhrat Abdullaah bin Mas'ood τ

Hadhrat Abdullaah bin Mas'ood τ lived in Makkah and was one of the Sahabah ψ responsible for issuing Fataawaa during the time of Rasulullaah ρ. He was a very thin person and when Rasulullaah ρ once sent him up a tree for something, the other Sahabah ψ started laughing when they saw his skinny legs. Rasulullaah ρ then said to them, "In the eyes of Allaah, these skinny legs carry more weight than Mount Uhud." Because he was the special aide of Rasulullaah ρ, the Sahabah ψ referred to him as the shoe bearer or the pillow bearer. He was especially engrossed with the knowledge of the Qur'aan and recited the Qur'aan most frequently. Rasulullaah ρ said, "If anyone wishes to recite the Qur'aan as it was revealed, he should recite it as Abdullaah bin Mas'ood τ does." Druiing his reign as Khalifah Hadhrat Uthmaan τ appointed Hadhrat Abdullaah bin Mas'ood τ as governor of Kufa. He passed away in Madinah in the year 32 A.H.

(2) Rasulullaah ρ's Miracle	Foretelling victory

During the Battle of Khaybar, Rasulullaah ρ said, "Tomorrow I shall give the flag to a person whom Allaah and His Rasool ρ love and Allaah shall grant victory at his hand." Rasulullaah ρ then gave it to Hadhrat Ali τ and it was at his hand that victory was granted.

[Bukhaari 3702]

(3) A Fardh	Believing in all the Ambiyaa عليهم السلام

Allaah says in the Qur'aan, "**Those** *(Muslims)* **who believe in Allaah and His Rusul and do not draw a distinction between any of them** *(they believe in all Allaah's prophets without exception)***, they are the ones to whom We shall soon give their rewards. Allaah is ever Most Forgiving, Most Merciful**".

[Surah Nisaa, verse 152]

It is Fardh (obligatory) to believe in all the Ambiyaa عليهم السلام whom Allaah had sent for the guidance of mankind.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for drinking water

The following du'aa should be recited for drinking water:

TRANSLATION: All praise belongs to Allaah Who has given us smooth and potable water to drink out of His mercy and has not made it salty

and bitter because of our sins.

[*Kanzul Ummaal* 18222, from Hadhrat Abu Ja'far τ]

(5) An Important Act and its Virtue	**Forgiveness of sins**

Rasulullaah ρ said that the person who recites *Subhaanallaahi wa Bihamdihi* a hundred times daily will be forgiven for all his sins even though they may be as much as the foam on the sea.

[Tirmidhi 3466, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**The consequences of Kufr and disobedience**

Allaah says in the Qur'aan, **"It is He Who made you successors (of each other) on earth. Whoever commits kufr, then his kufr is to his own detriment (because it will not harm Allaah in any way). The kufr of the Kaafiroon will only increase the wrath of their Rabb for them (causing them to suffer more punishment). The kufr of the Kaafiroon will only increase them in loss***".*

[Surah Faatir, verse 39]

(7) This World	**Guard against the deception of Shaytaan**

Allaah says in the Qur'aan, "**Verily Allaah's promise** *(of Qiyaamah)* **is true. So let not the life of this world deceive you** *(into believing that Qiyaamah will never come)***, and do not allow the great deceiver** *(Shaytaan)* **to deceive you about Allaah**".

[Surah Luqmaan, verse 33]

(8) The Aakhirah	**The scorpions of Jahannam**

Rasulullaah ρ said that the scorpions of Jahannam are as large as mules and when they bite a person in Jahannam, the pain of the bite will last for forty years.

[Ahmad 17260, from Hadhrat Abdullaah bin Haarith τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The myrobalan**

Rasulullaah ρ said, "Drink the myrobalan because it is from the fruit of Jannah. Although it may be bitter, it contains the cure for all illnesses."

[*Mustadrak* of Haakim 8230, from Hadhrat Abu Hurayrah τ]

The myrobalan is ground and drunk and is effective in treating piles.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "O people! Fear Allaah and adopt Halaal means of earning because no person can leave this world without getting the sustenance decreed for him. You must therefore adopt what is Halaal and refrain from Haraam."

[Ibn Maajah 2144, from Hadhrat Jaabir bin Abdullaah τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

27

(1) Islaamic History	**Hadhrat Abu Hurayrah τ**

Although he is popularly known by his nickname of Abu Hurayrah, Imaam Bukhaari رحمه الله states that his real name was Abdullaah. He belonged to the Dows tribe and accepted Islaam at the hand of Hadhrat Tufayl bin Amr Dowsi τ. Although he met Rasulullaah ρ in Makkah, he returned home with his people. Rasulullaah ρ made du'aa saying, "O Allaah! Guide the Dows tribe and bring them here." As a result of this du'aa, Hadhrat Abu Hurayrah τ arrived in Madinah with a group of 80 men in the year 7 A.H. to learn from Rasulullaah ρ. Hadhrat Abu Hurayrah τ remained in the company of Rasulullaah ρ and had a tremendous fervour to learn, because of which he has narrated the most Ahadeeth. His narrations number 5374. When some people objected to the number of Ahadeeth that he narrated, he countered them by saying, "While my Muhaajireen brothers were engaged in trade and my Ansaar brothers were engaged in farming, I remained constantly in the company of Rasulullaah ρ."

(2) Allaah's Power	**Communication between the animals**

Only Allaah knows the true count of the multitude of animals that He has created. Each of them has a manner of communicating with each other. Horses neigh, elephants trumpet, lions roar, birds twitter, etc. It can only be Allaah Who gave a mode of communication to every one of the species He has created and each one is so unique that we can tell them apart even in the dark.

(3) A Fardh	**Returning borrowed property**

Rasulullaah ρ emphasised the prompt return of property that has been borrowed.

[Ibn Maajah 2398]

It is Waajib (compulsory) to return a borrowed item when it is due to be returned and Haraam to retain it any longer.

(4) A Sunnah	**Covering the mouth when sneezing**

Whenever Rasulullaah ρ sneezed, he covered his mouth with a cloth or with his hand to muffle the sound.

[Tirmidhi 2745, from Hadhrat Abu Hurayrah τ]

(5) An Important Act and its	**Seeking forgiveness regularly**

Virtue	
Rasulullaah ρ said that when a person regularly seeks forgiveness from Allaah, Allaah will provide for him an escape from every problem and worry and provide sustenance for him from sources he does not expect. [Tirmidhi 1518, from Hadhrat Abdullaah bin Abbaas τ]	
(6) A Sin	**The evil of drinking wine**
Rasulullaah ρ said, "Every intoxicating substance is Haraam. Whoever consumes an intoxicating substance will lose the blessings of forty days of salaah. Allaah will then accept his repentance when he repents, but when he returns to it for the fourth time, then Allaah has the right to make him drink the blood and pus of the people of Jahannam." [Abu Dawood 3680, from Hadhrat Abdullaah bin Abbaas τ]	
(7) This World	**The greed of this world**
Rasulullaah ρ said, "Although Qiyaamah is drawing closer, people are increasing in greed and becoming more distant from Allaah." [*Mustadrak* of Haakim 7917, from Hadhrat Abdullaah bin Mas'ood τ]	
(8) The Aakhirah	**The rivers of Jannah**
Allaah says in the Qur'aan, "**The description of the Jannah that the people of Taqwa have been promised is that it has rivers of water that never putrefy** *(will never be contaminated nor deteriorate in quality)*, **rivers of milk the taste of which never spoils** *(never goes off)*, **rivers of** *(pure)* **wine that is extremely palatable to those who drink it** *(without intoxicating them)* **and rivers of the purest honey."** [Surah Muhammad, verse 15]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating rib pain with dates**
Rasulullaah ρ stated that dates effectively prevent rib pains. [*Kanzul Ummaal* 28191, from Hadhrat Abu Hurayrah τ]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**When you are greeted with a greeting, then reply with a better greeting, or** *(at least)* **return** *(the same greeting)*. **Most surely Allaah takes account of everything** *(and will reward people for every good they do)*". [Surah Nisaa, verse 86]	

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	28
(1) Islaamic History	**Hadhrat Abdullaah bin Umar τ**
Hadhrat Abdullaah bin Umar τ was one of the most eminent companion of Rasulullaah ρ and the most acclaimed of the children of Hadhrat Umar τ. Even Rasulullaah ρ testified to his piety when he said, "What a good man is Abdullaah! How nice would it be if he performed the Tahajjud salaah as well!" When he heard this, Hadhrat Abdullaah bin Umar τ would spend all night in salaah and then engage in *Istighfaar* when dawn arrived. Rasulullaah ρ once held his shoulder and said, "Live in this world like a stranger or a traveller and count yourself amongst the dead." Because of this, he led his life as an ascetic. He accepted Islaam with his parents as a young boy and migrated to Madinah with his father. He was not allowed to fight in the Battle of Badr as well as in the Battle of Uhud, but was allowed to participate in the Battle of the Trench. He was only 15 at the time. He passed away in Makkah in Dhul Hijjah of the year 73 A.H. at the age of 84 and is buried there as well.	
(2) Rasulullaah ρ's Miracle	**A wolf testifies to the prophethood of Rasulullaah ρ**
A wolf once attacked a goat and took it away. The shepherd however went after it and wrestled it from the wolf. The wolf then sat down on its tail and said, "Do you not fear Allaah? You snatch away from me the sustenance that Allaah has brought to me!" "How astonishing!" the shepherd exclaimed, "A wolf speaking like a human!" "Should I tell you of something even more astonishing?" the wolf asked, "There is a man in Madinah who is informing people of events that have occurred in the past and in the future." The shepherd, who was a Jew, then went to Rasulullaah ρ, related the incident to him and accepted Islaam. [*Mishkaatul Masaabeeh* 5927, from Hadhrat Abu Hurayrah τ]	
(3) A Fardh	**Performing the salaah from the Takbeer Tahreema**
Rasulullaah ρ said that when a person sincerely performs salaah in Jamaa'ah for forty days, he will received immunity from Jahannam and immunity from hypocrisy. [Tirmidhi 241, from Hadhrat Anas τ]	
(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**Du'aa to die as a Muslim**

The following du'aa should be recited for death on Imaan and to be with the righteous ones:

TRANSLATION: **O Creator of the heavens and the earth! You are my Protecting Friend in this world and in the Aakhirah. Grant me death in a state of obedience** *(to Your commands)* **and include me among Your pious bondsmen** *(the Ambiyaa in the Aakhirah)***."**

[Surah Yusuf, verse 101]

(5) An Important Act and its Virtue	**The virtues of two phrases**

Rasulullaah ρ stated that there are two phrases that are light on the tongue, heavy on the scale of deeds and beloved to Allaah. They are:

[Bukhaari 7563, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Falsifying the Qur'aan**

Allaah says in the Qur'aan, "**Who can be more unjust than he who lies about Allaah** *(by saying that Allaah has partners)***, and rejects the truth** *(the Qur'aan and Towheed)* **when it comes to him? Is there no abode for the Kaafiroon in Jahannam?** *(Jahannam is where they will find themselves in the Aakhirah!)*".

[Surah Zumar, verse 32]

(7) This World	**The loss of these who seek this world**

Allaah says in the Qur'aan, "**Whoever desires the harvest** *(rewards)* **of the Aakhirah, We shall increase its harvest for him.** *(On the contrary,)* **We shall grant** *(only)* **a part of this world's harvest** *(luxuries)* **to the one who desires it** *(without him receiving all he desires)***; and he will have no share** *(of good)* **in the Aakhirah** *(because he has no Imaan)*".

[Surah Shura, verse 20]

(8) The Aakhirah	**The weeping of the people of Jahannam**

Rasulullaah ρ said, "Allaah will punish the people of Jahannam with weeping in such a way that they will weep so profusely that their tears will run dry and they will start to cry tears of blood. They will then develop such deep furrows on their cheeks that if boats were placed therein, they will start to flow."

[Ibn Maajah 4324, from Hadhrat Anas τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of garlic**

Rasulullaah ρ said, "Had the angels not been coming to me frequently, I would certainly have eaten garlic."

[*Kanzul Ummaal* 40933]

This Hadith makes it apparent that garlic has many health benefits. Physicians mention that amongst its benefits is that it alleviates chest pains, promotes digestion and curbs excessive thirst.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Monitor the moons of Sha'baan well because of

Ramadhaan (so that you do to err in the beginning of Ramadhaan)."

[Tirmidhi 687, from Hadhrat Abu Hurayrah τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	29

(1) Islaamic History	Hadhrat Bilaal τ

Hadhrat Bilaal τ was the famous Mu'adhin of Masjidun Nabawi. His father's name was Rabaah and his mother's name was Hamaamah. He was of Abyssinian origin and had accepted Islaam in the early days. Because he was a slave of the Mushrikeen, he was subjected to brutal torture because he had accepted Islaam. He was made to lie on the burning sands in scorching heat with a boulder placed upon his chest. He was also tied in chains and whipped to persuade him to forsake Islaam. However, he kept saying, "*Ahad* (the One)! *Ahad* (the One)!" Hadhrat Abu Bakr τ eventually managed to buy his freedom. Hadhrat Bilaal τ migrated to Madinah and participated in all the battles led by Rasulullaah ρ. After the demise of Rasulullaah ρ, he left for Syria, where he passed away close to Damascus in the year 20 A.H.

(2) Allaah's Power	Glistening gold beneath the soil

Gold is a valuable and shiny metal that is loved by people and never rusts. Deep down underground where Allaah has created the blackest of coal, He has also created this shiny and bright gold.

(3) A Fardh	An action beloved to Allaah

When someone asked to be informed what the most beloved act was in the sight of Allaah, Rasulullaah ρ replied, "Performing salaah on its time. Whoever forgoes his salaah intentionally has no Deen because salaah is a pillar of Deen."

[Bayhaqi 2683, from Hadhrat Umar τ]

(4) A Sunnah	The Sunnah method of visiting the sick

Rasulullaah ρ said that the proper manner of visiting the sick is to place your hand on his forehead or hand and to ask how he is feeling.

[Tirmidhi 2731, from Hadhrat Abu Umaamah τ]

(5) An Important Act and its Virtue	Being gentle with debtors

Rasulullaah ρ said, "When a person gives respite to his debtor or writes off the debt, Allaah will grant him shade beneath His throne on the day when there shall be no other shade."

[Tirmidhi 1306, from Hadhrat Abu Hurayrah τ]

(8) The Aakhirah	The punishment for dishonouring a Muslim

Rasulullaah ρ said that the one who backbites about a Muslim and receives even a morsel of food in exchange, he will be made to eat a morsel of fire from Jahannam. Similarly, the one who dishonours a Muslim and receives a garment of clothing in exchange, he will be made to wear a garment of fire from Jahannam.

[Abu Dawood 4881]

(7) This World	Wealth and poverty are in the heart

Rasulullaah ρ once asked Hadhrat Abu Dharr τ, "Do you regard a wealthy person to be one who has plenty of wealth?" "Certainly, O Rasulullaah ρ," he replied. "And do you regard a poor person to be one who has a lack of wealth?" Rasulullaah ρ asked further. "Certainly, O Rasulullaah ρ," Hadhrat Abu Dharr τ confirmed. Rasulullaah ρ then explained, "Wealth and poverty are conditions of the heart. When a person has wealth in his heart, nothing in this world will cause him a loss regardless of how little he has. However, when a person has poverty in his heart, nothing in this world will be of benefit to him regardless of how much he has. It will only be his miserliness that will cause him a loss."

[Tabraani in his *Kabeer* 1619, from Hadhrat Abu Dharr τ]

(8) The Aakhirah	Boiling water

Allaah says, "**You shall** *(then)* **drink boiling water upon it**".

[Surah Waaqi'ah, verse 54]

Hadhrat Dahaak رحمه الله has stated that this water to be given to the people of Jahannam has been boiling from the time that Allaah created the heavens and the earth.

[*Targheeb wat Tarheeb* 5231]

(9) Cures from the Qur'aan and Rasulullaah ρ	Watermelon

Rasulullaah ρ said that watermelon taken before eating cleanses the stomach and eliminates the root of diseases.

[Ibn Asaakir Vol.6 Pg.102]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Establish** *(the Fardh)* **salaah, pay zakaah and give to Allaah a good loan** *(spend in charity for Allaah's pleasure)***. Whatever good you send ahead for yourselves** *(as reward to the Aakhirah)***, you will find it with Allaah in a better and more rewarding state. Seek forgiveness from Allaah. Verily Allaah is Most Forgiving, Most Merciful**".

[Surah Muzammil, verse 20]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	30

(1) Islaamic History	Hadhrat Mus'ab bin Umayr τ

Hadhrat Mus'ab τ belonged to one of the wealthiest families of the Quraysh and was therefore brought up in luxury. He accepted Islaam at Rasulullaah ρ's hand in the house of Hadhrat Arqam τ, but concealed his conversion for a while. It was only when someone saw him performing salaah that he was reported to his parents, who immediately severed ties with him and subjected him to much torture. He eventually managed to escape to Abyssinia. When he later returned to Makkah, Rasulullaah ρ sent him with the people of Madinah to teach them the Qur'aan and to propagate Islaam. He was therefore known in Madinah as Al Muqri (the tutor). He participated in the Battle of Badr and was courageously holding up the flag of the Muslims during the Battle of Uhud in the year 3 A.H. when he was martyred.

(2) Rasulullaah ρ's Miracle	Assistance from the angels

Hadhrat Sa'd bin Abi Waqqaas τ reports that during the Battle of Uhud, he saw two men clothes in bright white robes defending Rasulullaah ρ from all directions. He adds that he had never seen them before or afterwards. They were the angels Hadhrat Jibra'eel υ and Hadhrat Mika'eel τ.

[Muslim 6004-6005]

(3) A Fardh	Entering the Masjid with wudhu

Rasulullaah ρ stated that when a person performs wudhu and then proceeds for salaah to the Masjid only to find that it is over, he will receive the reward of salaah with Jamaa'ah without the rewards decreasing of those who had performed their salaah there.

[Abu Dawood 564, from Hadhrat Abu Hurayrah τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for entering and leaving the toilet

The following du'aa should be recited when entering the toilet:

TRANSLATION: O Allaah! I seek Your protection from the male and female Jinn.

[Bukhaari 142, from Hadhrat Anas τ]

The following du'aa should be recited when leaving the toilet:

TRANSLATION: I seek Your forgiveness, O Allaah. All praise belongs to

Allaah Who has removed from me what was harmful and has given me relief.

[Ibn Maajah 300-301]

(5) An Important Act and its Virtue	Waiving the debts of the poor

Rasulullaah ρ related the incident of a wealthy businessman from the nations before whose book of deeds did not contain much good. However, he always advised his children to waive the debts of the poor, because of which Allaah said, "I am more worthy of such behaviour (to overlook) I have therefore forgiven him."

[Muslim 3997, from Hadhrat Abu Mas'ood τ]

(6) A Sin	Failure to obey the command of Rasulullaah ρ

Allaah says in the Qur'aan, "**Those who oppose the Rasool's commands** *(which come from Allaah)* **should beware that some calamity or a grievous punishment should afflict them**".

[Surah Noor, verse 63]

(7) This World	Sustenance is distributed by the wisdom of Allaah

Allaah says in the Qur'aan, "**If Allaah expands** *(gives in abundance)* **provisions for His bondsmen,** *(the general reaction would be that)* **they would rebel** *(sin and oppress)* **on earth** *(because they would have the means to do as they please)***. Instead, He sends** *(provisions)* **according to a stipulated measure as He pleases** *(to keep man in check)***. He is certainly Informed and Ever Watchful over His bondsmen** *(He knows them better than themselves)*".

[Surah Shura, verse 27]

(8) The Aakhirah	The grave is the first stage of the Aakhirah

Whenever he passed by a graveyard, Hadhrat Uthmaan τ always wept so bitterly that his beard would get wet. Someone asked, "Why is it that you so not weep as much when mention is made of Jannah and Jahannam?" He replied, "I have heard Rasulullaah ρ say that the grave is the first of the many stages of the Aakhirah. Whoever fails to succeed in the grave will find the staged thereafter to be even more difficult."

[Tirmidhi 2308]

(9) Cures from the Qur'aan and Rasulullaah ρ	The pear

Rasulullaah ρ said, "Eat pears because it lends peace and strength to the heart and gives beauty to (unborn) children."

[*Kanzul Ummaal* 28256]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "A person should ask all his needs from Allaah, even if it be the straps of his sandal."

[Tirmidhi 3604]

Madrasah in Just Five Minutes

Sha'baan

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	1

(1) Islaamic History	Hadhrat Khaalid bin Waleed τ

Who is not unaware of the bravery and valour of Hadhrat Khaalid bin Waleed τ? He was moved to accept Islaam after the peace treaty of Hudaybiyyah has been signed and just as he had fought with great fervour and enthusiasm for the Mushrikeen before accepting Islaam, he did the same after becoming a Muslim and spent his life defending Islaam against the onslaught of the Kuffaar. Shortly after he had accepted Islaam, the Battle of Mu'ta took place in the year 8 A.H. At Mu'ta, Hadhrat Zaid bin Haaritha τ, Hadhrat Ja'far bin Abi Taalib and Hadhrat Abdullaah bin Rawaaha τ were all martyred in turn before Hadhrat Khaalid bin Waleed τ was appointed commander of the army and granted victory. He was also given command of a battalion of soldiers when Rasulullaah ρ conquered Makkah. After Rasulullaah ρ passed away, Hadhrat Abu Bakr τ gave him command over the army that defeated the renegades as well as the imposter Musaylama Kadhaab. He also played a key role in the many conquests that the Muslims enjoyed over the Romans and the Persians. It was on account of his prowess as a military general that Rasulullaah ρ said, "Khaalid bin Waleed is a sword from amongst the swords of Allaah, which Allaah has drawn against the Kuffaar and the Mushrikeen."

(2) Allaah's Power	The power of Allaah in stones

Allaah has granted unique colour to the many forms of creation that He has made and it is often by these colours that they are distinguished from one another. Allaah has even accorded stunning colours to stones, some being black, some white, others red, green and so many other colours and shades. For each of these many types of rock, man has various uses. Who else could it be who gave such beautiful colours and lustre to the many rocks and boulders hidden deep underground? This is certainly only through the amazing power and might of Allaah.

(3) A Fardh	Worship Allaah Alone

Allaah says in the Qur'aan, "**Your Ilaah is but One Ilaah. There is no other Ilaah but Him, The Compassionate, The Most Merciful.** *(His decision is final)*".

[Surah Baqara, verse 163]

This verse makes it clear that it is only Allaah Who is worthy of worship. It is therefore Fardh (obligatory) to worship Allaah Alone.

(4) A Sunnah	Lending a helping hand in domestic chores

When Hadhrat Aa'isha رضي الله عنها was asked what Rasulullaah ρ did when he was at home, she replied, "He would lend a helping hand with the domestic chores, but would hasten for salaah as soon as the time arrived."

(5) An Important Act and its Virtue	Performing Umrah during the month of Ramadhaan

Rasulullaah ρ said that the reward for performing Umrah during the month of Ramadhaan is equivalent to performing Hajj.

[Muslim 3038, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin	The ill effects of some sins

Rasulullaah ρ stated that when a person commits the following four sins, his Imaan actually leaves him for the duration of the sin; (1) when committing adultery or fornication, (2) when drinking liquor and (3) when committing murder.

[Bukhaari 6809, from Hadhrat Abdullaah bin Abbaas τ]

(7) This World	The Harms of Holding this world in high esteem

Rasulullaah ρ said, "Recitation of *Laa Ilaaha Illallaah* will protect a person against Allaah's wrath as long as he regards the Deen to be more important than this world. However, when he starts to regard the world as more important than Deen, then even his recitation of *Laa Ilaaha Illallaah* will be cast back at him and he will be told, 'You are a liar'."

[*Kanzul Ummaal* 217, from Hadhrat Anas τ]

(8) The Aakhirah	Every person will be handed their record of deeds

Allaah says in the Qur'aan, "**We have bound every person's** *(record of)* **actions on his neck** *(wherever a man may be, his every act is recorded)*. *(Eventually, when he dies, this record is closed until finally)* **On the Day of Qiyaamah We shall take out for him a book** *(this record containing all his actions he carried out in this world)* **that he will see opened before him.** *(It will then be said to him)* **"Read your book. Today you are enough to take stock of yourself** *(you can see your actions for yourself and you need no one else to question you)*." ".

[Surah Bani Israa'eel, verses 13-14]

(9) Cures from the Qur'aan and Rasulullaah ρ	Seeking cure through honey and the Qur'aan

Rasulullaah ρ said, "Adhere to two things when seeking cure; honey and the Qur'aan."

[Ibn Maajah 3452, from Hadhrat Abdullaah bin Mas'ood τ]

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**So think of Me** *(by performing salaah, making Dhikr, abiding by the Qur'aan and in all other matters)* **and I will think of you** *(by rewarding you and fulfilling your needs)*. **Be grateful to Me** *(by obeying Me)* **and do not be ungrateful** *(by disobeying Me)*".

[Surah Baqara, verse 152]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

2

(1) Islaamic History — The sincerity of Hadhrat Khaalid bin Waleed τ

Every act that the Sahabah ψ carried out was filled with sincerity of intention and carried out only to please Allaah. They were therefore prepared to sacrifice even their positions of honour for the pleasure of Allaah. A sterling example of the sincerity of Hadhrat Khaalid bin Waleed τ was displayed when he was relieved of his position as commanding general of the Muslim army. When Hadhrat Umar τ relieved Hadhrat Khaalid τ of this post in the best interests of the Muslim state and appointed Hadhrat Abu Ubaydah bin Jarraah τ in this place, Hadhrat Khaalid τ addressed the people saying, "Ameerul Mu'mineen Umar τ has appointed as commander a person whom Rasulullaah ρ gave the title of 'The most trustworthy person of this Ummah'." He then handed over the command to Hadhrat Abu Ubaydah bin Jarraah τ. Seeing this loyalty and sincerity from Hadhrat Khaalid bin Waleed τ, Hadhrat Abu Ubaydah bin Jarraah τ then addressed the people saying, "I have heard Rasulullaah ρ say that Khaalid is a sword from amongst the swords of Allaah." Although Hadhrat Khaalid τ desired martyrdom all his life, he was not destined to be martyed in the path of Allaah. When he was on his deathbed, he bequeathed that his horse and weapons be donated in the path of Allaah. He then passed away in Hims in the year 21 A.H.

(2) Rasulullaah ρ's Miracle — Rasulullaah ρ foretells the demise of his daughter Hadhrat Faatima رضي الله عنهما

Before Rasulullaah ρ passed away, he informed his daughter Hadhrat Faatima رضي الله عنهما that she would be the first of his family to meet him after he passes away. This then happened exactly as Rasulullaah ρ had mentioned.

[Bukhaari 3716, from Hadhrat Aa'isha رضي الله عنها]

(3) A Fardh — Purity is necessary when entering the Masjid

Rasulullaah ρ stated that menstruating women and people in the state of Janaabah (in need of Ghusl) may not enter the Masjid.

[Abu Dawood 232, from Hadhrat Aa'isha رضي الله عنها]

(4) A Du'aa from the Qur'aan — The du'aa for wearing clothes

and Rasulullaah ρ	

Rasulullaah ρ said that all a person's past and future sins will be forgiven when he recites the following du'aa when wearing his clothing:
PUT ARABIC
TRANSLATION: All praise belongs to Allaah Who has granted me this clothing to wear without any effort or exertion from myself.

[Abu Dawood 4023, from Hadhrat Mu'aadh bin Anas τ]

(5) An Important Act and its Virtue	**Recitation of the Qur'aan**

Rasulullaah ρ said, "Recite the Qur'aan because it will be an intercessor for its reciter on the Day of Qiyaamah."

[Muslim 1874, from Hadhrat Abu Umaamah τ]

(6) A Sin	**Spreading corruption**

Allaah says in the Qur'aan, "*(The evil-doers are)* **Those who break the promise** *(pact)* **they made to Allaah after agreeing to it, who cut off those things that Allaah has ordered that they join** *(such as family ties)***, and who spread corruption** *(mischief)* **on earth. These are certainly the losers** *(because they are headed for Jahannam)*".

[Surah Baqara, verse 27]

(7) This World	**Those who pray for the good of this world**

Allaah says in the Qur'aan, "**From among man there are those** *(the Kaafiroon)* **who say, "O our Rabb, grant us in this world."** *(They are then granted their needs in this world whereas)* **They shall have no share** *(of good)* **in the Aakhirah**".

[Surah Baqarah, verse 200]

(8) The Aakhirah	**Punishment in the grave**

Rasulullaah ρ once entered an orchard belonging to the Banu Najjaar tribe, in which there were a few graves. When his mule suddenly became startled, Rasulullaah ρ remarked, "She has become startled because the dead are being punished in their graves. Had I not feared that you would stop burying your dead, I would have allowed you people to also hear the sounds."

[Muslim 7213, from Hadhrat Zaid bin Thaabit τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Bodily pain**

Hadhrat Uthmaan bin Abul Aas τ once came to Rasulullaah ρ and complained of bodily pain he was suffering. Rasulullaah ρ told him to place his hand over the painful portion and to then recite بِسْمِ اللهِ (*Bismillaah*) three times, followed by seven times أَعُوْذُ بِاللَّهِ وَ قُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ وَ أُحَاذِرُ (I seek protection with Allaah and his power from the evil of what I am experiencing and what I fear). The Sahabi τ was cured after reciting this and then taught the prescription to his family.

[Muslim 5737, from Hadhrat Uthmaan bin Abul Aas τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Do not speak a lot unless you are engaging in the Dhikr of Allaah because this hardens the heart and a hard heart is

furthest from (the mercy of) Allaah."

[Tirmidhi 2411, from Hadhrat Abdullaah bin Umar τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

3

(1) Islaamic History — Hadhrat Miqdaad bin Amr τ

Hadhrat Miqdaad bin Amr τ was amongst the first seven people to accept Islaam and he therefore had to suffer much torture and torment from the Mushrikeen. He migrated to both Abyssinia as well as Madinah and it was he who spoke the minds of the Ansaar when Rasulullaah ρ consulted the Sahabah ψ before the Battle of Badr. He said, "O Rasulullaah ρ! We shall not be like the people of Moosa υ. Rather, we shall fight with you. We shall be in front of you, behind you and on your right and left. We not abandon you and fight until we breath our last." Hadhrat Miqdaad τ was an expert at horse riding, spear throwing and archery and fought a hundred armour clad Mushrikeen during the Battle of Badr. He was present when the pledge of Ridwaan took place and he also joined Rasulullaah ρ on the Farewell Hajj. He was amongst those Sahabah ψ whom Allaah refers to as His sincere worshippers in the Qur'aan. Rasulullaah ρ said, "I have been commanded to love Ali, Miqdaad, Salmaan and Abu Dharr." His entire life displayed his tremendous love for Rasulullaah ρ and his fervour for martyrdom. He was over 70 when he passed away in the year 33 A.H. He is buried in Jannatul Baqee in Madinah and his Janaazah salaah was led by Ameerul Mu'mineen Hadhrat Uthmaan τ.

(2) Allaah's Power — Who makes the blood in our bodies?

Amongst the vital requirements in the life of a person is the blood flowing through his body. A person's life will be endangered if he lacks blood in his body or if new blood stops forming. The heat of the blood is transported throughout the body, allowing people to survive. The flowing and creation of blood in the body is amongst the creative wonders of Allaah, Who allows man to live with so many things that are themselves lifeless.

(3) A Fardh — The Jumu'ah salaah

Rasulullaah ρ said, "It is compulsory for every Muslim to perform the Jumu'ah salaah in congregation, with the exception of four persons; (1) the slave, (2) a woman, (3) an immature child and (4) the ill."
[Abu Dawood 1067]
It is Fardh (obligatory) for every healthy Muslim who is of age to perform the Jumu'ah salaah in a town where the conditions of the

Jumu'ah salaah are found.

(4) A Sunnah — Reciting the *Mu'awwadhatayn* before sleeping

Whenever Rasulullaah ρ retired to bed, he held his hands together (as people do when making du'aa), recited Surah Ikhlaas and the *Mu'awwadhatayn* (Surah Falaq and Surah Naas) and then blew on his hands before passing them over every part of his body that the hands could reach. He did this three times and started from the head, the face, the front of the body and then the rest.

[Bukhaari 5017, from Hadhrat Aa'isha رضي الله عنها]

(5) An Important Act and its Virtue — Teaching etiquette to one's child

Rasulullaah ρ said that teaching any etiquette to one's child is better than spending a *Saa* (3½ kg) of grain in Sadaqah.

[Tirmidhi 1951, from Hadhrat Jaabir bin Samurah τ]

(6) A Sin — Imitating the opposite gender

Rasulullaah ρ cursed the woman who imitates men and the man who imitates women.

[Ibn Maajah 1903, from Hadhrat Abu Hurayrah τ]

It is not permissible and Haraam for men to adopt the appearance of women and vice versa.

(7) This World — This world in the sight of Allaah

Rasulullaah ρ said, "Of all His creation, there is nothing more contemptible in the sight of Allaah than this world. Since creating it, Allaah has never looked at it with mercy."

[*Kanzul Ummaal* 6099, from Hadhrat Abu Hurayrah τ]

(8) The Aakhirah — Actions will be weighed on the Day of Qiyaamah

Allaah says in the Qur'aan, "**The weighing** *(of good and bad actions)* **on that day** *(of Qiyaamah)* **is the truth** *(and will be absolutely just)* **! As for those whose scales are heavy** *(with good actions done with sincerity, love and devotion)***, they will be the successful ones** *(who will attain salvation)***. As for those whose scales are light** *(lacking good actions and heavy with sins)***, they are the ones who have lost their souls** *(to destruction)* **because they were unjust towards** *(they rejected)* **Our Aayaat**".

[Surah A'raaf, verses 8-9]

(9) Cures from the Qur'aan and Rasulullaah ρ — Treating wounds with ashes

When Rasulullaah ρ's face was injured during the Battle of Uhud, his daughter Hadhrat Faatima رضي الله عنهما wiped off the blood while Hadhrat Ali τ poured water over it. However, when Hadhrat Faatima رضي الله عنهما saw that the blood was flowing even more, she burnt a portion of a mat (made of palm fronds) and then applied the ashes to the wound. The bleeding then stopped.

[Bukhaari 2903, from Hadhrat Sahl τ]

Physicians write that ashes from mats woven from straw and date fronds are very effective for stopping bleeding.

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**Spend in the path** *(obedience)* **of Allaah** *(in worship and Jihaad)* **and do not throw your own hands** *(do not lead yourselves)* **into destruction. Do good, for Allaah certainly loves those who do good**".

[Surah Baqara, verse 195]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

4

(1) Islaamic History — The birth and Islaam of Hadhrat Ameer Mu'aawiya τ

Hadhrat Mu'aawiya τ was born five years before Rasulullaah ρ announced his Nabuwaat (Prophethood). He belonged to the Banu Umayyah family of the Quraysh tribe, a family second only to the Banu Haashim in status. His father Hadhrat Abu Sufyaan τ was the revered leader of their family. Hadhrat Mu'aawiya τ accepted Islaam with his family when Makkah was conquered. From his youth, he displayed great leadership qualities and his father would remark, "This son of mine has a large head and all the traits to make a fine leader of his people." When Hadhrat Mu'aawiya τ was seen by a person proficient in the skill of telling lineage through physical traits, the man also admitted that he had all the makings of a great leader. For this reason, his parents paid particular attention to his upbringing and ensured that he acquired many skills and sciences, including proficiency in reading and writing. The famous historian Waaqidi رحمه الله wrote that Hadhrat Mu'aawiya τ actually accepted Islaam after the Treaty of Hudaybiyyah was concluded, but was forced to conceal his faith. Proof of this lies in the fact that although he was an adult, Hadhrat Mu'aawiya τ did not join the Mushrikeen when they fought the Muslims in the Battles of Badr, Uhud and the Trench as well when they opposed the Muslims at Hudaybiyyah. This proves that the truth of Islaam had settled in his heart from the very beginning.

(2) Rasulullaah ρ's Miracle — The long life of a goat

Hadhrat Ummu Ma'bad رضي الله عنهما reports that because Rasulullaah ρ had passed his hand over her goat and personally milked it, the goat had a long life and lived until the Khilaafah of Hadhrat Umar τ.

[*Seerah Halabiyyah* (Vol.3 Pg.130)]

(3) A Fardh — The parents share in the estate of their children

Allaah says in the Qur'aan, "**For each of the parents is a sixth of what the deceased leaves if he** *(or she)* **has children** *(male or female)*".

[Surah Nisaa, verse 11]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ — When in difficulty

Rasulullaah ρ stated that when a person is in difficulty and makes du'aa

with the following words, Allaah will accept his du'aa:
PUT ARABIC

[Tirmidhi 3505, from Hadhrat Sa'd bin Abi Waqqaas τ]

(5) An Important Act and its Virtue	**Seeking Allaah's forgiveness in abundance**

Rasulullaah ρ said, "The person who wishes that his record of deeds should please him on the Day of Qiyaamah must seek as much forgiveness from Allaah as possible."

[Tabraani in his Awsat 851, from Hadhrat Zubayr bin Awwaam τ]

(6) A Sin	**Concealing and changing the Qur'aan**

Allaah says in the Qur'aan, "**Verily those who hide** *(or make changes to)* **that book which Allaah has revealed, selling it for a small price***(referring to the Jewish Rabbis who hid from people the description of Rasulullaah ρ in the Torah so that they would not lose the bribes, gifts and acknowledgements of gratitude that people gave them)***; these people only fill their bellies with fire. Allaah will neither speak to them** *(with kindness and mercy)* **on the Day of Judgement** *(because He will be angry with them)***, nor will He purify them** *(from the filth of their sins)***. They will receive a most painful punishment** *(that will penetrate their inner selves and from which there shall be no salvation)*".

[Surah Baqara, 174]

(7) This World	**The things of this world**

Allaah says in the Qur'aan, "**36. Whatever you have been given is merely an article of this worldly life** *(something to use temporarily)***.** *(On the other hand,)* **What** *(reward)* **is with Allaah** *(in exchange for your good deeds)* **is better** *(than everything of this world)* **and more lasting** *(eternal)* **for those who have Imaan, who trust** *(only)* **in their Rabb** *(to provide for them and to protect them)…*".

[Surah Shura, verse 36]

(8) The Aakhirah	**The rivers of Jannah**

Rasulullaah ρ mentioned that there shall be rivers of water, rivers of milk, rivers of honey and rivers of wine in Jannah.

[Tirmidhi 2771]

The wine of Jannah will not be intoxicating and will have a most pleasant fragrance.

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating wounds with henna**

When he got cut or pricked by a thorn, Rasulullaah ρ used to dress the wound with henna.

[Ibn Maajah 3502]

Amongst its many benefits, henna disinfects wounds and heals burns and blisters

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Return the trusts that people keep with you and never misappropriate the trusts of people even though they may do the same to you."

[Abu Dawood 3535, from Hadhrat Abu Hurayrah τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

5

(1) Islaamic History	**The life and personality of Hadhrat Mu'aawiya τ**

Coupled with the physical beauty that Allaah granted to Hadhrat Mu'aawiya τ, he was also blessed with a multitude of positive character traits. All the best traits and perfections of a just ruler were to be found in him to the degree that Hadhrat Umar τ stated, "You people speak highly of the intelligence and political ingenuity of the Emperors of Rome and Persia whereas someone who excels them is in your midst in the personality of Mu'aawiya." Hadhrat Mu'aawiya τ was one of the few people in Islaam whose favours to the Ummah cannot be repaid. One of his greatest achievements was that he was honoured to be one of the elite scribes of revelation. He is, however, a personality who has been treated most unjustly because a concerted effort has been underway to falsely accuse him of many unfounded wrongs. All of this has concealed his sterling character and personal accomplishments as well as the fact that he was a companion of Rasulullaah ρ. All the world today know about him is that he was the person who led an army against Hadhrat Ali τ in the Battle of Siffeen. Many people have forgotten that it was because of the trustworthiness of Hadhrat Mu'aawiya τ, because of his resolute personality, because of the fact that he was a scribe of revelation and because of his many other exemplary qualities that Rasulullaah ρ made du'aa for him saying, "O Allaah! Make Mu'aawiya amongst those who guides others, who is himself rightly guided and a means for others to be rightly guided."

(2) Allaah's Power	**Well water**

One of the means by which Allaah provides water for people is by means of wells and people have been drawing water from wells since ancient times. Allaah has made it such that when well water is drawn in winter, the water comes out warm and when drawn in summer, the water comes out cool. The warmer the weather, the cooler is the water and the cooler the weather, the warmer the water. How great is the mercy of Allaah to have catered for our needs so well.

(3) A Fardh	**The importance of salaah**

Rasulullaah ρ said, "The status of salaah in Islaam is like the head in the body."

[*Tabraani* in his *Kabeer* 19 from Hadhrat Abdullaah bin Umar τ]

(4) A Sunnah	**Using the Miswaak when awakening**
Hadhrat Aa'isha رضي الله عنها reports that whenever Rasulullaah ρ awoke from his sleep during the day or the night, he would always brush his teeth with a Miswaak before performing wudhu. [Abu Dawood 57]	
(5) An Important Act and its Virtue	**The virtues of Dhikr**
Rasulullaah ρ stated that a tree will be planted for a person in Jannah when he recites: PUT ARABIC [Tirmidhi 3464, from Hadhrat Jaabir τ]	
(6) A Sin	**Major sins**
Rasulullaah ρ said, "The major sins are that you ascribe partners to Allaah, that you disobey your parents, that you commit murder and that you take a false oath." [Bukhaari 6675, from Hadhrat Abdullaah bin Amr τ]	
(7) This World	**The insignificance of this world**
The Sahabah ψ were once passing by the carcass of a dead goat, when Rasulullaah ρ asked them, "Why do you think the owner has discarded this in this manner?" "Because it has no value at all," the Sahabah ψ replied. Rasulullaah ρ then remarked, "This world holds less value in the eyes of Allaah than the value that the owner has for this goat." [Tirmidhi 1232]	
(8) The Aakhirah	**Retribution for actions**
Allaah says in the Qur'aan, "**Whoever brings** *(presents)* **a good deed** *(on the Day of Qiyaamah)* **shall receive something better** *(as reward)* **and they** *(those who do good)* **will be safe from the terror of that day** *(because they will not have to fear entering Jahannam)***.** *(On the other hand)* **Whoever brings** *(presents)* **a sin** *(on the Day of Qiyaamah)* **will fall** *(headlong)* **on their faces in the Fire** *(of Jahannam)***.** *(They will then be told,)* **"You are recompensed** *(punished)* **only for what** *(kufr and sin)* **you had carried out** *(in the world. You therefore deserve what you are receiving and are not being oppressed in the least)*". [Surah Naml, verses 89-90]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Palpitations of the heart**
Hadhrat Sa'd bin Abi Waqqaas τ reports that Rasulullaah ρ once came to visit him when he fell ill. Rasulullaah ρ placed his hand on Hadhrat Sa'd τ's chest, because of which he felt a cool feeling spread through his chest. Rasulullaah ρ said, "His heart is palpitating. Take him to Haarith bin Kaldah, who is a very good physician. He needs to grind seven *Ajwa* dates with their pits and administer it." [Abu Dawood 3875]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**O you who have Imaan! Fear Allaah as He should be feared** *(by obeying all His commands)* **and do not die except as Muslims** *(do not do anything that will remove you from the fold of Islaam and dedicate your life and death solely for Islaam)*". [Surah Aal Imraan, verse 102]	

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

6

(1) Islaamic History — The Reign of Hadhrat Mu'aawiya τ

Hadhrat Hasan τ reconciled with Hadhrat Mu'aawiya τ in the year 41 A.H. and handed the Khilaafah over to Hadhrat Mu'aawiya τ. This year was therefore referred to as the year of Jamaa'ah. Hadhrat Mu'aawiya τ then fixed an annual allowance of a million Dirhams for Hadhrat Hasan. Hadhrat Mu'aawiya τ divided the Muslim army into two parts, one to fight through the winter months and other to start fresh during the summer months. He waged 16 battles against the Romans and encouraged his armies with the words, "Strangle the Romans." It was during his reign as Khalifah that the Muslim navy conquered Cyprus. Together with this, fortresses in Africa and Europe were also conquered as well a portion of Sindh through the battle at Sajistan. The Muslims also conquered Sudan, Kabul and reached as far as Qindamil in India. The Muslim armies also crossed the Jayhoon River and conquered Bukhara and Samarqand. The Muslims also conquered Constantinople during this time and it is this army that Rasulullaah ρ said will be forgiven. It was Hadhrat Mu'aawiya τ who prepared the Muslim navy even as a governor and he went on to erect ship building yards along the coastal areas of Egypt and Shaam. The naval fleet he prepared to fight the Romans numbered a total of 1700 vessels. Apart from all of this, he also accomplished many other feats during his period as Khalifah, which are detailed in the books of Islaamic history.

(2) Rasulullaah ρ's Miracle — Rasulullaah ρ predictions about the Ummah

Rasulullaah ρ once told the Sahabah ψ that his Ummah shall soon follow in the footsteps of the people before them to such a degree that even if any of them went down a lizard's hole, people from the Ummah will do the same. "By the people before us, are you referring to the Jews and the Christians?" the Sahabah ψ asked. "Who else?" Rasulullaah ρ replied.

[Bukhaari 3456, from Hadhrat Abu Sa'eed Khudri τ]

How closely do the Muslims of our time follow the Jews and the Christians? The evidence of this prophesy is no secret to anyone.

(3) A Fardh — Only Allaah can assist

Allaah says in the Qur'aan, "**To Allaah belongs the kingdoms of the heavens and the earth** *(and He therefore has the right to do as He pleases)*. **He gives life** *(as well as guidance)* **and causes death. You have no Protecting Friend, nor any ally besides Allaah** *(so turn to Him only)*".

[Surah Taubah, verse 116]

It is Fardh (obligatory) for a Muslim to believe this.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ — The du'aa for leaving the home

When a person recites the following du'aa when leaving home, he will be protected and Shaytaan will flee from him:

PUT ARABIC

TRANSLATION: I leave home in the name of Allaah and trusting in Him. there is no power to do good and no might to abstain from evil without Allaah."

[Tirmidhi 3426, from Hadhrat Anas τ]

(5) An Important Act and its Virtue — Rearing an orphan

Holding his middle and index fingers together, Rasulullaah ρ said, "The person who rears an orphan and myself will be as close as this on the Day of Qiyaamah."

[Bukhaari 6005, from Hadhrat Sahl biun Sa'd τ]

(6) A Sin — Miserliness

Allaah says in the Qur'aan, "**Those** *(Jews)* **who are miserly, who instruct others to be miserly and who conceal what** *(knowledge about the truthfulness of Rasulullaah ρ and wealth)* **Allaah had given them through His bounty** *(such people shall suffer terribly)*. **We have prepared for the Kaafiroon a disgracing punishment**".

[Surah Nisaa, verse 37]

(7) This World — The things of this world will remain behind

Allaah says in the Qur'aan, "**This is all merely the** *(temporary)* **articles of this worldly life** *(which they will surely leave behind them if it does not leave them first)*. *(However,)* **The** *(everlasting and much more precious)* **Aakhirah with your Rabb is** *(exclusively reserved)* **for those with Taqwa**".

[Surah Zukhruf, verse 35]

(8) The Aakhirah — Where people will be on the Day of Qiyaamah

Hadhrat Aa'isha رضي الله عنها once asked Rasulullaah ρ, "Where will people be on the day that the earth and heavens will be destroyed and then recreated when the trumpet is blown for the first time?" Rasulullaah ρ replied, "On the bridge of Siraat".

[Muslim, 7056]

(9) Cures from the Qur'aan and Rasulullaah ρ — Talbina

Hadhrat Aa'isha رضي الله عنها used to advise people to prepare *Talbina* to treat the ill, saying, "It is extremely beneficial for them, even though they may not like to eat it."

[Bukhaari 5689]

Talbina is made by mixing crushed barley, mixing it with milk and then adding honey to sweeten it.

[*Tibbun Nabawi* and Modern Science]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Live in this world as if you are a stranger or a traveller."

[Bukhaari 6416, from Hadhrat Abdullaah bin Umar τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

7

(1) Islaamic History — **The character and habits of Hadhrat Mu'aawiya τ**

Hadhrat Mu'aawiya τ was exemplary in the love he displayed for Rasulullaah ρ and the fear he possesses for Allaah. He was such a tolerant person that he would be smiling when people were speaking harshly to him. Hadhrat Qabeesah bin Jaabir τ says that he had never before met anyone as soft and kind-hearted as Hadhrat Mu'aawiya τ. Sometimes when people spoke harshly to him, he gave them gifts and said, "I do not find as much pleasure in anything as much as I do in swallowing my anger." His love for Rasulullaah ρ was so much that he jealously guarded a few relics of Rasulullaah ρ that he had. Before he passed away, he made it clear that the hairs and nails of Rasulullaah ρ that he had with him were to be placed upon his eyes, ears and nose when he is laid to rest and that he be shrouded in a shawl that belonged to Rasulullaah ρ. He once heard a Hadith in which Rasulullaah ρ said, "When a person is appointed as a leader over people and he places a barrier between himself and them, Allaah will then place a barrier between Himself and the person. When he heard this, he immediately appointed someone to present the needs of the people to him. He was a very simple person and would walk about the marketplaces with patched clothing. He would even deliver the Khutbah in the Jaami Masjid of Damascus wearing patched garments. This sun of Damascus eventually set in Rajab 60 A.H.

(2) Allaah's Power — **The treasures beneath the ground**

Allaah has placed various types of oils beneath the surface of the earth, from which man is able to produce many types of fuels that are essential for his progress, such as petrol, diesel, etc. On a daily basis, man is extracting this oil from the ground and has never in history required as much as they presently do. A great part of modern life will grind to a halt if the oil production has to stop. Who has placed this large reserve of oil underground for man? Allaah says, "**We have with Us the treasures of all things** *(rain, mineral wealth, food, spiritual guidance, etc)* **and We send them down only in stipulated quantities** *(as the need arises, according to Allaah's wisdom)*".

[Surah Hijr, verse 21]

(3) A Fardh — **Stopping worldly activities**

	when the Adhaan for the Jumu'ah salaah is called out

Allaah says in the Qur'aan, **"O you who have Imaan! When the call (Adhaan) is made for (the Jumu'ah) salaah on the day of Jumu'ah (Friday), then hasten towards Allaah's remembrance (towards the Jumu'ah salaah to take place in the Masjid) and leave trading. This is best for you (in both worlds) if you but knew (the eternal value of the salaah, which far exceeds the temporary value of the wealth you may attain by trade)***".*

[Surah Jumu'ah, verse 9]

When the Adhaan for the Jumu'ah salaah is called out, it is necessary to0 stop all worldly activities and to hasten for salaah.

(4) A Sunnah	**The time for the Tahajjud salaah**

Hadhrat Aswad τ reports that when he asked Hadhrat Aa'isha رضي الله عنها about how Rasulullaah ρ performed the Tahajjud salaah, she replied, "Rasulullaah ρ slept during the first portion of the night and got up for salaah during the last portion of the night. He then returned to lie down and got up when the Adhaan was called out. If he needed to take a bath, he would do so, otherwise he would perform wudhu and leave for the Masjid."

[Bukhaari 1146]

(5) An Important Act and its Virtue	**The reward of spending in the path of Allaah**

Rasulullaah ρ said that spending in the path of Allaah earns a reward that is multiplied seven hundred times.

[*Mustadrak* of Haakim 2441, from Hadhrat Khuraym τ]

(6) A Sin	**Seven destructive acts**

Rasulullaah ρ said, "Abstain from the seven destructive acts." When the Sahabah ψ asked what these were, Rasulullaah ρ said, "Shirk, black magic, murder, interest, devouring the wealth of orphans, fleeing from Jihaad and slandering a chaste woman."

[Bukhaari 2766 and Muslim 262, from Hadhrat Abu Hurayrah τ]

(7) This World	**The value of this world in the sight of Allaah**

Rasulullaah ρ said, "If the world had the value of even a mosquito's wing in the sight of Allaah, He would not have given the Kuffaar even a drop of water to drink."

[Tirmidhi 2320, from Hadhrat Sahl bin Sa'd τ]

(8) The Aakhirah	**The balconies of the people in Jannah**

Allaah says in the Qur'aan, "**As for those who have Imaan and who perform good deeds, We will certainly settle them in balconies of Jannah, beneath which rivers flow. There they shall live forever**".

[Surah Ankaboot, verse 58]

(9) Cures from the Qur'aan	**Avoid direct sunlight**

and Rasulullaah ρ	

Rasulullaah ρ advised people to avoid sitting in direct sunlight because it spoils the clothing, causes a person to smell with perspiration and also causes suppressed illness to surface.

[Mustadrak 8264, from Hadhrat Abdullaah bin Abbaas τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Do not betray Allaah and the Rasool ρ and do not knowingly betray your mutual trusts** *(by revealing each other's secrets, breaking promises, etc)*".

[Surah Anfaal, verse 27]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

8

(1) Islaamic History — Hadhrat Abu Ayyoob Ansaari τ

His real name was Khaalid bin Zaid Najjaari and his nickname was Abu Ayyoob. When Rasulullaah ρ migrated to Madinah, he stayed with Hadhrat Abu Ayyoob τ for approximately seven months. He was always ready to sacrifice his wealth and self for the Deen and would exert himself to fulfil the commands of Rasulullaah ρ. For this reason, he was present in every expedition that Rasulullaah ρ led. Even after Rasulullaah ρ passed away, he undertook lengthy journeys to strive in the path of Allaah. He was ninety years of age and suffering ill health when he travelled with the Muslim army to Constantinople during the Khilaafah of Hadhrat Mu'aawiya τ. When he fell critically ill on the way, he narrated that he heard Rasulullaah ρ say, "As far as a person is from home at the time that he dies in the path of Allaah, so much closer will he be to me on the Day of Qiyaamah." He therefore bequeathed that the others carry his body along with them for as far as they could after he passed away and bury him as far as they were able to. It was a miracle of his that they managed to carry his body with them for many days without it decomposing and he was finally laid to rest in Constantinople. This took place in the year 52 A.H.

(2) Rasulullaah ρ's Miracle — Foretelling the death of a hypocrite

Rasulullaah ρ was returning from a journey with the Sahabah ψ when there blew a strong wind as they approached Madinah. This wind is blowing because of the death of a hypocrite." When they reached Madinah, they found out that a hypocrite has passed away.

[Muslim 7041, from Hadhrat Jaabir τ]

(3) A Fardh — The compulsion of zakaah

When he dispatched Hadhrat Mu'aadh bin Jabal τ to Yemen, Rasulullaah ρ instructed him saying, "Inform them (the people of Yemen) that Allaah has made it Fardh (obligatory) for them to pay zakaah on their wealth."

[Bukhaari 1496, from Hadhrat Abdullaah bin Abbaas τ]

Zakaah becomes Fardh (obligatory) for a person when he possesses wealth equal to Nisaab.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ — The du'aa for entering the home

Rasulullaah ρ said that when entering the home, a person should recited the following du'aa before greeting with Salaam:

PUT ARABIC

[Abu Dawood 5096, from Hadhrat Abu Maalik Ash'ari τ]

(5) An Important Act and its Virtue — Promise of Jannah for memorising the names of Allaah

Rasulullaah ρ said, "Allaah has 99 names. Whoever memorises them shall enter Jannah."

[Bukhaari 6410, from Hadhrat Abu Hurayrah τ]

(6) A Sin — Spending for show

Allaah says in the Qur'aan, "*(Such people are)* **Those who spend their wealth to show people and who neither believe in Allaah nor in the Last Day. The one whose friend is Shaytaan,** *(should bear in mind that)* **he is the worst** *(most evil)* **of friends indeed** *(because he leads people only to Jahannam)*".

[Surah Nisaa, verse 38]

(7) This World — Bounties are lost because of disobedience

Allaah says in the Qur'aan, "**Plenty were the gardens and springs that they (the people of Fir'oun) left behind along with the plantations, palatial homes and articles of pleasure (luxuries) which they enjoyed. So it (their story) was. (As always,) We then made others successors to this (for others to enjoy). Neither the sky nor the earth wept for them (for the people of Fir'oun when they were destroyed), and (when the time for their destruction arrived,) they were denied reprieve (because it was too late)**".

[Surah Dukhaan, 25-29]

(8) The Aakhirah — Even the greatest of good deeds will seem too little on the Day of Qiyaamah

Rasulullaah ρ said, "If a person remains constantly in the Masjid from the day he is born until he dies, he will regard even this to be too little on the Day of Qiyaamah."

[Ahmad 17198, from Hadhrat Muhammad bin Abi Umayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ — The benefits of pomegranates

Rasulullaah ρ advised that pomegranates be eaten with their seeds it brings new life to a person's stomach.

[Ahmad 22726, from Hadhrat Ali τ]

Allaama Ibn Qayyim رحمه الله writes that together with strengthening the stomach, pomegranates are also beneficial in curing people from coughs that they have been suffering from for a long time.

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "AR Rahmaan showers mercy upon those who show mercy to others. Show mercy to those on earth and Him in the heavens shall show mercy unto you."

[Tirmidhi 1924, from Hadhrat Abdullaah bin Amr τ]

(1) Islaamic History	Hadhrat Salmaan Faarsi τ

Hadhrat Salmaan Faarsi τ lived in a village called Jayyaan, close to Isfahan, where his father was the chief of the area. They were fire-worshippers and his father would not allow him to go anywhere. When he happened to go out one day, he passed by a Christian church and because he was impressed with their religion, he became a Christian. He was, however, not content with Christianity and still sought to find the correct religion, he therefore left Isfahan and went to live in Shaam, where he stayed for a long while. From there, he proceeded to Mosul, where he stayed in the attendance of a priest for some while, before then leaving for Nasibeen, were he again was attendant to another priest. Thereafter, he went to a place called Ghamuriyyah to stay in the attendance of another priest. When Hadhrat Salmaan τ learnt from this priest that the time was close for the final Nabi ρ to appear in Arabia, he joined a caravan travelling in that direction. The people of the caravan, however, deceived him and sold him as a slave to a Jew, who then took Hadhrat Salmaan τ to Madinah. When Rasulullaah ρ migrated to Madinah, Hadhrat Salmaan τ became a Muslim at his hand and Rasulullaah ρ made him the Deeni brother of Hadhrat Abu Dardaa τ. Rasulullaah ρ once said, "Jannah is looking forward to the arrival of three persons; Ali, Ammaar and Salmaan." Hadhrat Salmaan τ was extremely knowledgeable and this was attested to even by the very senior Sahabah ψ. When Hadhrat Umar τ appointed him governor to Iraq, he still remained the simple soul he had always been. He passed away in the year 35 A.H.

(2) Allaah's Power	The Hoopoe bird

Allaah has created the Hoopoe bird with a magnificent crown on its head, which has decorative designs on it. The mere sight of it is enough to captivate the attention of any onlooker. Allaah has given it a very strong beak that is capable of burrowing a hole into a tree to make a nest for itself. One of the unique capabilities that Allaah has bestowed it with is its engineering skills and that it can detect the presence of water, even if it is deep underground. It was for this reason that Hadhrat Sulaymaan υ used the Hoopoe (Hudhud) as a messenger, who stayed with him wherever he went.

(3) A Fardh	Performing salaah in Jamaa'ah

Someone once asked Hadhrat Abdullaah bin Abbaas τ about a person who fasts all day and performs salaah all night, but does not attend the Jumu'ah salaah and does not perform salaah in Jamaa'ah. Hadhrat Abdullaah bin Abbaas τ said, "He is destined for Jahannam."

[Tirmidhi 218, from Hadhrat Mujaahid رحمه الله]

(4) A Sunnah	**What to recite when ascending or descending heights**

Whenever Rasulullaah ρ and his army ascended a height, they recited *Allaahu Akbar* and whenever they descended, they recited *Subhaanallaah*.

[Abu Dawood 2599, from Hadhrat Abdullaah bin Umar τ]

(5) An Important Act and its Virtue	**The virtue of building a Masjid**

Rasulullaah ρ said, "When a person builds Allaah's house (a Masjid), Allaah shall build for him a house like it in Jannah."

[Muslim 1190, from Hadhrat Uthmaan τ]

(6) A Sin	**Engaging in worldly talks in the Masjid**

Rasulullaah ρ said, "There shall come a time when people will gather in the Masjid to discuss worldly matters. Do not sit with such people because Allaah has no need for them."

[*Mustadrak* of Haakim 7916, from Hadhrat Anas τ]

(7) This World	**The example of this world**

Rasulullaah ρ said, "What have I to do with this world? The example of this world and myself is just like the traveller who stops beneath a tree to rest in the shade and then leaves to travel on."

[Tirmidhi 2377, from Hadhrat Abdullaah bin Mas'ood τ]

(8) The Aakhirah	**The condition of the people in Jahannam**

Allaah says in the Qur'aan, "*(On the contrary,)* **those who commit kufr will have the Fire of Jahannam, where no decree** *(of death)* **will be passed against them so that they may die** *(and thereby be relieved of punishment)***.** *(Let alone escaping the punishment,)* **Their punishment will also not be lightened. Thus do We punish every Kaafir.**".

[Surah Faatir, verse 36]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Protection against poison and black magic**

Rasulullaah ρ said, "The person who takes seven Ajwa dates of Madinah early every morning (before eating) will not be harmed by poison on that day and will not be affected by black magic."

[Bukhaari 5769, from Hadhrat Sa'd τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Exercise sabr, compete in patience, continue doing good deeds** *(especially ensuring that the borders of Muslim countries are well guarded)* **and fear Allaah so that you may be successful** *(in reaching your goal)*".

[Surah Aal Imraan, verse 200]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

10

(1) Islaamic History	Hadhrat Abu Dharr Ghifaari τ

His name was Jundub bin Junaadah. He was the first person to ever greet Rasulullaah ρ with the words "*As Salaamu Alaykum*", in reply to which Rasulullaah ρ said, "*Wa Alaykumus Salaam wa Rahmatullaahi wa Barakaatuh*". It was from here that the practice of Salaam started. Hadhrat Abu Dharr τ accepted Islaam in Makkah and then returned to his people to invite them to Islaam. The first to accept was his brother Hadhrat Anees τ and the two then made a joint effort to call people to Islaam. Within a few months, most of the Ghifaar tribe were Muslims. Those who were left accepted Islaam after Rasulullaah ρ migrated to Madinah. Hadhrat Abu Dharr τ migrated to Madinah after the Battle of the Trench and then went to settle in Shaam after Rasulullaah ρ passed away. He lived there during the reign of Hadhrat Umar τ, but because he was very harsh on people whom he thought were too inclined towards this world, Hadhrat Uthmaan τ called him back to Madinah during his reign. However, Hadhrat Abu Dharr τ could not live there very long and after consulting with Hadhrat Uthmaan τ, he went to settle in a place called Rabdha, where he passed away in the year 32 A.H.

(2) Rasulullaah ρ's Miracle	Rasulullaah ρ's du'aa for the Sahabah ψ at Badr

Rasulullaah ρ had left Madinah with a group of only 313 Sahabah ψ for the Battle of Badr. Before the battle, he made du'aa saying, "O Allaah! These men have insufficient clothing, do grant them clothing. They are barefoot, do grant them riding animals. They are hungry, do grant them food." As a result of this du'aa, when the Sahabah ψ returned to Madinah, each one of them has a camel or two, sufficient clothing and food.

[Abu Dawood 2747, from Hadhrat Abdullaah bin Amr τ]

(3) A Fardh	Always be truthful

Rasulullaah ρ said, "Adhere steadfastly to truthfulness and always speak the truth because the truth guides towards virtue and virtue leads a person to Jannah."

[Muslim 6639, from Hadhrat Abdullaah bin Mas'ood τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa whilst performing wudhu

The following du'aa should be recited whilst performing wudhu:

PUT ARABIC

TRANSLATION: O Allaah! Forgive my sins, make my home accommodating for me and bless me in my sustenance."

[*Amalul Yown wal Layl* by Nasa'ee Pg. 80, from Hadhrat Abu Moosa Ash'ari τ]

(5) An Important Act and its Virtue	Treating the friends of one's father well

Rasulullaah ρ said, "Amongst the best of deeds is for a person to treat his father's friends well."

[Tirmidhi 1903, from Hadhrat Abdullaah bin Umar τ]

(6) A Sin	Plotting against the Deen

Allaah says in the Qur'aan, "**They try to hide from people but they cannot hide from Allaah Who is with them when they pass the night indulging in talks that Allaah dislikes** *(against Islaam)*. **Allaah surrounds** *(is Aware of)* **what they do**".

[Surah Nisaa, verse 108]

(7) This World	The life of this world is mere play and amusement

Allaah says in the Qur'aan, "**The life of this world is mere play and amusement** *(it has no real value and will soon come to an end)*. **If you have Imaan and Taqwa, He** *(Allaah)* **will grant you your rewards** *(in the Aakhirah)* **and will not ask you for your wealth** *(because He has no need for it. When you are asked to spend for the cause of Deen, it is you who will reap the benefits because Allaah is Independent and needs nothing)*. **If Allaah had to ask you for your wealth and demand it** *(all)* **from you,** *(most of)* **you would have become miserly and** *(in this manner)* **He would have exposed your** *(hidden)* **dissatisfaction**".

[Surah Muhammad ρ, verses 36-37]

(8) The Aakhirah	The people of Jannah will see Allaah

Looking at the 14th full moon, Rasulullaah ρ once commented, "You will be able to see your Rabb (in Jannah) just as you are looking at this moon."

[Bukhaari 554, from Hadhrat Jareer τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	The cure for blisters and sores

One of the wives of Rasulullaah ρ reports that she was once suffering from a blister on her finger when Rasulullaah ρ came to see her. "Do you have any *Dhareera*?" Rasulullaah ρ asked. When she replied that she did have some, Rasulullaah ρ advised her to apply some of it to the blister and to them recite the du'aa:

PUT ARABIC

TRANSLATION: O Allaah The One Who makes small matters big and big matter small! Do remove this from me."

[Mustadrak 7463]

Muhadditheen have stated that *Dhareera* is a fragrant plant originating from India, referred to as *Buchh* in Urdu. It is especially effective in treating blisters that develop after burns.

(10) Advice from Rasulullaah ρ
Rasulullaah ρ said, "Recite the Qur'aan because it will be an intercessor for its reciter on the Day of Qiyaamah." [Muslim 1874, from Hadhrat Abu Umaamah τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	11

(1) Islaamic History	**Hadhrat Abdullaah bin Umm Maktoom τ**
Hadhrat Abdullaah bin Umm Maktoom τ was the second Muadhin of the Masjidun Nabawi. His father was Qais bin Zaa'idah and his mother was Aatika bint Abdullaah. She was known as Ummu Maktoom and it was by this name that he was known. Despite the fact that he was blind, he was always in the forefront of acquiring the knowledge of Deen and was one of the earliest Muslims. Approximately 16 verses of the Qur'aan were revealed with reference to him and it was for this reason that Rasulullaah ρ always showed reverence to him. When Rasulullaah ρ sent Hadhrat Mus'ab bin Umayr τ to teach the people of Madinah, Hadhrat Abdullaah bin Umm Maktoom τ went with him. Rasulullaah ρ also always appointed Hadhrat Abdullaah bin Umm Maktoom τ as his deputy in Madinah whenever he left on expeditions. In fact, he was Rasulullaah ρ's deputy in Madinah when Rasulullaah ρ left with the Sahabah ψ to conquer Makkah. Despite his blindness, he was always prepared to strive in the path of Allaah and it was during the Battle of Qaadisiyyah during the year 15 A.H. that he was martyred.	
(2) Allaah's Power	**Who made the stars?**
Millions of stars decorate the night sky every night and no matter how long a person looks at them, he can never get enough of the amazing sight. We need to ponder over the immense power of Allaah in the amazing system that He has engineered. We see that despite their large numbers and magnitude, the stars do not collide with each other and never even crash to the earth, which will surely bring an end to all life. However, Allaah orchestrates everything and ensures that everything works perfectly.	
(3) A Fardh	**Performing salaah standing up**
Allaah says in the Qur'aan, "**stand humbly** *(obediently and silently)* **before Allaah**". [Surah Baqara, verse 238] If a person has the ability to stand and perform salaah, it will be Fardh (obligatory) for him to stand and perform his Fardh and Waajib salaahs.	
(4) A Sunnah	**Consultation**
Hadhrat Abu Hurayrah τ says that he had never seen anyone consult so much with the Sahabah ψ as he had seen Rasulullaah ρ do.	

[Tirmidhi 1714]

(5) An Important Act and its Virtue	Writing off the debts of people in difficulty

Rasulullaah ρ said, "There was a businessman who gave loans to people, but when he noticed that someone was in difficulty, he instructed his people to forgive the debt so that Allaah may forgive him as well. Allaah then indeed did forgive him."

[Bukhaari 2078, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Concealing knowledge

Rasulullaah ρ stated that when a person fails to reveal knowledge he had when asked, he will be bridled with a bridle of fire on the Day of Qiyaamah.

[Tirmidhi 2649, from Hadhrat Abu Hurayrah τ]

(7) This World	Greed for this world

Rasulullaah ρ said, "If a person has two valleys full of gold, he will wish for a third and it will only be the sand of the grave which will eventually fill his belly. Allaah will always accept the repentance of those who turn to Him."

[Bukhaari 6436, from Hadhrat Abdullaah bin Abbaas τ]

(8) The Aakhirah	The food and drink of the people of Jannah

Allaah says in the Qur'aan, **"Verily those with Taqwa shall be in a place of peace in Jannaat and springs. They will wear clothing of fine silk and thick silk, and will be seated facing each other (to enjoy conversations). This is how it will be. We will also marry them to fair, large-eyed damsels. In comfort, they will call for all types of fruit there (as they please)***".*

[Surah Dukhaan, verses 51-55]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treating the eyes with Kohl

Rasulullaah ρ said that the best of all kohl is the *Ithmid*, which improves vision and lengthens the eyelashes.

[Ibn Maajah 349, from Hadhrat Abdullaah bin Abbaas τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Give the orphans** *(in your care)* **their wealth** *(when they reach the age of maturity and understanding)* **and do not exchange the bad for the good** *(do not take what is valuable from their wealth and replace it with something inferior)***. Do not devour their wealth** *(by including it)* **with your own. It is indeed a serious sin to do so**".

[Surah Nisaa, verse 2]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

12

(1) Islaamic History	Hadhrat Suhayb Rumi τ

His name was Suhayb bin Sinaan and he was of Arab origin. However, he was still a child when the Roman army plundered his village and took him captive together with all the young boys of the village. However, he managed to escape from Rome when he grew up and settled in Makkah. It is because he was in Rome that he was called Rumi. He engaged in trade in Makkah and Allaah has blessed him with plenty of wealth. He had returned from a trade journey one day when he heard about the message of Islaam that Rasulullaah ρ was giving to the people. After making enquiries, he went to meet Rasulullaah ρ at the house of Hadhrat Arqam τ, where he accepted Islaam together with Hadhrat Ammaar τ. When he was leaving to migrate to Madinah and the Mushrikeen tried to stop him, he traded his freedom for all his wealth in Makkah. Praising this act of this, Allaah revealed the verse, "**From mankind is he who would sell himself seeking Allaah's pleasure**". He passed away at the age of 73 in the year 38 A.H. in Madinah and is buried there.

(2) Rasulullaah ρ's Miracle	Blessings in dates

Hadhrat Abu Hurayrah τ once came to Rasulullaah ρ with some dates and asked, "O Rasulullaah ρ! Pray that Allaah blesses these dates." Rasulullaah ρ took them, made du'aa for blessings and then said, "Place these in a bag, eat from it when you need to, but never allow the bag to get empty." Hadhrat Abu Hurayrah τ says that he always kept the bag by his side and for a long period of time he ate from it, spent on others and even fed his family and visitors. However, the bag suddenly went missing on the day that Hadhrat Uthmaan τ was martyred.

[Tirmidhi 3839]

(3) A Fardh	Enjoining good and forbidding evil

Rasulullaah ρ said, "I swear by the Being Who controls my life that you people must enjoin good and forbid evil, otherwise Allaah will punish you along with the sinners and then you will make du'aa and it will not be accepted."

[Tirmidhi 2169, from Hadhrat Hudhayfah τ]

It is Fardh (obligatory) for every member of the Ummah to enjoin good

and to forbid from evil according to their capabilities.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**The du'aa after wudhu**

Rasulullaah ρ said that if after performing wudhu properly, a person recites the following du'aa, all eight gates of Jannah will thrown open for him:
PUT ARABIC

[Tirmidhi 55, from Hadhrat Umar τ]

(5) An Important Act and its Virtue	**Visiting the grave of one's parents**

Rasulullaah ρ said, "When a person visits the grave of his parents or the grave of any one of them on a Friday, he will be forgiven and recorded as one who was obedient to his parents."

[Tabraani in his *Kabeer* 193, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**The person who leaves Islaam is destined for Jahannam**

Allaah says in the Qur'aan, "**Verily those who believe, then disbelieve, then believe, then disbelieve and thereafter increase in disbelief, it is not for Allaah to forgive them, nor to guide them to the *(straight)* path**".

[Surah Nisaa, verse 137]

(7) This World	**Stay away from people who desire only this world**

Allaah says in the Qur'aan, "**So ignore him who turns away from Our advice and who desires only the life of this world. This (their objectives in this world) is the extent of their knowledge (They are concerned only about this world and have no concern for the Aakhirah). (It is therefore futile to persistently preach to them for) Verily your Rabb knows best about the person who deviated from His path and He knows best about him who is rightly guided (and He shall punish or reward them accordingly)".**

[Surah Najm, verses 29-30]

(8) The Aakhirah	**The pond of Kowthar**

Rasulullaah ρ said, "The distance across my pond is a month's journey. The water is whiter than milk, its fragrance better than musk and its cups more sparkling than the stars. Whoever drinks from there shall never again be thirsty."

[Bukhaari 6579, from Hadhrat Abdullaah bin Amr τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of beetroot**

Rasulullaah ρ was once with Hadhrat Ali τ at Hadhrat Ummu Mundhir رضي الله عنهما's house when they were served some dates. When he had some, Rasulullaah ρ said to Hadhrat Ali τ, "Enough now Ali! You are still weak (recovering from your illness)." When Hadhrat Ummu Mundhir رضي الله عنهما then served them a dish with beetroot with barley, Rasulullaah ρ said to Hadhrat Ali τ, "O Ali! Eat this because it is good for you."

[Abu Dawood 3856]

Beetroot gives strength and is effective to combat weakness.

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Repeat *Laa Ilaaha Illallaah* to the person on his deathbed."

[Muslim 2123, from Hadhrat Abu Sa'eed Khudri τ]

When a person is on his deathbed, the people around him should recite the Kalimah so that he is reminded to do the same.

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	13

(1) Islaamic History	Hadhrat Abu Sufyaan bin Harb τ

His name was Sakhar and he was born 50 years before Rasulullaah ρ announced his Nabuwaat (Prophethood). He was therefore 10 years elder than Rasulullaah ρ. Before accepting Islaam, he was an ardent enemy of Rasulullaah ρ and opposed the Muslims in several battles. In fact, he led the Mushrikeen army during the Battle of Uhud. However, his daughter Hadhrat Ummu Habeebah رضي الله عنهما accepted Islaam early and even migrated to Abyssinia with her husband, who happened to pass away there. Rasulullaah ρ appointed the king Najaashi as his representative and Najaashi therefore married her to Rasulullaah ρ. In this manner, Hadhrat Abu Sufyaan τ became Rasulullaah ρ's father-in-law. Hadhrat Abu Sufyaan τ accepted Islaam the night before Makkah was conquered and after becoming a Muslim, he developed great love for Rasulullaah ρ and applied himself sincerely for the cause of Deen. In fact, he lost an eye in the Battle of Hunayn that was fought almost immediately after the conquest of Makkah. He was at the forefront during the Battle of Yarmook against the Romans, where he lost his second eye as well. He eventually passed away during the reign of Hadhrat Uthmaan τ in the year 33 A.H. He was 93 years of age at the time.

(2) Allaah's Power	The butterfly

Allaah has decorated this world with a multitude of colours. Amongst these objects of striking colour is the butterfly, which spends its days fluttering about from flower to flower in gardens and fields, from where it fills its belly sucking nectar. Butterflies have wings that appear to be canvasses where expert artists display their talents. The amazing thing about it is that both wings have the exact patterns. It is only by the power of Allaah that such beauty can be displayed in such a small insect.

(3) A Fardh	Articles of faith

Rasulullaah ρ stated that no person can be a Mu'min without believing in the following four factors: (1) that there is none worthy of worship but Allaah (2) that Muhammad ρ is the Rasul (Messenger) of Allaah (3) that people will be brought back to life after death and (4) that everything has been predestined (Taqdeer)

[Tirmidhi 2145, from Hadhrat Ali τ]

(4) A Sunnah	Making Salaam before shaking hands

Hadhrat Jundub τ reports that it was the practice of Rasulullaah ρnever to shake hands with the Sahabah ψ without first greeting with Salaam.

[Tabraani in his *Kabeer* 1700]

(5) An Important Act and its Virtue	The Tahajjud salaah

Rasulullaah ρ said, "Perform the Tahajjud salaah regularly because it was the practice of the righteous people before you, a means of getting closer to Allaah, a means of staying away from sin, expiation for sins and a means of expelling illnesses from the body."

[Tirmidhi 3549, from Hadhrat Bilaal τ]

(6) A Sin	Failure to guard against urine splashing on oneself

Rasulullaah ρ said, "Guard against urine splashes because punishment in the grave is mostly because of this."

[Daar Qutni 469, from Hadhrat Anas τ]

(7) This World	Wealth is a test

Rasulullaah ρ said, "There had been a test for every Ummah and the test of my Ummah shall be wealth."

[Tirmidhi 2336, from Hadhrat Ka'b bin Ayaadh τ]

(8) The Aakhirah	Food of the people of Jahannam

Allaah says in the Qur'aan, "**"Undoubtedly, this is the greatest success. It is for** *(achieving)* **something like this** *(success)* **that those who wish to act should act." Is this** *(the bounties of Jannah)* **better hospitality, or the tree of Zaqqoom? We have certainly made it** *(Zaqqoom)* **a test for the oppressors** *(the Kuffaar, who mocked Rasulullaah ρ by saying that a tree cannot grow in the fire of Jahannam)***. It** *(Zaqqoom)* **is a tree that emerges from the depths of Jahannam. Its fruit resembles the heads of hideous snakes. People will certainly eat from it and** *(although it will taste horrible, they will)* **fill their bellies with it** *(because of their intense hunger)***. Thereafter** *(after eating from it)* **they will be given a mixture of boiling water with it** *(which will be so hot that it will tear their entrails to shreds)***"**.

[Surah Saaffaat, verses 60-67]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treating the heart and alleviating grief

Whenever someone in the household of Rasulullaah ρ suffered from fever, Rasulullaah ρ would tell them to eat barley *Hareera*, saying, "It strengthens the heart of the grieving person and washed the heart of a sick person just as any of you washes his face with water."

[Ibn Maajah 3445]

Barley strengthens both the heart and the body. The barley *Hareerah* is made from roasted barley flour mixed with butter and sugar.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan, do not unjustly consume the wealth of each other *(by stealing or by other unacceptable***

***means)*, but *(you may exchange wealth with each other)* by way of trade *(conducted)* with your mutual consent".**

[Surah Nisaa, verse 29]

(1) Islaamic History	**Hadhrat Suraaqa bin Maalik τ**

Hadhrat Suraaqa τ lived in a village close to Makkah called Qudayd. When Rasulullaah ρ and Hadhrat Abu Bakr τ left for the Hijrah, Suraaqa caught up with them and apprehended them, but Allaah rescued them by causing his horse to sink into the ground. He then asked Rasulullaah ρ to forgive him and Rasulullaah ρ obliged, saying, "What will be your condition when you will wear the bangle of the Persian Emperor?" Hadhrat Suraaqa τ then promised Rasulullaah ρ that he would send back anyone else on the trail, which he did. It was only after he was sure that Rasulullaah ρ was well out of reach that he related the incident to the Mushrikeen. Abu Jahal was furious to learn this, but Hadhrat Suraaqa τ was an excellent poet and in poetic style he said that had Abu Jahal been in his place, he would have also attested to the fact that Rasulullaah ρ was the Nabi of Allaah and that none can be equal to him. Hadhrat Suraaqa τ accepted Islaam when Makkah was conquered and when the Persians were conquered during the reign of Hadhrat Umar τ, the Khalifah summoned Hadhrat Suraaqa τ and placed the bangles and crown of the emperor on his arms and head. All the Muslims then exclaimed, "*Allaahu Akbar*" because the prophesy of Rasulullaah ρ had come to pass. Hadhrat Suraaqa τ passed away during the Khilaafah of Hadhrat Uthmaan τ in the year 24 A.H.

(2) Rasulullaah ρ's Miracle	**A rock greets Rasulullaah ρ**

After he had announced his Risalaat (Prophethood), Rasulullaah ρ used to say, "I still know that rock in Makkah that used to greet me even before I announced my Risalaat (Prophethood)."

[Muslim 5939, from Hadhrat Jaabir bin Samurah τ]

(3) A Fardh	**Regularly performing the five daily salaahs**

The person who performs his five daily salaahs regularly will not be counted amongst the negligent."

[Ibn Khuzayma 1079, from Hadhrat Abu Hurayrah τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**The du'aa for mercy**

The following du'aa should be recited if one wants to remain steadfast on any good deed and if one wants to attract Allaah's mercy:

رَبَّنَا لاَ تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِن لَّدُنكَ رَحْمَةً إِنَّكَ أَنتَ الْوَهَّابُ

TRANSLATION: "Our Rabb, do not cause our hearts to stray after You have guided us. Grant us Your mercy for verily You are the Great Giver."

[Surah Aal Imraan, verse 8]

(5) An Important Act and its Virtue	**The virtue of reciting the Qur'aan**

Rasulullaah ρ said that reciting the Qur'aan in salaah is better than reciting it out of salaah and reciting it out of salaah is better than reciting *Allaahu Akbar*. Furthermore, Rasulullaah ρ stated that the recitation of *Subhaanallaah* and *Allaahu Akbar* is better than Sadaqah, Sadaqah is better than fasting and fasting is a shield against the fire of Jahannam.

[*Mishkaatul Masaabeeh* 2166, from Hadhrat Aa'isha رضي الله عنها]

(6) A Sin	**Some Haraam foods**

Allaah says in the Qur'aan, "**Forbidden for you** *(for you to eat)* **is Mayta, blood** *(that flows from an animal's body)***, the meat of pigs,** *(the meat of)* **those animals that were sacrificed with** *(the slaughterer taking)* **the name of another besides Allaah".**

[Surah Maa'idah, verse 3]

(7) This World	**The reality of the things of this world**

Allaah says in the Qur'aan, "**Know that the life of this world is merely play** *(sport)***, futility, decoration** *(superficial)***, boasting among each other and rivalry** *(competition)* **in wealth and children".**

[Surah Hadeed, verse 20]

(8) The Aakhirah	**The buildings of Jannah**

Rasulullaah ρ said that the buildings of Jannah will have bricks of gold and silver with the mortar in between made of pure musk. The pebbles will be pearls and rubies, while the sand will be saffron.

[Tirmidhi 2526 from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating head and feet pains**

Whenever anyone complained to Rasulullaah ρ about headaches, he recommended cupping and whenever anyone complained to Rasulullaah ρ about pain in the feet, he recommended that they apply henna.

[Abu Dawood 3858, from Hadhrat Salma رضي الله عنهما]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ stated that people need to refrain from three sins in particular because they were the first sins to be committed; (1) pride, because it was pride that prevented Shaytaan from prostrating before Hadhrat Aadam υ, (2) greed (for perpetual life in Jannat), because it was this that provoked Hadhrat Aadam υ to eat from the tree and (3) jealousy, because this caused the one son of Hadhrat Aadam υ to murder his brother.

[Ibn Asaakir 40, from Hadhrat Abdullaah bin Mas'ood τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	15

(1) Islaamic History	Hadhrat Mu'aadh bin Jabal τ

Hadhrat Mu'aadh bin Jabal τ was a young man when he embraced Islaam at the hand of Hadhrat Mus'ab bin Umayr τ. When Rasulullaah ρ migrated to Madinah, Hadhrat Mu'aadh τ constantly remained in his company. He was amongst the six Sahabah ψ who had memorised the entire Qur'aan during the lifetime of Rasulullaah ρ. Because of his profound knowledge, Rasulullaah ρ appointed him as a tutor after the conquest of Makkah to teach Islaam to the people of Makkah. It is also for this reason that Rasulullaah ρ sent him to Yemen to educate the people there after they had entered into the fold of Islaam. Rasulullaah ρ said, "Mu'aadh bin Jabal is most knowledgeable when it concerns matters of Halaal and Haraam." During his Khilaafah, Hadhrat Umar τ sent Hadhrat Mu'aadh τ to educate the people of Shaam. When he was on his deathbed, Hadhrat Mu'aadh τ turned towards the Qibla, looked towards the sky and said, "O Allaah! You know well that I have never desired to live long for the purpose of planting trees and digging canals. I have desired life only to endure thirst while fasting, to endure hardships (for Your Deen) and to discuss with Ulema in their gatherings. O Allaah! Do accept me." He then passed away. This happened during the year 18 A.H. when he was 38 years old.

(2) Rasulullaah ρ's Miracle	Magnets

Amongst the many metals that Allaah has placed on earth is the magnet, which attracts other similar metals, but nothing else – not wood or stone. Imagine the power of Allaah in that He possesses the unlimited power to create whatever qualities He desires in whichever objects He pleases.

(3) A Fardh	Zakaah on livestock

Rasulullaah ρ stated that when a person possesses livestock, whether camels, cattle or goats and does not pay the zakaah thereof, the largest of them will be brought forward first on the Day of Qiyaamah. The animal and all the others he owned will then trample upon the person and gore him with their horns in turn until they have all done the same. Thereafter, the first will be brought back and they will start all over again. This will take place continuously until reckoning starts.

[Bukhaari 1460, from Hadhrat Abu Dharr τ]

Just as it is Fardh (obligatory) to pay zakaah on gold and silver when a

person possesses more than Nisaab, so too is it Fardh to pay zakaah on livestock that a person owns.

(4) A Sunnah	Performing a Sajdah of gratitude when happy

When Rasulullaah ρ experienced any happiness, he fell prostrate into Sajdah out of gratitude.

[Abu Dawood 2774, from Hadhrat Abu Bakrah τ]

(5) An Important Act and its Virtue	The virtue of showing mercy to animals

Someone once asked Rasulullaah ρ whether they would be rewarded for showing mercy to animals. Rasulullaah ρ replied, "A person will be rewarded for the mercy shown to every living creature."

[Bukhaari 6009, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Failure to perform Hajj when it becomes Fardh (obligatory)

Rasulullaah ρ said that when a person fails to perform Hajj despite having the means and the transport available, it matters not whether he dies as a Jew or a Christian.

[Tirmidhi 812, from Hadhrat Ali τ]

(7) This World	The beauty of this world

Rasulullaah ρ said, "What I fear most for you people is that the beauty of this world opens up to you."

[Bukhaari 1465, from Hadhrat Abu Sa'eed Khudri τ]

(8) The Aakhirah	The bounties of the pious people

Allaah says in the Qur'aan, **"Verily those with Taqwa shall be *(enjoying themselves)* in Jannaat and bounties enjoying what *(blessings)* their Rabb gives them. *(The greatest blessing being that)* Their Rabb shall save them from the punishment of the Blaze *(Jahannam)*. *(They will be told)* "Eat and drink with blessings in return for the deeds that you carried out *(in the world)*." They will be reclining on couches arranged in rows and We shall marry them to fair maidens with large eyes".**

[Surah Toor, verses 17-20]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treating weakness in the mind with marrow

Rasulullaah ρ said, "Keep eating marrows because it sharpens the intellect and strengthens the mind."

[*Kanzul Ummaal* 28273, from Hadhrat Anas τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**When you are greeted with a greeting, then reply with a better greeting, or** *(at least)* **return** *(the same greeting)*. **Most surely Allaah takes account of everything** *(and will reward people for every good they do)*".

[Surah Nisaa, verse 86]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	16

(1) Islaamic History	Hadhrat Ammaar τ

Hadhrat Ammaar τ was a young man when Rasulullaah ρ started to propagate Islaam. He accepted Islaam at the hand of Rasulullaah ρ and then proceeded to convey the message of Islaam to his mother Hadhrat Safiyya رضي الله عنها. After she had also accepted Islaam, the two approached his father Hadhrat Yaasir τ and after giving him Da'wah for a while, he also entered the fold of Islaam. Almost immediately after accepting Islaam, the Mushrikeen started to torture the family. After putting him through a great deal of torment one day, the Mushrikeen set Hadhrat Ammaar τ alight, forcing him to say the names of their idols. To save his life, Hadhrat Ammaar τ said what they told him to say. When he was set free, he came weeping to Rasulullaah ρ. Rasulullaah ρ asked him what had happened and he informed Rasulullaah ρ that he had spoken the words only to save his life. "Is your heart content with Imaan?" Rasulullaah ρ asked him. when he confirmed that it was, Allaah revealed a verse of the Qur'aan verifying that his Imaan was intact. Hadhrat Ammaar τ later migrated to Madinah and settled in Quba, where he built a Masjid, which has received praise in the Qur'aan. Hadhrat Ammaar τ participated in all the battles that Rasulullaah ρ led and it was during a battle in the year 37 A.H. that he was given some milk to drink. He remarked, "Rasulullaah ρ informed me that milk shall be my last drink in this world." He drank the milk and then proceeded to fight in the battle until he was martyred. He was then 94 years of age.

(2) Rasulullaah ρ's Miracle	Defeating the Kuffaar with a handful of sand

During the Battle of Hunayn, a shower of arrows from the Kuffaar unsettled the Muslim army. The Kuffaar were preparing to attack Rasulullaah ρ when he dismounted his mule, scooped up a handful of sand and flung it in the direction of the Kuffaar, saying, "May their faces be turned!" The sand reached the face of every one of the Kuffaar, causing them to disperse in confusion.

[Muslim 4619, from Hadhrat Salamh bin Akwa τ]

(3) A Fardh	Proceeding for salaah after hearing the Adhaan

Rasulullaah ρ said that when a person hears the Adhaan and then fails

to proceed for salaah, his action is one of injustice, kufr and hypocrisy.

[Tabraani in his *Kabeer* 16804, from Hadhrat Mu'aadh bin Anas τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for entering the Masjid

The following du'aa should be recited when entering the Masjid:

PUT ARABIC

TRANSLATION: O Allaah! Open up for me the doors of Your mercy."

[Muslim 1652, from Hadhrat Abu Humayd τ and Abu Usayd τ]

(5) An Important Act and its Virtue	The virtues of Dhikr

Rasulullaah ρ reports that Allaah says, "I Am with My servant when he remembers me and his lips move with My Dhikr."

[Ibn Maajah 3792 from Hadhrat Abu Hurayrah τ]

(6) A Sin	The punishment for Shirk

Allaah says in the Qur'aan, "**Allaah has definitely forbidden Jannah for the one who attributes a partner to Allaah** *(commits Shirk)* **and his abode shall be the Fire** *(of Jahannam)***. The oppressors** *(Mushrikeen)* **will have no helpers** *(to save them from Allaah's punishment)***.**".

[Surah Maa'idah, verse 72]

(7) This World	Be wary of your spouses and children

Allaah says in the Qur'aan, "**O you who have Imaan! You have enemies among your spouses and children** *(who may intentionally or unintentionally cause you to neglect your duties to Allaah)* **so be wary of them** *(by never allowing your love for them to take precedence over your duties to Allaah)***.** *(However,)* **If you pardon, overlook and forgive** *(them when their requests anger you for good reason)***, then** *(remember that)* **Allaah is certainly Most Forgiving, Most Merciful** *(and will forgive you as well)***".**

[Surah Taghaabun, verse 14]

It often happens that a person's spouse and children lead him to commit acts that conflict with the Shari'ah, thereby falling into the category of Allaah's enemies.

(8) The Aakhirah	The severity of the fire of Jahannam

Rasulullaah ρ said that if a person from the fire of Jahannam has to be placed in the fire of this world, he would fall asleep.

[*Targheeb wat Tarheeb* 5203, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Drinking in three sips

Rasulullaah ρ drank in three sips and said that this promotes calm, protects against diseases and difficulties and also allows proper digestion.

[Muslim 5287, from Hadhrat Anas τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ stated that a person needs to hold his tongue when the following three topics are discussed; (1) Taqdeer (2) astrology and (3)

my Sahabah ψ (when people speak ill of them).
[Ibn Asaakir 10484, from Hadhrat Abdullaah bin Mas'ood τ]

(1) Islaamic History	Hadhrat Sumayya رضي الله عنهما

The first martyr in Islaam was Hadhrat Sumayya رضي الله عنهما, who was the mother of Hadhrat Ammaar and the wife of Hadhrat Yaasir τ. Hadhrat Sumayya رضي الله عنهما had been a slave of the Abu Hudhayfa family of the Quraysh whom they had set free to marry Hadhrat Yaasir τ. When she, her husband and her son accepted Islaam at the very beginning, the Banu Makhzoom became infuriated with them and did not spare anything to torture them. Whenever Rasulullaah ρ passed by them, he would encourage them to be patient and gave them the glad tidings of Jannah. When Abu Jahal once passed by the family being tortured, he swore at her and pierced his spear into her private part, causing her to die. She was therefore the very first martyr in Islaam.

(2) Allaah's Power	Who causes the plants to grow?

Seeds are covered by a very hard shell that we often cannot even bite through. However, when the same seed is placed in the soil, a fragile and small shoot sprouts through this hard shell and gradually breaks through the ground above. Who is it that causes this shell to split and the little shoot to break through? Allaah says in the Qur'aan, "**Undoubtedly Allaah is the One Who splits the seed and the date stone**".
[Surah An'aam, verse 95]

(3) A Fardh	The Janaazah salaah is Fardh Kifaayah

Amongst the seven things that Rasulullaah ρ commanded was that people participate in the Janaazah salaah.
[Bukhaari 1239, from Hadhrat Baraa bin Aazib τ]

It is Fardh Kifaayah to perform the Janaazah salaah, meaning that it is obligatory for people to carry out, but if some people fulfil the obligation,it will be waived from the rest.

(4) A Sunnah	Eating from a cloth spread on the ground

Hadhrat Anas τ reports that Rasulullaah ρ never ate from a table. When someone asked him what it was that Rasulullaah ρ ate from, he replied that Rasulullaah ρ ate from a cloth spread on the ground.
[Bukhaari 5415]

(5) An Important Act and its Virtue	The reward for swallowing one's anger

Rasulullaah ρ stated that when a person swallows his anger at a time when he had the power to vent it, Allaah will summon him before all of creation on the Day of Qiyaamah and he will be allowed to choose whichever damsel of Jannah he wants.

[Abu Dawood 4777, from Hadhrat Mu'aadh bin Anas τ]

(6) A Sin	**Severing ties for more than three days**

Rasulullaah ρ said, It is not permissible for any Muslim to sever ties with his Muslim brother for more than three days. Whoever does this and then dies shall go straight to Jahannam."

[Ahmad 8848, from Hadhrat Abu Hurayrah τ]

(7) This World	**The benefit of remaining aloof from this world**

Rasulullaah ρ said, "When a person has no desire for this world, his body and mind will be at ease. However, desire for this world only increases a person's worry and regret."

[*Kanzul Ummaal* 6058, from Hadhrat Tawoos رحمه الله]

(8) The Aakhirah	**The plight of the Mushrikeen**

Allaah says in the Qur'aan, **"Indeed the criminals (the Kuffaar and sinners) are in error (in this world) and (because of this, they will be) in blazing fires (in the Aakhirah). (Let them not forget) The day when they shall be dragged into the Fire (of Jahannam) on their faces (and it will be said to them) "Taste the touch of the Blaze!" We have certainly created everything by (finely calculated) measure (so that everything meets the requirements for its task and so that everything happens when it is destined to happen). And (when We desire to make something happen) Our command (for it to take place) is but once like the blinking of an eye (it happens instantly and very quickly)".**

[Surah Qamar, verses 47-50]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating fever with cool water**

Rasulullaah ρ advised that when a person is suffering from fever, cool water should be placed over the body for three nights.

[*Mustadrak* of Haakim 8226, from Hadhrat Anas τ]

Even doctors today advise the use of a cloth dipped in cold water and placed over the forehead to treat fever.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Do not take as friends those who make a mockery and fun of your Deen** *(whether they be)* **from those who have received the Book before you** *(the Jews and Christians)* **and** *(whether they be from)* **the** *(other)* **Kuffaar** *(groups)***. Fear** *(the punishment of)* **Allaah if you are** *(true)* **Mu'mineen".**

[Surah Maa'idah, verse 57]

(1) Islaamic History	**Hadhrat Tufayl Dowsi τ**

Hadhrat Tufayl bin Amr Dowsi τ was a man of excellent qualities even before he accepted Islaam. He once saw Rasulullaah ρ performing salaah and heard him reciting the Qur'aan in the Masjidul Haraam, after which he followed Rasulullaah ρ home and accepted Islaam. When he was returning home, he asked Rasulullaah ρ to pray that he be able to show some miracle to the people of his tribe so that they may believe him. Rasulullaah ρ made the du'aa, so when he returned to his people, Allaah made a bright light shine from his forehead. Fearing that people may regard this as a disease, he made du'aa that Allaah transfer the light away from his body. Allaah then made the light illuminate the head of his staff. His father and his wife accepted Islaam at his hand. Rasulullaah ρ send him to destroy the wooden idol Dhul Kaffayn, which was worshipped by the people of the Dows tribe. When he arrived, the people gathered around to see what punishment the idol would inflict upon him when he attempted to burn it. Hadhrat Tufayl τ started to recite some couplets of poetry as he started the fire and nothing happened to him as they idol was being reduced to ashes. Seeing that no punishment came to him, the people all accepted Islaam. Hadhrat Tufayl τ was martyred in the Battle of Yamaamah in the year 11 A.H.

(2) Rasulullaah ρ's Miracle	**Staying invisible**

When Rasulullaah ρ and Hadhrat Abu Bakr τ were hiding in the cave of Thowr during the Hijrah journey when the Kuffaar launched a massive search for them. The Kuffaar came right to the entrance of the cave but because a spider had spun its web at the entrance, the Kuffaar paid no attention to the cave. Otherwise, had they bent down to look, they would certainly have seen Rasulullaah ρ and Hadhrat Abu Bakr τ inside.

[*Mishkaatul Masaabeeh* 5934, from Hadhrat Abdullaah bin Abbaas τ]

(3) A Fardh	**Paying debts**

Rasulullaah ρ said that delaying in the payment of debts when one has the means to settle it is a form of oppression (therefore a Haraam act).

[Bukhaari 2400, from Hadhrat Abu Hurayrah τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**The du'aa for leaving the Masjid**

The following du'aa should be recited when leaving the Masjid:

PUT ARABIC

TRANSLATION: O Allaah! I beg You of Your grace.

[Muslim 1652]

(5) An Important Act and its Virtue	Treating a daughter well

Rasulullaah ρ said, "When a person has a daughter and he does not bury her alive, does not dishonour her and does not give preference to his sons over her, Allaah will then admit him into Jannah."

[Abu Dawood 5146, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin	Regarding Hadhrat Isa υ to be a god

Allaah says in the Qur'aan, "**Those people** *(some Christians)* **have undoubtedly committed kufr who say that Allaah is surely the third of three** *(according to the belief of Trinity)***. There is no Ilaah but the One Ilaah** *(Allaah)***. If they do not give up what they say, a painful punishment shall certainly befall those of them who commit kufr** *(and who die as Kuffaar)*".

[Surah Maa'idah, verse 73]

(7) This World	The enjoyment of this world is fleeting

Allaah says in the Qur'aan, "*(Addressing the Kuffaar of this world, Allaah says,)* **"Eat and enjoy yourselves for a few days. You are certainly sinners** *(and will soon be punished in the Aakhirah)*".

[Surah Mursalaat, verse 46]

(8) The Aakhirah	The birds of Jannah

Rasulullaah ρ said, "When a person in Jannah wants a bird (to eat), it will appear before him just as he prefers it prepared."

[*Targheeb wat Tarheeb* 5332, from Hadhrat Abu Umaamah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Safeguarding the health of the liver

Rasulullaah ρ said that when drinking, a person should drink with ease and small sips and not in gulps because doing so will injure the health of the liver.

[Bayhaqi 5752, from Hadhrat Ibn Abi Husayn τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Listen well O Muslims! Your slaves are your brothers whom Allaah has placed under your command. Therefore, whoever has one of his brethren under his command, he should feed him from that which he eats and clothe him as he clothes himself. Take note that you must never burden them with more that they can bear and if the need arises, then lend them a hand."

[Muslim 4313, from Hadhrat Abu Dharr τ]

(1) Islaamic History	Hadhrat Thumaama bin Uthaal τ

Rasulullaah ρ sent letters to all the Arab and non-Arab leaders during the year 6 A.H. Amongst these was a letter sent to Hadhrat Thumaama bin Uthaal τ, who was the leader of Yamaama. He was enraged by the letter and attempted to assassinate Rasulullaah ρ, but without success. He therefore set ambushes for the Sahabah ψ and killed one of them in this manner. He was, however, captured by the Sahabah ψ on one occasion and brought to the Masjidun Nabawi. The Sahabah ψ wanted him to be executed for his crime, but Rasulullaah ρ advised the Sahabah ψ to be kind towards him. In fact, Rasulullaah ρ personally brought food and milk for him. Two days later, Rasulullaah ρ instructed that Hadhrat Thumaama τ be set free. Hadhrat Thumaama τ proceeded out of Madinah, took a bath and then returned to accept Islaam at the hand of Rasulullaah ρ. **Hadhrat Thumaama τ became the first person to perform Umrah in the manner that Islaam prescribes and also the first to enter Makkah reciting the words of Talbiya.** When he did so, none in Makkah dared resist his entry. Hadhrat Thumaama τ participated in the battle against Musaylama Kadhaab and several other battles as well and was eventually martyred in a battle in the year 11 A.H.

(2) Allaah's Power	Feeding the animals

Allaah has created countless animals on the earth and in the oceans. There are so many flying in the skies and many crawling underground as well. However, we do not see these creatures carrying their food about with them or gathering them all in one place. They all leave their homes with empty bellies and search for sustenance, which Allaah provides for them and they then return home well satiated. Who is it that provides so much food for so many creatures every day? Allaah says in the Qur'aan, "**How many are the animals who do not** *(even)* **carry their own provision** *(as you do)* **?** *(Despite this,)* **Allaah** *(still)* **sustains them and you** *(people)* **as well** *(you should therefore have no fear of sustenance when you make Hijrah, leaving your possessions behind)***. He is the All Hearing** *(hears all your du'aas)***, the All Knowing** *(knows your needs and will fulfil them)*".

[Surah Ankaboot, verse 60]

(3) A Fardh	Fulfilling the bequest of the deceased

After discussing the shares of several heirs, Allaah says in the Qur'aan that these are to be paid, "**after the bequest that has been made and** *(after settling any)* **debts**".

[Surah Nisaa, verse 12]

It is Waajib (compulsory) for the testator of a will to fulfil the bequests of the deceased even before distributing the shares of the heirs.

(4) A Sunnah	**Showing love to children**

Rasulullaah ρ used to tell the children of the Sahabah ψ that he would give them something if they ran to him. They used to then run to Rasulullaah ρ and fall upon his back and his chest as he hugged them and kissed them.

[Ahmad 1839, from Hadhrat Abdullaah bin Haarith τ]

(5) An Important Act and its Virtue	**Serving the Maternal Aunt**

A person once came to Rasulullaah ρ and asked, "O Rasulullaah ρ! I have committed a grave sin. Is there any way by which I can secure forgiveness?" "Is your mother alive?" Rasulullaah ρ asked. "No," he replied. "Then does your mother have any living sisters?" When he replied that she did, Rasulullaah ρ said, "Then treat them well."

[Tirmidhi 1904, from Hadhrat Abdullaah bin Umar τ]

(6) A Sin	**Allowing the lower garment to reach below the ankles**

Rasulullaah ρ said, "When a person allows his lower garment to hang below the ankles out of pride (or fashion), Allaah will not even look at him with mercy on the Day of Qiyaamah."

[Bukhaari 5788, from Hadhrat Abu Hurayrah τ]

(7) This World	**The world is accursed**

Rasulullaah ρ said, "The world and all within it is accursed save for the Dhikr of Allaah, all that helps towards it, the Aalim and the student of Deen."

[Ibn Maajah 4112, from Hadhrat Abu Hurayrah τ]

(8) The Aakhirah	**The damsels of Jannah**

Allaah says in the Qur'aan, "**In these gardens, there shall be maidens with lowered gazes** *(modest)* **whom no man or Jinn has ever touched**".

[Surah Rahmaan, verse 56]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating the uvula**

Rasulullaah ρ said, "Never destroy your children. When a woman's child has an infected uvula, then rub Indian Ood together and allow him to inhale it."

[Bukhaari 5713, from Hadhrat Ummu Qais رضي الله عنهما]

The uvula is the piece of flesh that hangs from the back of the throat.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Do not forbid** *(declare as*

unlawful) **the pure things that Allaah has permitted** *(made lawful)* **for you** *(by regarding something Halaal as Haraam)* **and do not overstep** *(do not exceed the limits of the Shari'ah)***. Surely Allaah does not like those who overstep** *(exceed limits)*".

[Surah Maa'idah, verse 87]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	20

(1) Islaamic History	Hadhrat Wahshi bin Harb τ

The name Wahshi refers to a person who lives all by himself. He was known as Abu Dasma, he came from Abyssinia and was an expert spear thrower. He was the slave of one of the leaders of the Quraysh Jubayr bin Mut'im. Because the Mushrikeen of Makkah made a deal that if he kills Hadhrat Hamzah τ, they would set him free, he made sure that he martyred Hadhrat Hamzah τ in the Battle of Uhud. Hadhrat Wahshi τ himself relates that after killing Hadhrat Hamzah τ, he returned to his tent and sat there without fighting any more because his freedom was all he wanted. Despite his enmity for Islaam and the Muslims, Hadhrat Wahshi τ also saw the beauty of Islaam and eventually arrived in Madinah to accept Islaam at the hand of Rasulullaah ρ. After accepting Islaam, he fought for the cause of Islaam and when Hadhrat Abu Bakr τ dispatched an army to fight Musaylama Kadhaab, Hadhrat Wahshi τ joined the army. It was him who also with his spear killed Musaylama himself, thereby effectively stemming the tide of the people who left Islaam because of him.

(2) Rasulullaah ρ's Miracle	Rasulullaah ρ foretells the future of Hadhrat Hasan τ

Rasulullaah ρ once pointed to his grandson Hadhrat Hasan τ and said, "This son of mine is a leader and will be responsible for the unity of two large factions of my Ummah."

[Bukhaari 2704, from Hadhrat Abu Bakra τ]

Consequently, after the demise of Hadhrat Ali τ, Hadhrat Hasan τ did indeed unite the Muslims when he reconciled with Hadhrat Mu'aawiya τ and handed over the Khilaafah to him.

(3) A Fardh	Performing salaah in Jamaa'ah

Rasulullaah ρ said, "People must stop missing their salaah in Jamaa'ah otherwise I will have to burn their homes down."

[Ibn Maajah 795, from Hadhrat Usaama bin Zaid τ]

This Hadith sounds a very stern warning against people who do to perform their salaah in Jamaa'ah. It is therefore necessary for all Muslim men to ensure that their Fardh salaahs are performed in the Masjid.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for pious children

The following du'aa should be recited when a person desires to have pious children. Hadhrat Zakariyya υ recited this du'aa when he wanted children and Allaah granted him Hadhrat Yahya υ.

PUT ARABIC

TRANSLATION: **"My Rabb, grant me pure** *(pious)* **children from Yourself** *(by Your grace)*. **Without doubt You hear all prayers** *(and accept them)*."

[Surah Aal Imraan, verse 38]

(5) An Important Act and its Virtue	Listening to the Friday Khutbah

Rasulullaah ρ said, "When a person performs wudhu well, proceeds for the Jumu'ah salaah and listens attentively to the Khutbah, he will be forgiven for all the days between the two Fridays as well as three extra days (10 days in total). As for the one who played with pebbles (during the Khutbah), he has indeed carried out a vain act (and thereby wasted this virtue)."

[Muslim 1988, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Wastage

Allaah says in the Qur'aan, "**Eat, drink** *(what is Halaal without being greedy)* **but do not waste for indeed He** *(Allaah)* **does not like those who waste**".

[Surah A'raaf, verse 31]

(7) This World	The food man eats

Allaah says in the Qur'aan, "**Let man look at his food** *(for in it he will recognise the power of Allaah and realise Allaah's tremendous favours to him)*. **We make the rain pour forth in abundance.** *(The rain nourishes the soil and causes seeds to germinate and start sprouting.)* **Then** *(when the shoots of the seeds start to pierce through the ground,)* **We cause the earth to part into clefts** *(split to allow the shoots to reach the surface and grow)*. **We then grow on the earth grains** *(such as cereals)* **, grapes, vegetables, olives, date palms, dense gardens, fruit and fodder** *(all of this)* **for your benefit and for the benefit of your animals**".

[Surah Abas, verses 24-32]

(8) The Aakhirah	The expanse of Jannah

Rasulullaah ρ said, "I swear by the Being Who controls the life of Muhammad! The distance between two gates of Jannah are as far as Makkah is from Hajar (or as far as Makkah is from Busra)."

[Muslim 480, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of Zamzam

Rasulullaah ρ stated that the water of Zamzam serves as both food as well as a cure for diseases.

[Bayhaqi 3973, from Hadhrat Abdullaah bin Abbaas τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Never wish for death when afflicted by any adversity. If you feel that you need to make this wish, rather say, 'O Allaah! Grant me life for as long as life is good for me and grant me

death when death is best for me."

[Bukhaari 5671, from Hadhrat Anas τ]

(1) Islaamic History	Hadhrat Hudhayfah bin Yamaan τ

Hadhrat Hudhayfah τ was a famous Sahabi who is known as the confidante of Rasulullaah ρ because Rasulullaah ρ disclosed certain secrets only to him. Rasulullaah ρ informed him of whom the Munaafiqeen were and also told him about the times of strife and corruption that were to come. Hadhrat Hudhayfah τ himself says, "While others asked Rasulullaah ρ about the good, I always asked about the bad so that I could stay away from these." Because Rasulullaah ρ disclosed the names of the Munaafiqeen to Hadhrat Hudhayfah τ, Hadhrat Umar τ always enquired whether he attended the funeral of a person. If he was present, the Hadhrat Umar τ also attended and if Hadhrat Hudhayfah τ did not attend, Hadhrat Umar τ absented himself as well. Hadhrat Hudhayfah τ was extremely particular about following the Sunnah of Rasulullaah ρ and on one occasion when a morsel of food fell from his hand as he dined with Persian royalty, he bent down to pick it up and eat it. Someone sitting beside him advised him against this because it would be looked down upon by the Persians. However, Hadhrat Hudhayfah τ paid no heed and replied, "Should I forsake the Sunnah of my beloved Nabi ρ for the sake of these fools?"

(2) Allaah's Power	The creation of man

One of the wonders in the manner in which Allaah has created man is that the body forms in a place where there is neither air nor light. In this threefold darkness, the eyes are created, the ears are created, the hands with their fingers and even their nails and individual prints are created. All of this together with the unique appearance of every person is created within this dark place. Allaah says, "**He is the One who fashions** *(creates and shapes)* **you in the wombs as He pleases.** *(It stands to reason that something that is created cannot be worshipped.)* **There is no Ilaah besides Him, The Mighty, The Wise**".

[Surah Aal Imraan, verse 6]

(3) A Fardh	Joining family ties

Allaah says in the Qur'aan, "*(The evil-doers are)* **Those who break the promise** *(pact)* **they made to Allaah after agreeing to it, who cut off those things that Allaah has ordered that they join** *(such as family ties)***, and who spread corruption** *(mischief)* **on earth. These are certainly the losers** *(because they are headed for Jahannam)*".

[Surah Baqara, verse 27]

It is imperative that Muslims join ties with their families and ensure that these ties are never severed.

(4) A Sunnah	**The day to embark on a journey**

Hadhrat Ka'b bin Maalik τ reports that Rasulullaah ρ preferred to embark on journey on Thursdays.

[Bukhaari 2950]

(5) An Important Act and its Virtue	**The Ishraaq salaah**

Rasulullaah ρ stated that when a person remains seated after completing the Fardh of the Fajr salaah and, without speaking anything but good, he then performs two Rakaahs (*Ishraaq*) salaah, all his sins will be forgiven even though they may be as much as the foam in the oceans.

[Abu Dawood 1287, from Hadhrat Mu'aadh bin Anas τ]

(6) A Sin	**The consequences of reminding people of your favours to them**

Rasulullaah ρ mentioned that amongst the three people who will not enter Jannah will be the one who disobeys his parents, the drunkard and the one who reminds people of his favours to them.

[Nasa'ee 2563, from Hadhrat Abdullaah bin Umar τ]

(7) This World	**Overeating in this world**

When someone belched in the presence of Rasulullaah ρ, he remarked, "Do not belch in our presence because the hungriest person on the Day of Qiyaamah will be the one who overate in this world."

[Tirmidhi 2478, from Hadhrat Abdullaah bin Umar τ]

(8) The Aakhirah	**The bounties of the righteous**

They will be *(enjoying themselves)* **in Jannaat of bliss.** *(Making up this group of the forerunners, there shall be)* **A large group from among the earlier ones** *(the people before Rasulullaah ρ)* **and a few from among the later ones** *(the people after Rasulullaah ρ)***. They will be** *(reclining)* **on woven thrones** *(thrones woven with thread of pure gold)***. Reclining on these facing each other** *(so that they can easily converse with each other)***. Youngsters of eternal youth shall wait on them** *(serve them)* **with goblets and jugs and glasses filled with flowing wine. Neither will they have headaches with it** *(with this wine)***, nor will they be intoxicated** *(because it will be unlike the impure wine of this world)***.**

[Surah Waaqi'ah, verses 12-19]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Prohibition from treating illnesses with wine**

When a Rasulullaah ρ once prohibited a person from wine, he added that they used it as a medicine. Rasulullaah ρ remarked, "It is no medicine but a disease."

[Muslim 5141, from Hadhrat Waa'il bin Hadrami τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan, take care of your own selves**

*(guard your Imaan as well while advising others)***. He who has strayed** *(from the truth)* **cannot harm you when** *(as long as)* **you are rightly guided** *(obeying Allaah's commands)***. To Allaah shall you all return, when He will inform you of what you used to do** *(and reward or punish you)*".

[Surah Maa'idah, verse 105]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

22

(1) Islaamic History | **Hadhrat Abu Dardaa τ**

His name was Uwaymi bin Maalik Khazraji and was amongst the wealthiest of the businessmen in Madinah. He accepted Islaam after the Battle of Badr after the insistent Da'wah of Hadhrat Abdullaah bin Rawaaha τ. After Hadhrat Abdullaah bin Rawaaha τ had one day broken his idol, Hadhrat Abu Dardaa τ was prompted to think about the reality of the idol. Despite his anger over the incident, it finally dawned on him that the idols really are helpless and he thus accepted Islaam. He then turned completely away from this world and started to lead a life of complete abstinence. He applied himself to acquiring the knowledge of the Qur'aan and the regulations of the Shari'ah. In fact, he became so abstinent that when Hadhrat Umar τ appointed him to be the governor, he refused the post. When Hadhrat Umar τ insisted that he go, he agreed to go only to teach the people there. He then left to live in Damascus. When Hadhrat Umar τ sent gifts for him, he gave these away to the poor, to the students of Deen and those who visited him. He always discouraged people from the luxuries of this world. Hadhrat Uthmaan τ appointed him as a judge and it was during the Khilaafah of Hadhrat Uthmaan τ that Hadhrat Abu Dardaa τ passed away in the year 33 A.H.

(2) Rasulullaah ρ's Miracle | **The sun is sent back**

When revelation would descend upon Rasulullaah ρ, he would fall into the state of semi consciousness. Revelation was once descending upon Rasulullaah ρ while his head lay in the lap of Hadhrat Ali τ. When the revelation had stopped, Rasulullaah ρ asked Hadhrat Ali τ whether he had performed his Asr salaah. When Hadhrat Ali τ said that he had not performed the salaah yet, Rasulullaah ρ made du'aa to Allaah to cause the sun to come up again. Hadhrat Asmaa رضي الله عنهما reports that she actually saw the sun rise up again after it had just set and remain in the sky until Hadhrat Ali τ had completed his salaah.

[Tabraani in his *Kabeer*, from Hadhrat Asmaa bint Umays رضي الله عنهما]

(3) A Fardh | **The Takbeer Tahreema**

Rasulullaah ρ said, "Wudhu is the key to salaah, which starts with the Takbeer Tahreema and ends with the Salaam."

[Tirmidhi 3, from Hadhrat Ali τ]

The Takbeer with which the salaah is started is called the Takbeer

Tahreema, which is Fardh (obligatory) in salaah.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ | **The du'aa after the Fardh salaah**

The following du'aa should be recited after the Fardh salaah:

PUT ARABIC

(5) An Important Act and its Virtue | **The virtue of Durood**

Rasulullaah ρ said that the person who recites Durood once will have Allaah shower ten mercies on him, ten of his sins will be forgiven and his rank in Jannah will elevated ten times.

[Nasa'ee 1298, from Hadhrat Anas τ]

(6) A Sin | **Ease after difficulty**

Allaah says in the Qur'aan, "**When We let people taste** *(Our)* **mercy after a difficulty has afflicted them, they suddenly have a plan** *(a plot)* **against Our Aayaat** *(they start to enjoy the bounties and reject and mock Our Aayaat)***. Say, "Allaah is swifter in planning** *(in taking you to task for what you do)***. Indeed Our messenger angels record whatever you plan** *(nothing goes unnoticed)***."".**

[Surah Yunus, verse 21]

(7) This World | **The success of the Aakhirah is better than this world**

Allaah says in the Qur'aan, "**Whatever you have been given is merely an article of this worldly life** *(something to use temporarily)***.** *(On the other hand,)* **What** *(reward)* **is with Allaah** *(in exchange for your good deeds)* **is better** *(than everything of this world)* **and more lasting** *(eternal)* **for those who have Imaan".**

[Surah Shura, verse 36]

(8) The Aakhirah | **The people of Jannah shall never die**

A person once asked Rasulullaah ρ whether the people of Jannah ever slept. "Sleep is the sister of death," Rasulullaah ρ replied, "and death will never affect the people of Jannah. They will therefore never sleep."

[Bayhaqi 4559, from Hadhrat Jaabir τ]

(9) Cures from the Qur'aan and Rasulullaah ρ | **Treating boils**

Hadhrat Asmaa bint Abu Bakr τ reports that when she developed a boil on her neck and it was reported to Rasulullaah ρ, he said, "Open it up (surgically remove the pus). Do not leave it alone because if you do, it will eat away your flesh and suck up your blood." (If left alone, it will eventually infect the flesh and blood).

[*Mustadrak* of Haakim 8250]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Never pray for the destruction of yourself, your children, your servants or your wealth. It should never be that your curse coincides with the moment when prayers are accepted, in which

case your curse will also be accepted."

[Abu Dawood 1532, from Hadhrat Jaabir τ]

(1) Islaamic History	Hadhrat Adi bin Haatim τ

Hadhrat Adi τ was the son of Haatim Tai, who was proverbial in Arabia for his generosity. Hadhrat Adi τ was a quick witted Christian who accepted Islaam on the 9 of Sha'baan in the year 9 A.H. He admitted that he had been an enemy of Islaam because he was a Christian and because he was the leader of this tribe. When Islaam became dominant, he took his family and went to settle in Shaam, where the people were predominantly Christian. He, however forgot to take his sister Saffana with them and she was taken along with the captives to Madinah. When she saw the excellent character and personality of Rasulullaah ρ, she requested Rasulullaah ρ to send her to her brother in Shaam and her request was acceded to. His sister convinced Hadhrat Adi τ that Rasulullaah ρ was indeed the Rasool of Allaah and he arrived in Madinah to meet Rasulullaah ρ. When he saw the behaviour and character of Rasulullaah ρ for himself, he was convinced that this cannot be a king, but a Nabi ρ. He therefore accepted Islaam. He later participated in the various battles fought in Iraq, such as Qaadisiyyah, Mahraan, etc. He passed away in the year 67 A.H. and was buried in Kufa.

(2) Allaah's Power	Fruit in different seasons

Allaah has created the different seasons and makes different fruit and flowers grow in these seasons. Summer fruits grow only in summer and winter fruits grow only in winter, each with their unique flavours. Had the same fruit grown throughout the year, man would have become tired of them, but through His immense power and wisdom, Allaah alternates the fruits and flowers of the seasons every year.

(3) A Fardh	It is Fardh to treat your parents kindly

Allaah says, "Your Rabb has commanded that you worship only Him and that you treat your parents kindly".

[Surah Bani Israa'eel, verse 23]

It is Fardh (obligatory) to treat one's parents well in every condition.

(4) A Sunnah	Greeting children

Whenever he passed by some children, Hadhrat Anas bin Maalik τ always greeted them and said, "This is what Rasulullaah ρ used to do."

[Bukhaari 6247]

It s Sunnah to greet children to teach them.

(5) An Important Act and its Virtue	Giving respite to debtors

Rasulullaah ρ said that the person who wishes that Allaah alleviates his worries on the Day of Qiyaamah should give respite to poor debtors or waive their debts.

[Muslim 4000, from Hadhrat Abu Qataadah τ]

(6) A Sin	Backbiting

When the Sahabah ψ once asked Rasulullaah ρ what backbiting was, he replied that it entailed saying something about a person in his absence that he would not like. "But what if it is present within the person?" the Sahabah ψ asked. "Then this is backbiting," Rasulullaah ρ replied, "and if it is not, then it would be slander."

[Tirmidhi 1934, from Hadhrat Abu Hurayrah τ]

(7) This World	One's wealth is but a loan

Hadhrat Abdullaah bin Mas'ood τ said, "Each one of you is a guest and his wealth is on loan to him. Every guest has to leave and every loaned item has to be returned."

[Bayhaqi 10241]

(8) The Aakhirah	The people of Jahannam

Allaah says in the Qur'aan, "**And** *(as for)* **the people of the left** *(who receive their records of deeds in their left hands)***, how wretched are the people of the left! They shall be** *(suffering)* **in a fierce scorching wind** *(hot vapour)***, boiling water and the shade of black smoke that will neither be cool nor hospitable** *(rather, it will add to the heat and misery)***. Verily these people used to be affluent before** *(in the world)***. They used to persistently carry out major sins** *(like Shirk, belying the Ambiyaa and denying resurrection)*".

[Surah Waaqi'ah, verses 41-46]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treating a scorpion's bite

Hadhrat Abdullaah bin Abbaas τ reports that a group of the Sahabah ψ were once passing by an area where a person had been bitten by a scorpion. When the people asked the Sahabah ψ if any of them could treat him, one of the Sahabah ψ recited Surah Faatiha and blew on the man. This cured the bite.

[Bukhaari 5737]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**When the Qur'aan is recited, then listen attentively to it** *(stop talking)* **and remain silent so that mercy may be shown to you**".

[Surah A'raaf, verse 204]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	24

(1) Islaamic History	Hadhrat Abdullaah bin Salaam τ

Hadhrat Abdullaah bin Salaam τ was from the progeny of Hadhrat Yusuf υ and he accepted Islaam when he recognised the signs of prophethood on Rasulullaah ρ in Madinah. He was a Jewish Rabbi and all the groups of the Jews revered him as a pious and righteous man. He says that he accepted Islaam as soon as he heard that Rasulullaah ρ was arriving in Madinah. He then went home and gave the Da'wah of Islaam to his family, as a result of which his children, wife and aged aunt also accepted Islaam. He then approached Rasulullaah ρ and requested that Rasulullaah ρ give the Da'wah to the Jewish, which Rasulullaah ρ did. However, none of them accepted, even though Hadhrat Abdullaah bin Salaam τ himself attested to the truth of Rasulullaah ρ's Risalaat (Prophethood). Instead, they started to verbally abuse him. Hadhrat Abdullaah bin Salaam τ passed away during the Khilaafah of Hadhrat Mu'aawiya τ in the year 43 A.H.

(2) Rasulullaah ρ's Miracle	Curing an insane child

When a woman once brought her insane child to Rasulullaah ρ, he simply passed his hand over the child's chest and made du'aa for him. The child then vomited and was permanently cured of his insanity from that day onwards.

[*Mishkaatul Masaabeeh* 5923, from Hadhrat Abdullaah bin Abbaas τ]

(3) A Fardh	Allowing a salaah to become Qadhaa

Rasulullaah ρ said that the person who intentionally performs two salaahs at the same time has reached the doors of major sins.

[*Mustadrak* of Haakim 1020, from Hadhrat Abdullaah bin Abbaas τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa to remain steadfast on Deen

The following du'aa should be recited for one to remain steadfast upon the actions of Deen:

PUT ARABIC

TRANSLATION: **O our Rabb, forgive us our sins and our transgressions** *(shortcomings)* **in our affairs** *(because of which we are suffering)***. Keep our feet firm** *(so that we remain committed to our Creator)* **and help us against the nation of Kaafiroon.**

[Surah Aal Imraan, verse 147]

(5) An Important Act and its	Those who engage in the Dhikr

Virtue	**of Allaah**

Rasulullaah ρ said, "When some people sit down to engage in Dhikr, the angels surround them, Allaah's mercy envelops them, tranquillity descends upon them and Allaah speaks about them."

[Muslim 6855, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Regarding the birth of a daughter to be ill fortune**

Allaah says in the Qur'aan, "*(Describing the dislike that the Mushrikeen had for daughters during the Period of Ignorance, Allaah says,)* **When any of them is given the good news of a daughter** *(being born to him)*, **his face darkens** *(out of misery)* **and he suppresses his fury** *(anger and disappointment)*. **He hides from the people because of the terrible news that he received** *(he is ashamed to face others because they will ridicule him)*. *(He then asks himself)* **Must he keep her with disgrace or bury her in the sand? Evil indeed is the decision that they** *(the Mushrikeen)* **make** *(when they decided to attribute daughters to Allaah whereas they themselves have such a great dislike for daughters)* **!**".

[Surah Nahl, verses 58-59]

(7) This World	**The deception of this world**

Allaah says in the Qur'aan, "**O man! What has cast you into deception concerning your Most Generous Rabb** *(Why do you continue sinning with the belief that Allaah will always forgive you because He is Generous? This attitude shows disloyalty to Allaah Who has blessed man with innumerable bounties. Among these are that Allaah is the One)* **Who has created you, perfected** *(shaped)* **you, gave you** *(your body)* **due proportion**".

[Surah Infitaar, verses 6-7]

(8) The Aakhirah	**The size of the people of Jahannam**

Hadhrat Abdullaah bin Abbaas τ once asked the people if they knew how large will the people of Jahannam be. When they replied that they did not know, he explained, "I swear by Allaah that the distance between their ear lobes and shoulders will be a distance of seventy years, in which there shall be valleys of blood and pus."

[*Mustadrak* of Haakim 3630]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Psychological treatment for the ill**

Rasulullaah ρ said that when you visit the ill, speak consoling words because even though your words cannot change Allaah's decision, it does give solace to the person's heart.

[Tirmidhi 2087, from Hadhrat Abu Sa'eed Khudri τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Eat to your heart's content whenever you pass by the gardens of Jannah." When the Sahabah ψ asked what these gardens of Jannah were, Rasulullaah ρ replied, "The Masaajid." When they enquired what was meant by the eating, Rasulullaah ρ explined, "The Dhikr of

سُبْحَانَ اللهِ وَ الْحَمْدُ لِلَّهِ وَ لاَ اِلهَ إِلاَّ اللهُ وَ اللهُ أَكْبَر

[Tirmidhi 3509, from Hadhrat Abu Hurayrah τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	25

(1) Islaamic History	**Hadhrat Uthmaan bin Madh'oon τ**

Hadhrat Uthmaan bin Madh'oon τ and his son Saa'ib accepted Islaam from the beginning and had both migrated to Abyssinia. When the rumour reached them that all the people of Makkah had become Muslims, they returned to Makkah under the protection of Waleed bin Mughiera. They, however, absolved themselves of this protection in the Masjidul Haraam a few days later. When Waleed explained to them that they would be harassed without it, they said, "We do not need your protection, for the protection of Allaah is sufficient for us." A man by the name of Labeed then recited some poetry reviling the beliefs of Islaam, to which Hadhrat Uthmaan bin Madh'oon τ retorted by reciting some poetry of his own. Hearing this, someone else slapped Hadhrat Uthmaan bin Madh'oon τ so hard that his eye turned red. "This eye would have been safe if you had remained in my protection," Waleed scoffed. To this, Hadhrat Uthmaan bin Madh'oon τ replied, "My eye that has not been hurt also wishes that it had been hurt." Hadhrat Uthmaan bin Madh'oon τ had forbidden wine upon himself even before it was prohibited in Islaam. He passed away in the year 2 A.H. and **was therefore the first Muslim to be buried in Jannatul Baqee.**

(2) Allaah's Power	**The moon is a sign of Allaah**

Allaah has created the moon and has fixed a system for it by which it functions. The moon rises and sets, waxes and wanes and is sometimes full. It rises in the west each month and has been doing so for thousands of years without every reversing the system. It is only by the power of Allaah that it functions with such precision all the time.

(3) A Fardh	**Upon whom is Hajj Fardh**

Allaah says in the Qur'aan, "**Hajj** *(pilgrimage to show love for Allaah)* **to the House** *(the Kabah)* **is a duty that people who are able to find a way there owe to Allaah** *(therefore, Muslims who can afford to go to Makkah to perform Hajj have to do so)*".

[Surah Aal Imraan, verse 97]

(4) A Sunnah	**Four acts that all the Ambiyaa** عليهم السلام **practised**

Rasulullaah ρ stated that the following four acts were the practice of all the Ambiyaa عليهم السلام: (1) marriage, (2) use of the Miswaak, (3) modesty and (4) applying perfume.

[Tirmidhi 1080, from Hadhrat Abu Ayyoob τ]

(5) An Important Act and its Virtue	Remaining in one's place after salaah

Rasulullaah ρ said that for as long as a person remains seated in his place in the state of wudhu after salaah, the angels continue praying to Allaah to forgive him and to have mercy on him.

[Bukhaari 445, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Failure to perform Hajj

Rasulullaah ρ reports that Allaah says, "When I grant good health to my servant and also sufficient means and five years pass without him presenting himself in My court (the Kabah), then he is most certainly a deprived person."

[Ibn Hibbaan 3773 from Hadhrat Abu Sa'eed Khudri τ]

(7) This World	Two greeds

Rasulullaah ρ said, "There are two greeds that can never be satiated; greed for knowledge that can never be satiated and greed for this world, which can also never be satiated."

[*Mustadrak* of Haakim 312, from Hadhrat Anas τ]

(8) The Aakhirah	The expanse of Jannah

Allaah says in the Qur'aan, "*(Instead of chasing after the things of this world, rather)* **Race towards the forgiveness of your Rabb and a Jannah, the width of which is like that of the sky and the earth** *(The length is unimaginable)***. It has been prepared for those who believe in Allaah and His Rusul. This** *(forgiveness and Allaah's pleasure)* **is the grace of Allaah which He gives to whoever He desires. Allaah is the Possessor of immense grace.**".

[Surah Hadeed, verse 21]

(9) Cures from the Qur'aan and Rasulullaah ρ	Precautionary measures

Rasulullaah ρ prohibited eating while lying on the stomach.

[Ibn Maajah 3370, from Hadhrat Abdullaah bin Umar τ]

By eating in this manner, food goes down with difficulty and digestion is adverselt affected.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Obey Allaah and His Rasool and do not turn away from him** *(do not oppose him by listening to evil ones)* **while you are listening** *(to the Qur'aan and other advices)***. Do not be like those** *(the Munaafiqeen and Kuffaar)* **who say, "We hear!" but they do not hear** *(with the intention of accepting what they hear)***.**".

[Surah Anfaal, verses 20-21]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

26

(1) Islaamic History	Hadhrat Ubaadah bin Saamit τ

Hadhrat Ubaadah bin Saamit τ belonged to the Khazraj tribe of Madinah and had accepted Islaam when Rasulullaah ρ was still in Makkah. He participated in all the battles and remained engrossed in acquiring the knowledge of Deen from the beginning. He taught Qur'aan to the men of Suffa and **was amongst the five men of the Ansaar who had mastered the learning of the Qur'aan and had also memorised the Qur'aan during the lifetime of Rasulullaah ρ.** When Shaam was conquered during the reign of Hadhrat Umar τ, he sent Hadhrat Ubaadah τ to teach the people of Shaam. Apart from the Taabi'een, many Sahabah ψ were also his students and have narrated Ahadeeth from him. Because of his profound knowledge, Hadhrat Umar τ appointed him as judge in Palestine. He passed away in the Palestinian town of Ramallah in the year 34 A.H.

(2) Rasulullaah ρ's Miracle	

Hadhrat Jareer bin Abdullaah τ reports that Rasulullaah ρ sent him to demolish the temple of the idol Dhul Khalasa. However, Hadhrat Jareer τ was unable to sit firmly on a horse and often fell off. When he mentioned this to Rasulullaah ρ, Allaah's Nabi ρ placed his hand upon Hadhrat Jareer τ's chest and made du'aa saying, "O Allaah! Make him firm upon his horse and make him amongst those who guide others to the straight path and those who are rightly guided to the straight path." Hadhrat Jareer τ says that after this, he never once fell off a horse and proceeded with a squadron of 150 horsemen to demolish the temple.

[Bukhaari 4357]

(3) A Fardh	Fasting

Allaah says in the Qur'aan, "**O you who have Imaan! Fasting has been made obligatory for you just as it was made obligatory for those before you** *(the Jews and Christians)***, so that you may develop Taqwa** *(fasting saves a person from sin because it develops self-restraint and drives away the passions that lead to sin)*".

[Surah Baqara, verse 183]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa for looking into the mirror

The following du'aa should be recited for looking into the mirror:

PUT ARABIC

TRANSLATION: O Allaah! Beautify my character just as you have beautified my appearance.

[Ibn Hibbaan 964, from Hadhrat Abdullaah bin Mas'ood τ]

(5) An Important Act and its Virtue	**Salaah in Jamaa'ah**

Rasulullaah ρ said that performing salaah in Jamaa'ah earns 27 times more reward than salaah performed individually.

[Muslim 1477, from Hadhrat Abdullaah bin Umar τ]

(6) A Sin	**Following the Deen to acquire the world**

Allaah says in the Qur'aan, "**Among man is one who worships Allaah like a person on edge** *(unsure and unstable, capable of being diverted from Allaah's worship by the smallest doubt)*. **If any good** *(of this world)* **comes to him, he is content with it** *(following the Deen)*. **However, if any trial overtakes him, his face turns** *(direction and he reverts to kufr)*. *(By doing this,)* **He is at a loss in this world and in the Aakhirah** *(because he will suffer in both worlds)*. **This is the manifest loss**".

[Surah Hajj, verse 11]

(7) This World	**Regarding the world as better than the Aakhirah**

Allaah says in the Qur'aan, "**However, they** *(most people)* **prefer the life of this world whereas the Aakhirah is much better and much more lasting**".

[Surah A'la, verses 16-17]

(8) The Aakhirah	**Those who will enter Jannah without reckoning**

Rasulullaah ρ said, "My Rabb has promised me that seventy thousand of my Ummah shall enter Jannah without reckoning and without suffering any punishment. With every seventy thousand there shall be another seventy thousand and my Rabb shall add another three handfuls to them."

[Tirmidhi 2437, from Hadhrat Abu Umaamah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of meat**

Rasulullaah ρ said that the best food that the people of this world and the people of Jannah will eat is meat.

[Ibn Maajah 3305, from Hadhrat Abu Dardaa τ]

Hadhrat Ali τ said, "Eat meat because it improved the complexion, prevents obesity and improved the personality."

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Do as much as you are capable of because when you tire of doing an act, Allaah will also tire of favouring you. The action most beloved to Allaah is that which is done regularly even though it may be little."

[Muslim 1827, from Hadhrat Aa'isha رضي الله عنها]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

27

(1) Islaamic History	**Hadhrat Haleema Sa'diyyah** رضي الله عنهما

Hadhrat Haleema Sa'diyyah رضي الله عنهما was the daughter of Abdullaah bin Haarith and the wife of Haarith bin Abdul Uzza. She was a trustworthy woman of excellent character and belonged to the Banu Sa'd tribe, who were renowned throughout Arabia for their eloquence. According to the Arab custom, this fortunate woman took Rasulullaah ρ home as a baby to suckle him and to rear him. She loved him dearly and daily saw manifestations of his blessings around her, which caused her love for him to grow even more. She cared for him for approximately 4 years before returning him to his mother. When she heard that Rasulullaah ρ had announced his Risalaat (Prophethood), she accepted Islaam together with her husband Haarith and son Shayma. Rasulullaah ρ revered her greatly, spread his shawl out for her to sit on and addressed her as his mother. He served her and tended to her needs. She migrated to Madinah and passed away there. She is buried in Jannatul Baqee.

(2) Allaah's Power	**Herbs**

Allaah has created various types of herbs, which people use for various purposes. Each of them have different characteristics and are used to treat various illnesses. While some are effective in treating fever, others are used to treat coughs, colds and many other ailments. Who has placed these medicinal properties in these herbs? It is only the One Allaah.

(3) A Fardh	**No share in Islaam for the one who does not perform salaah**

Rasulullaah ρ said that there is no place in Islaam for the person who does not perform his salaah and that there can be no salaah without wudhu.

[*Targheeb wat Tarheeb* 771, from Hadhrat Abu Hurayrah τ]

(4) A Sunnah	**Using the Miswaak across the width of the mouth**

Hadhrat Rabee'ah bin Aktham τ reports that Rasulullaah ρ used the Miswaak across the width of the mouth (from right to left and left to right).

[*Sunan Kubra* (Vol.1 Pg.40)]

(5) An Important Act and its	**Going to the Masjid in the**

Virtue	darkness

Rasulullaah ρ said, "Those who walk to the Masjid in the darkness will have perfect light on the Day of Qiyaamah."

[Abu Dawood 561, from Hadhrat Buraydah τ]

(6) A Sin	Missing the fasts of Ramadhaan

Rasulullaah ρ said, "When a person (intentionally) breaks a fast of Ramadhaan without a valid excuse, he will not be able to compensate for it even though he fasts all his life."

[Abu Dawood 2396, from Hadhrat Abu Hurayrah τ]

(7) This World	Earning the world when intending the Aakhirah

Rasulullaah ρ said, "Allaah grants this world when a person intends the Aakhirah, but refuses to grant the Aakhirah when a person intends this world."

[*Kanzul Ummaal* 7237, from Hadhrat Anas τ]

(8) The Aakhirah	The chains of Jahannam

Allaah says in the Qur'aan, "*(Addressing the angels of punishment, Allaah will say,)* **"Grab him** *(the one bound for Jahannam)* **and place a yoke around his neck!" Then enter him into the Blaze! Then fasten him in a chain seventy cubits in length."** *(A cubit of the Aakhirah is immensely longer than a cubit of this world.)*".

[Surah Haaqa, verses 30-32]

(9) Cures from the Qur'aan and Rasulullaah ρ	The secret of good health

Rasulullaah ρ said, "The stomach is the pond of the body and all the blood vessels are fuelled by the stomach. Therefore, when the stomach is healthy, the blood vessels transport this good health throughout the body and when the stomach is unhealthy, the blood vessels transport this ill health throughout the body."

[Tabraani in his *Awsat* 4494, from Hadhrat Abu Hurayrah τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Beware of a trial** *(punishment)* **that will affect not only the oppressive** *(wrongdoing)* **ones from you** *(but will affect the righteous as well because they did not make an effort to stop the others from sin despite having the ability to do so)* **! Know that surely Allaah is severe in punishment**".

[Surah Anfaal, verse 25]

(1) Islaamic History	Hadhrat Ummu Haani رضي الله عنهما

She was the daughter of Rasulullaah ρ's uncle Abu Taalib. Although she was known as Ummu Haani, her real name was Faakhta. She was married to Hubayra bin Amr. Even though she was convinced of the Risalaat (Prophethood) of Rasulullaah ρ, she only announced her conversion to Islaam after the conquest of Makkah in the year 8 A.H. She was fortunate to have Rasulullaah ρ as her guest when the Muslims conquered Makkah and Rasulullaah ρ also granted amnesty to anyone who sought refuge in her house. In fact, even the journey of Mi'raaj took place from her house. She would always ask Rasulullaah ρ about various regulations and one day asked, "O Rasulullaah ρ! I have grown old and feel too weak to walk about. Please inform me of an act that I can do while sitting down." Rasulullaah ρ then advised her to recite of سُبْحَانَ اللهِ ('Subhaanallaah') 100 times, الْحَمْدُ لِلَّهِ ('Al Hamdulillaah') 100 times, اللهُ أَكْبَر ('Allaahu Akbar') 100 times and لاَ إِلَهَ إِلاَّ اللهُ ('Laa Ilaaha Illallaah') 100 times. She lived for a long while after the demise of her brother Hadhrat Ali τ and passed away during the reign of Hadhrat Mu'aawiya τ.

(2) Rasulullaah ρ's Miracle	The blessings of Rasulullaah ρ's du'aa

Hadhrat Abu Zaid (Amr bin Akhtab) τ reports, "Rasulullaah ρ once passed his hand over my face and made du'aa for me (to be blessed)." As a result of this, he lived to the age of 120 years with only a few white hairs on his head.

[Tirmidhi 3629]

(3) A Fardh	Fasting is Fardh for all

Allaah says in the Qur'aan, "**So whoever among you witnesses this month** *(is alive during this month and capable of fasting)* **should fast in it**".

[Surah Baqara, verse 185]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	The du'aa to recite when Ramadhaan arrives

Hadhrat Ubaadah bin Saamit τ reports that when the month of Ramadhaan arrived, Rasulullaah ρ would recite the following du'aa:
PUT ARABIC
TRANSLATION: O Allaah! Grant me good health in Ramadhaan, make Ramadhaan a month of peace for me and accept my deeds.

[*Kanzul Ummaal* 24272]

(5) An Important Act and its Virtue	The virtue of the Janaazah salaah

Rasulullaah ρ said that the person who joins in only the Janaazah salaah will receive the reward of a Qiraat and the one who, after the Janaazah salaah, joins in the burial procedure as well will receive the reward of two Qiraat. He then explained that every Qiraat is equivalent to the size of a mountain.

[Bukhaari 1325, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Slandering chaste women

Allaah says in the Qur'aan, "**As for those who slander chaste women** *(accuse them of fornication or adultery)* **without presenting four** *(reliable)* **witnesses** *(who had witnessed the act explicitly)***, you should lash them** *(the accusers)* **eighty lashes and never accept their testimony** *(in a court hearing)* **ever again. These people are sinners except for those who repent thereafter and make amends** *(for the wrong they did)***.** *(Allaah will forgive such people because)* **Allaah is Most Forgiving, Most Merciful**".

[Surah Noor, verses 4-5]

(7) This World	The people of this world

Allaah says in the Qur'aan, "**However, when He** *(Allaah)* **tests him** *(man)* **by reducing his sustenance** *(to see whether he exercises patience)***, he says, "My Rabb has disgraced me!"** *(He therefore fails the test by complaining and thereafter flouting Allaah's commands in a desperate effort to acquire some wealth.)* **Never!** *(A shortage in sustenance does not indicate rejection by Allaah, just as an increase in sustenance does not indicate acceptance by Him.)* **Instead,** *(apart from being a test for you, your sustenance is sometimes decreased as a form of punishment because)* **you do not honour the orphan, do not encourage feeding of the poor...**".

[Surah Fajr, verses 16-18]

(8) The Aakhirah	The consequences of a hard reckoning

Rasulullaah ρ said, "On the Day of Qiyaamah, the person whose reckoning will be hard will certainly be punished."

[Bukhaari 6536, from Hadhrat Aa'isha رضي الله عنها]

(9) Cures from the Qur'aan and Rasulullaah ρ	Guarding one's health

Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ never blew into his food and drinks and never breathed into his dishes.

[Ibn Maajah 3288]

Doctors say that when a person blows into his food or breathes into it, the breath contains thousands of germs, which then get into the food. This then leads to harm for the person.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Ensure that you perform the Tahajjud salaah even though it be only for the duration between the milkings of a goat. **Whatever salaah is performed after the Isha salaah is regarded as Tahajjud."**

[Tabraani in his *Kabeer* 785, from Hadhrat Ayaadh bin Mu'aawiya τ]

(1) Islaamic History	Hadhrat Safiyya bint Abdil Muttalib رضي الله عنهما

Rasulullaah ρ had six paternal aunts from whom it was only Hadhrat Safiyya رضي الله عنها who accepted Islaam. She migrated to Madinah with her son Hadhrat Zubayr τ. She was extremely courageous and therefore accompanied the Muslim army for the Battle of Uhud. She and the band of women with her provided water for the Muslim army and treated the wounded. Although Rasulullaah ρ did not initially approve of them coming, he later consented. When the Kuffaar were gaining the upper hand over the Muslims, she encouraged the Muslims to fight. When her brother Hadhrat Hamzah τ was martyred and his body mutilated, Rasulullaah ρ forbade her from seeing the body, but she promised to bear it with patience. Rasulullaah ρ then permitted her and all she did was recite '*Innaa Lillaahi wa Innaa Ilayhi Raaji'oon*', perform salaah and make du'aa for her brother. During the Battle of the Trench, Rasulullaah ρ kept all the women in a fortress named Faari so that they may be safe from any harm from the Kuffaar. Seizing the opportunity, a Jew circled the fortress to get in. The Sahabi whom Rasulullaah ρ had appointed to guard over the fortress was an old man and unable to accost the Jew. Hadhrat Safiyya رضي الله عنها therefore killed him herself. This act of bravery pleased Rasulullaah ρ a great deal when he learnt of it. She passed away in the year 20 A.H. and was buried in Jannatul Baqee.

(2) Allaah's Power	The day and night

Allaah has catered for all the needs of mankind and has therefore created the day as well as the night. If a human is deprived of sleep, he will automatically fall asleep at some stage because his body is unable to cope without sleep. Allaah has therefore created the night so that the tiredness of the day's work can be extracted. Had all 24 hours been daylight, when would people have gotten the chance to get rest?

(3) A Fardh	It is Fardh to pay the dowry

Allaah says in the Qur'aan, "**Give women** ***(your wives)*** **their dowries with a good heart** ***(in good faith)*****. If they** ***(your wives)*** **give you a part of it** ***(if they reduce the amount)*** **of their own accord, then partake of it** ***(you may accept the reduction)*** **with welcome and happiness** ***(you will not be sinning by accepting it)***".

[Surah Nisaa, verse 4]

(4) A Sunnah	Treating servants well

Hadhrat Anas τ reports that he served Rasulullaah ρ for ten years, but not once did Rasulullaah ρ ever ask him why had done something he did or why he had not done something he was supposed to have done.

[Muslim 6011]

(5) An Important Act and its Virtue	Fasting is a means of safety from Jahannam

Rasulullaah ρ said, "When a person fasts a single day for the pleasure of Allaah, Allaah will place between him and Jahannam a trench as wide as the distance between the heavens and the earth."

[Tirmidhi 1624, from Hadhrat Abu Umaamah τ]

(6) A Sin	Performing hajj without delay

Rasulullaah ρ said that when a person fails to perform Hajj even though a tyrannical ruler or illness does not prevent him, it matters not whether he dies as a Jew or a Christian.

[Bayhaqi 3819 from Hadhrat Abu Umaamah τ]

(7) This World	That portion of the world that is of benefit

Rasulullaah ρ once said, "O Abu Dharr! That portion of this world which benefits your Aakhirah is not harmful, but that portion of this world is harmful which benefits only your life in this world."

[*Kanzul Ummaal* 8589, from Hadhrat Abdullaah bin Abbaas τ]

(8) The Aakhirah	The consequences of good and evil

Allaah says in the Qur'aan, "**Verily for the Kaafiroon We have prepared chains, yokes and a flaming fire** *(in the Aakhirah)*. *(On the other hand)* **The righteous** *(Mu'mineen)* **shall certainly drink from a cup which contains a** *(drink made from a)* **mixture of** *(water from the spring of)* **Kaafoor** *(which is)* **a spring** *(in Jannah)* **from which Allaah's bondsmen shall drink and which they shall cause to flow abundantly** *(wherever they wish)*".

[Surah Dahar, verses 4-6]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of eating at night

Rasulullaah ρ said, "Do not forsake eating at night (supper) even though it may be a handful of dates because forsaking the night meal brings on old age."

[Ibn Maajah 3355, from Hadhrat Jaabir τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O people! Remember Allaah's favour to you. Is there another creator besides Allaah who sustains you from the sky and the earth? There is no Ilaah but Him. So to where are you retrogressing** *(turning away from Towheed)* **?**".

[Surah Faatir, verse 3]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	30

(1) Islaamic History	Hadhrat Ummu Hakeem bint Haarith رضي الله عنهما

Hadhrat Ummu Hakeem رضي الله عنهما was the wife of Hadhrat Ikrama τ, the son of Abu Jahal and she was also the niece of Hadhrat Khaalid bin Waleed τ. When she witnessed the excellent character, the accomplishments and the merciful nature of Rasulullaah ρ upon the conquest of Makkah, she accepted Islaam. Meanwhile, her husband Hadhrat Ikrama τ fled Makkah and left for Yemen. She sought amnesty on his behalf from Rasulullaah ρ and then took permission from him to fetch her husband. When she arrived with him, Rasulullaah ρ announced to the Sahabah ψ, "Ikrama is coming to you as a Muslim and a Muhaajir". He then accepted Islaam at Rasulullaah ρ's hand. It is testimony to the truth of Islaam that these family members of the notorious Abu Jahal had all accepted Islaam. Hadhrat Ummu Hakeem رضي الله عنهما participated with her husband in the Battle of Yarmouk, where he was martyred. She then married Hadhrat Khaalid bin Sa'eed τ, who invited all the Mujaahideen there for the Waleema feast. They had hardly finished the feast when the Roman army attacked and Hadhrat Khaalid bin Sa'eed τ was also martyred in the ensuing skirmish. Hadhrat Ummu Hakeem رضي الله عنهما got hold of a tent peg and managed to kill seven Romans all by herself. She was then married to Hadhrat Umar τ and passed away during his Khilaafah in the year 14 A.H.

(2) Rasulullaah ρ's Miracle	The arrival of Rasulullaah ρ illuminates everything in Madinah

Hadhrat Anas τ reports that when Rasulullaah ρ arrived in Madinah, everything in Madinah was illuminated, but as soon as he passed away, the radiance left with him.

[Tirmidhi 3618]

(3) A Fardh	The Sajdah Sahw

Rasulullaah ρ said, "When any of you errs in salaah, he should perform Sajdah Sahw."

[Muslim 1283]

Sajdah Sahw will be Waajib (compulsory) when a person forgetfully omits a Waajib act of salaah or delays in carrying out a Fardh or Waajib act of salaah.

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**The du'aa for eating fruit**

The following du'aa should be recited when eating fruit:

PUT ARABIC

TRANSLATION: O Allaah! Bless us in our fruit, bless us in our city, bless us in our *Saa* and bless us in our *Mudd* (weights and measures).

[Muslim 3334, from Hadhrat Abu Hurayrah τ]

(5) An Important Act and its Virtue	**The virtue of sleeping after performing wudhu**

Rasulullaah ρ said, "When a person falls asleep in the state of wudhu, while engaged in the Dhikr of Allaah and then makes any du'aa concerning this world or the Aakhirah when he wakes up at night, Allaah will certainly accept the du'aa."

[Abu Dawood 5042, from Hadhrat Mu'aadh bin Jabal τ]

(6) A Sin	**Causing hurt to Allaah and His Rasool ρ**

Allaah says in the Qur'aan, "**Verily those** *(the Kuffaar)* **who hurt Allaah and His Rasool** ρ *(by ascribing partners to Allaah and rejecting the message and prophethood of Rasulullaah ρ)***, Allaah curses them in this world and in the Aakhirah, and He has prepared a humiliating punishment for them**".

[Surah Ahzaab, verse 57]

(7) This World	**Love for wealth and children**

Allaah says in the Qur'aan, "**Rivalry in amassing wealth has made you negligent** *(heedless of fulfilling Allaah's commands) and this rivalry will continue making you negligent)* **until you reach the graves** *(when you die)***. Never!** *(This rivalry will not benefit you!)* **Soon you will come to know** *(the errors of your ways)* **! Never!** *(This rivalry will certainly not benefit you, but)* **You will soon come to know**".

[Surah Takathur, verses 1-4]

(8) The Aakhirah	**The announcement that the grave makes every day**

Rasulullaah ρ said, "Every day, the grave announces, 'I am the home of solitude and insects. I am either an oven of fire or a garden of Jannah."

[Bayhaqi 430, from Hadhrat Sa'd bin Bilaal τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Abstaining from intoxicants**

Hadhrat Ummu Salamah رضي الله عنها reports that Rasulullaah ρ prohibited everything that intoxicates and which affects the mind.

[Abu Dawood 3686]

Physicians state that intoxicants harm the mind most and therefore need to be avoided.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ reports that Allaah says, "O My servants! I have forbidden oppression upon Myself, so do not oppress each other. O My servants! Each of you strays from the straight path except for those whom I guide, so seek guidance from me and I shall guide you. O My

servants! Each of you is hungry except for those whom I feed, so seek sustenance from me and I shall feed you. O My servants! Each of you is naked except for those whom I clothe, so seek clothing from me and I shall clothe you. You commit sins all day and night and it is only I Who can forgive sins, so seek forgiveness from Me and I shall forgive you."

[Muslim 6572, from Hadhrat Abu Dharr τ]

Madrasah in Just Five Minutes

Ramadhaan

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	1

(1) Islaamic History	Hadhrat Aadam υ

Hadhrat Aadam υ was the very first human being from whom the human race came in to existence. Before Allaah prepared his mould, Allaah said to the angels, "I shall soon be creating a creation that will have the honour of being My representative on earth." Allaah made the mould of Hadhrat Aadam υ from sand and then blew a soul into it, causing it to become a living human being. Allaah then commanded all the angels to prostrate before Hadhrat Aadam υ and they all obeyed the command with the exception of Shaytaan, who was too proud to do so. He said, "He is created from sand and I am created from fire." For this reason, Shaytaan became accursed and became the sworn enemy of Hadhrat Aadam υ and all his progeny.

(2) Allaah's Power	The honey factory

By His supreme power, Allaah has created the little bee which collects nectar from flowers and then stores it in hives. Allaah has granted the bee the craftsmanship to construct the hive out of a series of hexagonal cavities, each exactly the same size as the other. It is in these cavities that the bee stores the honey. What a great system has Allaah created for the manufacturing of this nutritious drink for mankind.

(3) A Fardh	The foundation of Islaam

Rasulullaah ρ said that five things form the foundation of Islaam; (1) to testify that there is none worthy of worship but Allaah and to testify that Muhammad ρ is the Rasul (Messenger) of Allaah, (2) to establish salaah, (3) to pay zakaah, (4) to perform Hajj and (5) to fast during Ramadhaan.

[Bukhaari, 8 from Hadhrat Abdullaah bin Umar τ]

(4) A Sunnah	Eating Sehri

A Sahabi τ reports that he once went to meet Rasulullaah ρ and found him eating Sehri. Rasulullaah ρ then said to him, "This is a blessed

meal that Allaah has granted you, so you should never forsake it."

[Nasa'ee 2164, from Hadhrat Abdullaah bin Haarith τ]

(5) An Important Act and its Virtue	The Taraaweeh salaah

Rasulullaah ρ said, "When a person stands in (Taraaweeh) salaah during the nights of Ramadhaan with Imaan and hope in the rewards from Allaah, then all his previous sins are forgiven."

[Bukhaari 37, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Haraam Nourishment

Rasulullaah ρ said, "I swear by the Being Who controls my life that because of a Haraam morsel that a person puts into his mouth, Allaah does not accept 40 days of his deeds."

[*Targheeb wat Tarheeb* 2484, from Hadhrat Abdullaah bin Abbaas τ]

(7) This World	Understand what is Halaal and Haraam

Rasulullaah ρ said, "There shall soon come a time when a person will not be concened whether his wealth is Halaal or Haraam."

[Bukhaari 2059, from Hadhrat Abu Hurayrah τ]

(8) The Aakhirah	Every person will be given their book of deeds

Allaah says in the Qur'aan, "**The book** *(every person's record of actions)* **shall be placed** *(given to them)* **and you will see the sinners** *(those whose records will be given in their left hands)* **afraid of what is contained in them** *(because it will condemn them to Jahannam)***. They will say, "We are destroyed! What is** *(the matter)* **with this book that** *(it is so thorough that)* **it does not leave anything** *(any intention or action)* **small or large unrecorded?" They will find their actions** *(which they carried out in the world)* **present** *(written in their records)* **and your Rabb shall not oppress anyone** *(neither will one be punished for a sin one did not commit nor deprived of reward for a good act carried out)*".

[Surah Kahaf, verse 49]

(9) Cures from the Qur'aan and Rasulullaah ρ	The Qur'aan is a cure for every ailment

Allaah says in the Qur'aan, "**We have revealed such a Qur'aan that is a cure** *(from physical and spiritual diseases)* **and mercy for the Mu'mineen**".

[Surah Bani Israa'eel, verse 82]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Worship Allaah only, be kind towards parents, relatives, orphans and the poor; speak kindly** *(in a good manner)* **to people** *(by encouraging them to do good, to stay away from evil and to speak the truth about Muhammad ε)***, establish salaah and** *(continue to)* **pay zakaah**".

[Surah Baqara, verse 83]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	2

(1) Islaamic History	Hadhrat Aadam υ comes to this world

Hadhrat Aadam υ lived in Jannah for a long while, but was restless because of the loneliness he felt. Allaah then created Hadhrat Hawwa رضي الله عنها from his left rib and then instructed them saying, "You both are free to eat and drink as much as you please, but do not go near that tree because you will then fall into error." Shaytaan whispered to them that by eating from the tree, they would live forever in Jannah. When Hadhrat Aadam υ then ate from the tree in error, Allaah removed from them the clothing of Jannah and sent them to earth. Hadhrat Aadam υ was very remorseful and continued weeping and repenting for a long period of time. Allaah then forgave them and they continued to live their lives on earth, thus starting off the human race.

(2) Rasulullaah ρ's Miracle	His miracle at birth

Hadhrat Abdur Rahmaan bin Auf τ reports from his mother Shifaa that when Rasulullaah ρ was born from his mother Hadhrat Aamina and she held him in her arms, he made the sounds all babies make. However, she then heard a voice saying, "(O Muhammad ρ) May your Rabb shower you with His mercy." Thereafter, a light appeared that illuminated everything from east to west to the extent that she could even see as far as Shaam.

[Dalaa'ilun Nubuwwah 77]

(3) A Fardh	The five daily salaahs and fasting are expiation for all past sins

Hadhrat Abu Hurayrah τ reports that Rasulullaah ρ said, "The five daily salaahs, one Jumu'ah salaah to another and one Ramadhaan to another expiate all sins committed in between on condition that no major sins are committed."

[Muslim 552, from Hadhrat Abu Hurayrah τ]

(4) A Sunnah	The du'aa at Iftaar

When Rasulullaah ρ terminated his fast (at Iftaar), he recited the following:

PUT ARABIC

TRANSLATION: O Allaah! I have fasted for You and it is with sustenance from You that I terminate the fast.

[Abu Dawood 2358, from Hadhrat Mu'aadh bin Zahrah τ]

(5) An Important Act and its Virtue	The virtue of the month of Ramadhaan

With regard to Ramadhaan, Rasulullaah ρ said, "This is a month the beginning of which is mercy from Allaah, the middle of which is forgiveness from Allaah and the end of which is freedom from Jahannam. When a person lightens the work of his servant during this month, Allaah will forgive him and free him from Jahannam."

[Saheeh Ibn Khuzaymah 1780, from Hadhrat Salmaan Faarsi τ]

(6) A Sin	Consuming interest

Allaah says in the Qur'aan, "**Those who consume interest shall not stand up** *(on the Day of Qiyaamah)* **except like him whom the Shaytaan has driven mad by his touch**".

[Surah Baqara, verse 275]

(7) This World	Preferring this world over the Aakhirah

Allaah says in the Qur'aan, "**Do you prefer the life of this world to the Aakhirah? The pleasure of this worldly life is but little** *(insignificant)* **compared to the** *(comfort and pleasures of the)* **Aakhirah**".

[Surah Towbah, verse 38]

(8) The Aakhirah	The three questions in the grave

Rasulullaah ρ once said that when a Mu'min enters the grave, two angels come to him, make him sit up and then ask, "Who is your Rabb?" When he tells them that his Rabb is Allaah, they ask further, "What is your Deen?" "My Deen is Islaam," he will reply. They will then ask, "Who is your Nabi?" To this, he will reply, "He is Muhammad Rasulullaah ρ."

[Abu Dawood 4753, from Hadhrat Baraa bin Aazib τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	A cure for every illness

Hadhrat Usaamah τ reports that some Bedouins once came to Rasulullaah ρ and asked whether they were allowed to treat their illnesses. Rasulullaah ρ replied, "Do treat them because Allaah has made a cure for every illness with the exception of one." When the Sahabah ψ asked what the one was, Rasulullaah ρ replied, "Old age."

[Ahmad 17986]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "When you end your fast, do so with dates because it is full of blessings. If you do not have dates, then have water because water purifies (both the inside and outside)."

[Tirmidhi 658, from Hadhrat Salmaan bin Aamir τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	3

(1) Islaamic History	Hadhrat Nooh υ

Allaah sent Hadhrat Nooh υ to guide people who worshipped idols. Although Hadhrat Nooh υ preached to his people for 950 years, only a few of them accepted his message. Although he tried every manner to preach to them, they exceeded all limits to harass him and jeer at him. Even his son chose to remain upon kufr and Shirk with the others. When Allaah informed him that none would accept his message afterwards, he made du'aa to Allaah to send such a punishment to them that would destroy them all without leaving any of them alive because their existence would only cause more kufr to spread. Allaah commanded him to build an ark so that all the Mu'mineen could board his ark when the storm came. A fierce storm then raged and all the Kuffaar were drowned in the flood. It then took a month before all the water had disappeared and on the day they disembarked from the ark, it was the day of Aashura (10th of Muharram). After the flood, it from was the three surviving sons of Hadhrat Nooh υ that the human race once again continued to flourish.

(2) Allaah's Power	Providing Water

Water is a great bounty of Allaah and the basis of all life on earth. Without water, all humans, animals and even plant life will die. However, by His great power, Allaah has stored a tremendous reserve of water in the oceans. It is from these oceans that the water is transported to dry lands in the form of clouds and then rain down. This rainwater is then accumulated underground for plants to extract water and for people to use for themselves as well as for their plantations. Allaah says in the Qur'aan, "*(According to Our wisdom,)* **We send stipulated quantities of water from the skies, embedding it into the earth** *(irrigating the roots of plants and storing underground water)***, and We are also capable of withdrawing it** *(whenever We wish, after which no other being can retrieve it)*".

[Surah Mu'minoon, verse 18]

(3) A Fardh	Performing the Isha and Fajr salaahs with Jamaa'ah

Rasulullaah ρ said, "When a person performs his Isha salaah in Jamaa'ah, it is as if he has spend half the night in Ibaadah and when he performs the Fajr salaah in Jamaa'ah, it is as if he has spend the entire night in Ibaadah."

[Muslim 1491, from Hadhrat Uthmaan τ]

(4) A Sunnah	Gargling the mouth after drinking milk

Rasulullaah ρ always gargled his mouth after drinking milk and said that this is because of the stickiness in the milk.

[Bukhaari 211, from Hadhrat Abdullaah bin Abbaas τ]

(5) An Important Act and its Virtue	The virtue of providing for a person's Iftaar

Rasulullaah ρ said, "When a person provides for the Iftaar of another, his sins will be forgiven, he will have secured freedom from Jahannam and he will receive the reward of the person's fast without his rewards being diminished in the least." The Sahabah ψ then asked, "But all of us do not have the means to provide for another person's fast?" Rasulullaah ρ replied, "Allaah will grant this reward even to the person who provides a single date, a sip of milk or a sip of water."

[Saheeh Ibn Khuzaymah 1780, from Hadhrat Salmaan Faarsi τ]

(6) A Sin	Failure to pay zakaah

Rasulullaah ρ said, "When a person with wealth does not pay his zakaah, his wealth will be transformed into a bald snake on the Day of Qiyaamah, with two black stripes over its eyes. This snake will then continue swallowing him until Allaah passes judgement between people."

[Ahmad 7698, from Hadhrat Abu Hurayrah τ]

(7) This World	Carrying out an act of the Aakhirah for worldly motives

Rasulullaah ρ said, "The person who carries out an act of the Aakhirah for worldly motives will have disgrace on his face, his name will be forgotten and will be written upon the gates of Jahannam."

[*Mu'jam Kabeer* 2085, from Hadhrat Jaarood τ]

(8) The Aakhirah	The promise of Jannah for the Muslims

Allaah says in the Qur'aan, "**Allaah promises the Mu'mineen men and the Mu'mineen women Jannaat beneath which rivers flow, where they shall live forever. And** *(in addition to this, Allaah also promises them)* **magnificent mansions in eternal Jannaat. The pleasure of Allaah is greatest** *(greater than any other bounty)* **! This is the ultimate success**".

[Surah Towbah, verse 72]

(9) Cures from the Qur'aan and Rasulullaah ρ	A cure for every illness in the Black Seed (*Kulunji*)

Rasulullaah ρ advised the use of the black seed, saying, "It is a cure for everything except death."

[Bukhaari 5687, from Hadhrat Aa'isha رضي الله عنها]

Allaama Ibn Qayyim رحمه الله has written that use of the black seed is effective in curing flatulence, phlegm and fever. If mixed with honey and taken with hot water, it is effective in removing stones from the kidney and bladder.

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**O people, eat of the lawful** *(that which has been declared lawful by Allaah and that which is lawfully acquired)* **and pure** *(and wholesome)* **things of the earth, and do not follow in the footsteps of Shaytaan** *(by making a Halaal thing Haraam or a Haraam thing Halaal)*. **Indeed, he is your open enemy. He** *(Shaytaan)* **instructs you only to commit evil acts, acts of immodesty and to attribute to Allaah such things about which you have no knowledge** *(no knowledge that these matters are from Allaah, such as the things that people declare Haraam by themselves or when they change the text of what Allaah has revealed)*".

[Surah Baqara, verses 168-169]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

4

(1) Islaamic History — Hadhrat Ibraheem υ

Hadhrat Ibraheem υ was born in Babylon in Iraq where the people worshipped idols. Hadhrat Ibraheem υ started to propagate his message to the people at home and then extended it to the king Nimrood and to all the people in the city. Hadhrat Ibraheem υ did his best to make the people see the wrong in worshipping their idols, but the people could not tolerate anything bad said or done against their idols. The king and the people therefore decided to burn Hadhrat Ibraheem υ. They therefore made a huge fire and threw Hadhrat Ibraheem υ into it. However, Allaah commanded the fire to become cool and peaceful for Hadhrat Ibraheem υ. When the people saw that the fire had no effect on Hadhrat Ibraheem υ, the good ones amongst them believed him to be a Nabi, but this made the king and the others even more antagonistic. Hadhrat Ibraheem υ therefore went to Palestine and then to Egypt. He successfully passed all the tests that Allaah gave him and was given the title of *Khaleelullaah* (the friend of Allaah). Hadhrat Ibraheem υ had three wives. They were:

1. Hadhrat Haajira رضي الله عنها, who was the mother of Hadhrat Ismaa'eel υ. It was Hadhrat Ismaa'eel υ whom Hadhrat Ibraheem υ left with his mother in the desert by the command of Allaah and with whom he later built the Kabah in Makkah.
2. Hadhrat Sarah رضي الله عنها from whom Hadhrat Is'haaq υ was born and from whose progeny came the Ambiyaa عليهم السلام of the Bani Israa'eel.
3. Hadhrat Qatoorah رضي الله عنها, from whom Hadhrat Madyan υ was born. It was after him that the city of Madyan was named, which was also known as Ayka.

Hadhrat Ibraheem υ is referred to as Abu Ambiyaa عليهم السلام (the father of the Ambiyaa عليهم السلام) because all the Ambiyaa عليهم السلام that came after him were all from his progeny.

(2) Rasulullaah ρ's Miracle — Trees and mountains greet Rasulullaah ρ

Hadhrat Ali τ reports that he once accompanied Rasulullaah ρ to an area of Makkah when they were still living there and noticed that every tree and mountain that Rasulullaah ρ passed greeted him with the words, "As Salaamu Alaykum Yaa Rasulallaah ρ".

[Tirmidhi 3626]

(3) A Fardh	Fasting during Ramadhaan

Allaah says in the Qur'aan, "**O you who have Imaan! Fasting has been made obligatory for you just as it was made obligatory for those before you** *(the Jews and Christians)*, **so that you may develop Taqwa** *(fasting saves a person from sin because it develops self-restraint and drives away the passions that lead to sin)*".

[Surah Baqarah, verse 183]

(4) A Sunnah	The du'aa after Iftaar

Rasulullaah ρ recited the following du'aa after Iftaar:

TRANSLATION: The thirst has been quenched, the veins have been moistened and the reward has been granted, Inshaa Allaah.

[Abu Dawood 2357, from Hadhrat Abdullaah bin Umar τ]

(5) An Important Act and its Virtue	The virtue of the Taraaweeh salaah

Rasulullaah ρ said, "Ramadhaan is a month in which Allaah has made the fasting Fardh (obligatory) and I have made the Taraaweeh salaah a Sunnah. When a person fasts during the days of this month and stands in the Taraaweeh salaah during the nights with conviction in Allaah's promises and with hope of being rewarded, he will be purified of his sins just as the day his mother gave birth to him."

[Ibn Maajah 1328, from Hadhrat Abdur Rahmaan τ]

(6) A Sin	Accepting a Deen other than Islaam

Allaah says in the Qur'aan, "**Whoever seeks a Deen besides Islaam** *(which is easy, complete, perfect, natural)*, **it shall never be accepted from him and he will be among the losers in the Aakhirah** *(because he will suffer punishment in Jahannam for rejecting the natural Deen and making and incorrect choice)*".

[Surah Aal Imraan, verse 85]

(7) This World	Never be impressed by the wealth that the Kuffaar possess

Allaah says in the Qur'aan, "**So do not let their** *(large amounts of)* **wealth and children impress** *(or overawe)* **you. Allaah intends to punish them with these** *(punish them by means of their wealth and children)* **in this worldly life and** *(Allaah intends)* **that their souls depart** *(from this world)* **while they are Kaafiroon.** *(Wealth and children therefore become a major cause of difficulty, anxiety and cause of destruction for people when Allaah uses them as a form of punishment.)*".

[Surah Towbah, verse 55]

(8) The Aakhirah	The mutual love between the people of Jannah

Rasulullaah ρ said, "Rasulullaah ρ said that the appearance of the first group to enter Jannah will be as resplendent as the 14th full moon and those after them will appear like the shining stars in the sky. They will all have the heart of a single person; free of malice and enmity. Each of them will have a pair of damsels of Jannah with such clear

complexions that the marrow of their legs will be visible from outside.

[Bukhaari 3246, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	The virtues of the Miswaak

Rasulullaah ρ said, "The Miswaak cleanses the mouth and pleases Allaah."

[Nasa'ee 5, from Hadhrat Aa'isha رضي الله عنها]

Allaama Ibn Qayyim رحمه الله writes that the Miswaak gives shine to the teeth, strengthens the gums, expels bad breath, clears the mind, purges phlegm, strengthens the eyesight and clears the voice.

[*Tibbun Nabawi*]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "When any of you sees evil being perpetrated, he should stop it with his hand. If he is unable to do this, then he should do so with his tongue and if he is unable to do even this, then he should at least regard it as an evil. This is the weakest form of Imaan."

[Muslim 177, from Hadhrat Abu Sa'eed Khudri τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

5

(1) Islaamic History — Hadhrat Moosa υ

Hadhrat Moosa υ was one of the most prominent of the Ambiyaa عليهم السلام amongst the Bani Israa'eel. It was out of fear for his birth that Fir'oun killed all the male children of the Bani Israa'eel. However, Allaah made Hadhrat Moosa υ grow up as a prince inside Fir'oun's very palace. Hadhrat Moosa υ later left Egypt and went to Madyan, where he met Hadhrat Shu'ayb υ, who handed his daughter Safoora رضي الله عنهما in marriage to Hadhrat Moosa υ after noticing his excellent character. Hadhrat Moosa υ was then on a journey out of Madyan and passing through the sacred valley of Tuwa when Allaah informed him that he was a Nabi, granted him several miracles and commanded him to invite Fir'oun towards the oneness of Allaah. Hadhrat Moosa υ invited Fir'oun and his people to the oneness of Allaah and even displayed his miracles, but Fir'oun called him a magician and refused to believe that he was a Nabi. Fir'oun therefore arranged a challenge between Hadhrat Moosa υ and the magicians of the land. Hadhrat Moosa υ defeated the magicians and all of them then accepted Imaan. Fir'oun was thus disgraced and the truth of what Hadhrat Moosa υ said was made apparent to all. However, when Fir'oun's pride and rebellion overstepped all limits, Allaah drowned him and Hadhrat Moosa υ and the Bani Israa'eel were forever saved from his oppression.

(2) Allaah's Power — The colour, taste and fragrance of fruit

There are so many different types of fruit, each with its individual colour, taste and fragrance. Where do these colours, tastes and fragrances come from? If you cut the trees at their roots, you will find only sand and no colour, taste or fragrance. Where do the colours of the apples, the redness of the watermelon and the sweetness of the mango come from? These are only from the treasures of Allaah, about which the Qur'aan states, "**To Allaah belongs the treasures of the heavens and the earth but the hypocrites do not understand** *(this)*".

[Surah Munaafiqoon, verse 7]

(3) A Fardh — Salaah is invalid without wudhu

Rasulullaah ρ said that there is no place in Islaam for the person who does not perform his salaah and that there can be no salaah without

wudhu.

[*Targheeb wat Tarheeb* 771, from Hadhrat Abu Hurayrah τ]

(4) A Sunnah — The Sunnah method of eating

1. Spread out a cloth on the floor
2. Wash both hands up to the wrists and do not wipe them
3. Recite the du'aa before eating
4. Sit in the Sunnah manner
5. Eat with the right hand
6. Eat from the food that is in front of you
7. Eat with three fingers
8. Do not recline and eat
9. Never find fault with the food
10. If a morsel falls out of your hand, pick it up and eat it
11. Never eat food that is very hot
12. Lick the fingers and clean the plate
13. Recite the du'aa after eating
14. Wash the hands after eating and gargle the mouth

(5) An Important Act and its Virtue — Being particular about four things in Ramadhaan

Rasulullaah ρ said, "Do four things in abundance during Ramadhaan. Two of them please Allaah and the other two are such that you cannot do without. Those that please Allaah are (1) recitation of Laa Ilaaha Illallaah and (2) engaging in Istighfaar. As for those that you cannot do without, they are (1) to ask for Jannah and (2) to seek protection from Jahannam."

[Saheeh Ibn Khuzaymah 1780, from Hadhrat Salmaan Faarsi τ]

(6) A Sin — The worst of sins

Someone once asked Rasulullaah ρ, "What is the worst sin in the sight of Allaah?" Rasulullaah ρ replied, "That you should ascribe any as partner to Allaah whereas it is He Who created you." "What sin comes next?" the question was then asked. Rasulullaah ρ replied, "That you kill your children for fear of poverty." When the person then asked what sin was next, Rasulullaah ρ replied, "To commit adultery with your neighbour's wife."

[Bukhaari 6001, from Hadhrat Abdullaah bin Mas'ood τ]

(7) This World — Earning Halaal sustenance

Rasulullaah ρ said, "Never think that your sustenance is far off because a person will never die until he has not received his allotted sustenance. You should therefore choose the best manner of earning your sustenance. Earn Halaal sustenance and forsake Haraam."

[Mustadrak 2134, from Hadhrat Jaabir τ]

(8) The Aakhirah — Eternal punishment of Jahannam

Allaah says in the Qur'aan, "**Indeed those who reject our Aayaat, We shall soon enter them into the** *(blazing)* **Fire. Whenever their skins melt** *(in Jahannam)***, We shall exchange them for** *(replace them with)* **fresh skins so that they may taste the** *(full extent of the continuous)* **punishment**".

[Surah Nisaa, verse 56]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Protection from serious diseases**

Rasulullaah ρ said that when a person licks on honey for three mornings a month, no serious disease can afflict him.

[Ibn Maajah 3450, from Hadhrat Abu Hurayrah τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Enter into Islaam** *(submit to the Shari'ah)* **completely** *(by wholeheartedly and willingly fulfilling all the commands of the Shari'ah)* **and do not follow in the footsteps of Shaytaan** *(who will tempt you to pick and choose only those aspects of Islaam that please you)* **for he is certainly your open enemy** *(he tempts you to do baseless things and to engage in innovations)*".

[Surah Baqarah, verse 208]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

6

(1) Islaamic History	**Hadhrat Yusuf υ**

Hadhrat Yusuf υ was the son of Hadhrat Ya'qoob υ, the grandson of Hadhrat Is'haaq υ and the great grandson of Hadhrat Ibraheem υ. He was born in Faddaan Araam in Iraq and then moved with his parents to Palestine. He was one of the twelve sons of Hadhrat Ya'qoob υ, but only Bin Yaameen was his real brother. The other 9 brothers had a different mother. Because Hadhrat Ya'qoob υ had more love for Hadhrat Yusuf υ and his brother Bin Yaameen, his half brothers became jealous of him and once threw him into a well, from where he was taken to Egypt by a group of travellers. There he was sold as a slave to one of the king's ministers. After living in a palace for a while, he spent approximately 9 years in prison after being falsely accused by the minister's wife. When he correctly interpreted the dream of the king and proposed an effective plan to run the country during a period of drought, he was released from prison and later ascended to the throne. He ruled with justice for approximately 80 years and together with believing in his Nabuwaat (Prophethood), the people also acknowledged him to be an excellent statesman and planner. He later passed away at the age of 110 years. Allaah has given a detailed account of his life in Surah Yusuf.

(2) Rasulullaah ρ's Miracle	**Slitting the moon**

One night Rasulullaah ρ was returning with a few of his Sahabah ψ from inviting the Kuffaar to Islaam when he met up with Abu Jahal and some of his companions. He said, "If you really are a true messenger, then tell your Allaah to make the moon split in two. We will then accept your Deen." Rasulullaah ρ then looked up to the moon and it split into two parts before rejoining after a while. However, Abu Jahal immediately said, "O Muhammad! You are truly a magician and have cast a magic spell over our eyes."

[Dalaa'il 204]

(3) A Fardh	**Distribution of inheritance**

Rasulullaah ρ said, "Distribute inheritance amongst the rightful heirs as commanded by the Book of Allaah."

[Muslim 4143, from Hadhrat Abdullaah bin Abbaas τ]

When a person passes away and leaves some wealth behind, it will be Waajib (compulsory) to distribute this wealth amongst his heirs. It is

not permissible to deprive any of the rightful heirs from their shares with a reason valid in the Shari'ah and it is also not permissible to give any of them less than they deserve.

(4) A Sunnah	**The du'aa when ending the fast as someone's guest**

The following du'aa should be recited when ending the fast as someone's guest:

PUT ARABIC

TRANSLATION: May fasting people (always) end their fasts with you, may the righteous ones eat your food and may the angels pray for you.

[Abu Dawood 3854, from Hadhrat Anas τ]

(5) An Important Act and its Virtue	**The virtue of Ibaadah during the month of Ramadhaan**

Speaking of Ramadhaan and its virtue over all the other months, Rasulullaah ρ said, "When a person stands in (Ibaadah) during Ramadhaan with Imaan and with hope of being rewarded, he will be purified of his sins just as the day his mother gave birth to him."

[Nasa'ee 2210, from Hadhrat Abu Salamah bin Abdur Rahmaan τ]

(6) A Sin	**Consuming the wealth of orphans**

Allaah says, "**Indeed those who unjustly eat** *(use)* **the wealth of orphans, they eat only fire in their bellies** *(because the end result of this will be their entry into Jahannam)***. Very soon they shall enter the Blaze** *(Jahannam)*".

[Surah Nisaa, verse 10]

(7) This World	**The pleasures of this world are temporary**

Allaah says in the Qur'aan, "**O people! Your corruption** *(Shirk, sin and oppression)* **is to your own detriment** *(because you will suffer the consequences in this world and especially in the Aakhirah)***. You enjoy the pleasures of this world** *(for a short while)***, then** *(when you die)* **you shall return to Us and We will inform you of what you used to do** *(and punish you for your sins)*".

[Surah Yunus, verse 23]

(8) The Aakhirah	**The lightest punishment to be suffered by the people of Jahannam**

Rasulullaah ρ said that the lightest punishment to be suffered by the people of Jahannam will be a person who will be made to wear shoes of fire, which will cause his brains to boil like a pot. He will be suffering the lightest punishment, but will think that his punishment is the worst.

[Muslim 517, from Hadhrat Nu'maan bin Baseer]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating haemorrhoids with figs**

Rasulullaah ρ advised the use of figs to treat haemorrhoids and joint pains.

[*Kanzul Ummaal* 28276, from Hadhrat Abu Dharr τ]

(10) Advice from Rasulullaah ρ

Hadhrat Abu Hurayrah τ reports that Rasulullaah ρ once took hold of his hand and said, "Abstain from Haraam and you will become the greatest worshipper. Be content with the distribution of Allaah and you will become the wealthiest of people. Be good to your neighbours and you will attain the most perfect Imaan. Like for others what you like for yourself and you will become a true Muslim. Do not laugh excessively because excessive laughter kills the heart.

[Tirmidhi 2305]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	7

(1) Islaamic History	Hadhrat Dawood υ

Hadhrat Dawood υ was made the Nabi of the Bani Israa'eel approximately 1000 years before the coming of Hadhrat Isa υ. Hadhrat Dawood υ killed the tyrannical king Goliath, thereby securing safety for the Bani Israa'eel. Allaah granted him both the honour of being a Nabi as well as being a king and he was therefore able to guide them as well as see to their administrative affairs. Hadhrat Dawood υ was the first Nabi after Hadhrat Aadam υ to be given the title of the Khalifah of Allaah. Allaah revealed the Zaboor to Hadhrat Dawood υ, which included injunctions that are similar to those in the Torah. However, a large portion of the Zaboor comprised of praises of Allaah, glad tidings, advices, words of wisdom and glorification of Allaah. Allaah gave Hadhrat Dawood υ such a voice that whenever he recited the Zaboor, humans, Jinn, birds, wild animals and even the mountains swayed in chorus to his recitation. He understood the language of the birds and could converse with them. Allaah also made metal become like wax in his hand so that he could mould and shape coats of armour as he pleased and use them to protect himself in battle against his enemies. He also sold armour as a means to earn his living. He successfully ruled the Bani Israa'eel for 40 to 70 years and eventually passed away while engaged in Ibaadah at the age of 100. He was buried in the city of Sayhoon.

(2) Allaah's Power	The sun is a sign of Allaah

Allaah has created the sun, which we perceive as a ball of fire and has been shining for thousands of years. It is from this sun that we receive heat and light and it rises every day from the east and sets each day in the west. Now think for awhile who it is that provides fuel for the sun for all these years? Where is all the fuel coming from that allows us to have heat and light each day? Who is it that causes it to rise and set with such precision each day? Without doubt, it is only Allaah, Who has created us and everything else.

(3) A Fardh	Performing the Qadhaa salaah

Rasulullaah ρ said, "When any of you forgets to perform salaah or sleeps though the time of salaah, then (as expiation) he should perform the salaah as soon as he remembers."

[Tirmidhi 177, from Hadhrat Abu Qataadahτ]

When a person misses the Fardh salaah for a valid reason or sleeps though the time, it will be Fardh (obligatory) for him to perform the Qadhaa salaah.

(4) A Sunnah	The Sunnah method of drinking

1. Drink with the right hand
2. Sit and drink
3. Look into the vessel while drinking
4. Recite Bismillaah before drinking
5. Drink in three sips
6. Recite the du'aa after drinking

(5) An Important Act and its Virtue	Assisting a Muslim

Rasulullaah ρ said, "A Muslim is the brother of another Muslim and should therefore never oppress him or leave him without help. When a person fulfils a need of his brother, Allaah will fulfil his needs. When a person alleviates the difficulty of a Muslim, Allaah will alleviate his difficulties in the Aakhirah and when a person conceals the faults of a Muslim in this world, Allaah will conceal his faults in the Aakhirah."

[Abu Dawood 4893, from Hadhrat Abdullaah bin Umar τ]

(6) A Sin	Suicide

Rasulullaah ρ said that the person who commits suicide by falling off a mountain will continue falling off a mountain in Jahannam forever. Similarly, the person who commits suicide by stabbing himself with an iron object will have the iron object in his hand in Jahannam and will continue stabbing himself forever. In a like manner, the person who commits suicide by swallowing poison will have poison in his hand in Jahannam and will continue swallowing it forever.

[Bukhaari 5778, from Hadhrat Abu Hurayrah τ]

When people take an overdose of pills or throw themselves off high buildings because of some domestic trouble or tension, they are really paving their paths to Jahannam.

(7) This World	The patience of the family of Rasulullaah ρ

Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ and his family would often remain hungry for many nights because they had no food for the night. What they usually did eat was only barley bread.

[Tirmidhi 2360]

(8) The Aakhirah	Good news for those with Taqwa

Allaah says in the Qur'aan, "**Those who adopt Taqwa will definitely be** *(enjoying themselves)* **in Jannaat and springs** *(in the Aakhirah)***.** *(Angels will welcome them to Jannah saying,)* **"Enter it** *(Jannah)* **with peace and safety** *(Here you will have no worries, fears, hardship, injuries or losses)***." We shall remove any ill-feelings** *(hatred and animosity towards other*

Muslims) **that may be in their breasts. As brothers** *(with love and affection for each other)* **they** *(the people of Jannah)* **will be seated on couches, facing each other** *(as equals)***. No difficulty shall afflict them there** *(in Jannah)***, neither will they be removed from there** *(they will live in Jannah forever)*".

[Surah Hijr, verses 45-48]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of Blackcurrants**

Hadhrat Abu Hind Daari τ reports that some blackcurrants were once presented as a gift to Rasulullaah ρ. When Rasulullaah ρ opened the package and saw them, he remarked, "Recite *Bismillaah* and eat these. Blackcurrants are An excellent food, which strengthen the nerves, alleviates old pains, cools the temper, removes bad breath and phlegm and also improves the complexion."

[*Tareekh Dimishq* by Ibn Asaakir]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**If you make your charity apparent** *(public)***, then this is good** *(if your intention is not to show off)***, but if you secretly give it to the poor, it will be better for you** *(and for the recipient because he will not be embarrassed)* **and it will remove some of your sins. Allaah is Informed of what you do** *(regardless of whether your actions are public or secret)*".

[Surah Baqarah, verse 271]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	8

(1) Islaamic History	**Hadhrat Sulaymaan υ**

Hadhrat Sulaymaan υ was the son of Hadhrat Dawood υ. He was born in Baytul Muqaddas and displayed immense wisdom and intelligence even as a young boy. Because of his intellect and ability to make sound judgement, his father would take his advice on many matters. When Hadhrat Dawood υ passed away, Hadhrat Sulaymaan υ was still young, but succeeded his father as king and also as Allaah's Nabi. Allaah granted him such a magnificent kingdom the likes of which have never been seen previously and will never be seen until Qiyaamah. Hadhrat Sulaymaan υ also knew the languages of all animals and he also had control over the winds, which, in just half a day, transported him over distances that would usually be covered in a month. Even the Jinn were subservient to him and it was with their labour that the Masjidul Aqsa was built. The Jinn would also dive into the oceans for him to extract precious stones, they built massive pots for him and carved out large dams for him from rock. These were some of the very many favours that Allaah had blessed him with. Hadhrat Sulaymaan υ passed away while leaning on his staff as he watched over the Jinn as they built Baytul Muqaddas. He was then ??? years of age

(2) Rasulullaah ρ's Miracle	**Blessings in Food**

Hadhrat Anas τ reports that when Rasulullaah ρ married Hadhrat Zaynab bint Jahash رضي الله عنهما, Hadhrat Ummu Sulaym رضي الله عنهما sent Hadhrat Anas τ with some food to Rasulullaah ρ. She also send him with a message to convey Salaams and to say that this little food is for Rasulullaah ρ. When Rasulullaah ρ received the food, he placed it in a corner of the room and sent Hadhrat Anas τ to invite the Sahabah ψ for a meal. This occurred during a time of difficulty and three hundred Sahabah ψ turned up for the meal. Rasulullaah ρ called them in to eat in groups of ten until they were all filled. When Hadhrat Anas τ looked into the dish after all had eaten, he noted that there was as much food left over as there had been when the food was sent.

[Muslim 3507]

(3) A Fardh	**It Is Fardh to choose a profession that is Halaal**

Rasulullaah ρ said, "After fulfilling Allaah's rights and the Faraa'idh, it is Fardh (obligatory) for every Muslim to adopt a manner of earning that

is Halaal.

[Tabraani in his *Kabeer* 9851, from Hadhrat Abdullaah bin Mas'ood τ

(4) A Sunnah	**The du'aa to recite after paying zakaah**

Rasulullaah ρ said, "When you pay your zakaah, do not forget the rewards and recite the du'aa:

PUT ARABIC

TRANSLATION: O Allaah! Make this (zakaah) a means of benefit and not a penalty.

[Ibn Maajah 1797, from Hadhrat Abu Hurayrah τ]

(5) An Important Act and its Virtue	**Sadaqah averts calamities**

Rasulullaah ρ said, "Sadaqah shuts the door to seventy calamities."

[Tabraani in his *Kabeer* 6724, from hf Raafi bin Khudayj τ]

Rasulullaah ρ also said, "Sadaqah cools the anger of your Rabb and safeguards against a bad death."

[Tirmidhi 664]

(6) A Sin	**Murdering a Muslim**

Allaah says, "**Whoever purposely murders a Mu'min** *(regarding his act as a permissible act)*, **his punishment shall be Jahannam where he shall live forever. Allaah shall be angry with him, curse him and prepare for him a dreadful punishment**".

[Surah Nisaa, verse 93]

(7) This World	**Boasting about the bounties of this world**

Allaah says in the Qur'aan, "**Allaah increases sustenance for whoever He pleases and reduces** *(sustenance for whoever He pleases)*. **They** *(the Kuffaar)* **rejoice** *(boast)* **about** *(their wealth and positions in)* **the life of this world whereas the life of this world is a worthless article in comparison with the Aakhirah** *(therefore, despite their boasting, they have nothing if they do not earn the pleasures of the Aakhirah)*".

[Surah Ra'd, verse 26]

(8) The Aakhirah	**A tree in Jahannam**

Rasulullaah ρ said, "If just as drop from the tree of Zaqqoom has to fall on earth, it will be difficult for people to live on earth because of its bitterness. What then will the state be of the people of Jahannam when their food will only be Zaqqoom."

[Tirmidhi 2585, from Hadhrat Abdullaah bin Abbaas τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating a weak heart**

Rasulullaah ρ said, "Use oranges because it strengthens the heart."

[*Kanzul Ummaal* 28253]

Muhadditheen state that orange juice cleanses the stomach, effectively stops nausea and vomiting and increases the appetite.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Assist your Muslim brother when he is oppressed and when he is the oppressor." "O Rasulullaah ρ!" one of the Sahabah

ψ asked, "I can certainly help him if he is oppressed, but how do I help the oppressor?" Rasulullaah ρ replied, "By preventing him from oppression. This is how the oppressor is helped."

[Bukhaari 6952, from Hadhrat Anas τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	10

(1) Islaamic History	Hadhrat Isa υ

Hadhrat Isa υ has the distinction of being born without a father. When the people slandered his mother Hadhrat Mryam رضي الله عنها for this, Allaah made Hadhrat Isa υ speak up to clear his mothers name even though he was a newborn baby. He said, "I am Allaah's servant and messenger of Allaah, whom Allaah shall grant the Injeel. Allaah has also commanded me to perform salaah and to pay zakaah." At that time, the Bani Israa'eel held beliefs that were akin to the beliefs of the Mushrikeen and spiritual diseases like hatred and jealousy were common amongst them. They used to alter Allaah's commands, oppose the Ambiyaa عليهم السلام and even went to the extreme of murdering the Ambiyaa عليهم السلام. It was in such a climate that Hadhrat Isa υ called the people to the obedience and worship of Allaah, to accept Him as their Rabb and to tread the straight path. He also told them that he came to confirm the Torah that was revealed to Hadhrat Moosa υ and to give them the good news of a Nabi to come after him whose name shall be Ahmad (Rasulullaah ρ). He instructed the people to believe in Rasulullaah ρ and the Qur'aan that will be revealed to him. he told them that whoever will follow Rasulullaah ρ will be successful. The people who believed in Hadhrat Isa υ were called the Hawaariyyeen.

(2) Allaah's Power	The stars

Apart from the sun and moon that we see, we also see countless stars that appear as small shining objects in the sky. They are really not small, but are several times larger than the sun and the moon. They appear so small because they are so far away. It is only Allaah Who keeps them shining and stationed where they are.

(3) A Fardh	The fasts of Ramadhaan

Allaah says in the Qur'aan, "**So now you may have relations with them** *(your wives)* **and seek** *(through such relations)* **that which Allaah has destined for you** *(children and not merely carnal gratification)*. **Eat and drink** *(throughout the night)* **until the white thread of** *(true)* **dawn becomes distinct to you from the black thread** *(the night)*. **Then** *(when dawn is clearly visible, stop eating and)* **complete the fasts until nightfall** *(sunset)*".

[Surah Baqarah, verse 187]

During the days of Ramadhaan it is Fardh (obligatory) to abstain from eating drinking and sexual relations with one's wife from dawn to sunset.

(4) A Sunnah	The Sunnah method of

	performing wudhu

1. Make the intention for wudhu
2. Start with Bismillaah
3. Wash both hands up to the wrists
4. Brush the teeth with a Miswaak or rub the teeth with the finger if no Miswaak is available
5. Gargle thrice
6. Rinse the nostrils thrice
7. Make Khilaal of the fingers and toes when washing them
8. Wash each limb thrice
9. Make Masah of the entire head once
10. Make Masah of the ears with the Masah of the head
11. Wash each limb in quick succession of the other
12. Make wudhu in the proper sequence

(5) An Important Act and its Virtue	The virtue of Sadaqah

Rasulullaah ρ said, "Wealth never depletes with Sadaqah. When a person gives Sadaqah, the wealth reaches Allaah's hand before it reaches the hand of the recipient."

[Tabraani in his Kabeer 11982, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin	Usurping land

Rasulullaah ρ said, "The one who usurps even a hand's span of land, will have all seven earths placed as a yoke around his neck on the Day of Qiyaamah."

[Bukhaari 2453, from Hadhrat Aa'isha رضي الله عنها]

(7) This World	Adopt simplicity in this world

Rasulullaah ρ once said, "O Aa'isha! If you wish to meet with me (in the Aakhirah), then be content with so much in this world as the provisions that a traveller would take along with him on a journey. Never discard a garment until you have patched it and keep away from the company of the wealthy."

[Tirmidhi 1780]

(8) The Aakhirah	The fruit of Jannah

Allaah says in the Qur'aan, "**Its shade** *(the shade of the trees)* **will be close above them and its bunches of fruit will hang low** *(from the trees, making it within easy reach)*".

[Surah Dahar, verse 14]

(9) Cures from the Qur'aan and Rasulullaah ρ	Cow's milk

Rasulullaah ρ said, "Drink cow's milk. Because it grazes on every type of plant, it is a cure for every illness."

[Mustadrak 8224, from Hadhrat Abdullaah bin Mas'ood τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**There should be a group from you** *(the Ulema and those adequately trained for this purpose)* **who invite towards** *(all that is)* **good, command** *(others to*

do) **what is right and forbid** *(others from)* **evil. These** *(people who do this)* **are indeed the successful ones** *(those who have reached their goal)*. *(The good and evil mentioned in this verse refer to what the Shari'ah defines as good and evil)*".

[Surah Aal Imraan, verse 104]

(1) Islaamic History	The miracles of Hadhrat Isa υ

To prove his Nabuwaat (Prophethood), Allaah granted Hadhrat Isa υ many miracles. Firstly, he was born without a father. Thereafter, as a newborn baby, he cleared his mother's name. Allaah also granted him the ability to bring the dead back to life and to cure lepers and the blind. He would also make birds out of sand, blow into them and they would fly away. He was also able to tell people what they were storing in their homes and by his du'aa, a tablecloth laden with food descended from the heavens. He was raised alive to the heavens and will return to this world just before Qiyaamah. These miracles are all mentioned in the Qur'aan. When Hadhrat Isa υ started to call people towards Imaan and Towheed, his popularity spread rapidly amongst the people. However, the Jews saw him as a threat and convinced the king of the time to assassinate him. They then had the house surrounded in which Hadhrat Isa υ sat with his disciples. While the disciples managed to flee, Allaah raised Hadhrat Isa υ into the heavens and made one of the Jews look exactly like Hadhrat Isa υ. This Jew was then captured and crucified in the belief that he was Hadhrat Isa υ.

(2) Rasulullaah ρ's Miracle	Strengthening memory

Hadhrat Abu Hurayrah τ reports that he once said to Rasulullaah ρ, "O Rasulullaah ρ! There are many Ahadeeth that I have heard from you, but have forgotten them." Rasulullaah ρ then told Hadhrat Abu Hurayrah τ to spread out his shawl. When he had done so, Rasulullaah ρ took it in his hands and then told Hadhrat Abu Hurayrah τ to wear it, which he did. Thereafter, Hadhrat Abu Hurayrah τ says, he never forgot anything that he heard from Rasulullaah ρ.

[Bukhaari 3648]

(3) A Fardh	The status of salaah

Rasulullaah ρ said, "The one who has no wudhu has no salaah and whoever has no salaah has no Deen. The status of salaah in Islaam is like the head in the body. Just as a body cannot live without the head, so too can Deen not live without salaah."

[*Targheeb wat Tarheeb* 518, from Hadhrat Abdullaah bin Umar τ]

(4) A Sunnah	The du'aa for the night of Qadr

Hadhrat Aa'isha رضي الله عنها once asked Rasulullaah ρ what du'aa she was to recite if she ever knew which night was the night of Qadr. Rasulullaah ρ

advised her to recite the following du'aa:

TRANSLATION: O Allaah! Indeed You are Forgiving and love to forgive, so do forgive me.

[Tirmidhi 3513]

(5) An Important Act and its Virtue	**The Ishraaq salaah**

Rasulullaah ρ stated that when a person remains seated after completing the Fardh of the Fajr salaah in Jamaa'ah, engages in Dhikr until sunrise and then performs two Rakaahs (*Ishraaq*) salaah, he will attain the rewards of a complete Hajj and Umrah.

[Tirmidhi 586, from Hadhrat Anas τ]

(6) A Sin	**The consequences of Kufr and Shirk**

Allaah says in the Qur'aan, "**Allaah has definitely forbidden Jannah for the one who attributes a partner to Allaah** *(commits Shirk)* **and his abode shall be the Fire** *(of Jahannam)*. **The oppressors** *(Mushrikeen)* **will have no helpers** *(to save them from Allaah's punishment)*".

[Surah Maa'idah, verse 72]

(7) This World	**The things of this world are temporary**

Allaah says in the Qur'aan, "**What** *(pleasures and wealth)* **is with you** *(in this world)* **shall come to an end and what is with Allaah** *(the pleasures of the Aakhirah)* **will last forever. We shall most definitely reward those who are exercise sabr for the good deeds that they do**".

[Surah Nahl, verse 96]

(8) The Aakhirah	**The state of people on the Day of Qiyaamah**

Rasulullaah ρ said, "According to their actions, people will be immersed in their perspiration on the Day of Qiyaamah. Some will be immersed up to their ankles, others up to their knees and there will be others whose perspiration will reach from their feet right up to their mouths and, like reins, it will go into their mouths."

[Muslim 7206, from Hadhrat Miqdaad bin Aswad τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Watermelon**

Rasulullaah ρ said that watermelon taken before eating cleanses the stomach and eliminates the root of diseases.

[Ibn Asaakir Vol.6 Pg.102]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "O Aa'isha! Always be gentle because Allaah Himself is Gentle and He loves gentleness. He also gives as much in return for gentleness that He does not give for sternness or for anything else."

[Muslim 6601, 6603, from Hadhrat Aa'isha رضي الله عنها]

(1) Islaamic History	**The Birth, Family and Upbringing of Rasulullaah ρ**

Rasulullaah ρ was born amongst the honourable Arab tribe of the Quraysh in Makkah. He was born on Monday during the month of Rabee ul Awwal. His father's name was Abdullaah, who passed away before Rasulullaah ρ was born. It was his grandfather Abdul Muttalib who names him Muhammad. His mother Aamina was the daughter of the chief of the Banu Zuhrah tribe and she was held in honour and esteem by all the women of the Quraysh. According to the custom of the Arabs, Rasulullaah ρ was sent to a wet nurse when he was born. He therefore stayed approximately four years with Hadhrat Haleema Sa'diyyah رضي الله عنها, who belonged to the Banu Sa'd tribe. He then returned to his mother in Makkah, but stayed only two years with her until she passed away. He was then taken into the care of his grandfather Abdul Muttalib. However, he lost his beloved grandfather after two years when he was only eight years of age. It was then that his paternal uncle Abu Taalib took him under his wing.

(2) Allaah's Power	**The creation of man**

One of the wonders in the manner in which Allaah has created man is that the body forms in a place where there is neither air nor light. In this threefold darkness, the eyes are created, the ears are created, the hands with their fingers and even their nails and individual prints are created. All of this together with the unique appearance of every person is created within this dark place. Allaah says, "**He is the One who fashions** *(creates and shapes)* **you in the wombs as He pleases.** *(It stands to reason that something that is created cannot be worshipped.)* **There is no Ilaah besides Him, The Mighty, The Wise**".

[Surah Aal Imraan, verse 6]

(3) A Fardh	**Fasting when ill or on journey**

Allaah says in the Qur'aan, "**those who are ill or on journey, then** *(they should make up for the missed fasts by fasting)* **the same number of days at another time**".

[Surah Baqara, verse 185]

If a person is unable to fast due to illness during the month of Ramadhaan or due to a journey that he has to undertake, it will be Waajib (compulsory) for him to make up for the missed fasts after Ramadhaan.

(4) A Sunnah	**The Surahs that are Masnoon**

	to recite in the Witr salaah

In the Witr salaah, Rasulullaah ρ used to recite Surah A'laa the first Rakaah, Surah Kaafiroon in the second Rakaah and Surah Ikhlaas in the third Rakaah.

[Nasa'ee 1738, from Hadhrat Abdur Rahmaan bin Abza τ]

(5) An Important Act and its Virtue	**The promise of Jannah for raising an orphan**

Rasulullaah ρ said, "When a person assumes the responsibility of providing for an orphan, Allaah shall certainly admit him into Jannah unless he had committed a sin that cannot be forgiven."

[Tirmidhi 1917, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin	**The punishment for backbiting**

Rasulullaah ρ related that when he went on Mi'raaj, he saw people with nails made of red copper, which they were using to scratch at their faces and chests, causing deep wounds in them. "Who are these people?" Rasulullaah ρ asked Hadhrat Jibra'eel υ. Hadhrat Jibra'eel υ informed Rasulullaah ρ that these were the people who ate the flesh of others in the world, meaning that they used to backbite and dishonour others.

[Abu Dawood 4878, from Hadhrat Anas τ]

(7) This World	**Not making this world an objective of life**

Rasulullaah ρ said that when a person makes this world the objective of his life and only travels and thinks about it all the time, Allaah will place poverty and hunger before his eyes (he fears it all the time and worries what will happen to him). He will thus spend all his time in this worry even though he will receive only that much of this world as is decreed for him.

[*Targheeb wat Tarheeb* 2463, from Hadhrat Anas τ]

(8) The Aakhirah	**The frightful scene of the Day of Qiyaamah**

Allaah says in the Qur'aan, "**O people! Fear** *(the punishment of)* **your Rabb** *(by obeying His commands)***. The earthquake of** *(the Day of)* **Qiyaamah is a tremendous thing indeed. When you will witness the day** *(of Qiyaamah)***,** *(you will see that people will be so frightened and worried that)* **every nursing mother will forget her suckling infant and every pregnant woman will abort** *(her unborn child)***. You will also see people in a drunken stupor although they will not be drunk, but** *(they will be in this condition because they will realise that)* **Allaah's punishment is severe** *(Worried that they should not have to face His punishment, people will be oblivious of everything else)*".

[Surah Hajj, verses 1-2]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating the ill with *Talbina***

Hadhrat Aa'isha رضي الله عنها used to advise people to prepare *Talbina* to treat the ill, saying, "I have heard Rasulullaah ρ say that Talbina pacifies the heart of the ill and dispels grief and distress."

[Bukhaari 5689]

Talbina is made by mixing crushed barley with milk and then adding honey to sweeten it.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Obey Allaah, obey the Rasool ρ and those in command among you** *(your leaders and authorities in all fields, such as the Imaams of Jurisprudence in Fiqh)***. If you dispute regarding any matter, then refer it to Allaah** *(find the solution in the Qur'aan)* **and the Rasool ρ** *(or find the solution in the Ahaadeeth)* **if you believe in Allaah and the Last Day. This is best** *(for all)* **and gives the best result** *(because you will then not be basing your decisions on your personal opinions)*".

[Surah Nisaa, verse 59]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

13

(1) Islaamic History — A Historical decision

A few years before Rasulullaah ρ announced his Nabuwaat (Prophethood), the need arose to reconstruct the Kabah. All the tribes of Makkah lent a hand in the construction and worked amicable together until the time came to place the *Hajar Aswad*. It was then that a dispute arose since each tribe wanted this honour. Swords were drawn and bloodshed was imminent when one of the elders advised that the decision would be given to the first person who entered the Haram the following morning. When the people saw that the first person to enter was Rasulullaah ρ, they all concurred, "It is Ameen (the trustworthy). We shall all be pleased with his decision." Rasulullaah ρ then asked for a shawl, upon which the *Hajar Aswad* was placed. The leader of each tribe then collectively held the shawl and carried it to the Kabah. Rasulullaah ρ then took it and put it in its place. In this way, he managed to avert a potential crisis.

(2) Rasulullaah ρ's Miracle — Calming a shaking mountain

Rasulullaah ρ was once on Mount Uhud with Hadhrat Abu Bakr τ, Hadhrat Umar τ and Hadhrat Uthmaan τ when the mountain started to quake. Rasulullaah ρ then struck his foot on the ground and said, "Do be still. There is a Nabi, a Siddeeq and two martyrs upon you." (The mountain then stopped quaking)

[Bukhaari 3675]

It then happened just as Rasulullaah ρ said and both Hadhrat Umar τ and Hadhrat Uthmaan τ were martyred.

(3) A Fardh — Responding to the Adhaan

Rasulullaah ρ said, "When a person hears the caller (Mu'adhin) and does not proceed for the salaah, this (act) is sheer injustice, Kufr and hypocrisy."

[Tabraani in his Kabeer 16804, from Hadhrat Mu'aadh bin Anas τ]

(4) A Sunnah — The du'aa for forgiveness from sins

The following du'aa should be recited for forgiveness of sins and to attract the mercy and benevolence of Allaah. This is the du'aa that Hadhrat Aadam υ and Hadhrat Hawwa رضي الله عنهما recited to secure their forgiveness.

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TRANSLATION: O our Rabb! We have wronged our souls and will surely be amongst the losers if You do not forgive us and show mercy to us.

[Surah A'raaf, verse 23]

(5) An Important Act and its Virtue — The recompense for forgiving people

Rasulullaah ρ said, "An announcement will be made on the Day of Qiyaamah stating, 'Where are all those people who forgave mistakes? They should come forward and collect their prizes from their Rabb because every person in the habit of forgiving (others) is entitled to Jannah.'"

[*Kanzul Ummaal* 7012, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin — Regarding Hadhrat Isa υ to be Allaah

Allaah says in the Qur'aan, "**Indeed those people have committed kufr who say that Allaah certainly is Maseeh the son of Maryam** *(Isa υ)*. **The Maseeh** *(Isa υ)* **had told them, "O Bani Israa'eel! Worship Allaah Who is my Rabb and your Rabb! Allaah has definitely forbidden Jannah for the one who attributes a partner to Allaah** *(commits Shirk)* **and his abode shall be the Fire** *(of Jahannam)*. **The oppressors** *(Mushrikeen)* **will have no helpers** *(to save them from Allaah's punishment)*"".

[Surah Maa'idah, verse 72]

(7) This World — The consequences of those who desire this world

Allaah says in the Qur'aan, "**Whoever desires the pleasures of this world, We shall speedily grant** *(him/her)* **whatever We will** *(not necessarily what s/he wills)* **for whoever We will** *(and not for everyone who wills)* **in this very world, and then We will appoint Jahannam for him. He will enter it admonished** *(condemned)* **and rejected**".

[Surah Bani Israa'eel, verse 18]

(8) The Aakhirah — Five questions on the Day of Qiyaamah

Rasulullaah ρ said that no person will be able to take a step on the Day of Qiyaamah without answering five questions; (1) about his life and how he spent it, (2) about his youth and how he spent it, (3) about how he earned his wealth, (4) about how he spent it and (5) how he utilised the knowledge he possessed.

[Tirmidhi 2416, from Hadhrat Abdullaah bin Mas'ood τ]

(9) Cures from the Qur'aan and Rasulullaah ρ — Cleansing the stomach

Rasulullaah ρ said, "Eat pomegranates together with their inner skins because this cleanses the stomach."

[Ahmad 22726, from Hadhrat Ali τ]

Allaama Ibn Qayyim رحمه الله writes that together with strengthening the stomach, pomegranates are also beneficial in curing people from coughs that they have been suffering from for a long time.

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Keep away from other people's women and your

women will also remain chaste. Treat your parents well and your children will also treat you well."

[*Mustadrak* of Haakim 7258, from Hadhrat Abu Hurayrah τ]

(1) Islaamic History	Rasulullaah ρ announces his Nabuwaat

Rasulullaah ρ was engaged in worshipping Allaah in the cave of Hira when the time arrived for his Nabuwaat (Prophethood) to be made manifest. Hadhrat Jibra'eel υ came to him in the cave and said, "Read!" "I am unable to read," Rasulullaah ρ submitted. Hadhrat Jibra'eel υ then held Rasulullaah ρ and embraced him so hard that Rasulullaah ρ actually felt pain. He then let go of Rasulullaah ρ and repeated the instruction to read. When Rasulullaah ρ again told him that he was unable to read, Hadhrat Jibra'eel υ again embraced him and then said, "Read in the name of your Rabb Who created…." This (Surah Alaq) was the first revelation that came to Rasulullaah ρ. After retuning from the cave, Hadhrat Khadeeja رضي الله عنها accompanied Rasulullaah ρ to Waraqa bin Naufal, who was a learned Christian scholar. He confirmed the fact that Rasulullaah ρ was the final Nabi about whom the previous scriptures had foretold.

(2) Allaah's Power	Who causes the plants to grow?

Seeds are covered by a very hard shell that we often cannot even bite through. However, when the same seed is placed in the soil, a fragile and small shoot sprouts through this hard shell and gradually breaks through the ground above. Who is it that causes this shell to split and the little shoot to break through? Allaah says in the Qur'aan, "**Undoubtedly Allaah is the One Who splits the seed and the date stone**".

[Surah An'aam, verse 95]

(3) A Fardh	Giving zakaah to the rightful recipients

Rasulullaah ρ said, "Verily Allaah has not left the (specifying of the) rightful recipients of zakaah to any Nabi or anyone else. Allaah has specified them himself and has determined that they be eight shares."

[Abu Dawood 1630, from Hadhrat Ziyaad bin Haarith τ]

It is necessary to give zakaah only to the specified recipients. If it given to anyone else, the zakaah will not be discharged.

(4) A Sunnah	The Sunnah method of taking Ghusl

When Rasulullaah ρ took a Ghusl, he first washed his hands. He then

poured water with the right hand on to the left and washed the places of Istinja. Thereafter, he performed the wudhu of salaah and then used his fingers to ensure that water reached the roots of his hairs. He then took water in both hands three times and, one after the other, he poured water over his head and his entire body.

[Muslim 718, from Hadhrat Aa'isha رضي الله عنها]

(5) An Important Act and its Virtue	**The virtue of weeping out of fear for Allaah**

Rasulullaah ρ said, "When a person weeps out of fear for Allaah, it will as impossible for him to enter Jahannam as it is for milk to return to the udders it came from."

[Nasa'ee 3109, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Depriving an heir of his inheritance**

Rasulullaah ρ said, "The person who flees from giving inheritance to an heir (wishes to deprive him), will himself be deprived of his inheritance of Jannah in the Aakhirah."

[Ibn Maajah 2703, from Hadhrat Anas τ]

(7) This World	**The bounties of this world at a glance**

Rasulullaah ρ said, "When any of you has been given good health, he is content with his family members and he has food for the day, then he has all the bounties of this world."

[Ibn Maajah 4141, from Hadhrat Ubaydullaah bin Muhsin τ]

(8) The Aakhirah	**The bounties of the people of Jannah**

Allaah says in the Qur'aan, "*(Unlike others who will be miserable on the Day of Qiyaamah)* **The people of Jannah will certainly enjoy themselves in what they will be doing on this day** *(of Qiyaamah)***. They, together with their spouses will be resting on couches in the shade** *(rather than in the sweltering sun, which will be close above people's heads)***. There they will have fruits and whatever they request**".

[Surah Yaaseen, verses 55-57]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of Zamzam**

Rasulullaah ρ stated that the water of Zamzam serves as both food as well as a cure for diseases.

[Bayhaqi 3973, from Hadhrat Abdullaah bin Abbaas τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Assist each other in good works** *(virtue and piety)* **and Taqwa and do not assist each other in sin and transgression** *(oppression and injustice)***. Fear** *(the punishment of)* **Allaah! Most surely Allaah is severe in punishment**".

[Surah Maa'idah, verse 2]

(1) Islaamic History	**The first people to accept Imaan**

Because the Arabs had been steeped in Kufr and Shirk for centuries, it was not possible for Rasulullaah ρ to start propagating the message of Islaam openly. Rasulullaah ρ therefore started inviting people privately. The first woman to accept Islaam was Rasulullaah ρ's faithful wife Hadhrat Khadeeja رضي الله عنها, while the first man to accept Islaam was his childhood friend and business partner Hadhrat Abu Bakr Siddeeq τ, who immediately said, "I believe and accept" when he was invited. The first child to accept Islaam was Rasulullaah ρ's cousin Hadhrat Ali τ, the son of Abu Taalib and the first slave to accept was Hadhrat Zaid bin Haaritha τ. All these four people accepted Islaam on the very first day. Their accepting of Islaam when all of them knew Rasulullaah ρ well before he invited them is testimony of his being a true Nabi of Allaah.

(2) Rasulullaah ρ's Miracle	**The branch of a date palm walks up to Rasulullaah ρ**

A Bedouin once approached Rasulullaah ρ and asked, "How will I know for certain that you are the messenger of Allaah?" "Will you accept it if I call that branch of the palm to come to me?" Rasulullaah ρ asked. "Certainly," the man replied. Rasulullaah ρ then called the branch and it immediately detached itself from the palm, came up to Rasulullaah ρ and then returned when he instructed it to return. When he saw this miracle, the man accepted Islaam immediately.

[Tirmidhi 3628, from Hadhrat Abdullaah bin Abbaas τ]

(3) A Fardh	**Guarantee of protection for performing the Fajr salaah**

Rasulullaah ρ said that the person who performs the Fajr salaah will be safe in the protection of Allaah.

[Muslim 1493, from Hadhrat Jundub bin Abdullaah τ]

(4) A Sunnah	**The du'aa for settling debts**

Rasulullaah ρ taught Hadhrat Ali τ the following du'aa to be able to settle debts:

PUT ARABIC

TRANSLATION: O Allaah! Save me from Haraam sustenance by providing ample Halaal substance and, by Your sheer grace, make me independent of all besides Yourself.

[Tirmidhi 3563]

(5) An Important Act and its Virtue	For a money keeper to give Sadaqah willingly

Rasulullaah ρ said, "The trustworthy money keeper will be counted as one of two givers of Sadaqah when he hands over the Sadaqah willingly to the person he has been instructed to pay."

[Abu Dawood 1684, from Hadhrat Abu Moosa Ash'ari τ]

The two givers of Sadaqah will be the money keeper himself as well as the owner of the money who instructs the payment of the Sadaqah. The money keeper will therefore share in the reward of the Sadaqah when he fulfils the instruction happily.

(6) A Sin	Failure to pay zakaah

Allaah says in the Qur'aan, **"Verily those who hoard (amass) gold and silver and do not spend it in the way of (for the pleasure of) Allaah, then give them the good news of a painful punishment (for hankering after worldly desires). (This punishment shall be meted to them on) The day when it (their gold and silver) will be heated in the fire of Jahannam and their foreheads, their sides and their backs will be branded (burnt) with it (because you turned your backs and your sides when you were asked to spend your wealth for Allaah's pleasure). (It will then be told to them) "This is what you used to hoard for yourselves, so taste (the punishment for) what you hoarded.""**.

[Surah Towbah, verses 34-35]

(7) This World	Wealth and children are merely adornments of this world

Allaah says in the Qur'aan, "**Wealth and sons are merely adornments of this worldly life** *(that will not last forever)***. The lasting good deeds** *(all good actions that one does in this world, the rewards of which are everlasting)* **are best in the sight of your Rabb in terms of reward and best in terms of expectations** *(because the expected rewards in the Aakhirah are guaranteed by Allaah)*".

[Surah Kahaf, verse 46]

(8) The Aakhirah	The clothing of the people of Jahannam

Hadhrat Umar τ reports that Hadhrat Jibra'eel υ once told Rasulullaah ρ that if the clothing of the people of Jahannam were to be hung between the sky and the earth, all living beings on earth would have been destroyed by its intense heat.

[Tabraani 2683]

(9) Cures from the Qur'aan and Rasulullaah ρ	Cure through the du'aa of Hadhrat Jibra'eel υ

Hadhrat Aa'isha رضي الله عنها reports that when Rasulullaah ρ fell ill, Hadhrat Jibra'eel υ recited the following du'aa and blew on him:

PUT ARABIC

[Muslim 5699]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Avoid lying because the habit of lying leads on to

evil and evil leads him to Jahannam. When a person gets into the habit of lying, he will be recorded to be liar in Allaah's book."

[Muslim 6639, from Hadhrat Abdullaah bin Mas'ood τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	16

(1) Islaamic History	The first declaration of truth on Mount Safa

Rasulullaah ρ invited people in secrecy for the first three years. When Allaah then granted permission to invite the people publicly, Rasulullaah ρ climbed up Mount Safa and called for all the leaders of the Quraysh. When they had all gathered, Rasulullaah ρ said, "O people! Will you believe me if I were to tell you that an army was approaching from behind Mount Safa to attack you?" "Why not?" they all said, "You are The Truthful and Trustworthy." Rasulullaah ρ then continued, "O people! Believe in the One Allaah and forsake worshipping your idols because I am warning you of a terrible punishment and have come to warn you of something that right before your eyes!" As soon as they heard this, the people were infuriated and before leaving, they hurled verbal abuse at Rasulullaah ρ. Rasulullaah ρ's uncle Abu Lahab spoke most harshly to Rasulullaah ρ saying, "May you be miserable for the rest of the day! Have you called us here for this?" It was after this that the people started to oppose Rasulullaah ρ.

(2) Allaah's Power	Feeding the animals

Allaah has created countless animals on the earth and in the oceans. There are so many flying in the skies and many crawling underground as well. However, we do not see these creatures carrying their food about with them or gathering them all in one place. They all leave their homes with empty bellies and search for sustenance, which Allaah provides for them and they then return home well satiated. Who is it that provides so much food for so many creatures every day? Allaah says in the Qur'aan, "**How many are the animals who do not** *(even)* **carry their own provision** *(as you do)* **?** *(Despite this,)* **Allaah** *(still)* **sustains them and you** *(people)* **as well** *(you should therefore have no fear of sustenance when you make Hijrah, leaving your possessions behind)***. He is the All Hearing** *(hears all your du'aas)***, the All Knowing** *(knows your needs and will fulfil them)*".

[Surah Ankaboot, verse 60]

(3) A Fardh	Expiation for missed fasts

A person once came to Rasulullaah ρ and said, "O Rasulullaah ρ! I am destroyed!" "What has happened?" Rasulullaah ρ asked. "I have had relations with my wife while I was fasting," he explained. Rasulullaah ρ then instructed him to fulfil the Kaffaara.

[Tirmidhi 724, from Hadhrat Abu Hurayrah τ]

When a person engages in sexual relations with his wife while he is fasting, it will be Waajib (compulsory) for him to fast for sixty consecutive days as Kaffaara (expiation). If he does not have the strength to do this, he will have to feed sixty poor people to their fill.

(4) A Sunnah	I'tikaaf

Rasulullaah ρ observed I'tikaaf for the last ten days of Ramadhaan every year.

[Bukhaari 2026, from Hadhrat Aa'isha رضي الله عنها]

(5) An Important Act and its Virtue	Giving Sadaqah to poor relatives

Rasulullaah ρ said, "Giving to a poor person will earn the reward of Sadaqah, but giving to a poor relative will earn the double reward of Sadaqah as well as of maintaining good family ties."

[*Mustadrak* of Haakim 1476, from Hadhrat Sulaymaan bin Aaamir τ]

(6) A Sin	Failure to pay zakaah on gold an silver

Rasulullaah ρ said, "When a person owns gold and silver and does not fulfil its right (does not pay the zakaah), then the gold and silver will be made into plates on the Day of Qiyaamah, heated in Jahannam and then used to brand his sides, forehead and his back. This branding will be repeated continuously throughout the Day of Qiyaamah, which will last for 50000 years. Then, when Allaah decides the fate of people, he will be sent either to Jannah or to Jahannam."

[Muslim 2290, from Hadhrat Abu Hurayrah τ]

(7) This World	Which wealth is best?

Rasulullaah ρ said, "When the sun rises, two angels on either side of it make the announcement daily, 'O people! Turn to your Rabb. The wealth that is little, but sufficient is better than the large quantity of wealth that distracts a person from Allaah.'"

[Ahmad 21214, from Hadhrat Abu Dardaa τ]

(8) The Aakhirah	The plea of the people of Jahannam

Allaah says in the Qur'aan, "**There shall be no good news** *(of Jannah)* **for the criminals** *(Kuffaar)* **on that day** *(of Qiyaamah)* **when they see the angels** *(of punishment)***, and they will shout, 'Stay far away!'**".

[Surah Furqaan, verse 22]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of pears

Hadhrat Talha τ reports that he once met Rasulullaah ρ as Rasulullaah ρ held a pear in his hand. "Take this, O Talha," Rasulullaah ρ said, "Because it gives peace of heart."

[Ibn Maajah 3369]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**91. Shaytaan wants only to cast** *(breed)* **enmity and**

hatred between you by means of liquor *(intoxicants)* **and gambling and wants to prevent you from the remembrance of Allaah and salaah** *(by involving you in these evils)***. So will you not abstain** *(from these evil which cause disputes between you)* **?"**

[Surah Maa'idah, verse 91]

The ill effects of consuming liquor and gambling are so serious that they create enmity between people and prevent people from doing good deeds. They therefore need to be avoided.

(1) Islaamic History	**The assistance Rasulullaah ρ received from his uncle Abu Taalib**

Ignoring the opposition from the Kuffaar, Rasulullaah ρ persistently tried convincing them not to worship idols and to accept the true Deen. The leaders of the Quraysh then approached Rasulullaah ρ's uncle Abu Taalib and complained to him saying, "Your nephew speaks ill of our gods. He says that our forefathers were astray and makes us look like fools. You should therefore either stop protecting him or come out in the open so that we can make a decision." Abu Taalib became worried when he heard this and called for Rasulullaah ρ, saying, "Dear nephew! Do not place on me a burden that I am unable to bear." "Dear uncle!" Rasulullaah ρ explained, "I swear by Allaah that if these people place the sun in my one hand and the moon in the other, I shall still not forsake my responsibility. The Deen of Allaah shall either prevail or I shall be destroyed in the effort. Abu Taalib was moved by this statement and said, "Go and do as you please. I shall never hand you over to anyone." Despite not accepting Islaam, Abu Taalib stood by Rasulullaah ρ and even suffered the three years imprisonment with him.

(2) Rasulullaah ρ's Miracle	**Rasulullaah ρ predicts where each of the enemy shall fall in the Battle of Badr**

Amongst the miracles of Rasulullaah ρ was that the day before the Battle of Badr, Rasulullaah ρ took the names of each Kaafir to die in the battle and pointed out exactly which spot they would be killed. This then came to pass exactly as Rasulullaah ρ had foretold.

[Muslim 7222, from Hadhrat Umar τ]

(3) A Fardh	**Performing salaah in Jamaa'ah**

Someone once asked Hadhrat Abdullaah bin Abbaas τ about a person who fasts all day and performs salaah all night, but does not attend the Jumu'ah salaah and does not perform salaah in Jamaa'ah. Hadhrat Abdullaah bin Abbaas τ said, "He is destined for Jahannam."

[Tirmidhi 218, from Hadhrat Mujaahid رحمه الله]

(4) A Sunnah	**The du'aa to be saved from debts**

Rasulullaah ρ used to make the following du'aa:

PUT ARABIC

TRANSLATION: O Allaah! I seek Your protection from laziness, the weakness of old age, sins and debts.

[Tirmidhi 3495, from Hadhrat Aa'isha رضي الله عنها]

(5) An Important Act and its Virtue	**Conferring rewards to the deceased**

Hadhrat Abdullaah bin Abbaas τ reports that a person once came to Rasulullaah ρ saying, "My mother has passed on. Will she be benefitted if I give Sadaqah on her behalf?" "Most certainly," Rasulullaah ρ replied. The person then said, "I own an orchard and I make you witness to the fact that I have given this orchard as Sadaqah on her behalf."

[*Mustadrak* of Haakim 1531]

(6) A Sin	**Family planning out fo fear of poverty**

Allaah says in the Qur'aan, "**Do not kill your children out of fear of poverty** *(by aborting unborn children fearing that you will be unable to support them)*. **We shall provide for them and for you** *(you therefore need not fear for their provisions)*. **Killing them is indeed a grave sin**".

[Surah Bani Israa'eel, verse 31]

Carrying out abortions out of fear of poverty and even family planning for this reason is not permissible and Haraam.

(7) This World	**The things of this world are transitory**

Allaah says in the Qur'aan, "**Whatever you have been granted** *(in this world)* **are the assets and adornments of this worldly life** *(which you will have with you only for a short while)*. *(However,)* **That** *(the rewards for your good deeds)* **which is with Allaah is better and everlasting. Do you not understand** *(that it is foolish to cling on to something temporary at the expense of losing something everlasting)* **?**".

[Surah Qasas, verse 60]

(8) The Aakhirah	**The depth of Jahannam**

Rasulullaah ρ said, "If a rock is thrown from the rim of Jahannam it will not reach the bottom of Jahannam even after falling for seventy years. Do you then still wonder at Allaah's statement when He says that He will fill Jahannam with man and Jinn?"

[Muslim 7435, from Hadhrat Utba bin Ghazwaan τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating paralysis**

When a person once suffered paralysis of his hands and feet, Hadhrat Abdullaah bin Abbaas τ said to him, "Think of your most beloved personality. "Muhammad ρ!" the man said. He was then cured.

[Ibus Sunni 169]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "When any of you has relations with his wife, then

let him conceal themselves as far as is possible.

[Bayhaqi 7543, from Hadhrat Abdullaah bin Mas'ood τ]

If we have been commanded to pay heed to concealing ourselves even when in privacy with out wives, how much more important is it during other occasions?

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	18

(1) Islaamic History	Giving Da'wah in Taa'if

It was 10 years after announcing his Nabuwaat (Prophethood) and after his uncle Abu Taalib had passed away that the Kuffaar of Makkah started to harass Rasulullaah ρ relentlessly. Rasulullaah ρ eventually lost hope in them and decided to give Da'wah to the people of Taa'if with the thought that if they accepted Islaam, Taa'if could become a base for the propagation of Islaam. The largest tribe in Taa'if was the Banu Thaqeef and their chiefs were three brothers named Abd Ya'leel, Mas'ood and Habeeb. Rasulullaah ρ invited each one of them to Islaam, but none accepted his message. Rasulullaah ρ then tried to invite the common people to Islaam, but also without success. Instead, they insisted that Rasulullaah ρ leave their town. As Rasulullaah ρ was leaving with his freed slave Hadhrat Zaid bin Haaritha τ, the people set their ruffians after him to stone him. He was wounded with the shower of stones and sought refuge in a nearby orchard. It was then that Allaah sent an angel to punish the people at Rasulullaah ρ's instruction. However, being the mercy of both worlds, Rasulullaah ρ did not permit the punishment and instead prayed that Allaah guide the people to Islaam.

(2) Allaah's Power	Who made the stars?

Millions of stars decorate the night sky every night and no matter how long a person looks at them, he can never get enough of the amazing sight. We need to ponder over the immense power of Allaah in the amazing system that He has engineered. We see that despite their large numbers and magnitude, the stars do not collide with each other and never even crash to the earth, which will surely bring an end to all life. However, Allaah orchestrates everything and ensures that everything works perfectly.

(3) A Fardh	It is Fardh (obligatory) even for women to pay zakaah

Addressing women, Allaah says in the Qur'aan, "**Establish salaah, pay zakaah and obey Allaah and His Rasool ρ**".

[Surah Ahzaab, verse 33]

If a woman has excess wealth to the value of Nisaab or gold or silver, it will be Fardh (obligatory) for her to pay zakaah on this if it is in her possession for more than a year.

(4) A Sunnah	The Sunnah method of using the toilet

1. Cover the head
2. Wear shoes or sandals
3. Recite the du'aa for entering
4. Step in with the left foot first
5. Do not sit facing the Qibla
6. Do not speak at all
7. Never urinate while standing
8. Use the left hand for Istinjaa
9. Wash the hand properly with sand or soap after Istinjaa
10. Leave the toilet with the right foot first
11. Recite the du'aa after leaving

(5) An Important Act and its Virtue	Leaving for Hajj or Umrah

Rasulullaah ρ said, "When a person leaves home with the intention of performing Hajj and then passes away en route, the rewards of all people performing Hajj until the Day of Qiyaamah will be recorded in his book of deeds. When a person leaves home with the intention of performing Umrah and then passes away en route, the rewards of all people performing Umrah until the Day of Qiyaamah will be recorded in his book of deeds."

[Abu Ya'la 6227, from Hadhrat Abu Hurayrah τ]

(6) A Sin	The plight of three types of people

Rasulullaah ρ said that there are three types of people whom Allaah will not even look at (with mercy) on the Day of Qiyaamah. Allaah will also not purify them (of their sins) and they will be subjected to a painful punishment. When Hadhrat Abu Dharr τ asked who these people were , Rasulullaah ρ repeated what he had said three times. "Who are they, O Rasulullaah ρ?" Hadhrat Abu Dharr τ asked yet again. Rasulullaah ρ then explained that they were the following three types of people; (1) the person who allows his garments to hang below his ankles, (2) the one who reminds people of the favours he did for them and (3) the person who takes false oaths to sell his goods.

[Abu Dawood 4087, from Hadhrat Abu Dharr τ]

(7) This World	Why bounties are granted to the sinners

Rasulullaah ρ said, "When you see that Allaah confers bounties on people despite them being sinful, then know that this is merely respite."

[Ahmad 16860, from Hadhrat Uqba bin Aamir τ]

(8) The Aakhirah	A frightful scene of Qiyaamah

Allaah says in the Qur'aan, "**So when the deafening scream** *(the sound of the trumpet)* **will come** *(to announce the advent of Qiyaamah).* **On that day man will run from his brother, his mother, his father, his wife and his sons.** *(No one will want to help another because everyone will be concerned only about themselves.)* **On that day every one of them will be preoccupied with a predicament** *(concern for his own plight)* **that will make him oblivious of another**".

[Surah Abas, verses 33-37]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of watermelon

Rasulullaah ρ used to eat watermelons with dates saying, "We counter the heat of dates with watermelon and counter the cold of watermelon with the dates."

[Abu Dawood 3836, from Hadhrat Aa'isha رضي الله عنها]

Watermelons counteract the extreme heat of dates and are therefore effective in averting headaches that stem from this heat.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O children of Aadam! Adopt your** *(clothing of)* **beauty** *(dress well)* **at every place of salaah** *(whenever you perform salaah)***. Eat, drink** *(what is Halaal without being greedy)* **but do not waste for indeed He** *(Allaah)* **does not like those who waste**".

[Surah A'raaf, verse 31]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	19

(1) Islaamic History	The scheming of the Kuffaar against Rasulullaah ρ

When the Quraysh realised that Rasulullaah ρ would soon be migrating to Madinah, they became concerned that should Islaam find a foothold in Madinah, Rasulullaah ρ and his companions would soon return to Makkah for revenge and wipe the Quraysh out. The leaders of all the tribes of the Quraysh therefore gathered in the house of Qusay bin Kilaab, which was known as Daarun Nadwa to plan something. They eventually decided that an individual from each tribe should attack Rasulullaah ρ simultaneously and assassinate him. These men therefore surrounded Rasulullaah ρ's house before dawn to wait for the time when he emerges for the Fajr salaah, when they would all strike with their swords. Allaah informed Rasulullaah ρ about this scheme and he put Hadhrat Ali τ to stay home in his place. Rasulullaah ρ then recited Surah Yaaseen as he left the house and none of the men surrounding the house even saw him. When these men found Hadhrat Ali τ in the house the next morning, they regretted their wasted vigil.

(2) Rasulullaah ρ's Miracle	A wild animal respects the privacy and comfort of Rasulullaah ρ

Hadhrat Aa'isha رضي الله عنها reports that someone from Rasulullaah ρ's family had tamed a wild animal and kept it at home. It was the practice of the animal to play and run about all the time while Rasulullaah ρ was out. However, when Rasulullaah ρ returned home, the animal would not even express its hunger or thirst so that Rasulullaah ρ would not be disturbed.

[Ahmad 24297]

(3) A Fardh	Performing salaah in Jamaa'ah

Rasulullaah ρ said, "People must stop missing their salaah in Jamaa'ah otherwise I will have to burn their homes down."

[Ibn Maajah 795, from Hadhrat Usaama bin Zaid τ]

This Hadith sounds a very stern warning against people who do to perform their salaah in Jamaa'ah. It is therefore necessary for all Muslim men to ensure that their Fardh salaahs are performed in the Masjid.

(4) A Sunnah	The du'aa to be included in the

	ranks of the righteous

The following du'aa should be recited for forgiveness and to be included in the ranks of the righteous:

PUT ARABIC

TRANSLATION: O our Rabb! Forgive our sins, remove from us out evils and grant us death amongst the righteous ones.

[Surah Aal Imraan, verse 193]

(5) An Important Act and its Virtue	**The virtue of memorising the Qur'aan**

Rasulullaah ρ said, "When a person recites the Qur'aan, memorises it and regards what it declares Halaal as Halaal and what it declares Haraam as Haraam, Allaah will admit him into Jannah and will accept his intercession on behalf of ten such people from his family who have all been doomed to Jahannam."

[Tirmidhi 2905, from Hadhrat Ali τ]

(6) A Sin	**Wasting money on useless things**

Allaah says in the Qur'aan, "**There are some people who purchase futile discourse** *(pastimes that distract people from thinking of Allaah)* **to deviate** *(others)* **from Allaah's path** *(Islaam)* **without knowledge and they mock it** *(Islaam, so that every regard for Islaam may disappear from people's hearts)***. There shall be a humiliating punishment for these people**".

[Surah Luqmaan, verse 6]

(7) This World	**Wealth and children can be a source of getting nearer to Allaah**

Allaah says in the Qur'aan, "**Your wealth and children are not such that they can draw you closer to Us** *(merely because you have them in abundance)***, except for him who has Imaan and does good deeds** *(such a person's wealth and children can certainly take him closer to Allaah because he will use them to please Allaah)***. For these people, there shall be a multiplied reward on account of what** *(good)* **they do, and they shall rest peacefully on balconies** *(in Jannah)*".

[Surah Saba, Verse 37]

(8) The Aakhirah	**Two gardens of gold and silver in Jannah**

Rasulullaah ρ said, "There are two gardens of silver in Jannah in which the utensils and everything else is made of silver. There are also two gardens of gold in Jannah in which the utensils and everything else is made of gold. Had it not been for the veil of Allaah's glory between them and Allaah, the people of the Jannah of Adan would have been able to see their Rabb all the time."

[Bukhaari 4878, from Hadhrat Abdullaah bin Qais τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Drinking while standing is harmful to the health**

Rasulullaah ρ prohibited drinking while standing.

[Ibn Maajah 3424, from Hadhrat Anas τ]

Drinking while standing harms the stomach and should be avoided.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ once said, "Continue refreshing your Imaan." "How are we to refresh our Imaan?" the Sahabah ψ asked. Rasulullaah ρ replied, "By abundantly reciting '*Laa Ilaaha Illallaah*'."

[Ahmad 8493, from Hadhrat Abu Hurayrah τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

20

(1) Islaamic History — The Hijrah

When Rasulullaah ρ was given the command to migrate, he went to Hadhrat Abu Bakr τ and they made the preparations for the journey. The two then left in the darkness of the night. However, because those were days of danger for Muslims and the Kuffaar were intent to assassinate Rasulullaah ρ, they stopped at a cave called the cave of Thowr, located approximately four to five miles out of Makkah. During their extensive searches, the Kuffaar came right up to the mouth of the cave. Hadhrat Abu Bakr τ became concerned about Rasulullaah ρ's safety, but Rasulullaah ρ reassured him saying, "Do not worry because Allaah is with us." The Kuffaar did not see them and left. They stayed in the cave for three days and then left on the fourth day. They then travelled day and night. The only person to catch up with them was someone by the name of Suraaqa, but he was unable to apprehend them. They eventually completed the dangerous journey to Madinah, where they received a most warm and joyous welcome.

(2) Allaah's Power — The treasures beneath the ground

Allaah has placed various types of oils beneath the surface of the earth, from which man is able to produce many types of fuels that are essential for his progress, such as petrol, diesel, etc. On a daily basis, man is extracting this oil from the ground and has never in history required as much as they presently do. A great part of modern life will grind to a halt if the oil production has to stop. Who has placed this large reserve of oil underground for man? Allaah says, "**We have with Us the treasures of all things** *(rain, mineral wealth, food, spiritual guidance, etc)* **and We send them down only in stipulated quantities** *(as the need arises, according to Allaah's wisdom)*".

[Surah Hijr, verse 21]

(3) A Fardh — It is Fardh to treat your parents kindly

Allaah says, "Your Rabb has commanded that you worship only Him and that you treat your parents kindly".

[Surah Bani Israa'eel, verse 23]

It is Fardh (obligatory) to treat one's parents well in every condition.

(4) A Sunnah — The four Rakaahs salaah before Zuhr

Hadhrat Aa'isha رضي الله عنها reports that Rasulullaah ρ never omitted the two Rakaahs salaah before Fajr and the four Rakaahs salaah before Zuhr.

[Bukhaari 1182]

(5) An Important Act and its Virtue — The recompense for practising upon the injunctions of the Qur'aan

Rasulullaah ρ said, "The person who recites the Qur'aan, studies it and then practises upon its injunctions will be given a crown of light on the Day of Qiyaamah, which will be more radiant than the sun. His parents will then be given a set of clothing to wear that makes the entire world look worthless. When they will ask the reason for receiving such clothing, they will be told, "As recompense for the Qur'aan of your child."

[*Mustadrak* of Haakim 2086, from Hadhrat Buraydah τ]

(6) A Sin — Shirk and murder

Rasulullaah ρ said, "Allaah will forgive all people except for the one who commits shirk and the one who murders his Muslim brother."

[Abu Dawood 4270, from Hadhrat Abu Dardaa τ]

(7) This World — The benefits of this world are temporary

Rasulullaah ρ once said, "Listen attentively! This world is a temporary benefit from which every person benefits, regardless of whether he is good or evil."

[*Mu'jamul Kabeer* 7012, from Hadhrat Shaddaad bin Aws τ]

(8) The Aakhirah — The gratitude of the people of Jannah

Allaah says in the Qur'aan, "***(In Jannah)*** **They will say, "All praise be to Allaah, Who has removed grief from us** ***(by saving us from Jahannam)*****. Undoubtedly our Rabb is Most Forgiving, Appreciative** ***(of Imaan and good deeds, because of which His rewards are so handsome)*****. He** ***(our Rabb)*** **has settled us in an eternal home by His grace. Here** ***(in Jannah)*** **no difficulty will ever afflict us, nor shall any tiredness touch us".**

[Surah Faatir, verses 34-35]

(9) Cures from the Qur'aan and Rasulullaah ρ — The benefits of eating the foreleg

Rasulullaah ρ enjoyed eating the foreleg of an animal.

[Bukhaari 3340, from Hadhrat Abu Hurayrah τ]

Allaama Ibn Qayyim رحمه الله writes that the lightest meat of a goat is the foreleg because it does not burden the stomach.

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**Call** *(pray only to)* **your Rabb in humility** *(with sincerity)* **and in secrecy** *(without show)*. **Verily, He does not like those who overstep the limits** *(who do things that are against the Shari'ah)*. **Do not cause corruption on earth after it has been set in order** *(do not introduce customs and manners of kufr into Islaam and do not pollute and spoil the earth that Allaah has created perfectly)* **and call** *(pray to)* **Him in fear** *(of His punishment)* **and hope** *(for His mercy)*. **Undoubtedly, the mercy of your Rabb is close to those who do good".**

[Surah A'raaf, verses 55-56]

(1) Islaamic History	The Masjid at Quba

The little village of Quba was located about three miles out of Madinah. Many of the Ansaar had settled there and their chief was man named Kulthoom bin Hadm. It was here that Rasulullaah ρ first stopped before entering Madinah, where he stayed for awhile at the house of the chief. There Rasulullaah ρ personally laid the foundation of a Masjid called Masjid Quba. The Sahabah ψ built the Masjid and Rasulullaah ρ also lent a hand, himself placing large rocks in place. It was then that one of the Sahabah ψ said some couplets which meant, "If we sit while the Nabi ρ is working, then this act will certainly lead us to deviation." It is with reference to this Masjid that the Qur'aan states, "**Surely the Masjid that was established on Taqwa from the first day** *(referring to the Masjid that Rasulullaah ρ built in Quba)* **is worthier for you to stand in. In it** *(in the Masjid founded on Taqwa)* **are men who love to be extremely pure. Allaah loves those who are exceptionally pure** *(those who love both external and internal purity)*". Rasulullaah ρ stayed here for fourteen days before leaving for Madinah on a Friday.

(2) Rasulullaah ρ's Miracle	A camel complains to Rasulullaah ρ

Rasulullaah ρ once visited an orchard of the Ansaar, where there was camel standing nearby. When it saw Rasulullaah ρ, it started to make sounds and tears welled in its eyes. Rasulullaah ρ went up to it and stroked it on its temples, after which it was pacified. 'Whose camel is this?" Rasulullaah ρ asked. When a young man from the Ansaar came up, Rasulullaah ρ said to him, "Do you not fear Allaah when it concerns these animals that Allaah has made subservient to you? This camel has complained to me that you keep it hungry and treat it very badly."

[Abu Dawood 2549, from Hadhrat Abdullaah bin Ja'far τ]

(3) A Fardh	Salaah will be the first action to be reckoned for on the Day of Qiyaamah

Rasulullaah ρ said, "Salaah will be the first action to be reckoned for on the Day of Qiyaamah. If it is in order, all the other deeds will be in order, but if it is found lacking, all the other deeds will be found to be the same."

[Tirmidhi 413, from Hadhrat Abu Hurayrah τ]

(4) A Sunnah	The du'aa for wearing new clothing

The following du'aa should be recited when wearing new clothes:

PUT ARABIC

TRANSLATION: All praise belongs to Allaah Who has granted me clothing to wear to conceal my body and to beautify me.

Rasulullaah ρ said that when this du'aa is recited and the old clothes given away as Sadaqah, then the person will remain in Allaah's protection in this world as well as in the Aakhirah.

[Tirmidhi 3560, from Hadhrat Umar τ]

(5) An Important Act and its Virtue	**The virtue of Ramadhaan**

Rasulullaah ρ said, "During every day and night of Ramadhaan, Allaah sets souls free from Jahannam and during every day and night a du'aa of every Muslim is certainly accepted."

[*Mu'jamul Awsat* 6586, from Hadhrat Abu Sa'eed Khudri τ]

(6) A Sin	**False accusation**

Allaah says in the Qur'aan, "**Those who harm** *(falsely accuse)* **the Mu'mineen men and women for no sin on their part** *(when they are innocent of the alleged sin)* **will bear the burden of slander and a manifest sin** *(for which they will be severely punished)*".

[Surah Ahzaab, verse 58]

(7) This World	**The life of this world is a deception**

Allaah says in the Qur'aan, "**O people! Allaah's promise** *(of resurrection)* **is certainly true, so never let the worldly life deceive you** *(into thinking that you will never be resurrected)***, nor should the great deceiver** *(Shaytaan)* **deceive you about Allaah** *(by telling you that you may continue sinning because Allaah will forgive you)***. Indeed Shaytaan is your enemy, so treat him as an enemy. He calls to his party** *(followers)* **only so that they become inmates of the Blaze** *(Jahannam)*".

[Surah Faatir, verses 5-6]

(8) The Aakhirah	**Allaah addresses the people of Jannah**

Rasulullaah ρ reports that Allaah will have the following conversation with the people of Jannah: Allaah will say, "O people of Jannah!" "O our Rabb!" they will reply, "We are at Your service. All good is from You." Allaah will then ask, "Are you happy?" "Why should we not be happy?" they will respond, "when You have granted us such bounties that You have not given to anyone else." Allaah will then ask, "Shall I not grant you something even better?" The people will reply in surprise, "What better bounties can there possibly be?" Allaah will then say, "That I shall remain happy with you always and never be displeased with you ever again."

[Muslim 7140, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of circumcision**

Amongst the things that Rasulullaah ρ said are from *Fitrah* is circumcision.

[Muslims 598, from Hadhrat Abu Hurayrah τ]

Circumcision helps to prevent conditions such as cancer, eczema as well as stones in the bladder.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Imaan becomes faded in your hearts just as clothing fades. You should therefore make du'aa to Allaah to keep the Imaan fresh in your hearts."

[*Mustadrak* of Haakim 5, from Hadhrat Abdullaah bin Amr τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

22

(1) Islaamic History — Rasulullaah ρ is welcomed in Madinah

After staying 14 days in Quba, Rasulullaah ρ left for Madinah Tayyiba. When the people learned of his arrival, they all came out of their homes in joy and lined the streets. All of Madinah echoed with the cries of the Takbeer and the young girls of Madinah sang the following words in happiness:
PUT ARABIC

TRANSLATION: The full moon has risen over us from the valley of Wada. It is therefore binding upon us to express gratitude for as long as the caller calls to Allaah. O the one who has been sent to us, you have come with an order to be obeyed.
The girls of Banu Najjaar tribe beat on drums as they sang, "We are the girls from the Banu Najjaar. What a great neighbour do we have in Muhammad ρ?" Hadhrat Anas τ says that he had never witnessed a day as beautiful and radiant as the day that Rasulullaah ρ arrived in Madinah.

(2) Allaah's Power — The power of Allaah in rocks

Allaah has granted unique colour to the many forms of creation that He has made and it is often by these colours that they are distinguished from one another. Allaah has even accorded stunning colours to rocks, some being black, some white, others red, green and so many other colours and shades. For each of these many types of rock, man has various uses. Who else could it be who gave such beautiful colours and lustre to the many rocks and boulders hidden deep underground? This is certainly only through the amazing power and might of Allaah.

(3) A Fardh — Qadhaa fasts for women

Hadhrat Aa'isha رضي الله عنها reports that when any of them experienced their periods, they were instructed to observe the Qadhaa of their fasts and not their salaahs.

[Muslim 763]

(4) A Sunnah — Applying perfume

When Hadhrat Aa'isha رضي الله عنها was asked whether Rasulullaah ρ applied perfume, she replied that Rasulullaah ρ did use musk and other perfumes.

[Nasa'ee 5119]

(5) An Important Act and its Virtue — Engaging in Ibaadha during the night of Qadr

Rasulullaah ρ said, "The person who stands in Ibaadah on the night of Qadr with Imaan and the hope of being rewarded, all his previous sins will be forgiven."

[Bukhaari 37, from Hadhrat Abu Hurayrah τ]

(6) A Sin — Carrying out an act of the Aakhirah for worldly motives

Rasulullaah ρ said, "The person who carries out an act of the Aakhirah for worldly motives will have disgrace on his face, his name will be forgotten and will be written upon the gates of Jahannam."

[*Mu'jam Kabeer* 2085, from Hadhrat Jaarood τ]

(7) This World — Independence makes a person beloved to others

A person once asked Rasulullaah ρ to inform him of a deed that would make him beloved to the people. Rasulullaah ρ said, "Turn your attention away from this world and Allaah will love you. Turn your attention away from what people have and they will love you."

[Ibn Maajah 4102, from Hadhrat Sahl bin Sa'd τ]

(8) The Aakhirah — The plea of the people of Jahannam

Allaah says in the Qur'aan, "*(The people of Jahannam will cry out,)* **"O our Rabb! Remove us from here** *(and return us to the world)* **! If we ever repeat ourselves** *(by doing what we did in the world)*, **then we must surely be oppressors** *(deserving of this punishment)*." **Allaah will say, "Remain disgraced** *(cursed)* **in it** *(in Jahannam)* **and do not speak to Me** *(about being delivered from it)* **!"**".

[Surah Mu'minoon, verses 107-108]

(9) Cures from the Qur'aan and Rasulullaah ρ — The benefits of vinegar

Rasulullaah ρ once said, "What an excellent gravy does vinegar make!"

[Muslim 5350, from Hadhrat Aa'isha رضي الله عنها]

The Muhadditheen have stated that vinegar prevents enlargement of the spleen, prevents general swelling of the body, aids in digestion, cleanses the blood and eliminates sores and blisters.

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**Do not kill your children out of fear of poverty** *(by aborting unborn children fearing that you will be unable to support them)*. **We shall provide for them and for you** *(you therefore need not fear for their provisions)*. **Killing them is indeed a grave sin**".

[Surah Bani Israa'eel, verse 31]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	23

(1) Islaamic History	The first Jumu'ah salaah in Islaam

It was on a Friday the 12th of Rabee ul Awwal that Rasulullaah ρ left Quba for Madinah. The time for the Jumu'ah salaah set in when Rasulullaah ρ was in the locality of the Banu Saalim, so Rasulullaah ρ led the Jumu'ah salaah there. This was the very first Jumu'ah salaah in Islaam. In his sermon, Rasulullaah ρ said, "There is none worthy of worship but the One Allaah Who has no partner and Muhammad ρ is the servant and Rasul (Messenger) of Allaah. So whoever obeys Allaah and His Rasool ρ will be rightly guided and whoever disobeys them shall go astray. O Muslims! I advise you to fear Allaah because the best advice that a Muslim can give to his Muslim brother is to encourage him towards the Aakhirah and to inculcate the fear of Allaah. O People! Engage in the Dhikr of Allaah and prepare for the life to come because the person who rectifies the matters between himself and Allaah, Allaah will rectify his matters with people."

(2) Rasulullaah ρ's Miracle	A dead goat informs Rasulullaah ρ

A Jewish woman from Khaybar once poisoned a roasted goat and sent it as a gift to Rasulullaah ρ. As Rasulullaah ρ and the Sahabah ψ started to eat, Rasulullaah ρ immediately instructed the Sahabah ψ to stop eating because the goat had informed him that its meat had been poisoned.

[Abu Dawood 4512]

(3) A Fardh	Forsaking salaah leads a person to Kufr

Rasulullaah ρ said that forsaking salaah takes a person to kufr.

[Muslim 246, from Hadhrat Jaabir τ]

Another narration states that it is salaah that distinguishes between Imaan and Kufr.

[Ibn Maajah 1078, form Hadhrat Jaabir τ]

(4) A Sunnah	Du'aa for one's parents

The following du'aa should be recited for one's parents:

PUT ARABIC

TRANSLATION: **"O my Rabb! Show mercy to them** *(my parents)* **as they had** *(been merciful towards me when they)* **raised me when I was young."**

[Surah Bani Israa'eel, verse 24]

(5) An Important Act and its Virtue	The best Sadaqah

When asked what the best fasts are after those of Ramadhaan, Rasulullaah ρ replied, "Those of Sha'baan due to the honour of Ramadhaan." When asked what the best Sadaqah was, Rasulullaah ρ replied, "Sadaqah given in Ramadhaan."

[Tirmidhi 663, from Hadhrat Anas τ]

(6) A Sin	Not accepting the commands of Allaah and His Rasool ρ

Allaah says in the Qur'aan, "**Verily those** *(the Kuffaar)* **who hurt Allaah and His Rasool** ρ *(by not obeying Allaah and Rasulullaah ρ)***, Allaah curses them in this world and in the Aakhirah, and He has prepared a humiliating punishment for them**".

[Surah Ahzaab, verse 57]

(7) This World	Only Allaah distributes sustenance

Allaah says in the Qur'aan, "**We distribute their livelihood among them in this worldly life and** *(thereby)* **elevate the ranks of some of them above others so that they may derive benefit from each other** *(by being interdependent)*".

[Surah Zukhruf, verse 32]

(8) The Aakhirah	The bounties of the person lowest ranking in Jannah

Rasulullaah ρ said that the lowest ranking person in Jannah shall have a thousand palaces, the distance between each one of them being a journey of a hundred years. He will see them all as if they are nearby. Each of these palaces shall have large eyed damsels, exquisite gardens and young servants who will serve whatever he desires.

[*Targheeb wat Tarheeb* 5280, from Hadhrat Abdullaah bin Umar τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of seasonal fruit

Allaah instructs us in the Qur'aan to eat fruits when they appear.

[Surah An'aam, verse 141]

Eating the fruit of the season is extremely beneficial to the health and a great means of protecting against illnesses.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Instruct your children to perform salaah when they are seven years of age and punish them (for omitting it) when they are ten. Also separate their beds at this age."

[Abu Dawood 495, from Hadhrat Abdullaah bin Amr τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	24

(1) Islaamic History	Construction of the Masjidun Nabawi

The first thing that Rasulullaah ρ did after moving to Madinah was to build a Masjid, which was to be known as Masjidun Nabawi. There was a vacant piece of land adjacent to where Rasulullaah ρ stayed, which he chose to be the site of the Masjid. It belonged to two orphans, who were willing to give the land for free, but Rasulullaah ρ insisted on paying them the price. Rasulullaah ρ and the Sahabah ψ then built the Masjid themselves and as they happily carried the rocks, they said the following couplets, which meant, "O Allaah! Indeed the only true rewards are those of the Aakhirah, so do shower mercy upon the Ansaar and the Muhaajireen." The Masjid represented a true picture of the simplicity of Islaam with its clay walls, palm trunks as pillars and roof made of palm fronds. However, it had the noble personality of Rasulullaah ρ as its Imaam and the illustrious Sahabah ψ as its worshippers.

(2) Allaah's Power	The water of Zamzam

Close to the House of Allaah in Makkah lies the well of Zamzam that has been giving water for thousands of years and from which millions of people have drunk. Every year approximately three million people perform Hajj, each of them drinking many litres of Zamzam and carrying many more home. This is besides the many millions who perform Umrah throughout the year. The water is also transported to many cities in Arabia. It is only by the great power of Allaah that this water has never depleted, a true sign that it comes from the treasures of Allaah, which itself can never be depleted.

(3) A Fardh	Paying zakaah on crops

Rasulullaah ρ mentioned that when crops are watered by natural means such as the rain, rivers and springs, a tenth of the produce should be paid as zakaah. However, if the crops are watered by other (mechanical) means such as boreholes, wells, etc, then it is Fardh (obligatory) for a twentieth of the crops to be paid as zakaah.

[Bukhaari 1483, from Hadhrat Abdullaah bin Umar τ]

Paying zakaah on crops is Fardh (obligatory) just as it is Fardh to be paid on merchandise.

(4) A Sunnah	Eating something sweet before proceeding for the Eidul Fitr salaah

Rasulullaah ρ used to eat some dates before proceeding for the Eid Gah on the day of Eidul Fitr.

[Bukhaari 953, from Hadhrat Anas τ]

(5) An Important Act and its Virtue	Performing wudhu at home before proceeding to the Masjid for salaah

Rasulullaah ρ said, "When a person performs wudhu and leaves home for the Fardh salaah, he will be like the one in Ihraam and proceeding for Hajj. The person leaving to perform the Chaast salaah (and for no worldly motive) shall be like the person proceeding for Umrah. When a person waits for the next salaah after performing one salaah without talking in between, his name will be recorded in the *Illiyyeen* (where the records of the righteous people are recorded)."

[Abu Dawood 558, from Hadhrat Abu Umaamah τ]

(6) A Sin	The evil of interest

Rasulullaah ρ said that the sin of interest equals seventy sins, the least of which is committing incest with one's own mother.

[Ibn Maajah 2274, from Hadhrat Abu Hurayrah τ]

(7) This World	This world as compared to the Aakhirah

Rasulullaah ρ said, "I swear by Allaah that when compared to the Aakhirah, this world is like a person dipping his finger into the ocean and taking it out. How much (of the ocean's) water remains on his finger?"

[Muslim 7197, from Hadhrat Mustowrid τ]

(8) The Aakhirah	The damsels for the people of Jannah

Allaah says in the Qur'aan, "**With them** *(the people of Jannah)*, **there will be wide-eyed damsels, whose gazes are ever lowered** *(out of modesty)*. *(Their skin tone will be so clear that it will appear)* **As if they are well-preserved eggs**".

[Surah Saaffaat, verse 48-49]

(9) Cures from the Qur'aan and Rasulullaah ρ	Licking the fingers after eating

Rasulullaah ρ always licked his fingers after eating.
[Muslim 5296, from Hadhrat Ka'b bin Maalik τ]
Allaama Ibn Qayyim رحمه الله writes that licking the fingers after meals is exceptionally effective for digestion.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Verily Allaah and His angels send salaah on the Nabi** ρ *(meaning that Allaah showers special mercies on him and the angels pray for him)*. **O you who have Imaan! Send salaah and Salaam to him** *(pray to Allaah to shower special mercies and peace on him by reciting the various forms of "Salaah and Salaam" reported in the Ahadeeth)*".

[Surah Ahzaab, verse 56]

(1) Islaamic History	The Battle of Badr

After the Muslims had migrated to Madinah, they started to invite people to Islaam in a pleasant environment. When the message spread wide and people started to accept Islaam, the Kuffaar of Makkah became alarmed at the numbers of the Muslims. To wipe out the Muslims, they therefore dispatched a caravan led by Abu Sufyaan to Shaam to use the profits of trade to purchase weapons. When Rasulullaah ρ learnt that this large caravan would be returning to Makkah with weapons of war, he instructed the Sahabah ψ to intercept the caravan. However, when Abu Sufyaan learnt about what the Muslims were intending, he sent a message for help to the Mushrikeen in Makkah. The Mushrikeen then prepared a large army to fight the Muslims. In the meanwhile, Abu Sufyaan changed course and used a coastal road to reach Makkah. The Muslim army and the Mushrikeen army then met at a place called Badr, where the Battle of Badr took place.

(2) Rasulullaah ρ's Miracle	A pillar weeps

Rasulullaah ρ used to initially lean on one of the date palm trunks that was a pillar when he delivered the Khutbah. When the pulpit was then made, Rasulullaah ρ proceeded there to deliver the Khutbah one Friday when the pillar started to weep like a child. Rasulullaah ρ stepped off the pulpit, went up to the pillar and held it, causing it to sniffle and stop crying. Rasulullaah ρ then said, "This pillar was accustomed to hearing the Dhikr of Allaah (the Khutbah) and started to weep when it no longer heard it."

[Bukhaari 3584, from Hadhrat Jaabir τ]

(3) A Fardh	Performing Ruku and Sajdah properly

Rasulullaah ρ said that the worst thief was the one who steals from his salaah. When the Sahabah ψ asked how this was possible, Rasulullaah ρ replied, "When he does not perform his Ruku and Sajdah properly."

[Ibn Khuzayma 643, form Hadhrat Abu Qataadah τ]

(4) A Sunnah	The du'aa when a marriage takes place

Rasulullaah ρ recited the following du'aa when congratulating someone upon his marriage:

PUT ARABIC

TRANSLATION: May Allaah bless your marriage, may he bless you two and create love between you two in the best manner

[Abu Dawood 2130, from Hadhrat Abu Hurayrah τ]

(5) An Important Act and its Virtue	**Ibaadah during the last portion of the night**

Rasulullaah ρ said, "When the last portion of the night is left, Allaah descends to the first heaven and announces, 'Who is there making du'aa to Me so that I may accept his du'aa? Who is there asking of Me so that I may grant his request? Who is there asking Me for forgiveness so that I may forgive him?"

[Abu Dawood 1315, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Rejecting Allaah's signs**

Allaah says in the Qur'aan, **"Destruction be for every lying sinner who hears Allaah's Aayaat being recited to him and then remains haughty *(refusing to accept them)* as if he had not heard them. Give him the good news of a painful punishment *(in Jahannam)*".**

[Surah Jaathiya, verses 7-8]

(7) This World	**Whatever you spend will be only in this world**

Allaah says in the Qur'aan, "**Spend** *(for Allaah's pleasure)* **from what We have provided for you before death comes to any of you and then he says, "O my Rabb! Why do you not grant me respite** *(to continue living)* **for a little while longer so that I can spend in charity and become of the righteous."** *(However,)* **Allaah shall not grant respite** *(an opportunity to continue living)* **to any soul when its term** *(the time for its death)* **arrives. Allaah is Informed of what you do".**

[Surah Munaafiqoon, verses 10-11]

(8) The Aakhirah	**The beauty of the damsels of Jannah**

Rasulullaah ρ said that if a damsel of Jannah has to merely peep into this world, she will fill everything between the sky and earth with light and fragrance. Even her scarf is more valuable than this world and all its contents.

[Bukhaari 2796, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating abdominal worms**

Rasulullaah ρ advised the use of dates to kill abdominal worms.

[Musnad Firdous]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "The person who desires that Allaah responds to his du'aas during his times of grief and difficulty should always make du'aa when in comfort and ease."

[Tirmidhi 3382, from Hadhrat Abu Hurayrah τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	26

(1) Islaamic History	**Victory at the Battle of Badr**

Intent on attacking Madinah and protecting the caravan of Abu Sufyaan, the Mushrikeen of Makkah dispatched an army of a thousand men with ample weapons and provisions. They reached Badr and camped at a spring. When Rasulullaah ρ and the Sahabah ψ arrived on the 2nd of Ramadhaan, they numbered only 313 with 17 camels, two horses and eight swords. However, despite their lack of numbers and equipment, the Muslims shared the fervour to be martyred. After arranging the battle formation, Rasulullaah ρ returned to his tent where he made du'aa saying, "O Allaah! If You allow this little group to be destroyed, there shall remain none to worship You." By the spirit of this du'aa and the self-sacrificing nature of the Sahabah ψ Allaah granted the Muslims a spectacular victory. Seventy of the Mushrikeen were killed together with many of their leaders such as Utba, Shayba, Abu Jahal and Umayyah bin Khalaf. Another seventy were taken prisoner, whilst only fourteen Sahabah ψ were martyred.

(2) Allaah's Power	**The weaverbird**

Allaah has created a little bird known as the weaver that builds nests high up in the tree. These nests are sealed on all sides except for the entrance and thus not a drop of water can enter them. The weaver has taken care of everything necessary in its nest. In fact, it even captures a glow worm every day, which becomes trapped inside the nest and provides the lighting for the night. Think awhile! Who is it that has given such a small bird the intellect to do as humans would? This is all the miracle of Allaah's creative power.

(3) A Fardh	**Hajj**

Rasulullaah ρ said, "O people! Hajj has been made Fardh (obligatory) upon you, so do make an effort to fulfil it."

[Muslim 3257, from Hadhrat Abu Hurayrah τ]

(4) A Sunnah	**Taking one route to the Eid Gah and another upon returning**

When he proceeded to the Eid Gah, Rasulullaah ρ took one route and then used another when he returned.

[Abu Dawood 1156, from Hadhrat Abdullaah bin Umar τ]

(5) An Important Act and its	**The reward for feeding people**

Virtue	

Rasulullaah ρ said, "When a person feeds his Muslim brother until he is satisfied and gives him to drink until his thirst is quenched, Allaah will then place between him and Jahannam seven trenches with the distance between every two trenches being a journey of 500 years."

[*Mustadrak* of Haakim 7172, from Hadhrat Abdullaah bin Amr τ]

(6) A Sin	**The consequences of amassing wealth**

Rasulullaah ρ said, "When a person leaves treasures behind in this world, the same treasures will be transformed into a bald serpent with two stripes on the Day of Qiyaamah. As it starts to chase after him, he will say, 'What are you?' It will reply, 'I am your treasure that you had left behind.' It will then eat his hand and eventually his entire body."

[*Targheeb wat Tarheeb* 1085, from Hadhrat Thowbaan τ]

(7) This World	**Man's rights in this world**

Rasulullaah ρ said that apart from three things, a man is not entitled to any other rights in this world. These are (1) that amount of food which is sufficient to keep his back straight, (2) that amount of clothing that covers his body and (3) a house in which to live. He will be required to account for everything more than this.

[Tirmidhi 2341, from Hadhrat Uthmaan τ]

(8) The Aakhirah	**A frightful punishment for the people of Jahannam**

Allaah says in the Qur'aan, **"Verily the tree of Zaqqoom shall be food for the sinful. It will be like the residue of oil and will boil in the bellies just as water boils. *(Allaah will command the angels of punishment)* "Grab him *(the Kaafir)* and drag him to the very midst of the Blazing Fire!" Then pour the punishment of boiling water over his head." "*(The Kaafir will be told)* Taste *(this punishment)*! You are surely *(one who regarded yourself as the)* most honourable and esteemed *(in the world and therefore refused to accept the message of the Ambiyaa)*. This *(punishment)* is what you used to doubt." *(Now you have in it in front of you and cannot doubt anything.)***

[Surah Dukhaan, verses 43-50]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating with Surah Faatiha**

Rasulullaah ρ said, "Surah Faatiha is a cure for every disease."

[Daarmi 3433, from Hadhrat Abdul Malik bin Umayr]

Allaama Ibn Qayyim رحمه الله writes that when any part of the body is in pain, place the hand on the affected area and recite Surah Faatiha seven times. The pain will Inshaa Allaah be relieved.

[*Tibbun Nabawi*]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, **"O you who have Imaan! If any sinner *(or anyone else)* brings you any news, then verify it *(investigate it to establish the truth)*, lest you should harm any nation unknowingly *(because of being misinformed)* and then become**

remorseful over your actions. *(In this manner, false news will be nipped in the bud)*".

[Surah Hujuraat, verse 6]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	27

(1) Islaamic History	The Battle of Uhud

Although they were demoralised by their defeat at Badr, the Mushrikeen of Makkah were still filled with anger and remorse and could therefore not rest at ease. Although they managed to pass a year without event, it was in the year 3 A.H. that they mustered an army of 3000 men and marched to Madinah, where they set up camp at Mount Uhud. After leading the Jumu'ah salaah, Rasulullaah ρ left Madinah to face them with an army of 1000 Sahabah ψ. This was in the month of Shawwaal. However, it was at the last moment that 300 Munaafiqeen under the leadership of Abdullaah bin Ubay deserted the Muslim army and returned to Madinah, leaving the army with only 700. The battle started at Uhud and the fighting was fierce. Although the Muslims were victorious at the beginning, a misunderstanding caused seventy Sahabah ψ to drink from the goblet of martyrdom. Rasulullaah ρ suffered some injury during this battle and also lost a tooth.

(2) Rasulullaah ρ's Miracle	Water flows from between Rasulullaah ρ's fingers

Hadhrat Jaabir τ reports that when the Muslims were suffering thirst as they camped at Hudaybiyyah, a container of water was brought for Rasulullaah ρ to perform wudhu. When he had completed, the Sahabah ψ grabbed for the water. "What is the matter?" Rasulullaah ρ asked. The Sahabah ψ replied, "We have neither any water to drink nor any to perform wudhu with. All that was available was what we have brought for you." Rasulullaah ρ then placed his hand in the container and water started to gush from between his fingers like a fountain. The Sahabah ψ all managed to drink from the water and even performed wudhu. When Hadhrat Jaabir τ was asked how many Sahabah ψ were there at the time, he replied that they were 1500, yet the water sufficed for all of them.

[Bukhaari 3576]

(3) A Fardh	Salaah of an ill person

Rasulullaah ρ said, "Perform salaah while standing up. If you do not have the ability to do this, then perform salaah while sitting. If you are unable to do even this, then do so while lying on your side."

[Bukhaari 1117, from Hadhrat Imraan bin Husayn τ]

If a person is so ill that he cannot stand, he may perform the salaah

with the Ruku and Sajdah while sitting down. If he is unable to perform the Ruku and Sajdah, he may perform them with indications. However, if he cannot even sit, he may perform his salaah while lying down.

(4) A Sunnah	The du'aa while engaged in relations with one's wife

Rasulullaah ρ advised that the following du'aa should be recited when a person is engaged in relations with his wife:

PUT ARABIC

TRANSLATION: O Allaah! I begin with the name of Allaah. O Allaah! Protect us against Shaytaan and also protect the children we get from Shaytaan.

If this du'aa is recited, Shaytaan will be unable to harm the child to be born of this relationship.

[Bukhaari 141, from Hadhrat Abdullaah bin Abbaas τ]

(5) An Important Act and its Virtue	Assisting a Muslim

Rasulullaah ρ said, "A Muslim is the brother of another Muslim and should therefore never oppress him or leave him without help. When a person fulfils a need of his brother, Allaah will fulfil his needs. When a person alleviates the difficulty of a Muslim, Allaah will alleviate his difficulties in the Aakhirah and when a person conceals the faults of a Muslim in this world, Allaah will conceal his faults in the Aakhirah."

[Abu Dawood 4893, from Hadhrat Abdullaah bin Umar τ]

(6) A Sin	Cheating in weight and measure

Allaah says, "**Destruction be to the cheaters who, when they take measure from mankind** *(when they are buying from others)*, **demand** *(that their purchase be given to them)* **in full.** *(However,)* **If they measure or weigh for people** *(when they are the sellers)*, **they reduce** *(the weight or measurement of the commodity so that the buyer gets less than he pays for)*".

[Surah Mutaffifeen, verses 1-3]

(7) This World	Love for the world

Allaah says in the Qur'aan, "**Indeed these people** *(the Kuffaar)* **love the world and leave behind them** *(have no concern for)* **a weighty day** *(the Day of Qiyaamah)*". Their love for this world made them so blind that they have no concern for the Aakhirah and have made no preparations for it whereas this is the purpose of their lives in this world.

[Surah Dahar, verse 27]

(8) The Aakhirah	The daily announcement of the grave

Rasulullaah ρ stated that the grave makes an announcement every day saying, "I am the home of solitude! I am the home of insects!"

[Tirmidhi 2460, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treating the kidney

Rasulullaah ρ said, "The reason for pain in the side is a nerve in the kidney, which causes pain when it moves. It may be treated with warm water and honey."

[*Mustadrak* of Haakim 8237, from Hadhrat Aa'isha رضي الله عنها]

A person experiences pain in the sides when he has a stone in the kidney. In fact, such pain is most often an indication of some sort of illness. Rasulullaah ρ has prescribed that honey mixed in warm water be used to treat this.

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Allaah gets extremely close to His servants during the last portion of the night. If you can, then engage in Dhikr during this time."

[*Mustadrak* of Haakim 1162, from Hadhrat Amr bin Abasah τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

28

(1) Islaamic History — The conquest of Makkah

In contravention of the Peace treaty of Hudaybiyyah that was signed with the Muslims, the Mushrikeen of Makkah assisted the Banu Bakr tribe in their attack against the Banu Khuzaa'ah tribe, who were allies of the Muslims. In fact, they fought them even though they sought the protection of the sanctity of the Haram. When Rasulullaah ρ learnt of their treachery, he marched on Makkah with a powerful army of ten thousand Sahabah ψ. They entered Makkah as victors on the 21st of Ramadhaan 8 A.H. The Mushrikeen were convinced that revenge will be extracted from them for the harassment and torture that they had subjected the Muslims to for 13 years. However, being the mercy to the worlds, Rasulullaah ρ announced forgiveness for all. This was despite the fact that it was these same people who had sworn at him, who had strewn thorns in his path, who had thrown the intestines of a camel on his back as he performed salaah, who had labelled him as an insane person, who has forced him to leave his beloved hometown, who waged war against him while he stayed in Madinah and had even schemed to assassinate him. Many of the Mushrikeen accepted Islaam just upon seeing Rasulullaah ρ's forgiving nature, mercifulness and magnanimity. Can the history of the world ever show another person of this caibre? Not at all!

(2) Allaah's Power — Springs gushing forth from the mountains

Allaah has placed massive mountains on earth, which are made of solid rock and which tower thousands of metres above the surface of the earth. While the mind will be unable to conceive the presence of any water there, Allaah causes springs of crystal clear water to gush forth from these mountains high up. These springs then grow as they trickle down the slopes of the mountains and gradually become streams and rivers. It is only the great power of Allaah that can cause water to flow from hard rock.

(3) A Fardh — Sadaqatul Fitr is Waajib

Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ had made the Sadaqatul Fitr Waajib (compulsory) to cleanse the fasts of indecent and futile talk and as a provision for the poor.

[Abu Dawood 1609]

(4) A Sunnah	Taking a bath for the Jumu'ah and Eid salaahs

Rasulullaah ρ took a bath (Ghusl) on Fridays, the two days of Eid and the day of Arafah.

[Ahmad 16279, from Hadhrat Faakih bin Sa'd τ]

(5) A Nafl	The reward for rearing daughters

Rasulullaah ρ said, "When a Muslim has two daughters and he cares for them well, these daughters will have him admitted into Jannah."

[Ibn Maajah, 3670]

Other Ahadeeth mention the virtues of caring for one daughter as well as more than two.

(6) A Sin	Forsaking salaah

Rasulullaah ρ said, "When a person intentionally forsakes salaah, Allaah will put all his deeds to waste and will have nothing to do with him until he repents."

[*Targheeb wat Tarheeb* 783, from Hadhrat Umar τ]

(7) This World	Love for this world is destructive

Rasulullaah ρ said, "Be content and look forward to your goals because I swear by Allaah that it is not poverty that I fear most for you. What I fear for you is that the world should open up to you as it had opened up to those before you and you then hanker after it as they had done. It will then destroy you just as it had to them."

[Bukhaari 4015, from Hadhrat Amr bin Auf τ]

(8) The Aakhirah	The exquisite carpets of the people of Jannah

Allaah says in the Qur'aan, "**The people of Jannah shall recline on green decorated and exceptionally beautiful carpets**".

[Surah Rahmaan, verse 76]

(9) Cures from the Qur'aan and Rasulullaah ρ	The best of foods

Rasulullaah ρ said, "The best of foods is the first fruit of the season."

[*Kanzul Ummaal* 28290, from Hadhrat Anas τ]

Although the fruits of the season are an important prescription to maintain good health and to protect against the illnesses of the season, the first fruits of the season are also the best of foods at the same time.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**The Mu'mineen are all brothers *(because they all belong to the same Deen)*, so reconcile *(create harmony)* between your brothers *(whenever a dispute arises)*. Fear Allaah so that mercy may be shown to you**".

[Surah Hujuraat, verse 10]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

29

(1) Islaamic History	The first Hajj in Islaam

The hajj is one of the five pillars of Islaam, which was made Fardh (obligatory) during the year 9 A.H. Rasulullaah ρ therefore sent Hadhrat Abu Bakr τ as the Ameer of the Hajj to fulfil this obligation. A caravan of 300 people left with Hadhrat Abu Bakr τ. Rasulullaah ρ sent Hadhrat Ali τ afterwards with instructions to make an announcement on the day of Mina when all the people would be gathered together. The announcement was that no Kaafir shall enter Jannah, that no Mushrik will be allowed to perform Hajj after that year and that none would be permitted to perform Tawaaf naked (as was the custom amongst the Mushrikeen). This was the first Hajj in Islaam. Hadhrat Abu Bakr τ was the Ameer and Hadhrat Ali τ was the speaker.

(2) Rasulullaah ρ's Miracle	A tree testifies to the Risalaat (Prophethood) of Rasulullaah ρ

Hadhrat Abdullaah bin Umar τ reports that they were once on a journey with Rasulullaah ρ when a Bedouin came up to him. "Will you testify that there is none worthy of worship but Allaah, that He has no partner and that Muhammad ρ is the servant and Rasul (Messenger) of Allaah?" "Who is your witness to this?" the Bedouin asked. "That *Salam* tree," Rasulullaah ρ replied. The tree was standing at the end of the plain and when Rasulullaah ρ called it, it cut a path through the ground as it came up to him. Rasulullaah ρ asked it to testify thrice and it testified three times that Rasulullaah ρ was indeed the Rasul (Messenger) of Allaah. It then returned to its place.

[Daarmi 16]

(3) A Fardh	Missing a salaah without a valid excuse

Rasulullaah ρ said, "When a person performs two salaah during the time of any one salaah without a valid excuse, he will have reached one of the doors of the major sins."

[*Mustadrak* of Haakim 1020, from Hadhrat Abdullaah bin Abbaas τ]

(4) A Sunnah	The du'aa for protection against poverty and Kufr

Rasulullaah ρ prescribed the following du'aa for protection against Kufr and poverty:

PUT ARABIC

TRANSLATION: O Allaah! I seek Your protection against kufr, poverty and punishment in the grave.

[Nasa'ee 5467, from Hadhrat Muslim bin Abu Bakrah τ]

(5) An Important Act and its Virtue	**Giving someone clothing to wear**

Rasulullaah ρ said, "When a person gives another clothing to wear, he will remain in Allaah's protection for as long as the clothing remains on the recipient's body."

[*Mustadrak* of Haakim 7422, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin	**Neglecting salaah**

Allaah says in the Qur'aan, "**Destruction be for those performers of salaah** *(those Muslims who ought to be performing salaah)* **who neglect** *(to perform)* **their salaah, those who** *(when they do any good deed like performing salaah,)* **are ostentatious** *(do it to show off before others)***...**".

[Surah Maa'oon, verses 4-6]

(7) This World	**Wealth is a test**

Allaah says in the Qur'aan, "**As for man,** *(instead of learning from the incidents of the past, he takes no heed and)* **when his Rabb tests him** *(to see whether he is grateful to Allaah)* **by granting him honour and favours, he says, "My Rabb has honoured me** *(because I am His chosen one and deserve this)***."** *(Instead of expressing thanks to Allaah and using the wealth and favours in a manner that pleases Allaah, he becomes proud and conceited)*".

[Surah Fajr, verse 15]

(8) The Aakhirah	**Three doomed people on the Day of Qiyaamah**

Rasulullaah ρ said, "On the Day of Qiyaamah, a neck will emerge from Jahannam that will have two eyes to see, two ears to hear and a tongue to speak. It will say, 'Three types of people will be made over to me; (1) every such person who is proud and turns away from the truth despite knowing that it is the truth, (2) every person who calls to a deity other than Allaah and (3) every person who makes a picture.'"

[*Shu'abul Imaan* 6084, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**A cure from fever**

Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ taught the Sahabah ψ to recite the following du'aa when suffering from fever:
PUT ARABIC

TRANSLATION: I begin in the name of Allaah The Great. I seek the protection of the Glorious Allaah from the evil of every boiling vein and from the evil of the heat of the fire.

[*Tirmidhi 2075*]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "O Ali! Never delay with three things; (1) salaah when its time arrives, (2) burial when the body is ready and (3) the marriage of a single woman when a suitable match is found."

[Tirmidhi 171, from Hadhrat Ali τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

30

(1) Islaamic History	Rasulullaah ρ's historical sermon during the Farewell Hajj

Approximately 124000 Sahabah ψ were present on the plain of Arafah on the 9th of Dhul Hijjah during the year 10 A.H. It was then that Rasulullaah ρ delivered his historical sermon in which he said, "You all have One Deity and are all the children of one father Aadam υ. You are all brother and none has superiority over another except by virtue of his good deeds. Listen well! Fear Allaah with regard to your women since you both have rights upon each other. Your blood and your wealth are forbidden to each other. Listen well! Never stray after me by starting to kill each other. After me you have the Book of Allaah and my example to follow. You will never stray as long as you adhere to these." Rasulullaah ρ also said, "O people! Have I fully conveyed to you the message of your Rabb?" "Of course," the Sahabah ψ responded, "You have certainly conveyed the message fully." Rasulullaah ρ then raised his index finger to the heavens and exclaimed, "You be witness to this, O Allaah!" After this, Rasulullaah ρ engaged in Dhikr, completed the rites of the Hajj and returned to Madinah after a while.

(2) Allaah's Power	The Bermuda Triangle

There is a strange area of the ocean referred to as the Bermuda Triangle where every plane or boat travelling through the area mysteriously goes missing. It has happened too often that aircraft flying over the area suddenly burst into flames and are destroyed. To date, approximately 521 aircraft have been lost there. Aircraft now do not even pass by there. Scientists have been unable to determine what really is the cause of all this and even with all their technological advancements, they are often forced to bow before the awesome might of Allaah's creation.

(3) A Fardh	Upon whom is Sadaqatul Fitr compulsory?

Rasulullaah ρ stated that Sadaqatul Fitr of a Saa of dates or barley is compulsory for every young and old person Muslim, whether male or female, slave or free person. Rasulullaah ρ added that this needs to be paid before people proceed for the Eid salaah.

[Bukhaari 1503, from Hadhrat Abdullaah bin Umar τ]

(4) A Sunnah	Reciting the Takbeer while proceeding for the Eid salaah

Hadhrat Abdullaah bin Umar τ reports that when Rasulullaah ρproceeded from home to the Eid Gah, he continuously recited the Takbeer (Tashreeq) as he walked.

[Daar Qutni 1733]

(5) An Important Act and its Virtue	The intention to do good is also rewarded

Rasulullaah ρ said, "When a person intends to do good but is unable to actually carry out the action, he will receive the reward of a good deed. If he does carry out the action, he will receive a reward ranging from ten to seven hundred good deeds and even more."

[Bukhaari 6491, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin	Giving Haraam wealth as Sadaqah

Rasulullaah ρ said, "The person who amasses Haraam wealth and then gives it as Sadaqah will have it as a detriment to him rather than being rewarded for it."

[*Mustadrak* of Haakim 1440, from Hadhrat Abu Hurayrah τ]

(7) This World	The abstinence of the Sahabah ψ

Hadhrat Abu Hurayrah τ once passed by some people eating roasted meat. When they offered some to him, he refused saying, "Rasulullaah ρ left this world without even filling his belly with barley bread."

[Bukhaari 5414]

(8) The Aakhirah	The fury of Jahannam

Allaah says in the Qur'aan, "**When they are thrown into it, they will hear it roar as it rages *(in addition to it being a raging inferno, Jahannam will also be angry with the Kuffaar). (It will be raging so greatly that)* It will seem as if it is about to burst out of fury. Each time a group *(of people)* is thrown into it, its keeper will ask, "*(How did you end up here?)* Did a warner *(Nabi)* not come to you *(to warn you about this place)*?"**

[Surah Mulk, verses 7-8]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treatment for fever

Rasulullaah ρ said that when a person experiences fever, he should treat it by reciting the following du'aa when he takes a bath for three days:

PUT ARABIC

TRANSLATION: I begin this bath in the name of Allaah. O Allaah! I am taking a bath with the hope that you cure me and with the conviction in the words of Your Nabi Muhammad ρ.

[Ibn Abi Shaybah 172, from Hadhrat Makhool رحمه الله]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! When you convene secret meetings, then do not do it to conspire sin, transgression and *(for purposes of)* disobeying**

the Rasool ρ. Rather hold such meetings for purposes of virtue and Taqwa *(to discuss doing things that please Allaah and Rasulullaah ρ)*. **Fear Allaah to Whom you shall all be gathered".**

[Surah Mujaadalah, verse 9]

(1) Islaamic History — The demise of Rasulullaah ρ

In the brief period of 23 years, Rasulullaah ρ brought a revolution in the environment he was sent to reform. He guided mankind out of deviation and replaced their oppression, aggression and thieving with love and brotherhood, thereby laying the foundation of enduring peace and security. Therefore, when he had fulfilled his duty of propagation and completed the responsibility for which he had been sent, Hadhrat Jibra'eel υ informed him that it was now time for him to depart from this world. Rasulullaah ρ fell ill at the end of the month of Safar and when his illness worsened, he took permission from his wives to stay with Hadhrat Aa'isha رضي الله عنها. He still gave advices to the Sahabah ψ during this period, but his condition gradually deteriorated. The last words that he spoke were, "O Allaah! Forgive me, have mercy on me and take me to meet my Highest Friend. O Allaah! I wish to be in the company of my Highest Friend." This was on a Monday during the month of Rabee ul Awwal when Rasulullaah ρ departed to meet his beloved Allaah, leaving behind his way of life for the generations to come. The news of his demise came as a lightning bolt to the Sahabah ψ and they were reeling in shock with their separation from this benefactor to mankind. They were all struck with grief and were brought back to reality after Hadhrat Abu Bakr τ addressed them with some verses of the Qur'aan. The burial took place during the night between Tuesday and Wednesday.

(2) Rasulullaah ρ's Miracle — A little food sufficing for many people

Hadhrat Jaabir τ reports that during the Battle of the trench, he slaughtered a kid goat and put it up to cook as his wife kneaded some dough to make barley bread. He then went to Rasulullaah ρ and said, "O Rasulullaah ρ! Yourself and a few people may come over to my house for a meal." However, Rasulullaah ρ made an announcement to all the people digging the trench, "Jaabir has invited you all for a meal." Although Hadhrat Jaabir τ was concerned, the little food was enough and although all the people ate to their fill, the pot remained full and the bread also did not diminish. This was despite the fact that the Sahabah ψ numbered a thousand that day.

[Bukhaari 4102]

(3) A Fardh	Performing the Qadhaa salaah

Rasulullaah ρ said, "When any of you forgets to perform salaah or sleeps though the time of salaah, then (as expiation) he should perform the salaah as soon as he remembers."

[Tirmidhi 177, from Hadhrat Abu Qataadahτ]

When a person misses the Fardh salaah for a valid reason or sleeps though the time, it will be Fardh (obligatory) for him to perform the Qadhaa salaah.

(4) A Sunnah	A du'aa for all Muslims

The following du'aa should be recited for the forgiveness of all Muslims, past and future:

PUT ARABIC

TRANSLATION: **"O our Rabb! Forgive us and our brothers** *(the Sahabah ψ)* **who passed before us with Imaan. And do not place any impurity** *(ill-feelings)* **in our hearts against those who have Imaan. O our Rabb! Indeed You are the Most Forgiving, Most Merciful."**

[Surah Hashar, verse 10]

(5) An Important Act and its Virtue	The highest ranks in Jannah for good character

Rasulullaah ρ said, "A home in the centre of Jannah shall be constructed for the person who avoids an argument even though he is right and a home at the highest levels of Jannah shall be constructed for the person who has good character."

[Tirmidhi 1993, from Hadhrat Anas τ]

(6) A Sin	Causing harm to the Mu'mineen

Allaah says in the Qur'aan, "**Verily those who harm the Mu'mineen and Mu'minaat and do not repent thereafter, for them shall be the punishment of Jahannam and the punishment of burning**".

[Surah Burooj, verse 10]

(7) This World	The consequences of amassing wealth

Allaah says in the Qur'aan, "**Destruction be for every person who searches for faults** *(in others)* **and who mocks** *(the Mu'mineen)***; who** *(because of his extreme love for wealth, he)* **amasses wealth and keeps meticulous count of it** *(not spending any of it for Allaah's' pleasure)***. He** *(foolishly)* **thinks that his wealth will keep him alive forever. Never!** *(This will never be so! He will soon have to die and then)* **He will certainly be thrown into the "Thresher"** *("Crusher")*".

[Surah Humazah, verses 1-4]

(8) The Aakhirah	Drops from Jannah and Jahannam

Rasulullaah ρ said, "If a drop from Jannah has to fall on earth, it will make everything on earth sweet for you. However, if a drop from Jahannam has to fall on earth, it will make everything on earth bitter for you."

[Abu Dawood 4948, from Hadhrat Abu Dardaa τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Watermelon

Rasulullaah ρ said that watermelon taken before eating cleanses the stomach and eliminates the root of diseases.

[Ibn Asaakir Vol.6 Pg.102]

(10) Advice from Rasulullaah ρ	

Hadhrat Anas τ reports that Rasulullaah ρ advised him saying, "Dear son! When you get home, first greet your family with Salaam before entering because this greeting will be a source of blessings for you and your family."

[Tirmidhi 2698]

Madrasah in Just Five Minutes

Shawwaal

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	1

(1) Islaamic History	**Ummul Mu'mineen Hadhrat Khadeeja** رضي الله عنها

Hadhrat Khadeeja bint Khuwaylid رضي الله عنها was a great woman with an excellent reputation. She belonged to one of the reputable families of the Quraysh and she also owned a thriving business. She was first married to Abul Haala and had two sons from him. After he passed away, she married Ateeq bin Aabid Makhzoomi, from whom she had one son. After he also passed away a while later, several leaders of the Quraysh proposed to marry her because of her reputation and distinction, but she turned down all their proposals. When she later heard of Rasulullaah ρ's truthfulness and trustworthiness, she felt inclined to marry him, but first sent him with her slave Maysara on a trade journey to Shaam. When he returned from the journey, she was impressed by his trustworthiness, excellent character and business skills and therefore proposed to marry him. When Rasulullaah ρ mentioned the proposal to his beloved uncle Abu Taalib, he was pleased and readily accepted. Hadhrat Khadeeja رضي الله عنها was then 40 and Rasulullaah ρ 25 years of age.

(2) Allaah's Power	**The rising and falling tides**

If you go to the seaside, you cannot help noticing that although the water level constantly rises and falls, it never exceeds a certain level. Should it ever cross the level, it would cause tremendous damage to both life and property because two-thirds of the earth comprises of water. It is only the great might and power of Allaah that stems the rise of the ocean's.

(3) A Fardh	**Allaah is the Rabb of the universe**

Allaah says in the Qur'aan, "**Behold! Creation and command belong to Him. Blessed is Allaah, the Rabb of the** *(entire)* **universe**".

[Surah A'raaf, verse 54]

It is necessary for us to believe that none besides Allaah is the Rabb of

the universe.

(4) A Sunnah	**Forgiving others**

Hadhrat Aa'isha رضي الله عنها reports that Rasulullaah ρ never took revenge for anything done against his person.

[Muslim 6045]

(5) An Important Act and its Virtue	**The virtue of the six fasts of Shawwaal**

Rasulullaah ρ said that after fasting for the month of Ramadhaan, if a person fasts six days during the month of Shawwaal, he will receive the reward of fasting the entire year.

[Muslim 2758, from Hadhrat Abu Ayyoob Ansaari τ]

(6) A Sin	**The signs of a hypocrite**

Rasulullaah ρ said, "There are three signs of a hypocrite; when he speaks, he lies, when he makes a promise, he breaks it and when entrusted with something he breaches the trust."

[Bukhaari 33, Muslim 211, from Hadhrat Abu Hurayrah τ]

(7) This World	**Fear for death and deficiency in wealth**

Rasulullaah ρ said, "People fear two things (whereas both are really better fro them). They fear death when death really saves them from trials and they fear deficiency in their wealth when the less wealth they have, the less will they need to answer for."

[Musnad 23113, from Hadhrat Mahmood bin Labeed τ]

(8) The Aakhirah	**Every person will be summoned by his record of deeds on the Day of Qiyaamah**

Allaah says in the Qur'aan, "*(Do not forget)* **The day when We will call every person by his Imaam** *(by his Nabi or his record of deeds)***. As for those who will be given their books** *(the records of their deeds)* **in their right hands, they will be the ones who will read their books and will not be oppressed in the least** *(they will not be deprived of the reward of any good act)*".

[Surah Bani Israa'eel, verse 71]

(9) Cures from the Qur'aan and Rasulullaah ρ	**There is a cure for every ailment**

Rasulullaah ρ said, "Allaah has sent a cure for every ailment. When it is given to the ailing person, he is cured by the command of Allaah."

[Muslim 5741, from Hadhrat Jaabir τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Verily Allaah instructs you to** *(amicably)* **return trusts** *(that others place in your care)* **to their rightful owners**".

[Surah Nisaa, verse 58]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	2

(1) Islaamic History	**The virtues of Hadhrat Khadeeja رضي الله عنها and her services**

No woman until the Day of Qiyaamah can match the distinction and virtue that Allaah had granted to Ummul Mu'mineen Hadhrat Khadeeja رضي الله عنها. She was the first person to believe in the prophethood of Rasulullaah ρ and she supported Rasulullaah ρ through extremely difficult trials. She suffered every type of hardship fore the sake of Islaam and was always there to comfort Rasulullaah ρ through periods of grief and sadness. This distinguished her from the other wives of Rasulullaah ρ. Allaah sent greetings exclusively for her through Hadhrat Jibra'eel υ and Rasulullaah ρ himself said, "I swear by Allaah that I have never had a wife better than Khadeeja. She believed in me when nobody else would, she accepted that I was a messenger when other refused to accept and she spent her wealth on me when others were unwilling to." The truth of the matter is that she did a tremendous favour to the entire Ummah through her physical and financial sacrifices in propagating Islaam during the very early stages. May Allaah grant her the very best rewards. Aameen. She passed away ten years after Rasulullaah ρ announced his prophethood at the age of 65 and is buried in the Hajoon cemetery in Makkah, also known as Jannatul Ma'la.

(2) Rasulullaah ρ's Miracle	**Date palms that bore dates very early**

Hadhrat Salmaan Faarsi τ was the slave of a Jew. When he accepted Islaam, his master told him that he will be set free only once he planted a number of date palms, tended to them and got them to bear dates. When Rasulullaah ρ learned about this, he planted the date palms with his own hands and by his blessings, the palms bore dates within a year (which would normally never happen).

[Shamaa'il Tirmidhi Pg.3]

(3) A Fardh	**It is necessary for salaah to be performed properly**

Rasulullaah ρ said, "Salaah will be the first of deeds to be reckoned for on the Day of Qiyaamah. If the salaah is in order, all the other deeds will be in order. If not, all will then be found unsuitable."

[*Targheeb wat Tarheeb* 516, from Hadhrat Abdullaah bin Qurt τ]

(4) A Sunnah	**The du'aa when afflicted by an adversity**
The following du'aa should be recited when one is afflicted by an adversity or hears bad news: TRANSLATION: To Allaah we (together with our wealth and children) belong and to Him shall we return (after death). [Surah Baqar, verse 156]	
(5) An Important Act and its Virtue	**Travelling to acquire the knowledge of Deen**
Rasulullaah ρ said, "Allaah shall ease the path to Jannah for the person who travels in search of the knowledge of Deen." [Muslim 6853, from Hadhrat Abu Hurayrah τ]	
(6) A Sin	**Breaking oaths**
Allaah says in the Qur'aan, "**Verily those who purchase a small gain** *(of this world)* **at the cost of** *(breaking)* **Allaah's covenant and** *(at the cost of breaking)* **their oaths** *(that they make with others)***, such people have no portion** *(of good)* **in the Aakhirah. Allaah will neither speak to them** *(with compassion)* **nor look at them** *(with mercy)* **on the Day of Qiyaamah, and will not purify** *(forgive)* **them. They shall have a painful punishment**". [Surah Aal Imraan, verse 77]	
(7) This World	**Never be content with the life of this world**
Allaah says in the Qur'aan, "**Indeed those who do not wish to meet Us, who are pleased and contented with the life of the world** *(because they do not believe in the Aakhirah and have no concern for the Aakhirah)* **and who are indifferent towards Our Aayaat, these are the ones whose abode** *(final resting place)* **shall be the Fire** *(of Jahannam)* **because of what they earn** *(because of their incorrect beliefs and their sins)*". [Surah Yunus, verses 7-8]	
(8) The Aakhirah	**The scene of Qiyaamah**
Rasulullaah ρ said, "If you knew what I know (about the scene of the Aakhirah), you would laugh less and weep more." [Bukhaari 6486, from Hadhrat Anas τ]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**The best cure**
Rasulullaah ρ said that the best cure is the Qur'aan. [Ibn Maajah 3533, from Hadhrat Ali τ] Ulema have stated that when a verse of the Qur'aan is recited which corresponds to the ailment being suffered, one will Inshaa Allaah be cured of the ailment. This was the practice of the Sahabah ψ.	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Fear the curse of the oppressed person because there is no barrier preventing his curse from reaching Allaah." [Tirmidhi 2014, from Hadhrat Mu'aadh bin Jabal τ]	

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	3

(1) Islaamic History	**Ummul Mu'mineen Hadhrat Aa'isha** رضي الله عنها

Hadhrat Aa'isha رضي الله عنها was the daughter of Hadhrat Abu Bakr τ. She was unmatched in her knowledge, virtues, character, accomplishments, courage and enthusiasm. She feared none when it came to stating the truth. She was born in Makkah four years after Rasulullaah ρ announced his prophethood and showed signs of great intelligence from childhood. Despite having access to a servant, she did her domestic chores herself. She always assisted the poor, helped to raise orphans, entertained guests and spend her wealth in the path of Allaah. When Hadhrat Mu'aawiya τ once sent her a hundred thousand Dirhams as a gift, she had spent it all on the poor by the very same evening. At the same time, she engaged in Ibaadah with great enthusiasm, always followed the Sunnah and carried out every injunction of the Shari'ah with great care. She was very particular about the Tahajjud and Chaast salaahs, fasted almost every day and was cautious to stay away from even the most minor infringements of the Shari'ah.

(2) Allaah's Power	**Fruits and flowers from one type of water**

Allaah is that extremely Powerful Being Who has created a variety of trees, fruits and flowers from one type of water. Furthermore, despite being grown in the same soil and with the same water, each variety has different colours and different flavours.

(3) A Fardh	**Performing Tayammum when no water is available**

Rasulullaah ρ said, "Clean sand is a means of purification for the Muslim even if he does not find water for ten years. Should he then find water, he should pour it over his body (perform wudhu and ghusl)."
[Abu Dawood 332, from Hadhrat Abu Dharr τ]

(4) A Sunnah	**The method of removing the clothing when relieving oneself**

Hadhrat Abdullaah bin Umar τ reports that when Rasulullaah ρ relieved himself, he removed his garment only once he was close to the ground.

[Abu Dawood 14]

(5) An Important Act and its Virtue	**Reciting a Surah of the Qur'aan before going to bed**

Rasulullaah ρ said, "When a person recites any Surah of the Qur'aan when going to bed, Allaah will appoint an angel to guard him and nothing harmful can even approach him until he wakes up."

[Tirmidhi 3407, Hadhrat Shaddaad bin Aws τ]

(6) A Sin	**The punishment for falsely reporting Ahadeeth**

Rasulullaah ρ said, "Be careful when reporting from me and report only that which you are certain about. The person who falsely attributes something to me should prepare his abode in Jahannam."

[Tirmidhi 2951]

(7) This World	**The signs of ill fortune**

Rasulullaah ρ mentioned that the following four things are a sign of ill fortune; (1) dry eyes (that do not weep out of fear of Allaah), (2) a hard heart (that neither softens for the Aakhirah nor for anyone at any other time), (3) long hopes and (4) greed for this world.

[*Targheeb wat Tarheeb* 4741, from Hadhrat Anas τ]

(8) The Aakhirah	**The good fortune of the people of Jannah**

Allaah says in the Qur'aan, "**There** *(in Jannah)* **they will not hear any futile** *(useless and absurd)* **talk;** *(they will hear)* **only** *(words of)* **peace** *(greetings of Salaam and talk that will increase their peace and comfort)***. They shall have their sustenance there morning and evening** *(at all times, as and when they please)***. This is the Jannah that Our bondsmen with Taqwa shall inherit** *(shall acquire)*".

[Surah Maryam, verses 62-63]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Honey as treatment for stomach ailments**

A man once came to Rasulullaah ρ saying, "My brother is suffering from diarrhoea." "Give him honey to drink," Rasulullaah ρ said. The man went, gave honey to his brother and then returned saying, "O Rasulullaah ρ! I gave him honey but it only made his diarrhoea worse." "Go and give him honey to drink," Rasulullaah ρ repeated. The man went, again gave his brother honey and then returned yet again saying, "His diarrhoea is no even worse." Rasulullaah ρ said, "Allaah speaks the truth and it is your brother's belly that is lying. Go and give him honey." This time when the man gave honey to his brother, he was completely cured.

[Bukhaari 5684, from Hadhrat Abu Sa'eed Khudri τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Choose not the Kaafiroon as friends in place of the Mu'mineen. Do you wish that Allaah establishes a clear proof against you** *(which will label you a hypocrite, thereby condemning you to Jahannam)***?**".

[Surah Nisaa, verse 144]

(1) Islaamic History	The scholastic status of Hadhrat Aa'isha رضي الله عنها

Hadhrat Aa'isha رضي الله عنها enjoyed a very high status in as far as her knowledge of Deen was concerned and there were only a few Sahabah ψ whose knowledge excelled hers. Together with having memorised the entire Qur'aan, she was an expert in Tafseer as well as in Ahadeeth. She had an excellent aptitude for solving the most intricate questions and even the senior Sahabah ψ referred to her for clarity on many injunctions of Deen. Hadhrat Abu Sa'eed Khudri τ says, "Whenever we faced any trying problems, we would refer it to Hadhrat Aa'isha رضي الله عنها and she would solve it almost immediately." Imaam Zuhri رحمه الله used to say that if the knowledge of all men as well as all the wives of Rasulullaah ρ were combined, the knowledge of Hadhrat Aa'isha رضي الله عنها would prove greater than all of theirs. It has been stated that a quarter of the knowledge of Deen relates to her. She was matchless in disseminating the laws of Deen and the Shari'ah and has narrated approximately 2210 Ahadeeth. Without any doubt, she has certainly done a tremendous service to the entire Ummah, because of which she is even referred to as *Muhsinatul Ummah*. She passed away in the year 66 A.H. in Madinah and buried at night in Jannatul Baqee. May Allaah grant her the best of rewards on behalf of the entire Ummah. Aameen.

(2) Rasulullaah ρ's Miracle	Foretelling a tempest

Hadhrat Abu Humayd τ reports that they were once with Rasulullaah ρ in Waadil Qura when he said to them, "A fierce tempest is due to take place tonight. No person should therefore be standing and whoever has camels should ensure that they are tied with ropes." Just as Rasulullaah ρ foretold, a fierce wind raged that night. When one of the men stood up, the wind lifted him off the ground and flung him to Jabal Tayy.

[Muslim 5948]

(3) A Fardh	Upon whom is the Hajj Fardh (obligatory)

Allaah says in the Qur'aan, "**Hajj** *(pilgrimage to show love for Allaah)* **to the House** *(the Kabah)* **is a duty that people who are able to find a way there owe to Allaah** *(therefore, Muslims who can afford to go to Makkah to perform Hajj have to do so)*".

[Surah Aal Imraan, verse 97]

(4) A Sunnah	The du'aa to ease difficult

	tasks
The following du'aa should be recited when faced with any difficult task: TRANSLATION: O Allaah! There is nothing easy apart from that which you make easy and you can certainly ease grief whenever You wish. [Ibn Sunni 351, from Hadhrat Anas τ]	
(5) An Important Act and its Virtue	**The virtues of Surah Ikhlaas**
Rasulullaah ρ once asked the Sahabah ψ, "Can any of you manage to recite a third of the Qur'aan in a single night?" "How can we accomplish this?" the Sahabah ψ asked. Rasulullaah ρ then explains, "Surah Ikhlaas is equal to a third of the Qur'aan." [Muslim 1886, from Hadhrat Abu Dardaa τ]	
(6) A Sin	**The punishment for those who spread corruption on earth**
Allaah says in the Qur'aan, "**The only punishment for those who make war with** *(people who believe in)* **Allaah and who strive to spread corruption on earth** *(by robbing and murdering)* **is that they be killed** *(if they killed others)* **or crucified** *(if they killed others and robbed them as well)***, or their hands and feet cut off from opposite sides** *(rights hands and left feet if they robbed people without killing anyone)***, or that they be exiled from the land** *(if they terrorised people without killing or robbing anyone)***. Such shall be their humiliation in this world and in the Aakhirah they shall have a terrible punishment…**". [Surah Maa'idah, verse 33]	
(7) This World	**The Aakhirah is more important than this world**
Allaah says in the Qur'aan, "**You desire the things** *(wealth)* **of this world** *(and make an effort to acquire it)* **while Allaah desires** *(that you rather make an effort to acquire)* **the Aakhirah. Allaah is Mighty, the Wise** *(what He desires for you is best)*". [Surah Anfaal, verse 67]	
(8) The Aakhirah	**The first to be resurrected on the Day of Qiyaamah**
Rasulullaah ρ once said, "We are the last of people to come to this world, but will be the first to be resurrected on the day of *Hashar* (when all people will be gathered together for reckoning)." [Bukhaari 876, from Hadhrat Abu Hurayrah τ]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Cure for insomnia**
When someone complained of his insomnia, Rasulullaah ρ advised him to recite the following du'aa: TRANSLATION: O Allaah! The stars have faded, eyes have been calmed and You are the Ever Living, the Maintainer. O the Ever Living and the Maintainer, do allow my eyes to sleep and make my night peaceful. [Tabraani in his Kabeer 4683]	

(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Raise your garment to your shins. If you are unable to do this, then at least rise them above the ankles." [Abu Dawood 4084, from Hadhrat Jaabir bin Sulaym τ]	

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	5

(1) Islaamic History	Hadhrat Khowla bint Tha'laba رضي الله عنها

Hadhrat Khowla رضي الله عنها belonged to the Khazraj tribe of the Ansaar. She accepted Islaam together with all her family members when Rasulullaah ρ arrived in Madinah and had also pledge her allegiance to Rasulullaah ρ. Her husband Hadhrat Aws bin Saamit τ had practised the act of Zihaar with her, meaning that he told her, "You are forbidden to me as is the back of my mother." In pre-Islaamic days, this was regarded as divorce, but she immediately went to Rasulullaah ρ and reported the matter to him in tears. It was then that Surah Mujaadalah was revealed, explaining that it was necessary to pay Kaffaara. Hadhrat Khowla رضي الله عنها the paid the Kaffaara on behalf of her husband. It was therefore because of her that Allaah revealed the verses of the Qur'aan, through which the entire Ummah received clarification on the matter of Zihaar. Hadhrat Khowla رضي الله عنها was very eloquent in speech and spoke with great confidence. Without a hint of fear, she would also advise a personality as great as Ameerul Mu'mineen Hadhrat Umar τ. Taking heed to what she would say, Hadhrat Umar τ used to remark, "This is the lady whose complaint was heard from above the seven heavens." It was during his reign of Khilaafah that she passed away.

(2) Allaah's Power	The Joints of the body

Allaah has created our bodies so well. We have many joints in our bodies that facilitate easy movement so that we may complete our tasks with ease. We know very well what tremendous difficulty we experience when any of these joints do not function. Allaah truly is the Most Wise.

(3) A Fardh	Discarding salaah

Rasulullaah ρ said that discarding salaah takes a person to Kufr and Shirk.

[Muslim 247, from Hadhrat Jaabir τ]

(4) A Sunnah	The manner of using the toilet

Whenever Rasulullaah ρ went to the toilet, he wore sandals and covered his head.

[Bayhaqi Vol.1 Pg.96]

(5) An Important Act and its Virtue	Removing obstacles from the road

Rasulullaah ρ said, "A man was once passing by a road and a removed

from it a branch of a thorny tree that he saw lying across. Allaah appreciated this act so much that He forgave his sins."

[Bukhaari 652, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Lying to entertain people**

Rasulullaah ρ said, "Destruction be for the person who speaks lies merely to make people laugh. Destruction be for him! Destruction be for him!"

[Abu Dawood 4990, from Hadhrat Mu'aawiya bin Hayda τ]

(7) This World	**The consequences of making this world one's objective**

Rasulullaah ρ said, "When a person becomes Allaah's, Allaah assumed responsibility for his affairs and grants him sustenance from sources that he cannot fathom. As for the person who bows before the world, Allaah hands him over to the world."

[Bayhaqi 1090, from Hadhrat Imraan bin Husayn τ]

(8) The Aakhirah	**The jewellery of Jannah**

Allaah says in the Qur'aan, "**Allaah will surely admit those who have Imaan and who do good acts into Jannaat beneath which rivers flow. There they will be adorned with bangles of gold and pearls** *(which will look beautiful on males and females alike)* **and their clothes in Jannah shall be** *(made)* **of silk**".

[Surah Hajj, verse 23]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Healing a scorpion's sting**

Hadhrat Ali τ reports that Rasulullaah ρ was once performing salaah when a scorpion stung him. He killed the scorpion and once the salaah was over, he said, "May Allaah curse the scorpion! It leaves neither the person in salaah nor the one out of salaah." Rasulullaah ρ then asked for some water and salt and mixed them in a dish. Therefore, Rasulullaah ρ continued pouring the water over the injured finger and rubbing it as he recited Surah Falaq and Surah Naas and blew on the wound.

[Bayhaqi 2471]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan!** *(Always)* **Stand upright** *(steadfastly)* **for Allaah** *(by obeying all His commands and defending His Deen)***, bearing testimony with justice** *(testify without shortcomings or excesses regardless of whom the testimony may affect)***. Let not** *(your)* **hatred for a nation provoke you to be unjust** *(towards them)***. Be just! It is closer to Taqwa. Fear** *(the punishment of)* **Allaah! Indeed Allaah is Informed of what you do** *(and He will punish you for behaving unjustly)*".

[Surah Maa'idah, verse 8]

(1) Islaamic History	Hadhrat Jameela bint Sa'd bin Rabee رضي الله عنها

Hadhrat Sa'd τ and his father Hadhrat Rabee τ were two companions of Rasulullaah ρ from the Ansaar who were martyred as they protected Rasulullaah ρ during the Battle of Uhud. Hadhrat Jameela رضي الله عنها the daughter of Hadhrat Sa'd τ was not yet born at the time. Her mother then came to Rasulullaah ρ saying, "Sa'd's brothers have takes away all the inheritance and have left nothing for me and my two daughters." It was then that Allaah revealed the laws of inheritance, which stipulated shares for the wife and daughters. Before Islaam, there was not a single nation or religion that stipulated shares in the estate for women. The mother of Hadhrat Jameela رضي الله عنها therefore became the cause for the revelation of the verses of inheritance. Being the child of a pious mother and father, Hadhrat Jameela رضي الله عنها was also a person with great qualities. She was well versed in the knowledge of Fiqh and inheritance and had also memorised the entire Qur'aan. She taught the Qur'aan to her children together with the circumstances of revelation. Her children were therefore proficient in the knowledge of Deen and, together with them, many other students also flocked to her. Amongst her children was Hadhrat Khaarija bin Zaid رحمه الله, who was one of the seven eminent Qurraa of Madinah.

(2) Rasulullaah ρ's Miracle	The effect of Rasulullaah ρ's du'aa

Hadhrat Abu Ya'laa رحمه الله reports that Hadhrat Ali τ used to wear summer clothing in winter and winter clothing in summer. When asked about it, he related that when Rasulullaah ρ had summoned for him during the Battle of Khaybar, he informed Rasulullaah ρ that he was experiencing severe pain in his eye. Rasulullaah ρ then applied some of his blessed saliva to the eye and made du'aa saying, "O Allaah! Avert cold and heat from Ali." Hadhrat Ali τ says that from that day onwards, he was neither affected by heat nor cold.

[Ibn Maajah 117]

(3) A Fardh	It is necessary to acquire the knowledge of Deen

Rasulullaah ρ said, "It is Fardh (obligatory) for every Muslim to acquire the knowledge of Deen."

[Ibn Maajah 224, from Hadhrat Anas τ]

(4) A Sunnah	An escape from every type of worry and difficulty

The following du'aa should be recited when one is afflicted by any type of worry or difficulty:

[Bukhaari 6346, from Hadhrat Abdullaah bin Abbaas τ]

(5) An Important Act and its Virtue	Asking for death as a martyr

Rasulullaah ρ said, "The person who sincerely asks for death as a martyr will be granted the status of a martyr even if he passes away on his bed."

[*Mustadrak* of Haakim 2412, from Hadhrat Sahl bin Hunayf τ]

(6) A Sin	It is Haraam to regard something as Haraam when it is Halaal

Allaah says, "**O you who have Imaan! Do not forbid** *(declare as unlawful)* **the pure things that Allaah has permitted** *(made lawful)* **for you** *(by regarding something Halaal as Haraam)* **and do not overstep** *(do not exceed the limits of the Shari'ah)***. Surely Allaah does not like those who overstep** *(exceed limits)*".

[Surah Maa'idah, verse 97]

(7) This World	Allaah's bounties

Allaah says in the Qur'aan, "**This** *(punishment)* **is because Allaah will not change** *(will not take away)* **any favour that He gave to a nation until they change what is within themselves** *(until they corrupt their beliefs and actions, thereby inviting Allaah's punishment, which will cause them to lose all their bounties)***. Indeed Allaah is All Hearing, All Knowing** *(He knows the thoughts and actions of every person)*".

[Surah Anfaal, verse 53]

(8) The Aakhirah	The people upon whom Qiyaamah will arrive

Rasulullaah ρ said, "Qiyaamah will arrive only upon the worst of people."

[Muslim 7402, from Hadhrat Abdullaah bin Mas'ood τ]

The system of the universe will continue to remain in motion for as long as there is a single person on earth who takes the name of Allaah. However, as soon as no such person is left and the world is occupied only by evil people, Qiyaamah will arrive.

(9) Cures from the Qur'aan and Rasulullaah ρ	A cure from fever

Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ taught the Sahabah ψ to recite the following du'aa when suffering from fever:

TRANSLATION: I begin in the name of Allaah The Great. I seek the protection of the Glorious Allaah from the evil of every boiling vein and

from the evil of the heat of the fire.

[*Tirmidhi 2075*]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "When you receive a marriage proposal from someone whose Deen and character satisfy you, then let the marriage take place. Should you fail to do so, terrible strife and corruption will spread on earth."

[Tirmidhi 1084, from Hadhrat Abu Hurayrah τ]

(1) Islaamic History	Hadhrat Hassaan bin Thaabit τ

Hadhrat Hassaan bin Thaabit τ was referred to as Rasulullaah ρ's poet. Apart from him, no other Sahabi τ was given the honour of speaking from the pulpit of Rasulullaah ρ. This was granted to him when the Kuffaar composed poetry insulting Rasulullaah ρ. Rasulullaah ρ then allowed Hadhrat Hassaan τ to mount the pulpit and recite poetry in praise of Rasulullaah ρ. It has been said that Hadhrat Hassaan τ, who was from amongst the Ansaar, was regarded as the poet of Madinah before Rasulullaah ρ arrived in Madinah. When Rasulullaah ρ arrived there, he was known as Rasulullaah ρ's poet and he later became the honoured poet of the Muslim world. Although Hadhrat Hassaan τ was never able to join Rasulullaah ρ in any of the battles because of his old age, he actively fought the Kuffaar with his tongue. It has been stated that the best of poets in Arabia were the poets of Yathrib (Madinah) and the best amongst them was Hadhrat Hassaan τ. Hadhrat Hassaan τ lived to the age of 120, 60 years during the Period of Ignorance and 70 years as a Muslim.

(2) Allaah's Power	The saltiness of the sea

Our earth comprises of a third of land and two thirds of ocean. The oceans contain countless creation of Allaah and only He knows how many are being born each day and how many die each day. In addition to this, the people of the world dump their waste in the ocean. However, Allaah has made the sea salty and it is because of this saltiness that the sea manages to reduce all this waste and dead creatures. Had it not been for this, all the water would have spoiled and given off a terrible stench, causing untold harm to all within and outside the oceans. It is through Allaah's immense power that He has created the oceans as He did.

(3) A Fardh	Returning a borrowed item

. Allaah says in the Qur'aan, **"Verily Allaah instructs you to (amicably) return trusts (that others place in your care) to their rightful owners".**

[Surah Nisaa, verse 58]

If someone has in his possession an item that belongs to another person, it is Fardh for him to return the item to the owner

(4) A Sunnah	Keeping the Masjid clean

Rasulullaah ρ used to use the fronds of date palms to remove dirt and

dust from the Masjid.

[Ibn Abi Shaybah Vol.1 Pg.435]

(5) An Important Act and its Virtue	**The Ishraaq salaah**

Rasulullaah ρ said, "Allaah says, 'O son of Aadam! Perform two Rakaahs salaah for Me at the beginning of the day (the Ishraaq salaah) and I shall see to all your tasks for the rest of the day.'"

[Tirmidhi 475]

(6) A Sin	**The consequences of displeasing one's parents**

Rasulullaah ρ said, "A person's salaah will not be accepted as long as his parents are displeased with him on some reasonable account."

[*Kanzul Ummaal* 45517, from Hadhrat Abu Hurayrah τ]

(7) This World	**The consequences of hankering after his world**

Rasulullaah ρ said, "The person who hankers after this world has no affiliation with Allaah and the one who willingly allows himself to be humiliated (for worldly motives) has no affiliation to us."

[Tabraani in his Kabeer 478, from Hadhrat Abu Dharr τ]

(8) The Aakhirah	**The roar of Jahannam**

Allaah says in the Qur'aan, "**When it** *(Jahannam)* **will see them** *(the Kuffaar)* **from a distance** *(on the Day of Qiyaamah)***,** *(it will be so intense that)* **they will hear the roar of its fury and it's crackling** *(flames)***. When they are flung into a narrow place** *(in Jahannam)* **with their hands and feet in shackles, they will cry out for destruction** *(they will plead for death to come to them)***.**".

[Surah Furqaan, verses 12-13]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Curing illnesses through the *Mu'awwadhatayn***

Hadhrat Aa'isha رضي الله عنها reports that whenever Rasulullaah ρ fell ill, he would recite the *Mu'awwadhatayn* (Surah Falaq and Surah Naas) and then blow over his body.

[*Tafseer Tabari*]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**And approach** *(use or invest)* **the wealth of the orphan** *(who is in your care)* **only in a favourable** *(fair or profitable)* **manner until he reaches maturity. And** *(in addition to all these commands)* **give full measure and weight in fairness** *(when you trade with people)***. We do not place on a soul a responsibility unless it is within its capability** *(all these commands are therefore within the capability of every person)*".

[Surah An'aam, verse 152]

(1) Islaamic History	Hadhrat Khabbaab bin Arat τ

Hadhrat Khabbaab τ accepted Islaam at the very beginning and was therefore greatly tortured by the Mushrikeen. He was made to wear armour upon his bare back and left to swelter in the burning sun, which made the armour heat up to very high temperatures. He was also made to lie on burning coals, which caused the flesh of his body to sear. His owner who was a woman by the name of Umm Anmaar used to heat iron rods and brand him on his head. Hadhrat Khabbaab τ tolerated all of these atrocities against him with great perseverance. He once complained about this to Rasulullaah ρ and Rasulullaah ρ made du'aa saying, "O Allaah! Assist Khabbaab!" it was eventually as a result of this du'aa that Allaah then had him set free. Hadhrat Khabbaab τ was well versed in the knowledge of the Qur'aan and he taught the Qur'aan at the house of Hadhrat Sa'eed bin Zaid τ and Hadhrat Umar τ's sister Faatima رضي الله عنها. He was the first to migrate to Madinah and, towards the end of his life, he left to stay in Kufa, where he passed away in the year 37 A.H. at the age of 73.

(2) Rasulullaah ρ's Miracle	Blessings in fruit

Hadhrat Anas τ reports that he served Rasulullaah ρ for ten years and Rasulullaah ρ made the following du'aa for him, "O Allaah! Grant him blessings in his wealth and children and in everything that you grant to him."
[Bukhaari 6344]
It was because of this du'aa that the orchard that Hadhrat Anas τ owned bore fruit twice a year and it also contained a plant that had the fragrance of musk.

[Tirmidhi 3833, from Hadhrat Abul Aaliya رحمه الله]

(3) A Fardh	Joining the salaah from the Takbeer Tahreema

Rasulullaah ρ said that when a person sincerely performs salaah in Jamaa'ah for forty days, he will received immunity from Jahannam and immunity from hypocrisy.

[Tirmidhi 241, from Hadhrat Anas τ]

(4) A Sunnah	The du'aas when sneezing

Rasulullaah ρ said that when a person sneezes, he should recite *"Alhamdu Lillaah"*, the person hearing the sneeze should recite

"*Yarhamu Kallaah"*, after which the one who sneezed should reply by saying, "*Yahdi Kumulaahu wa Yuslihu Baalakum*".

[Ibn Maajah 3715, from Hadhrat Ali τ]

(5) An Important Act and its Virtue	**Salaah performed with proper concentration secures forgiveness**

Rasulullaah ρ said that when a person performs two Rakaahs of salaah in which he makes no errors, Allaah will forgive all his sins.

[Ahmad 21183, from Hadhrat Zaid bin Khaalid τ]

(6) A Sin	**The consequences of not preventing oppression**

Allaah says in the Qur'aan, "**Besides a few of them whom We had rescued** *(from punishment)*, **why were there no more men of understanding from the nations of the past, who would prevent** *(others from)* **corruption** *(kufr and Shirk)* **in the land?** *(However, instead of preventing others from kufr)* **The oppressors followed** *(indulged in)* **the luxuries they enjoyed and** *(just like the masses)* **were criminals** *(also did what others did)*. *(Had people prevented others from kufr, they would have all been saved from Allaah's punishment.)*".

[Surah Hood, verse 116]

(7) This World	**Providing sustenance is Allaah's responsibility**

Allaah says in the Qur'aan, "**The responsibility of sustaining every creature on earth rests with Allaah**".

[Surah Hood, verse 6]

(8) The Aakhirah	**The hammers in Jahannam**

Rasulullaah ρ said that if a mountain was to be struck by a hammer from Jahannam, it would be reduced to smithereens.

[Ahmad 11377, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The cure for unconsciousness**

Hadhrat Abdullaah bin Mas'ood τ once whispered something into the ear of an unconscious person, which caused him to regain consciousness. When asked what it was she recited, he replied that it was the verses:

[Surah Mu'minoon, verses 115-118]

He then added, "If these verses were recited with conviction and blown on a mountain, it would certainly move from its place."

[Ibn Sunni 631]

(10) Advice from Rasulullaah ρ	

When a person once asked Rasulullaah ρ what actions were best in Islaam, he replied, "Feed people and greet those whom you know as well as those whom you do not know."

[Bukhaari 12, from Hadhrat Abdullaah bin Amr τ]

(1) Islaamic History	Hadhrat Ummu Fadhl bint Haarith رضي الله عنها

Hadhrat Ummu Fadhl رضي الله عنها was the wife of Rasulullaah ρ's uncle Hadhrat Abbaas τ. She was also the sister of Rasulullaah ρ's wife Hadhrat Maymoona رضي الله عنها and the maternal aunt of Hadhrat Khaalid bin Waleed τ.her real name was Lubaaba. She was the second woman to accept Islaam, the first being Hadhrat Khadeeja رضي الله عنها. She also suffered the boycott with the Muslims in the Valley of Abu Taalib, during which period she delivered her son Hadhrat Abdullaah bin Abbaas τ. She supported Rasulullaah ρ during the period when the Mushrikeen opposed him in Makkah even though her husband Hadhrat Abbaas τ had then not yet disclosed his conversion to Islaam. She was therefore unable to migrate to Madinah early and managed to do so with her husband only after he had disclosed his Islaam. Hadhrat Ummu Fadhl رضي الله عنها worshipped Allaah profusely and performed an abundance of Nafl salaahs together with Nafl fasts. She was particular about fasting every Mondays and Thursdays. Rasulullaah ρ sometimes went to her house to visit and sometimes even took his afternoon nap there. She passed away before Hadhrat Abbaas τ during the Khilaafah of Hadhrat Uthmaan τ, who then led her Janaazah salaah.

(2) Allaah's Power	The firefly is a spectacle of Allaah's power

Allaah has created a wide variety of creatures and each of them has their own special characteristics. If we need to light a small bulb, we are unable to do so without electricity. Allaah has created the firefly, which is capable of glowing without any apparent means, but purely by the power of Allaah. A true spectacle of Allaah's power.

(3) A Fardh	The daughter's share of inheritance

Allaah says, "**Allaah instructs you concerning your children. For a male is the share of two females**"

[Surah Nisaa, verse 11]

It is Fardh to give a daughter one part of the father's estate, whereas the son received two parts.

(4) A Sunnah	Performing wudhu after relieving oneself

Hadhrat Aa'isha رضي الله عنها reports that performed wudhu after he had relieved himself.

[Ahmad 25033]

(5) An Important Act and its Virtue	**The best du'aa**

When someone asked Rasulullaah ρ which du'aa was best to make, Rasulullaah ρ replied, "A person's du'aa for himself (so that he may ask his needs from Allaah instead of from people)."

[*Mustadrak* of Haakim 1992, from Hadhrat Aa'isha رضي الله عنها]

(6) A Sin	**Dressing for show**

Rasulullaah ρ said, "When a person dresses for show in this world, Allaah will dress him in humiliation on the Day of Qiyaamah and then fling him into Jahannam."

[Ibn Maajah 3608, from Hadhrat Abu Dharr τ]

(7) This World	**The consequences of fulfilling one's desires in this world**

Rasulullaah ρ said, "The person who fulfils his desires in this world will be deprived of doing so in the Aakhirah."

[Bayhaqi 9390, from Hadhrat Baraa τ]

(8) The Aakhirah	**The bounties of Jannah**

Allaah says in the Qur'aan, "**49. This** *(Qur'aan and mention of the Ambiyaa)* **is advice** *(to people)***. Without doubt, those with Taqwa will have a pleasant abode;** *(where they will enjoy)* **eternal Jannaat, with the doors opened for them** *(to welcome them)***. They will recline there, asking for** *(whatever they desire from)* **the abundance of fruit and drinks. They shall have with them wives with eyes downcast** *(in humility)***, and** *(who are all)* **of the same** *(youthful)* **age**".

[Surah Saad, verses 49-52]

(9) Cures from the Qur'aan and Rasulullaah ρ	**A cure for wounds**

Hadhrat Aa'isha رضي الله عنها reports that whenever someone was wounded or developed a cyst, Rasulullaah ρ took some soil on his finger (mixed with saliva) and applied it to the affected area as he recited the following du'aa:

TRANSLATION: In the name of Allaah do I apply the soil of our ground with our saliva in order to heal our ailing ones by the command of our Rabb.

[Muslim 5719]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Indeed liquor** *(wine, beer and other intoxicants)***, gambling, idols and** *(distribution by)* **arrows** *(see verse 3 of this Surah)* **are filth** *(vile acts)* **from the acts of Shaytaan, so abstain from them so that you may be successful** *(in both worlds)*".

[Surah Maa'idah, verse 90]

(1) Islaamic History — The love that the Sahabah ψ had for Rasulullaah ρ

During the military expedition against the Banu Mustaliq tribe in the year 5 A.H., an argument developed between one of the Muhaajireen and one of the Ansaar. As a result, two groups formed amongst the Muslims, each willing to fight the other, despite some of them trying their best to reconcile the two factions. It was on this occasion that the leader of the Munaafiqeen Abdullaah bin Ubay remarked, "By Allaah! When we return to Madinah, us people of honour will dispel these people of disgrace from our city." Abdullah bin Ubay's son whose name was also Abdullaah happened to be a sincere Muslim. When he heard of his father's insolent statement, he stood at the gate of Madinah with sword unsheathed. Addressing his father, he said, "I shall not permit you to enter Madinah until you declare that it is you who are disgraced and Rasulullaah ρ is a man of honour." The father was stupefied to note that his son who had been so obedient and doting could not tolerate his statements. As Rasulullaah ρ passed by, he said to Hadhrat Abdullaah τ, "Leave him. We shall have to treat him cordially for as long as he remains with us."

(2) Rasulullaah ρ's Miracle — Strengthening memory

Hadhrat Uthmaan bin Abul Aas τ once complained to Rasulullaah ρ about the difficulty he experienced in memorising the Qur'aan. "This is the work of the Shaytaan Khanzab," Rasulullaah ρ said, "Come closer." When he drew closer, Rasulullaah ρ placed his hand upon Hadhrat Uthmaan τ's chest and said, "O Shaytaan! Get out of Uthmaan's chest!" Hadhrat Uthmaan τ says, "Thereafter, I remembered everything I heard."

[*Dalaa'il* 383]

(3) A Fardh — Masah on leather socks

Hadhrat Ali τ reports that he saw Rasulullaah ρ make *Masah* on the top of his leather socks.

[Abu Dawood]

When a person wears leather socks after performing wudhu and the wudhu breaks afterwards, it will be Fardh (obligatory) for him to make Masah on the top of the socks (if he intends keeping them on).

(4) A Sunnah — The du'aa for relieving worries

Rasulullaah ρ said that the following du'aa should be recited to dispel sadness and worries:

TRANSLATION: Allaah suffices for me and He is the best of helpers.

[Abu Dawood 3627, from Hadhrat Awf bin Maalik τ]

(5) An Important Act and its Virtue	**Meeting each other happily**

Rasulullaah ρ said, "When two Muslims meet each other and greet with Salaam, the one more loved by Allaah is the one who meets with more happiness. When they shake hands, a hundred mercies descend upon them, ninety for the one who initiates the handshake and ten for the other person."

[*Kanzul Ummaal* 25240, from Hadhrat Umar τ]

(6) A Sin	**The example of the person who commits Shirk**

Allaah says in the Qur'aan, "**The example of the one who ascribes partners to Allaah** *(the Mushrik)* **is like one who has fallen from the sky, to have his remains snatched up by birds or blown off to a distant place by the wind.** *(Just like the person falling from the sky who cannot help being either ravaged by birds of prey or being carried away by a strong wind, the Mushrik will also be unable to avoid his imminent destruction if he does not become a Mu'min)*".

[Surah Hajj, verse 31]

(7) This World	**The life of this world is a deception**

Allaah says in the Qur'aan, "**The life of this world is merely an enjoyment of deception** *(because after a limited period of enjoyment, it will come to an end)*".

[Surah Aal Imraan, verse 185]

People need to be wary of the glamour of this world because it deceives people just as the appearance of an item on sale may deceive a buyer.

(8) The Aakhirah	**When will Qiyaamah take place?**

Rasulullaah ρ said, "The best of days is Friday. It is on this day that Aadam υ was created, on this day that he passed away and on this day that the trumpet will be blown to signal the Day of Qiyaamah."

[Abu Dawood 1047, from Hadhrat Aws bin Aws τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**A cure for every ailment**

Rasulullaah ρ said that the following du'aa needs to be recited (and blown) by a person when he is suffering any ailment or when someone else is suffering:

[Abu Dawood 3892, from Hadhrat Abu Dardaa τ]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ once said to Hadhrat Mu'aadh bin Jabal τ, "Should I not inform you of upon which the foundation of Islaam rests and without which everything is worthless?" When Hadhrat Mu'aadh τ asked to be informed, Rasulullaah ρ held his tongue and said, "Restrain this (from careless use)."

[Tirmidhi 2616, from Hadhrat Mu'aadh bin Jabal τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	11

(1) Islaamic History	Hadhrat Ummu Ayman رضي الله عنها

Hadhrat Ummu Ayman رضي الله عنها was the slave of Rasulullaah ρ's father Abdullaah and became his as part of his father's inheritance. She helped grow Rasulullaah ρ up after his mother passed away, because of which he used to say, "Ummu Ayman is my mother after my mother." Rasulullaah ρ freed her and she married Hadhrat Ubayd bin Zaid and then Hadhrat Zaid bin Haaritha τ. She gave birth to Hadhrat Ayman from her first husband and then Hadhrat Usaama τ from her second marriage. Hadhrat Ummu Ayman رضي الله عنها accepted Islaam at the beginning and migrated to both Abyssinia as well as Madinah. During the Battle of Uhud and the Battle of Khaybar, she carried water bags and gave water to the injured Muslim soldiers. She recited heart-rending poetry when Rasulullaah ρ passed away and could not bear the loss. She then poassed away just five months later in Sha'baan 11 A.H.

(2) Allaah's Power	Allaah's power evident in the coconut

Through His power, Allaah has placed inside the coconut such water that one will not find in the ground that it grows from, nor in the tree on which it grows. It is by His power that He has placed this water inside, which can be used to treat so many illnesses.

(3) A Fardh	Performing the Qadhaa salaah

Rasulullaah ρ said, "When any of you forgets to perform salaah or sleeps though the time of salaah, then (as expiation) he should perform the salaah as soon as he remembers."

[Tirmidhi 177, from Hadhrat Abu Qataadahτ]

When a person misses the Fardh salaah for a valid reason or sleeps though the time, it will be Fardh (obligatory) for him to perform the Qadhaa salaah.

(4) A Sunnah	The Sunnah method of performing the Sajdah

When he performed Sajdah, Rasulullaah ρ placed his nose and forehead on the ground, kept his arms away from his sides and placed his palms in line with his shoulders.

[Tirmidhi 270, from Hadhrat Abu Humayd τ]

(5) An Important Act and its Virtue	Making du'aa for a Muslim brother

Rasulullaah ρ said, "The du'aa that is most readily accepted is the du'aa a person makes for his brother who is not present."

[Tirmidhi 1980, from Hadhrat Abdullaah bin Amr τ]

(6) A Sin	**The worst of sins**

Rasulullaah ρ once said, "Should I not inform you of the worst of sins?" When he repeated this three times, the Sahabah ψ begged to be informed. Rasulullaah ρ then said, "Ascribing partners to Allaah, disobeying parents and giving false evidence."

[Muslim 259, from Hadhrat Abu Bakra τ]

(7) This World	**Avoid having love for this world**

Rasulullaah ρ said that the Kuffaar will have no fear for the Muslims when *Wahan* is cast into their hearts. When the Sahabah ψ asked what *Wahan* meant, Rasulullaah ρ replied, "Love for this world and dislike for death."

[Abu Dawood 4297, from Hadhrat Thowbaan τ]

(8) The Aakhirah	**The people of Jannah**

Allaah says in the Qur'aan, "*(On the other hand)* **Those who feared their Rabb will be led to Jannah in groups. Until, when they arrive there, its gates will** *(already)* **be open** *(in welcome)* **and its keepers will say, 'Peace be on you! May you be pleased. Enter Jannah to live forever'".**

[Surah Zumar, verse 73]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Curing the effect of the evil eye**

When someone was affected by the evil eye, Rasulullaah ρ placed his hand on the man's chest and recited the following du'aa:

TRANSLATION: O Allaah! Dispel its heat, cold and harm from him.

The man was then cured.

[Ahmad 15273, from Hadhrat Aamir bin Rabee'ah τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Live with them** *(your wives)* **in kindness** *(treating them well)***. If you dislike** *(anything in)* **them, then** *(be tolerant because)* **perhaps you dislike something whereas Allaah places abundant good in it.** *(A spouse's bad habits should not prompt one to behave harshly)***".**

[Surah Nisaa, verse 19]

(1) Islaamic History — Hadhrat Durra bint Abu Lahab رضي الله عنها

Hadhrat Durra رضي الله عنها was the daughter of Rasulullaah ρ uncle Abu Lahab. Together with her husband Hadhrat Haarith bin Naufal τ, she accepted Islaam before the Hijrah and the couple then migrated to Madinah. When she arrived in Madinah, the women there told her that her migration was in vain because a Surah had been revealed against her father. She reported this to Rasulullaah ρ, because of which he gathered the people after salaah and said, "Why are you people causing me difficulty with regard to my family members?" The people then realised their wrong and immediately desisted. The virtue of Hadhrat Durra رضي الله عنها is sufficiently stated in the fact that Rasulullaah ρ once said to her, "Whoever makes you angry makes Allaah angry." Rasulullaah ρ also said to her, "I am from you and you are from me." She accepted Islaam despite the fact that her father Abu Lahab was an ardent enemy of Rasulullaah ρ, which is evident proof of the truth of Islaam. After the conquest of Makkah, Rasulullaah ρ appointed her husband Hadhrat Haarith τ as the governor of Jeddah. Several Ahadeeth have been reported from her. She passed away during the Khilaafah of Hadhrat Umar τ in the year 20 A.H.

(2) Rasulullaah ρ's Miracle — The prophesy concerning Hadhrat Zaid bin Arqam τ

Hadhrat Unaisa رضي الله عنها reports that when her father Hadhrat Zaid bin Arqam τ once fell ill, Rasulullaah ρ came to visit him. When he was there, Rasulullaah ρ said, "This illness is not too serious, so do not worry. However, after I leave this world, you will lose your sight and live to a ripe old age. What will you do then?" "I will then hope for the rewards from Allaah and exercise patience," Hadhrat Zaid τ replied. Rasulullaah ρ then said, "In that case, you will enter Jannah without reckoning." It then happened just as Rasulullaah ρ foretold. Hadhrat Zaid τ lost his sight, which was then restored before he passed away.

[Bayhaqi 2823]

(3) A Fardh — Giving true testimony

Allaah says, "**O you who have Imaan! Be firm in establishing justice and be witness** *(to the truth)* **for Allaah even if it** *(the evidence you deliver)* **is against yourselves, your parents and relatives** *(you should expose the truth under all circumstances)*".

[Surah Nisaa, verse 135]

(4) A Sunnah	**The du'aa for safety from one's enemies**
Rasulullaah ρ advised that the following du'aa should be recited when one is in fear of something: TRANSLATION: O Allaah! We place You in (our) defence against them and we seek Your protection from their evil. [Abu Dawood 1537, from Hadhrat Abu Moosa Ash'ari τ]	
(5) An Important Act and its Virtue	**The virtue of Taqwa and good character**
Someone once asked Rasulullaah ρ which deed it will be that will cause most people to be admitted into Jannah. Rasulullaah ρ replied that it was Taqwa and good character. [*Mustadrak* of Haakim 7919, from Hadhrat Abu Hurayrah τ]	
(6) A Sin	**Disobeying Allaah and His Rasool ρ**
Allaah says in the Qur'aan, "**The one who disobeys Allaah and His Rasool ρ has certainly deviated in a clear manner**". [Surah Ahzaab, verse 36]	
(7) This World	**Transportation animals**
Allaah says in the Qur'aan, "*(Allaah has created)* **Horses, mules and donkeys for riding and adornment. And** *(in addition to all of this)* **He creates such things about which you have no knowledge** *(such as modern means of transport which the people of earlier times did not know)*". [Surah Nahl, verse 8]	
(8) The Aakhirah	**The age of the people of Jannah**
Rasulullaah ρ said, "The people of Jannah will not have beards and their eyes will be anointed with kohl. They will enter looking like people aged 30 to 33 years." [Tirmidhi 2545, from Hadhrat Mu'aadh bin Jabal τ]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**The cure for ringing ears**
Rasulullaah ρ said, "Whenever any of you feels his ears ringing, he should think of me and convey salutations (Durood) upon me." [Ibn Sunni 166, from Hadhrat Abu Raafi τ]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Never wish for death because the affairs of the Aakhirah are serious. A sign of good fortune is to be advanced in age and to be inspired to repent." [Ahmad 14154, from Hadhrat Jaabir τ]	

(1) Islaamic History	Hadhrat Ummu Ayyoob رضي الله عنها

Hadhrat Ummu Ayyoob bint Qais رضي الله عنها was the wife of Hadhrat Abu Ayyoob Ansaari τ. She accepted Islaam before the Hijrah and when Rasulullaah ρ arrived in Madinah, he stayed at her house for seven months. She did everything she could to prepare for Rasulullaah ρ the foods he liked best and the entire family did their best to ensure that Rasulullaah ρ was as comfortable as possible. Since Rasulullaah ρ stayed on the lower level of the house, the family ensured that they stepped with care on the upper level where they stayed so as not to disturb him. When an earthen pot full of water broke on their level one winter's night, they used their blanket to absorb the water so that it does not drip through on the lower level. They then spent the icy night without their blanket on the roof. The following morning they requested Rasulullaah ρ to occupy the upper level, which Rasulullaah ρ gladly did. Hadhrat Ummu Ayyoob رضي الله عنها was a woman of excellent character and she was always absorbed in Ibaadah.

(2) Allaah's Power	The birth of children and love for them

Allaah has made man the best of all creation. Although man is honourable, we should look back to how he was created. He was created from something so insignificant that if it had to fall on our clothing, we would not tolerate having it for a moment and would not rest until we washed it off. However, the power of Allaah transforms this despised drop of fluid into an innocent child that is dearly loved not only by its parents, but by all its relatives. Who was it that converted this same hatred for the drop of fluid into pure love? This is only possible through the power of Allaah.

(3) A Fardh	Treating parents well

Allaah says in the Qur'aan, "**We enjoined** *(commanded)* **man to treat his parents kindly. His mother bore him with hardship** *(pain and discomfort)* **and delivered him with hardship and his bearing and weaning are** *(completed)* **in** *(a maximum period of)* **thirty months**".

[Surah Ahqaaf, verse 15]

It is necessary for children to obey their parents in all matters unless it involves disobeying Allaah.

(4) A Sunnah	The method of placing the

	fingers in Sajdah
When in Ruku Rasulullaah ρ kept the fingers spread apart and when in Sajdah, he kept them together. [Tabraani 17495, as quoted in Hadhrat Waa'il bin Hajar τ]	
(5) An Important Act and its Virtue	**The best Sadaqah**
Rasulullaah ρ said that the best Sadaqah is for a Muslim to acquire knowledge and then impart it to another Muslim. [Ibn Maajah 243, from Hadhrat Abu Hurayrah τ]	
(6) A Sin	**Usurping the right of a Muslim**
Rasulullaah ρ said, "Allaah has made Jahannam compulsory and has forbidden Jannah to the person who usurps the right of a Muslim through false oaths." "Even if it be for something insignificant?" someone asked. Rasulullaah ρ replied, "Even if it be for a twig from a tree." [Muslim 353, from Hadhrat Abu Umaamah τ]	
(7) This World	**The greed of this world**
Rasulullaah ρ said, "Although Qiyaamah is drawing closer, people are increasing in greed and becoming more distant from Allaah." [*Mustadrak* of Haakim 7917, from Hadhrat Abdullaah bin Mas'ood τ] Although people need to be striving to do good deeds as Qiyaamah draws closer, they are rather moving further away from Allaah because of their greed for this world.	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating with Surah Faatiha**
Rasulullaah ρ said, "Surah Faatiha is a cure for every disease." [Daarmi 3433, from Hadhrat Abdul Malik bin Umayr] Allaama Ibn Qayyim رحمه الله writes that when any part of the body is in pain, place the hand on the affected area and recite Surah Faatiha seven times. The pain will Inshaa Allaah be relieved.	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Adopt justice when you speak** *(pass judgement)* **even though it be your relative** *(for whom or against whom you judge)* **and fulfil the pledge of Allaah** *(to worship Him Alone)***. These are the things which Allaah has** *(solemnly)* **commanded you so that you may take heed".** [Surah An'aam, verse 152]	

(1) Islaamic History	Hadhrat Ummu Roomaan رضي الله عنها

Hadhrat Ummum Roomaan bint Aamir رضي الله عنها was the wife of Hadhrat Abu Bakr τ and the mother of Hadhrat Aa'isha رضي الله عنها. She was first married to Abdullaah bin Shanjarah, but when he died, she then married Hadhrat Abu Bakr τ. She was one of the earliest Muslims and was just as well known for her truthfulness and excellent character as her husband Hadhrat Abu Bakr τ was. She was unique amongst the women in her genius and loyalty. When Hadhrat Abu Bakr τ migrated with Rasulullaah ρ to Madinah, she remained with great courage in Makkah, taking care of the children. She then migrated to Madinah with Hadhrat Aa'isha رضي الله عنها and Hadhrat Asmaa رضي الله عنها when Rasulullaah ρ sent Hadhrat Zaid bin Haaritha τ, Hadhrat Abu Raafi τ and some other Sahabah ψ to escort some of the Muslim ladies to Madinah. She passed away in the year 9 A.H. and Rasulullaah ρ himself helped to bury her and made du'aa for her.

(2) Rasulullaah ρ's Miracle	Blessings in milk

The daughter of Hadhrat Khabbaab τ once brought a goat to Rasulullaah ρ. Rasulullaah ρ tied her up and started to milk her saying, "Bring a large dish." Hadhrat Khabbab τ's daughter then brought a large dish in which they ground grain. Rasulullaah ρ then milked the goat until the dish was filled. He then said, "Give this milk to your family and neighbours."

[Dalaa'il 2383]

(3) A Fardh	Performing salaah in Jamaa'ah

Rasulullaah ρ said, "Performing salaah in Jamaa'ah is more than twenty times more virtuous than performing salaah individually."

[Ahmad 3554, from Hadhrat Abdullaah bin Mas'ood τ]

(4) A Sunnah	The du'aa for protection against five things

Rasulullaah ρ advised that the following du'aa be recited for protection from five things:

TRANSLATION: O Allaah! I seek Your protection against miserliness and cowardice. I seek Your protection against a difficult life and I seek Your protection against diseases of the heart and from punishment in

the grave.

[Nasa'ee 5499, from Hadhrat Umar τ]

(5) An Important Act and its Virtue	**The student of Deen is in the path of Allaah**

Rasulullaah ρ said, "The person who leaves home in pursuit of (Deeni) knowledge is in the path of Allaah until he returns."

[Tirmidhi 2647, from Hadhrat Anas τ]

(6) A Sin	**The helplessness of the gods people ascribe to Allaah**

Allaah says in the Qur'aan, ***"Those* (gods) *whom you* (Kuffaar) *worship besides Allaah do not have control of even the skin on the date seed* (they are unable to create even something as insignificant as this)*. If you call them (your gods), they will not even hear your call. Even if (one assumes that) they hear, they will be unable to respond (for they can do nothing to assist you). (In fact) On the Day of Qiyaamah they will reject your Shirk (they will claim that you did not worship them at all.). None can inform you (of this and all other matters) like the Informed (Allaah)".***

[Surah Faatir, verses 13-14]

(7) This World	**Pondering over the things of this world**

Allaah says in the Qur'aan, "**With it** *(the rain)*, **Allaah grows for you plantations, olives, dates, grapes and all types of fruit. Undoubtedly there is an Aayah** *(displaying Allaah's power)* **in this for those who reflect** *(who observe and ponder)*".

[Surah Nahl, verse 11]

(8) The Aakhirah	**The size of the gates of Jahannam**

Rasulullaah ρ said that Jahannam has seven gates and the distance between the gates of Jahannam is so huge that it would take a mounted rider seventy years to cover it.

[*Mustadrak* of Haakim 8683, from Hadhrat Laqeet bin Aamir τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Curing burns**

Hadhrat Muhammad bin Haatib τ reports that when his hand was scalded by an overturned pot, his mother took him to Rasulullaah ρ. Rasulullaah ρ then recited the following du'aa as he blew on the burn:

[Ahmad 15027]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ once said to someone, "If you want to soften your heart, pass your hand over the head of an orphan and feed the needy."

[Ahmad 7522, from Hadhrat Abu Hurayrah τ]

(1) Islaamic History

Ummul Mu'mineen Hadhrat Ummu Salamah رضي الله عنها

Hadhrat Ummu Salamah رضي الله عنها was first married to Hadhrat Abu Salamah τ and it was after he passed away that she married Rasulullaah ρ. She was extremely intelligent, possessed noble character traits and had accomplished much. She led a life of abstinence, spent generously in the path of Allaah and always enjoined good and forbade people from evil. She had a great interest in Ahadeeth and is second only to Hadhrat Aa'isha رضي الله عنها in the volume of Ahadeeth narrated. She had extensive knowledge of Fiqh and enjoyed a high status in her understanding of matters and her intellect. Even senior Sahabah ψ and Taabi'een referred to her in researching matters of Deen. Her excellent opinion and intellect can be gauged from the incident at Hudaybiyyah, when the Kuffaar prevented the Muslims from performing Umrah. When Rasulullaah ρ instructed the Sahabah ψ to emerge from the state of Ihraam without performing the Umrah, they were reluctant to do so because of their fervent desire to perform Umrah. Hadhrat Ummu Salamah رضي الله عنها then suggested to Rasulullaah ρ to himself emerge from the state of Ihraam, after which the others would follow suit. When Rasulullaah ρ did this, the Sahabah ψ were convinced that the clauses of the treaty would now remain unchanged and they followed suit. Hadhrat Ummu Salamah رضي الله عنها passed away in the year 59 A.H. and her Janaazah salaah was led by Hadhrat Abu Hurayrah τ.

(2) Allaah's Power

The bee

Allaah has taught the bee the art of sucking nectar from flowers and then using it to make honey, which is of tremendous benefit to man. This is something that man is unable to make even though he may try all he wants. It is certainly only through the power of Allaah that such a feat is accomplished through a tiny creature like the bee.

(3) A Fardh

Screening oneself from one's brothers-in-law

Rasulullaah ρ said, "Guard yourselves against mixing with women (who are not Mahram)." "What about the brother-in-law (husband's brother)?" an Ansaari Sahabi τ asked. "The brother-in-law is death," Rasulullaah ρ replied.

[Bukhaari 5232, from Hadhrat Uqba bin Aamir τ]

This Hadith makes it evident that it is necessary for a woman to conceal herself from her husband's brother because failure to do so spells destruction.

(4) A Sunnah	**Eating with three fingers**

Hadhrat Ka'b bin Maalik τ reports that Rasulullaah ρ ate with three fingers and licked them after eating.

[Muslim 5298]

While licking the fingers is Sunnah, this should not be done in a manner that repulses onlookers.

(5) An Important Act and its Virtue	**Passing one's hand over the head of an orphan**

Rasulullaah ρ said, "When a person passes his hand over the head of an orphan, Allaah will grant him the reward of a good deed for every hair on the head."

[Ahmad 21649, from Hadhrat Abu Umaamah τ]

(6) A Sin	**The punishment for pride**

Rasulullaah ρ said, "The person with pride equivalent to even the amount of a mustard seed will never enter Jannah." Someone asked, "What about a person who likes his shoes and clothing to be nice (will he be regarded as a proud person)?" Rasulullaah ρ replied, "Allaah also likes neatness and cleanliness. Pride refers to rejecting the truth and looking down upon others."

[Muslim 265, from Hadhrat Abdullaah bin Mas'ood τ]

(7) This World	**Entertaining distant hopes**

Rasulullaah ρ said, "The thing I fear most for my Ummah is that they entertain their desires and distant hopes. Desires distances one from the truth and distant hopes makes one unmindful of the Aakhirah. This world is proceeding on every day, moving away and the Aakhirah is also moving on, drawing closer each day."

[*Kanzul Ummaal* 43758, from Hadhrat Jaabir τ]

Whereas the life of this world is coming to an end, the Aakhirah is coming nearer al the time. It is therefore necessary to start preparing for the Aakhirah.

(8) The Aakhirah	**The rewards of those who do good**

Allaah says in the Qur'aan, "**Those who have Imaan and who do righteous deeds will be in the gardens of Jannaat. They shall have whatever they desire with their Rabb** *(in Jannah)*. **This is definitely a great favour** *(from Allaah because entry into Jannah is impossible without Allaah's favour)*".

[Surah Shura, verse 22]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating a lice outbreak**

When two of the Sahabah ψ complained to Rasulullaah ρ about lice in their clothing while on a journey, Rasulullaah ρ permitted them to use

garments of silk.

[Bukhaari 2920, from Hadhrat Anas τ]

Although it is usually not permissible for men to wear clothing of pure silk, it will be permissible when advised by an expert doctor in the case of necessity.

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**And** *(tell them, O Muhammad ε)* '**This** *(obeying all these commands)* **is indeed my straight path, so follow it. Do not follow other paths, for they will deviate you from Allaah's path** *(from Islaam)***. These are the things which Allaah has** *(solemnly)* **commanded you so that you may adopt Taqwa'".**

[Surah An'aam, verse 153]

(1) Islaamic History — Ummul Mu'mineen Hadhrat Hafsah رضي الله عنها

Hadhrat Hafsah رضي الله عنها was the daughter of Hadhrat Umar τ and the true sister of Hadhrat Abdullaah bin Umar τ. She was born five years before Rasulullaah ρ announced his prophethood. She was first married to Hadhrat Khunays bin Hudhaafah τ, who was fatally wounded in the Battle of Badr and then passed away a while later. It was after this that she was married to Rasulullaah ρ. Hadhrat Hafsah رضي الله عنها was a woman of great virtue, about whom Ibn Sa'd رحمه الله wrote that she fasted all day and engaged in Ibaadah all night. This was a practice which she maintained until the day she passed away. She had a great aversion for conflict and always feared the advent of Dajjaal. She possessed profound knowledge of Qur'aan, Hadith and Fiqh. The books of Ahadeeth quote sixty Ahadeeth from her, which she narrated from Rasulullaah ρ and from Hadhrat Umar τ. She passed away during the Khilaafah of Hadhrat Mu'aawiya τ in Madinah in Sha'baan 45 A.H. The governor of Madinah Marwaan led the Janaazah salaah and she was buried in Jannatul Baqee.

(2) Rasulullaah ρ's Miracle — Curing an Sick Child

A woman once brought her extremely weak and ill child to Rasulullaah ρ, saying, "O Rasulullaah ρ! He is now getting older, but look at him! make du'aa that Allaah takes him away." "No," Rasulullaah ρ said, "I shall rather make du'aa that Allaah cures him, restores his youth, makes him a person who carries out good deeds, who will fight in the path of Allaah, be martyred and then be admitted into Jannah." As a result of Rasulullaah ρ's du'aa, the child was cured, his youth restored, he carried out good deeds, fought in the path of Allaah, was martyred and then admitted into Jannah.

[Bayhaqi 2431]

(3) A Fardh — Performing salaah in the Masjid

Rasulullaah ρ said, "The Muslim who makes the Masjid his abode for performing salaah and engaging in Dhikr, Allaah becomes as happy with him as a person becomes happy with a family member who has returned home."

[Ibn Maajah 800, from Hadhrat Abu Hurayrah τ]

(4) A Sunnah	**The du'aa for protection from Jahannam**
The following du'aa should be recited to secure safety from Jahannam: TRANSLATION: **, "O our Rabb, we certainly have Imaan** *(a prerequisite for forgiveness)* **so forgive our sins and save us from the punishment of the fire** *(of Jahannam)***."** [Surah Aal Imraan, verse 16]	
(5) An Important Act and its Virtue	**Securing forgiveness through two Rakaahs salaah**
Rasulullaah ρ said, "When a person commits a sin and then performs wudhu, performs salaah and begs Allaah for forgiveness, Allaah will certainly forgive him." [Tirmidhi 406, from Hadhrat Abu Bakr τ]	
(6) A Sin	**Denying miracles**
Allaah says in the Qur'aan, "**When their Rusul brought the clear signs** *(worldly)* **to them, they became arrogant on account of the** *(mundane)* **knowledge they had, and that which they mocked** *(Allaah's punishment)* **enveloped them".** [Surah Mu'min, verse 83]	
(7) This World	**The oceans as a means of sustenance for people**
Allaah says in the Qur'aan, "**It is He Who subjugated the ocean** *(placed it at your service)* **so that you may eat fresh meat** *(fish)* **from it and extract jewels** *(pearls)* **that you wear** *(as jewellery)***. You see the ships cleaving their way on it** *(the ocean)* **so that** *(by travelling on sea)* **you may seek** *(business)* **from His bounty and so that you may show gratitude to Him** *(for this great bounty)***".** [Surah Nahl, verse 14]	
(8) The Aakhirah	**All of creation fear the advent of Qiyaamah**
Rasulullaah ρ said, "There is not an angel, sky, land, wind, mountain or ocean that does not fear Fridays (because it will be on a Friday that Qiyaamah will take place)." [Ibn Maajah 1084, from Hadhrat Abu Lubaabah τ]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**The black seed**
Rasulullaah ρ said that *Kulunji* (the black seed) is a cure for all ailments besides death." [Muslim 5768, from Hadhrat Abu Hurayrah τ]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Set prisoners of war free, feed the poor and visit the ill." [Bukhaari 3046, from Hadhrat Abu Moosa Ash'ari τ]	

(1) Islaamic History	Ummul Mu'mineen Hadhrat Zaynab bint Jahash رضي الله عنها

Hadhrat Zaynab bint Jahash رضي الله عنها was the sister of Hadhrat Abdullaah bin Jahash τ. She had been divorced from Rasulullaah ρ's freed slave Hadhrat Zaid bin Haaritha τ, after which several verses of the Qur'aan were revealed about her and instructing Rasulullaah ρ to marry her. In fact, even the laws of Hijaab were revealed with reference to her. She had the honour of having her marriage announced in the Qur'aan, which is to be recited by all Muslims until the Day of Qiyaamah. She was acquainted with handicrafts, engaged in Ibaadah excessively, fasted very often and greatly assisted the poor. She had also narrated many Ahadeeth. She was the first of Rasulullaah ρ's wives to pass away after him in the year 13 A.H. She is also buried in Jannatul Baqee.

(2) Allaah's Power	Teeth are a great bounty from Allaah

Children do not have teeth when they are born because their only food is the milk they suckle from their mothers. As they grow and start to eat soft foods, Allaah gives them a few small teeth. As they then approach the ages of seven and eight and start to eat foods that are tougher and bigger, Allaah causes the small milk teeth to fall out and be replaced by new permanent teeth that are stronger and larger, allowing them to be able to bite and chew much better. One needs to just ponder about how Allaah sees to it that man's needs are fulfilled throughout his life.

(3) A Fardh	Settling the debts of the deceases

Hadhrat Ali τ said, "While Rasulullaah ρ settled debts before the bequest, you people read (in the Qur'aan) mention of the bequest before debts."

[Tirmidhi 2122]

If a person died before settling his debts, these have to be settled from his estate immediately after settling the funeral expenses, even though they may consume all the wealth.

(4) A Sunnah	Sleeping immediately after Isha

Rasulullaah ρ would neither sleep before the Isha salaah, nor would he remain awake afterwards.

[Ahmad 25748, from Hadhrat Aa'isha رضي الله عنها]

(5) An Important Act and its Virtue	**The best of Sadaqah**

When Rasulullaah ρ was once asked what the best Sadaqah was, he replied, "When you give Sadaqah ate a time when you are healthy, when you have wealth and hopes and when you desire to be wealthy and fear poverty."

[Bukhaari 2748, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Failure to act upon one's knowledge**

Rasulullaah ρ said, "The person to suffer the worst punishment on the Day of Qiyaamah will be the Aalim who fails to benefit from his knowledge."

[*Kanzul Ummaal* 28973, from Hadhrat Abu Hurayrah τ]

It is necessary for each person to practise upon that amount of the Shari'ah that he knows. This severe warning has been sounded for people who fail to do this.

(7) This World	**Beware of this world**

Rasulullaah ρ said, "Listen well! This world is sweet and bustling and Allaah has certainly appointed you as his vicegerents here to see what deeds you carry out. You must therefore guard against this world and women."

[Muslim 6948, from Hadhrat Abu Sa'eed Khudri τ]

(8) The Aakhirah	**The bounties of Jannah**

Allaah says in the Qur'aan, "**And** *(they will be served)* **a variety of fruits to choose from and the meat of the birds they desire. And** *(in addition to all of this, they shall have)* **fair large eyed damsels** *(as their wives)* **who are like preserved** *(protected)* **pearls** *(because of their beauty, complexion and purity)***.** *(They will receive all of this)* **As a reward for the deeds they carried out** *(in the world)***. They will not hear any** *(unpleasant)* **noise there** *(in Jannah)* **nor any foolish** *(sinful and absurd)* **talk. Instead they will hear the** *(resonant)* **call** *(greeting)* **of "Salaam", "Salaam".** *(They will greet each other with the words of Salaam; will be greeted by the angels with these words; and Allaah will also greet them with these words.)*".

[Surah Waaqi'ah, verses 20-26]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Paralysis of the hands**

When a person once suffered paralysis of his hands and feet, Hadhrat Abdullaah bin Abbaas τ said to him, "Think of your most beloved personality. "Muhammad ρ!" the man said. He was then cured.

[Ibus Sunni 169]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Remember your Rabb in your heart in the morning and evening with humility and fear, and in a manner that falls short of being noisy; and do not be among those who are neglectful** *(heedless of Allaah's Dhikr)*".

[Surah A'raaf, verse 205]

(1) Islaamic History

Ummul Mu'mineen Hadhrat Juwayriyyah رضي الله عنها

After the battle that took place against the Banu Mustaliq tribe, many people from the tribe were taken prisoner. Amongst these prisoners was Hadhrat Juwayriyyah رضي الله عنها, who fell to the lot of Hadhrat Thaabit bin Qais τ. Hadhrat Qais τ entered into an agreement with her that if she pays off a stipulated amount, she would be set free. She then approached Rasulullaah ρ for assistance to pay off the sum, informing him that she was the daughter of the chief of the tribe. "Should I not offer you a better proposal?" Rasulullaah ρ asked her. "What is that?" she enquired. Rasulullaah ρ replied, "That I pay off the amount and then marry you." She was very happy with the proposal and Rasulullaah ρ paid the amount and married her. After the marriage, the Sahabah ψ felt guilty to keep the family of Hadhrat Juwayriyyah رضي الله عنها in bondage since they were now the family of Rasulullaah ρ. They therefore set free all her tribes people who had been prisoners of war. It was on account of this that Hadhrat Aa'isha رضي الله عنها said, "I have never seen a woman who had been of more service to her tribe as Juwayriyyah. It was because of her that thousands of people from the Banu Mustaliq were set free." Hadhrat Juwayriyyah رضي الله عنها eventually passed away in the year 50 A.H.

(2) Rasulullaah ρ's Miracle

Curing a wound

Rasulullaah ρ was once having a meal when Hadhrat Jarhad Aslami τ arrived. Rasulullaah ρ bade him to join in the meal, which he did. However, because he had injured his right hand, Hadhrat Jarhad τ started to eat with the left hand. "Eat with the right hand," Rasulullaah ρ said. When Hadhrat Jarhad τ informed Rasulullaah ρ about the injury, Rasulullaah ρ blew upon it, because of which it was cured and never again gave hom any trouble until his death.

[Tabraani in his Kabeer 2108]

(3) A Fardh

Disclosing the faults of merchandise

Rasulullaah ρ was once passing a grain seller and placed his hand into the heap of grain on display. Feeling that it was wet inside, Rasulullaah ρ asked the seller what the problem was. The man admitted that rain had caused the heap to get wet. Rasulullaah ρ said, "Why did you then

not place the wet grains on top for people to see? The one who deceives us is not one of us."

[Muslim 284, from Hadhrat Abu Hurayrah τ]

Any fault in merchandise on sale needs to be disclosed to the prospective buyers.

(4) A Sunnah	**The Du'aa for success in this world and the Aakhirah**

Rasulullaah ρ very often recited the du'aa:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

TRANSLATION: "O our Rabb, grant us *(all that which is)* good in this world, *(all that which is)* good in the Aakhirah and save us from the punishment of the fire *(of Jahannam)*."

[Surah Baqara, verse 201; Bukhaari 4522, from Hadhrat Anas τ]

(5) An Important Act and its Virtue	**The virtue of salaah increased through using the Miswaak**

Rasulullaah ρ stated that salaah performed after using the Miswaak is seventy times superior to the salaah performed without using the Miswaak.

[Ahmad 25808, from Hadhrat Aa'isha رضي الله عنها]

(6) A Sin	**Preventing others from listening to the Qur'aan**

Allaah says in the Qur'aan, "**Those who commit kufr say** *(to each other)*, **"Do not listen to this Qur'aan, and** *(if it is still recited, then)* **make a noise** *(to disturb its recitation)* **so that you may be victorious** *(in putting an end to its recitation)*." **So** *(especially because of such acts that are aimed at preventing others from Islaam)* **We shall definitely let the Kuffaar taste a severe punishment, and We shall certainly punish them for the worst of actions** *(the sins)* **that they do**".

[Surah HaaMeem Sajdah verses 26-27]

(7) This World	**The Aakhirah is better than this world**

Allaah says in the Qur'aan, "*(When)* **Those who adopt Taqwa** *(who abstain from kufr and Shirk)* **are asked, "What has your Rabb revealed** *(to Muhammad ε)* **?" They reply** *(very differently from the Mushrikeen and say)*, **"***(Our Rabb has revealed)* **Extreme good." There shall be** *(all types of)* **goodness** *(in this world already)* **for those who did good in this world and the home of the Aakhirah** *(Jannah)* **is certainly better** *(than everything of this world)*. **How grand is the home of those who have Taqwa** *(Jannah)* **!**".

[Surah Nahl, verse 30]

(8) The Aakhirah	**The position of the Kuffaar in the Aakhirah**

Rasulullaah ρ said, "The Kaafir will be so immersed in his perspiration on the Day of Qiyaamah that he will scream, 'O Rabb! Throw me into Jahannam and relieve me from this.'"

[*Kanzul Ummaal* 38923, from Hadhrat Abdullaah bin Mas'ood τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of pears**

Hadhrat Talha τ reports that he once met Rasulullaah ρ as Rasulullaah ρ

held a pear in his hand. "Take this, O Talha," Rasulullaah ρ said, "Because it gives peace of heart."

[Ibn Maajah 3369, from Hadhrat Talha τ]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Straighten your rows (in salaah) because the straightening of rows forms part of proper performance of salaah."

[Bukhaari 723, from Hadhrat Anas τ]

(1) Islaamic History	Hadhrat Ummu Habeebah رضي الله عنها

The real name of Hadhrat Ummu Habeebah رضي الله عنها was Ramla bint Abu Sufyaan. She was born 17 years before Rasulullaah ρ announced his prophethood. She was first married to Hadhrat Ubaydullaah bin Jahash Asadi, from whom she had a daughter called Habeebah. It was on account of this that she was given the title of Ummu Habeebah. She had migrated with her family to Abyssinia, where Ubaydullaah became a Christian. Hadhrat Ummu Habeebah رضي الله عنها therefore separated from him and he later died as a Christian. Rasulullaah ρ then sent a proposal of marriage to her, which she happily accepted. She appointed Hadhrat Khaalid bin Sa'eed τ as her representative and her marriage was performed by Najaashi the king of Abyssinia. She then joined a caravan and reached Madinah. Hadhrat Ummu Habeebah رضي الله عنها was a pious woman and was particular about following the Sunnah of Rasulullaah ρ and advising others to do the same. She once heard Rasulullaah ρ say that the person who performs 12 Rakaahs Nafl salaah daily will surely enter Jannah. She then performed these Rakaahs regularly until her dying day. Muhadditheen have reported 65 Ahadeeth from her. She passed away during the Khilaafah of her brother Hadhrat Mu'aawiya τ in the year 44 A.H. and is buried in Madinah.

(2) Allaah's Power	Protection of the eyes

Amongst the many bounties that Allaah has blessed us with are out eyes. As precious as they are, they are just as delicate. Allaah has therefore seen to its protection. Should any little object threaten to enter the eye, the eyelids close immediately to protect them and if any large object should threaten them, Allaah has constructed the protruding bones around them, which ensure their protection. Allaah is undoubtedly the Most Powerful Creator.

(3) A Fardh	Following the Imaam in salaah

Hadhrat Abu Hurayrah τ reports that Rasulullaah ρ said "Do not proceed into any posture before the Imaam."

[Muslim 932]

When performing salaah behind an Imaam, all postures are to be performed after the Imaam. It is not permissible to preceded the Imaam in any posture.

(4) A Sunnah	Gargling thrice in wudhu

When explaining the method of performing wudhu, Hadhrat Ali τ stated that Rasulullaah ρ gargled thrice. [Ahmad 874]	
(5) An Important Act and its Virtue	**Praising Allaah in all conditions**
Rasulullaah ρ stated that the first people to be called to enter Jannah will be those who praised Allaah in happiness and sadness, in prosperity and in adversity. [*Mustadrak* of Haakim 1851, from Hadhrat Abdullaah bin Abbaas τ]	
(6) A Sin	**Eating Haraam food**
Rasulullaah ρ said, "Jahannam is more deserving of the body that is nourished on Haraam." [Tirmidhi 614, from Hadhrat Ka'b bin Ujrah τ]	
(7) This World	**Being content with a little sustenance**
Rasulullaah ρ said, "When a person is content with a small measure sustenance from Allaah, Allaah will be content with a small measure of deeds from him." [Bayhaqi 4409, from Hadhrat Ali τ]	
(8) The Aakhirah	**The food of the people of Jahannam**
Allaah says in the Qur'aan, "**There shall neither be any friend for him today** *(to assist him)* **nor any food except the filth remaining after washing** *(the puss and blood oozing from the wounds of the people of Jahannam)***.** *(It is a food that)* **Only the sinners shall eat it** *(in Jahannam)*". [Surah Haaqa, verses 35-37]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**A cure for insanity**
Rasulullaah ρ said, "The Ajwa date is from amongst the fruits of Jannah and is a cure for insanity." [Ibn Maajah 3453, from Hadhrat Abu Sa'eed Khudri τ and Hadhrat Jaabir τ]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Obey** *(the commands of)* **Allaah and His Rasool and do not fall into dispute** *(quarrels)* **with each other, for then you will become cowardly** *(weak)* **and your strength will be lost. Exercise sabr, for verily Allaah is with those who exercise sabr**". [Surah Anfaal, verse 46]	

(1) Islaamic History	Ummul Mu'mineen Hadhrat Maymoona رضي الله عنها

Hadhrat Maymoona bint Haarith رضي الله عنها was first married to Mas'ood bin Amr Thaqafi, but after being divorced from him, she married Abu Ruhm bin Abdul Uzza. After his death, reports indicate that Hadhrat Abbaas τ suggested that Rasulullaah ρ marry her. Consequently, when Rasulullaah ρ went to Makkah to perform the Qadhaa Umrah, Hadhrat Abbaas τ get her married to Rasulullaah ρ at a place called Sarif in lieu of a dowry of 500 Dirhams. By this union, Hadhrat Abbaas τ and Rasulullaah ρ were thus married to sisters. Hadhrat Maymoona رضي الله عنها had narrated 46 Ahadeeth, from which her proficiency in Fiqh can be ascertained. Hadhrat Aa'isha رضي الله عنها says that Hadhrat Maymoona رضي الله عنها possessed tremendous fear for Allaah and was very particular about maintaining good family relations. It was coincidental that in the year 51 A.H. Hadhrat Maymoona رضي الله عنها passed away at Sarif, the place where she was married. Her Janaazah salaah was performed by her nephew Hadhrat Abdullaah bin Abbaas τ.

(2) Rasulullaah ρ's Miracle	Finding a needle by the radiance of Rasulullaah ρ's face

Hadhrat Aa'isha رضي الله عنها reports that she was once stitching one of her garments when she dropped the needle. Despite searching as hard as she could, she was unable to find it. Rasulullaah ρ then happened to enter the room and it was by the light from his radiant face that she found the needle.

[*Taareekh Dimishq* Vol.3 Pg.310]

(3) A Fardh	Imaan is a precondition for entry into Jannah

Rasulullaah ρ said, "When a person leaves this world in a condition that he believes in Allaah and in the Day of Qiyaamah, he will be told to enter Jannah through any one of its eight gates."

[Ahmad 98, from Hadhrat Umar τ]

(4) A Sunnah	The du'aa after salaah

The following du'aa should be recited after salaah:

TRANSLATION: O Allaah! I seek Your protection from Kufr, poverty and punishment in the grave.

[Nasa'ee 1348, from Hadhrat Abu Bakrah τ]

(5) An Important Act and its Virtue	**The reward for good intentions**

Rasulullaah ρ said, "The person who purifies himself and proceeds from his home (with a good intention) will receive the reward of a person proceeding for Hajj. When he leaves to perform the Chaast salaah, he will receive the reward of a person leaving for Umrah."

[Tabraani 7655, from Hadhrat Abu Umaamah τ]

(6) A Sin	**The punishment for those who argue about Allaah**

Allaah says in the Qur'aan, "**Those who argue** *(with the Muslims)* **about their Rabb after He has been accepted** *(by them as their Rabb)***, their argument is useless before their Rabb. On them is** *(Allaah's)* **wrath, and they will suffer a severe punishment**".

[Surah Shura, verse 16]

(7) This World	**The life of this world is futility and play**

Allaah says in the Qur'aan, "**The life of this world is mere futility and play** *(temporary and without true benefit)***. Without doubt, the life of the Aakhirah is true life** *(an existence of true happiness)***. If only they knew** *(If people understood this, they would not give preference to this world over the Aakhirah)*".

[Surah Ankaboot, verse 64]

(8) The Aakhirah	**The condition of people on the Day of Qiyaamah**

Rasulullaah ρ said, "On the Day of Qiyaamah, the sun shall be only a mile over the heads of people and its intensity will be magnified, causing the brains of people to boil in their skulls. According to their actions, people will be immersed in their perspiration on the Day of Qiyaamah. Some will be immersed up to their ankles, others up to their knees and there will be others whose perspiration will reach from their feet right up to their mouths and, like reins, it will go into their mouths."

[Ahmad 21682, from Hadhrat Abu Umaamah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treatment for fever**

Rasulullaah ρ said that when a person experiences fever, he should treat it by reciting the following du'aa when he takes a bath for three days:

TRANSLATION: I begin this bath in the name of Allaah. O Allaah! I am taking a bath with the hope that you cure me and with the conviction in the words of Your Nabi Muhammad ρ.

[Ibn Abi Shaybah 14517, from Hadhrat Makhool رحمه الله]

(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Always recite the Qur'aan because I swear by Allaah that the Qur'aan escapes (the memory) faster than a camel escapes its tethers." [Bukhaari 5033, from Hadhrat Abu Moosa Ash'ari τ]	

(1) Islaamic History	Hadhrat Maariya Qibtiyyah رضي الله عنها

Hadhrat Maariya Qibtiyyah رضي الله عنها was the mother of Rasulullaah ρ's son Ibraheem τ. When Rasulullaah ρ sent a letter with Hadhrat Haatib bin Balta'ah τ to the Maqowqas king of Alexandria, the king kissed the letter, entertained the envoy. When Hadhrat Haatib τ was leaving, the king sent three slave women with him as a gift to Rasulullaah ρ. Amongst these women was Hadhrat Maariya رضي الله عنها and her sister Seereen رضي الله عنها. Hadhrat Haatib τ invited the two of them to Islaam, they both accepted and became excellent Muslims. Rasulullaah ρ gave Hadhrat Seereen رضي الله عنها to Hadhrat Hassaan τ and kept Hadhrat Maariya رضي الله عنها for himself. She gave birth to Rasulullaah ρ's son Ibraaheem τ in Dhul Hijjah 8 A.H., because of which she became an *Ummul Walad*. Hadhrat Ibraheem τ passed away after 18 months. After Rasulullaah ρ passed away, Hadhrat Abu Bakr τ and Hadhrat Umar τ always sent gifts for Hadhrat Maariya رضي الله عنها and she eventually passed away in Muharram 16 A.H. and is buried Jannatul Baqee in Madinah.

(2) Allaah's Power	The camel

Amongst the many animals that Allaah had created on earth, one of the most striking is the camel. Allaah has created such a capacity within it that it can store a week's supply of water and use it when it needs it most in the desert. Its feet are wide and soft because of which it does not sink into the softy desert sand and is able to walk with ease and speed. Through His power, Allaah has perfectly adapted every animal to its surroundings.

(3) A Fardh	Silence in salaah

Hadhrat Zaid in Arqam τ reports that during the early days of Islaam, they used to speak to the person next to them as they performed salaah. However, when the verse of the Qur'aan instructed them to stand in silence, they stopped this.

[Tirmidhi 405]

(4) A Sunnah	Tahneek

Hadhrat Asmaa رضي الله عنها reports that when her son Hadhrat Abdullaah bin Zubayr τ was born and she placed him in Rasulullaah ρ's lap, Rasulullaah ρ asked for a date, chewed it and then placed it in child's

mouth.

[Bukhaari 5469]

(5) An Important Act and its Virtue	**Safeguarding the eyes from Jahannam**

Rasulullaah ρ said that two pairs of eyes will never be touched by Jahannam; the eyes that weep out of fear for Allaah and the eyes that stay awake stand guard in the path of Allaah.

[Tirmidhi 1639, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin	**Allowing the lower garment to reach below the ankles**

Rasulullaah ρ said, "When a person allows his lower garment to hang below the ankles out of pride (or fashion), Allaah will not even look at him with mercy on the Day of Qiyaamah."

[Bukhaari 5788, from Hadhrat Abu Hurayrah τ]

(7) This World	**Anything more than necessary is for Shaytaan**

Rasulullaah ρ once said to Hadhrat Jaabir τ, "One bedding is sufficient for the husband, another for the wife and a third for the guest. The fourth one will be for Shaytaan."

[Muslim 5452]

(8) The Aakhirah	**The frightening scene of Qiyaamah**

Allaah says in the Qur'aan, "**He** *(sarcastically)* **asks, "When will the Day of Qiyaamah come?" When eyes will be bewildered** *(out of extreme fear),* **the moon will eclipse** *(lose its light)* **and the sun and moon will be joined** *(will be made the same - both without light)***. Man will say on that day, "Where is an escape?" No! There is definitely no place of safety** *(to escape)***. On this day, the only abode** *(place of safety)* **shall be towards your Rabb**".

[Surah Qiyaamah, verse 6-12]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The cure for pneumonia**

Rasulullaah ρ stated that *Waras*, *Qust* and olive oil are effective in treating pneumonia.

[Ibn Maajah 3467, from Hadhrat Zaid bin Arqam τ]

Waras is a type of herb similar to the sesame seed, which is used for dying. *Qust* is a fragrant twig also known as Indian Ood.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Do not be like those** *(Mushrikeen of Makkah)* **who left their homes arrogantly** *(boastfully)* **and to show people** *(announcing that they would not return home without waiting for the Muslim army at Badr)* **and who prevent** *(others)* **from Allaah's path** *(from Islaam)***. Allaah surrounds all that they do** *(He knows all that they do and will punish them for their wrongdoing)*".

[Surah Anfaal, verse 47]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	22

(1) Islaamic History	Ummul Mu'mineen Hadhrat Zaynab bin Khuzaymah رضي الله عنها

Hadhrat Zaynab رضي الله عنها was the daughter of Khuzaymah who belonged to the Hilaal tribe. She was from amongst the Ansaar and her mother was also the mother of Hadhrat Maymoona رضي الله عنها. After her husband Hadhrat Abdullaah bin Jahash τ was martyred in the Battle of Uhud, Rasulullaah ρ married her in the year 3 A.H. for a dowry of 400 Dirhams. She was extremely generous and because she always spent on them from the money she earned from her handiwork, she earned herself the title of The Mother of the Poor. Rasulullaah ρ also informed his wives that the first to join him after death would be the one with the longest arms (who gave the most Sadaqah), which was none other than Hadhrat Zaynab رضي الله عنها. According to this prophesy, she then passed away in the year 4 A.H. (i.e. 3.2 A.H) and is buried in Jannatul Baqee.

(2) Rasulullaah ρ's Miracle	Water from Rasulullaah ρ's fingers

Hadhrat Hayyaan τ reports, "I once remained with Rasulullaah ρ all night and then called out the Adhaan for Fajr the following morning. Rasulullaah ρ handed me a utensil of water to perform wudhu when the time of salaah had arrived. Rasulullaah ρ's fingers were in the water and I could see the water flowing from his fingers. Rasulullaah ρ then said, 'Whoever wishes to perform wudhu from here may do so.'"

[Tabraani in his *Kabeer* 3494]

(3) A Fardh	Being truthful

Rasulullaah ρ said, "Ensure that you are always honest and always speaking the truth because truthfulness leads to good and good leads to Jannah."

[Muslim 6639, from Hadhrat Abdullaah bin Mas'ood τ]

(4) A Sunnah	The du'aa after the Witr salaah

Hadhrat Ubay bin Ka'b τ reports that Rasulullaah ρ recited the following du'aa after completing the Witr salaah:

TRANSLATION: Glory be to the Most Pure Sovereign.

[Abu Dawood 1430]

(5) An Important Act and its Virtue	**Bearing illness with patience**
Rasulullaah ρ said, "Whenever a person falls ill, Allaah sends two angels to him to see what he tells the people coming to visit him. If he praises Allaah before the visitors, the angels take the message to Allaah, Who already knows everything. Allaah then asks, 'When this servant of Mine passes away, I shall admit him into Jannah and if I cure him from the illness, I shall replace is flesh with better flesh, his blood with better blood and forgive all his sins." [*Mu'atta* 1475, from Hadhrat Ataa bin Yasaar رحمه الله]	
(6) A Sin	**The good and the evil can never be the same**
Allaah says in the Qur'aan, "**Do those** *(Kuffaar)* **who commit sins think that We will treat them like those who have Imaan and who do good deeds, making their lives and deaths equal?** *(They are wrong!)* **Evil indeed is the decision they take.** *(They will find out when they die and on the Day of Qiyaamah that their plight will be a pitiful one indeed, whereas the Mu'mineen will enjoy bliss and comfort)".* [Surah Jaathiya, verse 21]	
(7) This World	**The life of this world is fleeting while the Aakhirah is permanganate**
Allaah says in the Qur'aan, "**This worldly life is a trivial gain** *(because it will soon come to an end)***. Undoubtedly the Aakhirah** *(the life in Jannah)* **is really a place to live** *(because it will not come to an end)*". [Surah Mu'min, verse 39]	
(8) The Aakhirah	**Jannah and Jahannam will be forever**
Rasulullaah ρ said that after admitting people into Jannah and Jahannam, an announcement will be made stating, "O people of Jannah! Death will never come to you!" and "O people of Jahannam! Death will never come to you!" [Muslim 7183, from Hadhrat Abdullaah bin Umar τ]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Mushrooms for the eyes**
Rasulullaah ρ said that the water from mushrooms is a cure for the eyes. [Bukhaari 5708, from Hadhrat Sa'eed bin Zaid τ] Hadhrat Abu Hurayrah τ reports that he once squeezed the water from three, five or seven mushrooms and kept it in a bottle. He then dropped the water into the eyes of his slave woman, causing her eyes to be cured. [Tirmidhi 2069] Mushrooms should be used with care because some types are poisonous.	
(10) Advice from Rasulullaah ρ	

Hadhrat Hasan bin Ali τ reports that amongst the words of Rasulullaah ρ that he memorised were, "Avoid that which is doubtful and rather use that which is not because truthfulness lends contentment to the heart while falsehood creates doubts."

[Tirmidhi 2518]

(1) Islaamic History	Ummul Mu'mineen Hadhrat Sauda رضي الله عنها

Hadhrat Sauda رضي الله عنها was the only wife of Rasulullaah ρ who belonged the famous Aamir bin Luway tribe of the Quraysh. She accepted Islaam from the beginning and also migrated to Abyssinia with her husband Hadhrat Sakraan bin Amr τ. They returned after a few years. She had a son Abdur Rahmaan from Hadhrat Sakraan τ and it was after he had passed away that Rasulullaah ρ married her. This occurred 10 years after Rasulullaah ρ announced his prophethood. Hadhrat Sauda رضي الله عنها was distinguished even amongst the wives of Rasulullaah ρ for her obedience. When Rasulullaah ρ gave his wives the command after the Farewell Hajj to remain in their homes, she took the command to heart and never even proceeded for Hajj afterwards. She used to say. "I have performed both Umrah and Hajj and shall now practise upon the command of Allaah."

(2) Allaah's Power	Protection of every morsel of food

When we take up any morsel of food to eat, our fingers first test the temperature, after which it passes by the eyes, which see whether it has anything harmful on it. It then passes by the nose, which smells whether it has gone bad. When it enters the mouth, the tongue again tests the temperature and again tastes whether it has gone bad. It is after all these tests that the morsel proceeds to the belly in a sound state. All of this protection has been arranged by Allaah.

(3) A Fardh	The importance of salaah in Islaam

Rasulullaah ρ said, "There is no Deen without salaah. The status of salaah in Deen is like the status of the head in the body."

[Tabraani in his *Kabeer* 19, from Hadhrat Abdullaah bin Umar τ]

(4) A Sunnah	Two Rakaahs salaah after Isha

Hadhrat Abdullaah bin Umar τ reports that he performed two Rakaahs (Sunnah) salaah with Rasulullaah ρ after the Isha salaah.

[Bukhaari 1172]

It is Sunnah Mu'akkadah to perform two Rakaahs salaah after the Fardh of Isha, but before the Witr.

(5) An Important Act and its Virtue	**Shaytaan is defeated through Sadaqah defeats Shaytaan**
Rasulullaah ρ said that when a person gives anything as Sadaqah, it breaks the jaws of seventy Shayaateen. [*Mustadrak* of Haakim 1521, from Hadhrat Buraydah τ]	
(6) A Sin	**Forsaking salaah**
Rasulullaah ρ said that forsaking salaah makes one a Kaafir. [Muslim 246, from Hadhrat Jaabir τ]	
(7) This World	**The world opening up to people**
Rasulullaah ρ said, "The wealth of this world shall soon open up to you to the extent that you will begin decorating your homes as they Kabah is decorated." [Tabraani in his Kabeer 17730, from Hadhrat Abu Juhfa τ]	
(8) The Aakhirah	**The drinks and utensils of Jannah**
Allaah says in the Qur'aan, "**Utensils of silver** *(containing the most sumptuous foods)* **will be brought to them as well as glasses of crystal** *(containing the most delicious drinks)* **such crystal that is of silver** *(unlike anything of this world)*, *(which those serving will fill)* **with an appropriate measure** *(neither will the drink be too little that the person will wish he had more, nor will it be too much that he would have to force himself to finish it)*. **They will be given to drink from cups containing a** *(wonderful)* **mixture of ginger.** *(While the things of Jannah may share their names with things of this world, there will be no further similarity. Therefore, the ginger of Jannah cannot be compared to the ginger of this world)*". [Surah Dahar, verses 15-17]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**The Barni Date**
Rasulullaah ρ said that the Barni date is the best of dates and a medicine that has no ill effects. [*Mustadrak* of Haakim 8243, from Hadhrat Mazeedah τ]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**O you who have Imaan! Do not take your fathers and your brothers as** *(close)* **friends if they prefer kufr to Imaan. Whoever of you will befriend them, then these are the oppressors** *(because they will be harming themselves and their Deen and will be reluctant to strive in Jihaad)*". [Surah Taubah, verse 23]	

(1) Islaamic History

Rasulullaah ρ's Daughter Hadhrat Zaynab رضي الله عنها

Hadhrat Zaynab رضي الله عنها was the eldest daughter of Rasulullaah ρ, who was born from Hadhrat Khadeeja رضي الله عنها years before Rasulullaah ρ announced his prophethood. She accepted Islaam at the very beginning and was then married to her maternal cousin Hadhrat Abul Aas bin Rabee τ, who was not yet a Muslim. She was therefore unable to migrate to Madinah at first. When Hadhrat Abul Aas τ was captured by the Muslims as a prisoner of war during the Battle of Badr, he was required to pay a ransom for his freedom. To pay the ransom, Hadhrat Zaynab رضي الله عنها sent her necklace, which she had received from her mother Hadhrat Khadeeja رضي الله عنها. Upon seeing the necklace, Rasulullaah ρ began to weep in memory of his wife Hadhrat Khadeeja رضي الله عنها. The Sahabah ψ then consulted with each other and decided not to accept the ransom, but to free Hadhrat Abul Aas τ on condition that he arranges to send Hadhrat Zaynab رضي الله عنها to Madinah as soon as he returned to Makkah. He therefore sent her to Madinah with his younger brother, but she was injured when the Kuffaar tried to prevent her from leaving. Hadhrat Abul Aas τ later managed to leave Makkah and also arrived in Madinah. Hadhrat Zaynab رضي الله عنها eventually passed away 6 years later in the year 8 A.H. when the wound she suffered during her migration reopened.

(2) Rasulullaah ρ's Miracle

Rasulullaah ρ cures the eye of Hadhrat Qataadah τ

During the Battle of Badr, an arrow struck the eye of Hadhrat Qataadah bin Nu'maan τ, causing blood to run over his cheek so profusely that the Sahabah ψ asked Rasulullaah ρ, "Has his eye come out?" Rasulullaah ρ then placed his palm over the injured eye, causing it to heal so completely that it was impossible to tell the injured eye from the other.

[Bayhaqi 1112]

(3) A Fardh

Taking benefit of something that is pawned

Someone once asked Hadhrat Abdullaah bin Mas'ood τ about a horse that was pawned with him and which he rode on. He wanted to know

whether this was permissible. Hadhrat Abdullaah bin Mas'ood τ replied, "The benefit you derived from the horse is interest."

[*Kanzul Ummaal* 15749]

It is not permissible to use anything pawned with one. This needs to be avoided.

(4) A Sunnah	**The du'aa to be saved from humiliation on the Day of Qiyaamah**

The following du'aa should be recited to save oneself from humiliation on the Day of Qiyaamah:

TRANSLATION: **Our Rabb, grant us what** *(mercy and rewards)* **You have promised us through Your Rusul and do not disgrace us on the Day of Judgement. Verily You do not break Your promise.**

[Surah Aal Imraan, verse 194]

(5) An Important Act and its Virtue	**Thanking Allaah after eating**

Rasulullaah ρ said, "The person who thanks Allaah after eating is like the person who fasts (Nafl fasts) with patience."

[*Mustadrak* of Haakim 1537, from Hadhrat Ma'n bin Muhammad Ghifaari τ]

(6) A Sin	**The failure of the Kuffaar**

Allaah says in the Qur'aan, "**Indeed those who commit kufr, who forbid** *(others)* **from Allaah's path** *(Islaam)* **and who oppose the Rasool** ρ **after guidance** *(Towheed and the truth of Islaam)* **has been made clear to them cannot harm Allaah at all** *(because the harm will affect only them)***. Allaah will soon cancel their** *(good)* **actions** *(by not rewarding them in the Aakhirah)*".

[Surah Muhammad ρ, verse 32]

(7) This World	**Miserliness**

Allaah says in the Qur'aan, "**Behold! You** *(Muslims)* **are the very ones who are summoned to spend in Allaah's way but there are those among you who are miserly. Those who are miserly practise miserliness to their own detriment. Allaah is Independent and you are all needy** *(totally dependent on Him)***. If you turn away** *(from obeying Him)***, He** *(will not at all be affected because He)* **will substitute you with another nation who will not be like yourselves** *(but who will do exactly as He orders)*".

[Surah Muhammad ρ, verse 38]

(8) The Aakhirah	**What is the pond of Kowthar?**

Rasulullaah ρ said, "Kowthar is a river in Jannah, the two banks of which are made of gold and the bed of which is made of pearls and rubies. Its sand is more fragrant than musk, its water sweeter than homey and clearer than ice."

[Tirmidhi 3361, from Hadhrat Abdullaah bin Umar τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Dates**

Rasulullaah ρ advised that fresh (wet) dates be fed to women in labour and if this is not available, then dry dates may be given.

[Abu Ya'la 434, from Hadhrat Ali τ]

Dates effectively expel harmful blood from a woman's body after birth and also strengthen her.
(10) Advice from Rasulullaah ρ
Rasulullaah ρ said, "When any of you arrives at a gathering, he should greet with Salaam and then sit if he wishes to. Then when he leaves, he should, greet again with Salaam." [Tirmidhi 2706, from Hadhrat Abu Hurayrah τ]

(1) Islaamic History	Rasulullaah ρ's daughter Hadhrat Ruqayya رضي الله عنها

Hadhrat Ruqayya رضي الله عنها was Rasulullaah ρ's second daughter from Hadhrat Khadeeja رضي الله عنها. She was initially married to Utba who was the son of Abu Lahab, but when Rasulullaah ρ announced his prophethood, Abu Lahab commanded his son to divorce her. She was then married to Hadhrat Uthmaan τ and had a son Abdullaah from him. Hadhrat Ruqayya رضي الله عنها migrated to Abyssinia with Hadhrat Uthmaan τ during the very first migration, because of which Rasulullaah ρ said, "Uthmaan and his wife were the first to migrate from my Ummah." They returned to Makkah after a while and then migrated to Madinah. Because she fell ill when the Battle of Badr was about to take place, Rasulullaah ρ instructed Hadhrat Uthmaan τ to stay behind in Madinah to tend to her. She then passed away during this illness in the year 2 A.H. she was buried in Jannatul Baqee, but Rasulullaah ρ was unable to attend her Janaazah. After Hadhrat Ruqayya رضي الله عنها passed away, her sister Hadhrat Ummu Kulthoom رضي الله عنها was married to Hadhrat Uthmaan τ.

(2) Allaah's Power	Allaah's blessings

How great is the system of Allaah in that He has made those things most easily available that are required the most, such as air and water. If we think about the animals that we eat such as goats and sheep, we see that thousands are slaughtered each day and millions just on the day of Eidul Adhaa. However, we never have a situation where there is a shortage of these animals because Allaah has placed tremendous blessings in them.

(3) A Fardh	The Sajdah Tilaawah

Hadhrat Abdullaah bin Umar τ reports that Rasulullaah ρ performed Sajdah whenever he recited a Sajdah verse and then the Sahabah ψ would follow him. In fact, he adds, some of them would not even have place to perform the Sajdah.
[Bukhaari 1075]
After reciting a Sajdah verse, it is Waajib (compulsory) for the reader and the listeners to perform Sajdah.

(4) A Sunnah	Visiting the ill

Rasulullaah ρ visited the ill, joined in funerals and accep[ted inviations even from slaves.

[*Mustadrak* of Haakim 4373, from Hadhrat Anas τ]

(5) An Important Act and its Virtue	**The virtue of Surah Yaaseen**

Rasulullaah ρ said, "Everything has a heart and the heart of the Qur'aan is Surah Yaaseen. Whoever recites Surah Yaaseen will receive the reward of reciting the entire Qur'aan ten times."

[Tirmidhi 2887, from Hadhrat Anas τ]

(6) A Sin	**Eavesdropping**

Rasulullaah ρ said, "When a person secretly listens to something that was intended to be secret, he will have molten lead poured into his ears on the Day of Qiyaamah."

[Tirmidhi 1781, Hadhrat Abdullaah bin Abbaas τ]

(7) This World	**The reward for abstinence**

Rasulullaah ρ said, "The person who desires Jannah will hasten to do good and the person who fears Jahannam will not pay heed to his desires. Pleasures are useless to the person waiting for death and calamities are easy for the person who shuns this world."

[Bayhaqi 10219, from Hadhrat Ali τ]

(8) The Aakhirah	**The attire of the people of Jannah**

Allaah says in the Qur'aan, "**Their clothing will be** *(made of)* **fine green silk and thick silk.** *(In addition to this,)* **They will be adorned with bangles of silver** *(which will add to their beauty)* **and their Rabb shall give them pure drinks** *(that will neither be impure like the wines of this world nor intoxicating)***.** *(When enjoying all these bounties, they will be told,)* **'This is your reward. Your efforts** *(to please Allaah in the world)* **have been appreciated** *(accepted, and these bounties are a token of Our appreciation)***.'".**

[Surah Dahar, verses 21-22]

(9) Cures from the Qur'aan and Rasulullaah ρ	**A cure from every illness**

Hadhrat Jibra'eel υ once came to Rasulullaah ρ and asked, "Are you not well?" When Rasulullaah ρ indicated that he was no feeling well, Hadhrat Jibra'eel υ recited the following du'aa:

TRANSLATION: In the name of Allaah do I recite for you against all that harms you, whether it be from any living being or the eye of the jealous one. In the name of Allaah do I recite for you. May Allaah cure you.

[Tirmidhi 972, from Hadhrat Abu Sa'eed Khudri τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Fear** *(the punishment of)* **Allaah** *(by doing good and abstaining from sin)* **and stay** *(associate)* **with the truthful".**

(1) Islaamic History	Rasulullaah ρ's daughter Hadhrat Ummu Kulthoom رضي الله عنها

Hadhrat Ummu Kulthoom رضي الله عنها was Rasulullaah ρ's third daughter from Hadhrat Khadeeja رضي الله عنها. She was initially married to Utayba who was the son of Abu Lahab and had not yet started to live with him. When Rasulullaah ρ announced his prophethood, Abu Lahab commanded his son to divorce her. After the demise of her sister Hadhrat Ruqayya رضي الله عنها, Hadhrat Ummu Kulthoom رضي الله عنها was married to Hadhrat Uthmaan τ in the year 3 A.H. Rasulullaah ρ announced that it was on account of revelation from Allaah that he married her to Hadhrat Uthmaan τ. She had no children and departed from this world during Sha'baan of the year 9 A.H.

(2) Rasulullaah ρ's Miracle	Water does not stop pouring from a waterbag

When the Sahabah ψ once complained to Rasulullaah ρ about the shortage of water, Rasulullaah ρ dispatched one of them to search for water. He managed to find a woman with two large waterbags filled with water. When he brought these, Rasulullaah ρ sent for a dish in which he emptied the water and then told the Sahabah ψ to drink from it. The narrator says, "All forty f us drank to our fill and filled out own utensils. I swear by Allaah that after this, the woman's bags were still as full as they had been initially."

[Bukhaari 3571, from Hadhrat Imraan bin Husayn τ]

(3) A Fardh	It is Fardh to abstain from interest

In the Qur'aan, Allaah instructs the people of Imaan not to consume interest.

[Surah Aal Imraan, verse 130]

It is a grave sin to consume interest, pay it and to use the proceeds in any way because the Qur'aan and the Ahadeeth have sounded grave warnings of punishment for all of this. It is therefore Fardh (obligatory) for every Muslim to abstain from interest in every way.

(4) A Sunnah	The du'aa for Halaal sustenance and beneficial knowledge

Hadhrat Ummum Salamh رضي الله عنها reports that Rasulullaah ρ recite the following du'aa after the Fajr salaah:

TRANSLATION: O Allaah! I ask You for beneficial knowledge, pure sustenance and accepted deeds.

[Ibn Maajah 925]

(5) An Important Act and its Virtue	**Performing wudhu despite having wudhu**

Rasulullaah ρ said that a person will attain the reward of ten good deeds if he performs wudhu despite having wudhu already.

[Abu Dawood 62, from Hadhrat Abdullaah bin Umar τ]

(6) A Sin	**The punishment for Kufr is Jahannam**

Allaah says in the Qur'aan, "**Verily those who commit kufr, who forbid** *(others)* **from Allaah's path** *(Islaam)* **and then die as Kuffaar, Allaah shall never forgive them** *(and they shall suffer forever in Jahannam)*".

[Surah Muhammad ρ, verse 34]

(7) This World	**The Aakhirah is better than this world**

Allaah says in the Qur'aan, "**However, they** *(most people)* **prefer the life of this world whereas the Aakhirah is much better and much more lasting**".

[Surah A'laa, verses 16-17]

(8) The Aakhirah	**The pond of Kowthar**

Rasulullaah ρ said, "The cups of the pond of Kowthar areas many as the stars. Whoever drinks from there shall never again be thirsty."

[Ibn Maajah 4303, from Hadhrat Thowbaan τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating swelling**

When Hadhrat Asmaa رضي الله عنها developed swelling on her face and head, she sent the message to Rasulullaah ρ through her sister Hadhrat Aa'isha رضي الله عنها. Rasulullaah ρ then went there and from over a cloth, he placed his hand upon the affected area and recited the following du'aa thrice:

He then told her to recite the same du'aa. After doing it for three days, the swelling disappeared.

[Bayhaqi 2430]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Never harbour enmity for each other and never sever ties between yourselves, but, O servants of Allaah, be brothers to each other by the command of Allaah."

[Bukhaari 6065, from Hadhrat Anas τ]

(1) Islaamic History	Rasulullaah ρ's daughter Hadhrat Faatima رضي الله عنها

Hadhrat Faatima رضي الله عنها was Rasulullaah ρ's youngest daughter and the wife of Hadhrat Ali τ. She was born five years before Rasulullaah ρ announced his prophethood, which was the year when the Kabah was rebuilt. She suffered many difficulties during the days in Makkah and then migrated to Madinah. She was married to Hadhrat Ali τ in the year 2 A.H. Her life is a shining example to all Muslim women. Despite being the most beloved daughter to Rasulullaah ρ, she did all her housework herself and was content with the fewest household goods. Rasulullaah ρ said that from all the women of the world, the most exemplary were Hadhrat Maryam رضي الله عنها, Hadhrat Khadeeja رضي الله عنها, Hadhrat Faatima رضي الله عنها and Hadhrat Aasiya رضي الله عنها. She passed away in the year 11 A.H., only six months after Rasulullaah ρ passed away and is buried in Jannatul Baqee.

(2) Allaah's Power	The changing of the day and night

From the time that the earth was created, the night arrives at its appointed time, as does the day. It has never happened that the sun rises in the middle of the night to bring the day and never does the sun set at midday to bring on the night. Never does the day arrive a second earlier, nor does the night ever arrive a second later. It is only Allaah Who ensures that this system runs perfectly.

(3) A Fardh	The husband's share in his wife's estate

Allaah says, "**You** *(husbands)* **shall inherit half of what your wives leave if they do not have children.** *(However)* **If they** *(your wives)* **have children, then you shall inherit a quarter of what they leave after the bequests they made and** *(after settling their)* **debts**".

[Surah Nisaa, verse 12]

(4) A Sunnah	Passing the hands over the face after du'aa

Whenever he raised his hands in du'aa, Rasulullaah ρ only put them down after passing them over the face.

[Tirmidhi 3386, from Hadhrat Umar τ]

(5) An Important Act and its	The reward of four million

Virtue	**good deeds**
Rasulullaah ρ said that the person who recites the following du'aa ten times daily will receive the reward of four million good deeds: [Tirmidhi 3474, from Hadhrat Tameem Daari τ]	
(6) A Sin	**The punishment for the one who consumes interest**
Rasulullaah ρ said that when he was taken on the Mi'raaj journey, he saw people with bellies the size of houses. From the outside, serpents and scorpions could be seen inside their bellies. When Rasulullaah ρ asked Hadhrat Jibra'eel υ who these people were, he was told that they were those who consumed interest. [Ibn Maajah 2273, from Hadhrat Abu Hurayrah τ]	
(7) This World	**What has been said to the world**
Hadhrat Silt bin Hakeem رحمه الله says that we have been informed that the directive has been given to this world stating, "Serve those people who forsake you and make those people serve you who give preference to you." [*Zuhd* of Ibn Abi Dunya 145]	
(8) The Aakhirah	**The Day of Qiyaamah**
Allaah says in the Qur'aan, "*(Do not forget the Day of Qiyaamah)* **When the sun is folded** *(will lose its light)*, **when the stars fall down** *(and cease to exist)*, **when the mountains are made to fly about** *(like flakes of wool after being flung into the air by violent earthquakes)*, **when pregnant camels are abandoned** *(left by their owners)*. *(Although pregnant camels are highly prized and valuable, people will have no interest in them or in any other valuables when the fear of Qiyaamah overwhelms them.)* **When** *(even)* **wild animals are gathered** *(together on the Plains of Reckoning so that oppressed animals are given the opportunity to take revenge from the aggressors. They will then all be turned into dust)*. **When the oceans are set alight.** *(The waters of the ocean will be heated and when the heat becomes intense, all the water will evaporate and fire will then take its place)*". [Surah Takweer, verses 1-6]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Curing toothache**
When Hadhrat Abdullaah bin Rawaaha τ was once suffering from severe toothache, Rasulullaah ρ called him close, placed his hand on the affected area and recited the following du'aa seven times: The pain was immediately alleviated. [Bayhaqi 2433]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Seek forgiveness from your Rabb then turn to Him. Indeed my Rabb is Most Merciful, Most Loving**". [Surah Hood, verse 90]	

(1) Islaamic History — Rasulullaah ρ's Sons

Two of Rasulullaah ρ's sons were born in Makkah from Hadhrat Khadeeja رضي الله عنها. The eldest was Qaasim τ, because of whom Rasulullaah ρ received the title of Abul Qaasim. The second son was named Abdullaah and was also known as Taahir and Tayyib. He was born only after Rasulullaah ρ announced his prophethood. When he passed away, the Kuffaar started to mock at Rasulullaah ρ, saying that now his Deen and his name will no longer survive. This remark hurt Rasulullaah ρ and Surah Kowthar was revealed to console him. Hadhrat Maariya Qibtiyya رضي الله عنها gave birth to Rasulullaah ρ's third son Ibraaheem τ in Dhul Hijjah 8 A.H. Because she stayed in upper parts of Madinah, the area became known as Sarya Umm Ibraheem. Hadhrat Ibraheem τ, however, passed away after 18 months.

(2) Rasulullaah ρ's Miracle — Rain by the du'aa of Rasulullaah ρ

Rasulullaah ρ and the Sahabah ψ were once travelling when their water supply finished. They reported this to Rasulullaah ρ, who then started to make du'aa. A cloud immediately appeared and it started to rain for much that the Sahabah ψ were able to satisfy themselves and even take water along as provisions.

[Bayhaqi 1985, from Hadhrat Aasim bin Umar τ]

(3) A Fardh — The promise of forgiveness for performing salaah properly

Rasulullaah ρ said, "Allaah has made the five daily salaahs Fardh. When a person performs wudhu properly, performs the salaah in its correct time and performs the Ruku and Sajdah as it ought to be performed, Allaah promises to forgive him. As for the one who does not do this, there is no promise for him. Allaah may forgive him if He pleases or punish him.

[Abu Dawood 425, from Hadhrat Ubaadah bin Saamit τ]

(4) A Sunnah — The du'aa for the mornings and evenings

Rasulullaah ρ said that Allaah will make that person happy who recites the following du'aa every morning and evening:

TRANSLATION: I am happy with Allaah as my Rabb, with Islaam as my Deen and with Muhammad ρ as my Nabi.

[Abu Dawood 5072]

(5) An Important Act and its Virtue	**Fasting distances one from Jahannam**

Rasulullaah ρ said, "The person who fasts a single day for Allaah will be placed at a distance of a hundred years from Jahannam."

[Nasa'ee 2256, from Hadhrat Uqba bin Aamir τ]

(6) A Sin	**Contenting the truth**

Allaah says in the Qur'aan, "**Who can be more unjust than he who forges lies about Allaah** *(by claiming that Allaah's has partners)* **when he is being called to Islaam? Allaah does not guide unjust people** *(the Kuffaar who refuse to accept the truth despite acknowledging that it is the truth)***".**

[Surah Saff, verse 7]

(7) This World	**The nature of man**

Allaah says in the Qur'aan, "**As for man,** *(instead of learning from the incidents of the past, he takes no heed and)* **when his Rabb tests him** *(to see whether he is grateful to Allaah)* **by granting him honour and favours, he says, "My Rabb has honoured me** *(because I am His chosen one and deserve this)***."** *(Instead of expressing thanks to Allaah and using the wealth and favours in a manner that pleases Allaah, he becomes proud and conceited.)* **However, when He** *(Allaah)* **tests him** *(man)* **by reducing his sustenance** *(to see whether he exercises patience)***, he says, "My Rabb has disgraced me!"** *(He therefore fails the test by complaining and thereafter flouting Allaah's commands in a desperate effort to acquire some wealth)***".**

[Surah Fajr, verses 15-16]

(8) The Aakhirah	**The tents of Jannah**

Rasulullaah ρ said, "There shall be domes tents of pearl in Jannah, the width of which will be distance of sixty miles. There shall be a wife of the person in Jannah in every corner of the tent, with the one unable to see the other."

[Bukhaari 4879, from Hadhrat Abdullaah bin Qais τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Abstinence from harmful foods**

Rasulullaah ρ was once with Hadhrat Ali τ at Hadhrat Ummu Mundhir رضي الله عنها's house when they were served some dates. When he had some, Rasulullaah ρ said to Hadhrat Ali τ, "Enough now Ali! You are still weak (recovering from your illness)." When Hadhrat Ummu Mundhir رضي الله عنها then served them a dish with beetroot with barley, Rasulullaah ρ said to Hadhrat Ali τ, "O Ali! Eat this because it is good for you."

[Abu Dawood 3856]

This dish consisting of beetroot with barley is extremely beneficial for people who are recovering from their illnesses and need to gain strength.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Complete the first row, then the one behind it and only if there is a shortage (of space), then they should be in the last row (the front rows must therefore be fully completed first)."

[Nasa'ee 819, from Hadhrat Anas τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	29

(1) Islaamic History	Hadhrat Anas bin Maalik τ

Hadhrat Anas τ was born in Madinah 3 years after Rasulullaah ρ announced his prophethood. He was therefore 10 years of age when Rasulullaah ρ migrated to Madinah. His family had accepted Islaam before Rasulullaah ρ arrived in Madinah and when Rasulullaah ρ did arrive, his mother Hadhrat Ummu Sulaym رضي الله عنها presented the young Hadhrat Anas τ to Rasulullaah ρ saying, "The people of Madinah have all given you some gift. All I have to give you is this little boy. I would be very happy if you could accept him to serve you." Rasulullaah ρ accepted and Hadhrat Anas τ remained in the service of Rasulullaah ρ for ten years. In all those ten years, not once did Rasulullaah ρ ever scold Hadhrat Anas τ. In fact, Rasulullaah ρ made du'aa for him saying, "O Allaah! Grant him wealth and children and bless him in them." It was as a result of this du'aa that Hadhrat Anas τ was the wealthiest man in Madinah and also had the most children. He had 80 sons and 2 daughters and lived to a ripe old age. He was amongst the last of the Sahabah ψ to pass away in the year 93 A.H.

(2) Allaah's Power	The miraculous stars

Apart from the sun and moon that we see, we also see countless stars that appear as small shining objects in the sky. They are really not small, but are several times larger than the sun and the moon. They appear so small because they are so far away. It is only Allaah Who keeps them shining and stationed where they are.

(3) A Fardh	Avoiding innovations in Deen

Rasulullaah ρ said, "Stay away from innovations (in Deen) because these are all unfounded and anything unfounded leads to deviation."

[Abu Dawood 4607, from Hadhrat Irbaadh bin Saariya τ]

It is necessary to avoid all innovations that conflict with the Deen and not practise them.

(4) A Sunnah	The etiquette of Sleeping

When Rasulullaah ρ retired to bed, he placed his right hand beneath his right cheek and then recited the following du'aa thrice:

[Abu Dawood 5045, from Hadhrat Hafsah رضي الله عنها]

(5) An Important Act and its Virtue	**The Chaast salaah**
Rasulullaah ρ said, "The person who performs 12 Rakaahs of the *Duha* (*Chaast*) salaah will have a palace of gold built for him in Jannah." [Tirmidhi 473, from Hadhrat Anas τ]	
(6) A Sin	**Learning to speak for fame**
Rasulullaah ρ said, "Allaah will neither accept the Fardh (obligatory) nor Nafl deeds of the person who learns to be eloquent in speech only to win people over (for personal fame)." [Abu Dawood 5006, from Hadhrat Abu Hurayrah τ]	
(7) This World	**Love for the world is a disease and the Cure**
Hadhrat Abu Dardaa τ once told the people, "Should I not tell you about the cure for your disease? Your disease is love for this world and the cure is the remembrance of Allaah." [Shu'abul Imaan 10244]	
(8) The Aakhirah	**The bounties of Jannah**
Allaah says in the Qur'aan, "**In it** *(Jannah)* **there are elevated thrones** *(for the people to sit on)***, cups set in place** *(ready to be served)***,** *(exquisite)* **cushions arranged in rows and** *(plush)* **carpets spread out".** [Surah Ghaashiya, verses 13-16]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating pain with cupping**
Hadhrat Abdullaah bin Abbaas τ reports that that Rasulullaah ρ had cupping done for himself in the state of Ihraam because of pain he had been suffering. [Bukhaari 5701] Toxic blood is removed from the body through cupping, which alleviates pain and strengthens the eyesight.	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**O you who have Imaan! Sincerely repent to Allaah** *(repent with a firm resolve never to repeat the wrong)***. Soon your Rabb shall cancel** *(forgive)* **your sins** *(after repentance)* **and enter you into Jannaat beneath which rivers flow".** [Surah Tahreem, verse 8]	

(1) Islaamic History	Hadhrat Suhayl bin Amr τ

Hadhrat Suhayl bin Amr τ was famously known as the Orator of the Quraysh. He was also an accomplished poet and was responsible for inciting the Quraysh against the Muslims with his poetry in all the battles before he accepted Islaam. When he was captured by the Muslims during the Battle of Badr, Hadhrat Umar τ requested permission to knock out his two front teeth, but Rasulullaah ρ stopped him saying, "Leave him, O Umar. Perhaps his eloquence and poetry may one day be of benefit to you." It was Hadhrat Suhayl τ whom the Quraysh selected to negotiate the peace treaty of Hudaybiyyah on their behalf. His son Hadhrat Abu Jandal τ sought amnesty on behalf of his father when Makkah was conquered and he soon accepted Islaam on account of Rasulullaah ρ's kind nature. He was particular about his salaah, fasting and Sadaqah and his body eventually wasted away on account of his excessive Ibaadah. He would often weep bitterly about the time before Islaam and whenever he heard the Qur'aan. Hadhrat Suhayl τ and his family were particularly instrumental in fighting the various onslaughts against Islaam during the Khilaafah of Hadhrat Abu Bakr τ. After spending the nights in Ibaadah, he fought on the battlefield of Yarmouk, where he eventually met martyrdom.

(2) Rasulullaah ρ's Miracle	Blessings in a little barley

Hadhrat Aa'isha رضي الله عنها reports that after Rasulullaah ρ passed away, they were left with a few *Wasaq* of barley, from which they ate for a long time without it ever depleting. However, when they decided to weigh it one day, it then came to an end.

[Bukhaari 3097]

(3) A Fardh	It is Fardh (obligatory) to pay the dowry

Allaah says in the Qur'aan, "**Give women *(your wives)* their dowries with a good heart *(in good faith)*. If they *(your wives)* give you a part of it *(if they reduce the amount)* of their own accord, then partake of it *(you may accept the reduction)* with welcome and happiness *(you will not be sinning by accepting it)***".

[Surah Nisaa, verse 4]

(4) A Sunnah	The du'aa for obedient children

The following du'aa should be recited to have obedient children:

TRANSLATION: **O my Rabb! Grant me the ability to be grateful for the bounties that You have bestowed upon me and upon my parents and** *(grant me the ability so)* **that I** *(am able to)* **carry out good deeds with which You are pleased. And** *(in addition to this)* **create sound capabilities in my progeny** *(so that they may also have the ability to be steadfast Muslims)***. Verily I repent to You** *(for my sins)* **and am from among those who surrender to You."**

[Surah Ahqaaf, verse 15]

(5) An Important Act and its Virtue	**The virtues of standing in the first row**

Rasulullaah ρ said that Allaah showers His special mercies on the people standing in the first row and the angels make du'aa for their forgiveness.

[Ibn Maajah 999, from Hadhrat Abdur Rahmaan bin Auf τ]

(6) A Sin	**Mocking at the Qur'aan**

Allaah says in the Qur'aan, "**When Our Aayaat are recited to him, he says, "***(These are merely)* **Fables of the men of old." Never** *(these are not fables, but the absolute truth)***! In fact,** *(they refuse to believe because)* **the rust of their sins has covered their hearts** *(so that no truth can penetrate it)"***.**

[Surah Mutaffifeen, verses 13-14]

(7) This World	**Love for wealth leads to ingratitude**

Allaah says in the Qur'aan, "**Undoubtedly man is extremely ungrateful to his Rabb. Indeed, he** *(man)* **is also a witness to this fact** *(because it is undeniable)***. Verily** *(one of the greatest causes for this behaviour is that)* **he has a profound** *(deep-rooted)* **love for wealth** *(and is oblivious of Allaah because of his obsession to acquire wealth)*".

[Surah Aadiyaat, verses 6-8]

(8) The Aakhirah	**Every person will have regrets after death**

Rasulullaah ρ once said to the Sahabah ψ, "Every person will have regrets after death". When the Sahabah ψ asked why this will be so, Rasulullaah ρ replied, "If he had been a good person, he will regret why he did not do even more good and if he is a sinner, he will regret not restraining himself from those sins."

[Tirmidhi 2403, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Protection from serious diseases**

Rasulullaah ρ said that when a person licks on honey for three mornings a month, no serious disease can afflict him.

[Ibn Maajah 3450, from Hadhrat Abu Hurayrah τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "When any of you sees a person who is better than him in wealth and looks, he should then look at someone who is less fortunate than himself in wealth and looks (so that he may appreciate what he has)."

[Bukhaari 6490, from Hadhrat Abu Hurayrah τ]

Madrasah in Just Five Minutes

Dhul Qa'dah

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	1

(1) Islaamic History	The construction of the Kabah

Thousand of years before Allaah created mankind, Allaah had commanded the angels to construct the *Baytullaah* (the Kabah). This was the first blessed house on earth and a place of peace and safety for the people of the world. When he arrive din the world, Hadhrat Aadam υ rebuilt the Kabah, but this building was raised to the heavens when the floods swept the earth during the time of Hadhrat Nooh υ. Allaah later commanded Hadhrat Ibraheem υ and his son Hadhrat Ismaa'eel υ to rebuild the Kabah, after which Hadhrat Jibra'eel υ bought a valuable stone from Jannah to place at the corner of the Kabah. Allaah also sent another stone from Jannah upon which Hadhrat Ibraheem υ stood as he constructed the Kabah. As he built higher, the stone also rose higher so that he could reach the top. This stone is famously known as the Maqaam Ibraaheem. As time went on, the walls of the Kabah started to weaken and needed to be rebuilt. This was done by the Quraysh of Makkah before Rasulullaah ρ announced his prophethood. They made the Kabah into a cubic design, with the Hateem area outside the building and without the back door. Allaah has made it Fardh (obligatory) for all people performing Hajj and Umrah and it is the focal point and Qibla of all Muslims when they engage in Ibaadah.

(2) Allaah's Power	The sun is a sign of Allaah

Allaah has created the sun, which we perceive as a ball of fire and has been shining for thousands of years. It is from this sun that we receive heat and light and it rises every day from the east and sets each day in the west. Now think for awhile who it is that provides fuel for the sun for all these years? Where is all the fuel coming from that allows us to have heat and light each day? Who is it that causes it to rise and set with such precision each day? Without doubt, it is only Allaah, Who has

created us and everything else.

(3) A Fardh	The foundation of Islaam

Rasulullaah ρ said that five things form the foundation of Islaam; (1) to testify that there is none worthy of worship but Allaah and to testify that Muhammad ρ is the Rasul of Allaah, (2) to establish salaah, (3) to pay zakaah, (4) to perform Hajj and (5) to fast during Ramadhaan.

[Bukhaari, 8 from Hadhrat Abdullaah bin Umar τ]

(4) A Sunnah	Taking a bath when entering the state of Ihraam

When Rasulullaah ρ entered into the state of Ihraam, he took a bath.

[Tabraani in his Kabeer 4729, from Hadhrat Zaid bin Thaabit τ]

(5) An Important Act and its Virtue	Performing Hajj and Umrah in succession

Rasulullaah ρ said, "Perform Hajj and Umrah in succession because they purge poverty and sins just as a furnace purges dirt from gold and silver. The only recompense for an accepted Hajj is Jannah."

[Tirmidhi 810, from Hadhrat Abdullaah bin Mas'ood τ]

(6) A Sin	Taking false oaths to sell goods

Rasulullaah ρ said, "Allaah will not even look with mercy at the person who sells his goods using false oaths."

[Bukhaari 2369, from Hadhrat Abu Hurayrah τ]

(7) This World	The elements of destruction

Allaah says in the Qur'aan, "**Destruction be for every person who searches for faults** *(in others)* **and who mocks** *(the Mu'mineen)* **who** *(because of his extreme love for wealth, he)* **amasses wealth and keeps meticulous count of it** *(not spending any of it for Allaah's' pleasure)***. He** *(foolishly)* **thinks that his wealth will keep him alive forever. Never!** *(This will never be so! He will soon have to die and then)* **He will certainly be thrown into the "Thresher"** *(the Fire of Jahannam)*".

[Surah Humazah, verses 1-4]

(8) The Aakhirah	The hearts of the people of Jannah shall be purified

Allaah says in the Qur'aan, "**We shall remove ill feelings** *(towards each other)* **from their chests** *(hearts)***. With rivers flowing beneath them** *(in Jannah)***, they will say, "All praise is for Allaah, Who has guided us to this** *(guided us to adopt the beliefs and acts that earned us this reward)***. We would never have been rightly guided had Allaah not guided us. Most certainly, the Rusul of our Rabb came with the truth** *(which we can clearly witness now)***." It shall be announced, "This is the Jannah that you have been made to inherit** *(as descendants of Aadam υ)* **because of the** *(good)* **actions that you carried out**".

[Surah A'raaf, verse 143]

(9) Cures from the Qur'aan and Rasulullaah ρ	An important directive for medical practitioners

Rasulullaah ρ said, "The person who treats others without the relevant knowledge and experience will be called to task on the Day of Qiyaamah."

[Abu Dawood 4586, from Hadhrat Abdullaah bin Amr τ]

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**O you who have Imaan! When death draws near to any of you at the time of making a bequest** *(a will)*, **there should be two just persons** *(present as witnesses to the will)* **from you** *(Muslims)* **or from another nation** *(non-Muslims)* **if you are on journey when the affliction of death befalls you**".

[Surah Maa'idah, verse 106]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

2

(1) Islaamic History — Origins of the Zamzam well

By the command of Allaah, Hadhrat Ibraheem υ left his wife Hadhrat Haajira رضي الله عنها and his son Hadhrat Ismaa'eel υ in the rocky desert of Makkah, where there was no water and no vegetation. Their supply of dates and bag of water soon finished and Hadhrat Haajira رضي الله عنها was left without milk to feed her little baby. As the baby cried out of hunger, Hadhrat Haajira رضي الله عنها ran to and forth between the hills of Safa and Marwa in search of water. When she reached Marwa after running to and fro seven times, she heard a voice from the unseen and immediately acknowledged that assistance from Allaah was due to arrive. She therefore returned to her child, where she saw Hadhrat Jibra'eel υ there as well. Hadhrat Jibra'eel υ struck the ground with his heel and a spring of water started to gush forth from the spot. As the water gushed out, Hadhrat Haajira رضي الله عنها called out "Zamzam (Stop! Stop!)". This is how the well received its name. Had she not called for it to stop, it would have become a river. The well then lay disused some while later and remained such for thousands of years until Rasulullaah ρ's grandfather Abdul Muttalib was inspired by a dream to dig it up once again. It then started to flow with crystal clear water and does so to this day without ever stopping despite the large machinery in use that draws large quantities of water all the time.

(2) Rasulullaah ρ's Miracle — Dispelling cold with his du'aa

After Hadhrat Bilaal τ had once called out the Adhaan for the Fajr salaah, Rasulullaah ρ left his room for the Masjid, but saw no one there. "Where is everyone?" Rasulullaah ρ asked. Hadhrat Bilaal τ informed Rasulullaah ρ that the intense cold had kept everyone indoors. Rasulullaah ρ then made du'aa to Allaah saying, "O Allaah! Do dispel the intensity of the cold from them." Hadhrat Bilaal τ says, "I then saw all the people coming in one after another."

[Bayhaqi 2483]

(3) A Fardh — The Sa'ee between Safa and Marwa

Rasulullaah ρ always performed the Sa'ee between Safa and Marwa and instructed the Sahabah ψ saying, "Perform the Sa'ee because Allaah has made it compulsory for you."

[Ahmad 26821]

(4) A Sunnah — The du'aa when entering the state of Ihraam

The following du'aa should be recited when dismounting one's conveyance for entering the state of Ihraam:

PUT ARABIC

TRANSLATION: All praise belongs to Allaah, glory be to Allaah, Allaah is the Greatest.

[Bukhaari 1551, from Hadhrat Anas τ]

(5) An Important Act and its Virtue — The virtue of performing Tawaaf around the Kabah

Rasulullaah ρ said, "The person who performs Tawaaf fifty times around the Kabah will emerge purified from his sins just as the day his mother gave birth to him."

[Tirmidhi 866, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin — Causing harm to a person

Rasulullaah ρ said, "Never speak ill of the dead because this harms only the living (relatives of the deceased and harming any person is Haraam)."

[Tirmidhi 1982, from Hadhrat Mughiera bin Shu'ba τ]

(7) This World — The life of this world is a deception

Allaah says in the Qur'aan, "**The life of this world is merely an enjoyment of deception** *(because after a limited period of enjoyment, it will come to an end)*".

[Surah Aal Imraan, verse 185]

Just as buyers are deceived by the appearance of some goods, so too are people deluded by the apparent attraction of this world.

(8) The Aakhirah — The fortunate person on the Day of Qiyaamah

Rasulullaah ρ said that the fortunate person on the Day of Qiyaamah on whose behalf he would intercede will be the one who recited the Kalimah "*Laa Ilaaha Illallaah*" with sincerity.

[Bukhaari 99, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ — Zamzam is a cure

Rasulullaah ρ said, "The best water on earth is Zamzam. It is food for those who wish to eat as well as a cure for the ill."

[Tabraani in his Awsat 4059, from Hadhrat Abbaas τ]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "The seconds of this world are ticking by and the Aakhirah is drawing nearer. There are people in this world seeking this world as well as those seeking the Aakhirah. Be from amongst those who prefer the Aakhirah because his world is a place for deeds, where reckoning does not take place. On the other hand, the Aakhirah is a place of reckoning where there will be no deeds."

[*Kanzul Ummaal* 43757, from Hadhrat Jaabir τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

3

(1) Islaamic History — Safa and Marwa

Safa and Marwa are two hills immediately adjacent to the Kabah in Makkah. When Hadhrat Ibraheem υ left his wife Hadhrat Haajirah رضي الله عنها and his son Hadhrat Ismaa'eel υ in Makkah and their water supply was exhausted, it was between these two hills that Hadhrat Haajirah رضي الله عنها ran in search of water. When the people of Makkah started to worship idols after some while, they had places two idols atop these two hills. They then used to kiss these idols after performing Tawaaf and Sa'ee in the belief that these acts were carried out in veneration of these idols. When the command to perform Sa'ee between Safa and Marwa was given in Islaam, the Sahabah ψ wondered whether this did not resemble the idolatry practice of the Mushrikeen. However, Allaah made it clear that this action of Hadhrat Haajirah رضي الله عنها was to be commemorated by all people performing Hajj and Umrah until the Day of Qiyaamah and is to be an act of reward. Far from being a sinful act, it is one that will earn a person nearness to Allaah. The Sa'ee between Safa and Marwa has therefore been made Waajib (compulsory) and forsaking it without a valid excuse will make one liable to pay a penalty.

(2) Allaah's power — The egg

The egg has a fragile shell within which is a little bird. When Allaah decides that the bird emerges, He creates a beak on the little weak bird, which it uses to gradually break through the shell. It then eventually breaks through and starts to run about. Such is Allaah's power that he creates a running bird from an egg that contains only white and yellow liquid.

(3) A Fardh — Entering into Ihraam at the Miqaat

Rasulullaah ρ said, "No person should pass the Miqaat without entering into Ihraam."

[Ibn Abi Shaybah Vol.4 Pg.509]

There are few places at various distances from the Kabah where people are to enter into the state of Ihraam. Such a place is known as a Miqaat. It is compulsory for a person coming from outside Makkah to enter in Ihraam at these places.

(4) A Sunnah	**Applying perfume before entering the state of Ihraam**

Hadhrat Aa'isha رضي الله عنها reports that she used to apply perfume mixed with musk on Rasulullaah ρ before he entered the state of Ihraam as well as after he emerged from the state of Ihraam.

[*Mishkaatul Masaabeeh* Hadith 2540]

(5) An Important Act and its Virtue	**Abstaining from all sin during the period of Hajj**

Rasulullaah ρ said, "When a person abstains from relations with his wife and does not engage in any major or minor sins during the period of his Hajj, all his previous sins will be forgiven."

[Tirmidhi 811]

Another narration states that he will return as free from sins as the day his mother had given birth to him.

[Bukhaari 1820, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**The warning against fornication and drinking liquor**

Rasulullaah ρ said, "When a person engages in fornication and drinking liquor, Allaah removes the Imaan from his heart just as a person removes his shirt from above his head."

[*Mustadrak* of Haakim 57, from Hadhrat Abu Hurayrah τ]

(7) This World	**Two habits**

Rasulullaah ρ said that when a person looks up towards someone who is superior to him in the matters of Deen and follows him and also looks at a person who is inferior to him in matters of this world and then thanks Allaah for His bounties, Allaah will record this person from amongst the patient and the thankful ones (on account of these two habits). As for the a person who looks towards someone who is inferior to him in the matters of Deen and also looks at a person who is superior to him in matters of this world and then laments over his lot, Allaah will not record this person from amongst the patient and the thankful ones.

[Tirmidhi 2512, from Hadhrat Abdullaah bin Amr τ]

(8) The Aakhirah	**The food of the people of Jahannam**

Allaah says in the Qur'aan, "**He shall enter the blazing fire where he will be given water to drink from boiling springs. The only food for them** *(the people of Jahannam)* **shall be thorny trees which will neither nourish** *(their bodies)* **nor satisfy** *(their extreme)* **hunger**".

[Surah Ghaashiya, verses 4-7]

(9) Cures from the Qur'aan and Rasulullaah ρ	**A cure for illnesses**

A person once came to Hadhrat Anas τ and complained of an illness he was suffering. "Should I not recite and blow a du'aa upon you which

Rasulullaah ρ used to recite?" Hadhrat Anas τ asked. When the man agreed, Hadhrat Anas τ recited the following du'aa:

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[Bukhaari 5742]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Do not ascribe any partner to Him and that you be kind towards your parents.** *(Allaah has also commanded)* **That you do not kill** *(abort)* **your children for fear of poverty** *(fearing that you will become poor by providing for them)***. We provide for you and for them as well** *(even though you may be poor)***. And** *(Allaah commands)* **that you do not draw near to immoral acts that may be open and secret** *(such as secretly looking at or meeting with a member of the opposite sex or intermingling of sexes)*".

[Surah An'aam, verse 151]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

4

(1) Islaamic History	Mina

Mina is located three miles east of Makkah. There is a wide plain between the Valley of Muhassar and the Jamarah Aqaba, where Shaytaan thrice attempted to mislead Hadhrat Ibraheem υ and his son Hadhrat Ismaa'eel υ. Hadhrat Ibraheem υ, however, recited *Bismillaah* each time and then pelted Shaytaan, causing him to flee. It is to commemorate this act of Hadhrat Ibraheem υ that three pillars named the Jamarah Aqaba, Jamarah Wusta and Jamarah Ula have been erected for the people performing Hajj to stone from the 10th to the 13th of Dhul Hijjah. It s forbidden or the Haajis to stay at Wadi Muhassar nearby because it was here that the king Abraha and his army of elephants were stoned by little birds when they intended to destroy the Kabah.

(2) Rasulullaah ρ's Miracle	Healing an injured leg

When the Jew Ka'b bin Ashraf was killed, Hadhrat Zaid bin Mu'aadh τ was wounded in the leg by the blow of a sword. The wound was, however, completely healed when Rasulullaah ρ applied some of his blessed saliva to the wound.

[Subulul Huda war Rashaad Vol.10 Pg.42]

(3) A Fardh	Kind treatment of wives

Allaah says in the Qur'aan, "**Live with them** *(your wives)* **in kindness** *(treating them well)*. **If you dislike** *(anything in)* **them, then** *(be tolerant because)* **perhaps you dislike something whereas Allaah places abundant good in it.** *(A spouse's bad habits should not prompt one to behave harshly)*".

[Surah Nisaa, verse 19]

(4) A Sunnah	The Talbiya to recite when entering into Ihraam

The following du'aa should be recited when entering the state of Ihraam:

PUT ARABIC

TRANSLATION: I am at Your service! O Allaah! I am at Your service! I am at Your service! You have no partner. I am at Your service! Indeed, all praise, bounty and kingdom is Your. You have no partner.

[Bukhaari 1549]

(5) An Important Act and its Virtue	The virtue of performing Umrah

Rasulullaah ρ said, "The people performing Hajj and Umrah are the congregation of Allaah. When they make du'aa, Allaah accepts their du'aas and when they seek forgiveness, Allaah forgives them."

[Ibn Maajah 2892, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Failing to obey the instructions of Rasulullaah ρ

Allaah says in the Qur'aan, "**Those who oppose the Rasool's commands** *(which come from Allaah)* **should beware that some calamity or a grievous punishment should afflict them**".

[Surah Noor, verse 63]

(7) This World	The comfort of this world is short

Allaah says in the Qur'aan, "**Tell them, "The comfort** *(enjoyment)* **of this world is short. The Aakhirah is best for those who have Taqwa. You shall not be oppressed even to the extent of the string of a date seed** *(you will not be punished even to the extent of the thread on a date seed for a sin you did not commit nor will you be deprived of any rewards for a good act that equals this small amount)*."".

[Surah Nisaa, verse 77]

(8) The Aakhirah	The melodious sounds of the trees of Jannah

Rasulullaah ρ said, "There is a tree in Jannah that has roots of gold and precious gems upon its branches. When a wind blows through this tree, it causes a melody to play which is so beautiful that none has ever heard the likes thereof."

[*Targheeb wat Tarheeb* 5322, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	The du'aa of Hadhrat Jibra'eel υ

Hadhrat Aa'isha رضي الله عنها reports that whenever Rasulullaah ρ fell ill, Hadhrat Jibra'eel υ would recite the following du'aa and blow on Rasulullaah ρ:

PUT ARABIC

[Muslim 5699]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Give protection to any person who seeks your protection in the name of Allaah and give the person who begs from you in the name of Allaah. Reciprocate the favour of the person who does you a favour. However, if you are unable to do this, then make du'aa for the person until you feel that you have repaid him."

[Nasa'ee 2568, from Hadhrat Abdullaah bin Umar τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

5

(1) Islaamic History	Arafaat

The plain of Arafaat is located approximately 17km east of Makkah on the road to Taa'if. After leaving Jannah, it was here that Hadhrat Aadam υ first met up with his wife Hadhrat Hawwa رضي الله عنها and recognised her. It is for this reason that the place is called Arafaat. It was here that Hadhrat Jibra'eel υ taught Hadhrat Ibraheem υ the rites of Hajj and it was here that the Sahabah ψ were given the good news that the Deen had been perfected. It was also here that Rasulullaah ρ mounted his camel and delivered the historical sermon during the Farewell Hajj, in which he put an end to all customs of the Period of Ignorance and emphasised human rights. It will also be here that people will be resurrected on the Day of Qiyaamah and required to account for their actions. It is here on the 9th of Dhul Hijjah every year that the Haajis gather to fulfil the fundamental requisite of the Hajj. This referred to as the Wuqoof of Arafaat, which starts from Zawaal and lasts until sunset and is Fardh (obligatory).

(2) Allaah's Power	Allaah's mercy and benevolence upon His creation

Allaah is extremely merciful and generous towards His creation and protects them in every way, whether they be on land or at sea. It is through His power that when the severe winter sets in and the danger exists of the waters freezing in some areas, Allaah protects the lives of the creatures in the sea by allowing a layer of ice to float above the water so that the water below does not freeze. As a result, the creatures underwater can live normally. This is the power Allaah has to ensure that He protects His creation wherever they may be.

(3) A Fardh	Performing the Sa'ee after the Tawaaf

Hadhrat Abdullaah bin Umar τ reports that after completing seven circuits around the Kabah, Rasulullaah ρ used to perform two Rakaahs salaah behind the Maqaam Ibraaheem and then perform the Sa'ee between Safa and Marwa. Hadhrat Abdullaah bin Umar τ then said, "There is a perfect example for you in Rasulullaah ρ."

[Nasa'ee 2963]

It is compulsory to perform the Sa'ee after the Tawaaf of Hajj and

Umrah.

(4) A Sunnah	The du'aa after boarding a conveyance

When boarding a conveyance for travelling, Rasulullaah ρ used to recite the Takbeer thrice and then the following du'aa:
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[Tirmidhi 3447, from Hadhrat Abdullaah bin Umar τ]

(5) An Important Act and its Virtue	Reciting a thousand verses of the Qur'aan in the path of Allaah

Rasulullaah ρ said, "Whoever recites a thousand verses of the Qur'aan in the path of Allaah, Allaah will record his name amongst the Ambiyaa عليهم السلام, the Siddiqeen, the martyrs and the righteous ones."

[*Mustadrak* of Haakim 2443, from Hadhrat Mu'aadh Juhani τ]

(6) A Sin	The hidden Shirk

Rasulullaah ρ once asked the Sahabah ψ, "Should I not inform you of something more dangerous than Dajjaal?" When the Sahabah ψ begged to be informed, Rasulullaah ρ said, "It is the hidden Shirk, which is when a person stands up for salaah and then prolongs the salaah because another person is watching him."

[Ibn Maajah 4204, from Hadhrat Abu Sa'eed Khudri τ]

(7) This World	Two evils

Rasulullaah ρ said, "Two things grow younger in the heart of an old person; love for this world and long hopes."

[Bukhaari 6420, from Hadhrat Abu Hurayrah τ]

(8) The Aakhirah	The fruit and shade of Jannah

Allaah says in the Qur'aan, "**The description of the Jannah that is promised for the pious** *(is that it will contain)* **rivers flowing beneath it while its fruits and shade will be permanent. This is the outcome** *(the position in the Aakhirah)* **of those who adopt Taqwa, while the outcome of the Kuffaar shall be the Fire**".

[Surah Ra'd, verse 35]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treating poison with the Ajwa date

Rasulullaah ρ said that the Ajwa date is from amongst the fruits of Jannah and contains the cure for poison.

[Tirmidhi 2068, from Hadhrat Abu Hurayrah τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Verily Allaah instructs** *(people to carry out)* **justice, Ihsaan** *(do things well, as well as doing everything with the consciousness that Allaah is watching)*, **and giving** *(charity)* **to relatives. And Allaah forbids immoral behaviour, evil and oppression. He advises you so that you may take heed** *(and thereby save ourselves from ruin and Jahannam)*".

[Surah Nahl, verse 90]

(1) Islaamic History — Hadhrat Uwais Qarni رحمه الله

Hadhrat Uwais bin Aamir Qarni رحمه الله was a famous Taabi'ee who lived in Yemen. Although he lived during the time of Rasulullaah ρ, he did not have the honour of meeting Rasulullaah ρ. His mother was a very old woman and he considered serving her to be a great form of Ibaadah. He therefore did not even proceed for Hajj by himself as long as she was alive. In his absence, Rasulullaah ρ named him Khayrut Taabi'een (the best of all the Taabi'een). Rasulullaah ρ also described him to Hadhrat Umar τ

(2) Rasulullaah ρ's Miracle — Du'aa for Hadhrat Ali bin Hakam τ

Hadhrat Mu'aawiya bin Hakam τ reports that his brother Ali τ was riding his horse during the Battle of the Trench when he shattered his leg against a wall. When he was brought to Rasulullaah ρ, Allaah's Nabi ρ reciTed Bismillaah and passed his hand over the broken leg. Hadhrat Ali bin Hakam τ's leg was completely healed even before he descended from the horse.

[*Subulul Huda war Rashaad* Vol.4 Pg.370]

(3) A Fardh — Stopping worldly activities when the Adhaan for the Jumu'ah salaah is called out

Allaah says in the Qur'aan, **"O you who have Imaan! When the call (Adhaan) is made for (the Jumu'ah) salaah on the day of Jumu'ah (Friday), then hasten towards Allaah's remembrance (towards the Jumu'ah salaah to take place in the Masjid) and leave trading. This is best for you (in both worlds) if you but knew (the eternal value of the salaah, which far exceeds the temporary value of the wealth you may attain by trade)"**

[Surah Jumu'ah, verse 9]

When the Adhaan for the Jumu'ah salaah is called out, it is necessary to stop all worldly activities and to hasten for salaah.

(4) A Sunnah — The du'aa to be recited while performing the Tawaaf

Rasulullaah ρ said that if the following du'aa is recited when performing the Tawaaf:

PUT ARABIC

ten good deeds will be recorded in the person's account, ten sins will

be forgiven and his stages will be raised ten times.

[Ibn Maajah 2957, from Hadhrat Abu Hurayrah τ]

(5) An Important Act and its Virtue	**Standing guard in the path of Allaah**

Rasulullaah ρ said that when a person stands guard for even a single day or night while out in the path of Allaah, he will receive the reward of fasting and performing Tahajjud salaah for an entire month. If he happens to pass away during this guard duty, this reward will continue coming to him forever, he will be well provided for (in the Aakhirah) and he will be saved from all calamities.

[*Mustadrak* of Haakim 2422, from Hadhrat Salmaan Faarsi τ]

(6) A Sin	**The evil of sins**

Allaah says in the Qur'aan, "**Corruption** *(trouble, difficulties, calamities)* **has appeared on land and at sea because of the** *(evil)* **actions of man and so that Allaah may let them taste** *(the consequences)* **of some of their** *(evil)* **actions, so that they may adopt Taqwa** *(and refrain from sin)*".

[Surah Room, verse 41]

(7) This World	**The Aakhirah is better than this world**

Allaah says in the Qur'aan, "**The life of the world** *(besides those things done to please Allaah)* **is but play** *(pastime)* **and sport and most certainly the home of the Aakhirah is best for those with Taqwa** *(those who realise that the Aakhirah is their true home)***. Do you not understand?**"

[Surah An'aam, verse 32]

(8) The Aakhirah	**Every Nabi υ will have a pond on the Day of Qiyaamah**

Rasulullaah ρ said, "Every Nabi υ shall have a pond on the Day of Qiyaamah and they will compete about the number of their followers drinking from their ponds. I have hope that my pond will have the largest number of people drinking from it."

[Tirmidhi 2443, from Hadhrat Samurah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of Suna**

Rasulullaah ρ said, "If anything had the ability to cure death, it would be Suna."

[Tirmidhi 2081, from Hadhrat Asmaa bint Umays رضي الله عنها]

Suna is a plant that has leaves measuring approximately 2 inches long and an inch wide, which are extremely beneficial for constipation. It also grows little yellow flowers.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ once told Hadhrat Abu Dharr τ, "Should I inform you of two qualities that are very simple, but very weighty on the scale of deeds? Silence and good character."

[Bayhaqi 7777, from Hadhrat Anas τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	7

(1) Islaamic History	Hadhrat Ali bin Husayn رحمه الله

Hadhrat Ali bin Husayn رحمه الله was the youngest son of Hadhrat Husayn τ. He was also known as Abul Hasan and was famously called Zaynul Aabideen. Together with being from amongst the Taabi'een, Hadhrat Zaynul Aabideen رحمه الله also belonged to the family of Rasulullaah ρ. He was the only male from the family of Hadhrat Husayn τ who survived the massacre at Karbala and it is therefore from him that the progeny of Hadhrat Husayn τ continued. Although he had been with his father as they proceeded to Karbala, he was forced to miss the battle on account of illness. He was renowned for his generosity and approximately a hundred families in Madinah survived only because of his Sadaqah. Although he personally delivered the Sadaqah to them at night, none knew that it was from him until after he had passed away. He passed away in Madinah in the year 94 A.H. and is buried in Jannatul Baqee beside his uncle Hadhrat Hasan τ.

(2) Allaah's Power	The colour, taste and fragrance of fruit

There are so many different types of fruit, each with its individual colour, taste and fragrance. Where do these colours, tastes and fragrances come from? If you cut the trees at their roots, you will find only sand and no colour, taste or fragrance. Where do the colours of the apples, the redness of the watermelon and the sweetness of the mango come from? These are only from the treasures of Allaah, about which the Qur'aan states, "**To Allaah belongs the treasures of the heavens and the earth but the hypocrites do not understand** *(this)*".
[Surah Munaafiqoon, verse 7]

(3) A Fardh	Entering into the state of Ihraam during the months of Hajj

Hadhrat Abdullaah bin Abbaas τ stated that Rasulullaah ρ entered the state of Ihraam during the months of Hajj.
[Bukhaari]

The months of Hajj are Shawwaal, Dhul Qa'dah and the first ten days of Dhul Hijjah. It is necessary for a person intending to perform Hajj to enter the state of Ihraam during these months.

(4) A Sunnah	Standing while drinking Zamzam water

Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ drank Zamzam water while standing.
[Bukhaari 5617]

(5) An Important Act and its Virtue	Donating a conveyance in the path of Allaah

Rasulullaah ρ said, "When a person donates a conveyance in the path of Allaah with conviction in Allaah's promise, even the food, drink, dung and urine of the animal will be added to the weight of his good deeds on the Day of Qiyaamah."
[*Mustadrak* of Haakim 2456, from Hadhrat Abu Hurayrah τ]

All forms of modern day vehicles will also fall within the ambit of this Hadith.

(6) A Sin	Bribery

Hadhrat Abdullaah bin Amr τ reports that Rasulullaah ρ cursed those who give bribes as well as those who receive bribes.
[Tirmidhi 1337]

(7) This World	This world is a prison for the Mu'min

Rasulullaah ρ said, "This world is a prison for the Mu'min and a paradise for the Kaafir."
[Muslim 7417, from Hadhrat Abu Hurayrah τ]

Practising upon the injunctions of the Shari'ah, forsaking carnal pleasures and treading the path of Allaah's Ambiyaa عليهم السلام are all demanding upon the soul and restrict one's freedom. On the contrary, when the soul is left to do as it pleases without any restrictions, this world becomes like a paradise.

(8) The Aakhirah	Jahannam for the sinners

Allaah says in the Qur'aan, "***(It will be)*** **The day when the sky shall tremble uncontrollably and the mountains will fly through the air** ***(as dust particles after being reduced to dust)*****. Destruction be to the rejecters** ***(those who reject the coming of Qiyaamah)*** **on that day** ***(the Day of Qiyaamah) (the rejecters are)*** **those who are frolicking in their vanities** ***(who enjoy themselves doing as they please without caring for the day when they will have to account for everything they do)*****.** ***(Do not forget)*** **The day** ***(of Qiyaamah)*** **when they will be forcibly shoved into the Fire of Jahannam.** ***(It will then be said to them,)*** **"This is the Fire that you used to deny!"**
[Surah Toor, verses 9-14]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treating a rash

Hadhrat Anas τ reports that Rasulullaah ρ permitted Hadhrat Abdur Rahmaan bin Auf τ and Hadhrat Zubayr bin Awwaam τ to wear silk clothing because they were suffering from a rash.
[Bukhaari 5839]

Although it is usually not permissible for men to wear clothing of pure

silk, it will be permissible when advised by an expert doctor in the case of necessity.

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**And do not walk haughtily on earth** *(strutting with your heads in the air)*. **You can certainly not tear the earth open** *(with your strutting)*, **nor can you reach the height of the mountains** *(by lifting your heads in the air. This proud manner of walking is therefore futile because you cannot achieve anything by it)*".

[Surah Bani Israa'eel, verse 37]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

8

(1) Islaamic History — **The martyrdom of Hadhrat Anas bin Nadhar τ**

Hadhrat Anas bin Nadhar τ from amongst the Ansaar was the paternal uncle of Hadhrat Anas bin Maalik τ. Rasulullaah ρ said about him, "If Anas bin Nadhar takes an oath, Allaah will ensure that He fulfils it." He was blessed with tremendous courage and was very pained that he was unable to participate in the Battle of Badr. He therefore resolved to do his very best if there ever was another battle. The Battle of Uhud then took place and he fought with great valour. Although the Muslims were winning the battle, the Mushrikeen suddenly got the upper hand when some of the Sahabah ψ abandoned their posts at a mountain pass. When the Mushrikeen started to attack from the rear, the Muslims were caught in a deadly crossfire and started to disperse in confusion. Seeing Hadhrat Sa'd bin Mu'aadh τ, Hadhrat Anas bin Nadhar τ said, "Where are you going to, O Sa'd? I swear by Allaah that I can smell the fragrance of Jannah coming from Mount Uhud!" Saying this, he penetrated the ranks of the Mushrikeen army and fought until he was martyred. Over eighty sword and arrow wounds were counted on his body afterwards.

(2) Rasulullaah ρ's Miracle — **Shattering a boulder**

When the trench was being dug for the Battle of the Trench, the Sahabah ψ encountered a massive boulder, which they could not break. After Rasulullaah ρ sprinkled some water over it, the Sahabah ψ present there said, "We swear by the Being Who has sent you as a Rasul that the boulder has actually become soft." Rasulullaah ρ then struck it thrice, causing it to be reduced to a pile of dust.

[Ahmad 13799, from Hadhrat Jaabir τ]

(3) A Fardh — **The Wuqoof at Arafaat**

Rasulullaah ρ said, "Hajj is Arafaat."

[Nasa'ee 3019, from Hadhrat Abdur Rahmaan bin Ya'mur τ]

Interpretation is Fardh (obligatory) for all people performing Hajj to be at Arafaat on the 9th of Dhul Hijjah (referred to as the Wuqoof at Arafaat).

(4) A Sunnah — **The du'aa while performing Tawaaf**

Hadhrat Abdullaah bin Saa'ib τ reports that he heard Rasulullaah ρ recite the following du'aa as he walked between the two Rukns:

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[Abu Dawood 1892]

(5) An Important Act and its Virtue	**The virtue of Surah Ikhlaas**

Rasulullaah ρ said that the person who recites Surah Ikhlaas after every Fardh salaah, there will be nothing separating him from Jannah except death.

[*Jam'ul Fawaa'id* 9324, from Hadhrat Abu Umaamah τ]

(6) A Sin	**Evil scheming**

Allaah says in the Qur'aan, "**There shall be a severe punishment for those who devise evil schemes** *(to harm Islaam and the Muslims)***. The plots of these people will certainly be destroyed** *(will fail miserably)*".

[Surah Faatir, verse 10]

(7) This World	**This worldly life of deceiving**

Allaah says in the Qur'aan, "**They** *(the Kuffaar)* **have superficial** *(shallow)* **knowledge of** *(matters related to)* **the life of this world whereas they are negligent of** *(matters related to)* **the Aakhirah** *(as a result, they will be unsuccessful in the Aakhirah)*".

[Surah Room, verse 7]

Deceived by the glamour of this world, people forget that there is the Aakhirah to come where they are to abide forever. They therefore fail to prepare for it.

(8) The Aakhirah	**The walls of Jahannam**

Rasulullaah ρ said that Jahannam is surrounded by four walls, each one as thick as a journey of forty years.

[Tirmidhi 2584, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treatment with Surah Baqarah**

Rasulullaah ρ said, "Recite Surah Baqarah in your homes because the Shayaateen and black magic cannot enter the home in which Surah Baqarah is recited."

[*Mustadrak* of Haakim 2062, from Hadhrat Abdullaah bin Mas'ood τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "If a person desires that Allaah blesses him in his lifespan and his sustenance and that Allaah saves him from a bad death, then he should fear Allaah and mend family relations."

[*Mustadrak* of Haakim 7280]

(1) Islaamic History	**The sincere love the Sahabah ψ had for Rasulullaah ρ**

The families of the Mushrikeen killed during the Battle of Uhud were intent on taking revenge from the Muslims. Some of them therefore posed as Muslims and requested Rasulullaah ρ to send some Hadhrat Sa'd bin Abi Waqqaas τ with them to teach them Islaam and the Qur'aan. Rasulullaah ρ therefore sent Hadhrat Aasim bin Thaabit τ at the head of ten other Sahabah ψ. The group was then betrayed by their escorts and all but three were martyred in an ambush. From these, Hadhrat Abdullaah bin Taariq τ was martyred en route to Makkah at a place called Zahraan. Hadhrat Khubayb τ was handed over to Abu Sur'ah to avenge the death of his father Haarith bin Aamir and Hadhrat Zaid bin Dathna τ was made over to Safwaan bin Umayyah in lieu of fifty camels for killing his father. When Hadhrat Zaid τ was about to be executed, Abu Sufyaan asked him, "Would you now prefer that Muhammad ρ be executed in your place?" Hadhrat Zaid τ exclaimed, "By Allaah! I would give my life to prevent even a thorn pricking Rasulullaah ρ!" Hearing this, Abu Sufyaan said, "I have never seen anyone love someone as much as the companions of Muhammad ρ love him." Hadhrat Zaid τ was then martyred.

(2) Allaah's Power	**The heart**

Allaah has given us all a heart, which serves an extremely important function. It is a piece of flesh that beats all the time without tiring. It pumps blood to all the organs of the body throughout the day and night, regardless of whether a person is awake, asleep or doing anything else. A person's life would come to an end if the heart had to stop out of exhaustion, but Allaah keeps it beating all the time through His immense power.

(3) A Fardh	**The Tawaaf Ziyaarah**

Allaah says in the Qur'aan, "**Then they should remove their untidiness** *(unwanted hair and long nails)***, fulfil** *(any of)* **their oaths** *(that they may have taken)* **and perform Tawaaf around the Freed House** *(the Kabah, which has been freed from tyrants)*".

[Surah Hajj, verse 29]

It is this Tawaaf that is referred to as the Tawaaf Ziyaarah and is Fardh (obligatory).

(4) A Sunnah	Kissing the Hajar Aswad

When Rasulullaah ρ kissed the Hajar Aswad after performing Tawaaf, he kept his mouth on it and wept for a while. Seeing him weep, Hadhrat Umar τ also started to weep. "O Umar!" Rasulullaah ρ said, "This really is the place to weep."

[Ibn Maajah 2945, from Hadhrat Abdullaah bin Umar τ]

Although it is Sunnah to kiss the Hajar Aswad, to cause harm to other Muslims in the process is Haraam. Therefore, when there is a large crowd, it is best just to point the hands in the direction of the Hajar Aswad and kiss them instead.

(5) An Important Act and its Virtue	The virtue of reciting Tasbeeh and the Kalimah

Rasulullaah ρ said, "After the Fajr salaah when a person recites Tasbeeh (*Subhaanallaah*) 100 times and Tahleel (*Laa Ilaaha Illallaah*) 100 times, all his sins will be forgiven even if it is as much as the foam on the oceans."

[*Jam'ul Fawaa'id* 9308, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Listening to music

Rasulullaah ρ said, "Music makes hypocrisy grow in the heart just as water makes plants grow."

[*Mishkaatul Masaabeeh* Hadith 2380, from Hadhrat Jaabir τ]

(7) This World	Eating to one's fill

Rasulullaah ρ said, "There is no utensil worse to fill than the stomach. Since eating is necessary, fill a third of the stomach with food, another third with drink and leave the last third empty."

[Tirmidhi 2380, from Hadhrat Miqdaam τ]

(8) The Aakhirah	Recompense for the people of Imaan

Allaah says in the Qur'aan, "**Their reward with their Rabb is eternal Jannaat where they shall live forever and ever. Allaah is *(well)* pleased with them and they are *(well)* pleased with Him. This *(reward)* is for him who fears *(the punishment)* his Rabb *(and does all he can to avoid it)*".**

[Surah Bayyina, verse 8]

(9) Cures from the Qur'aan and Rasulullaah ρ	The cure for Insomnia

When Hadhrat Khaalid bin Waleed τ once complained to Rasulullaah ρ about his inability to fall asleep, Rasulullaah ρ advisee him to recite the following du'aa:

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[Tirmidhi 3523, from Hadhrat Buraydah τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**hold fast to Allaah** *(rely only on Him and only ask Him for assistance)*. **He is your Protecting Friend.** *(He is)* **The Best Protecting Friend and the Best**

Helper *(with Allaah as your Protecting Friend and Helper, you need no one else)*".

[Surah Hajj, verse 78]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	10

(1) Islaamic History	Hadhrat Umar bin Abdul Azeez رحمه الله

Hadhrat Umar bin Abdul Azeez رحمه الله was born in the year 61 A.H. His mother Hadhrat Ummu Aasim was the grand daughter of Hadhrat Umar τ. The incident leading her marriage was that Hadhrat Umar τ once issued a decree during his Khilaafah that no milk seller was to mix water with their milk. Hadhrat Umar τ happened to be patrolling Madinah one night when he overheard a lady telling her daughter, "It is almost morning. Let us add water to the milk." "But, Mom," the daughter responded, "The Ameerul Mu'mineen had forbidden us from mixing water to the milk." "Dear daughter," the mother replied, "The Ameerul Mu'mineen is not here. How will he know?" However, the daughter's reply was, "Although the Ameerul Mu'mineen will not know, Allaah is still watching." Keeping the house in mind, Hadhrat Umar τ returned home and said to his son Aasim, "Marry the girl, for I have hope that such a person will born who will rule over all of Arabia." Hadhrat Aasim then married the girl and as Hadhrat Umar τ had predicted, it was Hadhrat Umar bin Abdul Azeez رحمه الله who was born from this union. He ruled according to the ways of the Khulafaa Raashideen and was even known as Umar the Second.

(2) Rasulullaah ρ's Miracle	Speeding up a weary camel

Hadhrat Jaabir τ reports that during one of his journeys with Rasulullaah ρ, his camel grew so weary that it was barely able to walk. Rasulullaah ρ then pulled the camel along and made a du'aa. It was a result of this du'aa that the camel suddenly became the fastest of all the camels.

[Bukhaari 2309]

(3) A Fardh	Performing the Qadhaa salaah

Rasulullaah ρ said, "When any of you forgets to perform salaah or sleeps though the time of salaah, then (as expiation) he should perform the salaah as soon as he remembers."

[Tirmidhi 177, from Hadhrat Abu Qataadahτ]

When a person misses the Fardh salaah for a valid reason or sleeps though the time, it will be Fardh (obligatory) for him to perform the Qadhaa salaah.

(4) A Sunnah	The du'aa when drinking Zamzam

Whenever Hadhrat Abdullaah bin Abbaas τ drank Zamzam, he recited the following du'aa:
PUT ARABIC

TRANSLATION: O Allaah! I ask you for beneficial knowledge, abundant sustenance and cure from all illnesses.

[*Mustadrak* of Haakim 1739]

(5) An Important Act and its Virtue	The virtue of the knowledge of Deen

Rasulullaah ρ said, "If a person passes away whole acquiring the knowledge of Deen in order to preserve the Deen, there shall be only a single rank separating them from the Ambiyaa عليهم السلام in Jannah."

[Daarmi 362, from Hadhrat Hasan τ]

(6) A Sin	Devouring the wealth of orphans

Allaah says in the Qur'aan, "**Give the orphans** *(in your care)* **their wealth** *(when they reach the age of maturity and understanding)* **and do not exchange the bad for the good** *(do not take what is valuable from their wealth and replace it with something inferior)***. Do not devour their wealth** *(by including it)* **with your own. It is indeed a serious sin to do so**".

[Surah Nisaa, verse 2]

(7) This World	The loss of these who seek this world

Allaah says in the Qur'aan, "**Whoever desires the harvest** *(rewards)* **of the Aakhirah, We shall increase its harvest for him.** *(On the contrary,)* **We shall grant** *(only)* **a part of this world's harvest** *(luxuries)* **to the one who desires it** *(without him receiving all he desires)***; and he will have no share** *(of good)* **in the Aakhirah** *(because he has no Imaan)*".

[Surah Shura, verse 20]

(8) The Aakhirah	Even the greatest of good deeds will seem too little on the Day of Qiyaamah

Rasulullaah ρ said, "If a person remains constantly in the Masjid from the day he is born until he dies, he will regard even this to be too little on the Day of Qiyaamah."

[Ahmad 17198, from Hadhrat Muhammad bin Abi Umayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Averting disease

Rasulullaah ρ has prohibited sitting in a place where part of the body is exposed to sunlight and part is not.

[Ibn Maajah 3722, from Hadhrat Buraydah τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ once said to Hadhrat Abu Dharr τ, "Fear Allaah wherever you are, do good after committing evil, it will compensate for the evil and always display the best of character towards others."

[Tirmidhi 1987, from Hadhrat Abu Dharr τ]

(1) Islaamic History — The Khilaafah of Hadhrat Umar bin Abdul Azeez رحمه الله

The Khalifah whose name is taken with great adoration after the Khulafaa Raashideen was Umar the Second, Hadhrat Umar bin Abdul Azeez رحمه الله. He became the Khalifah in the year 99 A.H. when the previous Khalifahs of the Umayyad dynasty had completely veered away from the manner in which the Khulafaa Raashideen had governed. It was a time when tribalism and prestige had become the order of the day and rather than good deeds being done to please Allaah, it was done for recognition and fame. The coffers of the state treasury were treated like the private wealth of the Khalifah and even music was rife. The succession of the Khilaafah within the Umayyad family had sealed the doors to reform. However, all this changed when Hadhrat Umar bin Abdul Azeez رحمه الله became the Khalifah and established the Khilaafah upon the teachings of the Qur'aan and the Ahadeeth. So successful was he in transforming the government that people began to say that the Khulafaa Raashideen are not four but five; Hadhrat Abu Bakr τ, Hadhrat Umar τ, Hadhrat Uthmaan τ, Hadhrat Ali τ and Hadhrat Umar bin Abdul Azeez رحمه الله.

(2) Allaah's Power — Fingerprints

Allaah says in the Qur'aan, "**We have the power to perfect even his fingertips**".
[Surah Qiyaamah, verse 4]

In this verse, Allaah points towards His tremendous power in that the fingertips of every person is unique and unlike those of any other person. If we combine the fingerprints of millions of people, we will be surprised to note that each one of them is different from the other. You will not find any pair of people whose fingerprints match. How great is the power of Allaah that He has created every person's fingerprints different and will even recreate them to the exact match when people were resurrected on the Day of Qiyaamah!

(3) A Fardh — Wuqoof at Muzdalifah

Allaah says in the Qur'aan, "**When you leave Arafaat, then remember Allaah at the Mash'arul Haraam** *("The Sacred Monument"- referring to Muzdalifah)*".
[Surah Baqarah, verse 198]

It is compulsory to be at Muzdalifah from between dawn and sunrise on

the 9th of Dhul Hijjah. Forsaking this will necessitate a penalty.

(4) A Sunnah	**Trimming the moustache**

Rasulullaah ρ trimmed his moustache and mentioned that this was the practice of Hadhrat Ibraheem υ.

[Tirmidhi 2760, from Hadhrat Abdullaah bin Abbaas τ]

(5) An Important Act and its Virtue	**The virtue of Hajj**

Rasulullaah ρ said, "The intercession of the Haaji will be accepted in favour of 400 families and he himself will be purified of sins as the day he was born."

[*Targheeb wat Tarheeb* 1595, from Hadhrat Abu Moosa Ash'ari τ]

(6) A Sin	**The consequences of cursing**

Rasulullaah ρ said, "When a person curses another, the curse rises to the heavens, but the doors to the heavens are shut before it can enter. It then return to the earth, but the doors to the earth are also shut before it can enter. It then tries to exit to the right and left, but when it eventually cannot find any escape, it heads for the person it was intended for. It then afflicts him if it finds him deserving of it, otherwise it returns to afflict the person who had made it."

[Abu Dawood 4905, from Hadhrat Abu Dardaa τ]

(7) This World	**The best of the abstinent people**

A person once asked Rasulullaah ρ who the most abstinent of all people are. Rasulullaah ρ said, "He is the one who does not forget the grave and its decomposition. He forsakes the luxuries of this world and gives preference to the eternal life of the Aakhirah over this temporary world. He does not regard tomorrow as his own and counts himself amongst the dead."

[*Targheeb wat Tarheeb* 4553, from Hadhrat Dahhaak رحمه الله]

(8) The Aakhirah	**The bounties of the people of Jannah**

Allaah says in the Qur'aan, "**The people of the right, how excellent are the people of the right! They will be** *(enjoying themselves)* **in** *(gardens of)* **thornless lotus trees and** *(trees resembling)* **banana trees** *(which will be)* **laden** *(with fruit)***.** *(They will be enjoying all these bounties)* **In extensive shade** *(the environment will be without harsh sunshine. Although they will have ample light, they will feel comfortable like a person who is shaded)***. And** *(enjoying the refreshing)* **flowing water and an abundance of fruit** *(of all types)* **that will not come to an end** *(because another fruit will immediately grow in the place of a plucked one)* **and will not be restricted** *(they will have as much as they please)***. And** *(they will be reclining on)* **elevated thrones. Indeed We have created these damsels** *(whom the "people of the right" shall marry)* **very specially** *(without any impurities in their bodies or their behaviour)***. We have made them all virgins most beloved** *(every facet of their appearance and behaviour will be pleasing to their husbands)* **and of equal age for the people of the right**".

[Surah Waaqi'ah, verses 27-38]

(9) Cures from the Qur'aan	**The benefits of Zamzam**

and Rasulullaah ρ	

Hadhrat Jaabir τ reports that that Rasulullaah ρ said, "The water of Zamzam will have the effect it is drunk for."

[Ibn Maajah 3062]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan, do not follow the footsteps of Shaytaan** *(do not do what he wants you to do)***. Whoever follows the footsteps of Shaytaan, then** *(such a person should remember that)* **verily he** *(Shaytaan)* **commands** *(people to engage in)* **immoral** *(indecent)* **behaviour and evil**".

[Surah Noor, verse 21]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

12

(1) Islaamic History — The life of Hadhrat Umar bin Abdul Azeez رحمه الله

After ascending to the post as Khalifah, Hadhrat Umar bin Abdul Azeez رحمه الله became an embodiment of the truthfulness of Hadhrat Abu Bakr τ, the justice of Hadhrat Umar τ, the modesty of Hadhrat Uthmaan τ and the piety and Taqwa of Hadhrat Ali τ. He made his Khilaafah as simple as that of the Khulafaa Raashideen, with everything according to the Sunnah. He deposited all his property into the public treasury together with the jewellery that his wife possessed. The simplicity he adopted was not just impossible to find amongst kings, but even difficult to find amongst paupers. He had so few garments that he would sometimes get late for the Jumu'ah salaah on account of waiting for his clothing to dry after being washed. His family lived so simply that when he once went to speak to one of his daughters, she held her hand in front of her mouth as she spoke. When he asked her what the matter was, she replied that she had eaten only some lentils and onions that day. He then began to weep and said, "Would you prefer to have lavish meals to eat and your father ends up in Jahannam?" All his daughters then burst into tears. despite being the ruler of such a vast empire, Hadhrat Umar bin Abdul Azeez رحمه الله did not even have enough personal wealth to perform Hajj.

(2) Rasulullaah ρ's Miracle — Cure from a lifetime of pain

Hadhrat Saa'ib τ reports that when he was once suffering pain, his aunt took him to Rasulullaah ρ. Rasulullaah ρ then made du'aa for him to be blessed. It is reported that Hadhrat Saa'ib τ lived to the ripe age of 94 without suffering any health problems and would say that it was on account of this du'aa of Rasulullaah ρ.

[Bukhaari 3540, from Hadhrat Humayd τ]

(3) A Fardh — Joining family ties

Allaah says in the Qur'aan, "*(The evil-doers are)* **Those who break the promise** *(pact)* **they made to Allaah after agreeing to it, who cut off those things that Allaah has ordered that they join** *(such as family ties)***, and who spread corruption** *(mischief)* **on earth. These are certainly the losers** *(because they are headed for Jahannam)*".

[Surah Baqara, verse 27]

It is imperative that Muslims join ties with their families and ensure that these ties are never severed.

(4) A Sunnah — The du'aa when performing Sa'ee

Rasulullaah ρ recited the following du'aa when performing Sa'ee:

PUT ARABIC

TRANSLATION: O Allaah! Forgive and show mercy because You are the most honoured and magnanimous.

[Tabraani in his Awsat 2864, from Hadhrat Abdullaah bin Mas'ood τ]

(5) An Important Act and its Virtue — Do not complain of your illness

Rasulullaah ρ reports that Allaah says, "When I give illness to any of My bondsmen and he does not complain about me to those who visit him, I then free him from his shackles (illness) and then replace his flesh with better flesh and his blood with better blood so that he may start his actions anew."

[*Mustadrak* of Haakim 1290, from Hadhrat Abu Hurayrah τ]

When a person falls ill, he should be patient and not complain of his illness to anyone. This will earn him tremendous rewards from Allaah.

(6) A Sin — Worshipping gods other than Allaah

Allaah says in the Qur'aan, "**They adopt various Aaliha besides Allaah so that they may be assisted (by these Aaliha). (Little do they realise that) They (these gods) are unable to render any assistance to them, and (instead) they will be a ready army (who will testify) against them**".

[Surah Yaaseen, verses 74-75]

(7) This World — The things of the Aakhirah are better than this world

Allaah says in the Qur'aan, "**Whatever you have been given is merely an article of this worldly life** *(something to use temporarily)***.** *(On the other hand,)* **What** *(reward)* **is with Allaah** *(in exchange for your good deeds)* **is better** *(than everything of this world)* **and more lasting** *(eternal)* **for those who have Imaan, who trust** *(only)* **in their Rabb** *(to provide for them and to protect them)…*".

[Surah Shura, verse 36]

(8) The Aakhirah — The grave

Rasulullaah ρ said, "The grave is either a garden from the gardens of Jannah or a pit from the pits of Jahannam."

[Tirmidhi 2460, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ — The benefits of cucumbers

Rasulullaah ρ used to eat cucumbers with dates.

[Abu Dawood 3835, from Hadhrat Abdullaah bin Ja'far τ]

Allaama Ibn Qayyim رحمه الله writes that cucumbers expel heat from the stomach and also dispel pain from the bladder.

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Abstain from miserliness because it was on account of this that previous nations were destroyed."
[Abu Dawood 1698, from Hadhrat Abdullaah bin Umar τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

13

(1) Islaamic History — The Effects of the Khilaafah of Hadhrat Umar bin Abdul Azeez رحمه الله

Although he was Khalifah for only 2 ½ years, Hadhrat Umar bin Abdul Azeez رحمه الله changed the face of all of the Islaamic empire. The empire was prosperous and justice abounding. If fact, the people were so prosperous that despite searching for worthy recipients, the people could not find anyone to give their zakaah to and had to return with their zakaah. The effect of his justice was so profound that it extended to the animal kingdom as well. As a result, wolves and sheep grazed together during his time since the wolves dared not harm anyone. Hadhrat Moosa bin A'yun states that he was once grazing his goats when a wolf suddenly pounced on one of them. He then lamented, "It seems as if the good Khalifah Umar bin Abdul Azeez رحمه الله has passed away today." He then learnt that it was that very day that Hadhrat Umar bin Abdul Azeez رحمه الله had indeed passed away.

(2) Allaah's Power — Mother's milk

Allaah says in the Qur'aan, "**Mothers should breastfeed their children for two whole years**".
[Surah Baqara, verse 233]

Mother's milk is a most nutritious feed with benefits that are too numerous to mention. It cannot be adequately substituted by any formula or milk of any animal. If a mother does breastfeed her child for two full years, the child will develop an effective resistance against diseases and the mother will also not have to worry about suffering from breast cancer. Medical science has discovered this only now whereas Islaam has encouraged it for over 1400 years. There is certainly tremendous good in everything that Allaah has commanded us to do.

(3) A Fardh — Trimming the hair of a woman coming out of Ihraam

Rasulullaah ρ instructed that a woman's hair be trimmed when she exits from the state of Ihraam since shaving her hair is not permissible.
[Abu Dawood 1985, from Hadhrat Abdullaah bin Abbaas τ]

Although it is normally not permissible for a woman to cut her hair, it has been permitted for her to leave the state of Ihraam.

(4) A Sunnah	Treating the members of the household kindly

Hadhrat Aa'isha رضي الله عنها reports that apart from the times when Rasulullaah ρ was in battle, he never hit any slave. He also never raised a hand against any woman.

[Muslim 6050]

(5) An Important Act and its Virtue	Preparing people to fight in the path of Allaah

Rasulullaah ρ said, "The person who prepares someone to fight in the path of Allaah will also receive the reward of fighting in the path of Allaah."

[Muslim 4902, from Hadhrat Zaid bin Khaalid Juhani τ]

(6) A Sin	Severing ties with a fellow Muslim

Rasulullaah ρ said, "it is not permissible for a Muslim to sever ties with a fellow Muslim brother for more than three days. The one who dies after severing ties for more than three days will be admitted into Jahannam."

[Abu Dawood 4914, from Hadhrat Abu Hurayrah τ]

(7) This World	The strange situation of seeking this world and the Aakhirah

Rasulullaah ρ said, "When you find that it is easy for you to achieve something of the Aakhirah when you set out to seek it, but find that it is difficult to achieve something of this world when you seek it, then remember that you are in good stead. However, when the opposite prevails, then understand that you are in a bad situation."

[*Kanzul Ummaal* 30741, from Hadhrat Umar τ]

(8) The Aakhirah	The plight of the evil ones

Allaah says in the Qur'aan, "**However, if he was among the rejecters and deviated ones, he will be served boiling water and shall enter the blazing fire**".

[Surah Waaqi'ah, verses 92-94]

(9) Cures from the Qur'aan and Rasulullaah ρ	Vomiting

Rasulullaah ρ once vomited and then performed wudhu.

[Tirmidhi 87, from Hadhrat Abu Dardaa τ]

Allaama Ibn Qayyim رحمه الله writes that vomiting cleanses the stomach, thereby strengthening it. It also sharpens the eyesight, eliminates headiness and has other curative properties.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Collectively repent to Allaah, O you Mu'mineen, so that you may succeed** *(prosper in both worlds)*".

[Surah Noor, verse 31]

(1) Islaamic History	A sterling example of adherence to the Sunnah

After the Muslims had conquered Samarqand and had settled there, the people of Samarqand learned that the manner by which they had been conquered conflicted with the Sunnah. They ought to have been first given the option of accepting Islaam, then the option of paying the Jizya and finally the option of war when no alternative remained. A delegation from amongst them therefore approached Hadhrat Umar bin Abdul Azeez رحمه الله and presented their case. Hadhrat Umar bin Abdul Azeez رحمه الله instructed the judge of Samarqand to hold a hearing into the matter and if the complaint is justified, he was to order the Muslim army out and station them outside the city to then put the proposals forward to the people. When the judge concluded that the complaint was justified, he ordered the Muslims out of the city and they dutifully left, leaving their homes behind. When the Mushrikeen of Samarqand saw this unparalleled justice of the Muslims, they declared that there was no need to fight since they would all accept Islaam. In this manner, all of the people became Muslims.

(2) Rasulullaah ρ's Miracle	A tree walks to Rasulullaah ρ

Hadhrat Buraydah τ reports that a Bedouin once approached Rasulullaah ρ saying, "Now that I have accepted Islaam, show me something by which my Imaan can be strengthened." Rasulullaah ρ said to him, "Go to that tree and tell it that the Rasool of Allaah is calling it." When the man did this, the tree bowed to the right and left and then upheaved itself from its roots, walked over to Rasulullaah ρ and greeted him with the words of Salaam. "That is sufficient," the Bedouin said. Rasulullaah ρ then bade the tree to return and it did so, settling itself back into its roots.

[Dalaa'il 281]

(3) A Fardh	The Takbeer Tahreema

Rasulullaah ρ said, "Wudhu is the key to salaah, which starts with the Takbeer Tahreema and ends with the Salaam."

[Tirmidhi 3, from Hadhrat Ali τ]

The Takbeer with which the salaah is started is called the Takbeer Tahreema, which is Fardh (obligatory) in salaah.

(4) A Sunnah	The best du'aa to recite at

	Arafaat

All the Ambiyaa عليهم السلام recited the following du'aa abundantly at Arafaat:

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[Tirmidhi 3685, Hadhrat Abdullaah bin Amr τ]]

(5) An Important Act and its Virtue	The person who initiates the Salaam

Rasulullaah ρ said, "The person closest to Allaah is the one who initiates the Salaam."

[Abu Dawood 5197, from Hadhrat Abu Umaamah τ]

(6) A Sin	Adopting deviation

Allaah says in the Qur'aan, "**Verily there shall be a severe punishment for those who deviate from Allaah's path because they forgot the Day of Reckoning**".

[Surah Saad, verse 26]

(7) This World	Bounties are snatched away from the disobedient ones

Allaah says in the Qur'aan, **"Plenty were the gardens and springs that they (the people of Fir'oun) left behind along with the plantations, palatial homes and articles of pleasure (luxuries) which they enjoyed. So it (their story) was. (As always,) We then made others successors to this (for others to enjoy). Neither the sky nor the earth wept for them (for the people of Fir'oun when they were destroyed), and (when the time for their destruction arrived,) they were denied reprieve (because it was too late)".**

[Surah Dukhaan, verses 25-29]

(8) The Aakhirah	Salvation from Jahannam because of Imaan

Rasulullaah ρ said, "After the people of Jannah will have entered Jannah and the people of Jahannam will have entered Jahannam, Allaah will announce that people with even a mustard seed's weight of Imaan should also be removed from Jahannam. These people will be removed but will have been burnt black. They will then be bathed in the Fountain of Life and will then appear like a seed that has sprouted after a flood."

[Bukhaari 22, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Never forcefeed the ill

Rasulullaah ρ said, "Never force a sick person to eat or drink because Allaah feeds him and gives him to drink."

[Tirmidhi 2040, from Hadhrat Uqba bin Aamir τ]

(10) Advice from Rasulullaah ρ	

When someone asked for some advice, Rasulullaah ρ said, "Never lose your temper." When he then asked for some more advice, Rasulullaah ρ repeated, "Never lose your temper."

[Bukhaari 6116, from Hadhrat Abu Hurayrah τ]

(1) Islaamic History	The simplicity of Hadhrat Umar bin Abdul Azeez رحمه الله

Although he was the most powerful ruler of his time, Hadhrat Umar bin Abdul Azeez رحمه الله there was not a trace of royal pomp and self glorification in him. His food and clothing were extremely simple and he was a very humble soul. He treated his slaves as equals and even ensured that his servants have rest. In fact, he even did their work for them when they were resting. He was once engaged in discussion with a guest, when the light went out. Because it was so late, the servant had fallen asleep. When the guest then intended to wake the servant up to light the lamp, Hadhrat Umar bin Abdul Azeez رحمه الله stopped him. the guest then offered to do it himself, but Hadhrat Umar bin Abdul Azeez رحمه الله declined the offer saying that it is inappropriate to take work from a guest. Hadhrat Umar bin Abdul Azeez رحمه الله then got up, poured oil into the lamp and lit it, saying, "I was Umar bin Abdul Azeez before lighting the lamp and I am still the same Umar bin Abdul Azeez." He meant to impress upon the guest that the status of person does not change with some menial work. Can any person be found today who considers his servants to the extent that Hadhrat Umar bin Abdul Azeez رحمه الله did?

(2) Allaah's Power	The Human Body

Allaah has created the human body with great wisdom, which contains many testimonies to Allaah's tremendous power. Amongst these are the many blood vessels that run throughout the body to carry blood to the various parts of the body. They are so numerous in number that if they have to be removed and placed end to end, they would circle the earth three times.

(3) A Fardh	Seven circuits of Tawaaf

Hadhrat Jaabir τ reports that Rasulullaah ρ performed seven circuits around the Kabah, with the first three being done with *Ramal* and the others without.

[Nasa'ee 2965]

(4) A Sunnah	Starting from the right when distributing something

Hadhrat Anas τ reports that when someone sent some milk mixed in

water to Rasulullaah ρ, a Bedouin was sitting on his right side and Hadhrat Abu Bakr τ on his left. After drinking some, Rasulullaah ρ first offered the remaining drink to the Bedouin, saying, "The person on the right has the first right."

[Bukhaari 5619]

(5) An Important Act and its Virtue	**Performing two Rakaahs salaah at home**

Rasulullaah ρ said, "Perform two Rakaahs of salaah when you enter your house for this will prevent a bad entry and then perform two Rakaahs also when leaving for this will prevent a bad exit."

[*Jam'ul Fawaa'id* 2234, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Forgetting the Qur'aan**

Rasulullaah ρ said, "When a person forgets the Qur'aan out of negligence after committing it to memory, he will appear before Allaah on the Day of Qiyaamah in the condition that his arm or another limb will be amputated."

[Abu Dawood 1474, from Hadhrat Sa'd bin Ubaadah τ]

(7) This World	**This world is a prison for the Mu'min**

Rasulullaah ρ said, "This world is a prison and drought for the Mu'min. when he leaves this world, he will then be free of this prison and drought."

[Ahmad 6816, from Hadhrat Abdullaah bin Amr τ]

(8) The Aakhirah	**The servants in Jannah**

Allaah says in the Qur'aan, "**Lads of eternal youth will wait on them** *(to serve them whatever they wish)*. **When you see them, you will think that they are scattered pearls** *(because of their great beauty)*. **If you look** *(around)* **there** *(in Jannah)*, **you will see** *(tremendous)* **bounties and an enormous kingdom** *(vastly superior to anything in this world)*".

[Surah Dahar, verses 19-20]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Counteracting the effects of hot foods**

Rasulullaah ρ used to eat cucumbers with dates.

[Bukhaari 5447, from Hadhrat Abdullaah bin Ja'far τ]

Muhadditheen write that because dates are hot in nature, Rasulullaah ρ counteracted the effect of the heat with something cold in nature such as cucumbers.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**We have given man (emphatic) instructions concerning his parents (to treat them kindly and to make every effort to please them). His mother (most deserves his respect and service because she) carried him (in her womb) in (a condition that she suffered) weakness upon weakness and (after his birth she still had to suckle him because) his weaning is in two years. (The emphatic instruction to man concerning his parents was) "Express gratitude to Me (first) and to your parents (next). (Do not neglect this instruction because) Your return will be to Me (in the Aakhirah when you will be taken to task for your disobedience)'".**

[Surah Luqmaan, verse 14]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

16

(1) Islaamic History — Hadhrat Hasan Basri رحمه الله

Hadhrat Hasan Basri رحمه الله was also known as Abu Sa'eed. His father Yasaar was the freed slave of Hadhrat Zaid bin Thaabit τ and his mother was the slave of Hadhrat Ummu Salamah رضي الله عنها. He was born in the year 20A.H. and had memorised the entire Qur'aan by the age of 12. He was a great scholar of the Qur'aan and an expert teacher of Qur'aanic sciences. He also ranked amongst the senior Taabi'een. Hadhrat Abu Hurayrah τ said, "I have not seen anyone more like the Sahabah ψ than Hasan." Although he was regarded as Sheikhul Islaam in terms of his academic knowledge of Deen, it was really his inner spirituality that was his crown jewel. It was on account of this that his Imaan was so strong and because of which he rescued thousands of people from spiritual destruction through his lectures and preaching. All the chains of Tasawwuf stem from him, most of them eventually leading to Hadhrat Ali τ. Although he steered clear of the rulers and governors and their politics, he was never afraid to admonish Hajaaj when the need arose. He passed away on a Friday night in the year 110 A.H.

(2) Rasulullaah ρ's Miracle — Blessings in food

Hadhrat Abu Ayyoob Ansaari τ reports that he had once prepared food only for Rasulullaah ρ and Hadhrat Abu Bakr τ when Rasulullaah ρ instructed him to invite the Ansaar as well. The food eventually fed 180 men to their fill and they all attested to the Nabuwaat of Rasulullaah ρ and pledged their allegiance to him.

[Tabraani in his Kabeer 3983]

(3) A Fardh — For the Haaji to sacrifice an animal

Allaah says in the Qur'aan, "**Once you are in safety *(and are able to perform Hajj or Umrah without fear)*, then whoever has the benefit *(the good fortune)* of performing Umrah with Hajj *(in one journey)* should slaughter whatever animal is convenient *(as a form of thanksgiving after completing the Hajj)*".**

[Surah Baqarah, verse 196]

It will be Waajib (compulsory) for a person to sacrifice an animal when he perform Umrah during the months of Hajj, then emerges from Ihraam to again don the Ihraam for Hajj on the 8th of Dhul Hijjah.

(4) A Sunnah — Du'aa for one's family

The following du'aa should be recited in abundance for one's children:

PUT ARABIC

TRANSLATION: **"O our Rabb! Grant us the coolness** *(comfort)* **of our eyes** *(grant us pleasure and satisfaction)* **from our spouses and children** *(so that they never become a source of regret or distress for us in either world when they follow Islaam properly)*, **and make us leaders of the pious** *(make our progeny pious and make us pious enough to lead pious people)*."

[Surah Furqaan, verse 74]

(5) An Important Act and its Virtue — The virtue of being gentle

Rasulullaah ρ said, "Indeed Allaah is gentle and loves gentleness. He therefore gives (such rewards) for gentleness that He does not give for harshness."

[Abu Dawood 4807, from Hadhrat Abdullaah bin Mughaffal τ]

(6) A Sin — Rejecting the Kalimah

Allaah says in the Qur'aan, **"As for the one who is miserly and indifferent (towards the truth of Islaam) and who rejects the most beautiful word (the Kalimah) We shall make the (means to attain) great grief (Jahannam) easy for him (by making it easy for him to commit sins)".**

[Surah Layl, verses 8-10]

(7) This World — Be wary of your spouses and children

Allaah says in the Qur'aan, "**O you who have Imaan! You have enemies among your spouses and children** *(who may intentionally or unintentionally cause you to neglect your duties to Allaah)* **so be wary of them** *(by never allowing your love for them to take precedence over your duties to Allaah)*. *(However,)* **If you pardon, overlook and forgive** *(them when their requests anger you for good reason)*, **then** *(remember that)* **Allaah is certainly Most Forgiving, Most Merciful** *(and will forgive you as well)*".

[Surah Taghaabun, verse 14]

It often happens that a person's spouse and children lead him to commit acts that conflict with the Shari'ah, thereby falling into the category of Allaah's enemies.

(8) The Aakhirah — The Day of Qiyaamah for the people of Imaan

When Rasulullaah ρ was asked about the Day of Qiyaamah being fifty thousand years, he said, "I swear by the Being Who controls my life that the day will be as short for the Mu'min as the time it takes for him to perform the Fardh salaah in this world."

[Ahmad 11320, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ — Marrow

Hadhrat Anas τ reports that he was eating with Rasulullaah ρ when he noticed that Rasulullaah ρ was searching in the plate for the pieces of marrow (*Dodhi*) to eat. Hadhrat Anas τ says that it was from that day on that he began to love eating marrows.

[Bukhaari 5379]

Physicians write that marrows have numerous benefits and is an excellent food especially for people with hot temperaments and people with fever.

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Never take away the belongings of your brother in jest and not any other was either (without permission)."

[Abu Dawood 5003, from Hadhrat Yazeed bin Sa'eed τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

17

(1) Islaamic History — **The historical judgement of Qaadhi Shurayh** رضي الله عنها

Qaadhi Shurayh رحمه الله served as a judge for 60 years. Amongst his greatest attributes was that he was never overawed by anyone in his court, even if it happened to be the Khalifah of the time. It once happened that the Khalifah Hadhrat Ali τ found his missing armour in the possession of a Jew. He therefore pressed charges and the case was brought before Qaadhi Shurayh رحمه الله. Hadhrat Ali τ presented his son Hadhrat Hasan τ and a person named Qumbur as his witnesses to testify that the armour was indeed his own. "I shall accept the testimony of Qumbur," Qaadhi Shurayh رحمه الله said, "but I cannot admit the testimony of your son because the testimony of a son cannot be accepted in favour of his father. You therefore need to bring another witness." However, since Hadhrat Ali τ was unable to present another witness, Qaadhi Shurayh رحمه الله passed in favour of the Jew. Picture the scene! We have a Jew on one side, while on the other side we have the Khalifah Raashid Hadhrat Ali τ and a witness like Hadhrat Hasan τ about whom Rasulullaah ρ said that he shall be the leader of the youth of Jannah. However, the judgement is still passed in favour of the Jew because the legal requirements of a court case were not fulfilled. This is the justice of Islaam. Taken aback by this impeccable justice, the Jew then accepted Islaam.

(2) Allaah's Power — **Who makes water reach the ends of trees through their roots?**

We need some machine or pump if we want water to reach a place that is higher up and cannot do so in any other manner. Allaah has allowed many trees of all sizes to grow on earth, some reaching heights of over 200 feet. However, Allaah makes the water from the depths of the ground reach the roots of these trees and then move further up to reach every leaf growing on the tree. This is all done without any machinery or pumps. In fact, the water then even reaches further to the fruits and flowers that may grow upon these leaves. Such is the great power of Allaah, which indicates that He is the Rabb of all.

(3) A Fardh — **Pelting the Jamaraat**

Hadhrat Jaabir τ reports that he saw Rasulullaah ρ pelt the Jamaraat from his camel on the 10th of Dhul Hijjah. On that occasion, Rasulullaah ρ said, "Learn the rites of Hajj from me because I do not know whether I shall be able to perform Hajj again."

[Nasa'ee 3064]

There are three pillars at three locations in Mina and pelting them is called *Rami*. It is necessary to pelt them since omitting the act will necessitate a penalty.

(4) A Sunnah	**The Qiraa'ah during the Sunnah Rakaahs of Fajr**

Hadhrat Abdullaah bin Umar τ reports that for an entire month he observed Rasulullaah ρ recite Surah Kaafiroon and Surah Ikhlaas during the Sunnah Rakaahs of Fajr.

[Tirmidhi 417]

(5) An Important Act and its Virtue	**A wife is rewarded for giving Sadaqah from her husband's wealth**

Rasulullaah ρ said that when a woman spends her husband's wealth in Sadaqah with his permission and without being wasteful, she will receive the reward of the Sadaqah just as he would for earning the wealth. Similarly, a treasurer will also receive the reward of Sadaqah. In all these cases, the rewards earned by one person will not at all diminish the rewards of the others.

[Abu Dawood 1685, from Hadhrat Aa'isha رضي الله عنها]

(6) A Sin	**Forsaking the Jumu'ah salaah**

Rasulullaah ρ said, "When a person thinks nothing of the Jumu'ah salaah and forsakes it, Allaah will set a seal upon his heart."

[Abu Dawood 1052, from Hadhrat Abul Ja'd Dhamari τ]

(7) This World	**Do not hanker after this world**

Rasulullaah ρ said, "I shall be proceeding ahead of you and shall be a witness for you. We shall then meet at the pond (of Kowthar), which I can almost visualise as I stand here. I do not fear that you shall commit Shirk after I leave, but what I fear is that you would hanker after this world."

[Ahmad 16949, from Hadhrat Uqba bin Aamir τ]

(8) The Aakhirah	**The scene of the Day of Qiyaamah**

Allaah says in the Qur'aan, "**So** *(you will know that Qiyaamah has arrived)* **when the light of the stars will be obliterated, when the sky will be split, when mountains will fly about** *(tossed into the air by the violent convulsions of the earth)* **and when the Rusul** *(with their people)* **will be gathered** *(together)* **for an appointed time. For which day shall their matter** *(the punishment of the Kuffaar)* **be postponed? For the Day of Judgement**".

[Surah Mursalaat, verses 8-13]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating illnesses with what has been sifted from flour**

Hadhrat Ummum Ayman رضي الله عنها reports that she once prepared some unleavened bread (roti) for Rasulullaah ρ serving flour that had been sifted. When Rasulullaah ρ asked her what it was she served, she replied, "It is something that we eat in our country, which I have prepared especially for you." Rasulullaah ρ then told her to mix whatever she had sifted out from the flour with the flour and to knead the dough with the combined mixture.

[Ibn Maajah 3336]

Modern research has recently revealed that whatever is sifted from the flour is effective in treating constipation as well as diabetes.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**This (Qur'aan) is a blessed Book that We have revealed to you (O Rasulullaah ρ) so that the people may ponder over its verses and so that the intelligent ones may heed (the advice and warnings that it contains)**".

[Surah Saad, verse 29]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

18

(1) Islaamic History	Hadhrat Urwa bin Zubayr رحمه الله

Hadhrat Urwa رحمه الله was the son of the famous Sahabi Hadhrat Zubayr bin Awaam τ and the grandson of Hadhrat Abu Bakr τ. Hadhrat Urwa رحمه الله was regarded as one of the seven most learned scholars of Madinah and his knowledge was relied upon so much that even some senior Sahabah ψ consulted him. Hadhrat Urwa رحمه الله always encouraged youngsters to acquire knowledge, telling them that they had all been youngsters at some stage, but the day soon came when they were counted amongst the senior scholars. "Although you people are now young," he would say to them, "you will soon be growing up. So acquire knowledge and become leaders because people will soon be needing you." Hadhrat Urwa رحمه الله tirelessly engaged in Ibaadah and exercised great abstinence. He never missed a single Tahajjud salaah and fasted very often, even when travelling. In fact, he maintained the practice even when he was suffering the illness that led to his demise. He was therefore fasting on the day that he passed away.

(2) Rasulullaah ρ's Miracle	The fragrance of Rasulullaah ρ

The wife of Hadhrat Utba bin Farqad says, "Apart from oiling his beard, my husband never used any perfume. However, he always smelt so fragrant that whenever people met him, they would remark, 'We have never smelt a fragrance better than Utba's!' When I eventually asked him where the fragrance came from, he said, 'My entire body was covered in sores during the time of Rasulullaah ρ. I therefore went to him one day and informed him of it. Rasulullaah ρ asked me to remove my shirt and when I did, he applied his blessed saliva to my body. The sores then all disappeared and I have been left with this wonderful fragrance on my body.'"

[Tabraani in his Sagheer 98, from Hadhrat Ummu Aasim]

(3) A Fardh	Performing the Ruku and Sajdah properly

Rasulullaah ρ once said, "The worst of thieves is the one who steals from his salaah." "How does a person steal from his salaah, O Rasulullaah ρ?" the Sahabah ψ asked. "When he does not perform his Ruku and Sajdah properly," Rasulullaah ρ replied.

[Ahmad 11138, from Hadhrat Abu Sa'eed Khudri τ]

Since Rasulullaah ρ has described improper Ruku and Sajdah as stealing from salaah, it is necessary to perform the Ruku and Sajdah properly.

(4) A Sunnah	The du'aa when seeing someone off

Rasulullaah ρ recited the following du'aa whenever he saw someone off:

PUT ARABIC

TRANSLATION: I place in Allaah's custody your Deen, your safety and the last of your deeds.

[Tirmidhi 3443, from Hadhrat Abdullaah bin Umar τ]

(5) An Important Act and its Virtue	The virtues of Surah Mulk

Rasulullaah ρ said, "There is a Surah of 30 verses in the Qur'aan which interceded on behalf of a person until he was forgiven. The Surah is Surah Mulk."

[Tirmidhi 2891, from Hadhrat Abu Hurayrah τ]

(6) A Sin	It is only pride that causes people to reject Allaah's signs

Allaah says in the Qur'aan, "**Those who dispute about Allaah's Aayaat without any warrant** *(justification)* **that has come to them have only pride in the hearts,** *(the justification for)* **which they shall never reach** *(until they accept Islaam, they have no reason to be proud). (However, they cannot harm you in the least.)* **So seek refuge with Allaah. Undoubtedly, only He is the All Hearing, All Seeing**".

[Surah Mu'min, verse 56]

(7) This World	The food and drink of this world is short-lived

Allaah says in the Qur'aan, "*(Addressing the Kuffaar of this world, Allaah says,)* **"Eat and enjoy yourselves for a few days. You are certainly sinners** *(and will soon be punished).*"".

[Surah Mursalaat, verse 46]

(8) The Aakhirah	The severity of the fire of Jahannam

Rasulullaah ρ said, "The fire of Jahannam was kindled for a thousand years until it turned red. It was then kindled for another thousand years until it turned white. Thereafter, it was kindled for yet another thousand years until it turned as pitch black as it is now."

[*Shu'abul Imaan* 812, from Hadhrat Anas τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Eating agreeable food

Rasulullaah ρ said, "Let the sick person eat what they enjoy."

[*Kanzul Ummaal* 28137, from Hadhrat Abdullaah bin Abbaas τ]

Food that appeals to a person's disposition has a speedy effect on the body. The sick person should therefore be allowed to eat whatever he

craves for on condition that it is not harmful for him.

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Allaah likes the sneeze but not the yawn. You must therefore do your best to suppress a yawn and never yawn with noise because this is from Shaytaan and he laughs at it."

[Abu Dawood 5028, from Hadhrat Abu Hurayrah τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

19

(1) Islaamic History — **The conqueror of Sindh Hadhrat Muhammad bin Qaasim** رحمه الله

The incident of Hadhrat Muhammad bin Qaasim رحمه الله the man who conquered Sindh holds a prominent position in the books of history. The people of Sindh always harmed the Arab traders in their region. They would capture their ships and loot their goods. On one occasion, they captured many Arab women and children as well. When the ruler of Sindh Rajah Daahir was asked to release the prisoners who were already in prison, he replied by saying, "I have no say over those who have captured the ship. You people should rather come yourselves to free your prisoners and get back your goods." It was then in the year 93 A.H. that Hadhrat Muhammad bin Qaasim رحمه الله left with an army of six thousand men for Sindh. With great accomplishments and with a display of fine character, he conquered all of Sindh as well as Multaan, thus bringing peace and justice to the land. He allowed the people religious freedom and even paid for the protection and alteration of their temples. He gave assistance to the farmers and artisans and treated all people alike, allowing people to live freely in their cities. The people of the area were positively influenced by his excellent character and by the other Muslims. In an unfortunate turn of events, Hadhrat Muhammad bin Qaasim رحمه الله was recalled to the capital in the year 96 A.H. by the Khalifah and subsequently assassinated.

(2) Allaah's Power — **The miracle of water**

The beauty, colour and taste of the fruits are all signs of the power of Allaah. While Allaah has made some bitter, He has made others sweet. He has also made some sour and others bland. Some have thorns on their stems, while others have flowers. When the water of a flower is sucked by a bee, it is made into honey. When fallen inside an oyster, it becomes a pearl and when drunk by a silkworm, it becomes silk.

(3) A Fardh — **The animal to be sacrifices has to be free of defects**

Hadhrat Ali τ reports that Rasulullaah ρ instructed them to ensure that the eyes and ears of the animals to be sacrificed are in perfect order. Rasulullaah ρ also instructed them never to slaughter an animal whose ears are cut from the front or the back or torn lengthways or whose ears have holes.

[Tirmidhi 1498]

(4) A Sunnah — **The Qiraa'ah during the Zuhr and Asr salaahs**

Rasulullaah ρ used to recite Surah Burooj and Surah Taariq during the Zuhr and Asr salaahs.

[Abu Dawood 805, from Hadhrat Jaabir bin Samurah τ]

(5) An Important Act and its Virtue — **The virtue of salaah in the Masjidun Nabawi**

Rasulullaah ρ said, A salaah performed in this Masjid of mine (Masjidun Nabawi) is better than a thousand salaahs performed in any other Masjid.

[Bukhaari 1190, from Hadhrat Abu Hurayrah τ]

(6) A Sin — **The punishment for drinking wine**

Rasulullaah ρ said, "My Rabb has taken an oath saying, 'By My honour! For those who drink even a sip of wine I shall give them as much pus to drink and those who forsake it out of fear for Me, I shall give them to drink from the pure ponds (of Jannah)."

[Ahmad 21804, from Hadhrat Abu Umaamah τ]

(7) This World — **The plight of those who are attached to this world**

Rasulullaah ρ said, "When a person makes himself over to Allaah, Allaah will fulfil all his needs and provide for him from avenues he would never have fathomed. As for the person who hankers after this world, Allaah will hand him over to the world."

[*Kanzul Ummaal* 6270, from Hadhrat Imraan bin Husayn τ]

(8) The Aakhirah — **The punishment of Jahannam**

Allaah says in the Qur'aan, "*(The Kuffaar will be told on the Day of Qiyaamah,)* **"Proceed towards that** *(fire of Jahannam)* **which you used to deny** *(in the world)* **!" "Proceed towards the canopy of** *(smoke, which is so dense that it will rise and divide into)* **three parts which will neither provide** *(comforting)* **shade nor offer any protection from the flames." Indeed, it** *(Jahannam)* **throws sparks like huge palaces** *(in size) (after which these enormous sparks break up into smaller sparks)* **resembling pitch black camels.** *(When the sparks of Jahannam will be so huge, one cannot imagine the size of Jahannam itself.)* **May misery be the end of the rejecters on that day!**".

[Surah Mursalaat, verses 29-34]

(9) Cures from the Qur'aan — **The best treatment**

and Rasulullaah ρ

Rasulullaah ρ said, "Jibra'eel υ informed me that the most effective treatment is cupping."

[*Kanzul Ummaal* 28138, from Hadhrat Abu Hurayrah τ]

(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**If you commit kufr, then** *(this will harm only yourself because)* **Allaah is certainly Independent of you** *(and does not need your worship)*. *(However, this does not permit anyone to commit kufr because)* **Allaah is not pleased with kufr for His slaves** *(and will punish them for it)*. **If you are grateful** *(for all He gives you and worship only Him)*, **then** *(remember that)* **this is what He likes for you**".

[Surah Zumar, verse 7]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

20

(1) Islaamic History — **The conqueror of Spain Hadhrat Taariq bin Ziyaad** رحمه الله

Hadhrat Taariq bin Ziyaad رحمه الله was the man who conquered Spain, where he liberated the people there from their bondage to mankind. The poor people in Spain were being oppressed by their ruler, because of which they asked help from Moosa bin Nusayr. In the year 91 A.H., Moosa dispatched an army of seven thousand men under the command of Hadhrat Taariq رحمه الله. After conquering various regions like Al Jazaa'ir, they eventually faced the army of the king Ruzayq, who headed an army of one hundred thousand. Moosa then sent five thousand men to reinforce the seven thousand Hadhrat Taariq رحمه الله already had. In the year 92 A.H. Hadhrat Taariq رحمه الله then fought the army of a hundred thousand with his loyal band of only twelve thousand. Allaah granted the Muslims an astounding victory which firmly placed the flag of Islaam in Europe. The winds of justice and peace then blew throughout the lands and the oppression that once reigned was silenced. The Muslims then built the Grand Masjid at Cordoba which was so large that it stood on 1700 pillars and required a staff of 300 people to maintain it.

(2) Rasulullaah ρ's Miracle — **Salty water turns sweet**

Hadhrat Hamaam bin Nufayl τ reports that he once reported to Rasulullaah ρ that they had just dug a well, but it yielded only salty water. Rasulullaah ρ then handed him a bag of water with instructions to empty the water into the well. When he did as instructed, the water of the well lost its saltiness and became potable.

[*Isaabah* 9020]

(3) A Fardh — **It is Fardh (obligatory) for a woman to conceal herself**

Allaah says in the Qur'aan, "**Remain in your homes and** *(when it is absolutely necessary to leave your homes, leave properly clothed and)* **do not make a display of yourselves as was the practice of** *(women during)* **the former period of ignorance** *(during the period before Islaam came to people, when women walked about without adequately covering their bodies)*".

[Surah Ahzaab, verse 33]

It is necessary for all Muslim women to conceal herself completely when she needs to leave her home for any necessity. This is because it

is Fardh (obligatory) for her to do so.

(4) A Sunnah	**Safety from the evil whisperings of Shaytaan**

The following du'aa should be recited to remain safe from Shaytaan's evil whisperings:

PUT ARABIC

TRANSLATION: **O my Rabb! I seek Your protection from the evil whispering of the Shayaateen and, O my Rabb, I seek protection from You that they approach me** *(because they always approach with evil)***.**

[Surah Mu'minoon, verses 97-98]

(5) An Important Act and its Virtue	**The virtue of performing salaah in the Masjid at Quba**

Rasulullaah ρ said that the person who performs salaah in the Masjid at Quba will receive the reward of performing Umrah.

[Nasa'ee 700, from Hadhrat Sahl bin Hunayf τ]

(6) A Sin	**Punishment for those who reject Allaah's Aayaat**

Allaah says in the Qur'aan, "**(On the other hand) Those who reject Our Aayaat are certainly the people of the left (those who will receive their records of actions in their left hands on the Day of Qiyaamah). The Fire (of Jahannam) will be shut over them (so that they cannot escape)** *".*

[Surah Balad, verses 19-20]

(7) This World	**The deception of this world**

Allaah says in the Qur'aan, "**O man! What has cast you into deception concerning your Most Generous Rabb** *(Why do you continue sinning with the belief that Allaah will always forgive you because He is Generous? This attitude shows disloyalty to Allaah Who has blessed man with innumerable bounties. Among these are that Allaah is the One),* **Who has created you, perfected** *(shaped)* **you, gave you** *(your body)* **due proportion and made you in the fashion He desired** *(without making you into something despicable)***.".**

[Surah Infitaar, verses 6-8]

(8) The Aakhirah	**Jahannam**

Rasulullaah ρ said, "Jahannam will be harnessed with seventy thousand reins on the Day of Qiyaamah with seventy thousand angels holding each rein."

[Muslim 7164, from Hadhrat Abdullaah bin Mas'ood τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Cure from all diseases**

Rasulullaah ρ said, "Buying honey with Halaal wealth and then mixing it with rain water is a cure for all diseases."

[*Kanzul Ummaal* 28172, from Hadhrat Anas τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "No one can be obeyed if it entails disobeying Allaah since obedience is necessary only for good acts."

[Abu Dawood 2625, from Hadhrat Ali τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

21

(1) Islaamic History	Hadhrat Ka'b Ahbaar رحمه الله

Hadhrat Ka'b Ahbaar رحمه الله was a famous Taabi'ee who had been a Jewish Rabbi before accepting Islaam. Although he was alive during the time of Rasulullaah ρ, he accepted Islaam only during the Khilaafah of Hadhrat Umar τ. When Hadhrat Abdullaah bin Abbaas τ asked him what brought him to Islaam, he replied, "My father had written for me a letter from the Torah with instructions to follow its directives. He then sealed all his religious books and made me swear that I shall never break the seal. I therefore abided by his instructions until the time came when Islaam started to dominate. It then occurred to me that my father may have been trying to hide something from me. I then broke the seal and read the books. There I read about the description of Muhammad ρ and his Ummah. I was convinced that this was the truth and I became a Muslim."

(2) Allaah's Power	The bounty of water

Water is a great blessing from Allaah, which is the foundation of all life on earth. Without water, mankind and animals as well as all plants and vegetation will perish. Allaah has therefore stored a large reserve of water in the oceans, from which clouds gather moisture and then rain down upon the dry lands. Plants then have water to allow them to flourish and people then have water to drink and water their fields.

(3) A Fardh	Performing Tawaaf with wudhu

Rasulullaah ρ said, "Performing Tawaaf around the Kabah is like performing salaah."

[Tirmidhi 960, from Hadhrat Abdullaah bin Abbaas τ]

Just as salaah is invalid without wudhu, so too will Tawaaf without Surah also be invalid.

(4) A Sunnah	The Masnoon Qiraa'ah during the Maghrib salaah

Hadhrat Ummu Fadhl رضي الله عنها reports that Rasulullaah ρ used to recite Surah Mursalaat during the Maghrib salaah.

[Abu Dawood 810]

(5) An Important Act and its Virtue	Reciting the Kalimah Shahaadah after wudhu

Rasulullaah ρ said that all eight doors of Jannah will be opened for the person who performs a proper wudhu and then recites the following Kalimah:
PUT ARABIC

[Muslim 553, from Hadhrat Umar τ]

(6) A Sin	Allowing garments to reach below the ankles

Rasulullaah ρ said, "When a person allows his lower garment to hang below the ankles out of pride (or fashion), Allaah will not even look at him with mercy on the Day of Qiyaamah."

[Bukhaari 5788, from Hadhrat Abu Hurayrah τ]

(7) This World	Earning Halaal sustenance

Rasulullaah ρ said, "Never think that your sustenance is far off because a person will never die until he has not received his allotted sustenance. You should therefore choose the best manner of earning your sustenance. Earn Halaal sustenance and forsake Haraam."

[Mustadrak 2134, from Hadhrat Jaabir τ]

(8) The Aakhirah	The bounties of the people of Jannah

Allaah says in the Qur'aan, "**Those with Taqwa shall certainly have success (attain their objective and will have) Jannaat, grapes youthful maidens of equal age (as their wives) and brimming glasses (of the most delicious drinks)**".

[Surah Naba, verses 31-34]

(9) Cures from the Qur'aan and Rasulullaah ρ	Treatment through Sadaqah

Rasulullaah ρ said, "Treat your ill ones with Sadaqah because Sadaqah dispels illness and calamities."

[*Kanzul Ummaal* 28178, from Hadhrat Abdullaah bin Umar τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Turn to your Rabb and surrender to Him before punishment afflicts you, after which you will not be assisted**".

[Surah Zumar, verse 54]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

22

(1) Islaamic History	Hadhrat Imaam Abu Haneefah رحمه الله

Imaam Abu Haneefah رحمه الله, whose real name was Nu'maan bin Thaabit was born in the year 80 A.H. in a family of businessmen. He saw Rasulullaah ρ's special servant, the eminent Sahabi Hadhrat Anas bin Maalik τ. Imaam Abu Haneefah رحمه الله possessed an excellent memory. He always assisted the poor, fulfilled the rights of his neighbours and behaved cordially even towards his enemies and antagonists. He engaged in salaah all night and wept so much during the salaah that people outside the house heard him and took pity on him. Hadhrat Nasr bin Haajib رحمه الله says that he sometimes spent the night at the house of Imaam Abu Haneefah رحمه الله and would see him weep so profusely that his tears wet the mat as they fell like rain. He says that he could actually hear them fall. Imaam Abu Haneefah رحمه الله assisted his poor students and used to even send money to their homes for household expenses. He avoided the ruling class and would not accept the gifts they sent him. Impressed by his courage and outspoken manner in defence of the truth, the Khalifah Mansoor's wife once sent fifty thousand Dirhams and an exquisite conveyance for Imaam Abu Haneefah رحمه الله, but he declined the gift saying, "I did it for Allaah and in defence of the Deen, not for worldly gain."

(2) Rasulullaah ρ's Miracle	A miracle at Hudaybiyyah

Hadhrat Baraa bin Aazib τ reports that they the Sahabah ψ numbered 1400 when they camped at Hudaybiyyah. The only well that was there eventually dried up as they used the water until there was not a drop left. Rasulullaah ρ then sat at the edge of the well, asked for some water, gargled with it and then spat the water into the well. In a short while, so much water filled the well that all the men as well as their animals were able to drink to their fill.

[Bukhaari 3577]

(3) A Fardh	The Khutbah for the Jumu'ah salaah

On Fridays Rasulullaah ρ used to deliver a sermon, sit for a while and then deliver a second sermon.

[Muslim 1994]

It is necessary to deliver the Khutbah before the Jumu'ah salaah on

Fridays.

(4) A Sunnah	The du'aa for entering town

Whenever he entered a town, Rasulullaah ρ recited the following du'aa three times:
PUT ARABIC

TRANSLATION: O Allaah! Bless us in this town.
Thereafter, he recite the following du'aa:

PUT ARABIC

TRANSLATION: O Allaah! Grant us the benefits of this town, instil love for us into the hearts of its inhabitants and instil into our hearts the love for its righteous inhabitants.

[Tabraani in his Kabeer 632, from Hadhrat Abdullaah bin Umar τ]

(3) A Fardh	Performing the salaah from the Takbeer Tahreema

Rasulullaah ρ said that when a person sincerely performs salaah in Jamaa'ah for forty days, he will received immunity from Jahannam and immunity from hypocrisy.

[Tirmidhi 241, from Hadhrat Anas τ]

(6) A Sin	Oppression

Allaah says in the Qur'aan, "**(Although forgiving the aggressor is best,) There will be no blame on the one who takes revenge (in proportion to the aggression against him) after he has been wronged (because he may exercise his right to retaliate).There will be blame only on those who oppress people *(by retaliating in a manner that exceeds the wrong done to them)* and who unjustly rebel *(cause corruption)* on earth. An painful punishment shall be the lot of these people".**

[Surah Shura, verses 41-42]

(7) This World	Love for wealth and children

Allaah says in the Qur'aan, "**Rivalry in amassing wealth has made you negligent** *(heedless of fulfilling Allaah's commands and this rivalry will continue making you negligent)* **until you reach the graves** *(when you die)*. *(It is only once a person dies that he realises the futility of amassing wealth because none of it will benefit him in the Aakhirah.)* **Never!** *(This rivalry will not benefit you!)* **Soon you will come to know** *(the errors of your ways)* **!".**

[Surah Takaathur, verses 1-3]

(8) The Aakhirah	The desire of the rich and poor on the Day of Qiyaamah

Rasulullaah ρ said, "On the Day of Qiyaamah, every wealthy and poor person will wish that they had been only that much of provisions in this world as was necessary to sustain them."

[Ibn Maajah 4140, from Hadhrat Anas τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Abstaining from Haraam when treating illnesses

Hadhrat Abdur Rahmaan bin Hakeem τ reports that when a physician

once asked Rasulullaah ρ about treating sick people with medicines derived from a frog, Rasulullaah ρ forbade him.

[Abu Dawood 3871]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Whenever you do something, do it after some careful consideration so that Allaah will lead it to completeion."

[Bayhaqi 1192]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

23

(1) Islaamic History — **The status of Imaam Abu Haneefah رحمه الله in the field of Ahadeeth**

When he grew up, Imaam Abu Haneefah رحمه الله paid keen interest in acquiring the knowledge of Deen and studied under senior teachers and Imaams, eventually mastering the sciences he learned. The Fuqahaa and Muhadditheen attest to his proficiency in these fields and acknowledge that he was indeed a Haafidh of Ahadeeth. He did not only study under the famous Muhadditheen of Kufa, but also travelled to Makkah and Madinah to study Ahadeeth. His teachers numbered almost 400. Allaama Dhahabi رحمه الله writes, "Imaam Abu Haneefah رحمه الله was an expert in the science of Ahadeeth and was regarded as one of the Huffaadh of Ahadeeth." In fact, contribution to the science of Ahadeeth was tremendous in that he was the first to deliberate upon the conditions for narrating Ahadeeth and to specify the various ranks of the Ahadeeth. He was also well aware of the lives and credibility of the various narrators of Ahadeeth. It is for this reason that Hadhrat Imaam Abu Yusuf رحمه الله would say that Imaam Abu Haneefah رحمه الله knew more authentic Ahadeeth than he did.

(2) Allaah's Power — **The honey factory**

By His supreme power, Allaah has created the little bee which collects nectar from flowers and then stores it in hives. Allaah has granted the bee the craftsmanship to construct the hive out of a series of hexagonal cavities, each exactly the same size as the other. It is in these cavities that the bee stores the honey. What a great system has Allaah not created for the manufacturing of this nutritious drink for mankind.

(3) A Fardh — **Performing Tayammum in place of Ghusl**

Allaah says in the Qur'aan, "**If you are ill, on journey, returning from the toilet or from touching** *(engaging in sexual relations with)* **your wives, and you do not find any water** *(or you are unable to use water for Wudhu or for Ghusl)***, then use clean soil to perform Tayammum, wiping your faces and arms** *(including elbows)* **with it** *(with the soil)*".

[Surah Maa'idah, verse 6]

When one is unable to use water at a time when Ghusl is compulsory, Tayammum may be performed and salaah then completed. The

Tayammum made for Ghusl is just like the Tayammum made for wudhu.

(4) A Sunnah	**The Masnoon Qiraa'ah for the Isha salaah**

Rasulullaah ρ used to recite the likes of Surah Shams during the Isha salaah.

[Tirmidhi 309, from Hadhrat Buraydah τ]

(5) An Important Act and its Virtue	**The reward for a single day's optional fast**

Rasulullaah ρ said, "If a person is rewarded with as much gold as could fill the earth in lieu of a single day's optional fast observed for Allaah's pleasure, it will still not be adequate reward even if this continues until the Day of Qiyaamah."

[*Kanzul Ummaal* 24151, from Hadhrat Anas τ]

(6) A Sin	**Raising the head before the Imaam**

Rasulullaah ρ said, "Does the person who raises his head before the Imaam not fear that his head will be transformed into that of a donkey or that he himself becomes a donkey?"

[Bukhaari 691, from Hadhrat Abu Hurayrah τ]

(7) This World	**Never be preoccupied with this world**

Rasulullaah ρ said, "Never keep your hearts preoccupied with thoughts of this world."

[*Kanzul Ummaal* 6150, from Hadhrat Muhammad bin Nasr τ]

(8) The Aakhirah	**The Day of Qiyaamah**

Allaah says in the Qur'aan, "**(This will occur) On the day when the spirit (Jibra'eel υ and every living being) and the angels will stand (humbly) in rows, (overawed by Allaah's presence) none of them will be able to speak except the one whom Ar-Rahmaan permits (to speak) and who speaks correctly (what is appropriate). That is the Day of Truth. So whoever wills (desires salvation) should adopt a recourse towards his Rabb (should accept Islaam and diligently fulfil the injunctions of the Shari'ah)**".

[Surah Naba, verses 38-39]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating joint pains with figs**

Rasulullaah ρ said, "Eat figs because if I had to name a fruit of Jannah it would be the fig since the fruits of Jannah do not have seeds. Eat it because it cures piles and alleviates joint pains."

[*Kanzul Ummaal* 28276, from Hadhrat Abu Dharr τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Your Rabb says, "Supplicate *(make du'aa)* to Me, I shall respond *(in a manner that is most beneficial for you)*. Verily, those who are too proud to worship Me shall soon enter Jahannam in humiliation**".

[Surah Mu'min, verse 60]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

24

(1) Islaamic History — The services Imaam Abu Haneefah رحمه الله rendered to the science of Fiqh

The real accomplishment of Imaam Abu Haneefah رحمه الله was the documentation and codification of the science of Fiqh. Thousands of intricate questions were raised during his time, which he solved with the teachings of the Qur'aan and the Ahadeeth. In fact, it was his principle never to venture beyond the teachings of the Qur'aan, the Ahadeeth, consensus of the Ummah and the statements of the Sahabah ψ when solving the various questions that arose. He established a committee that deliberated upon the various questions at length and viewed them in the light of Qur'aan, the Ahadeeth, consensus of the Ummah and analytical deduction (*Qiyaas*). The decisions they reached were then documented. This practice continued for 30 years. Ulema have written that Imaam Abu Haneefah رحمه الله had solved approximately 1 200 000 questions pertaining to acts of Ibaadah, monetary dealings and various other aspects of Deen. All these have been presented before the Ummah. Acknowledging his intellectual prowess in Fiqh and his mastery of the Qur'aan and Ahadeeth, senior Fuqahaa and Muhadditheen have stated that Imaam Abu Haneefah رحمه الله was the greatest Faqih (jurist) of his time and one who understood the objectives of the Qur'aan and the Ahadeeth. Even Imaam Shaafi'ee رحمه الله stated that he had never known a jurist better than Imaam Abu Haneefah رحمه الله and that everyone needs him in the field of Fiqh.

(2) Rasulullaah ρ's Miracle — A lion shows the way to Hadhrat Safeenah τ

Hadhrat Safeenah τ reports that when they were once shipwrecked, he managed to hold on to a plank of wood and finally drifted ashore. He then found himself in a dense forest and was suddenly confronted by a lion, which leapt at him. However, he immediately addressed the lion saying, "I am the servant of Rasulullaah ρ." He narrates further, saying, "The lion then dropped his head, allowed me to mount its back and then led me out of the forest to a road. It then roared as it left, which I understood was a farewell gesture."

[*Mustadrak* of Haakim 6550]

(3) A Fardh — Performing Tawaaf outside the Hateem

Allaah says in the Qur'aan, "**Then they should remove their untidiness** *(unwanted hair and long nails)*, **fulfil** *(any of)* **their oaths** *(that they may have taken)* **and perform Tawaaf around the Freed House** *(the Kabah, which has been freed from tyrants)*".
[Surah Hajj, verse 29]
Since the command from Allaah is to perform Tawaaf around the Kabah and the Hateem forms part of the Kabah, it is Waajib (compulsory) to perform Tawaaf around the Hateem.

(4) A Sunnah — The du'aa to pass away with Sabr and as a Muslim

The following du'aa should be recited to ensure death as a Muslim:

PUT ARABIC

TRANSLATION: O Allaah! Shower down Sabr upon us and grant us death as Muslims.

[Surah A'raaf, verse 126]

(5) An Important Act and its Virtue — Protection against everything

Rasulullaah ρ said that a person will be protected against everything if he recites Surah Ikhlaas, Surah Falaq and Surah Naas thrice every morning and evening.

[Abu Dawood 5082, from Hadhrat Abdullaah bin Khubayb τ]

(6) A Sin — Neglecting the commands of Allaah

Allaah says in the Qur'aan, "**We shall appoint a Shaytaan to (take charge of) every person who turns a blind eye to Rahmaan's advice (the Qur'aan and teachings of Rasulullaah ρ), who will be his (constant) companion (to always mislead him). Indeed, they (these Shayaateen) will forbid people from the path (Islaam), while they (these people foolishly) think that they are rightly guided. (In this manner, they never have the opportunity to mend their ways because they see no reason to do so)**".

[Surah Zukhruf, verses 36-37]

(7) This World — Never desire only the rewards of this world

Allaah says in the Qur'aan, "**Whoever** *(by the actions he carries out)* **desires the reward of this world,** *(should remember that)* **with Allaah is the reward of this world and** *(the rewards of)* **the Aakhirah** *(one should therefore not be foolish to choose only the rewards of this world and deprive oneself of those of the Aakhirah)*. **Allaah is All Hearing, All Seeing**".

[Surah Nisaa, verse 134]

(8) The Aakhirah — The desire to perform salaah in the grave

Rasulullaah ρ said, "When the deceased is laid in the grave and it appears to him that the sun is about to set, he will sit up, rub his eyes and say, 'Let me now perform my salaah.'"

[Ibn Maajah 4272, from Hadhrat Jaabir τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	Preventing headaches

Rasulullaah ρ said that washing the feet will cool water after coming out of the bath prevents headaches.

[*Kanzul Ummaal* 28296 from Hadhrat Abu Hurayrah τ]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "Recite *Laa Ilaaha Illallaah* often before the time comes when you will be unable to utter it."

[Abu Ya'la 6012, from Hadhrat Abu Hurayrah τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

25

(1) Islaamic History	The demise of Imaam Abu Haneefah رحمه الله

Imaam Abu Haneefah رحمه الله repeatedly refused to occupy the post of Chief Justice despite the insistence of the Khalifah. The Khalifah Mansoor eventually summoned him to Baghdad and offered him the post there. When he refused yet again, the Khalifah imprisoned him and tortured him. He was lashed every day until he bled. Unable to bear it any longer, he eventually raised his hands to Allaah in tears and pleaded his helplessness and suffering before Him. Muhammad bin Muhaajir reports that one day a cup full of poison was forced down the Imaam's throat, causing him to pass away. This was in the year 150 A.H. Fifty thousand people arrived for his Janaazah salaah, which had to be performed six times. The first Janaazah salaah was led by the Chief Justice of Baghdad Qaadhi Hasan bin Amaarah رحمه الله and the last one was led by the Imaam's son Hammaad رحمه الله. Thousands of Ulema were devastated by his demise and the renowned scholar Imaam Shu'ba رحمه الله said, "Innaa Lillaahi wa Innaa Ilayhi Raaji'oon! The light of knowledge has been extinguished in Kufa. Take note that the people of Kufa will never again see the likes of Imaam Abu Haneefah رحمه الله."

(2) Allaah's Power	The spider's web

Allaah has created a little insect called the spider. Whereas it looks like something insignificant, Allaah has instilled within it the amazing ability to spin a web. Together with serving the purpose of being a home to the spider, the web is also an effective trap for prey. The threads of the web are so strong that despite great efforts, an insect caught inside cannot escape. Such is the power of Allaah that He has instilled such great capabilities within a creature as tiny as the spider.

(3) A Fardh	Sacrificing an animal

Said, "The person who has the means to sacrifice an animal and still does not do so should not even come close to our Eid Gah."

[Ibn Maajah 3123, from Hadhrat Abu Hurayrah τ]

It is Waajib (compulsory) for a person in possession of Nisaab to sacrifice an animal.

(4) A Sunnah	The Masnoon Qiraa'ah for the Jumu'ah salaah

Rasulullaah ρ recited Surah A'laa and Surah Ghaashiya in the Jumu'ah salaah.

[Abu Dawood 1125, from Hadhrat Samurah τ]

(5) An Important Act and its Virtue	**Removing an obstacle from the path**

Hadhrat Abu Barzah τ reports that a person once asked Rasulullaah ρ to inform him of something that would be of benefit to him. Rasulullaah ρ then instructed him to remove obstacles from the path of the Muslims.

[Muslim 6673]

(6) A Sin	**Using gold and silver utensils**

Rasulullaah ρ said that when a person eats or drinks from a gold or silver utensil, he is really filling belly with the fire of Jahannam.

[Muslim 5387, from Hadhrat Ummu Salamah رضي الله عنها]

(7) This World	**No real peace in this world**

Rasulullaah ρ said, "Listen well! If you knew what I know about this world, you would also find no peace here."

[*Mustadrak* of Haakim 6640, from Hadhrat Zubayr τ]

(8) The Aakhirah	**The condition of the Mu'min and the Kaafir on the Day of Qiyaamah**

Allaah says in the Qur'aan, "**On that day many faces shall be radiant, laughing and happy.** *(These will be the Mu'mineen destined for Jannah.)* **And** *(on the other hand)* **many faces will be dusty covered in darkness** *(gloomy with worry)***. These will be the sinful Kuffaar**".

[Surah Abas, verses 38-42]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treatment for sciatica**

Hadhrat Anas τ reports that he heard from Rasulullaah ρ that the treatment for sciatica is to melt the rounded, protruding lump of fat from the tail of an Arab sheep, which is then to be made into three parts. Each part is then to be taken for three mornings thereafter.

[Ibn Maajah 3463]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Obey Allaah, obey the Rasool ρ and do not invalidate your** *(good)* **deeds** *(by failing to complete them, by doing them incorrectly or by doing them to please someone other than Allaah)*".

[Surah Muhammad ρ, verse 33]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

26

(1) Islaamic History	**Hadhrat Imaam Maalik رحمه الله**

Imaam Maalik رحمه الله was born in the year 93 A.H. and was a contemporary of Imaam Abu Haneefah رحمه الله. He was the greatest Faqih, Muhaddith and Aalim of Madinah at the time and was as noted as Imaam Abu Haneefah رحمه الله for his abstinence, Taqwa, knowledge and accomplishments. In fact, even the Khalifah of the time sat humbly in his lessons. Despite being elder than him, Imaam Abu Haneefah رحمه الله also sat in his lessons. The most noted of his works was the Mu'atta, which is a compilation of Ahadeeth and was known as the most authentic book after the Qur'aan before the compilation of Saheeh Bukhaari. His knowledge and piety influenced areas as far off as Tarabulus, Tunis, Jazaa'ir, Marakesh and Spain. Imaam Maalik رحمه الله was an outspoken person who did not favour even the Khalifah when issuing his Fataawaa. For this reason, he was often made to suffer the lashes of the government.

(2) Rasulullaah ρ's Miracle	**A slow horse becomes speedy steed**

Hadhrat Abu Talha τ has a horse that was very slow and lazy. When Rasulullaah ρ used the horse once to patrol Madinah when there was some noises about the city, the horse suddenly became very fast by the blessings of Rasulullaah ρ. When he returned from the patrol, Rasulullaah ρ commented, "This horse is (as swift as) a river." Thereafter, there was no horse that could match it for speed.

[Bukhaari 2969, from Hadhrat Anas τ]

(3) A Fardh	**Performing Tawaaf before leaving for home**

Rasulullaah ρ said, "No person should return home until he presents himself at the Kabah for the last time (to perform the Tawaaf Widaa). The only exception is a woman experiencing her menstrual cycle."

[Muslim 3220, from Hadhrat Abdullaah bin Abbaas τ]

(4) A Sunnah	**When impressed by something**

The following du'aa should be recited when one is impressed by something:

PUT ARABIC

TRANSLATION: As Allaah pleases (so be it). Allaah is the only One who

possesses true power or might.

[Ibn Sunni 207, from Hadhrat Anas τ]

(5) An Important Act and its Virtue	The virtue of Hajj and Umrah

Rasulullaah ρ said, "Performing an Umrah and another thereafter will expiate for the sins committed in between and there is no recompense for an accepted Hajj other than Jannah."

[Bukhaari 1773, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Rejecting the Aayaat of Allaah

Allaah says in the Qur'aan, "**We granted them** *(the Aad)* **powers** *(immense physical strength)* **that We never gave you people** *(or any other before or after them)* **and We gave them** *(physical and spiritual)* **ears, eyes and hearts** *(with which they were able to hear, see and accept the truth of Towheed)***. However, their ears, eyes and hearts were of no benefit to them at all because they rejected Allaah's Aayaat and** *(eventually)* **the** *(punishment for the)* **mockery they made** *(of Allaah's Deen and Nabi)* **encompassed them** *(allowing them no escape)*".

[Surah Ahqaaf, verse 26]

(7) This World	Preferring this world to the Aakhirah

Allaah says in the Qur'aan, "**O you who have Imaan! Why is it that when you are told, "Go forth in Allaah's path," you drop heavily to the ground** *(seeming reluctant to participate)* **? Do you prefer the life of this world to the** *(great rewards in store in the)* **Aakhirah** *(for those who fight in Jihaad)* **? The pleasure of this worldly life is but little** *(insignificant)* **compared to the** *(comfort and pleasures of the)* **Aakhirah**".

[Surah Taubah, verse 38]

(8) The Aakhirah	Entering Jannah all at once

Rasulullaah ρ said, "Seventy thousand or seven hundred thousand members of my Ummah will enter Jannah all at once with their faces radiant like the fourteenth full moon."

[Bukhaari 3247, from Hadhrat Sahl bin Sa'd τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of using the Miswaak

Rasulullaah ρ said, "Do use the Miswaak because it pleases Allaah and sharpens the eyesight."

[Tabraani in his *Awsat* 7709, from Hadhrat Abdullaah bin Abbaas τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "The person who wants his book of deeds to please him on the Day of Qiyaamah should seek forgiveness in abundance."

[Tabraani in his Awsat 851, from Hadhrat Zubayr τ]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

27

(1) Islaamic History	The lessons of Imaam Maalik رحمه الله

Imaam Maalik رحمه الله started lecturing in the year 117 A.H. at the age of 24 and continued doing so for 62 years. The gathering around him was remarkable in that there were many governors, affluent people as well as senior Ulema present, even the Khalifah of the time. When the Khalifah Haroon Rasheed رحمه الله arrived in Madinah once, he expressed the desire to learn the Mu'atta. Imaam Maalik رحمه الله informed him that he would be teaching it the following day. While the Khalifah assumed that Imaam Maalik رحمه الله would come to him, the lesson continued as normal in the usual gathering. When the Khalifah asked the reason for this, Imaam Maalik رحمه الله told him, "People go out in search of knowledge. Knowledge does not go out in search of people." When the Khalifah then requested that the rest of the people leave the gathering, Imaam Maalik رحمه الله replied, "I cannot deprive thousands of people merely for the benefit of a single person."

(2) Allaah's Power	Protection of the eyes

Amongst the many bounties that Allaah has blessed us with are out eyes. As precious as they are, they are just as delicate. Allaah has therefore seen to its protection. Should any little object threaten to enter the eye, the eyelids close immediately to protect them and if any large object should threaten them, Allaah has constructed the protruding bones around them, which ensure their protection. Allaah is undoubtedly the Most Powerful Creator.

(3) A Fardh	Following the Imaam in salaah

Hadhrat Abu Hurayrah τ reports that Rasulullaah ρ taught them never to perform an act of salaah before the Imaam does it.

[Muslim 932]

When following the Imaam, all postures are to be carried out after the Imaam. It is not permissible to perform them before the Imaam does so.

(4) A Sunnah	Turning the face when saying the Salaam

When turning his face right and left to make Salaam after salaah, Rasulullaah ρ turned his neck as much as the colour of his cheeks were visible.

[Muslim 1315, from Hadhrat Sa'd τ]

(5) An Important Act and its Virtue	The virtue of the Haaji

Rasulullaah ρ said that every time that the Haaji recites Tasbeeh or Takbeer, he is given glad tidings.

[Tabraani in his Kabeer 1324, from Hadhrat Abu Hurayrah τ]

(6) A Sin	The punishment for people who create pictures

Rasulullaah ρ said, "The people who will be most severely punished on the Day of Qiyaamah will be those who create pictures."

[Bukhaari 5950, from Hadhrat Abdullaah bin Mas'ood τ]

(7) This World	Making the world one's objective

Rasulullaah ρ said, "When a person makes this world his objective of life, Allaah will disperse all his affairs and place poverty and hunger before his eyes (he fears it all the time and worries what will happen to him. He will thus spend all his time in this worry) even though he will receive only that much of this world as is decreed for him. On the other hand, the person who makes the Aakhirah his objective, Allaah will gather all his affairs together, enrich his heart (fill his heart with contentment) and this world will fall at his feet in humility."

[Ibn Maajah 4105, from Hadhrat Zaid bin Thaabit τ]

(8) The Aakhirah	Receiving the book of deeds in the right hand

Allaah says in the Qur'aan, "**O man, indeed you make great** *(good and evil)* **efforts in your journey** *(through this world)* **towards** *(the Aakhirah where you will meet with)* **your Rabb and will soon meet with** *(the fruit of)* **your efforts. As for him who is given his record** *(of his actions)* **in his right hand** *(indicating his entry into Jannah),* **an easy reckoning will be taken from him** *(his every action will not be scrutinised)* **and** *(after this,)* **he will return happily to his family** *(in Jannah)*".

[Surah Inshiqaaq, verses 6-9]

(9) Cures from the Qur'aan and Rasulullaah ρ	Using henna

Rasulullaah ρ advised the use of henna as a dye stating that it promotes youth, beauty and virility.

[*Kanzul Ummaal* 17300, from Hadhrat Anas τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Never proceed ahead of Allaah and His Rasool ρ (never do anything or comment on anything until Allaah and Rasulullaah ρ have issued directives concerning the matter). Fear Allaah, for verily Allaah is All Hearing, All Knowing**".

[Surah Hujuraat, verse 1]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

28

(1) Islaamic History	Imaam Shaafi'ee رحمه الله

Hadhrat Imaam Muhammad bin Idrees Shaafi'ee رحمه الله was an unparalleled scholar of his time in terms of his intellect, memory and steadfastness in the face of hardship. He was born in the year 150 A.H., just as a few days after his father passed away. He accompanied his mother to Makkah at the age of two and completed memorising the Qur'aan at the age of seven. He then started to acquire the knowledge of Fiqh and Ahadeeth from the Ulema of Makkah and would memorise a Hadith immediately upon hearing it. He then travelled to Madinah to study under Imaam Maalik رحمه الله, where he remained for three years. It was at a young age that he mastered the many sciences of Deen and the first book he wrote was *Ar Risaalah*, which discussed the principles of Fiqh. He then proceeded to write approximately 113 books on various subjects. He was so loved and acclaimed throughout the Muslim world that when he moved from Iraq to Egypt, a large group of Ulema from Shaam, Yemen, Iraq and various other places moved with him to continue studies under him. Hadhrat Sulaymaan bin Rabee says that he once counted 900 Ulema on horseback at the door of Imaam Shaafi'ee رحمه الله. It was in Egypt on the 30th of Rajab in the year 204 A.H. that he passed away at the age of 54. He passed away after Maghrib and was buried on a Friday after the Asr salaah.

(2) Rasulullaah ρ's Miracle	The effect of the water Rasulullaah ρ sprinkled

Rasulullaah ρ had once taken a bath when his foster child Hadhrat Zaymab bint Abu Salamah رضي الله عنها arrived. Rasulullaah ρ playfully sprinkled some water on her face. The effect of this was that until she was an old woman, the fresh look of a youthful person never left her face.

[*Isti'aab* Vol.2 Pg.99]

(3) A Fardh	It Is Fardh to choose a profession that is Halaal

Rasulullaah ρ said, "After fulfilling Allaah's rights and the Faraa'idh, it is Fardh (obligatory) for every Muslim to adopt a manner of earning that is Halaal.

[Tabraani in his *Kabeer* 9851, from Hadhrat Abdullaah bin Mas'ood τ

(4) A Sunnah	The du'aa for a stutter

The following du'aa should be recited to illuminate the heart, strengthen the tongue and eliminate stuttering:

PUT ARABIC

TRANSLATION: **O my Rabb! Expand my chest, make my task easy and untie the knot** *(unclear speech that may come)* **on my tongue so that they** *(the people I speak to)* **may understand my speech.**

[Surah TaaHaa, verses 25-28]

(5) An Important Act and its Virtue	Hajj is a means of expiation for sins

Rasulullaah ρ said, "As soon as the camel of the Haaji strikes the ground, Allaah records a good deed to his account, erases as sin or elevates his status in Jannah."

[Bayhaqi 3961, from Hadhrat Abdullaah bin Umar τ]

(6) A Sin	The Kuffaar will be unsuccessful

Allaah says in the Qur'aan, "**Indeed those who commit kufr, who forbid** *(others)* **from Allaah's path** *(Islaam)* **and who oppose the Rasool** ρ **after guidance** *(Towheed and the truth of Islaam)* **has been made clear to them cannot harm Allaah at all** *(because the harm will affect only them)***. Allaah will soon cancel their** *(good)* **actions** *(by not rewarding them in the Aakhirah)*".

[Surah Muhammad ρ, verse 32]

(7) This World	Never be impressed by the wealth of the Kuffaar

Allaah says in the Qur'aan, "**So** *(O Muhammad ε)* **do not let their** *(large amounts of)* **wealth and children impress** *(or overawe)* **you. Allaah intends to punish them with these** *(punish them by means of their wealth and children)* **in this worldly life and** *(Allaah intends)* **that their souls depart** *(from this world)* **while they are Kaafiroon.** *(Wealth and children therefore become a major cause of difficulty, anxiety and cause of destruction for people when Allaah uses them as a form of punishment)*".

[Surah Tuabah, verse 55]

(8) The Aakhirah	Jannatul Firdous

Rasulullaah ρ said, "When you ask for Jannah, as for Jannatul Firdous because it is the best and highest of all the gardens of Jannah. Above it is the throne of Allaah and all the rivers of Jannah have their sources here."

[Bukhaari 7423, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	The benefits of pears

Hadhrat Talha τ reports that he once met Rasulullaah ρ as Rasulullaah ρ held a pear in his hand. "Take this, O Talha," Rasulullaah ρ said, "Because it gives peace of heart."

[Ibn Maajah 3369]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "No man should see the private areas of another

man and no woman should see the private areas of another woman. No two men or two women should also sleep beneath the same bedding."

[Muslim 768, from Hadhrat Abu Sa'eed Khudri τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	29

(1) Islaamic History	Hadhrat Imaam Ahmad bin Hanbal رحمه الله

The Hambali school of jurisprudence is associated with Hadhrat Imaam Ahmad bin Hanbal رحمه الله , who was born in Baghdad in Rabee ul Awwal in the year 164 A.H. Most of the people in Saudi Arabia follow the Hambali school of jurisprudence and it is according to the teachings of this school that the laws of the Saudi government are based. His father also passed away before he was born but his mother raised him with great courage. He therefore memorised the Qur'aan at an early age, together with studying language. He then studied Ahadeeth in Baghdad and after completing his studies here, he then left for Basrah, Hijaaz, Yemen, Shaam and Jazeera to study under eminent scholars of Hadith there. He was an expert Muhaddith, Mujaahid and Faqih and had memorised a million Ahadeeth. The most prominent of his works was the *Musnad*, which is a compilation of Ahadeeth.

(2) Allaah's Power	Three thousand taste buds on the tongue

Allaah has given us the great boon of our tongues, which we need to speak and to taste. For this, Allaah has created three thousand taste buds on our tongues that are microscopic, but which will tell us whether the food we are eating is sweet, salty or otherwise. Without these, we would be unable to tell the differences between tastes and lack enjoyment in so many things.

(3) A Fardh	Obeying the ruler

Rasulullaah ρ said, "The person who obeys me, obeys Allaah and the person who disobeys me, disobeys Allaah. The person who obeys the ruler, obeys me and the person who disobeys the ruler, disobeys me."

[Muslims 4747, from Hadhrat Abu Hurayrah τ]

The ruler needs to be obeyed in very command that does not conflict with the Shari'ah even though one may not like it.

(4) A Sunnah	It is Sunnah to kiss one's children

Hadhrat Anas τ reports that Rasulullaah ρ used to kiss his son Ibraheem τ.

[Bukhaari 1303]

(5) An Important Act and its Virtue	The rewards of going out in the path of Allaah

Rasulullaah ρ said that the fire of Jahannam cannot touch the face touched by dust accumulated in the path of Allaah.

[*Mustadrak* of Haakim 2396, from Hadhrat Abu Hurayrah τ]

(6) A Sin	Avoid ostentation

Rasulullaah ρ said, "The person who performs salaah for show has committed Shirk. The person who fasts for show has committed Shirk. The person who gives Sadaqah for show has committed Shirk."

[Ahmad 16690, from Hadhrat Shaddaad τ]

(7) This World	The desires of an old man

Rasulullaah ρ said, "As a person ages, there are two things that remain young within him; (1) the desire for a long life and (2) the greed for wealth."

[Tirmidhi 2339, from Hadhrat Anas τ]

(8) The Aakhirah	The book of deeds in the left hand

Allaah says in the Qur'aan, "**As for him who is given his record** *(of his actions in his left hand from)* **behind his back** *(because even the angels will not want to look at him)* **he will soon call for** *(his)* **destruction** *(his death so that he may not have to suffer punishment)*".

[Surah Inshiqaaq, verses 10-12]

(9) Cures from the Qur'aan and Rasulullaah ρ	Watermelon

Rasulullaah ρ said that watermelon taken before eating cleanses the stomach and eliminates the root of diseases.

[Ibn Asaakir Vol.6 Pg.102]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**If two groups of Mu'mineen fight each other, then reconcile between them. (However, despite your efforts to reconcile,) If the one group transgresses against (oppresses) the other, then fight that (transgressing) group until they return to (the obedience of) Allaah's command (to live in peace and harmony with other Muslims). If they return (to the reconciliation process and stop fighting), then reconcile between them with justice. Be just, for Allaah loves those who exercise justice**".

[Surah Hujuraat, verse 9]

Madrasah in Just 5 Minutes

In the light of the Qur'aan and Ahadeeth

30

(1) Islaamic History — The achievements of Hadhrat Imaam Ahmad رحمه الله

Imaam Ahmad رحمه الله was considered an Imaam in the field of Ahadeeth. During his time, a deviant sect called the Mu'tazilah started a furore by claiming that the Qur'aan is a creation of Allaah. They even managed to influence the Khalifahs Ma'moon, Mu'tasim and Waathiq into believing this. However, Imaam Ahmad رحمه الله vehemently opposed their belief and issued the Fatwa that the Qur'aan was not the creation of Allaah, but rather one of his attributes, viz. His speech. As a result of this, the Khalifah of the time had Imaam Ahmad رحمه الله shackled and lashed so much that his body was covered in bruises. He, however, persisted through this torture and eventually managed to oust the Mu'tazilah sect. Allaah therefore used him to rid the Ummah of a terrible scourge. Imaam Ahmad رحمه الله eventually passed away at the age of 77 on Friday 12th of Rabee'ul Awwal 241 A.H.

(2) Rasulullaah ρ's Miracle — Blessings in food

Hadhrat Abdur Rahmaan bin Hadhrat Abu Bakr رضي الله عنهما reports that they were 330 men with Rasulullaah ρ on a journey when all they had to eat was a little flour for bread and a goat. However, there was so much blessings in just the liver that each one of them managed to eat from it. The meat was filled into two containers, from which all of them managed to eat to their fill. When they had finished, there was still food left over.

[Bukhaari 2618]

(3) A Fardh — Settling debts from the estate of the deceased

Hadhrat Ali τ used to say, "Whereas Rasulullaah ρ always settled debts before fulfilling the bequest, you people recite that the bequest is before the debts."

[Tirmidhi 2122]

If a person passes away without settling his debts, these should be settled with the wealth still left after paying the burial expenses, even if all the money is used for this.

(4) A Sunnah — When something has been lost

Rasulullaah ρ stated that when a person has lost something or finds himself in a place where there is none to assist him, he should say the following three times:

PUT ARABIC

TRANSLATION: Assist me, O the servants of Allaah!

Allaah will then send to him such helpers (angels) whom he cannot see.

[Tabraani in his Kabeer 13737, from Hadhrat Utba bin Ghazwaan τ]]

(5) An Important Act and its Virtue — Thinking of Allaah

Rasulullaah ρ said that Allaah will say on the Day of Qiyaamah, "I shall remove from Jahannam every such Mu'min who ever thought of Me or every feared Me."

[Tirmidhi 2594, from Hadhrat Anas τ]

(6) A Sin — Secret meetings

Allaah says in the Qur'aan, "**Secret meetings** *(to discuss evil)* **are really from Shaytaan** *(which he encourages people to do)* **to cause grief to the Mu'mineen. However, these** *(secret meetings)* **can do nothing to harm them except with Allaah's permission.** *(Therefore,)* **Only in Allaah should the Mu'mineen trust** *(because with Allaah protecting a person, no one can harm him at all)*".

[Surah Mujaadalah, verse 10]

(7) This World — The pleasures of this world are fleeting

Allaah says in the Qur'aan, "**O people! Your corruption** *(Shirk, sin and oppression)* **is to your own detriment** *(because you will suffer the consequences in this world and especially in the Aakhirah)***. You enjoy the pleasures of this world** *(for a short while)***, then** *(when you die)* **you shall return to Us and We will inform you of what you used to do** *(and punish you for your sins)*".

[Surah Yunus, verse 23]

(8) The Aakhirah — The grapes

Rasulullaah ρ said, "When Jannah was presented to me, I tried to get a bunch of grapes to show you, but a screen was drawn between the grapes and myself." "How big was one of the grapes?" someone asked. Rasulullaah ρ replied, "As big as a large bucket."

[Abu Ya'la 1109, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ — *Ithmid* Kohl

Rasulullaah ρ said that the best of all kohl is the *Ithmid*, which improves vision and lengthens the eyelashes.

[Abu Dawood 3878, from Hadhrat Abdullaah bin Abbaas τ]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said that he had been commanded to do the following seven things; (1) to visit the ill, (2) to follow the burial, (3) to reply to a sneezing person, (4) to assist the weak, (5) to assist the oppressed,

(6) to spread the greeting of Salaam and (7) to fulfil promises.
[Bukhaari 6235, from Hadhrat Baraa bin Aazib τ]

Translation edited by: Mufti A H Elias (May Allaah protect him)
10 Zul-Hajj 1429 (Eid Day)
10 December 2008

Madrasah in Just Five Minutes

Dhul Hijjah

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	1

(1) Islaamic History	**Hadhrat Abdullaah bin Mubaarak** رحمه الله

Hadhrat Abdullaah bin Mubaarak رحمه الله was an extremely learned scholar, a great Muhaddith, an expert in Fiqh and perfect example of one who truly recognised Allaah. He was a student of both Imaam Abu Haneefah رحمه الله as well as Hadhrat Sufyaan Thowri رحمه الله. He valued the men of knowledge, especially Imaam Abu Haneefah رحمه الله. He specialised in the field of Ahadeeth and taught thousands of students. Even the Khalifah Haroon Ar Rasheed envied his popularity and honour. He emulated the Sahabah ψ in his piety, Ibaadah, abstinence, character and personality. He was also unmatched in his extreme generosity, showering many gifts upon the scholars of Deen. His practice was to perform Hajj during one year, the following year in Jihaad and the third year engaged in business. Most of his profits were spent on the poor and needy. Amongst his notable qualities was his fear for Allaah, his concern for the Aakhirah, independence of creation and humility towards the poor. He passed away in the year 181 A.H. at the age of 63.

(2) Allaah's Power	**The whale**

Amongst the countless creatures in the oceans, the largest is the whale. Within its belly there is a waxlike and fragrant substance called ambergris, which is used for expensive medicines as well as in perfume making. The whale vomits out this substance and it is found floating on water like foam. It is then gathered and sold, another peculiarity of the whale is that is beaches before it is due to die and breathes its last on the shore. It then becomes free food for so many.

(3) A Fardh	**Believing that Allaah will resurrect everyone**

Allaah says in the Qur'aan, "**It is Allaah Who has created you, then sustains you, will then give you death and again give you life** *(on the Day of Qiyaamah)*. **Are there any of your partners** *(gods)* **who can do any of this? Allaah is Pure and Exalted above the partners**

they *(the Mushrikeen)* **ascribe to Him** *(because none can do what He can do)*".

[Surah Room, verse 40]

(4) A Sunnah	**The Masnoon Qiraa'ah during the two Rakaahs after Tawaaf**

Hadhrat Jaabir τ reports that Rasulullaah ρ recited Surah Kaafiroon and Surah Ikhlaas in the two Rakaahs after Tawaaf.

[Tirmidhi 869]

(5) An Important Act and its Virtue	**Sacrificing an animal secures protection from Jahannam**

Rasulullaah ρ said, "When a person sacrifices an animal happily and with hope of rewards from Allaah, the sacrifice will become a means of protecting him from Jahannam."

[Tabraani in his Kabeer 2670]

(6) A Sin	**The warning against not sacrificing an animal**

Rasulullaah ρ said, "The person who does not sacrifice an animal despite having the means of doing so should not even approach our Eid Gah."

[*Mustadrak* of Haakim 3468, from Hadhrat Abu Hurayrah τ]

If a person does not sacrifice an animal despite being in possession of Nisaab, he will be sinful.

(7) This World	**How despised this world is in the sight of Allaah**

Rasulullaah ρ said, "Allaah had not created anything as despicable as this world and has never looked back at it (with any affection) since creating it."

[Bayhaqi 10110, from Hadhrat Moosa bin Yasaar رحمه الله]

(8) The Aakhirah	**No ransom will be accepted on the Day of Qiyaamah**

Allaah says in the Qur'aan, "**Verily those who commit kufr and die as Kuffaar, the earth full of gold shall never be accepted from any of them if they ever wish to offer it as ransom** *(to save themselves from punishment on the Day of Qiyaamah)***. For them shall be a painful punishment and they shall have no helpers** *(to save them from Allaah's punishment)*".

[Surah Aal Imraan, verse 91]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of Zamzam**

Rasulullaah ρ stated that the water of Zamzam serves as both food as well as a cure for diseases.

[Bayhaqi 3973, from Hadhrat Abdullaah bin Abbaas τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! When the call (Adhaan) is made for (the Jumu'ah) salaah on the day of Jumu'ah (Friday), then hasten towards Allaah's remembrance (towards the Jumu'ah salaah to take place in the Masjid) and leave trading. This is best for you (in both worlds) if you but knew (the eternal value of the salaah, which far exceeds the temporary value of the wealth you may attain by trade)**".

[Surah Jumu'ah, verse 9]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	2

(1) Islaamic History	**Imaam Abu Yusuf** رحمه الله

Hadhrat Imaam Abu Yusuf رحمه الله was born in Baghdad in the year 113 A.H. He was the most renowned of all the students of Imaam Abu Haneefah رحمه الله and it suffices to say about him that in his position as Chief Justice of the Muslim Empire under the Khalifah Haroon Ar Rasheed, he filled the state with justice and equity. His book Kitaabul Kharaaj was a classic book of law based upon the judgements of the Khulafaa Raashideen. He outlined the responsibilities of the Khalifah, impressing upon him his obligations and that he is ultimately answerable to Allaah. He made it clear that the state treasury was not the personal property of the Khalifah, but a trust from Allaah. He emphasised that zakaah from the rich was to be given to the poor and he forbade unlawful taxation. He decreed that all people imprisoned merely upon suspicion be released and he even passed a judgement against the Khalifah on account of his high integrity and strength of Imaan. As his death approached, he made a bequest that four hundred thousand Dirhams be distributed amongst the poor people of Makkah, Madinah, Kufa and Baghdad. This luminary of knowledge eventually passed away in the year 182 A.H.

(2) Rasulullaah ρ's Miracle	**A well becomes fragrant**

A bucket of water was once drawn from a well for Rasulullaah ρ. Rasulullaah ρ gargled his mouth with the water and then spat it back in. The result of this was that the well then exuded the fragrance of musk.

[Bayhaqi 214]

(3) A Fardh	**The consequence of missing salaah**

Rasulullaah ρ said that when a person misses a single salaah, it is as if he has lost all his family and wealth.

[Ibn Hibbaan 1490, from Hadhrat Naufal bin Mu'aawiya τ]

(4) A Sunnah	**The du'aa for deflecting a calamity**

The following du'aa should be recited frequently when one fears being afflicted by a calamity:

TRANSLATION: Allaah is Sufficient for us and He is the Best of Helpers. It is only in Him that we trust.

[Tirmidhi 2431, from Hadhrat Abu Sa'eed Khudri τ]

(5) An Important Act and its Virtue	**The virtue of performing forty salaahs in the Masjidun Nabawi**

Rasulullaah ρ said, "The person who performs forty salaah in this Masjid of mine without missing any in between will be guaranteed safety from Jahannam and its punishment as well as immunity from hypocrisy."

[Ahmad 12173, from Hadhrat Anas τ]

(6) A Sin	**A seal is set on the heart of the proud ones**

Allaah says in the Qur'aan, **"Those who dispute about Allaah's Aayaat without any warrant *(justification)* coming to them. This is extremely detestable in the sight of Allaah and in the sight of those who have Imaan. Thus *(by allowing people to continue their evil ways)* does Allaah set a seal on the heart of every haughty and tyrannical person *(because of which they are unable to accept the truth)*".**

[Surah Mu'min, verse 35]

(7) This World	**The life of this world is nothing**

Allaah says, "**Do you prefer the life of this world to the Aakhirah? The pleasure of this worldly life is but little** *(insignificant)* **compared to the** *(comfort and pleasures of the)* **Aakhirah**".

[Surah Towbah, verse 38]

(8) The Aakhirah	**The Mu'mineen crossing the bridge of Siraat**

Rasulullaah ρ said that the Mu'mineen will cross the bridge of Siraat saying the words, "O Allaah! Allow us to cross in peace and safety."

[Tirmidhi 2432. from Hadhrat Mughiera τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**A prescription for certain cure**

Rasulullaah ρ said that Allaah will certainly cure a sick person who is not destined to die when the visitor recites the following du'aa for him seven times:

[Abu Dawood 3106, from Hadhrat Abdullaah bin Abbaas τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "O people! Sacrifice animals with the intention of being rewarded because although the blood falls to the ground, it is really falling into the protection of Allaah."

[Tabraani in his Awsat 8554, from Hadhrat Ali τ]

(1) Islaamic History — Hadhrat Imaam Bukhaari رحمه الله

His real name was Muhammad and his father's name was Ismaa'eel. he was born in Bukhaara on the 13th of Sha'baan 194 A.H. after the Jumu'ah salaah. When he lost his father at a young age, his mother was left to care for him by herself. He lost his vision as a child, but when his mother wept and prayed abundantly for him, she eventually saw Hadhrat Ibraheem υ in a dream informing her that her du'aas had been accepted. That morning she saw that his vision was restored. Imaam Bukhaari رحمه الله was an extremely intelligent person and was keen to learn Ahadeeth from a very young age and memorised every Hadith he heard. He himself said that he knew a hundred thousand authentic and two hundred thousand other Ahadeeth. From the 23 books that he wrote, the most renowned is the Saheeh Bukhaari. When compiling this treasure of Ahadeeth, he was so particular about piety and cleanliness that before writing down any Hadith, he would first take a bath and then perform two Rakaahs salaah. In this manner, the book was completed over a period of 16 years. The Saheeh Bukhaari is accepted to be the most authentic compilation of Ahadeeth. Imaam Bukhaari رحمه الله eventually passed away after the Isha salaah on the 10th of Shawwaal 256 A.H.

(2) Allaah's Power — Jewels and coal

It is through His unlimited power that Allaah has created various types of elements in the ground. In the form of rock, Allaah uses the same base element of carbon to create both coal as well as precious diamonds. Which other being but Allaah has the capacity to create sparkling diamonds as well as a substance as black as coal from the same raw material? This can be the handiwork of none other but Allaah.

(3) A Fardh — Screening oneself from one's brothers-in-law

Rasulullaah ρ said, "Guard yourselves against mixing with women (who are not Mahram)." "What about the brother-in-law (husband's brother)?" an Ansaari Sahabi τ asked. "The brother-in-law is death," Rasulullaah ρ replied.

[Bukhaari 5232, from Hadhrat Uqba bin Aamir τ]

This Hadith makes it evident that it is necessary for a woman to

conceal herself from her husband's brother because failure to do so spells destruction.

(4) A Sunnah	**Placing the hands upon the knees in Ruku**

When he performed the Ruku, Rasulullaah ρ placed his hands upon his knees as though he was grasping them and kept his arms away from his sides.

[Tirmidhi 260, from Hadhrat Abu Humayd τ]

(5) An Important Act and its Virtue	**Making du'aa upon sighting then Kabah**

Rasulullaah ρ said that amongst the four occasions when the heavens are opened to admit du'aas is when a person sights the Kabah.

[Bayhaqi in his Sunan Vol.3 Pg.360, from Hadhrat Abu Umaamah τ]

(6) A Sin	**Usurping land**

Rasulullaah ρ said, "The one who usurps even a small portion of land from another will be sunk through all seven earths on the Day of Qiyaamah."

[Bukhaari 2454, from Hadhrat Abdullaah bin Umar τ]

(7) This World	**The most feared occurrence**

Rasulullaah ρ once told the Sahabah ψ that what he most feared for them was that Allaah should reveal to them the blessings of the earth. When they asked what he meant by the blessings of the earth, Rasulullaah ρ replied, "The colours of the world, its beauty and embellishment."

[Bukhaari 6427, from Hadhrat Abu Sa'eed Khudri τ]

(8) The Aakhirah	**The rewards for obeying Allaah and Rasulullaah ρ**

Allaah says in the Qur'aan, "**Whoever obeys Allaah and His Rasool ρ, Allaah will enter him into Jannaat beneath which rivers flow, where they shall live forever. That is the supreme success** *(a great achievement)*".

[Surah Nisaa, verse 13]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Protection from the evil effects of the Jinn**

When Hadhrat Khaalid bin Waleed τ once complained to Rasulullaah ρ about being pestered by a Jinn, Rasulullaah ρ advised him to recite the following du'aa:

Hadhrat Khaalid τ reports that it then all came to an end after he had recited the du'aa.

[*Kanzul Ummaal* 28539]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Do not legalise** *(do not show*

disrespect towards) **Allaah's landmarks** *(those things that have special significance in the Shari'ah)* **nor** *(show disrespect towards)* **the sacred months** *(by fighting in them)***, nor** *(towards)* **the sacrificial animal** *(by harming it)***, nor** *(towards)* **garlanded animals** *(those animals that are taken with for Hajj to be slaughtered)***, nor** *(should you be disrespectful towards)* **those** *(people who are)* **proceeding towards the Sacred House** *(the Kabah)***, seeking the bounty from their Rabb and** *(His)* **pleasure".**

[Surah Maa'idah, verse 2]

(1) Islaamic History	Imaam Muslim رحمه الله

His name was Muslim bin Hajjaaj and was also known as Abul Hasan. He was born amongst the famous Arab tribe of Qushayr in the year 204 A.H. and acquired his elementary knowledge in his home town of Nishapur. He later travelled to Makkah, Madinah, Kufa, Iraq, Egypt and various other areas to sit in the company of senior Muhadditheen in the quest to quench his thirst for the knowledge of Ahadeeth. The day eventually arrived when people started to refer to him as the Ameerul Mu'mineen in the field of Ahadeeth. Amongst the various books discussing varied subjects, he also compiled the Saheeh Muslim, which rightly takes its place amongst those book referred to as the most authentic books after the Qur'aan. This book is a priceless gift to all Muslims and it matchless in its fluidity. It comprises of 4000 Ahadeeth which Imaam Muslim رحمه الله had selected from a collection of 300 000. he passed away on Sunday 25th of Rajab 261 A.H. in his hometown of Nishapur.

(2) Rasulullaah ρ's Miracle	Curing a wounded shoulder

When Hadhrat Khubayb bin Yasaaf τ was struck by a sword just between his shoulder and neck, the entire piece of flesh was left hanging loose. Rasulullaah ρ then placed some of his blessed saliva upon it and attached the dislodged flesh. It then held into place and was completely healed.

[Bayhaqi 2427]

(3) A Fardh	The importance of the Asr salaah

Rasulullaah ρ said that the person who misses his Asr salaah has destroyed all his good deeds.

[Bukhaari 553, from Hadhrat Buraydah τ]

Although all five daily salaahs are Fardh (obligatory) for Muslims, Rasulullaah ρ has emphasised the warnings against people who forsake the Asr salaah to highlight its extra importance. We should therefore ensure that we always perform our Asr salaah on time and never perform it as Qadha.

(4) A Sunnah	Making du'aa using the *Ism A'zam*

Hadhrat Aa'isha رضي الله عنها reports from Rasulullaah ρ that when making

du'aa with the following words, the du'aa will be accepted. Anything asked for will be granted, mercy asked for will be showered down and any calamity from which protection is sought will be averted.

[Ibn Maajah 3859]

(5) An Important Act and its Virtue	**Removing obstacles form the path**

Rasulullaah ρ once related the incident of a person who was granted Jannah only because he removed a thorny branch from the path or cut down a tree that was posing an obstacle to people.

[Abu Dawood 5245, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**The punishment for kufr and disobedience**

Allaah says in the Qur'aan, "**However, the one who turns away *(from your advice)* and commits kufr; Allaah shall punish him most severely. Verily they *(all of mankind)* shall return to Us *(on the Day of Qiyaamah)*. Thereafter, it is Our responsibility to take their reckoning *(make them account for all they did in the world)*".**

[Surah Ghaashiya, verses 23-26]

(7) This World	**Never be impressed by the wealth that the Kuffaar possess**

Allaah says in the Qur'aan, "**So do not let their** *(large amounts of)* **wealth and children impress** *(or overawe)* **you. Allaah intends to punish them with these** *(punish them by means of their wealth and children)* **in this worldly life and** *(Allaah intends)* **that their souls depart** *(from this world)* **while they are Kaafiroon.** *(Wealth and children therefore become a major cause of difficulty, anxiety and cause of destruction for people when Allaah uses them as a form of punishment.)*".

[Surah Towbah, verse 55]

(8) The Aakhirah	**The condition of the Kuffaar**

Rasulullaah ρ said, "The tongues of the Kuffaar will be stretched out over a distance of one or two *Farsakh* (approximately 12 km) and people will be trampling all over it."

[Tirmidhi 2580, from Hadhrat Abdullaah bin Umar τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating boils**

Hadhrat Asmaa bint Abu Bakr τ reports that when she developed a boil on her neck and it was reported to Rasulullaah ρ, he said, "Open it up (surgically remove the pus). Do not leave it alone because if you do, it will eat away your flesh and suck up your blood." (If left alone, it will eventually infect the flesh and blood).

[*Mustadrak* of Haakim 8250]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "O youth! Those of you who have the means to

marry should do so because marriage is a means of safeguarding the eyes and chastity. As for those who do not have the means, let them fast because this is effective in curbing the passions."

[Bukhaari 5066, from Hadhrat Abdullaah bin Mas'ood τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	5

(1) Islaamic History	**Hadhrat Imaam Abu Dawood** رحمه الله

His name was Sulaymaan and his father's name was Ash'ath, but he was always known as Abu Dawood. He was born in the year 202 A.H. in the town of Sajistan and travelled to places such as Egypt, Jazeera, Iraq and Khurasaan in search of the knowledge of Deen. He enjoyed a prominent position amongst the Huffaadh of Ahadeeth and the Fuqahaa and it was always said that the science of Ahadeeth was made as easy for him as steel was made pliable for Hadhrat Dawood υ. Other scholars have mentioned that Imaam Abu Dawood was created for Ahadeeth in this world and for Jannah in the Aakhirah because they knew of no one better than him. Amongst the numerous books that he wrote, the most renowned is the Sunan Abu Dawood, which comprises of 4800 Ahadeeth. Imaam Abu Dawood رحمه الله passed away in Basrah on the 16th of Shawwaal 375 A.H.

(2) Allaah's Power	**Lightning and thunder**

When dense clouds start to pile upon one another in the sky, Allaah creates tremendous flashes of light and sound without any machine or power supply. These flashes of lightning are so intense that they turn the night into daylight and the roar of the thunder so deafening that it strikes fear into the heart. If it is not the sheer might of Allaah behind all of this, what then can it be?

(3) A Fardh	**Enjoining good and forbidding evil**

Rasulullaah ρ said, "I swear by the Being Who controls my life that you people must enjoin good and forbid evil, otherwise Allaah will punish you along with the sinners and then you will make du'aa and it will not be accepted."

[Tirmidhi 2169, from Hadhrat Hudhayfah τ]

It is Fardh (obligatory) for every member of the Ummah to enjoin good and to forbid from evil according to their capabilities.

(4) A Sunnah	**Allowing the tail of the turban to hang down**

When he tied his turban, Rasulullaah ρ allowed the tail to hang between his shoulders.

[Tirmidhi 1736, from Hadhrat Abdullaah bin Umar τ]

(5) An Important Act and its	**The virtue of good character**

Virtue	
Rasulullaah ρ said, "It is indeed through good character that a Mu'min can attain the status of a person who perform Nafl salaah and fasts." [Abu Dawood 4798, from Hadhrat Aa'isha رضي الله عنها]	
(6) A Sin	**Reluctance to perform salaah**
When on the journey of Mi'raaj, Rasulullaah ρ saw some people whose heads were being crushed. When it was completely crushed, it was restored to its original state only to be crushed once again. This continued relentlessly without a break. When Rasulullaah ρ asked Hadhrat Jibra'eel υ who the people were, he replied that they were the ones who used to frown when the time of salaah arrived. [*Targheeb wat Tarheeb* 795, from Hadhrat Abu Hurayrah τ]	
(7) This World	**The reward for turning away from this world**
Rasulullaah ρ said, "When a person attaches himself to this world and entertains lengthy hopes, Allaah blinds his heart to the extent of his attachment to the world. On the other hand, when a person detaches himself from this world and curbs his hopes, Allaah will educate him without him searching for knowledge and will guide him without the need for a guide." [*Kanzul Ummaal* 6191, from Hadhrat Abdullaah bin Abbaas τ]	
(8) The Aakhirah	**The abode of the people with Imaan**
Allaah says in the Qur'aan, "*(This favourable outcome shall be)* **Eternal Jannaat in which they will enter together with all those of their forefathers, spouses and progeny who are worthy** *(of entering Jannah because they have Imaan)***. And** *(in addition to this, they will also be honoured when)* **the angels shall come to them from every door** *(of Jannah/every door of their palaces). (The angels will say)* **"Salaam** *(Peace)* **be on you for the sabr that you exercised** *(in this world)***. How blissful is the outcome of the Aakhirah!"".** [Surah Ra'd, verses 23-24]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating toxic blood**
Rasulullaah ρ said, "The best treatment is cupping because it removes toxic blood, strengthens the eyesight and lightens the back." [*Mustadrak* of Haakim 8258, from Hadhrat Abdullaah bin Abbaas τ]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**A kind word** *(to the person seeking help when you are unable to give help him)* **and forgiveness** *(if he is persistent or begging in an uncultured manner)* **is better than charity followed by hurt. Allaah is Independent** *(He does not need people's charity)***, Tolerant**". [Surah Baqarah, verse 263]	

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	6

(1) Islaamic History	Hadhrat Imaam Tirmidhi رحمه الله

His name was Muhammad bin Isa and he was also known as Abu Isa. He was born in the year 200 A.H. in a little costal village called Tirmidh which lies on the Jayhoon coast. He grew up under the shadow of his parent's shadow of affection and later crossed the seas to travel in search of the knowledge of Deen. He studied in Khurasaan, Iraq, Makkah and Madinah, where he thoroughly benefited from the company of the great Ulema there. Allaah had granted him such a phenomenal memory that he memorised every Hadith that his teacher narrated to him upon hearing them only once. The compilation of Hadith that he wrote was truly a marvel of literature that astonished the Ulema and brought about a revolution in writing. It quoted narrations from Rasulullaah ρ discussing subjects such as the biography of Rasulullaah ρ, etiquette, Tafseer, beliefs, the days of trial and tribulations to come in the future, the signs of Qur'aan as well as the virtues of the various Sahabah ψ. This is the same book that we all know as Jaami Tirmidhi. Imaam Tirmidhi رحمه الله says that when he showed the book to the Ulema of Hijaaz, Iraq and Khurasaan, they all expressed great joy. He once said, "When this book of mine is in anyone's house, he should know that it is as if Rasulullaah ρ himself is present there and speaking to him." Imaam Tirmidhi رحمه الله lost his eyesight in his old age and passed away on the 13thy of Rajab 279 A.H.

(2) Rasulullaah ρ's Miracle	Goats all return to their respective owners

Rasulullaah ρ was fighting in the Battle of Khaybar when a shepherd came to him and accepted Islaam. "What am I to do with all these goats (that I have been grazing for people)?" Rasulullaah ρ replied, "Throw little pebbles on their faces and Allaah will discharge your obligation on your behalf by returning all the goats to their respective homes." The shepherd did as he was told and every goat returned to its owner's home.

[Bayhaqi 1563]

(3) A Fardh	Hajj

Rasulullaah ρ said, "O people! Allaah has made Hajj Fardh for you so ensure that you perform it."

[Muslim 3257 from Hadhrat Abu Hurayrah τ]

(4) A Du'aa from the Qur'aan and Rasulullaah ρ	**The du'aa for deeds to be accepted**

The following du'aa should be recited for good deeds to be accepted by Allaah:

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنتَ السَّمِيعُ الْعَلِيمُ

TRANSLATION: "O our Rabb! Accept from us. Indeed You are the All Hearing, the All Knowing."

[Surah Baqara, verse 127]

(5) An Important Act and its Virtue	**Passing one's hand over the head of an orphan**

Rasulullaah ρ said, "When a person passes his hand over the head of an orphan, Allaah will grant him the reward of a good deed for every hair on the head."

[Ahmad 21649, from Hadhrat Abu Umaamah τ]

(6) A Sin	**Rejecting the truth**

Allaah says in the Qur'aan, **"I have warned you about a raging fire (so stay away from it) which only the most wretched shall enter who rejects (Imaan) and turns away (from the truth)".**

[Surah Layl, verses 14-16]

(7) This World	**The consequences perform spreading corruption**

Allaah says in the Qur'aan, "**O people! Your corruption** *(Shirk, sin and oppression)* **is to your own detriment** *(because you will suffer the consequences in this world and especially in the Aakhirah)*. **You enjoy the pleasures of this world** *(for a short while)*, **then** *(when you die)* **you shall return to Us and We will inform you of what you used to do** *(and punish you for your sins)*".

[Surah Yunus, verse 23]

(8) The Aakhirah	**The marketplace of Jannah**

Rasulullaah ρ said that there is a marketplace in Jannah where no buying and selling takes place. All that it found there are the appearances of people where a person in Jannah merely has to like the look of any one of them and that will be the appearance he will look like.

[Tirmidhi 2550, from Hadhrat Ali τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Colds should not be treated immediately**

Rasulullaah ρ said, "There is a vein in the head of every human which boils over with leprosy. When this boiling over takes place, Allaah allows a cold to harness it. You should therefore not treat such colds."

[*Mustadrak* of Haakim 8262, from Hadhrat Aa'isha رضي الله عنها]

Physicians are of the opinion that it is best not to treat colds immediately, but advise that it be done only after a few days.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Anger is from the effects of Shaytaan. Since

Shaytaan is created from fire and water extinguishes fire, you should perform wudhu whenever you start to lose your temper."

[Abu Dawood 4784, from Hadhrat Atiyya τ]

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	7

(1) Islaamic History	**Imaam Nasa'ee** رحمه الله

His name was Ahmad bin Shu'ayb and he was also known as Abu Abdur Rahmaan. He was born in the town of Nasa in Khurasan in the year 215 A.H. He acquired his elementary education in his hometown, but then travelled to Khurasan, Hijaaz, Egypt, Iraq, Jazeerah and Shaam to quench his thirst for the knowledge of Deen. He eventually settled down in Egypt from where he spread the Deen and taught Ahadeeth. He became so famous in the region that there was none who could equal him in the field in all of the land. His famous compilation of Ahadeeth titled *Al Mujtabaa* is commonly known as Nasa'ee Shareef and is an abridged version of his Sunan Kubra. Whole he was also an expert in Ahadeeth, Imaam Nasa'ee رحمه الله also specialised in the science of Fiqh in Ahadeeth and the classification of Ahadeeth. This specialisation is seen in his book *Al Mujtaba* in which he cites a Hadith several times, each time deriving new laws from them. He was also a person always engaged in Ibaadah and spent all his nights this way. He left Egypt for Palestin in the year 302 A.H. and eventually passed away there in the year 303 A.H.

(2) Allaah's Power	**From the skies to the earth**

It is through the tremendous power of Allaah that without the agency of any clouds, water descends from the skies to the earth in the form of dew. This covers the vegetation, making them moist and granting them added protection against the harsh sunlight. This supplies the moisture without the vegetation having to endure the harshness of a torrential downpour or hail. All these different forms of water descending from the skies and the alternation of the various seasons are signs of the tremendous power of Allaah.

(3) A Fardh	**The final Advice of Rasulullaah ρ**

The last advice that Rasulullaah ρ gave was, "Fear Allaah with regard to your salaah (by performing it regularly) and your slaves (by fulfilling all their rights)."

[Abu Dawood 5156, from Hadhrat Ali τ]

(4) A Sunnah	**The sleeves of a garment should reach up to the wrists**

The sleeves of Rasulullaah ρ's garments reached up to his wrists.

[Abu Dawood 4027, from Hadhrat Asmaa bint Yazeed رضي الله عنها]

(5) An Important Act and its Virtue	**Maintaining good family relations**

Rasulullaah ρ said, "The person who wishes that his life be extended and that his sustenance be blessed should maintain good family relations."

[Bukhaari 5986, from Hadhrat Anas τ]

(6) A Sin	**Performing salaah for show**

Rasulullaah ρ said that when a person performs salaah to show people and performs it terribly when no one is watching him, this act is like him trying to humiliate Allaah.

[Bayhaqi Vol.2 Pg.290, frpom Hadhrat Abdullaah bin Mas'ood τ]

(7) This World	**Saving oneself from this world**

Rasulullaah ρ said, "When this world presented itself to me, I told it to go away. As it left, it said to me, 'While you have been saved from me, those coming after me will not be able to save themselves."

[Bayhaqi 10128, from Hadhrat Abu Bakr τ]

(8) The Aakhirah	**The Mu'mineen crossing the bridge of Siraat**

Allaah says in the Qur'aan, "**On the day** *(of Qiyaamah)*, **you will see the light of the Mu'mineen and Mu'minaat run ahead of them and on their right** *(and left)*-**hand sides** *(guiding them across the dark Bridge of Siraat)*. *(They will be told,)* **"Today you are given the good news of Jannaat beneath which rivers flow, where you shall live forever." That is the supreme success**".

[Surah Hadeed, verse 12]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating the effects of evil spirits**

Hadhrat Abu Layla τ reports that he was once with Rasulullaah ρ when a Bedouin came and said that his brother was suffering. "What is he suffering from?" Rasulullaah ρ asked. The man replied that his brother was suffering from the evil effects of an evil spirit. Rasulullaah ρ asked him to bring his brother and when he did, Rasulullaah ρ recited a few verses of the Qur'aan and blew on the man. He was then completely cured. The verses were Surah Faatiha, the first four verses of Surah Baqarah, two verses from the middle of Surah Baqarah (و الهكم اله واحد), Aayatul Kursi, the last three verses of Surah Baqarah, a verse from Surah Aal Imraan (شهد الله),a verse from Surah A'raaf (انّ ربكم الله), a verse from Surah Mu'minoon (و من يدع مع الله), a verse from Surah Jinn, ten verses from the beginning of Surah Saaffaat, three verses from the end of Surah Hashar, Surah Ikhlaas, Surah Falaq and Surah Naas.

[Ibn Maajah 3549]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Do not hide testimony** *(when you are called to deliver it)* **for whoever hides it has a sinful heart. Allaah knows well whatever you do**".

[Surah Baqarah, verse 283]

(1) Islaamic History	Imaam Ibn Maajah رحمه الله

His name was Muhammad bin Yazeed, was known as Abu Abdullaah, but commonly referred to Ibn Maajah. Maajah was the name of his grandfather. He was a great Imaam of Ahadeeth and had travelled to Iraq, Basrah, Kufa, Baghdad, Makkah, Shaam and Egypt in search of the knowledge of Ahadeeth, where he studied under the tutelage of expert scholars. His famous work was the Sunan Ibn Maajah, which comprises of 4000 Ahadeeth and is one of the six most authentic compilations of Ahadeeth. He says that when he [presented the book to Imaam Abu Zur'ah رحمه الله, the Imaam remarked, "I fear that when people get their hands on this book, they would forsake all the others." He served the sciences of Ahadeeth and Tafseer all his life and eventually passed away on the 22nd of Ramadhaan in the year 273 A.H.

(2) Rasulullaah ρ's Miracle	Blessings in a few dates

Rasulullaah ρ once instructed Hadhrat Umar τ to arrange for the provisions of 400 horsemen from the Muzaynah tribe. When Hadhrat Umar τ informed Rasulullaah ρ that he did not have much to give them, Rasulullaah ρ bade him to give what he had. Hadhrat Umar τ them took them to his house, where he distributed a few dates amongst them. Hadhrat Nu'maan bin Muqarrin τ reports that Allaah placed so much blessings in the dates that after all the men had been given what they needed, there were still so many dates left over as there had originally been.

[Bayhaqi 2112]

(3) A Fardh	Pouring water over the entire body in Ghusl

Rasulullaah ρ said that because impurity gets beneath every hair of the body, it is necessary to wash every hair, thereby cleansing the body thoroughly.

[Tirmidhi 106, from Hadhrat Abu Hurayrah τ]

It is Fardh (obligatory) during Ghusl for every part of the body to be washed. Water needs to reach the roots of the hairs of the head and beard, because of which women should loosen their hair.

(4) A Sunnah	The du'aa for all goodness

Rasulullaah ρ recited the following du'aa for the best in all things:

TRANSLATION: O Allaah! I ask You for all goodness that You hold the

treasures of.

[*Mustadrak* of Haakim 1924, from Hadhrat Abdullaah bin Mas'ood τ]]

(5) An Important Act and its Virtue	**The virtue of reciting the Qur'aan**

Rasulullaah ρ said that reciting the Qur'aan in salaah is better than reciting it out of salaah and reciting it out of salaah is better than reciting *Allaahu Akbar*. Furthermore, Rasulullaah ρ stated that the recitation of *Subhaanallaah* and *Allaahu Akbar* is better than Sadaqah, Sadaqah is better than fasting and fasting is a shield against the fire of Jahannam.

[*Mishkaatul Masaabeeh* 2166, from Hadhrat Aa'isha رضي الله عنها]

(6) A Sin	**The most disgraced of all people**

Allaah says in the Qur'aan, "**Verily those who oppose Allaah and His Rasool ρ are the most disgraced** *(hold no value)*".

[Surah Mujaadalah, verse 106]

(7) This World	**The life of this world is not all happiness**

Allaah says in the Qur'aan, "**Allaah increases sustenance for whoever He pleases and reduces** *(sustenance for whoever He pleases)*. **They** *(the Kuffaar)* **rejoice** *(boast)* **about** *(their wealth and positions in)* **the life of this world whereas the life of this world is a worthless article in comparison with the Aakhirah** *(therefore, despite their boasting, they have nothing if they do not earn the pleasures of the Aakhirah)*".

[Surah Ra'd, verse 26]

(8) The Aakhirah	**The rows of the people of Jannah**

Rasulullaah ρ said that of the 120 rows of the people who will be entering Jannah, 80 rows will comprise of the people of his Ummah and the remaining 40 rows will be the rest of mankind.

[Tirmidhi 2546, from Hadhrat Buraydah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**An important directive**

Rasulullaah ρ said, "When you come to know that a plague has affected an area, then do not go there and if you happen to be there, do not leave."

[Bukhaari 5728, from Hadhrat Usaamah bin Zaid τ]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "Never be jealous of each other, never exaggerate in speech when trading to deceive the customer, never harbour enmity for each other, never turn your faces from each other and never make a deal over your brother's deal."

[Muslim 6541, from Hadhrat Abu Hurayrah τ]

(1) Islaamic History	Hadhrat Junayd Baghdadi رحمه الله

Hadhrat Junayd رحمه الله was a saint of the highest calibre and an Imaam in knowledge and recognition of Allaah during the third Islaamic century. His mentor was his maternal uncle Hadhrat Sirri Saqti رحمه الله. When he was just seven years of age, he was asked for the definition of gratitude. He replied, "When a favour is granted, gratitude means never to disobey the command of the benefactor." Hearing this, the people acknowledged that his speech was truly inspired by Allaah. He completed his studies in Fiqh with Hadhrat Sufyaan Thowri رحمه الله and was already issuing Fataawaa by the age of 20. He once said, "Never follow a person who has not memorised the Qur'aan and does not write the Ahadeeth of Rasulullaah ρ because the foundation of the Deen is the Qur'aan and the Ahadeeth." Together with being regarded as an Imaam in the knowledge of the Shari'ah, he is also an Imaam in Tareeqah. He stated that he had been granted a high position in *Sulook* and *Ma'rifah* because of staying hungry, forsaking worldly pleasures and staying awake in Ibaadah during the nights. He avoided giving lectures. When he was once instructed by Rasulullaah ρ in a dream to deliver a lecture, the lecture was so effective that many people accepted Islaam. He was engaged in Dhikr when he passed away on a Friday in the year 297 A.H. He is buried in the graveyard of Shonizia, where Imaam Karkhi رحمه الله is buried.

(2) Allaah's Power	The ant

The ant is one of the marvellous creations of Allaah. Their eyes, nose, ears and minds have been created with meticulous microscopic detail. Even more astonishing is that fact that they are able to think, see, smell and carry out various other functions with these. They can smell something as far as a mile away and when one finds something, the others are summoned to carry it to their heap. They store food in summer for the winter months and also for the rainy season, knowing exactly when these seasons will be arriving without the aid of any instruments. It is only by the power of Allaah that such a tiny creature possess such profound expertise.

(3) A Fardh	Proceeding to the Masjid for salaah

Rasulullaah ρ said, "When a person performs a proper and complete

wudhu and then proceeds to the Masjid for salaah, Allaah becomes so happy with him like a family becomes when their family member who has gone far away returns suddenly."

[Ibn Khuzayma 1411, from Hadhrat Abu Hurayrah τ]

(4) A Sunnah	**Wearing a Kurta**

From all garments, Rasulullaah ρ best liked to wear the Kurta.

[Abu Dawood 4026, from Hadhrat Ummu Salamah رضي الله عنها]

(5) A Nafl	**The Tasbeeh Faatimi**

Rasulullaah ρ said that a person will never be at a loss if he recites سُبْحَانَ اللهِ ('Subhaanallaah') 33 times, الْحَمْدُ لِلَّهِ ('Al Hamdulillaah') 33 times and اللهُ أَكْبَر ('Allaahu Akbar') 34 times.

[Muslim 1349, from Hadhrat Ka'b bin Ujrah τ]

(6) A Sin	**Women wearing perfume out of the house**

Rasulullaah ρ said, "The woman who applies perfume and then passes by people for them to smell the fragrance is a fornicator and everyone looking at her is also a fornicator."

[Tirmidhi 2786, from Hadhrat Abu Moosa Ash'ari τ]

(7) This World	**Never be preoccupied with worldly matters**

Rasulullaah ρ said, "The person closest to me on the Day of Qiyaamah will be the one who will emerge from this world as I do. I swear by Allaah that apart from myself, everyone of you will get tangled up in this world in some way or another."

[Ahmad 20947, from Hadhrat Abu Dharr τ]

(8) The Aakhirah	**No extremities of heat or cold in Jannah**

Allaah says in the Qur'aan, "**As a reward for their patience** *(in this world)***, they shall have Jannah and** *(garments and bedding made of the purest)* **silk. They will recline on couches there** *(in Jannah)* **and will feel neither** *(the discomfort of)* **heat nor** *(the misery of)* **cold".**

[Surah Dahar, verses 12-13]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Protection from the evil eye**

Rasulullaah ρ said that when a person is impressed by something, he should recite the following du'aa to ensure that no harm comes of the gaze:

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**Say** *(O Muhammad ε)***, 'If you love Allaah then follow me** *(Muhammad ε)***, Allaah will then love you** *(He will reward you and grant you numerous material and spiritual blessings)* **and forgive your sins. Allaah is Most Forgiving, Most Merciful.'".**

[Surah Aal Imraan, verse 31]

(1) Islaamic History — Sultan Mahmood Ghaznawi رحمه الله

Sultan Mahmood Ghaznawi رحمه الله was a famous king in the channels of Islaamic history. He was the son of Ameer Subuktageen and was born in the year 357 A.H. He received the highest available education and became the king after the death of his father. The Empire grew from strength to strength during his reign and many regions were conquered during this time. He established justice and peace and treated Muslims and non-Muslims with equity. He kept watch over the affairs of the people and ensured that all their needs were fulfilled. He ensured that the non-Muslims received the rights due to them and even granted them freedom to worship as they pleased in their places of worship. In fact, he would often even give them more than was due to them. However, he did not tolerate indecency and corruption and vehemently eradicated them. Sultan Mahmood رحمه الله was a man of immense knowledge and learning and showed great reverence for the Ulema. He established a large institute of learning in Ghaznawi and set up a large trust fund to pay for the expenses of the institute. There were so many learned scholars amongst his populace that he was the envy of all the other rulers. He ruled with justice and kindness for approximately 35 years and eventually left this temporary abode of this world in the year 421 A.H., leaving behind a legacy of tremendous accomplishments that will continue to impress people until the Day of Qiyaamah.

(2) Rasulullaah ρ's Miracle — Hadhrat Hudhayfah τ feels no cold

Hadhrat Hudhayfah τ reports that it was extremely cold during the Battle of the Trench and the wind blew fiercely. "Who will gather intelligence for me from the enemy?" Rasulullaah ρ asked the Sahabah ψ. Because it was so cold to go out and the Sahabah ψ did not have proper warm clothing, no one volunteered for the task. Rasulullaah ρ repeated the request thrice, but still met no response. He then said, "O Hudhayfah! Stand up and gather some intelligence about the enemy caravan." Because Rasulullaah ρ took his name Hadhrat Hudhayfah τ stood up and proceeded. Because he had responded to the command of Rasulullaah ρ, Hadhrat Hudhayfah τ says that he did not feel the cold at all and actually felt that he was walking on a hot day.

[Muslim 4640]

(3) A Fardh — Keeping a beard

Rasulullaah ρ said, "Trim your moustaches and allow your beards to

grow."

[Bukhaari 5893, from Hadhrat Abdullaah bin Umar τ]

The beard is a hallmark of Islaam and is Waajib (compulsory) in the Shari'ah.

(4) A Sunnah	**The du'aa to be recited during the Hajj**

The following du'aa should be recited when a person is performing Hajj:

TRANSLATION: **"O our Rabb! Make us obedient to You and make from our descendants** *(progeny)* **a nation** *(a group)* **that is also obedient to You. Show us** *(teach us)* **our rites** *(the manner in which we should worship You)* **and accept our repentance** *(forgive our mistakes)***. Without doubt, You are the Most Pardoning, the Most Merciful."**

[Surah Baqarah, verse 128]

(5) An Important Act and its Virtue	**Performing Nawaafil salaah at home**

Rasulullaah ρ said, "After performing your (Fardh) salaah in the Masjid, reserve a portion of your salaah for the house because it is on account of salaah that Allaah showers blessing upon the house."

[Muslim 1822, from Hadhrat Jaabir τ]

(6) A Sin	**The worst sin is Shirk**

Allaah says, "Verily Allaah does not forgive that Shirk *(and kufr)* be committed, but may forgive all *(sins)* besides this for whom He wills. Whoever commits Shirk has indeed invented a terrible sin."

[Surah Nisaa, verse 48]

(7) This World	**The things of this world are temporary**

Allaah says in the Qur'aan, "**What** *(pleasures and wealth)* **is with you** *(in this world)* **shall come to an end and what is with Allaah** *(the pleasures of the Aakhirah)* **will last forever. We shall most definitely reward those who are exercise sabr for the good deeds that they do**".

[Surah Nahl, verse 96]

(8) The Aakhirah	**The depth of Jahannam**

Rasulullaah ρ said, "If a rock is thrown from the rim of Jahannam it will not reach the bottom of Jahannam even after falling for seventy years. Do you then still wonder at Allaah's statement when He says that He will fill Jahannam with man and Jinn?"

[Muslim 7435, from Hadhrat Utba bin Ghazwaan τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating Leprosy**

Rasulullaah ρ said, "Seven Ajwa dates of Madinah taken every morning are effective in treating leprosy."

[*Kanzul Ummaal* 28332, from Hadhrat Aa'isha رضي الله عنها]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "When any of you is refused permission to enter

after requesting permission thrice or receives no reply, then he should leave.”

[Abu Dawood 5181, from Hadhrat Abu Moosa Ash'ari τ]

(1) Islaamic History	Imaam Ghazaali رحمه الله

Hujjatul Islaam Imaam Ghazaali رحمه الله is one of the most eminent people in history. His name was Muhammad and he was also known as Abu Haamid. He was born in the Zaahiraan district of Iraq in the year 450 A.H. After completing his elementary education in his hometown, he proceeded to Nishapur, where he studied under Imaamul Haramain رحمه الله. It was not long thereafter that he was regarded as one of the senior Ulema of his time. He was only 34 years of age when he was placed at the helm of the Madrasah Nizaamiyyah in Baghdad, which was the greatest honour for any Aalim of the time. Because of his knowledge and practice, he had a tremendous effect upon the heart and minds of the Muslim world and Allaah caused him to be a means of great benefit for the Ummah. He disappeared into the wilderness for 12 years for spiritual reformation and thereafter wrote the classic *Ihyaa'ul Uloom*, which was immensely popular and beneficial to both the scholars of Deen as well as the common people. He passed away in his hometown in the year 505 A.H. at the age of 55 and is buried there.

(2) Allaah's Power	The mountains

Allaah has created large mountains on earth with their peaks rising even above the clouds. From these mountains clear and pure springs and streams flow to satisfy the needs of mankind and other creation. The fact that such waters find their sources in the solid rock of the mountains is a great wonder of the creative power of Allaah.

(3) A Fardh	Instructing the family at home to perform salaah

Allaah says in the Qur'aan, "**Instruct** *(encourage)* **your family to perform salaah and** *(you)* **yourself** *(must)* **remain steadfast on it. We do not ask provision** *(sustenance)* **from you, but We provide for you** *(your duty is to perform your salaah and not to forsake it in search of sustenance because We shall provide that for you)***. The best** *(most excellent)* **result** *(reward in the Aakhirah)* **is for** *(adopting)* **Taqwa".**
[Surah TaaHaa, verse 132]

(4) A Sunnah	Speaking clearly

Hadhrat Aa'isha رضي الله عنها reports that that when Rasulullaah ρ spoke, he spoke in a manner that was clear and could be easily understood by anyone.

[Abu Dawood 4839]

It was the Sunnah of Rasulullaah ρ not to inconvenience anyone with

speech that was not easily understood.	
(5) An Important Act and its Virtue	**Nafl salaah**
Rasulullaah ρ said, "When a person performs 12 Rakaahs (Nafl) salaah daily, a palace will be built for him in Jannah." [Abu Dawood 1250, from Hadhrat Ummu Habeebah رضي الله عنها]	
(6) A Sin	**Exposing and Looking at the Satr**
Rasulullaah ρ said that Allaah curses the person who looks at the *Satr* of another and also curses the one who exposes it to others. [Bayhaqi 7538, from Hadhrat Hasan رحمه الله]	
(7) This World	**Disinclination from the world**
Rasulullaah ρ said that there is no Ibaadah better than being disinclined from this world. [*Kanzul Ummaal* 6173, from Hadhrat Ammaar bin Yaasir τ]	
(8) The Aakhirah	**Recompense on the Day of Qiyaamah**
Allaah says in the Qur'aan, "**How will it be** *(what will their condition be)* **when We gather them for a day about which there is no doubt** *(the Day of Qiyaamah)***, when every soul is repaid in full for what it earned** *(regardless of how little it may have been)* **and people will not be oppressed** *(people will not be punished for sins they did not commit)***?".** [Surah Aal Imraan, verse 25]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating Fever**
Rasulullaah ρ said, "Fever comes from the effect of the heat of Jahannam, so treat it with water." [Bukhaari 5723, from Hadhrat Abdullaah bin Umar τ] Fever is effectively treated by wetting a cloth, squeezing it out and then wiping it over the body or placing it upon the forehead.	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Because of your oaths** *(that you take in Allaah's name not to do good acts)***, do not make Allaah** *(do not refer to Allaah as)* **an obstacle** *(that stands in your way when you want)* **to do righteous acts, to attain Taqwa and to make peace between people. Allaah is All Hearing, All Knowing.** *(This verse instructs Muslims not to take oaths* ***not*** *to do good acts and then refrain from doing the good act with the excuse that they had taken an oath in Allaah's name not to do it.)***".** [Surah Baqarah, verse 224]	

Madrasah in Just 5 Minutes In the light of the Qur'aan and Ahadeeth	12

(1) Islaamic History	**Sheikh Abdul Qaadir Jaylaani** رحمه الله

Peerane Peer Sheikh Abdul Qaadir Jaylaani رحمه الله was born in the town of Gilaan in Iran in the year 470 A.H. He was from the progeny of Hadhrat Hasan τ and arrived in Baghdad, which was then the seat of learning when he was just 18 years of age. His knowledge and piety is commonly accepted by all and his words were so effective that any Jew or Christian present in his discourses would accept Islaam and Muslims would repent from their wrongs. It was for this reason that over five thousand Jews and Christians accepted Islaam at his hands and over a hundred thousand Muslims repented because of this. Because the people during the time of Sheikh Abdul Qaadir Jaylaani رحمه الله behaved as if they were never going to the Aakhirah, he focussed their attention towards the Aakhirah in his discourses and created the love for Allaah within their hearts. This always brought the crowd to tears. he is the founder of the Qaadiriyya line of Tasawwuf. He passed away at the age of 90 in the year 561 A.H.

(2) Rasulullaah ρ's Miracle	**Blessings in a single cup of food**

Hadhrat Samurah bin Jundub τ reports that a cup of some food was once brought to Rasulullaah ρ. From the same cup, Rasulullaah ρ fed a group of the Sahabah ψ, after which another group arrived and ate. In this manner, many groups of Sahabah ψ arrived and continued eating from the cup from the morning until the time of Zuhr. "Did the food keep increasing?" someone asked Hadhrat Samurah τ. He replied, "What wonder is there when the food kept coming from the heavens!"

[Bayhaqi 2342]

(3) A Fardh	**Paying debts**

Rasulullaah ρ said that delaying in the payment of debts when one has the means to settle it is a form of oppression (therefore a Haraam act).

[Bukhaari 2400, from Hadhrat Abu Hurayrah τ]

(4) A Sunnah	**Du'aa using the Ism A'zam**

When Rasulullaah ρ once heard a person making du'aa, he said, "You have made du'aa using the *Ism A'zam*, which is a name because of which any du'aa will be accepted. This *Ism A'zam* is:

[Tirmidhi 3475, from Hadhrat Buraydah τ]

(5) An Important Act and its Virtue	**Treating people with kindness**

Rasulullaah ρ once asked the Sahabah ψ, "Should I not tell you about the one for whom Jahannam is forbidden? It is forbidden for every such person who treats people with kindness and sympathy."

[Tirmidhi 2488, from Hadhrat Abdullaah bin Mas'ood τ]

(6) A Sin	**Concealing testimony**

Allaah says in the Qur'aan, "**Do not hide testimony** *(when you are called to deliver it)* **for whoever hides it has a sinful heart. Allaah knows well whatever you do**".

[Surah Baqara, verse 283]

(7) This World	**People who desire only this world**

Allaah says in the Qur'aan, "**18. Whoever desires the pleasures of this world, We shall speedily grant** *(him/her)* **whatever We will** *(not necessarily what s/he wills)* **for whoever We will** *(and not for everyone who wills)* **in this very world, and then We will appoint Jahannam for him. He will enter it admonished** *(condemned)* **and rejected**".

[Surah Bani Israa'eel, verse 18]

(8) The Aakhirah	**The punishment in the grave is true**

When Rasulullaah ρ once passed by two graves, he said, "The people in these two graves are being punished for acts that do not seem serious. The one is being punished for not guarding against urine splashing on him and the other for carrying tales."

[Bukhaari 218, from Hadhrat Abdullaah bin Abbaas τ]

This Hadith proves that the punishment in the grave is true and that people will start receiving punishment already in their graves for their sins.

(9) Cures from the Qur'aan and Rasulullaah ρ	**A cure for every illness in the Black Seed (*Kulunji*)**

Rasulullaah ρ advised the use of the black seed, saying, "It is a cure for everything except death."

[Bukhaari 5687, from Hadhrat Aa'isha رضي الله عنها]

Allaama Ibn Qayyim رحمه الله has written that use of the black seed is effective in curing flatulence, phlegm and fever. If mixed with honey and taken with hot water, it is effective in removing stones from the kidney and bladder.

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "The young should greet the old, those walking should greet those who are seated and the smaller group should greet the larger group."

[Abu Dawood 5198, from Hadhrat Abu Hurayrah τ]

(1) Islaamic History	Imaam Abul Hasan Ali Ash'ari رحمه الله

Imaam Abul Hasan Ash'ari رحمه الله was from the progeny of the famous Sahabi Hadhrat Abu Moosa Ash'ari τ. There was a sect during his time called the Mu'tazila, who were regarded as intelligent people and who had a great influence amongst the academics of the land. Their opinions were mostly based on logical deductions and it became fashionable amongst the masses to follow them. Their ideologies causes tremendous chaos and deviation amongst the people and it was to eradicate their disastrous influence that Allaah selected Imaam Abul Hasan رحمه الله. He opposed their false beliefs and made a concerted effort to attend their gatherings and convince them of the truth. When people asked him why he took the trouble to engage with these people of Bid'ah, he would reply, "If I do not go to them, how will the truth become apparent and how will they know that there is someone to defend the Ahlus Sunnah wal Jamaa'ah and to substantiate their beliefs." He thus continued to disprove their beliefs until they were weakened and unable to exert their influence. He passed away in Baghdad in the year 324 A.H.

(2) Allaah's Power	The ability to defend

Allaah has granted every creature the natural ability to defend itself. Bulls, goats and oxen have been given horns to defend themselves. Wild animals such as deer and buffaloes have also been given horns with which they are able to ward off attacks from even predatory animals. It is a sign of Allaah's great power that He has taught all creatures various methods by which they are able to fend for themselves.

(3) A Fardh	Believing that Rasulullaah ρ was the final Nabi

Allaah states in the Qur'aan, "**He (Rasulullaah ρ) is Allaah's Rasool and the seal of all Ambiyaa (after whom there shall never come another Nabi)**".

[Surah Ahzaab, verse 40]

It is Fardh (obligatory) to believe that Rasulullaah ρ was the final Nabi, after which no other will come to this world.

(4) A Sunnah	Not to recline while eating

Rasulullaah ρ said, "I never recline while eating."

[Bukhaari 5398, from Hadhrat Abu Juhfa τ]

Reclining while eating without a valid excuse conflicts with the Sunnah.	
(5) An Important Act and its Virtue	**The blessings of Istighfaar**
Rasulullaah ρ said, "When a person seeks forgiveness regularly, Allaah will ease every hardship for him, alleviate his worries and provide sustenance for him from avenues he never anticipated." [Abu Dawood 1518, from Hadhrat Abdullaah bin Abbaas τ]	
(6) A Sin	**Disclosing marital secrets**
Rasulullaah ρ said that the worst of people in the sight of Allaah on the Day of Qiyaamah will be the person who engages in marital relations with his wife and then discloses the secrets of the relationship with a friend. [Muslim 3542, from Hadhrat Abu Sa'eed Khudri τ]	
(7) This World	**The consequences of amassing the wealth of this world**
Rasulullaah ρ said, "Do not amass wealth because this will cause you to incline towards this world." [Tirmidhi 2328, from Hadhrat Abdullaah bin Mas'ood τ]	
(8) The Aakhirah	**The bounties of the people with Taqwa**
Allaah says in the Qur'aan, "**Verily those with Taqwa shall be** *(enjoying themselves)* **in shades** *(the shade of Allaah's throne on the Day of Qiyaamah and then the shade of Jannah)***, springs and the fruit of their choice.** *(They will be told,)* **"Eat and drink with all blessings as reward for the deeds you carried out** *(in the world)***." Thus do We reward those who do good. May misery be the end of the rejecters on that day!"** [Surah Mursalaat, verses 41-45]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Using the Miswaak**
Rasulullaah ρ said, "The Miswaak cleanses the mouth and pleases Allaah." [Nasa'ee 5, from Hadhrat Aa'isha رضي الله عنها] Allaama Ibn Qayyim رحمه الله writes that the Miswaak gives shine to the teeth, strengthens the gums, expels bad breath, clears the mind, purges phlegm, strengthens the eyesight and clears the voice. [*Tibbun Nabawi*]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**O you who have Imaan! Remember Allaah in abundance** *(at all times)* **and glorify Him** *(especially during the)* **morning and evening".** [Surah Ahzaab, verses 41-42]	

(1) Islaamic History — Allaama Abdur Rahmaan bin Jowzi رحمه الله

The great Muhaddith, historian, writer and orator Allaama Abdur Rahmaan bin Jowzi رحمه الله was born in the year 508 A.H. in Baghdad. Because his father passed away when he was a young boy, his mother sent him to study under the famous Muhaddith Ibn Naasir رحمه الله when he reached the age of learning. He thus began his arduous journey of learning with great enthusiasm. He says that he was still a young boy of six when he entered a class of elder students. He did not remember every playing with children or laughing in the bazaars. He says that whenever he saw a new book, it seemed to him that he had a new treasure. He thus studied 20000 books while he was just a student. He started to write books at a young age and had written a thousand in his lifetime. Amongst his writings were *Kitaabul Mowdu'aat*, *Sifatus Safwa* and *Saydul Khaatir*, all of which were highly acclaimed masterpieces. He passed away in Baghdad in the year 597 A.H.

(2) Rasulullaah ρ's Miracle — Recovering from a coma

Hadhrat Jaabir τ reports that he once fell extremely ill and was in a coma when Rasulullaah ρ and Hadhrat Abu Bakr τ arrived to see him. Rasulullaah ρ asked for some water, used it for wudhu and then sprinkled the remaining water on Hadhrat Jaabir τ. He then regained consciousness and was cured.

[Muslim 4147]

(3) A Fardh — Performing the Qadhaa salaah

Rasulullaah ρ said, "When any of you forgets to perform salaah or sleeps though the time of salaah, then (as expiation) he should perform the salaah as soon as he remembers."

[Tirmidhi 177, from Hadhrat Abu Qataadahτ]

When a person misses the Fardh salaah for a valid reason or sleeps though the time, it will be Fardh (obligatory) for him to perform the Qadhaa salaah.

(4) A Sunnah

The following du'aa should be recited to be safeguarded against sins:

TRANSLATION: O Allaah! Bless me with the ability to forsake sins for as long as You keep me alive.

[Tirmidhi 3570, from Hadhrat Abdullaah bin Abbaas τ]

(5) An Important Act and its Virtue	**The reward for keeping the Masjid clean**
Rasulullaah ρ said that Allaah will build a mansion in Jannah for the person who removes dirt from the Masjid. [Ibn Maajah 757, from Hadhrat Abu Sa'eed Khudri τ]	
(6) A Sin	**The punishment for Kufr is Jahannam**
Allaah says in the Qur'aan, "**Verily the riches and the progeny of the Kaafiroon shall not help them at all against** *(the punishment of)* **Allaah. These people will be the fuel of the fire**". [Surah Aal Imraan, verse 10]	
(7) This World	**Wealth and children are merely adornments of this world**
Allaah says in the Qur'aan, "**Wealth and sons are merely adornments of this worldly life** *(that will not last forever)***. The lasting good deeds** *(all good actions that one does in this world, the rewards of which are everlasting)* **are best in the sight of your Rabb in terms of reward and best in terms of expectations** *(because the expected rewards in the Aakhirah are guaranteed by Allaah)*". [Surah Kahaf, verse 46]	
(8) The Aakhirah	**The daily announcement of the grave**
Rasulullaah ρ stated that the grave makes an announcement every day saying, "I am the home of solitude! I am the home of insects!" [Tirmidhi 2460, from Hadhrat Abu Sa'eed Khudri τ]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Protection from serious diseases**
Rasulullaah ρ said that when a person licks on honey for three mornings a month, no serious disease can afflict him. [Ibn Maajah 3450, from Hadhrat Abu Hurayrah τ]	
(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Continue worshipping Allaah, feeding people and spreading the greeting of Salaam. You will then enter Jannah in peace." [Tirmidhi 1855, from Hadhrat Abdullaah bin Amr τ]	

(1) Islaamic History — Hadhrat Mu'eenud Deen CHisti رحمه الله

Hadhrat Mu'eenud Deen Chisti رحمه الله was born in the Anghan town of Sajistan in the year 537 A.H. It is for this reason that he is sometimes referred to as Sajzi. He is the founder of the Chistiyyah school and had spent 20 years in the service of his mentor Hadhrat Uthmaan Haarooni رحمه الله. He then proceeded to India after being appointed as a successor. India was then steeped in Kufr and Shirk and people were worshipping stones, trees, cows and even dung. He travelled extensively throughout India to raise the call to the Oneness of Allaah and taking the message of Islaam throughout the land in his mission of Da'wah. As a result, thousand of people accepted Islaam and the cry of Allaahu Akbar could be heard throughout the country. The people themselves then carried the message forward to others. After continuously pursuing this effort of Da'wah for almost half a century, Hadhrat Mu'eenud Deen رحمه الله eventually passed away at the age of 90 in the year 627 A.H. and is buried in Ajmer.

(2) Allaah's Power — The kangaroo

The kangaroo is an animal resembling the rabbit, but larger in size, close to the height of a human being. Its forelegs are small, but the hindlegs are large and powerful. It has a long and powerful tail upon which it is able to sit. The unique feature if this animal is that it has a pouch on its abdomen in which it places its newborn children, which measure only an inch at birth and cannot even open their eyes. Despite this, they are able to grab at the hairs of the mother's body and hop into the pouch, where they drink milk and grow. The babies spend most of their time in the pouch, being carried about by the mother, who feeds them and keeps them safe. It is only by the immense power of Allaah that these creatures are able to find their way to the pouch and grow up here.

(3) A Fardh — The husband is obliged to see to his wife's expenses

Rasulullaah ρ said, "It is Waajib (compulsory) for you to provide food and clothing for your wives according to your means."

[Muslim 2950, from Hadhrat Jaabir τ]

(4) A Sunnah — Words of du'aa are to be repeated thrice

Rasulullaah ρ preferred to repeat the words of du'aa and Istighfaar thrice. [Abu Dawood 1524, from Hadhrat Baraa τ]	
(5) An Important Act and its Virtue	**Reciting Surah Dukhaan on Friday nights**
Rasulullaah ρ said that when a person recites Surah Dukhaan on a Friday, seventy thousand angels are deputed to seek forgiveness for him and all his sins are forgiven. [Tirmidhi 2888-9, from Hadhrat Abu Hurayrah τ]	
(6) A Sin	**Taking a loan with the intention of not repaying it**
Rasulullaah ρ said, "When a person takes a loan from another with the intention of not repaying it, he will meet Allaah (on the Day of Qiyaamah) as a thief." [Ibn Maajah 2410, from Hadhrat Suhayb τ]	
(7) This World	**This world will come to an end**
Rasulullaah ρ said, "A person keeps saying, 'My wealth! My wealth!' whereas the only three things that really belong to him are (1) the food he has eaten, (2) the clothing he has worn out and (3) the Sadaqah that he has stored (in the Aakhirah) as a treasure. Everything else will come to an end and will be left behind for others." [Muslim 7422, from Hadhrat Abu Hurayrah τ]	
(8) The Aakhirah	**The Day of Qiyaamah**
Allaah says in the Qur'aan, "**Verily the** *(time for the)* **Day of Judgement has been fixed** *(already determined)*. *(It will be)* **The day when the trumpet will be blown and you will come** *(to the Plain of Reckoning)* **in large groups** *(grouped according to beliefs and actions)*. **The sky will be opened and will become** *(like)* **many doors** *(for the angels to make their entry)*. **The mountains will be made to fly** *(about like flakes of wool)* **and will be** *(finally)* **reduced to dust".** [Surah Naba, verses 17-20]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating joint pains with figs**
Rasulullaah ρ advised the use of figs to treat piles and joint pains. [*Kanzul Ummaal* 28276, from Hadhrat Abu Dharr τ]	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Why is it that you do not spend in Allaah's way** *(to please Allaah)* **when the inheritance of the heavens and the earth belongs to Him?"** [Surah Hadeed, verse 10]	

(1) Islaamic History — Sultan Nurud Deen Zangi رحمه الله

Sultan Nurud Deen Zangi رحمه الله was born on the 17th of Shawwaal 511 A.H. He was a pious man who was often engaged in Ibaadah. He succeeded his father Imaadud Deen Zangi as the king of Shaam and opened up Madrasahs in all the major centres. He showed great respect for the Ulema and men of knowledge and also spent a lot in Sadaqah. When his wife once complained of having too little, he gave her his three shops, which yielded only twenty Dinaars a year. When she said that this was still too little, he told her, "This is all I possess. Everything else you see with me is the property of the public. I am just their treasurer and do not want to go to Jahannam by misappropriating this trust for your sake." His greatest desire was to conquer Baytul Muqaddas, but he did not realise this dream. He passed away in the year 569 A.H. and it was his general Salahud Deen Ayyubi رحمه الله who conquered Baytul Muqaddas in the year 583 A.H. The historian Ibn Atheer رحمه الله writes that after the Khulafaa Raashideen and Hadhrat Umar bin Abdul Azeez رحمه الله, he has no knowledge of a personality better and more just than Sultan Nurud Deen Zangi رحمه الله.

(2) Rasulullaah ρ's Miracle — Curing a child who could not talk

When Rasulullaah ρ was returning after pelting the Jamara Aqaba during the Hajj, a woman brought a child to Hadhrat Moulana saying, "O Rasulullaah ρ! My child has been afflicted with a disease because of which he is unable to speak." Rasulullaah ρ then asked for a dish of water, washed both his hands, gargled his mouth and then handed it to the woman saying, "Keep giving him the water to drink, sprinkling some upon him and making du'aa that Allaah cures him." Hadhrat Ummu Jundub رضي الله عنها says that when she met the woman a year later and asked her about the child, she replied, "He is well and has a level of understanding that even some adults do not have."

[Ibn Maajah 3532]

(3) A Fardh — Paying the labourer in full

Rasulullaah ρ said that amongst the three persons whom he shall contest on the Day of Qiyaamah will be the person who employed a labourer, extracted the full labour due from him and then failed to pay him in full.

[Ibn Maajah 2442, from Hadhrat Abu Hurayrah τ]

It is Waajib (compulsory) to pay the employee in full.

(4) A Sunnah	**The du'aa for beneficial knowledge**

Hadhrat Abu Hurayrah τ reports that Rasulullaah ρ used to recite the following du'aa:

TRANSLATION: O Allaah! Grant me the full benefit of the knowledge you gave me, teach me beneficial knowledge and increase my knowledge."

[Tirmidhi 3599]

(5) An Important Act and its Virtue	**Raising an orphan**

Rasulullaah ρ said, "The best Muslim household is that which has an orphan and which treats him well. The worst Muslim household is that which has an orphan and which treats him badly."

[Ibn Maajah 3679, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Miserliness**

Allaah says in the Qur'aan, "**Those who are miserly with what Allaah has given them from His bounty** *(especially miserly in spending for Jihaad)* **should never think that this** *(miserliness)* **is best for them. Indeed it is worse for them. That** *(wealth, etc)* **with which they are miserly shall soon be tied to their necks** *(like a yoke)* **on the Day of Judgement. To Allaah belongs the inheritance of the heavens and the earth** *(because everything will be left entirely to Him when Qiyaamah takes place)* **and Allaah is Informed of what you do** *(and will compensate you for whatever you spend for His pleasure)*".

[Surah Aal Imraan, verse 180]

(7) This World	**The things of this world are transitory**

Allaah says in the Qur'aan, "**Whatever you have been granted** *(in this world)* **are the assets and adornments of this worldly life** *(which you will have with you only for a short while)*. *(However,)* **That** *(the rewards for your good deeds)* **which is with Allaah is better and everlasting. Do you not understand** *(that it is foolish to cling on to something temporary at the expense of losing something everlasting)* **?**".

[Surah Qasas, verse 60]

(8) The Aakhirah	**How the grave treats the Mu'min**

Rasulullaah ρ stated that when a Mu'min is laid into the grave, it says to him, "Blessed is your arrival! From all the people walking on earth, I liked you the best. Now that you have been made over to me, you will see how well I treat you." The grave will then expand for him and a door to Jannah will be opened up for him.

[Tirmidhi 2460, from Hadhrat Abu Sa'eed Khudri τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating a weak heart**

Rasulullaah ρ said, "Use oranges because it strengthens the heart."

[*Kanzul Ummaal* 28253]

Muhadditheen state that orange juice cleanses the stomach, effectively stops nausea and vomiting and increases the appetite.
(10) Advice from Rasulullaah ρ
Rasulullaah ρ said, "When a person is given a gift, he should give something he has with him in exchange. If he has nothing to give, he should praise the person (in gratitude) because whoever does this has shown gratitude and whoever does not has been ungrateful." [Abu Dawood 4813, from Hadhrat Jaabir τ]

(1) Islaamic History	Sultan Salaahud Deen Ayyoobi رحمه الله

Sultan Salaahud Deen Ayyoobi رحمه الله is known as the conqueror of Baytul Muqaddas. He was an accomplished king during the 6th Islaamic century and is known as Ayyoob because his father's name was Ayyoob. Her grew up in a middle-classed but noble home and was trained as a military man. After becoming the king, he made many sacrifices and needed to exercise great fortitude. He made it his objective in life to uplift the name of Allaah in this world and in this he realised his greatest feat, which was to free Baytul Muqaddas from the hands of the Kuffaar. Baytul Muqaddas had been ruled by the Christians for 90 years, during which time they had oppressed the Muslims most savagely. However, when he conquered the land from the Christians, rather than taking revenge from them, Sultan Salaahud Deen Ayyoobi رحمه الله announced that every elderly person who cold not afford to pay the ransom should be set free to go wherever he pleased. They were then given the entire day to vacate the city and were permitted to visit whenever they pleased.

(2) Allaah's Power	Snow-caped mountains

Snow often caps the peaks of mountains in high-lying areas where temperatures are freezing despite the fact that such areas are closer to the sun. Contrary to this logic, temperatures actually drop as one goes higher. This can only be because of the immense power of Allaah.

(3) A Fardh	The guarantee of protection for performing the Fajr salaah

Rasulullaah ρ said that a person will be in the protection of Allaah when he performs his Fajr salaah.

[Muslim 1493, from Hadhrat Jundub τ]

(4) A Sunnah	Showing love to one's children

When Rasulullaah ρ was once kissing his grandson Hadhrat Husayn bin Ali رضي الله عنهما, Hadhrat Aqra bin Haabis τ remarked, "I have ten children but never kiss any of them." To this, Rasulullaah ρ replied, "Mercy will not be shown to those who do not show mercy."

[Abu Dawood 5218, from Hadhrat Abu Hurayrah τ]

(5) An Important Act and its Virtue	Reciting the Qur'aan

Rasulullaah ρ said, "Recite the Qur'aan because it will intercede on

behalf of its votary on the Day of Qiyaamah."

[Muslim 1874, from Hadhrat Abu Umaamah τ]

(6) A Sin	**Passing judgement after taking a bribe**

Rasulullaah ρ said, "When a person passes judgement after taking a bribe, he will be cast into a pit of Jahannam that is so deep that he will not reach the bottom even after falling for five hundred years."

[*Targheeb wat Tarheeb* 3176, from Hadhrat Abdullaah bin Abbaas τ]

(7) This World	**Who will be successful?**

Rasulullaah ρ said, "Successful is the person who, after accepting Islaam, is given that amount of sustenance that suffices for him and with which Allaah grants him contentment."

[Muslim 2426, from Hadhrat Abdullaah bin Amr τ]

(8) The Aakhirah	**What the people of Jannah can expect**

Allaah says in the Qur'aan, "**Verily the righteous** *(Mu'mineen)* **shall be enjoying bounties** *(in Jannah)* **while looking on** *(at the splendour around them)* **from couches. You will recognise the radiance of bounties on their faces** *(which will be bright and happy)***. They will be given pure sealed** *(preserved)* **wine to drink** *(completely unlike the impure and intoxicating wine of this world)* **the seal of which is musk. It is for this that competitors should compete** *(instead of competing for the inferior things of this world)***. Its mixture shall be of Tasneem** *(which is)* **a spring** *(of Jannah)* **from which those close to Allaah shall drink**".

[Surah Mutaffifeen, verses 22-28]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Cow's milk**

Rasulullaah ρ said, "Drink cow's milk. Because it grazes on every type of plant, it is a cure for every illness."

[Mustadrak 8224, from Hadhrat Abdullaah bin Mas'ood τ]

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "Has the time not come for the hearts of the Mu'mineen to submit to Allaah's remembrance and to the truth that has been revealed **(The time has now arrived for them to forsake sin and to do everything to fulfil all Allaah's commands)** ? **(Submit now before it is too late and)** Do not become like those who were given the Book before **(the Jews and Christians)**, **(who delayed submitting to their complete Deen and did as they desired)** after which a long period of time elapsed **(in this disgraceful manner)** and their hearts **(eventually)** hardened **(because of their incessant sinning, thereby depriving them of the ability to repent)**? **(In fact, even today)** A large number of them **(the Jews and Christians)** are sinners **(disobedient without any worry of retribution)**".

[Surah Hadeed, verse 16]

(1) Islaamic History	The qualities of Sultan Salaahud Deen Ayyoobi رحمه الله

Together with being the king of Egypt and Shaam, Sultan Salaahud Deen Ayyoobi رحمه الله was also and sincere and devoted Muslim. He associated closely with the Ulema and men of knowledge and was an Aalim himself. He was very particular about his salaah and even when he was seriously ill, he would call for the Imaam and perform his salaah. He once mentioned that he had not missed his salaah in Jamaa'ah for many years. It is strange to note that despite being and king, zakaah never became Fardh (obligatory) for him. He always finished his wealth on Sadaqah and could never accumulate enough for zakaah to become Fardh. He was often seen weeping when he recited the Qur'aan. He was extremely forbearing and kind and would overlook the faults of his slaves and companions. In fact, when the leader of the Christian army was brought to him after he had conquered Baytul Muqaddas and feared being executed, Sultan Salaahud Deen Ayyoobi رحمه الله reassured him that he was safe and would not be killed. Apart from this, Allaah had endowed him with many other sterling qualities. It was in the year 589 A.H. that this soul passed away.

(2) Rasulullaah ρ's Miracle	Unseen help

The Sahabah ψ reports that they were 400 men with Rasulullaah ρ on a journey when they set up camp at a place where there was no water. They were worried about their predicament when Allaah sent a small kid goat to Rasulullaah ρ. It stood by Rasulullaah ρ ρ as he milked her. Rasulullaah ρ himself drank to his fill from the milk and then gave each of the Sahabah ψ as much as they could drink. Rasulullaah ρ then tied the goat up, but when they awoke the following morning, it had disappeared. When Rasulullaah ρ was informed of this, he remarked, "The Allaah Who sent her has taken her back."

[Bayhaqi 2381, from Hadhrat Naafi τ]

(3) A Fardh	The daughter's share of inheritance

It is Fardh to give a daughter one part of the father's estate, whereas the son received two parts. Allaah says, "Allaah instructs you concerning your children. For a male is the share of two females"

[Surah Nisaa, verse 11]

(4) A Sunnah	**The du'aa for piety and independence**
Rasulullaah ρ recited the following du'aa: TRANSLATION: O Allaah! I ask You for guidance, piety, chastity and independence. [Muslim 6904, from Hadhrat Abdullaah bin Mas'ood τ]	
(5) An Important Act and its Virtue	**Du'aas are never wasted**
Rasulullaah ρ said, "Verily your Rabb is extremely modest and generous feels embarrassed to leave His servant empty-handed when the servant begs of Him." [Tirmidhi 3556, from Hadhrat Salmaan Faarsi τ]	
(6) A Sin	**Devouring the wealth of an orphan**
Allaah says in the Qur'aan, "**Give the orphans** *(in your care)* **their wealth** *(when they reach the age of maturity and understanding)* **and do not exchange the bad for the good** *(do not take what is valuable from their wealth and replace it with something inferior)***. Do not devour their wealth** *(by including it)* **with your own. It is indeed a serious sin to do so**". [Surah Nisaa, verse 2]	
(7) This World	**Wealth and children can be a source of getting nearer to Allaah**
Allaah says in the Qur'aan, "**Your wealth and children are not such that they can draw you closer to Us** *(merely because you have them in abundance)***, except for him who has Imaan and does good deeds** *(such a person's wealth and children can certainly take him closer to Allaah because he will use them to please Allaah)***. For these people, there shall be a multiplied reward on account of what** *(good)* **they do, and they shall rest peacefully on balconies** *(in Jannah)*". [Surah Saba, Verse 37]	
(8) The Aakhirah	**How the grave treats the sinner**
Rasulullaah ρ stated that when a sinner is laid into the grave, it says to him, "Wretched indeed is your arrival! From all the people walking on earth, I detested you the best. Now that you have been made over to me, you will see how well I treat you." The grave will then crush him so much so that his ribs form both sides will penetrate each other. [Tirmidhi 2460, from Hadhrat Abu Sa'eed Khudri τ]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of watermelon**
Rasulullaah ρ said that watermelon taken before eating cleanses the stomach and eliminates the root of diseases. [Ibn Asaakir Vol.6 Pg.102]	
(10) Advice from Rasulullaah ρ	
When the mother of Hadhrat Anas τ asked Rasulullaah ρ for some	

advice, he said, “The best Hijrah is to leave sin and the best Jihaad is to safeguard the Faraa’idh. Engage in the Dhikr of Allaah abundantly because there is nothing more loved by Allaah that you can present before Him.”

[Tabraani in his Kabeer 20821]

(1) Islaamic History	Hadhrat Moulana Jalaalud Deen Roomi رحمه الله

His name was Muhammad, but he was famously known as Jalaalud Deen and Moulana Roomi. He was born in Balkh on the 6th of Rabee-ul-Awwal in the year 604 A.H. His father Sheikh Muhammad Bahaa'ud Deen رحمه الله was a great Aalim and famous saint of this time. Moulana Roomi رحمه الله acquired his elementary knowledge from his father, but due to some fallout with the ruler of the time, his father was forced to move to Konia when Moulana Roomi رحمه الله was 18 or 20 years of age. There, he studied under various scholars for eight years, after which he proceeded to Aleppo, which was a renowned centre of learning. There he stayed in the Madrasah Halaawiyya and studied under Sheikh Umar bin Ahmad رحمه الله. He also studied under various other scholars until he mastered many branches of knowledge. He was then forty years of age. When his father passed away, Sheikh Burhaanud Deen came for Tirmidh to pay his respects. After testing Moulana Roomi رحمه الله, the Sheikh said, "It is only your inner knowledge that is now left. I now wish to hand this trust of your father's over to you." Moulana Roomi رحمه الله then spent 9 years in the company of the Sheikh and progressed through the various stages of Ma'rifah and Sulook.

(2) Allaah's Power	The stars

We see countless stars in the open sky at night, which form a magnificent picture. Allaah says in the Qur'aan that He has decorated the sky of this world with these bright lanterns. It is indeed a wonder that these millions of stars have remained shining in the sky for so many thousands of years without losing their light. People have always been using the stars to navigate and captains of ship use them even in today's modern age for the same purpose. Their perpetual radiance and clockwork movements are a sign of the glorious power of Allaah.

(3) A Fardh	Belief in Taqdeer

Rasulullaah ρ said, "Everything happens according to Taqdeer. In fact, even the capability and intelligence of a person is in accordance with Taqdeer."

[Muslim 6751, from Hadhrat Abdullaah bin Umar τ]

Taqdeer means that everything that happens in this world, whether good or bad, happens according to the will of Allaah, which He has

predestines. It is Fardh (obligatory) for us to believe in Taqdeer.

(4) A Sunnah	**Never refuse perfume**

Rasulullaah ρ never refused perfume when it was offered to him.

[Tirmidhi 2789, from Hadhrat Anas τ]

(5) An Important Act and its Virtue	**Meeting the Haaji**

Rasulullaah ρ said, "When you meet the Haaji, greet him, shake hands with him and ask him to make du'aa for your forgiveness before he enters his house because he has been cleansed of sins."

[Ahmad 5348, from Hadhrat Abdullaah bin Umar τ]

(6) A Sin	**The punishment for assisting in the murder of a Muslim**

Rasulullaah ρ said, "The person who assists in the murder of a Muslim even by mentioning a single word will be raised on the Day of Qiyaamah with an inscription on his forehead stating, 'This person is deprived of the mercy of Allaah.'"

[Ibn Maajah 2620, from Hadhrat Abu Hurayrah τ]

(7) This World	**Turning one's attention away from this world**

Rasulullaah ρ said, "Thinking of death is sufficient to turn one's attention away from this world and focus it upon the Aakhirah."

[Bayhaqi 10159, from Hadhrat Rabee bin Anas τ]

(8) The Aakhirah	**The favours upon the people of Jannah**

Allaah says in the Qur'aan, "*(On the other hand,)* **Many faces on that day will be resplendent** *(shining bright with happiness)***. They** *(those with shining faces)* **shall be pleased with their efforts** *(in this world because their efforts earned them Jannah)* **in the lofty gardens of Jannah where they shall not hear futile talk.** *(Jannah shall have nothing unpleasant. Neither will one see anything unpleasant, nor hear anything unpleasant. There will be no noise and shouting in Jannah, nor any talk that is futile and therefore unpleasant.)* **In it** *(Jannah)* **there are flowing springs**".

[Surah Ghaashiya, verses 8-12]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating the ill with *Talbina***

Hadhrat Aa'isha رضي الله عنها used to advise people to prepare *Talbina* to treat the ill, saying, "I have heard Rasulullaah ρ say that Talbina pacifies the heart of the ill and dispels grief and distress."

[Bukhaari 5689]

Talbina is made by mixing crushed barley with milk and then adding honey to sweeten it.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "**O you who have Imaan! Fear Allaah and let every soul see** *(consider)* **what** *(good deeds)* **it has sent ahead for tomorrow** *(to be rewarded on the Day of Qiyaamah)***. Fear** *(the punishment of)* **Allaah** *(by fulfilling his commands and refraining from sin)***! Indeed Allaah is Informed of what you do**".

[Surah Hashar, verse 18]

(1) Islaamic History	The services Moulana Roomi رحمه الله rendered to the Deen

Moulana Roomi رحمه الله had spent 40 years of his life in serving the branches Deeni knowledge such as teaching, lecturing and issuing Fataawaa. Sheikh Kamaalud Deen Jundi رحمه الله then instructed his devotee Shams Tabrez رحمه الله to go to Rome and ignite the heart of Moulana Roomi رحمه الله. On his way, he happened to spend the night near an area where the eminent people of the city spent their leisure time. It was there that he met Moulana Roomi رحمه الله. The two instantly recognised each other and then proceeded to spend six months engaged in spiritual exercises in the rooms of Sheikh Salaahud Deen Zarkoob رحمه الله. Moulana Roomi رحمه الله then gave up teaching and spent every moment devoted to the service of Hadhrat Shams Tabrez رحمه الله. In fact, the rumour spread in town that an insane man had cast a spell on Moulana Roomi رحمه الله which rendered him incapable of doing anything. Fearing trouble from the people, Shams Tabrez رحمه الله fled and went to live in Damascus. However, his parting was so traumatic for Moulana Roomi رحمه الله that he spent the rest of his days in silence. When he did speak, it would only be poems, which were recorded by his students and were eventually compiled into the *Mathnawi*. These poems cover subjects as diverse as beliefs, miracles, Tasawwuf, Ibaadah, philosophy and science, all rendered in a most appealing manner. Moulana Roomi رحمه الله eventually passed away on Sunday the 5th of Jumaadal Ukhra 672 A.H.

(2) Rasulullaah ρ's Miracle	The hymning of Tasbeeh from stones

Hadhrat Abu Dharr τ reports that they were once sitting with Rasulullaah ρ when the heard the hymning of Tasbeeh from some pebbles that were in his hand. Rasulullaah ρ then handed the pebbles over to Hadhrat Abu Bakr τA.H. He then handed them to Hadhrat Umar τ, who handed them over to Hadhrat Uthmaan τ. The pebbles continued hymning Tasbeeh in their hands as well but then stopped when it was handed over to anyone other than them.

[Dalaa'il of Isfahaani 327]

(3) A Fardh	Proceeding to the Masjid to perform salaah in Jamaa'ah

Rasulullaah ρ stated that when a person performs wudhu and then proceeds for salaah to the Masjid only to find that it is over, he will

receive the reward of salaah with Jamaa'ah without the rewards decreasing of those who had performed their salaah there.

[Abu Dawood 564, from Hadhrat Abu Hurayrah τ]

(4) A Sunnah	**The du'aa to remain steadfast upon the Deen**

Hadhrat Ummu Salamah رضي الله عنها reports that Rasulullaah ρ often recited following du'aa:

TRANSLATION: O the turner of hearts! Set my heart firmly upon Your Deen.

[Tirmidhi 3522]

(5) An Important Act and its Virtue	**Loving others solely for the pleasure of Allaah**

Rasulullaah ρ said, "The person who loves and hates others solely for the pleasure of Allaah and who gives and withholds charity solely for the pleasure of Allaah has perfected his Imaan."

[Abu Dawood 4681, from Hadhrat Abu Umaamah τ]

(6) A Sin	**Disobeying Allaah and His Rasool ρ**

Allaah says in the Qur'aan, "**Whoever disobeys Allaah and His Rasool ρ and oversteps His limits** *(later dying as a Kaafir)*, **Allaah shall enter him into the Fire** *(of Jahannam)* **where he shall live forever. He shall suffer a disgracing punishment**".

[Surah Nisaa, verse 14]

(7) This World	**The life of this world is a deception**

Allaah says in the Qur'aan, "**O people! Allaah's promise** *(of resurrection)* **is certainly true, so never let the worldly life deceive you** *(into thinking that you will never be resurrected)*, **nor should the great deceiver** *(Shaytaan)* **deceive you about Allaah** *(by telling you that you may continue sinning because Allaah will forgive you)*. **Indeed Shaytaan is your enemy, so treat him as an enemy. He calls to his party** *(followers)* **only so that they become inmates of the Blaze** *(Jahannam)*".

[Surah Faatir, verses 5-6]

(8) The Aakhirah	**Mouths will be sealed on the Day of Qiyaamah**

Rasulullaah ρ said, "When you will present yourselves on the Day of Qiyaamah, your mouths will be sealed and the first of the limbs to speak will be the thighs and the palms."

[Ahmad 19522, from Hadhrat Mu'aawiya bin Haydah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of pomegranates**

Rasulullaah ρ advised that pomegranates be eaten with their seeds bring new life to a person's stomach.
[Ahmad 22726, from Hadhrat Ali τ]
Allaama Ibn Qayyim رحمه الله writes that together with strengthening the stomach, pomegranates are also beneficial in curing people from

coughs that they have been suffering from for a long time.
(10) Advice from Rasulullaah ρ
Rasulullaah ρ said, "Continue enjoining good and forbidding evil otherwise a time will soon come when Allaah will inflict a punishment upon you and eve though you will make du'aa to Him, the du'aa will not be accepted." [Tirmidhi 2169, from Hadhrat Hudhayfah τ]

(1) Islaamic History	Hadhrat Nizaamud Den Awliya رحمه الله

Hadhrat Nizaamud Deen رحمه الله was a famous saint who belonged to the Chistiyyah chain of saints. His family descended from Bukhara and he was born in the year 636 A.H. His father passed away when he was only five years old and his mother was left with the responsibility of growing him up. After completing his studies in Deen, he presented himself for inner reformation before Hadhrat Fareed Ganj رحمه الله and pledge allegiance to him. He was eventually appointed as successor and devoted his life to the propagation of the Deen. It was towards the end of the Alaa'ee reign and drinking, sin and gambling were the order of the day. However through his efforts, the majority of Muslims in India had turned towards Ibaadah and leading lives of abstinence. There were more people attending his gatherings than those of the king. He did not like to associate with the wealthy and when the king Alaa'ud Deen Khalji insisted on meeting him, Hadhrat Nizaamud Deen رحمه الله said, "I have two doors here. Should the king enter from one door, I shall exit through the other." He gave up eating and drinking forty days before he passed away and would weep continuously. He eventually passed away in the year 725 A.H.

(2) Allaah's Power	Colours

It is through colours that many things are distinguished because they would be impossible to tell apart without their differences in colour. Just think of how fruits are distinguished by the colours of their skins and insides and how the colour tells a ripe fruit apart from a raw fruit. This is yet another sign of the power of Allaah.

(3) A Fardh	Delivering true testimony

Allaah says in the Qur'aan, "**O you who have Imaan! Be firm in establishing justice and be witness** *(to the truth)* **for Allaah even if it** *(the evidence you deliver)* **is against yourselves, your parents and relatives** *(you should expose the truth under all circumstances)*".

[Surah Nisaa, verse 135]

(4) A Sunnah	Wearing a ring on the right hand

Hadhrat Abdullaah bin Abbaas τ reports that he noticed Rasulullaah ρ wearing his ring on the right hand.

[Tirmidhi 1742]

(5) An Important Act and its	Du'aa for one's parents

Virtue	
A person once came to Rasulullaah ρ and asked whether there was any good he could do for his parents after their deaths. "Yes," Rasulullaah ρ replied, pray that Allaah forgives them and has mercy on them. You should also fulfil the bequests they have made, maintain good relations with their family members and honour their friends." [Abu Dawood 5142, from Hadhrat Maalik bin Rabee'ah τ]	
(6) A Sin	**Allowing the lower garment to reach below the ankles**
Rasulullaah ρ said, "When a person allows his lower garment to hang below the ankles out of pride (or fashion), Allaah will not even look at him with mercy on the Day of Qiyaamah." [Bukhaari 5788, from Hadhrat Abu Hurayrah τ]	
(7) This World	**When will this world become subservient to a person**
Rasulullaah ρ said that when a person makes the Aakhirah his objective Allaah will fill his heart with contentment, gather all his affairs and the world will become subservient to him. On the other hand, when a person makes this world his objective of life, Allaah will disperse all his affairs and place poverty and hunger before his eyes (he fears it all the time and worries what will happen to him. He will thus spend all his time in this worry) even though he will receive only that much of this world as is decreed for him. [Tirmidhi 2465, from Hadhrat Anas τ]	
(8) The Aakhirah	**The Day of Qiyaamah**
Allaah says in the Qur'aan, "**Never!** *(You should never think that these acts do not warrant punishment. They certainly do! If not already in this world, this punishment will definitely arrive on that Day of Qiyaamah)* **When the earth shall be ripped to shreds** *(to be replaced with another earth) (the day)* **when your Rabb shall commence proceedings** *(to take reckoning together)* **with the angels** *(who will appear)* **in rows and the day when Jahannam will be brought to the fore** *(for all to see)***. On that day man will understand** *(the errors of his ways in this world)***. But of what use will this understanding be** *(because it will be too late to make amends)* **?".** [Surah Fajr, verses 21-23]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Counteracting heat with watermelons**
Rasulullaah ρ used to eat watermelons with dates saying, "We counter the heat of dates with watermelon and counter the cold of watermelon with the dates." [Abu Dawood 3836, from Hadhrat Aa'isha رضي الله عنها] Watermelons counteract the extreme heat of dates and are therefore effective in averting headaches that stem from this heat.	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "*(O Muslims!)* **Do not become like those who forgot** *(neglected to fulfil the commands of)* **Allaah after which He made them forget themselves** *(this*	

*caused them to eventually neglect their welfare in the Aakhirah, leading them to commit sins that destroy them in the Aakhirah)***. Those are the sinners** *(the heedless and disobedient ones)*"**.**

[Surah Hashar, verse 19]

(1) Islaamic History — Hadhrat Mujaddid Alf Thaani Sheikh Ahmad Sirhindi رحمه الله

Hadhrat Mujaddid Alf Thaani رحمه الله was an eminent scholar of India born in the year 971 A.H. in the Sirhind area of Punjab. He was from the progeny of Hadhrat Umar τ. He had memorised the Qur'aan and completed elementary studies with his father, completing his studies when he was seventeen years old. Although initially belonged to the Chistiyyah school of Tasawwuf like his father, he later entered the Qaadiriyyah school as well. After his father passed away, Hadhrat Mujaddid Alf Thaani رحمه الله pledge allegiance to Hadhrat Baaqi Billaah رحمه الله and even received successorship from him. He then engaged in the propagation of Deen and in clarifying the differences between Sunnah and Bid'ah, Shari'ah and philosophy and Tasawwuf and monasticism. He even had to endure the hardships of prison for the sake of Deen, but managed to eradicate the corruption that was creeping into the Deen. He eventually passed away in the year 1034 at the age of 63 and is buried in his homeland of Sirhind. His greatest memoir was his letters and it is because of his efforts at reviving the pure teachings of the Deen that he received the title of Mujaddid Alf Thaani (meaning the reviver of the second millennium).

(2) Rasulullaah ρ's Miracle — Blessings in butter

Hadhrat Hamzah bin Amr Aslami τ reports that he was in charge of the butter container when they marched to Tabook. After using some to prepare food on the way, he noticed that there was very little butter left. Leaving the butter in the sun, he then fell asleep. As he slept, he was suddenly awakened by the sound of butter flowing. He immediately got up and closed the mouth of the butter container. Seeing him act, Rasulullaah ρ remarked, "Had you left it, the butter would have flooded the entire valley."

[Bayhaqi 334]

(3) A Fardh — Fulfilling bequests

After defining the shares of several heirs, Allaah says that these are to be distributed "**after the bequests they made and** *(after settling their)* **debts**".

[Surah Nisaa, verse 12]

If the deceased had made any bequests, it is necessary for this to be discharged before distributing the shares of the heirs.

(4) A Sunnah	**The du'aa for one's children to be particular about salaah**

The following du'aa of Hadhrat Ibraheem υ should be recited when one wants one's children to be particular about their salaah:

TRANSLATION: **O my Rabb! Make me one who establishes salaah, and my progeny as well. O my Rabb! Accept my prayer.**

[Surah Ibraheem, verse 40]

(5) An Important Act and its Virtue	**Making du'aa during the Adhaan**

Rasulullaah ρ said that all a person's sins will be forgiven if he recites the following when hearing the Adhaan being called out:

[Muslim 851, from Hadhrat Sa'd bin Abi Waqqaas τ]

(6) A Sin	**Declaration of war for people who devour interest**

Allaah says in the Qur'aan, "**If you do not** *(avoid interest)***, then be warned of war from Allaah and His Rasool ρ. If you repent then you may have** *(only)* **your principal amount** *(the amount that you lent)***. Oppress not and you shall not be oppressed".**

[Surah Baqarah, verse 279]

(7) This World	**Only Allaah distributes sustenance**

Allaah says in the Qur'aan, "**Do they distribute** *(allocate)* **the mercy of your Rabb?** *(With regard to worldly matters,)* **We distribute their livelihood among them in this worldly life and** *(thereby)* **elevate the ranks of some of them above others so that they may derive benefit from each other** *(by being interdependent)***. The mercy of your Rabb is better than what** *(wealth)* **they amass".**

[Surah Zukhruf, verse 32]

(8) The Aakhirah	**Te earth will testify on the Day of Qiyaamah**

Rasulullaah ρ once recited the verse, "**on that day she** *(the earth)* **will narrate her stories**". He then asked, "Do you know what her stories are?" When the Sahabah ψ asked to know, Rasulullaah ρ explained, "It is that she will testify to the actions that every male and female carried out upon her back, stating the details of the act and the time."

[Tirmidhi 2429, from Hadhrat Abu Hurayrah τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of circumcision**

Amongst the things that Rasulullaah ρ said are from *Fitrah* is circumcision.

[Muslims 598, from Hadhrat Abu Hurayrah τ]

Circumcision helps to prevent conditions such as cancer, eczema as well as stones in the bladder.

(10) Advice from Rasulullaah ρ	
Rasulullaah ρ said, "Beware of jealousy because it consumes a person's good deeds just as fire consumes dry wood." [Abu Dawood 4903, from Hadhrat Abu Hurayrah τ]	

(1) Islaamic History — Aurangzeb Aalamgeer رحمه الله

Aurangzeb Aalamgeer رحمه الله was born on the 15th of Dhul Qa'dah in the year 1027 A.H. He was the third son of the king Shah Jahaan, born from his wife Arjumand Banu (Mumtaz Mahal). He received his elementary education from Sheikh Abul Waa'idh Hargaami and further education and etiquette from Molwi Sayyid Muhammad Qanuji رحمه الله. He then became an accomplished scholar of Deen under the tutelage of various other teachers. He also memorised the Qur'aan in a year. He loved the Ulema, revered them greatly and would sit attentively in their gatherings wherever he travelled, showering them with exquisite gifts afterwards. He acquired knowledge of Tasawwuf from Khwaja Muhammad Ma'soom رحمه الله and his son Sayfud Deen رحمه الله. It was his practice to awaken before dawn to perform the Tahajjud salaah and then wait for the Fajr salaah in the Masjid as he sat facing the Qibla. He would then perform his Sunnah Rakaahs immediately after the Adhaan and then engage in recitation of the Qur'aan and study of the Ahadeeth after performing the Fajr salaah in Jamaa'ah. After performing the Chaast salaah he would remain in seclusion for awhile. He always remained in the state of wudhu and recited the Kalimah and other forms of Dhikr in abundance. He fasted every Monday, Thursday and Friday and would participate in the Dhikr gatherings of the saints.

(2) Allaah's Power — Oils

Allaah has created countless seeds from fruit, nuts and flowers from which we are able to extract fragrant oils that we use for food and to rub on our bodies. Who is it that places these oils in these seeds, all of which have different colours, tastes and properties? This is yet another sign of the power of Allaah and the manner in which He sees to the needs of His creation.

(3) A Fardh — Salaah of an ill person

Rasulullaah ρ said, "Perform salaah while standing up. If you do not have the ability to do this, then perform salaah while sitting. If you are unable to do even this, then do so while lying on your side."

[Bukhaari 1117, from Hadhrat Imraan bin Husayn τ]

If a person is so ill that he cannot stand, he may perform the salaah with the Ruku and Sajdah while sitting down. If he is unable to perform the Ruku and Sajdah, he may perform them with indications. However,

if he cannot even sit, he may perform his salaah while lying down.

(4) A Sunnah	**Raising the hands when making du'aa**

It is narrated that when he raised his hands as he made du'aa, Rasulullaah ρ's armpits were visible.

[Bukhaari 6341, from Hadhrat Anas τ]

(5) An Important Act and its Virtue	**The du'aa in the mornings**

Rasulullaah ρ said that the person who recites the following du'aa once a day will have a quarter of his body saved from Jahannam and whoever recites it twice will have half of his body saved from Jahannam. Furthermore, the person who recites it thrice a day will have three quarters of his body saved from Jahannam and whoever recites it four times will have his entire body saved from Jahannam. The du'aa is:

[Abu Dawood 5069, from Hadhrat Anas τ]

(6) A Sin	**The consequences of taking false oaths**

Rasulullaah ρ said that when a person takes false oaths in order to usurp the wealth of another, he will meet Allaah on the Day of Qiyaamah in the condition that Allaah will be angry with him.

[Abu Dawood 3243, from Hadhrat Abdullaah bin Mas'ood τ]

(7) This World	**The world cannot be relied upon**

Rasulullaah ρ said that the example of this world is like a cloth that is hanging on a thread that can break off at any time. (This world cannot be relied upon because it can come to an end at any time).

[Bayhaqi 9875, from Hadhrat Anas τ]

(8) The Aakhirah	**The earthquake on the Day of Qiyaamah**

Allaah says in the Qur'aan, "**When the earth shall quake most violently and when the earth will remove her loads** *(dead bodies and treasures)* **and man will ask, "What is the matter with her** *(Why is the earth doing this)***?" On that day she** *(the earth)* **will narrate her stories** *(by giving evidence against people because she would have seen everything done on her) (She will do all of this)* **because your Rabb will command her to do so**".

[Surah Zilzaal, verses 1-5]

(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of vinegar**

Rasulullaah ρ once said, "What an excellent gravy does vinegar make!"

[Muslim 5350, from Hadhrat Aa'isha رضي الله عنها]

The Muhadditheen have stated that vinegar prevents enlargement of the spleen, prevents general swelling of the body, aids in digestion,

cleanses the blood and eliminates sores and blisters.
(10) Qur'aanic Advice
Allaah says in the Qur'aan, "**O you who have Imaan! Why do you say that** *(you have done things)* **which you did not do? It is indeed a most hateful thing in the sight of Allaah that you say that** *(that you have done things)* **which you did not do".** [Surah Saff, verses 2-3]

(1) Islaamic History	The Khilaafah of Aalamgeer رحمه الله

Aurangzeb Aalamgeer رحمه الله was amongst the most intelligent member so the Timori family. He was a courageous, just and most capable leader. When he ascended to the throne in the year 1068 A.H., he waived all the taxes owing to the government the previous year and distributed 2.5 million Rupees amongst the poor. He also sent 630000 Rupees as a gift for Makkah and Madinah and had a Masjid of marble erected in a fortress, which cost approximately 160000 Rupees. His empire stretched from the port of Karachi to the easternmost limits of Aasaam and from the Indian ocean in the south to the Himalaya mountains in the north. He banned intoxicants, dancing and other activities that conflicted with the laws of the Shari'ah and secured the roads against robbers. He fixed an annual amount of 140000 Rupees for the poor and did not allow the demolition of any religious site. The adherents of every religion lived in peace and were free to practice their religion. He listened to the young and old and would not compromise on the truth for anyone.

(2) Rasulullaah ρ's Miracle	Assistance from the angels

Hadhrat Abu Talha τ reports that when the Kuffaar army surprised them with an attack during one of the battles, Rasulullaah ρ recited:

TRANSLATION: "O The Master of the day of recompense! You alone do we worship and You alone do we ask for help."
The Sahabah ψ then saw angels striking at the Kuffaar from the front and the back, leaving many of the Kuffaar lying dead on the ground.

[Dalaa'il of Isfahaani 373]

(3) A Fardh	Distribution of inheritance

Rasulullaah ρ said, "Distribute inheritance amongst the rightful heirs as commanded by the Book of Allaah."
[Muslim 4143, from Hadhrat Abdullaah bin Abbaas τ]
When a person passes away and leaves some wealth behind, it will be Waajib (compulsory) to distribute this wealth amongst his heirs. It is not permissible to deprive any of the rightful heirs from their shares with a reason valid in the Shari'ah and it is also not permissible to give any of them less than they deserve.

(4) A Sunnah	Seeking protection from three

	things
Rasulullaah ρ often recited the following du'aa: TRANSLATION: O Allaah! I seek your protection from mutual conflict, hypocrisy and evil character traits. [Abu Dawood 1546, from Hadhrat Abu Hurayrah τ]	
(5) An Important Act and its Virtue	**The du'aa to be recited in the marketplace**
Rasulullaah ρ said that when a person recites the following du'aa in the marketplace, Allaah will record for him the reward of a hundred thousand good deeds, forgive a hundred thousand of his sins and elevate his ranks by a hundred thousand. [Tirmidhi 3428, from Hadhrat Umar τ]	
(6) A Sin	**Accusing people**
Allaah says in the Qur'aan, "Whoever commits a minor sin or a major sin and then casts the blame on *(accuses)* an innocent person, he has indeed burdened himself with a great slander and clear sin *(for which he will suffer terrible punishment)*". [Surah Nisaa, verse 112]	
(7) This World	**Spend when in this world**
Allaah says in the Qur'aan, "**Spend** *(for Allaah's pleasure)* **from what We have provided for you before death comes to any of you and then he says, 'O my Rabb! Why do you not grant me respite** *(to continue living)* **for a little while longer so that I can spend in charity and become of the righteous.'".** [Surah Munaafiqoon, verse 10]	
(8) The Aakhirah	**Hadhrat Mikaa'eel υ**
Rasulullaah ρ once asked Hadhrat Jibra'eel υ why he had never seen Hadhrat Mikaa'eel υ ever laugh. Hadhrat Jibra'eel υ replied that Hadhrat Mikaa'eel υ had never laughed since Jahannam had been created. [Ahmad 12930, from Hadhrat Anas τ]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**The benefits of seasonal fruit**
Allaah instructs us in the Qur'aan to eat fruits when they appear. [Surah An'aam, verse 141] Eating the fruit of the season is extremely beneficial to the health and a great means of protecting against illnesses.	
(10) Advice from Rasulullaah ρ	
Hadhrat Abu Dharr τ reports that Rasulullaah ρ advised him to do the	

following seven things:

1. Being close to the poor and loving them
2. Looking at those who have less wealth than yourself and not those who have more
3. Joining family ties even though others may want to sever them
4. Never to ask anything from anyone
5. Speaking the truth even though it may be bitter
6. Never to give regard to others in matters concerning Allaah
7. To always be reciting *Laa Howla wa Laa Quwwata Illaa Billaah*

Rasulullaah ρ added that all of these were treasures from beneath the Allaah's throne.

[Ahmad 20906]

(1) Islaamic History	The services Aurangzeb Aalamgeer rendered to the Deen and its knowledge

Aurangzeb Aalamgeer رحمه الله had a special attachment with the knowledge of the Shari'ah and rendered tremendous services to the Deen and Deeni education together with having many books printed. Amongst the important books that he had printed was *Radd Shi'ah* by Allaama Hasan رحمه الله and *Najmul Furqaan* by Moulana Muhammad Mustafa رحمه الله which is an index of the words of the Qur'aan. He instructed a panel of Ulema from India to compile a book of Masaa'il from all the books of Fiqh, which would encompass all the aspects of Fiqh. He appointed Sheikh Nizaamud Deen رحمه الله as head of the panel and the result of their efforts after eight years was *Fataawaa Aalamgeeri Shaahi*. A total of 200000 Rupees were spent on the project. It was the practice of Aalamgeer رحمه الله to have Sheikh Nizaamud Deen رحمه الله read him a page of the book every day, ponder over it and then record what the consensus of the Ulema was on the issue. This was an effort which really freed the Ulema and student from having to refer to other books. When the Arab Ulema saw the book, they were impressed and had it published under the name *Fataawaa Hindiyyah*

(2) Allaah's Power	The mosquito

From the factory of His power and might, Allaah has created countless large and small creatures, none of which can be deemed as insignificant. If we ponder over the mosquito, we will be stunned at the creative might of Allaah. Sitting on the skin of a person, it inserts its snout right through the skin even though it appears to be a pipe and then sucks up as much blood as it pleases. This is yet another sign of the immense power of Allaah.

(3) A Fardh	Performing salaah standing up

Allaah says in the Qur'aan, "**stand humbly** *(obediently and silently)* **before Allaah**".
[Surah Baqara, verse 238]

If a person has the ability to stand and perform salaah, it will be Fardh (obligatory) for him to stand and perform his Fardh and Waajib salaahs.

(4) A Sunnah	Engaging in Abundant Dhikr

Hadhrat Abdullaah bin Awfa τ reports that Rasulullaah ρ said, "Engage

in Dhikr abundantly, avoid futile talk, prolong your salaah, deliver short discourses and never feel embarrassed in tending to the needs of widows and the poor."

[Nasa'ee 1415]

(5) An Important Act and its Virtue	**The treasures of Jannah**

Rasulullaah ρ said that the words "*Laa Howla wa Laa Quwwata Illaa Billaah*" should be recited often because they are from amongst the treasures of Jannah.

[Tirmidhi 3601, from Hadhrat Abu Hurayrah τ]

(6) A Sin	**Fornication and cheating and weight and measure**

Rasulullaah ρ said when fornication becomes common amongst a nation, plagues will afflict them as well as diseases that their forefathers would never have heard of. As for those who cheat in weight and measure, they will suffer droughts, grief and oppression from their rulers.

[Ibn Maajah 4019, from Hadhrat Abdullaah bin Umar τ]

(7) This World	**What Allaah says to His servants**

Rasulullaah ρ informed us that Allaah says, "O son of Aadam! Free yourself for worshipping Me and I shall free your hearts from the worries of this world and shut the doors of poverty from you. Otherwise, I shall keep you ever occupied and never shut the doors of poverty to you."

[Tirmidhi 2466, from Hadhrat Abu Hurayrah τ]

(8) The Aakhirah	**The clothing of the people of Jannah**

Allaah says in the Qur'aan, "**For these people** *(who have Imaan and who do good)* **shall be eternal Jannaat beneath which rivers flow. There they will be adorned with gold bangles, they will wear green garments** *(made)* **of fine silk and raw silk and they will recline on couches.** *(Jannah is)* **A fine reward indeed, and the best of resting-places!**"

[Surah Kahaf, verse 31]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Licking the fingers after eating**

Rasulullaah ρ always licked his fingers after eating.
[Muslim 5296, from Hadhrat Ka'b bin Maalik τ]
Allaama Ibn Qayyim رحمه الله writes that licking the fingers after meals is exceptionally effective for digestion.

(10) Qur'aanic Advice	

Allaah says in the Qur'aan, "*(All of)* **This** *(already mentioned)* **is certainly advice. So whoever wills should adopt a path** *(of submission that takes him)* **towards** *(the pleasure of)* **his Rabb.** *(However,)* **You cannot will anything without Allaah's will** *(no person can be rightly guided without Allaah's will)***.** *(Allaah decides who will be rightly guided and who will not be because)* **Verily Allaah is All Knowing, the Wise**".

[Surah Dahar, verses 29-30]

(1) Islaamic History — Hadhrat Shah Wali'ullaah Muhaddith Dehlawi رحمه الله

From the progeny of Hadhrat Umar τ, Hadhrat Shah Wali'ullaah Muhaddith Dehlawi رحمه الله was born in the year 1114 A.H. He started his education at the age of 5 and was only 15 when he had memorised the Qur'aan as well as completed his education in all the books that were taught at the time in India. He pledge allegiance to his father Shah Abdur Raheem رحمه الله at the age of 14 and was appointed his successor at the age of 17 when his father had passed away. He started teaching Ahadeeth in the year 1145 after returning from Hajj and was surrounded by a large crowd of students in a short while. This was the foundation of a Daarul Uloom. Amongst the feats he accomplished was the revival of Deen in India, propagation of the Deen and Shari'ah as well as educating people about the objectives and the wisdom behind the injunctions of the Shari'ah. He passed away in Delhi at the age of 62 in the year 1176 A.H. He is buried there as well. Amongst his many accomplishments was his translation of the Qur'aan. In fact, he always emphasised listening to the meaning of the Qur'aan.

(2) Rasulullaah ρ's Miracle — The natural fragrance of his body

Hadhrat Anas τ says that he has never smelt any ambergris, musk or any other perfume more fragrant than the fragrance that exuded from the body of Rasulullaah ρ.

[Muslim 6053]

Hadhrat Aa'isha رضي الله عنها reports that whenever any person shook the hand of Rasulullaah ρ, his hand remained fragrant all day and whenever Rasulullaah ρ passed his hand over the head of a child, the child's head remained fragrant all day.

[Bayhaqi 238]

(3) A Fardh — Returning a borrowed item

Allaah says in the Qur'aan, **"Verily Allaah instructs you to (amicably) return trusts (that others place in your care) to their rightful owners".**

[Surah Nisaa, verse 58]

If someone has in his possession an item that belongs to another person, it is Fardh for him to return the item to the owner

(4) A Sunnah — The du'aa for protection against four things

Rasulullaah ρ used to recite the following du'aa:

TRANSLATION: O Allaah! I seek Your protection from a heart that does not submit, from a du'aa that is not granted, from a soul that is not satiated and from knowledge that does not benefit. I seek Your protection from these four.

[Tirmidhi 3482, from Hadhrat Abdullaah bin Amr τ]

(5) An Important Act and its Virtue	**The virtue of calling out the Adhaan**

Rasulullaah ρ said that a person will be immune from Jahannam if he calls out the Adhaan for seven years with sincerity.

[Tirmidhi 206, from Hadhrat Abdullaah bin Abbaas τ]

(6) A Sin	**Killing one's children**

Allaah says in the Qur'aan, "*(Allaah has also commanded)* **That you do not kill** *(abort)* **your children for fear of poverty** *(fearing that you will become poor by providing for them)***. We provide for you and for them as well** *(even though you may be poor)*".

[Surah An'aam, verse 151]

Allaah has taken upon Himself the responsibility of providing for people. It is Haraam and a grave sin to have an abortion done or to take adopt birth control measures merely for fear of poverty.

(7) This World	**Love for the world**

Allaah says in the Qur'aan, "**Indeed these people** *(the Kuffaar)* **love the world and leave behind them** *(have no concern for)* **a weighty day** *(the Day of Qiyaamah)*". Their love for this world made them so blind that they have no concern for the Aakhirah and have made no preparations for it whereas this is the purpose of their lives in this world.

[Surah Dahar, verse 27]

(5) An Important Act and its Virtue	**People with Imaan will be removed from Jahannam**

Rasulullaah ρ said that Allaah will say on the Day of Qiyaamah, "I shall remove from Jahannam every such Mu'min who ever thought of Me or every feared Me."

[Tirmidhi 2594, from Hadhrat Anas τ]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating abdominal worms**

Rasulullaah ρ advised the use of dates to kill abdominal worms.

[Musnad Firdous]

(10) Advice from Rasulullaah ρ	

Rasulullaah ρ said, "While solitude is better than an evil companion, a good companion is better than solitude. While a good word is better than silence, silence is better than an evil word."

[Bayhaqi 4784, from Hadhrat Abu Dharr τ]

(1) Islaamic History	Fatah Tipu Ali Sultan رحمه الله

Fatah Tipu Ali Sultan رحمه الله was born on a Saturday 20th Dhul Hijjah 1163 A.H. (10th November 1750) in a village 33 km north of Bangalore. His father was Haydar Ali and his mother Fatima Begum, better known as Fakhrun Nisaa, was from the Quraysh. Between the age of five and nineteen, he memorised the Qur'aan and mastered the sciences of Deen as well as military training. He displayed great valour as a soldier and became known as Fatah Ali Khan Bahaadur. When the enemy launched an attack in the year 1767 A.D., Tipu Sultan رحمه الله faced them with an army of seven thousand and captured the impregnable fortress of Mangalore. The sacrifices of Haydar Ali Khan and Tipu Sultan رحمه الله can never be forgotten in the fight for freedom in which Tipu Sultan رحمه الله eventually gave his blood and was martyred on the 4th of May 1799 A.D.

(2) Allaah's Power	The octopus

Just as He had created the spider on land, Allaah has created the octopus in the ocean. It has eight tentacles and no bones in its body. Despite having only one eye, it can see prey from a long distance off and can speedily attack it and such its blood. This is yet another sign of the power of Allaah.

(3) A Fardh	The Jumu'ah salaah

Rasulullaah ρ said, "It is compulsory for every Muslim to perform the Jumu'ah salaah in congregation, with the exception of four persons; (1) the slave, (2) a woman, (3) an immature child and (4) the ill."
[Abu Dawood 1067]
It is Fardh (obligatory) for every healthy Muslim who is of age to perform the Jumu'ah salaah in a town where the conditions of the Jumu'ah salaah are found.

(4) A Sunnah	Calling out the Adhaan in the ear of a newborn child

When Hadhrat Hasan τ was born, Rasulullaah ρ called out the Adhaan in his ear.

[Tirmidhi 1514, from Hadhrat Abu Raafi τ]

It is Sunnah to call out the Adhaan in the right ear and the Iqaamah in the left ear of child when it is born.

(5) An Important Act and its	The du'aa when awakening

Virtue	
Rasulullaah ρ said that a person's du'aa will be accepted when he wakes up at night and recites the following du'aa: If the then performs wudhu and salaah thereafter, the salaah will be accepted. [Bukhaari 1154, from Hadhrat Ubaadah bin Saamit τ]	
(6) A Sin	**Haraam Nourishment**
Hadhrat Abdullaah bin Abbaas τ reports that Hadhrat Sa'd bin Abi Waqqaas τ once asked Rasulullaah ρ to make du'aa that all his du'aas should be answered. Rasulullaah ρ said, "Your du'aas will all be accepted if you make your food pure. I swear by the Being Who controls my life that because of a Haraam morsel that a person puts into his mouth, Allaah does not accept 40 days of his deeds." [*Targheeb wat Tarheeb* 2484, from Hadhrat Abdullaah bin Abbaas τ]	
(7) This World	**The detriment of having love for the world**
Rasulullaah ρ said, "When a person is attached to Allaah, He will see to all the person's needs and provide for him from avenues he cannot fathom. As for the one who is attached to this world, Allaah will make him over to the world." [Tabraani in his Awsat 3490, from Hadhrat Imraan bin Husayn τ]	
(8) The Aakhirah	**The weighing of deeds**
Allaah says in the Qur'aan, "**As for him whose scales** *(weighing his actions)* **are weighty** *(with good deeds)* **he shall be** *(enjoying himself)* **in a life of happiness** *(in Jannah)***. As for him whose scales are light** *(with good deeds and heavy with evil doings)* **his abode shall be the** *(extremely deep)* **pit. How will you know what this** *(pit)* **is?** *(It is)* **The blazing fire** *(of Jahannam)*". [Surah Qaari'ah, verses 6-11]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**Treating the kidney**
Rasulullaah ρ said, "The reason for pain in the side is a nerve in the kidney, which causes pain when it moves. It may be treated with warm water and honey." [*Mustadrak* of Haakim 8237, from Hadhrat Aa'isha رضي الله عنها] A person experiences pain in the sides when he has a stone in the kidney. In fact, such pain is most often an indication of some sort of illness. Rasulullaah ρ has prescribed that honey mixed in warm water be used to treat this.	
(10) Qur'aanic Advice	
Allaah says in the Qur'aan, "**Behold! This** *(Qur'aan)* **is the Advice. So whoever wills should take heed** *(because there shall be no separate book for each one)***.** *(However,)* **They cannot take heed unless Allaah wills. It is He Who should be feared and He Who**	

forgives".

[Surah Muddathir, verses 54-55]

(1) Islaamic History — The life of Tipu Sultan رحمه الله

Tipu Sultan رحمه الله was a true patriot to his land and a king who treated all subjects equally. Together with ensuring that the Muslims obeyed the laws of the Shari'ah, he allowed people of other faiths to practice freely. He was a pious and modest man who was particular about fasting and salaah, especially the Tahajjud salaah. He was an authority in Deeni knowledge and himself wrote many books. He established a university called Jaami'ul Umoor which taught both Deeni and secular sciences. He also instructed scholars to establish Madrasahs in the Masaajid to teach children. When opening the Jaami Masjid in Mysore, he announced in the crowd of eminent scholars, "Only that person should open the Masjid who has never missed a single Fardh salaah." When no one stepped forward, Tipu Sultan رحمه الله himself went forward to lead the salaah, saying, "By the grace of Allaah, I have never once missed a Fardh salaah." It is tragic that the sterling attributes of a just and pious king such as Tipu Sultan رحمه الله are concealed and he is depicted in a negative light by historians.

(2) Rasulullaah ρ's Miracle — The road becomes fragrant

Hadhrat Jaabir τ reports that whenever Rasulullaah ρ passed by a road, someone searching for him would be able to trail him by the fragrance that lingered in the air after him. This was the natural fragrance his body exuded without him applying perfume.

[Daarmi 67]

(3) A Fardh — The wife's share from her husband's estate

Allaah says in the Qur'aan, "**They** *(your wives)* **shall inherit a quarter of what you** *(husbands)* **leave if you have no children.** *(However)* **If you have children, then they shall inherit an eighth of what you leave after the bequests you make and** *(after settling your)* **debts**".

[Surah Nisaa, verse 12]

(4) A Sunnah — The du'aa upon returning from a journey

Whenever he returned from a journey, Rasulullaah ρ recited the following du'aa:
TRANSLATION: We have returned, repenting, worshipping and praising our Rabb.

[Tirmidhi 3440, from Hadhrat Baraa τ]

(5) An Important Act and its Virtue	**The reward for fasting**
Rasulullaah ρ said that fasting a single day for the pleasure of Allaah will place a person a distance of seventy years from Jahannam. [Tirmidhi 1622, from Hadhrat Abu Hurayrah τ]	
(6) A Sin	**Breaking Allaah's promise**
Allaah says in the Qur'aan, "*(On the other hand,)* **Those who break Allaah's pledge** *(the Pledge of Alist to worship Allaah Alone)* **after confirming it, who sever that** *(family ties)* **which Allaah commanded to be joined and spread corruption on earth, for them shall be a curse** *(they will be distanced from Allaah's mercy)* **and for them shall be a terrible outcome** *(Jahannam)."*. [Surah Ra'd, verse 25]	
(7) This World	**Wealth is a test**
Allaah says in the Qur'aan, "**As for man,** *(instead of learning from the incidents of the past, he takes no heed and)* **when his Rabb tests him** *(to see whether he is grateful to Allaah)* **by granting him honour and favours, he says, "My Rabb has honoured me** *(because I am His chosen one and deserve this)***."** *(Instead of expressing thanks to Allaah and using the wealth and favours in a manner that pleases Allaah, he becomes proud and conceited.)"*. [Surah Fajr, verse 15]	
(8) The Aakhirah	**The benefit of pious children**
Rasulullaah ρ said that when a person's stages in Jannah are multiplied, he will ask in astonishment what the reason is for it. He will then be informed that it is because of the repentance that his children are seeking on his behalf. [Ibn Maajah 3660, from Hadhrat Abu Hurayrah τ]	
(9) Cures from the Qur'aan and Rasulullaah ρ	**A cure from all pains**
Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ taught the Sahabah ψ to recite the following du'aa when suffering from fever and every type of pain: TRANSLATION: I begin in the name of Allaah The Great. I seek the protection of the Glorious Allaah from the evil of every boiling vein and from the evil of the heat of the fire. [*Tirmidhi 2075*]	
(10) Advice from Rasulullaah ρ	
Hadhrat Mu'aadh bin Jabal τ reports that Rasulullaah ρ gave him the following advices: 1. Never ascribe partners to Allaah even if you are killed or burnt alive 2. Never disobey your parents even if they instruct you to forsake all your wealth and property 3. Never intentionally miss a Fardh salaah because whoever does this has emerged from the responsibility of Allaah 4. Never consume liquor because it is the root of all sin.	

(1) Islaamic History	The martyrdom of Tipu Sultan رحمه الله

When Tipu Sultan رحمه الله was about to fight his last battle, his secretary Habibullaah said, "Sir! It is time that you should have mercy on yourself and that your princes should become orphans." To this Tipu Sultan رحمه الله replied, "I have already decided that my family and I should be sacrificed for the Deen of Muhammad ρ." When the enemy gained entry into the fortress through the betrayal of Mir Saadiq, Abdul Ghaffaar the faithful general of Tipu Sultan رحمه الله was martyred. Tipu Sultan رحمه الله was about to eat a morsel of food when he heard the news. He then said, "Our days are also numbered." He then jumped into the thick of the battle and fought for a long while. However, when the fortress fell to the enemy, his deceitful slave Rajah Khan bade him to surrender himself. In anger he replied, "A single day in the life of a lion is better than a thousand days in the life of a jackal." Despite several bullet wounds, he continued fighting until the evening but eventually fell to a hail of bullets from every direction when a traitor gave his position away to an enemy officer. When he fell, one of the enemy soldiers tried to snatch his jewel encrusted sword from him. Despite the bullet to his chest, he fought the soldier off and managed to dispatch him to Jahannam. A bullet in his head finally killed him and he drank from the goblet of martyrdom on the 4th of May 1799 A.D. He was given a royal funeral the following day and buried by the side of his father Haydar Ali.

(2) Allaah's Power	Sounds in the air

Air is essential for the survival of man, but is also necessary to carry sounds so that we can hear them. Sounds are inaudible on the moon because of the absence of air. Sounds create waves in the air, which then collide with the eardrums, causing them to vibrate. The delicate eardrums then immediately relate the message to the brain. It is by the agency of the air that sound is able to travel a mile in five seconds. When sounds are transmitted over radio waves, they can reach the speed of light. This is yet another sign of the power of Allaah.

(3) A Fardh	It is Fardh to treat your parents kindly

It is Fardh (obligatory) to treat one's parents well in every condition.

The Qur'aan has emphasised this in various verses and has even commanded this together with the command to worship Him. Allaah says, "Your Rabb has commanded that you worship only Him and that you treat your parents kindly".

[Surah Bani Israa'eel, verse 23]

(4) A Sunnah	**Applying the Ithmid Kohl**

Hadhrat Abdullaah bin Abbaas τ reports that that every night before retiring to bed, Rasulullaah ρ applied the Ithmid kohl to his eyes.

[*Mustadrak* of Haakim 8249]

(5) An Important Act and its Virtue	**The virtue of planting a tree**

Rasulullaah ρ said, "When a Muslim plants a tree or a plantation, he will receive the reward of Sadaqah for every bird, human or animal that eats from it."

[Bukhaari 2320, from Hadhrat Anas τ]

(6) A Sin	**The punishment of the haughty ones**

Rasulullaah ρ said that the haughty ones will be raised the size of ants on the Day of Qiyaamah, even though they will have the form of humans. They will suffer immense degradation and will be dragged to a place in Jahannam called Bowlas. Here they will be enveloped in fire and will be given the blood and pus of the other people if Jahannam to drink.

[Tirmidhi 2492, from Hadhrat Abdullaah bin Amr τ]

(7) This World	**Blessings in this world**

Rasulullaah ρ said, "Allaah grants the understanding of the Deen to those for whom he intends good. Verily this world is sweet and lush and Allaah will grant blessings to those who take it rightfully (in a Halaal manner)."

[Ahmad 16404, from Hadhrat Mu'aawiya τ]

(8) The Aakhirah	**The gardens of Jannah**

Allaah says in the Qur'aan, "**Most certainly, those who have Imaan and who carry out good deeds shall have Jannaat beneath which rivers flow. That is the supreme success** *(even though they had to suffer temporarily in the world)*".

[Surah Burooj, verse 11]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Treatment for fever**

Rasulullaah ρ said that when a person experiences fever, he should treat it by reciting the following du'aa when he takes a bath for three days:

TRANSLATION: I begin this bath in the name of Allaah. O Allaah! I am taking a bath with the hope that you cure me and with the conviction in the words of Your Nabi Muhammad ρ.

[Ibn Abi Shaybah 172, from Hadhrat Makhool رحمه الله

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(10) Qur'aanic Advice

Allaah says in the Qur'aan, "**O people, eat of the lawful** *(that which has been declared lawful by Allaah and that which is lawfully acquired)* **and pure** *(and wholesome)* **things of the earth, and do not follow in the footsteps of Shaytaan** *(by making a Halaal thing Haraam or a Haraam thing Halaal)***. Indeed, he is your open enemy. He** *(Shaytaan)* **instructs you only to commit evil acts, acts of immodesty and to attribute to Allaah such things about which you have no knowledge** *(no knowledge that these matters are from Allaah, such as the things that people declare Haraam by themselves or when they change the text of what Allaah has revealed)*".

[Surah Baqarah, verses 168-169]

(1) Islaamic History	The invasion of the Tartars

When man forgets Allaah and starts to lead a life of freedom, Allaah sends the floods of His tests according to His eternal code of practice. This happened in the 6th Islaamic century when evil, oppression, luxurious living and other vices were the order of the day. The Muslims forgot Allaah to the extent that apart from not performing the five daily salaahs, they did not even perform the salaah of the two days of Eid. It was then that Allaah sent the hordes of the Tartars under the leadership of Genghis Khan to attack the Muslims first during the year 616 A.H. when Khwarzim Shah was the king. When Genghis died in the year 624 A.H., his son and grandson continued the plunder and caused streams of blood to flow in Iran, Turkistan, Bukhara, Samarkand, Hamdaan, Qazween, Nishapur and so many other places. When his grandson Halaku Khan reached Baghdad, he destroyed every inch of the city and 1.8 million people were killed in just 40 days. He also destroyed all Muslim landmarks. He demolished the libraries and threw so many books into the rivers that they flowed black with ink. The annals of Islaam had never seen a massacre of this proportion, but look at the power of Allaah. The same Tartars who were responsible for the destruction were inspired with guidance and the entire nation accepted Islaam. How true are the words of the Qur'aan when it states, "**If you turn away** *(from obeying Him)*, **He** *(will not at all be affected because He)* **will substitute you with another nation who will not be like yourselves** *(but who will do exactly as He orders)*".

[Surah Muhammad ρ, verse 38]

(2) Rasulullaah ρ's Miracle	Night vision

Hadhrat Aa'isha رضي الله عنها reports that Rasulullaah ρ could see at night as well as he could see in daylight.

[Bayhaqi 2326]

(3) A Fardh	Performing the Jumu'ah salaah in Jamaa'ah

Allaah says in the Qur'aan, **"O you who have Imaan! When the call (Adhaan) is made for (the Jumu'ah) salaah on the day of Jumu'ah (Friday), then hasten towards Allaah's remembrance (towards the Jumu'ah salaah to take place in the Masjid) and leave trading. This is best for you (in both worlds) if you but knew (the eternal value of the salaah, which far exceeds the temporary value of the wealth you may attain by trade)***".*

[Surah Jumu'ah, verse 9]

When the Adhaan for the Jumu'ah salaah is called out, it is necessary to stop all worldly activities and to perform the Jumu'ah salaah in Jamaa'ah.

(4) A Sunnah	**Du'aa for one's parents and for all Muslims**

The following du'aa should be recited for the forgiveness of one's parents and for all Muslims:

TRANSLATION: **O our Rabb! Forgive me, my parents and the Mu'mineen on the day when reckoning shall commence** *(the Day of Qiyaamah)***.**

[Surah Ibraheem, verse 41]

(5) An Important Act and its Virtue	**Forgiveness for the difficulties of a Mu'min**

Rasulullaah ρ said, "When a Mu'min is troubled with any pain, fatigue, illness or worry, his sins are forgiven in exchange."

[Muslim 6568, from Hadhrat Abu Sa'eed Khudri τ and Hadhrat Abu Hurayrah τ]

(6) A Sin	**The punishment for spreading evil**

Allaah says in the Qur'aan, "**There shall be an excruciating punishment in this world and in the Aakhirah for those who love immorality** *(and who love the news of immoral behaviour)* **to spread among the Mu'mineen. Allaah knows** *(the gravity of every sin)* **and you do not know** *(you should therefore abstain from everything that Allaah forbids without question)*".

[Surah Noor, verse 19]

(7) This World	**The wealth of this wudhu is temporary**

Allaah says in the Qur'aan, "**Destruction be for every person who searches for faults** *(in others)* **and who mocks** *(the Mu'mineen)***; who** *(because of his extreme love for wealth, he)* **amasses wealth and keeps meticulous count of it** *(not spending any of it for Allaah's' pleasure)***. He** *(foolishly)* **thinks that his wealth will keep him alive forever. Never!** *(This will never be so! He will soon have to die and then)* **He will certainly be thrown into the "Thresher"** *("Crusher")*".

[Surah Humazah, verses 1-4]

(8) The Aakhirah	**Resurrection**

Hadhrat Abu Sa'eed bin Fudhaala τ reports that Rasulullaah ρ said, "When Allaah will resurrect people on the day about which there is no doubt, an announcement will be made, 'Only those people who carried out deeds for the pleasure of Allaah and for no other partner (without show) should now claim their rewards because Allaah is Most Independent."

[Tirmidhi 3154]

(9) Cures from the Qur'aan and Rasulullaah ρ	**Protection from the evil eye and evil spirits**

Hadhrat Abdullaah bin Abbaas τ reports that Rasulullaah ρ used to make the following du'aa for Hadhrat Hasan τ and Hadhrat Husayn τ:

[Tirmidhi 2060]

(10) Advice from Rasulullaah ρ

Rasulullaah ρ said, "When you are weighing for someone, then give a bit extra."

[Ibn Maajah 2222, from Hadhrat Jaabir τ]